

Performance Me	easure: Tobacco Cessation Counseling <b>OPR-Related Measure:</b> No
Percentage of clie year	ents <sup>1</sup> with HIV infection who received tobacco cessation counseling within the measurement
Numerator:	Number of HIV-infected clients who received tobacco cessation counseling
Denominator:	<ul> <li>Number of HIV-infected clients who:</li> <li>used tobacco products within the measurement year; and</li> <li>had a medical visit with a provider with prescribing privileges<sup>2</sup> at least once in the measurement year</li> </ul>
Patient Exclusions:	1. Patients who deny tobacco use throughout the measurement year
Data Elements:	<ol> <li>Is the client HIV-infected? (Y/N)         <ol> <li>a. If yes, did the client use tobacco during the reporting period? (Y/N)</li></ol></li></ol>
Data Sources:	<ul> <li>Electronic Medical Record/Electronic Health Record</li> <li>CAREWare, Lab Tracker, or other electronic data base</li> <li>HIVQUAL reports on this measure for grantee under review</li> <li>Medical record data abstraction by grantee of a sample of records</li> <li>Billing records</li> </ul>
National Goals, Targets, or Benchmarks for Comparison	National HIVQUAL Data: <sup>3</sup> 2003         2004         2005         2006         2007           Top 10%         100%         100%         100%         100%           Top 25%         93.3%         97.8%         98.4%         100%         100%           Mean*         69.3%         75.0%         76.8%         81.8%         83.8%           * HAB database
Outcome Measures for Consideration:	<ul> <li>Rate of head &amp; neck and lung cancer</li> <li>Rate of tobacco use in the clinic population</li> </ul>
	on and Placement in Group 3:
use among HIV-in provided assistant interventions by t smoking rates <sup>5</sup> and diseases and incre	s shown that lung cancer rates are 2.7 times greater for people living with HIV. <sup>4</sup> As tobacco nfected patients poses significant health risks, tobacco-dependent patients should be ce to enroll in smoking cessation programs. Various studies have shown that brief he clinician to encourage tobacco cessation and offer substitution programs can decrease d tobacco use. <sup>6</sup> Cessation reduces the risk of incidence or the progression of tobacco-related eases life expectancy. <sup>7,8,9</sup> HIV care providers should provide cessation assistance in the form armacotherapy or referral to cessation programs.



The measure was placed in Group 3 because the feasibility of data collection can vary considerably across grantees.

## **US Public Health Guidelines:**

"The U.S. Preventive Services Task Force strongly recommends that clinicians screen all adults for tobacco use and provide tobacco cessation interventions for those who use tobacco products."<sup>10</sup>

## **References/Notes:**

<sup>1</sup> "Clients" includes all clients aged 13 years and older.

 $^{2}$  A "provider with prescribing privileges" is a health care professional who is certified in their jurisdiction to prescribe medications.

<sup>3</sup>Tobacco Use

(http://www.hivguidelines.org/admin/files/qoc/hivqual/proj%20info/HQNatlAggScrs3Yrs.pdf) <sup>4</sup>Philips, Abs 8, CROI, Boston, 2008.

<sup>5</sup> Page AR, Walters DJ, Schlegel RP, Best JA. Smoking cessation in family practice: The effects of advice and nicotine chewing gum prescription. Addict Behav 1986;11(4):443-6.

<sup>6</sup> Demers RY, Neale AV, Adams R, Trembath C, Herman SC. The impact of physicians' brief smoking cessation counseling: A MIRNET study. J Fam Pract 1990;31(6):625-9.

<sup>7</sup> Rigotti NA. Treatment of tobacco use and dependence. N Engl J Med 2002;346:506-512.

<sup>8</sup> Lancaster T, Stead L, Silagy C, Sowden A. Effectiveness of interventions to help people stop smoking: findings from the Cochrane Library. BMJ 2000;321:355-8.

<sup>9</sup> Methods, Successes, and Failures of Smoking Cessation Programs E B Fisher Jr., E Lichtenstein, D Haire-Joshu, G D Morgan, H R Rehberg Annual Review of Medicine, February 1993, Vol. 44, Pages 481-513.

<sup>10</sup> Agency for Healthcare Research and Quality. The Guide to Clinical Preventive Services:

Recommendations of the U.S. Preventive Services Task Force, June 2006, p. 120.