

Office of the School Nurse

Health Assessment

STUDENT: _____ BIRTHDATE: _____
 TEACHER/GRADE: _____

VISION: Date Screened _____

	WITHOUT GLASSES	WITH GLASSES
Distance:	R 20/_____ L 20/_____	R 20/_____ L 20/_____
Near:	R 20/_____ L 20/_____	R 20/_____ L 20/_____
Instrument used:	[] Titmus [] Random Letter [] Tumbling E [] Pre-school symbols	

PERRLAEOM _____

REMARKS: _____

HEARING: Date Screened _____

Testing frequencies @ 20 or 25 dB. Indicate dB at which student heard sound.				
	500	1000	2000	4000
Right				
Left				

Canals: [] pink [] erythema TM's: [] clear [] opaque [] PE tubes

MEDICAL HISTORY:

- Review of School Health Record
 Parent Interview (Social Family Medical History)
 Review of Medical Records

CURRENT INFORMATION:

Medications: _____

Minor Neurological signs: [] achieved [] difficulty with _____

Height: _____ inches (%) Weight: _____ pounds (%)

RELATIONSHIP OF FINDINGS TO EDUCATIONAL FUNCTIONING:

- Vision WITHIN NORMAL LIMITS
 Hearing WITHIN NORMAL LIMITS
 Findings should NOT adversely affect classroom performance.
 Findings should NOY adversely affect one-to-one testing.
 Findings may adversely affect one-to-one testing.
 Findings may adversely affect classroom performance.

RECOMMENDATION: [] Proceed with testing. [] Hold testing until: _____

COMMENTS:

Name, Title and Date

Minor Neurological Signs

TASK	AGE NORMS	NORMAL RESPONSE	ACHIEVED/COMMENTS
FINGER OPPOSITION	5 years and older Note: Asymmetries Associated movements Tremors	6-8 years: easy transition, child may put same finger on thumb several times. 8-10 years: smooth placing of fingers; barely discernable movement	
DIADICHOKINESIS (Alternating pronation/supination of forearm)	4 years and older Note: Asymmetries Directional confusion	4-7 years; awkward pronation & supination; associated movements noted on opposite extremity 8 years and older: smooth & correctly performed with no associated movement in opposite extremity	
FINGER TO NOSE (eyes open/eyes closed)	4 years and older: eyes open 5 years and older: eyes closed	7-8 years: finger may be missed once or twice; slight wavering of hand 8 years and older; finger placed correctly; smooth movement	
ONE-FOOT STANDING BALANCE (both right & left foot)	3 years and older Note: Asymmetries Muscle strength	3-5 years: able to stand 5-6 seconds with many extraneous balancing movements 5-6 years: able to stand for 10-12 seconds with many extraneous balancing movements 6-7 years: able to stand for 13-16 seconds with minimal balancing movements 7 years and older: able to stand for 20 seconds with no extraneous balancing movements	
ONE-FOOT HOP (both right and left foot)	3 years and older Note: Asymmetries Muscle strength *(one leg may often be better than the other)	3-4 years: few are able to hop even a few times* 4-5 years: able to hop 5-8 times consecutively* 5-6 years: able to hop 9-12 times consecutively* 6-7 years: able to hop 13-16 times consecutively* 7 years and older: able to hop 20 times consecutively	
WALKING A STRAIGHT LINE	5 years and older Note: Associated movements	5-7 years: three deviations from the line are acceptable 8 years and older: no deviations	
WALKING ON TIP-TOES	3 years and older Note: Associated movements Asymmetries Muscle Ton Orthopedic problems Muscle strength	3-7 years: able to walk on tip-toes with decreasing associated movements (20 continuous paces) 7 years and older: able to walk on tip-toes with no associated movements	
WALKING ON HEELS	3 years and older	3-9 years: able to walk on heels with decreasing associated movements (20 continuous paces) 9 years and older: able to walk on heels for 20 continuous paces with no associated movements.	
SKIPPING	3 years and older Note: Asymmetries in posture		