

Table 6.39C Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with an Unmet Need for Mental Health Treatment in the Past Year, by Receipt of Past Year Mental Health Treatment: Standard Errors of Numbers in Thousands, 2003

Reason Did Not Receive Treatment/Counseling ¹	Total ²	MENTAL HEALTH TREATMENT/COUNSELING ³	
		Received	Not Received
Cost/Insurance Barriers ⁴	223	170	143
Stigma ⁵	142	103	100
Did Not Feel Need for Treatment/Could Handle the Problem Without Treatment ⁶	179	120	135
Treatment Would Not Help	91	60	72
Did Not Have Time	137	103	90
Did Not Know Where to Go for Services	145	97	109
Fear of Being Committed/Have to Take Medicine	74	55	50
Other Access Barriers ⁷	89	83	34

*Low precision; no estimate reported.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received.

¹ Respondents could indicate multiple reasons; thus, these response categories are not mutually exclusive.

² Estimates in the Total column represent reasons for not receiving mental health treatment/counseling for all persons aged 18 or older with an unmet need for treatment, including those with unknown mental health treatment/counseling information.

³ Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with missing treatment/counseling information are excluded.

⁴ Includes reasons of "Could not afford," "Health insurance does not pay enough," "Health insurance does not cover mental health treatment," and other specify responses of "No health insurance."

⁵ Includes reasons of "Might cause neighbors/community to have negative opinion," "Might have negative effect on job," "Concerned about confidentiality," "Did not want others to find out," and other specify responses of "Ashamed/embarrassed/afraid," "Concerned how court system would treat me," and "Concerned how it would affect future insurability."

⁶ Includes reasons of "Did not feel need for treatment," "Could handle problem without treatment," and other specify responses of "Work on problems with family/friends" and "Work on problems through religion/spirituality."

⁷ Includes reasons of "No transportation/inconvenient" and other specify responses of "Too much red tape/hassle to get services," "No openings/long waiting lists/delays," "Services unavailable/limited in area," "Attempted to get treatment but unsuccessful in finding help," and "Could not find program/counselor comfortable with."

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003.

Table 6.39D Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with an Unmet Need for Mental Health Treatment in the Past Year, by Receipt of Past Year Mental Health Treatment: Standard Errors of Percentages, 2003

Reason Did Not Receive Treatment/Counseling ¹	Total ²	MENTAL HEALTH TREATMENT/COUNSELING ³	
		Received	Not Received
Cost/Insurance Barriers ⁴	1.42	2.15	1.91
Stigma ⁵	1.17	1.69	1.68
Did Not Feel Need for Treatment/Could Handle the Problem Without Treatment ⁶	1.38	1.89	1.95
Treatment Would Not Help	0.84	1.10	1.28
Did Not Have Time	1.18	1.75	1.57
Did Not Know Where to Go for Services	1.19	1.66	1.73
Fear of Being Committed/Have to Take Medicine	0.67	1.00	0.89
Other Access Barriers ⁷	0.81	1.49	0.63

*Low precision; no estimate reported.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received.

¹ Respondents could indicate multiple reasons; thus, these response categories are not mutually exclusive.

² Estimates in the Total column represent reasons for not receiving mental health treatment/counseling for all persons aged 18 or older with an unmet need for treatment, including those with unknown mental health treatment/counseling information.

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⁴ Includes reasons of "Could not afford," "Health insurance does not pay enough," "Health insurance does not cover mental health treatment," and other specify responses of "No health insurance."

⁵ Includes reasons of "Might cause neighbors/community to have negative opinion," "Might have negative effect on job," "Concerned about confidentiality," "Did not want others to find out," and other specify responses of "Ashamed/embarrassed/afraid," "Concerned how court system would treat me," and "Concerned how it would affect future insurability."

⁶ Includes reasons of "Did not feel need for treatment," "Could handle problem without treatment," and other specify responses of "Work on problems with family/friends" and "Work on problems through religion/spirituality."

⁷ Includes reasons of "No transportation/inconvenient" and other specify responses of "Too much red tape/hassle to get services," "No openings/long waiting lists/delays," "Services unavailable/limited in area," "Attempted to get treatment but unsuccessful in finding help," and "Could not find program/counselor comfortable with."

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003.

Table 6.40C Detailed Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with an Unmet Need for Mental Health Treatment in the Past Year, by Receipt of Past Year Mental Health Treatment: Standard Errors of Numbers in Thousands, 2002 and 2003

Reason Did Not Receive Treatment/Counseling ¹	Total ²		MENTAL HEALTH TREATMENT/COUNSELING ³			
			Received		Not Received	
	2002	2003	2002	2003	2002	2003
Could Not Afford Cost	202	200	149	147	136	135
Might Cause Neighbors/Community to Have Negative Opinion ⁴	98	80	60	51	82	63
Might Have Negative Effect on Job	87	76	62	50	60	58
Health Insurance Does Not Cover Any Mental Health Treatment/Counseling	73	65	46	42	57	49
Health Insurance Does Not Cover Enough Mental Health Treatment/Counseling	116	128	100	108	60	71
Did Not Know Where to Go for Services	135	145	88	97	99	109
Concerned About Confidentiality	110	92	67	75	86	58
Fear of Being Committed/Have to Take Medicine	80	74	64	55	51	50
Did Not Feel Need for Treatment ⁴	--	99	--	60	--	76
Could Handle the Problem Without Treatment ⁴	--	167	--	111	--	131
Treatment Would Not Help ⁴	--	91	--	60	--	72
Did Not Have Time ⁴	--	137	--	103	--	90
Did Not Want Others to Find Out ⁴	--	68	--	45	--	53
No Transportation/Inconvenient ⁴	--	76	--	70	--	28
Some Other Reason ⁴	--	80	--	57	--	57

*Low precision; no estimate reported.

-- Not available.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received.

¹ Respondents could indicate multiple reasons; thus, these response categories are not mutually exclusive.

² Estimates in the Total column represent reasons for not receiving mental health treatment/counseling for all persons aged 18 or older with an unmet need for treatment, including those with unknown mental health treatment/counseling information.

³ Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with missing treatment/counseling information are excluded.

⁴ Due to questionnaire changes in 2003, these 2002 estimates are not comparable with those published in prior NSDUH reports.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2002 and 2003.

Table 6.40D Detailed Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with an Unmet Need for Mental Health Treatment in the Past Year, by Receipt of Past Year Mental Health Treatment: Standard Errors of Percentages, 2002 and 2003

Reason Did Not Receive Treatment/Counseling ¹	Total ²		MENTAL HEALTH TREATMENT/COUNSELING ³			
			Received		Not Received	
	2002	2003	2002	2003	2002	2003
Could Not Afford Cost	1.47	1.39	2.09	2.06	1.99	1.91
Might Cause Neighbors/Community to Have Negative Opinion ⁴	0.85	0.73	1.10	0.94	1.29	1.10
Might Have Negative Effect on Job	0.74	0.69	1.14	0.92	0.96	1.03
Health Insurance Does Not Cover Any Mental Health Treatment/Counseling	0.64	0.59	0.85	0.77	0.96	0.89
Health Insurance Does Not Cover Enough Mental Health Treatment/Counseling	0.96	1.06	1.72	1.74	0.99	1.24
Did Not Know Where to Go for Services	1.09	1.19	1.56	1.66	1.49	1.73
Concerned About Confidentiality	0.93	0.81	1.21	1.33	1.36	1.01
Fear of Being Committed/Have to Take Medicine	0.69	0.67	1.16	1.00	0.85	0.89
Did Not Feel Need for Treatment ⁴	--	0.89	--	1.06	--	1.37
Could Handle the Problem Without Treatment ⁴	--	1.30	--	1.76	--	1.91
Treatment Would Not Help ⁴	--	0.84	--	1.10	--	1.28
Did Not Have Time ⁴	--	1.18	--	1.75	--	1.57
Did Not Want Others to Find Out ⁴	--	0.62	--	0.82	--	0.97
No Transportation/Inconvenient ⁴	--	0.70	--	1.27	--	0.52
Some Other Reason ⁴	--	0.72	--	1.06	--	1.00

*Low precision; no estimate reported.

-- Not available.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received.

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Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2002 and 2003.

Table 6.40P Detailed Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with an Unmet Need for Mental Health Treatment in the Past Year, by Receipt of Past Year Mental Health Treatment: P-Values from Tests of Differences of Percentages, 2003 Versus 2002

Reason Did Not Receive Treatment/Counseling ¹	Total ²		MENTAL HEALTH TREATMENT/COUNSELING ³			
			Received		Not Received	
	2002	2003	2002	2003	2002	2003
Could Not Afford Cost	0.6026		0.9450		0.4422	
Might Cause Neighbors/Community to Have Negative Opinion ⁴	0.1747		0.1810		0.5539	
Might Have Negative Effect on Job	0.1358		0.1767		0.4717	
Health Insurance Does Not Cover Any Mental Health Treatment/Counseling	0.4016		0.8282		0.3861	
Health Insurance Does Not Cover Enough Mental Health Treatment/Counseling	0.0795		0.4039		0.0921	
Did Not Know Where to Go for Services	0.3412		0.7735		0.2303	
Concerned About Confidentiality	0.0211		0.9902		0.0020	
Fear of Being Committed/Have to Take Medicine	0.7831		0.2816		0.4536	
Did Not Feel Need for Treatment ⁴	--		--		--	
Could Handle the Problem Without Treatment ⁴	--		--		--	
Treatment Would Not Help ⁴	--		--		--	
Did Not Have Time ⁴	--		--		--	
Did Not Want Others to Find Out ⁴	--		--		--	
No Transportation/Inconvenient ⁴	--		--		--	
Some Other Reason ⁴	--		--		--	

*Low precision; no estimate reported.

-- Not available.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received.

¹ Respondents could indicate multiple reasons; thus, these response categories are not mutually exclusive.

² Estimates in the Total column represent reasons for not receiving mental health treatment/counseling for all persons aged 18 or older with an unmet need for treatment, including those with unknown mental health treatment/counseling information.

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Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2002 and 2003.

Table 6.41C Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with an Unmet Need for Mental Health Treatment and Serious Mental Illness in the Past Year, by Receipt of Past Year Mental Health Treatment: Standard Errors of Numbers in Thousands, 2003

Reason Did Not Receive Treatment/Counseling ¹	Total ²	MENTAL HEALTH TREATMENT/COUNSELING ³	
		Received	Not Received
Cost/Insurance Barriers ⁴	153	122	96
Stigma ⁵	110	87	70
Did Not Feel Need for Treatment/Could Handle the Problem Without Treatment ⁶	112	77	81
Treatment Would Not Help	75	54	51
Did Not Have Time	95	74	60
Did Not Know Where to Go for Services	116	85	80
Fear of Being Committed/Have to Take Medicine	65	51	40
Other Access Barriers ⁷	69	63	28

*Low precision; no estimate reported.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received.

NOTE: Serious Mental Illness (SMI) is defined as having a diagnosable mental, behavioral, or emotional disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)* and resulted in functional impairment that substantially interfered with or limited one or more major life activities. See Section B.4 of Appendix B of the *Results from the 2003 National Survey on Drug Use and Health: National Findings*.

¹ Respondents could indicate multiple reasons; thus, these response categories are not mutually exclusive.

² Estimates in the Total column represent reasons for not receiving mental health treatment/counseling for all persons aged 18 or older with an unmet need for treatment and serious mental illness, including those with unknown mental health treatment/counseling information.

³ Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with missing treatment/counseling information are excluded.

⁴ Includes reasons of "Could not afford," "Health insurance does not pay enough," "Health insurance does not cover mental health treatment," and other specify responses of "No health insurance."

⁵ Includes reasons of "Might cause neighbors/community to have negative opinion," "Might have negative effect on job," "Concerned about confidentiality," "Did not want others to find out," and other specify responses of "Ashamed/embarrassed/afraid," "Concerned how court system would treat me," and "Concerned how it would affect future insurability."

⁶ Includes reasons of "Did not feel need for treatment," "Could handle problem without treatment," and other specify responses of "Work on problems with family/friends" and "Work on problems through religion/spirituality."

⁷ Includes reasons of "No transportation/inconvenient" and other specify responses of "Too much red tape/hassle to get services," "No openings/long waiting lists/delays," "Services unavailable/limited in area," "Attempted to get treatment but unsuccessful in finding help," and "Could not find program/counselor comfortable with."

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003

Table 6.41D Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with an Unmet Need for Mental Health Treatment and Serious Mental Illness in the Past Year, by Receipt of Past Year Mental Health Treatment: Standard Errors of Percentages, 2003

Reason Did Not Receive Treatment/Counseling ¹	Total ²	MENTAL HEALTH TREATMENT/COUNSELING ³	
		Received	Not Received
Cost/Insurance Barriers ⁴	1.87	2.62	2.80
Stigma ⁵	1.68	2.26	2.66
Did Not Feel Need for Treatment/Could Handle the Problem Without Treatment ⁶	1.74	2.14	2.81
Treatment Would Not Help	1.23	1.53	1.96
Did Not Have Time	1.52	2.04	2.29
Did Not Know Where to Go for Services	1.73	2.20	2.70
Fear of Being Committed/Have to Take Medicine	1.08	1.47	1.61
Other Access Barriers ⁷	1.14	1.81	1.10

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Table 6.42C Detailed Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with an Unmet Need for Mental Health Treatment and Serious Mental Illness in the Past Year, by Receipt of Past Year Mental Health Treatment: Standard Errors of Numbers in Thousands, 2002 and 2003

Reason Did Not Receive Treatment/Counseling ¹	Total ²		MENTAL HEALTH TREATMENT/COUNSELING ³			
			Received		Not Received	
	2002	2003	2002	2003	2002	2003
Could Not Afford Cost	158	142	120	108	95	91
Might Cause Neighbors/Community to Have Negative Opinion ⁴	66	62	49	42	44	46
Might Have Negative Effect on Job	60	63	48	42	30	48
Health Insurance Does Not Cover Any Mental Health Treatment/Counseling	55	48	41	31	37	37
Health Insurance Does Not Cover Enough Mental Health Treatment/Counseling	94	95	88	79	34	55
Did Not Know Where to Go for Services	100	116	69	85	69	80
Concerned About Confidentiality	80	73	57	66	54	34
Fear of Being Committed/Have to Take Medicine	71	65	60	51	37	40
Did Not Feel Need for Treatment ⁴	--	75	--	53	--	54
Could Handle the Problem Without Treatment ⁴	--	108	--	69	--	82
Treatment Would Not Help ⁴	--	75	--	54	--	51
Did Not Have Time ⁴	--	95	--	74	--	60
Did Not Want Others to Find Out ⁴	--	54	--	32	--	43
No Transportation/Inconvenient ⁴	--	55	--	52	--	19
Some Other Reason ⁴	--	57	--	49	--	29

*Low precision; no estimate reported.

-- Not available.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received.

NOTE: Serious Mental Illness (SMI) is defined as having a diagnosable mental, behavioral, or emotional disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV) and resulted in functional impairment that substantially interfered with or limited one or more major life activities.

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Table 6.42D Detailed Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with an Unmet Need for Mental Health Treatment and Serious Mental Illness in the Past Year, by Receipt of Past Year Mental Health Treatment: Standard Errors of Percentages, 2002 and 2003

Reason Did Not Receive Treatment/Counseling ¹	Total ²		MENTAL HEALTH TREATMENT/COUNSELING ³			
			Received		Not Received	
	2002	2003	2002	2003	2002	2003
Could Not Afford Cost	2.17	1.87	2.79	2.51	3.21	2.85
Might Cause Neighbors/Community to Have Negative Opinion ⁴	1.17	1.05	1.52	1.22	1.92	1.83
Might Have Negative Effect on Job	1.07	1.07	1.47	1.23	1.35	1.85
Health Insurance Does Not Cover Any Mental Health Treatment/Counseling	1.02	0.82	1.25	0.92	1.69	1.48
Health Insurance Does Not Cover Enough Mental Health Treatment/Counseling	1.59	1.49	2.46	2.12	1.50	2.03
Did Not Know Where to Go for Services	1.65	1.73	2.01	2.20	2.80	2.70
Concerned About Confidentiality	1.40	1.18	1.71	1.84	2.27	1.38
Fear of Being Committed/Have to Take Medicine	1.25	1.08	1.79	1.47	1.66	1.61
Did Not Feel Need for Treatment ⁴	--	1.26	--	1.53	--	2.13
Could Handle the Problem Without Treatment ⁴	--	1.67	--	1.93	--	2.82
Treatment Would Not Help ⁴	--	1.23	--	1.53	--	1.96
Did Not Have Time ⁴	--	1.52	--	2.04	--	2.29
Did Not Want Others to Find Out ⁴	--	0.89	--	0.95	--	1.68
No Transportation/Inconvenient ⁴	--	0.92	--	1.49	--	0.76
Some Other Reason ⁴	--	0.94	--	1.42	--	1.09

*Low precision; no estimate reported.

-- Not available.

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Table 6.42P Detailed Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with an Unmet Need for Mental Health Treatment and Serious Mental Illness in the Past Year, by Receipt of Past Year Mental Health Treatment: P-Values from Tests of Differences of Percentages, 2003 Versus 2002

Reason Did Not Receive Treatment/Counseling ¹	Total ²		MENTAL HEALTH TREATMENT/COUNSELING ³			
			Received		Not Received	
	2002	2003	2002	2003	2002	2003
Could Not Afford Cost	0.5766		0.7203		0.6168	
Might Cause Neighbors/Community to Have Negative Opinion ⁴	0.3167		0.1846		0.8653	
Might Have Negative Effect on Job	0.6820		0.3438		0.5406	
Health Insurance Does Not Cover Any Mental Health Treatment/Counseling	0.2957		0.2972		0.6124	
Health Insurance Does Not Cover Enough Mental Health Treatment/Counseling	0.4179		0.9603		0.0664	
Did Not Know Where to Go for Services	0.4836		0.7782		0.5518	
Concerned About Confidentiality	0.0518		0.7854		0.0064	
Fear of Being Committed/Have to Take Medicine	0.4012		0.1586		0.5505	
Did Not Feel Need for Treatment ⁴	--		--		--	
Could Handle the Problem Without Treatment ⁴	--		--		--	
Treatment Would Not Help ⁴	--		--		--	
Did Not Have Time ⁴	--		--		--	
Did Not Want Others to Find Out ⁴	--		--		--	
No Transportation/Inconvenient ⁴	--		--		--	
Some Other Reason ⁴	--		--		--	

*Low precision; no estimate reported.

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NOTE: Serious Mental Illness (SMI) is defined as having a diagnosable mental, behavioral, or emotional disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV) and resulted in functional impairment that substantially interfered with or limited one or more major life activities.

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