

Table 6.28A Perceived a Great Deal or a Lot of Help in the Past Year from Mental Health Treatment/Counseling among Persons Aged 18 or Older Who Received Past Year Mental Health Treatment/Counseling, by Past Year Serious Mental Illness and Demographic Characteristics: Numbers in Thousands, 2002 and 2003

Demographic Characteristic	Total		SERIOUS MENTAL ILLNESS ¹			
			Yes		No	
	2002	2003	2002	2003	2002	2003
TOTAL	15,863	15,964	4,299	4,723	11,564	11,242
AGE						
18-25	1,459	1,543	625	682	834	860
26-49	8,282	8,434	2,645	2,705	5,637	5,729
50 or Older	6,121	5,988	1,029	1,335	5,092	4,653
GENDER						
Male	4,442	4,308	1,054	1,162	3,388	3,146
Female	11,421	11,657	3,245	3,561	8,176	8,096
HISPANIC ORIGIN AND RACE						
Not Hispanic or Latino	14,799	14,927	3,920	4,426	10,879	10,501
White	13,201	13,486	3,422	3,871	9,780	9,615
Black or African American	989	986	*	*	670	*
American Indian or Alaska Native	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*
Asian	*	*	*	*	*	*
Two or More Races	*	*	*	*	*	*
Hispanic or Latino	1,064	1,037	*	*	685	741
EDUCATION						
< High School	2,102	1,774	560	670	1,543 ^a	1,103
High School Graduate	4,641	4,919	1,439	1,558	3,202	3,361
Some College	4,489	4,370	1,365	1,295	3,124	3,075
College Graduate	4,631	4,902	936	1,200	3,695	3,702
CURRENT EMPLOYMENT						
Full-Time	7,824	8,165	2,034	2,179	5,790	5,986
Part-Time	2,345	2,404	662	750	1,683	1,654
Unemployed	587	440	*	*	*	276
Other ²	5,108	4,955	1,363	1,629	3,745	3,327

*Low precision; no estimate reported.

NOTE: Respondents were asked how much the counseling or medicine they received in the past year improved their ability to manage daily activities. Respondents with missing information are excluded.

NOTE: Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with missing treatment/counseling information are excluded.

^aDifference between estimate and 2003 estimate is statistically significant at the 0.05 level.

^bDifference between estimate and 2003 estimate is statistically significant at the 0.01 level.

¹ Serious Mental Illness (SMI) is defined as having a diagnosable mental, behavioral, or emotional disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV) and resulted in functional impairment that substantially interfered with or limited one or more major life activities. See Section B.4 of Appendix B of the *Results from the 2003 National Survey on Drug Use and Health: National Findings*.

² Retired person, disabled person, homemaker, student, or other person not in the labor force.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2002 and 2003.

Table 6.28B Perceived a Great Deal or a Lot of Help in the Past Year from Mental Health Treatment/Counseling among Persons Aged 18 or Older Who Received Past Year Mental Health Treatment/Counseling, by Past Year Serious Mental Illness and Demographic Characteristics: Percentages, 2002 and 2003

Demographic Characteristic	Total		SERIOUS MENTAL ILLNESS ¹			
			Yes		No	
	2002	2003	2002	2003	2002	2003
TOTAL	58.7	57.5	51.8	51.2	61.8	60.6
AGE						
18-25	45.0	44.0	45.0	44.2	44.9	43.9
26-49	57.3	58.6	51.3	52.9	60.7	61.7
50 or Older	65.6	60.7	58.7	52.2	67.2	63.7
GENDER						
Male	51.2	50.2	44.4	43.9	53.8	53.0
Female	62.2	60.7	54.7	54.2	65.8	64.2
HISPANIC ORIGIN AND RACE						
Not Hispanic or Latino	59.1	58.0	51.2	51.8	62.6	61.0
White	60.6	59.1	52.7	51.4	64.0	62.9
Black or African American	50.9	49.7	*	*	56.1	*
American Indian or Alaska Native	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*
Asian	*	*	*	*	*	*
Two or More Races	*	*	*	*	*	*
Hispanic or Latino	53.1	51.2	*	*	50.6	54.9
EDUCATION						
< High School	50.2	45.4	40.3	40.4	55.1	49.1
High School Graduate	59.5	59.7	55.4	55.6	61.5	61.9
Some College	59.8	56.3	53.1	47.5	63.3	61.1
College Graduate	61.6	62.2	53.7	59.1	63.9	63.3
CURRENT EMPLOYMENT						
Full-Time	60.2	59.4	53.7	53.7	62.8	61.8
Part-Time	60.2	58.4	49.2	55.1	66.0	60.1
Unemployed	54.6	42.1	*	*	*	46.0
Other ²	56.4	55.8	50.2	48.6	59.1	60.2

*Low precision; no estimate reported.

NOTE: Respondents were asked how much the counseling or medicine they received in the past year improved their ability to manage daily activities. Respondents with missing information are excluded.

NOTE: Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with missing treatment/counseling information are excluded.

^aDifference between estimate and 2003 estimate is statistically significant at the 0.05 level.

^bDifference between estimate and 2003 estimate is statistically significant at the 0.01 level.

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² Retired person, disabled person, homemaker, student, or other person not in the labor force.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2002 and 2003.

Table 6.29A Perceived a Great Deal or a Lot of Help in the Past Year from Mental Health Treatment/Counseling among Persons Aged 18 or Older Who Received Past Year Mental Health Treatment/Counseling, by Past Year Serious Mental Illness and Geographic or Socioeconomic Characteristics: Numbers in Thousands, 2002 and 2003

Geographic/Socioeconomic Characteristic	Total		SERIOUS MENTAL ILLNESS ¹			
			Yes		No	
	2002	2003	2002	2003	2002	2003
TOTAL	15,863	15,964	4,299	4,723	11,564	11,242
GEOGRAPHIC REGION						
Northeast	3,518 ^a	2,914	900	776	2,617	2,138
Midwest	3,662	3,780	1,067	1,104	2,595	2,676
South	4,881 ^a	5,684	1,448	1,759	3,433	3,925
West	3,802	3,586	884	1,084	2,918	2,502
COUNTY TYPE²						
Large Metro	8,128	7,890	2,000	2,099	6,128	5,791
Small Metro	5,102	5,033	1,438	1,540	3,664	3,493
250K - 1 Mil. Pop.	3,484	3,293	959	1,007	2,525	2,287
< 250K Pop.	1,618	1,739	479	533	1,139	1,206
Nonmetro	2,633	3,041	861	1,084	1,772	1,957
Urbanized	1,271	1,304	*	495	894	809
Less Urbanized	1,201	1,420	440	467	760	953
Completely Rural	*	*	*	*	*	*
FAMILY INCOME						
Less Than \$20,000	3,193	3,053	1,136	1,225	2,057	1,828
\$20,000 - \$49,999	5,564	5,714	1,640	1,879	3,924	3,835
\$50,000 - \$74,999	3,211	3,291	810	793	2,401	2,499
\$75,000 or More	3,895	3,906	713	826	3,182	3,080
GOVERNMENT ASSISTANCE³						
Yes	2,804	2,689	1,061	1,083	1,743	1,606
No	13,059	13,275	3,238	3,639	9,821	9,636

*Low precision; no estimate reported.

NOTE: Respondents were asked how much the counseling or medicine they received in the past year improved their ability to manage daily activities. Respondents with missing information are excluded.

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²Estimates for 2002 and 2003 are based on a revised definition of county type and are not comparable with estimates by county type published in prior NSDUH reports.

³One or more household family members received Supplemental Security Income (SSI), cash assistance (Temporary Assistance for Needy Families, TANF), noncash assistance, or the family received food stamps.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2002 and 2003.

Table 6.29B Perceived a Great Deal or a Lot of Help in the Past Year from Mental Health Treatment/Counseling among Persons Aged 18 or Older Who Received Past Year Mental Health Treatment/Counseling, by Past Year Serious Mental Illness and Geographic or Socioeconomic Characteristics: Percentages, 2002 and 2003

Geographic/Socioeconomic Characteristic	Total		SERIOUS MENTAL ILLNESS ¹			
			Yes		No	
	2002	2003	2002	2003	2002	2003
TOTAL	58.7	57.5	51.8	51.2	61.8	60.6
GEOGRAPHIC REGION						
Northeast	63.8 ^b	52.5	51.8	46.8	69.2 ^b	54.9
Midwest	59.5	55.7	56.1	49.9	61.0	58.6
South	53.5	58.0	48.7	50.9	55.8	61.9
West	61.1	63.5	52.3	57.4	64.4	66.6
COUNTY TYPE²						
Large Metro	58.2	55.9	49.8	47.5	61.6	59.8
Small Metro	59.9	57.1	51.9	50.8	63.8	60.4
250K - 1 Mil. Pop.	62.5	57.5	56.3	49.4	65.2	62.0
< 250K Pop.	55.0	56.4	44.9	53.7	60.8	57.6
Nonmetro	58.0	62.6	56.9	61.3	58.5	63.4
Urbanized	60.0	58.5	*	59.8	62.5	57.8
Less Urbanized	57.7	65.0	60.9	59.6	56.0	68.0
Completely Rural	*	*	*	*	*	*
FAMILY INCOME						
Less Than \$20,000	51.3	48.5	47.0	46.9	54.0	49.7
\$20,000 - \$49,999	57.1	58.9	50.4	52.2	60.4	62.9
\$50,000 - \$74,999	65.6	62.9	60.2	52.1	67.7	67.4
\$75,000 or More	63.3	59.6	55.6	55.7	65.3	60.7
GOVERNMENT ASSISTANCE³						
Yes	58.0 ^a	51.2	49.7	46.7	64.6 ^a	54.8
No	58.9	58.9	52.5	52.8	61.3	61.6

*Low precision; no estimate reported.

NOTE: Respondents were asked how much the counseling or medicine they received in the past year improved their ability to manage daily activities. Respondents with missing information are excluded.

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