

Department of Veterans Affairs, Employee Education System

and

The National Center for Post-Traumatic Stress Disorder (NC-PTSD)

Present

PTSD 101: Smoking Cessation: Integrated Care Module for Smokers with PTSD

11.TE.ST.MH.PTSD101SC.A

Program Start: May 1, 2011 **Program End:** September 30, 2012

Place

Your computer workstation

Purpose Statement

This web based course is part of the PTSD 101 education series which are presented by experts in their field to increase provider knowledge related to the assessment and treatment issues of PTSD. Each course specifically addresses trauma events, treatments, or special population issues, not normally addressed in general therapy protocols. This course provides an overview of the negative effects of smoking, particularly on Veterans with PTSD, and to help providers understand the rationale for providing tobacco cessation treatment to patients. The authors describe the rationale and evidence for integrating smoking cessation into PTSD treatment and provide an overview of psychological and pharmacological interventions.

Target Audience

Mental health leaders/clinicians, OEF/OIF coordinators and clinical managers, psychiatrists, psychologists, social workers, nurses, and primary care clinicians.

Outcome/Objectives

At the conclusion of this educational program, learners will be able to:

1. provide a rationale for tobacco cessation as a health care priority for Veterans with PTSD;
2. identify the reasons and evidence for an integrated care approach for smoking cessation among smokers with PTSD;
3. describe psychological and pharmacological interventions for smoking cessation.

Application Procedure

1. Length of course: 1.0 hours
2. Review EES Program Brochure
3. Attend and participate in 100% of program activity
4. Complete Post Test Exam at a minimum passing score of 80%
5. Complete Program Evaluation
6. Print Certificate of Completion

EES Contact Information

Martin Oexner, Project Manager, St. Louis Employee Education Resource Center, #1 Jefferson Barracks Drive, Building 2, St. Louis, MO 63125, phone (314) 894-6452, or e-mail: Martin.Oexner@va.gov.

There is no need to register in advance for this program.

Participants must access the course via the National Center for Post-Traumatic Stress Disorder website at: <http://www.ptsd.va.gov/professional/ptsd101/course-modules/smoking-cessation.asp>

After completing this course, participants should visit the NCPTSD Continuing Education Credit page at: <http://www.ptsd.va.gov/professional/ptsd101/pages/continuing-education-credit.asp>

Accreditation/Approval

The accreditation organizations for this course are listed below.

Accreditation Council for Continuing Medical Education (ACCME)

The VA Employee Education System is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

American Psychological Association (APA)

The VA Employee Education System (EES) is approved by the American Psychological Association to sponsor continuing education for psychologists. The Employee Education System maintains responsibility for this program and its content.

American Nurses Credentialing Center (ANCC)

VA Employee Education System is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

California Board of Registered Nursing (CA BRN)

The VA Employee Education System is accredited as a provider of continuing education in nursing by the California Board of Registered Nursing.

Continuing Education Credit

Accreditation Council for Continuing Medical Education (ACCME)

The VA Employee Education System designates this enduring material for a maximum of 2.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only credit commensurate with the extent of their participation in the activity.

American Psychological Association (APA)

As an organization approved by the American Psychological Association, the VA Employee Education System is sponsoring this activity for 1.0 hours of continuing education credit. The Employee Education System maintains responsibility for this program and its content.

American Nurses Credentialing Center (ANCC)

VA Employee Education System designates this educational activity for 1.0 contact hours in continuing nursing education.

California Board of Registered Nursing (CA BRN)

This continuing education activity has been presented by the VA Employee Education System for 1.0 contact hours. Provider approved by the California Board of Registered Nursing: Provider Number **CEP 4714**.

Association of Social Work Boards (ASWB)

VA Employee Education System, Provider Number 1040, is approved as a provider for continuing education by the Association of Social Work Boards, 400 South Ridge Parkway, Suite B, Culpeper, VA 22701. <http://www.aswb.org> ASWB Approval Period: 4/7/10 - 4/7/13. Social workers should contact their regulatory board to determine course approval.

Social workers will receive 1.0 continuing education clock hours in participating in this course.

National Board for Certified Counselors (NBCC)

The VA Employee Education System is approved by the National Board for Certified Counselors (NBCC) to offer continuing education accreditation for National Certified and Licensed Counselors. We adhere to NBCC Continuing Education Guidelines. This program is approved for 1.0 contact hours. Provider #5927.

Statement of Participation

A certificate of completion will be awarded to participants and accreditation records will be on file at the Employee Education System. Upon completion of the activity, your certificate of completion will be available to you based on the respective directions found in the enduring materials.

Report of Training

It is the program participant's responsibility to ensure that this training is documented in the appropriate location according to his/her locally prescribed process.

Program Schedule

Program Schedule Date: 5/1/2011

Minutes	Content	Exam
2:00	Introduction	Miles McFall Andrew Saxon
6:00	Tobacco Cessation as a Health Care Priority for Veterans with PTSD	Miles McFall
12:00	Rationale for Integrated Smoking Cessation Care	Miles McFall
20:00	Overview of the Treatment Guidelines for Using the Integrated Care Treatment Manual	Miles McFall
5:00	Common Questions	Miles McFall
3:00	Conclusion	Miles McFall
10:00	Resource Review	Miles McFall

Minutes	Content	Exam
10:00	Post Test	Miles McFall

Approximate total time 63:00 minutes

Faculty and Planning Committee Listing

* Denote planning committee

+ Denotes faculty

*Nancy Bernardy, PhD Program Director, VHA PTS Mentoring Program National Center for PTSD White River Junction, VT	+Andrew Saxon, MD Director, Addictions Patient Care Line Department of Veterans Affairs Seattle VA Medical Center Seattle, WA
*Matthew Friedman, MD Executive Director National Center for PTSD, Executive Division White River Junction, VT	*Jessica Hamblen, PhD Deputy for Education National Center for PTSD White River Junction VA Medical Center White River Junction, VT
*Deborah Grizzard, RN Chief Nurse, Mental Health Palo Alto VA Health Care System Palo Alto, CA Planning Member for ANCC and CA BRN	*James Leathem, MSW, LCSW-R Social Work Section Chief – Mental Health Northport VA Medical Center Northport, NY Planning Member for ASWB, CABBS and CA BRN
*Martin Oexner, MA/ISSc Project Manager St. Louis Employee Education Resource Center St. Louis, MO	*Pamela Swales, PhD Psychologist National Center for PTSD Educational and Clinical Laboratory Division Palo Alto VA Health Care System Menlo Park, CA Planning Member for APA

EES Program Staff for Trace Code: 11.TE.ST.MH.PTSD101SC.A

Martin Oexner, MA/ISSc
 Project Manager
 St. Louis Employee Education Resource Center
 St. Louis, MO

RonFarson
E-Learning Producer
St. Louis Employee Education Resource Center
St. Louis, MO

Heather Holshouser
Project Support Assistant
St. Louis Employee Education Resource Center
St. Louis, MO

The Rehabilitation Act of 1973 as Amended in 1998

The Employee Education System wishes to ensure no individual with a disability is excluded, denied services, segregated or otherwise treated differently from other individuals participating in its educational activities, because of the absence of auxiliary aids and services. If you require any special arrangements to attend and fully participate in this educational activity, please contact Martin Oexner, Project Manager, EES, St. Louis Employee Education Resource Center, phone 314-894-6452, e-mail Martin.Oexner@va.gov.

Disclosure Statement

The VA Employee Education System (EES) must ensure balance, independence, objectivity, and scientific rigor in all of its individually sponsored or jointly EES sponsored educational activities. All prospective faculty and planning committee members participating in an EES activity must disclose any relevant financial interest or other relationship with: (a) the manufacturer(s) of any commercial product(s) and / or provider(s) of commercial services discussed in an educational presentation, and (b) any commercial supporters of the activity. Relevant financial interest or other relationship includes, but is not limited to, such things as personal receipt of grants or research support, employee or consultant status, stockholder, member of speakers' bureau, within the prior 12 months. EES is responsible for collecting such information from prospective planners and faculty, evaluating the disclosed information to determine if a conflict of interest is present and, if a conflict of interest is present, to resolve such conflict. Information regarding such disclosures and the resolution of the conflicts for planners and faculty shall be provided to activity participants. When an unlabeled use of a commercial product or an investigational use not yet approved by the FDA for any purpose is discussed during an educational activity, EES shall require the speaker to disclose that the product is not labeled for the use under discussion or that the product is still investigational.

The faculty and planning committee members reported that they had no relevant financial relationships with commercial entities in any amount that occurred within the past 12 months that create a conflict of interest.

This activity includes no discussion of uses of FDA regulated drugs or medical devices which are experimental or off-label.

*** The ACCME defines “relevant financial relationships” as financial relationships in any amount occurring within the past 12 months that creates a conflict of interest.**