

**Basic Mountaineering Course (BMC)
Active Duty and ROTC Required Items**

Qty	Item Description	Qty	Item Description
1	Bag, Barracks	2	Poncho
1	Bag, Duffel	1	Liner, field jacket
1	Bag, Sleeping MSS (Three Bag System) or Type II Extreme Cold (Two Bag System)	1	Ballistic helmet or ACH w/ ACU cover
1	Mat, sleeping pad (prefer foam mattress/air mattress discouraged)	2 pr	Socks, dress, black nylon
3	ACU's (complete)	6 pr	Socks, wool, black or olive drab
1	Belt, Trousers, web	1	Shoes, shower
1 pr	Boots, Intermediate Cold Weather (ICW)	6	Undershirts, cotton brown/tan
1 pr	Boots, combat (or temperate) w/ boot care kit	1	Suspenders, trousers
1	Extended Cold Weather Clothing System (ECWCS) Generation I or II to include:	1	LBV (worn IAW your unit's SOP)
2	Drawers, polypropylene (heavyweight)	1	Field pack, ALICE (large) or MOLLE system
2	Undershirts, polypropylene (heavyweight)	1	Frame, field pack
1	ECWCS jacket (GORETEX jacket)	1	E-tool with carrier
1	ECWCS trousers (GORETEX jacket)	1	Canteen, 2 qt. with carrier
1	Shirt, fiber pile (Black Polar fleece)	2	Canteen, 1 qt. w/carrier and one cup
	OR	2	Towels
1	Generation III ECWCS (Seven Layer System) to include:	1	Sunglasses (inexpensive/durable)
2	Undershirt and Drawers, Lightweight (Silk-weight), Cold weather, Desert Sand, GEN III	1	Lensatic Compass
1	Shirt and Drawers, Mid-weight, Cold Weather, Desert Sand, GEN III	1	Protractor
1	Jacket, Fleece, Cold Weather, Foliage Green, GEN III	100'	Cord, Nylon (550)
1	Jacket, Wind, Cold Weather, Universal Camouflage Pattern, GEN III	1	ID tags with chain
1	Jacket and Trousers, Soft Shell, Cold Weather, Universal Camouflage Pattern, GEN III	1	ID Card
1	Jacket and Trousers, Extreme Cold Weather / Wet Weather, Universal Camouflage Pattern, GEN III	2	Padlock or combination lock
1	Patrol Cap, ACU	1	Pocket Knife
2	Facemask, balaclava (CIF issued only)		Lighter or waterproof matches
1	Neck Gaiter, brown	1	Field meal card (Provided by Soldier's unit)
1	Gloves, cold weather (black GORETEX)	1	Sunscreen
2	Inserts, glove, cold weather	1	Chapstick
1	Mitten inserts, trigger finger		Personal hygiene articles/laundry soap
1	Mitten shells, trigger finger		Prescription medications**
1	Army Physical Fitness Uniform		Prescription eyeglasses**
1	Wet Weather Suit, top and bottom	1	Mechanical Pencil
1	Waterproof Bag	1	Assault Pac
1	Liner, poncho	1	Insect Repellant

Optional Items (Highly Encouraged)

6	Plastic Ziplock bags (1-gallon size)	6 pr	Socks, Polypropylene
2	Compression Sacks	6	Drawers, cotton
1	Liners, Glove, Polypropylene	1	Sewing Kit
1	Foot Powder	2	Underwear, Polypropylene, Lightweight (top and bottom)

FAILURE TO ARRIVE WITH REQUIRED ITEMS CAN RESULT IN NON-ACCEPTANCE INTO THE COURSE!!!

** as required

Snacks and drinks are available for purchase. Recommend that students bring no more than \$50.00.

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