

DEPARTMENT OF THE ARMY
HEADQUARTERS, III CORPS AND FORT HOOD
FORT HOOD, TEXAS 76544-5016
18 September 2007

*III CORPS & FH REG 215-6

Morale, Welfare, and Recreation
FORT HOOD SWIMMING POOL FACILITIES

History. This is an administrative revision.

Summary. This regulation sets forth policies, guidelines, and responsibilities governing the use and operation of the Fort Hood swimming pool facilities.

Applicability. This regulation applies to all patrons using any Fort Hood swimming facility.

Supplementation. Supplementation by subordinate headquarters is

prohibited unless specifically approved by the Directorate of Morale, Welfare, and Recreation (DMWR), Recreation Division, Aquatics Branch (RD-Aquatics).

Suggested Improvements. The proponent of this regulation is DMWR, RD-AQUATICS. Users are invited to send comments and suggested improvements to the Commander, III Corps and Fort Hood, ATTN: DMWR, RD-AQUATICS, Fort Hood, Texas 76544-5016.

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Chapter 1 Overview

1-1. Purpose

This regulation sets forth policies, guidelines, and responsibilities governing the use and operation of the Fort Hood swimming pool facilities.

1-2. References

Section I. Required Publications

This section not used.

Section II. Related Publications

Technical Bulletin (TB) Medical (MED) 575

Occupational and Environmental Health, Swimming Pools, and Bathing Facilities

Section III. Prescribed Forms

This section not used.

Section IV. Referenced Forms

FH Form 1853

Distribution Scheme

1-3. Abbreviations and terms

The glossary explains abbreviations and terms used in this regulation.

1-4. Summary of change

Specifically, this revision dated 18 September 2007 updates policies, guidelines, and responsibilities governing the use and operation of the Fort Hood swimming pool facilities.

Chapter 2 Scope

All Fort Hood outdoor swimming facilities will open on the Friday before the Memorial Holiday weekend and will close for the season on the Tuesday after the Labor Day Holiday of each calendar year. The specific hours for each facility are published in the appropriate bulletins and the Fort Hood Sentinel. Lifeguards and the aquatics staff are responsible for enforcing the rules, regulations, and standard operating procedures (SOPs) at each of the swimming facilities (see Appendix A). Directorate of Morale,

Welfare, and Recreation, Recreation Division, Aquatics Branch (RD-Aquatics) maintains technical supervision including inspection of facilities and staffing of lifeguards.

Table 2-1. Fort Hood Swimming Facilities

Facility Name	Location
Martin Pool	Building 112
Thomas Pool	Building 193
4ID Pool	Building 1676
13 SC(E) Pool	Building 2237
1CD Pool	Building 2477
Patton Pool	Building 5774
Abrams Pool (Indoor)	Building 23001
Comanche Pool	Building 52932
West Fort Hood Pool	Building 91072

Legend:

1CD – 1st Calvary Division
 4ID – 4th Infantry Division
 13 SC(E) – 13th Sustainment Command
 (Expeditionary)

DMWR – Directorate of Morale, Welfare, and
 Recreation
 RD-Aquatics – Recreation Division, Aquatics
 Branch

**Chapter 3
 Responsibilities**

3-1. Directorate of Morale, Welfare, and Recreation (DMWR), Recreation Division, Aquatics Branch (RD-Aquatics)

DMWR, RD-Aquatics is responsible for:

- a. Hiring and staffing all facilities with certified lifeguards prior to opening facilities.
- b. Operations and daily maintenance.
- c. Conducting and coordinating all lifeguard, lifeguard instructor, and water safety instructor training annually.
- d. Supervising the Fort Hood Learn-to-Swim Program.
- e. Establishing a SOP for all swimming facilities.
- f. Periodically performing safety inspections and conducting in-service training and lifeguard proficiency tests.
- g. Supervising and coordinating all aquatic and swimming programs and activities.
- h. Acting as the controlling authority for all Fort Hood swimming facilities and aquatic programs.

3-2. Directorate of Public Works (DPW)

The Directorate of Public Works (DPW) technically supervises the mechanical aspects of facility operations and established acceptable sanitary standards according to Technical Bulletin (TB) Medical (MED) 575 (Occupational and Environmental Health, Swimming Pool, and Bathing Facilities).

**Chapter 4
Admission**

All areas of the swimming facilities are authorized for use by all active duty, National Guard or Reserve on active duty status, retired military personnel and their Family members, Department of Defense (DOD) and/or Department of the Army (DA) civilian employees, and designated contractors and their family members.

a. Authorized patrons may sign in two guests. Guests must have a valid picture identification (ID) card and must remain with their sponsor at all times. Sponsors are unconditionally responsible for their guest' actions.

b. Children under the age of 10 must be accompanied by a responsible adult (16 years or older) regardless of proficiency, who keeps visual contact and is responsible for the actions of the children in their care (exceptions; when a child is receiving swimming instructions from a qualified instructor).

Appendix A
Fort Hood Swimming Facility Rules

1. Overview. Hours of operation for all Fort Hood swimming facilities are announced in the appropriate bulletins and are subject to changes with little to no notice. These may include changes due to inclement weather conditions and seasonal requirements.

a. Lifeguards. A minimum of two lifeguards on duty are required to open any swimming pool facility. One lifeguard will be on the stand at all times when individuals are in the water

(Exception; an American Red Cross certified Water Safety Instructor must be present during swim lesson instruction).

2. Incidents. In case of any incident when emergency lifesaving procedures or first aid is required:

a. The first lifeguard responding will initiate the facilities emergency action plan (EAP) using 3 short blast of the whistle. This signifies activation of the EAP.

b. The second lifeguard responding will call 911 or the local emergency phone number for emergency medical services (EMS).

3. Orders and Instructions. The orders and instructions from either the lifeguards and/or the aquatics staff will be followed by all patrons. Anyone refusing to comply with the instructions of the lifeguards and/or aquatics staff may be:

a. Asked to leave the facility.

b. Removed from the swimming area by law enforcement.

c. Refused access or restricted use of the facilities.

4. Inclement Weather. In the event of approaching inclement weather, all swimming pool facilities will clear the water of all patrons. The facility will be closed during the storm. In order for facilities to reopen after the storm, a minimum of 30 minutes should have elapsed since the last sound of thunder or flash of lightning. The facilities may reopen after the storm.

5. Activities. Only the following permitted activities are allowed:

a. Use of suntan oil provided user showers before entering pool.

b. Use of scuba face masks, goggles, and small floats may be used and only with lifeguard approval.

c. All children not toilet trained are required to use a swim diaper or wear rubber pants.

6. Prohibited Activities. The following activities are not allowed:
- a. Non-swimmers in deep water.
 - b. Entry into the water of personnel with open wounds sores or bandages.
 - c. Paper diapers (Pampers, etc.).
 - d. No smoking within 50 feet (15 meters) of the facility entrance, within the pool area, on the pool deck, in any first aid room and/or guard office, and chemical storage area (pump house).
 - e. Consumption or possession of any drug or alcoholic beverage.
 - f. Two or more persons on diving board or slides at the same time.
 - g. Running, ball playing, horseplay, tag, hanging from, or swimming under diving board or dock.
 - h. Rough housing.
 - i. Use of floating devices of any kind on all slides, off all diving boards. Only U.S. Coast Guard approved lifejackets may be used in the shallow end. (Note: direct parental supervision must be within arms reach and in the water at all times when small children are wearing floatee's or water wings).
 - j. No expectorating, blowing the nose, or other unsanitary practices within the swimming area.
 - k. No food, drinks, and/or glassware of any kind in the water, or on the pool deck within 15 feet (5 meters) of the water.
 - l. Persons in street clothes (except those who are carrying out assigned duties) are not allowed on pool decks.
7. Attire. All patrons using the swimming pool facilities are required to wear decent and appropriate swimming attire. Swimsuits with liners, with or without draw strings, are considered proper swim wear.
- a. Unauthorized swimming attire is halter tops, jogging bra, gym shorts, tights, leotards, body suits, and cutoffs (blue jeans or suits with rivets).

Appendix B
Lifeguard and Lifeguard Instructor Training

1. Overview. This lifeguard training and staffing policy outlines the duties and responsibilities of those in charge of operating swimming facilities.
2. Purpose. The purpose of this appendix is to provide information to the major subordinate commands (MSCs) on required lifeguard training and staffing for Fort Hood swimming facilities.
 - a. Training military details.
 - (1) 1st week. All candidates must complete the requirement of the pre-course swimming skills in order to continue in the American Red Cross lifeguarding training course. Those candidates who do not pass the requirements and do not have the skills to continue are sent back to their unit.
 - (2) 2nd week (orientation to facilities). All candidates who complete the first week will continue into the second week.
 - (3) 3rd week. American Red Cross lifeguard instructors' course. Course materials used for instruction during this section are the American Red Cross lifeguarding instructor trainers manual and the American Red Cross fundamentals of instructor training (FIT) participants manual.
 - b. Those completing all requirements will be awarded certificates of completion issued by the local Chapter American Red Cross for lifeguarding and first aid training valid for 3 years and cardio-pulmonary resuscitation (CPR)/automated external defibrillator (AED) for the Professional Rescue valid for one year.
3. Administration. The Soldiers assigned to DMWR, RD-Aquatics will be on orders for a period not to exceed 6 months, but may be renewed for an additional 6 month period.
 - a. Lifeguard training course dates will be forwarded to the Chief, Recreation Division for approval and sent to the respective MSC's. Normally, courses begin the second week in January and continue through the second week of May.
 - b. Water safety instructor courses are conducted twice a year prior to the opening of the outdoor swimming pools in May.

Glossary

Section I. Abbreviations

AED

Automated External Defibrillator

ATTN

Attention

CPR

Cardio-Pulmonary Resuscitation

DA

Department of the Army

DMWR

Directorate, Morale, Welfare, and Recreation

DOD

Department of Defense

DPW

Directorate of Public Works

EAP

Emergency Action Plan

EMS

Emergency Medical Services

ETC

Et cetera

FH

Fort Hood

FIT

Fundamentals of Instructor Training

IAW

In Accordance With

ID

Identification

MED

Medical

MSC

Major Subordinate Command

RD-AQUATICS

Recreation Division, Aquatics Branch

REG

Regulation

SOP

Standard Operating Procedure

TB

Technical Bulletin

US

United States

1CD

1st Cavalry Division

4ID

4th Infantry Division

13 SC (E)

13th Sustainment Command (Expediary)

Section II. Terms

This section not used.