

QUANTICO SCHOOLS CAFETERIA LUNCH MENU

AUGUST 22, 2012 TO SEPTEMBER 28, 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WELCOME BACK TO A NEW SCHOOL YEAR		22 Hamburger with Bun Potato Wedges Peas Sliced Pears Assorted Milk	23 Chicken Nuggets Mashed Potatoes with Gravy Broccoli Chocolate chip cookie Assorted Milk	24 Cheese Pizza Potato Rounds Mixed Vegetables Sliced Peaches Assorted Milk
27 Cheeseburger with Bun French Fries Peas Watermelon Assorted Milk	28 Hot Dog with Bun Baked Beans French Fries Fruit Mix Assorted Milk	29 Chicken Filet with Bun Potato Rounds Mixed Vegetables Sliced Pears Assorted Milk	30 Spaghetti with Meat Sauce Garlic Bread Tossed Salad Oatmeal Raisin Cookies Assorted Milk	31 Pepperoni Pizza French Fries Tossed Salad Chocolate Pudding Assorted Milk
LABOR DAY NO SCHOOL	04 Cheese Enchiladas Tossed Salad Buttered Peas Blueberry Crisp Assorted Milk	05 Twin Tacos Lettuce, Tomato. & Cheese Buttered Corn Chocolate Chip Cookie Assorted Milk	06 Hamburger with Bun Lettuce and tomato cup Seasoned rice Pears Assorted Milk	07 Hot Dog with Bun Baked Beans Green Beans Applesauce Cake Assorted Milk
10 Grilled Ham and Cheese Sandwich Chicken Vegetable-Noodle Soup Mixed Vegetables Brownie Assorted Milk	11 Spaghetti with Meat Sauce Green Beans Garlic Bread Chocolate Pudding Assorted Milk	12 Chicken Nuggets French Fries Peas and Carrots Brownies Assorted Milk	13 Italian Stromboli Broccoli French Fries Chocolate Pudding Assorted Milk	14 Pepperoni Pizza Potato Rounds Mixed Vegetables Diced Pears Assorted Milk
17 Grilled Cheese Sandwich French Fries Sliced Carrots Chocolate Chip Cookie Assorted Milk	18 Chicken Filet with Bun Baked Macaroni and Cheese Peas Fruit Cocktail Assorted Milk	19 Cheeseburger with Bun Lettuce, Tomato and Cheese Buttered Corn Diced Peaches Assorted Milk	20 Chicken Nuggets Mashed Potatoes with Gravy Green Beans Oatmeal-Raisin Cookie Assorted Milk	21 Hot Dog with Bun French Fries Baked Beans Chocolate Cake Assorted Milk
24 Chicken Enchiladas French Fries Tossed Salad Chocolate Chip Cookie Assorted Milk	25 Grilled Cheese Sandwich Chicken Vegetable-Noodle Soup Tossed Salad Sugar cookie Assorted Milk	26 Soft Tacos Lettuce, Tomato and Cheese Broccoli Mexican wedding cookie Assorted Milk	27 Spaghetti with meat Sauce Tossed Salad Garlic Bread Fruit Cocktail Assorted Milk	28 Waffles with Maple Syrup Sausage patty Orange Juice Sliced Peaches Assorted Milk

QUANTICO SCHOOLS CAFETERIA BREAKFAST MENU

AUGUST 22, 2012 TO SEPTEMBER 28, 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WELCOME BACK TO A NEW SCHOOL YEAR		22 Assorted Juice Assorted Cereal Buttered Toast Assorted Milk	23 Fresh Fruit Bagels with Jelly Assorted Milk	24 Assorted Juices Scrambled Eggs Buttered Toast Assorted Milk
27 Fresh Fruit Assorted Cereal Buttered Toast Assorted Milk	28 Assorted Juices Sausage Biscuit Assorted Milk	29 Fresh Fruit French Toast Sticks Assorted Milk	30 Assorted Juices Ham and Cheese Biscuit Assorted Milk	31 Fresh Fruit Scramble Eggs Buttered Toast Assorted Milk
LABOR DAY NO SCHOOL	04 Assorted Juices Assorted Cereal Buttered toast Assorted Milk	05 Fresh Fruit Sausage wrapped in a Pancake Assorted Milk	06 Assorted Juice Toasted Bagels / jelly Assorted Milk	07 Fresh Fruit Scrambled Eggs Buttered Toast Assorted Milk
10 Assorted Juices Assorted Cereal Buttered Toast Assorted Milk	11 Fresh Fruit Sausage wrapped in a Pancake Assorted Milk	12 Assorted Juices Bacon and Cheese Biscuit Assorted Milk	13 Assorted Juices French Toast Sticks Assorted Milk	14 Fresh Fruit Scrambled Eggs Buttered Toast Assorted Milk
17 Fresh Fruit Assorted Cereal Buttered Toast Assorted Milk	18 Assorted Juices Ham and Cheese Biscuit Assorted Milk	19 Fresh Fruit Waffles with Maple Syrup Assorted Milk	20 Assorted Juices Sausage Biscuit Assorted Milk	21 Fresh Fruit Scrambled Eggs Buttered Toast Assorted Milk
24 Assorted Juices Assorted Cereal Buttered Toast Assorted Milk	25 Fresh Fruit Sausage Pancake on a Stick Assorted Milk	26 Assorted Juices French toast Assorted Milk	27 Fresh Fruit Sausage Biscuit Assorted Milk	28 Assorted Juices Scrambled Eggs Buttered Toast Assorted Milk