



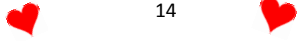



# Lunch February 2013

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MON	TUE	WED	THU	FRI
				1 Pork Loin/ Fresh Mashed Red Potatoes/ Beef Shepherds Pie/ Broccoli with Cheese/ W.W. Bread/ Peaches/ Var. Milk
4 Chicken Whole Wheat Lasagna/ Cheeseburger on Bun/ Baked Wedge Potatoes/Sweet Plantain/ W.W. Garlic Bread/ Green Leaf Lettuce and Tomato	5 Pork Stir Fry/ BBQ Chicken/ White Rice/ Stewed Pink Beans/ Caesar Salad/ Fruit Cocktail/ Var. Milk	6 Chicken and W.W. Fettuccine Pasta with Marinade Sauce/ Philly Steak Sandwich/ Baked Wedged Potatoes/ Normandy Vegetables/ Three Beans Soup/ Pineapple/ Var. Milk	7 Mojo Chicken/ White Rice/ Stewed Pinto Beans/ Roast Beef/ Fresh Mashed Potatoes/ Spinach, Red Onion, Strawberries and Dry Fruit Salad/ W.W. Roll/ Banana/ Var. Milk	8 Chicken Fajita with Onions & Green Peppers/ Rotini with Meat Sauce/ W.W. Garlic Bread/ Garden Vegetables/ Peaches/ Var. Milk
11 Pepper Turkey/ White Rice/ Stewed Red Beans/ Chicken Patty Sandwich/Baked Wedge Potatoes/Green Leaf Lettuce and Tomato Salad/ Cream of Broccoli/ Apple Sauce/ Var. Milk	12 Pepper Steak/ Vegetable Rice Casserole/ Stewed Pink Beans/ Pork Fajita/ Coleslaw/ Sliced Pears/ Var. Milk	13 Mexican Tacos (Beef, Lettuce, Tomato & Cheese)/ Caesar Chicken Wrap/ Chicken Noodle Soup/ Baked Red Potatoes Ranch/Watermelon/ Var. Milk <b>Early Release Fort Buchanan</b>	14  Beef Lasagna/ W.W. Cheese Pizza/ W.W. Garlic Bread/ Caesar Salad/ Honeydew Melon/ Var. Milk <b>Early Release Ramey</b>	15 Roasted Chicken/ White Rice/ Stewed RK Beans/ Cheeseburger on W.W. Bun/ Wedge Potatoes/ Green Leaf Lettuce, Onions and Tomato Salad/ Orange Wedges/ Var. Milk
18  <b>Presidents' Day</b>  <b>No Classes</b>	19 Garlic Roasted Chicken/ Alfredo Pasta/ Beef Stir Fry/ Corn Rice/ Stewed Pink Beans/ Broccoli with Cheese/ Fruit Cocktail/ Var. Milk	20 Roasted Turkey/ White Rice/ Stewed Pinto Beans/ Philly Steak Sandwich/ Tossed Salad/ Pita Chips with Hummus Dip/ Apple Slices/ Var. Milk	21 Chicken Marinade with Rotini Pasta/ Pork Loin/ White Rice/ Stewed Pink Beans/ Caesar Salad/ Apricots/ Var. Milk	22 Roast Beef/ Penne Pasta with Vegetables/ Chicken Stir Fry/ Fresh Mashed Potatoes/ W.W. Roll/ Green Beans with Cheese/ Peaches/ Var. Milk
25 W.W. Pepperoni Pizza/ Pork Stir Fry/ White Rice/ Stewed Pink Beans/ Corn and Tomato Salad/ Banana/ Var. Milk	26 Roasted Turkey/ White Rice/ Stewed Pinto Beans/ Chicken Nuggets/ W.W. Macaroni and Cheese/ Tossed Salad/ Apple Slices/ Var. Milk	27 Cheeseburger or Hot Dog on W.W. Bun/ Baked Potato Wedges/ Carrot and Celery Cup Sticks & Ranch Dressing/ Oatmeal Cookie/ Sliced Pears/ Var. Milk	28 BBQ Chicken/ Beef Stew/ White Rice/ Stewed Pink Beans/ Tossed Salad/ Pineapple/ Var. Milk	