Laurel Bay February Menu 2013

Monday	Tuesday	Wednesday	Thursday	Friday
	"Happiness and moral duty a	ubject to change without notice are inseparably connected."		1
Dhraveter	George Washington			
	"My best friend is a person who will give me a book I have not read."			Brown Sugar Oatmeal WG Pop Tart Assorted Fruit Assorted Milk
	Abraham Lincoln			
4	5	6	7	8
				<u> </u>
Assorted WG Cereal WG Pop Tart	French Toast Sticks w/syrup Assorted 100% Juice	Assorted Yogurt WG Muffin	Assorted WG Cereal WG Graham Bear	Breakfast Pizza Assorted Fruit
Assorted Fruit Assorted Milk	Assorted Milk	Assorted Fruit Assorted Milk	Assorted 100% Juice Assorted Milk	Assorted Milk
11	12	13	14	15
Assorted WG Cereal	Pancakes	Assorted Yogurt	Assorted WG Cereal	
WG Pop Tart Assorted Fruit	w/Syrup Assorted 100% Juice	WG Muffin	WG Graham Bear	TEACHER'S WORK DAY
Assorted Fruit Assorted Milk	Assorted 100% Juice Assorted Milk	Assorted Fruit Assorted Milk	Assorted 100% Juice Assorted Milk	NO SCHOOL
18	19	20	21	22
	WG Waffles w/syrup	Assorted Yogurt	Assorted WG Cereal	Breakfast Bagel Pizza
PRESIDENT'S DAY	Assorted 100% Juice Assorted Milk	WG Muffin Assorted Fruit	WG Graham Bear Assorted 100% Juice	Assorted Fruit Assorted Milk
NO SCHOOL	Assorted Willy	Assorted Milk	Assorted Milk	ASSUITED WITH
25	26	27	28	
Assorted WG Cereal	French Toast Sticks w/syrup	Assorted Yogurt	Assorted WG Cereal	
WG Pop Tart or Graham Bear Assorted Fruit	Assorted 100% Juice Assorted Milk	WG Muffin Assorted Fruit	WG Graham Bear Assorted 100% Juice	
Assorted Milk	, toosition mink	Assorted Milk	Assorted Milk	
	<u> </u>	Menu subject to change without notice	<u> </u>	
	National Black History Month "I have a dream that my four little children will one day live in a nation where they will not be judged by the color of their skin, but by the content of their character." Rev. Dr Martin Luther King Jr.			Spaghetti w/meat sauce WG Bread Sticks
				Romaine Salad Fruit Cocktail
				Assorted Milk
		Rev. L	n Martin Luttler King 31.	
4		6	7	8
Chicken Tenders Seasoned Green Beans	Corn Dogs Baked Beans	Baked Chicken Steamed Broccoli	W/W Pizza Carrots and Celery Sticks w/dip	Breakfast for Lunch
Applesauce Assorted Milk	Sliced Pears Assorted Milk	WW Dinner Roll Diced Fruit	Fresh Fruit Assorted Milk	Pancakes w/syrup Sausage Patty
7 lood to a milk	, toosition mink	Assorted Milk	, loosi loo liliink	Hash Brown Assorted 100% Juice
				Assorted Milk
11	12	13	14	15
Hamburger on Bun	Oven Roasted Chicken	Grilled Cheese Sandwich	Chicken Tenders	
Steamed Broccoli Fresh Fruit	Dinner Roll Black-eyed Peas	Glazed Carrots Chilled Fruit	Steamed Rice Green Beans	TEACHER'S WORK DAY NO SCHOOL
Assorted Milk	Fresh Fruit Assorted Milk	Assorted Milk	Applesauce Assorted Milk	NO SCHOOL
18	19	20	21	22
PRINT	Chicken Patty Sandwich	Beef Ravioli	Baked Chicken	Birthday Bash
the same of	Tator Tots Diced Pears	Romaine Salad w/ lite dressing Fruit Cocktail	Steamed Broccoli Steamed Rice	WW Pizza Carrots Sticks w/lite dip
PRESIDENT'S DAY	Assorted Milk	Assorted Milk	Diced Fruit Assorted Milk	Fresh Fruit Cake
NO SCHOOL				Ice Cream Assorted Milk
25	26	27	28	
	W/W Pizza	Chicken Quesadilla	Ham Sandwich on Bun	
Chicken Nuggets Steamed Rice Pinto Beans	Seasoned Carrots Fruit Cocktail	Seasoned Succotash Mixed Fruit	Carrot sticks w/ lite ranch Fresh Fruit	
Fresh Fruit Assorted Milk	Assorted Milk	Assorted Milk	Assorted Milk	
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