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	AES-AMS AHS & RAME	Breakfa	est Februa	ry 2013	Jose (Jowe) Hernandez School Food Service Specialist Bldg # 566 (787) 707-2764 Email: jose.hernandez@am.dodea.edu
	Мон	TUE	WED	Тни	FRI
		BE A 213	Happy Valentines Day!		1 Sausage Patty & Cheese on Bun/ French Toast or Pancake/ Cold or Hot Cereal/ Toast/Jelly/ Grilled Cheese or Ham & Cheese Sand. With Egg or Sausage Patty with a Bread Altern./ Fruit or Juice/Var. Milk
1	4 Corn Bread & Sausage Links/ Pancakes or French Toast/ Cold or Hot Cereal/ Toast/ Jelly/ Grilled Cheese Sand. With Egg or Sausage Patty with a Bread Altern./ Fruit or Juice/ Var. Milk	5 Cinnamon Roll & Scrambled Egg Pancake or French/ Cold or Hot Cereal/ Toast/ Jelly/ Grilled Cheese or Ham & Cheese Sand. With Egg or Sausage Patty with a Bread Altern./ Fruit or Juice/ Var. Milk	6 Sausage Patty & Cheese on Bun/ Pancakes or French Toast/ Cold or Hot Cereal/ Toast/ Jelly/ Grilled Cheese or Ham & Cheese Sand. With Egg or Sausage Patty with a Bread Altern./ Fruit or Juice/ Var. Milk	7 Egg and Cheese on Bun/ Pancakes or French Toast/ Cold or Hot Cereal/ Toast/ Jelly/ Grilled Cheese or Ham & Cheese Sand. With Egg or Sausage Patty with a Bread Altern./ Fruit or Juice/ Var. Milk	8 French Toast or Pancakes/Cold or Hot Cereal/Toast/Jelly/Grilled Cheese or Ham & Cheese Sand. With Egg or Sausage Patty with a Bread Altern./Fruit or Juice/ Var. Milk
1	11 Sausage Patty & Cheese on Bun/ Pancake or French/ Cold or Hot Cereal/ Toast/ Jelly/ Grilled Cheese or Ham & Cheese Sand. With Egg or Sausage Patty with a Bread Altern./ Fruit or Juice/ Var. Milk	12 Breakfast Quesadilla/ Pancake or French Toast/ Cold or Hot Cereal/ Toast/ Jelly/ Grilled Cheese or Ham & Cheese Sand. With Egg or Sausage Patty with a Bread Altern. Fruit or Juice/ Var. Milk	13 Egg & Cheese on Bun/Pancake or French Toast/ Cold or Hot Cereal/ Toast/ Jelly/ Grilled Cheese Sand. With Egg or Sau- sage Patty with a Bread Altern./ Fruit or Juice/ Var. Milk Early Release-Fort Buchanan	14 Spanish Omelet/ Pancake or French Toast/ Cold or Hot Cereal/ Toast/ Jelly/ Grilled Cheese or Ham Sand. With Egg or Sausage Patty with a Bread Altern. Fruit or Juice/ Var. Milk Early Release Ramey School	15 Banana Bread/Sliced Ham/ Pancakes or French/Cold or Hot Cereal/Toast/Jelly/Grilled Cheese or Ham & Cheese Sand. With Egg or Sausage Patty with a Bread Altern./Fruit or Juice/ Var. Milk
	¹⁸ ★ ★ ★ ☆ ★ Presidents' Day★ No Classes	19 Pancake/Scrambled Eggs/Cold or Hot Cereal/Toast/Jelly/Grilled Cheese or Ham & Cheese Sand. With Egg or Sausage Patty with a Bread Altern./ Fruit or Juice/ Var. Milk	20 Sauteed Potato Chunks & Ham/ Pancake or French Toast/ Cold or Hot Cereal/ Toast/ Jelly/ Grilled Cheese or Ham & Cheese Sand. With Egg or Sausage Patty with a Bread Altern./ Fruit or Juice/ Var. Milk	21 Breakfast Burrito/ Pancakes or French Toast/ Cold or Hot Cereal/ Toast/ Jelly/ Grilled Cheese or Ham & Cheese Sand. Egg or Sausage Patty with WW Bread Altern. Fruit or Juice & Variety Milk	22 Oatmeal Muffin & Scrambled Eggs/ Pancakes or French Toast/ Cold or Hot Cereal/ Toast/Jelly/ Grilled Cheese or Ham & Cheese Sand. Egg or Sausage Patty with WW Bread Altern./ Fruit or Juice & Variety Milk
	25 Sausage Patty & Cheese on Bun/ Pancakes or French Toast/ Cold or Hot Cereal/ Toast/ Jelly Grilled Cheese or Ham & Cheese Sand. Egg or Sausage Patty with WW Bread Altern./ Fruit or Juice & Variety Milk	26 Egg & Cheese on Bun/ Pancakes or French Toast/ Cold or Hot Cereal/ Toast/ Jelly Grilled Cheese or Ham & Cheese Sand. Egg or Sausage Patty with WW Bread Altern./ Fruit or Juice & Variety Milk	27 Scrambled Eggs & Toast Pancakes or French Toast Cold or Hot Cereal/ Toast/ Jelly Grilled Cheese or Ham & Cheese Sand. Egg or Sausage Patty with WW Bread Altern./ Fruit or Juice & Variety Milk	28 Breakfast Pizza/ Pancakes or French Toast/ Cold Or Hot Cereal/ Toast/ Jelly/ Grilled Cheese or Ham & Cheese Sand./ Egg or Sausage Patty with a Bread Altern./ Fruit or Juice/ Var. Milk	

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operation of Child Nutrition Programs, no child will be discriminated against because of race, color, sex, age, handicap or national origin. Any person who believes he or she has been discriminated against in any USDA related activity should write to USDA Director, Office of Civil Rights Room #326-W Whitten, Building #1400, Independence Avenue, SW, Washington, D.D. 20250-9410 or call (202) 720-5964.