

Table 6.37A Unmet Need for Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older, by Receipt of Past Year Mental Health Treatment and Demographic Characteristics: Numbers in Thousands, 2002 and 2003

Demographic Characteristic	Total ¹		MENTAL HEALTH TREATMENT/COUNSELING ²			
			Received		Not Received	
	2002	2003	2002	2003	2002	2003
TOTAL	11,272	10,781	5,259	5,311	5,998	5,451
AGE						
18-25	2,621	2,628	1,039	1,045	1,577	1,581
26-49	6,783	6,349	3,325	3,207	3,448	3,135
50 or Older	1,868	1,804	895	1,059	973	735
GENDER						
Male	3,719	3,275	1,396	1,382	2,314	1,885
Female	7,552	7,506	3,863	3,929	3,684	3,566
HISPANIC ORIGIN AND RACE						
Not Hispanic or Latino	10,209	9,636	4,805	4,797	5,389	4,820
White	8,371	8,207	4,087	4,193	4,274	4,006
Black or African American	1,303	999	525	426	777	562
Other or Two or More Races	535	430	193	178	338	252
Hispanic or Latino	1,063	1,145	454	514	609	631
EDUCATION						
< High School	1,963	1,596	996	846	963 ^a	743
High School Graduate	3,055	3,010	1,439	1,396	1,615	1,614
Some College	3,414	3,322	1,504	1,629	1,910	1,681
College Graduate	2,839	2,853	1,320	1,440	1,511	1,413
CURRENT EMPLOYMENT						
Full-Time	5,624	5,440	2,316	2,523	3,298	2,910
Part-Time	2,019	2,042	952	910	1,062	1,131
Unemployed	691	654	282	267	409	377
Other ³	2,938	2,645	1,709	1,611	1,228	1,033

*Low precision; no estimate reported.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received.

^aDifference between estimate and 2003 estimate is statistically significant at the 0.05 level.

^bDifference between estimate and 2003 estimate is statistically significant at the 0.01 level.

¹ Estimates in the Total column represent past year unmet need for all persons aged 18 or older, including those with unknown mental health treatment/counseling information.

² Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with missing treatment/counseling information are excluded.

³ Retired person, disabled person, homemaker, student, or other person not in the labor force.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2002 and 2003.

Table 6.37B Unmet Need for Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older, by Receipt of Past Year Mental Health Treatment and Demographic Characteristics: Percentages, 2002 and 2003

Demographic Characteristic	Total ¹		MENTAL HEALTH TREATMENT/COUNSELING ²			
			Received		Not Received	
	2002	2003	2002	2003	2002	2003
TOTAL	5.4	5.1	19.3	19.0	3.3	3.0
AGE						
18-25	8.5	8.3	31.7	29.6	5.7	5.6
26-49	6.8	6.4	22.9	22.1	4.0	3.7
50 or Older	2.4	2.2	9.5	10.6	1.4	1.0
GENDER						
Male	3.7	3.2	16.0	15.9	2.5 ^a	2.0
Female	6.9	6.8	20.9	20.3	4.1	3.9
HISPANIC ORIGIN AND RACE						
Not Hispanic or Latino	5.5	5.2	19.1	18.5	3.4	3.0
White	5.6	5.5	18.6	18.3	3.4	3.1
Black or African American	5.6	4.2	26.9	21.1	3.7	2.6
Other or Two or More Races	4.4	3.5	15.0	18.1	3.1	2.2
Hispanic or Latino	4.2	4.5	22.2	25.1	2.7	2.7
EDUCATION						
< High School	5.3 ^a	4.2	23.4	21.4	2.9 ^a	2.2
High School Graduate	4.5	4.5	18.2	16.7	2.7	2.8
Some College	6.5	6.3	20.0	20.9	4.3	3.8
College Graduate	5.4	5.2	17.4	18.2	3.4	3.0
CURRENT EMPLOYMENT						
Full-Time	4.8	4.7	17.7	18.2	3.2	2.8
Part-Time	7.4	7.1	24.4	21.9	4.5	4.6
Unemployed	9.1	8.1	26.3	25.5	6.3	5.4
Other ³	5.0	4.5	18.6	17.9	2.5	2.1

*Low precision; no estimate reported.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received.

^aDifference between estimate and 2003 estimate is statistically significant at the 0.05 level.

^bDifference between estimate and 2003 estimate is statistically significant at the 0.01 level.

¹ Estimates in the Total column represent past year unmet need for all persons aged 18 or older, including those with unknown mental health treatment/counseling information.

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³ Retired person, disabled person, homemaker, student, or other person not in the labor force.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2002 and 2003.

Table 6.38A Unmet Need for Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older, by Receipt of Past Year Mental Health Treatment and Past Year Serious Mental Illness, Geographic or Socioeconomic Characteristics: Numbers in Thousands, 2002 and 2003

Serious Mental Illness or Geographic/Socioeconomic Characteristic	Total ¹		MENTAL HEALTH TREATMENT/COUNSELING ²			
			Received		Not Received	
	2002	2003	2002	2003	2002	2003
TOTAL	11,272	10,781	5,259	5,311	5,998	5,451
SERIOUS MENTAL ILLNESS³						
Yes	5,330	5,874	3,160	3,336	2,161	2,526
No	5,942 ^b	4,907	2,099	1,975	3,838 ^b	2,925
GEOGRAPHIC REGION						
Northeast	2,006	1,866	945	849	1,061	1,017
Midwest	2,574	2,706	1,213	1,458	1,360	1,248
South	3,964	3,459	1,943	1,804	2,012 ^a	1,636
West	2,727	2,750	1,158	1,200	1,565	1,550
COUNTY TYPE⁴						
Large Metro	5,947	5,651	2,634	2,619	3,310	3,020
Small Metro	3,676	3,398	1,766	1,754	1,899	1,643
Nonmetro	1,649	1,733	859	938	790	788
FAMILY INCOME						
Less Than \$20,000	3,006	2,856	1,641	1,525	1,364	1,319
\$20,000 - \$49,999	4,480	4,237	2,110	2,126	2,356	2,105
\$50,000 - \$74,999	1,781	1,822	705	805	1,076	1,016
\$75,000 or More	2,005	1,866	803	855	1,203	1,011
GOVERNMENT ASSISTANCE⁵						
Yes	2,427	2,397	1,424	1,341	1,003	1,056
No	8,845	8,384	3,835	3,970	4,995 ^a	4,395

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¹ Estimates in the Total column represent past year unmet need for all persons aged 18 or older, including those with unknown mental health treatment/counseling information.

² Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with missing treatment/counseling information are excluded.

³ Serious Mental Illness (SMI) is defined as having a diagnosable mental, behavioral, or emotional disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)* and resulted in functional impairment that substantially interfered with or limited one or more major life activities. See Section B.4 of Appendix B of the *Results from the 2003 National Survey on Drug Use and Health: National Findings*.

⁴ Estimates for 2002 and 2003 are based on a revised definition of county type and are not comparable with estimates by county type published in prior NSDUH reports.

⁵ One or more household family members received Supplemental Security Income (SSI), cash assistance (Temporary Assistance for Needy Families, TANF), noncash assistance, or the family received food stamps.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2002 and 2003.

Table 6.38B Unmet Need for Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older, by Receipt of Past Year Mental Health Treatment and Past Year Serious Mental Illness, Geographic or Socioeconomic Characteristics: Percentages, 2002 and 2003

Serious Mental Illness or Geographic/Socioeconomic Characteristic	Total ¹		MENTAL HEALTH TREATMENT/COUNSELING ²			
			Received		Not Received	
	2002	2003	2002	2003	2002	2003
TOTAL	5.4	5.1	19.3	19.0	3.3	3.0
SERIOUS MENTAL ILLNESS³						
Yes	30.5	30.1	37.8	36.1	23.8	24.6
No	3.1 ^b	2.5	11.1	10.5	2.2 ^b	1.7
GEOGRAPHIC REGION						
Northeast	5.0	4.6	17.0	15.2	3.0	2.9
Midwest	5.4	5.6	19.6	21.3	3.3	3.0
South	5.3 ^a	4.6	21.1	18.2	3.1 ^a	2.5
West	5.8	5.7	18.4	21.0	3.9	3.7
COUNTY TYPE⁴						
Large Metro	5.3	5.0	18.6	18.4	3.4	3.1
Small Metro	5.9	5.3	20.7	19.8	3.6	3.0
Nonmetro	4.6	4.8	18.8	19.0	2.5	2.6
FAMILY INCOME						
Less Than \$20,000	7.3	6.9	25.9	23.8	3.9	3.8
\$20,000 - \$49,999	5.6	5.3	21.5	21.7	3.3	3.0
\$50,000 - \$74,999	4.7	4.6	14.4	15.3	3.3	3.0
\$75,000 or More	4.0	3.7	12.9	13.0	2.7	2.3
GOVERNMENT ASSISTANCE⁵						
Yes	9.2	8.7	29.0	25.3	4.7	4.7
No	4.8	4.5	17.2	17.5	3.1 ^a	2.7

*Low precision; no estimate reported.

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⁴ Estimates for 2002 and 2003 are based on a revised definition of county type and are not comparable with estimates by county type published in prior NSDUH reports.

⁵ One or more household family members received Supplemental Security Income (SSI), cash assistance (Temporary Assistance for Needy Families, TANF), noncash assistance, or the family received food stamps.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2002 and 2003.