

# QUANTICO SCHOOLS CAFETERIA LUNCH MENU

NOVEMBER 12, 2012 TO DECEMBER 21, 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12 <b>Veteran's Day No School</b>	13 Chicken Tender Mashed Potatoes with Gravy Broccoli Chocolate Chip Cookie Apple Juice Assorted Milk	14 Hot Dog on Bun French Fries Carrot Sticks Fresh Fruit Assorted Milk	15 Waffles with Maple Syrup Sausage Patty Assorted Juice Peach Cup Assorted Milk	16 <b>Turkey with Stuffing Mashed Potatoes and Gravy Buttered Corn/Hot Roll Cranberry Sauce Pumpkin Pie Assorted Milk</b>
19 Hamburger on Wheat Bun Seasoned Rice Mixed Veggies Applesauce Assorted Milk	20 Ham & Cheese Wrap French Fries Cole Slaw Slice Peaches Assorted Milk	21 <b>THANKSGIVING</b>	22 <b>HOLIDAY</b>	23 <b>NO SCHOOL</b>
26 Toasted Cheese Sandwich on Goldfish Bread Turkey Veg-Rice Soup Peas and Carrots Sliced Apples Assorted Milk	27 Hot Dog with Bun Potato Tots Sliced Carrots Jell-O with Fruit Assorted Milk	28 Soft Tacos Lettuce, Tomato and Cheese Corn Sliced Peaches Assorted Milk	29 Chili with Rice Corn Bread Green Beans Mixed Fruit Assorted Milk	30 Cheese Pizza Romaine Mix Salad Pears Sugar Cookie Assorted Milk
03 Cheeseburger with Bun Potato Wedges Spinach Sliced Peaches Assorted Milk	04 Spaghetti with Marana Sauce Garlic Bread Tossed Salad Fruit Cocktail Assorted Milk	05 Cheese Quesadilla Spanish Rice Corn Mexican Wedding Cookie Fruit Juice Assorted Milk	06 <b>EARLY DISMISSAL NO LUNCH</b>	07 Pepperoni Pizza Sweet Potato Tots Chilled Fruit Cup Chocolate Brownie Assorted Milk
10 Chicken Nuggets Mashed Potatoes with Gravy Green Beans Applesauce Assorted Milk	11 Turkey, Ham & Cheese Sub w/ Lettuce and Tomato Cup Cole slaw Diced Peaches Assorted Milk	12 Hot Dog on Bun Baked Beans Carrot Sticks Fresh Fruit Assorted Milk	13 Italian Dunkers W/Marinara Sauce Tossed Salad Potato wedges Apple Juice Assorted Milk	14 Soft Tacos Lettuce, Tomato and Cheese Cup Corn Chocolate Chip Cookie Bar Assorted Milk
17 Hamburger with Bun French Fries Broccoli Apple Crisp Assorted Milk	18 Spaghetti w/Meat Sauce Garlic Bread Tossed Salad Mixed Fruit Cup Assorted Milk	19 Sloppy Joes on Bun Baked Beans Sweet Peas Grape Juice Assorted Milk	20 Chicken Tenders Baked Macaroni and Cheese Green Beans Diced Pears Assorted Milk	21 Cheese Pizza Tossed Salad Sliced Peaches Applesauce Cake Assorted Milk

**PARENT'S, PLEASE JOIN US FOR OUR ANNUAL THANKSGIVING DINNER ON THE  
16<sup>TH</sup> OF NOVEMBER. PLEASE CALL YOUR CAFETERIA TO LET THEM KNOW YOU  
ARE GOING TO JOIN US.**

# QUANTICO SCHOOLS CAFETERIA BREAKFAST MENU

NOVEMBER 12, 2012 TO DECEMBER 21, 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12 <b>Veteran's Day No School</b>	13 Fresh Fruit Assorted Cereal Toast  Assorted Milk	14 Fresh Fruit Oatmeal  Assorted Milk	15 Assorted Juice Scrambled Eggs Toast  Assorted Milk	16 Fresh Fruit Assorted Cereal Toast  Assorted Milk
19 Assorted Fresh Fruit Assorted Cereal Buttered Toast  Assorted Milk	20 Assorted Juices French Toast Sticks  Assorted Milk	21 <b>THANKSGIVING</b>	22 <b>HOLIDAY</b>	23 <b>NO SCHOOL</b>
26 Assorted Juices Assorted Cereal Buttered Toast  Assorted Milk	27 Assorted Juices Sausage Wrapped in a Pancake Syrup  Assorted Milk	28 Assorted Juices Bacon and Cheese Biscuit Buttered Toast  Assorted Milk	29 Fresh Fruit Toasted Bagel with Cream Cheese or Jelly  Assorted Milk	30 Fresh Fruit Scrambled Eggs Buttered Toast  Assorted Milk
03 Fresh Fruit Assorted Cereal Buttered Toast  Assorted Milk	04 Assorted Juices Egg and Cheese English Muffin  Assorted Milk	05 Fresh Fruit Bacon and Cheese Biscuit  Assorted Milk	06 Assorted Juice French Toast Sticks  Assorted Milk	07 Fresh Fruit Scrambled Eggs Toast  Assorted Milk
10 Assorted Fruit Juice Assorted Cereal Buttered Toast  Assorted Milk	11 Fresh Fruit Waffles with Syrup  Assorted Milk	12 Assorted Juices Hot Oatmeal  Assorted Milk	13 Fresh Fruit Sausage Biscuit  Assorted Milk	14 Assorted Juices Scrambled Eggs Bacon Slice  Assorted Milk
17 Fresh Fruit Assorted Cereal Buttered Toast  Assorted Milk	18 Assorted Juices Bacon and Cheese Biscuit  Assorted Milk	19 Fresh Fruit Blueberry Muffin Boiled Egg  Assorted Milk	20 Assorted Juices Sausage Wrapped in a Pancake  Assorted Milk	21 Fresh Fruit Scrambled Eggs Buttered Toast  Assorted Milk