

Table 6.22A Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Detailed Age Categories: Numbers in Thousands, 2002 and 2003

Age Category	Received Mental Health Treatment/Counseling ¹		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING ²					
			Inpatient		Outpatient		Prescription Medication	
	2002	2003	2002	2003	2002	2003	2002	2003
TOTAL 18 OR OLDER	27,322	28,056	1,472	1,792	15,627	15,219	22,005	23,253
18	431	492	48	71	258	287	281	348
19	407	400	45	31	255	222	276	286
20	377	402	33	46	246	221	259	293
21	469	462	46	48	299	267	327	366
22	398	447	30	37	281	257	285	331
23	427	467	41	39	281	313	316	353
24	396	428	18	28	238	298	277	315
25	380	444	33	24	252	269	295	330
26-29	1,738	1,615	134	127	1,150	1,049	1,296	1,243
30-34	2,811	2,864	116	172	1,832	1,829	2,103	2,197
35-39	3,006	2,976	151	114	1,856	1,762	2,322	2,459
40-44	3,668	3,357	228	190	2,126	2,018	2,953	2,696
45-49	3,333	3,743	182	282	2,044	2,118	2,710 ^a	3,241
50-54	2,900	3,219	73	158	1,680	1,776	2,402	2,726
55-59	2,408	2,305	52	116	1,220	1,037	2,186	2,107
60-64	1,188	1,509	82	60	516	594	991	1,376
65 or Older	2,988	2,926	160	250	1,092	901	2,726	2,586

*Low precision; no estimate reported.

^aDifference between estimate and 2003 estimate is statistically significant at the 0.05 level.

^bDifference between estimate and 2003 estimate is statistically significant at the 0.01 level.

¹ Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with missing treatment/counseling information are excluded.

² Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2002 and 2003.

Table 6.22B Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Detailed Age Categories: Percentages, 2002 and 2003

Age Category	Received Mental Health Treatment/Counseling ¹		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING ²					
			Inpatient		Outpatient		Prescription Medication	
	2002	2003	2002	2003	2002	2003	2002	2003
TOTAL 18 OR OLDER	13.0	13.2	0.7	0.8	7.4	7.2	10.5	10.9
18	9.9	10.7	1.1	1.5	5.9	6.2	6.5	7.6
19	10.0	10.3	1.1	0.8	6.2	5.7	6.8	7.4
20	9.5	10.0	0.8	1.1	6.2	5.5	6.5	7.3
21	11.6	11.8	1.1	1.2	7.4	6.8	8.1	9.3
22	10.3	11.2	0.8	0.9	7.3	6.4	7.4	8.2
23	11.2	11.7	1.1	1.0	7.4	7.9	8.3	8.8
24	11.2	11.8	0.5	0.8	6.8	8.2	7.9	8.7
25	11.4	12.3	1.0	0.7	7.6	7.4	8.9	9.1
26-29	11.4	11.0	0.9	0.9	7.5	7.1	8.5	8.4
30-34	14.2	14.2	0.6	0.9	9.2	9.1	10.6	10.9
35-39	13.7	14.2	0.7	0.5	8.5	8.4	10.6	11.8
40-44	16.8	14.9	1.0	0.8	9.7	8.9	13.5	11.9
45-49	15.8	17.5	0.9	1.3	9.7	9.9	12.8 ^a	15.1
50-54	15.4	16.2	0.4	0.8	9.0	8.9	12.8	13.7
55-59	16.4	15.4	0.4	0.8	8.3	7.0	14.9	14.1
60-64	10.3	12.8	0.7	0.5	4.5	5.1	8.6	11.7
65 or Older	8.8	8.6	0.5	0.7	3.2	2.6	8.0	7.6

*Low precision; no estimate reported.

^aDifference between estimate and 2003 estimate is statistically significant at the 0.05 level.

^bDifference between estimate and 2003 estimate is statistically significant at the 0.01 level.

¹ Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with missing treatment/counseling information are excluded.

² Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2002 and 2003.

Table 6.23A Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older with Past Year Serious Mental Illness, by Detailed Age Categories: Numbers in Thousands, 2002 and 2003

Age Category	Received Mental Health Treatment/Counseling ¹		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING ²					
			Inpatient		Outpatient		Prescription Medication	
	2002	2003	2002	2003	2002	2003	2002	2003
TOTAL 18 OR OLDER	8,355 ^a	9,253	669 ^b	1,099	5,737	6,079	7,185 ^a	8,104
18	153	193	23	35	105	126	105 ^a	149
19	170	195	17	21	119	130	118	137
20	137	172	17	18	97	106	114	145
21	209	191	13	28	148	137	160	157
22	168	186	20	27	129	110	131	148
23	189	197	18	19	129	152	158	171
24	155 ^a	217	10	12	106 ^a	166	117	159
25	213	199	24	16	149	135	170	163
26-29	595	663	26	101	456	471	499	556
30-34	1,051	990	88	89	748	699	879	854
35-39	1,052	1,084	53	89	727	718	880	954
40-44	1,312	1,148	136	108	936	825	1,175	1,032
45-49	1,163	1,258	120	217	723	873	1,025	1,149
50-54	*	1,102	34	148	*	727	*	998
55-59	*	*	*	*	*	*	*	*
60-64	*	*	*	*	*	*	*	*
65 or Older	*	*	*	*	*	*	*	*

*Low precision; no estimate reported.

NOTE: Serious Mental Illness (SMI) is defined as having a diagnosable mental, behavioral, or emotional disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)* and resulted in functional impairment that substantially interfered with or limited one or more major life activities. See Section B.4 of Appendix B of the *Results from the 2003 National Survey on Drug Use and Health: National Findings*.

^aDifference between estimate and 2003 estimate is statistically significant at the 0.05 level.

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¹ Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with missing treatment/counseling information are excluded.

² Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2002 and 2003.

Table 6.23B Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older with Past Year Serious Mental Illness, by Detailed Age Categories: Percentages, 2002 and 2003

Age Category	Received Mental Health Treatment/Counseling ¹		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING ²					
			Inpatient		Outpatient		Prescription Medication	
	2002	2003	2002	2003	2002	2003	2002	2003
TOTAL 18 OR OLDER	47.9	47.3	3.8 ^a	5.6	32.8	31.1	41.1	41.4
18	28.4	30.0	4.2	5.4	19.5	19.7	19.4	23.2
19	33.1	31.6	3.4	3.3	23.3	21.0	23.0	22.3
20	26.8	30.0	3.3	3.1	19.1	18.4	22.4	25.2
21	36.6	35.1	2.3	5.1	26.0	25.2	28.0	28.9
22	31.5	36.9	3.8	5.3	24.2	21.9	24.5	29.1
23	36.6	38.2	3.4	3.7	25.0	29.4	30.7	33.0
24	36.4	39.8	2.3	2.3	25.0	30.4	27.5	29.1
25	45.4	42.4	5.1	3.5	31.8	28.9	36.3	34.8
26-29	41.0	38.4	1.8	5.8	31.3	27.3	34.2	32.2
30-34	49.3	50.3	4.1	4.5	35.1	35.6	41.3	43.4
35-39	52.7	48.1	2.6	3.9	36.4	31.9	44.1	42.4
40-44	58.7	51.1	6.1	4.8	41.9	36.7	52.5	45.9
45-49	68.5 ^b	56.7	7.0	9.8	42.4	39.4	60.1	51.8
50-54	*	64.6	2.4	8.6	*	43.5	*	58.1
55-59	*	*	*	*	*	*	*	*
60-64	*	*	*	*	*	*	*	*
65 or Older	*	*	*	*	*	*	*	*

*Low precision; no estimate reported.

NOTE: Serious Mental Illness (SMI) is defined as having a diagnosable mental, behavioral, or emotional disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)* and resulted in functional impairment that substantially interfered with or limited one or more major life activities. See Section B.4 of Appendix B of the *Results from the 2003 National Survey on Drug Use and Health: National Findings*.

^aDifference between estimate and 2003 estimate is statistically significant at the 0.05 level.

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¹ Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with missing treatment/counseling information are excluded.

² Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2002 and 2003.

Table 6.24A Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Demographic Characteristics: Numbers in Thousands, 2002 and 2003

Demographic Characteristic	Received Mental Health Treatment/Counseling ¹		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING ²					
			Inpatient		Outpatient		Prescription Medication	
	2002	2003	2002	2003	2002	2003	2002	2003
TOTAL	27,322	28,056	1,472	1,792	15,627	15,219	22,005	23,253
AGE								
18-25	3,283	3,542	294	324	2,109	2,134	2,316 ^b	2,621
26-49	14,556	14,555	811	884	9,009	8,776	11,384	11,837
50 or Older	9,483	9,958	367	584	4,509	4,308	8,304	8,795
GENDER								
Male	8,784	8,716	725	832	4,763	4,896	6,767	6,773
Female	18,538	19,340	748	960	10,864	10,323	15,238	16,479
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	25,277	26,007	1,267	1,478	14,511	14,135	20,475	21,647
White	22,014	22,999	853	989	12,407	12,522	18,165	19,375
Black or African American	1,973	2,023	331	412	1,244	1,040	1,362	1,534
American Indian or Alaska Native	228	136	26	31	120	70	200 ^a	108
Native Hawaiian or Other Pacific Islander	29	*	1	0	7	6	25	*
Asian	682	424	37	25	534	272	462	294
Two or More Races	352	374	19	21	200	225	262	284
Hispanic or Latino	2,045	2,049	205	314	1,116	1,084	1,530	1,606
EDUCATION								
< High School	4,311	3,965	602	570	2,026	1,945	3,490	3,357
High School Graduate	7,912	8,367	473	688	4,029	4,019	6,779	7,118
Some College	7,528	7,801	210 ^a	390	4,531	4,223	6,107	6,789
College Graduate	7,571	7,923	188	145	5,041	5,032	5,629	5,989
CURRENT EMPLOYMENT								
Full-Time	13,090	13,844	387	371	7,574	7,767	9,980 ^a	11,077
Part-Time	3,901	4,158	217	182	2,374	2,418	3,145	3,388
Unemployed	1,077	1,049	102	131	740	642	823	799
Other ³	9,255	9,005	767 ^a	1,108	4,938	4,393	8,057	7,989

*Low precision; no estimate reported.

^aDifference between estimate and 2003 estimate is statistically significant at the 0.05 level.

^bDifference between estimate and 2003 estimate is statistically significant at the 0.01 level.

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² Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

³ Retired person, disabled person, homemaker, student, or other person not in the labor force.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2002 and 2003.

Table 6.24B Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Demographic Characteristics: Percentages, 2002 and 2003

Demographic Characteristic	Received Mental Health Treatment/Counseling ¹		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING ²					
			Inpatient		Outpatient		Prescription Medication	
	2002	2003	2002	2003	2002	2003	2002	2003
TOTAL	13.0	13.2	0.7	0.8	7.4	7.2	10.5	10.9
AGE								
18-25	10.6	11.2	0.9	1.0	6.8	6.7	7.5 ^a	8.3
26-49	14.6	14.6	0.8	0.9	9.0	8.8	11.4	11.9
50 or Older	12.0	12.3	0.5	0.7	5.7	5.3	10.5	10.9
GENDER								
Male	8.7	8.5	0.7	0.8	4.7	4.8	6.7	6.6
Female	17.0	17.6	0.7	0.9	9.9	9.4	13.9	14.9
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	13.7	13.9	0.7	0.8	7.8	7.6	11.1	11.6
White	14.7	15.3	0.6	0.7	8.3	8.3	12.1	12.9
Black or African American	8.5	8.5	1.4	1.7	5.4	4.4	5.9	6.5
American Indian or Alaska Native	17.8	12.6	2.1	2.9	9.3	6.5	15.6	10.1
Native Hawaiian or Other Pacific Islander	3.9	*	0.1	0.0	0.9	1.5	3.4	*
Asian	8.5 ^a	4.9	0.5	0.3	6.7 ^a	3.1	5.7	3.4
Two or More Races	16.6	17.5	0.9	1.0	9.4	10.5	12.4	13.3
Hispanic or Latino	8.2	8.0	0.8	1.2	4.5	4.2	6.1	6.2
EDUCATION								
< High School	11.7	10.5	1.6	1.5	5.5	5.1	9.4	8.9
High School Graduate	11.7	12.5	0.7	1.0	5.9	6.0	10.0	10.6
Some College	14.3	14.9	0.4 ^a	0.7	8.6	8.1	11.6	13.0
College Graduate	14.4	14.4	0.4	0.3	9.6	9.1	10.7	10.9
CURRENT EMPLOYMENT								
Full-Time	11.3	11.9	0.3	0.3	6.5	6.7	8.6 ^a	9.5
Part-Time	14.2	14.5	0.8	0.6	8.7	8.5	11.5	11.8
Unemployed	14.2	13.0	1.3	1.6	9.8	8.0	10.9	9.9
Other ³	15.8	15.3	1.3 ^a	1.9	8.4	7.5	13.7	13.6

*Low precision; no estimate reported.

^aDifference between estimate and 2003 estimate is statistically significant at the 0.05 level.

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² Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

³ Retired person, disabled person, homemaker, student, or other person not in the labor force.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2002 and 2003.

Table 6.25A Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older with Past Year Serious Mental Illness, by Demographic Characteristics: Numbers in Thousands, 2002 and 2003

Demographic Characteristic	Received Mental Health Treatment/Counseling ¹		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING ²					
			Inpatient		Outpatient		Prescription Medication	
	2002	2003	2002	2003	2002	2003	2002	2003
TOTAL	8,355 ^a	9,253	669 ^b	1,099	5,737	6,079	7,185 ^a	8,104
AGE								
18-25	1,394	1,551	142	176	984	1,062	1,074 ^a	1,229
26-49	5,173	5,144	421	603	3,590	3,586	4,458	4,545
50 or Older	1,787 ^b	2,558	105 ^a	319	1,163	1,431	1,653 ^a	2,329
GENDER								
Male	2,376	2,649	305	461	1,565	1,753	1,996	2,214
Female	5,978	6,604	364 ^b	638	4,173	4,326	5,188 ^a	5,890
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	7,703 ^a	8,571	624 ^a	915	5,304	5,620	6,629 ^a	7,497
White	6,547 ^a	7,548	429 ^a	659	4,431	4,938	5,723 ^b	6,728
Black or African American	750	725	148	207	578	491	561	541
American Indian or Alaska Native	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*
Asian	*	91	*	18	*	*	*	*
Two or More Races	*	*	*	*	*	*	*	*
Hispanic or Latino	651	682	44 ^a	184	433	459	556	607
EDUCATION								
< High School	1,404	1,666	253	333	824	1,004	1,195	1,447
High School Graduate	2,631	2,821	200 ^a	380	1,699	1,781	2,347	2,479
Some College	2,576	2,729	115 ^a	252	1,906	1,780	2,160	2,440
College Graduate	1,743	2,036	100	134	1,308	1,514	1,483	1,737
CURRENT EMPLOYMENT								
Full-Time	3,796	4,061	125	204	2,539	2,644	3,135	3,513
Part-Time	1,346	1,368	115	108	882	994	1,135	1,173
Unemployed	457	444	42	78	333	335	404	376
Other ³	2,756 ^a	3,380	387 ^a	709	1,982	2,105	2,511	3,041

*Low precision; no estimate reported.

NOTE: Serious Mental Illness (SMI) is defined as having a diagnosable mental, behavioral, or emotional disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)* and resulted in functional impairment that substantially interfered with or limited one or more major life activities. See Section B.4 of Appendix B of the *Results from the 2003 National Survey on Drug Use and Health: National Findings*.

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Table 6.25B Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older with Past Year Serious Mental Illness, by Demographic Characteristics: Percentages, 2002 and 2003

Demographic Characteristic	Received Mental Health Treatment/Counseling ¹		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING ²					
			Inpatient		Outpatient		Prescription Medication	
	2002	2003	2002	2003	2002	2003	2002	2003
TOTAL	47.9	47.3	3.8 ^a	5.6	32.8	31.1	41.1	41.4
AGE								
18-25	34.2	35.2	3.5	4.0	24.1	24.1	26.3	27.8
26-49	54.4 ^a	49.4	4.4	5.8	37.7	34.5	46.8	43.7
50 or Older	46.4	54.0	2.7	6.7	30.1	30.4	42.9	49.0
GENDER								
Male	39.5	38.5	5.0	6.7	26.0	25.6	33.1	32.2
Female	52.3	52.1	3.2 ^a	5.0	36.5	34.1	45.4	46.4
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	49.0	49.7	4.0	5.3	33.7	32.7	42.1	43.5
White	51.9	52.8	3.4	4.6	35.1	34.6	45.4	47.0
Black or African American	36.9	36.6	7.3	10.4	28.4	24.8	27.6	27.2
American Indian or Alaska Native	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*
Asian	*	17.0	*	3.4	*	*	*	*
Two or More Races	*	*	*	*	*	*	*	*
Hispanic or Latino	37.8	29.3	2.6 ^a	7.9	25.1	19.7	32.3	26.1
EDUCATION								
< High School	39.3	39.0	7.1	7.8	23.0	23.5	33.4	33.8
High School Graduate	45.1	44.4	3.4	6.0	29.1	28.1	40.2	39.0
Some College	51.7	50.9	2.3 ^a	4.7	38.2	33.1	43.3	45.4
College Graduate	57.1	57.1	3.3	3.8	42.9	42.9	48.4	48.7
CURRENT EMPLOYMENT								
Full-Time	45.0	42.4	1.5	2.1	30.1	27.6	37.1	36.7
Part-Time	50.7	47.9	4.3	3.8	33.1	34.8	42.7	41.0
Unemployed	42.4	36.4	3.9	6.3	30.9	27.5	37.5	30.6
Other ³	52.2	57.2	7.3 ^a	12.0	37.5	35.9	47.6	51.5

*Low precision; no estimate reported.

NOTE: Serious Mental Illness (SMI) is defined as having a diagnosable mental, behavioral, or emotional disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)* and resulted in functional impairment that substantially interfered with or limited one or more major life activities. See Section B.4 of Appendix B of the *Results from the 2003 National Survey on Drug Use and Health: National Findings*.

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Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2002 and 2003.

Table 6.26A Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Geographic or Socioeconomic Characteristics: Numbers in Thousands, 2002 and 2003

Geographic/Socioeconomic Characteristic	Received Mental Health Treatment/Counseling ¹		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING ²					
			Inpatient		Outpatient		Prescription Medication	
	2002	2003	2002	2003	2002	2003	2002	2003
TOTAL	27,322	28,056	1,472	1,792	15,627	15,219	22,005	23,253
GEOGRAPHIC REGION								
Northeast	5,597	5,582	314	390	3,512	3,398	4,432	4,379
Midwest	6,208 ^a	6,860	282	305	3,403	3,714	4,951 ^b	5,810
South	9,239	9,908	614	729	4,819	4,935	7,692	8,558
West	6,278	5,705	262	368	3,893 ^a	3,173	4,930	4,506
COUNTY TYPE³								
Large Metro	14,159	14,237	715	955	8,623	8,127	11,140	11,514
Small Metro	8,587	8,869	486	563	4,698	4,690	6,978	7,380
250K - 1 Mil. Pop.	5,614	5,758	351	401	3,032	3,060	4,571	4,805
< 250K Pop.	2,973	3,111	135	162	1,666	1,630	2,407	2,575
Nonmetro	4,576	4,950	272	274	2,306	2,402	3,887	4,358
Urbanized	2,134	2,293	91	169	1,145	1,069	1,812	2,021
Less Urbanized	2,096	2,200	172	80	1,005	1,125	1,791	1,902
Completely Rural	346	456	9	25	156	207	285	436
FAMILY INCOME								
Less Than \$20,000	6,364	6,420	752	894	3,616	3,568	5,293	5,344
\$20,000 - \$49,999	9,851	9,777	508	627	5,180	4,868	7,935	8,333
\$50,000 - \$74,999	4,897	5,270	105	171	2,766	2,881	4,074	4,520
\$75,000 or More	6,211	6,588	108	100	4,064	3,902	4,704	5,056
GOVERNMENT ASSISTANCE⁴								
Yes	4,968	5,316	693	834	2,890	2,940	4,143	4,617
No	22,355	22,740	780	959	12,736	12,279	17,863	18,636

*Low precision; no estimate reported.

^aDifference between estimate and 2003 estimate is statistically significant at the 0.05 level.

^bDifference between estimate and 2003 estimate is statistically significant at the 0.01 level.

¹ Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with missing treatment/counseling information are excluded.

² Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

³ Estimates for 2002 and 2003 are based on a revised definition of county type and are not comparable with estimates by county type published in prior NSDUH reports.

⁴ One or more household family members received Supplemental Security Income (SSI), cash assistance (Temporary Assistance for Needy Families, TANF), noncash assistance, or the family received food stamps.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2002 and 2003.

Table 6.26B Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Geographic or Socioeconomic Characteristics: Percentages, 2002 and 2003

Geographic/Socioeconomic Characteristic	Received Mental Health Treatment/Counseling ¹		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING ²					
			Inpatient		Outpatient		Prescription Medication	
	2002	2003	2002	2003	2002	2003	2002	2003
TOTAL	13.0	13.2	0.7	0.8	7.4	7.2	10.5	10.9
GEOGRAPHIC REGION								
Northeast	13.8	13.7	0.8	1.0	8.7	8.3	10.9	10.8
Midwest	13.0 ^a	14.3	0.6	0.6	7.1	7.8	10.4 ^b	12.1
South	12.3	13.1	0.8	1.0	6.4	6.5	10.3	11.3
West	13.4	11.9	0.6	0.8	8.3 ^a	6.6	10.5	9.4
COUNTY TYPE³								
Large Metro	12.6	12.7	0.6	0.8	7.7	7.2	9.9	10.2
Small Metro	13.9	13.9	0.8	0.9	7.6	7.3	11.3	11.6
250K - 1 Mil. Pop.	13.9	13.8	0.9	1.0	7.5	7.3	11.3	11.5
< 250K Pop.	13.9	14.1	0.6	0.7	7.8	7.4	11.3	11.7
Nonmetro	12.8	13.8	0.8	0.8	6.5	6.7	10.9	12.1
Urbanized	14.9	14.3	0.6	1.1	8.0	6.7	12.7	12.6
Less Urbanized	12.0	13.6	1.0	0.5	5.7	6.9	10.2	11.7
Completely Rural	8.8	12.5	0.2	0.7	4.0	5.7	7.2 ^a	11.9
FAMILY INCOME								
Less Than \$20,000	15.4	15.4	1.8	2.1	8.8	8.6	12.8	12.8
\$20,000 - \$49,999	12.2	12.2	0.6	0.8	6.4	6.1	9.8	10.4
\$50,000 - \$74,999	12.9	13.3	0.3	0.4	7.3	7.3	10.8	11.4
\$75,000 or More	12.4	13.0	0.2	0.2	8.1	7.7	9.4	10.0
GOVERNMENT ASSISTANCE⁴								
Yes	18.8	19.3	2.6	3.0	11.0	10.7	15.7	16.7
No	12.2	12.3	0.4	0.5	6.9	6.7	9.7	10.1

*Low precision; no estimate reported.

^aDifference between estimate and 2003 estimate is statistically significant at the 0.05 level.

^bDifference between estimate and 2003 estimate is statistically significant at the 0.01 level.

¹ Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with missing treatment/counseling information are excluded.

² Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

³ Estimates for 2002 and 2003 are based on a revised definition of county type and are not comparable with estimates by county type published in prior NSDUH reports.

⁴ One or more household family members received Supplemental Security Income (SSI), cash assistance (Temporary Assistance for Needy Families, TANF), noncash assistance, or the family received food stamps.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2002 and 2003.

Table 6.27A Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older with Past Year Serious Mental Illness, by Geographic or Socioeconomic Characteristics: Numbers in Thousands, 2002 and 2003

Geographic/Socioeconomic Characteristic	Received Mental Health Treatment/Counseling ¹		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING ²					
			Inpatient		Outpatient		Prescription Medication	
	2002	2003	2002	2003	2002	2003	2002	2003
TOTAL	8,355 ^a	9,253	669 ^b	1,099	5,737	6,079	7,185 ^a	8,104
GEOGRAPHIC REGION								
Northeast	1,745	1,666	184	256	1,176	1,123	1,545	1,438
Midwest	1,912	2,231	119	141	1,252	1,498	1,595 ^b	2,010
South	2,999	3,464	284 ^a	474	2,041	2,089	2,637	3,077
West	1,699	1,892	81 ^a	227	1,267	1,368	1,408	1,578
COUNTY TYPE³								
Large Metro	4,056	4,433	317 ^a	576	2,861	3,045	3,422	3,836
Small Metro	2,774	3,046	221	333	1,963	1,909	2,396	2,659
250K - 1 Mil. Pop.	1,704	2,052	152	244	1,167	1,264	1,451 ^a	1,838
< 250K Pop.	1,070	994	69	89	796	644	945	821
Nonmetro	1,525	1,774	131	190	914	1,125	1,367	1,608
Urbanized	689	828	33	113	454	526	616	761
Less Urbanized	731	788	91	60	392	479	650	697
Completely Rural	*	*	7	*	*	*	*	*
FAMILY INCOME								
Less Than \$20,000	2,457	2,632	352	536	1,723	1,725	2,105	2,251
\$20,000 - \$49,999	3,270	3,617	224	363	2,070	2,321	2,838	3,150
\$50,000 - \$74,999	1,345	1,523	64	142	956	1,040	1,157	1,385
\$75,000 or More	1,283	1,482	29	58	988	992	1,085	1,317
GOVERNMENT ASSISTANCE⁴								
Yes	2,153	2,336	340	526	1,466	1,540	1,891	2,122
No	6,202	6,917	329 ^a	573	4,271	4,539	5,294	5,982

*Low precision; no estimate reported.

NOTE: Serious Mental Illness (SMI) is defined as having a diagnosable mental, behavioral, or emotional disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV) and resulted in functional impairment that substantially interfered with or limited one or more major life activities. See Section B.4 of Appendix B of the *Results from the 2003 National Survey on Drug Use and Health: National Findings*.

^aDifference between estimate and 2003 estimate is statistically significant at the 0.05 level.

^bDifference between estimate and 2003 estimate is statistically significant at the 0.01 level.

¹ Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with missing treatment/counseling information are excluded.

² Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

³ Estimates for 2002 and 2003 are based on a revised definition of county type and are not comparable with estimates by county type published in prior NSDUH reports.

⁴ One or more household family members received Supplemental Security Income (SSI), cash assistance (Temporary Assistance for Needy Families, TANF), noncash assistance, or the family received food stamps.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2002 and 2003.

Table 6.27B Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older with Past Year Serious Mental Illness, by Geographic or Socioeconomic Characteristics: Percentages, 2002 and 2003

Geographic/Socioeconomic Characteristic	Received Mental Health Treatment/Counseling ¹		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING ²					
			Inpatient		Outpatient		Prescription Medication	
	2002	2003	2002	2003	2002	2003	2002	2003
TOTAL	47.9	47.3	3.8 ^a	5.6	32.8	31.1	41.1	41.4
GEOGRAPHIC REGION								
Northeast	50.7	49.0	5.4	7.5	34.2	33.0	44.9	42.3
Midwest	47.5	52.1	2.9	3.3	31.0	35.1	39.6 ^b	46.9
South	47.5	47.6	4.5	6.5	32.3	28.7	41.7	42.2
West	46.3	41.1	2.2 ^a	4.9	34.6	29.9	38.4	34.3
COUNTY TYPE³								
Large Metro	46.5	45.0	3.6	5.8	32.8	30.9	39.3	38.9
Small Metro	51.3	49.4	4.1	5.4	36.2	31.2	44.2	43.1
250K - 1 Mil. Pop.	49.2	50.4	4.4	6.0	33.7	31.2	41.8	45.1
< 250K Pop.	54.9	47.3	3.6	4.2	40.8	31.2	48.5 ^a	39.1
Nonmetro	45.9	50.1	3.9	5.4	27.5	31.8	41.1	45.4
Urbanized	54.0	51.2	2.6	7.0	35.5	32.5	48.1	47.0
Less Urbanized	43.2	47.7	5.4	3.6	23.2	29.0	38.4	42.2
Completely Rural	*	*	1.9	*	*	*	*	*
FAMILY INCOME								
Less Than \$20,000	45.4	45.8	6.5	9.3	31.8	30.1	38.9	39.1
\$20,000 - \$49,999	48.5	44.6	3.3	4.5	30.7	28.8	42.0	38.8
\$50,000 - \$74,999	51.5	52.5	2.5	4.9	36.6	35.9	44.3	47.8
\$75,000 or More	47.8	52.7	1.1	2.1	36.7	35.3	40.5	46.9
GOVERNMENT ASSISTANCE⁴								
Yes	56.4	50.8	8.9	11.4	38.4	33.8	49.5	46.1
No	45.5	46.2	2.4	3.8	31.3	30.3	38.8	39.9

*Low precision; no estimate reported.

NOTE: Serious Mental Illness (SMI) is defined as having a diagnosable mental, behavioral, or emotional disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV) and resulted in functional impairment that substantially interfered with or limited one or more major life activities. See Section B.4 of Appendix B of the *Results from the 2003 National Survey on Drug Use and Health: National Findings*.

^aDifference between estimate and 2003 estimate is statistically significant at the 0.05 level.

^bDifference between estimate and 2003 estimate is statistically significant at the 0.01 level.

¹ Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with missing treatment/counseling information are excluded.

² Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

³ Estimates for 2002 and 2003 are based on a revised definition of county type and are not comparable with estimates by county type published in prior NSDUH reports.

⁴ One or more household family members received Supplemental Security Income (SSI), cash assistance (Temporary Assistance for Needy Families, TANF), noncash assistance, or the family received food stamps.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2002 and 2003.