


Fort Jackson Schools September Menu 2012

Monday	Tuesday	Wednesday	Thursday	Friday
Menu subject to change without notice				
3 Federal Holiday No School 	4 WG Waffles w/syrup Assorted Fruit or Juice Assorted Milk	5 Buttered Grits Assorted Fruit or Juice Assorted Milk	6 Assorted WG Cereal WG Pop Tart or Graham Bear Assorted Fruit or Juice Assorted Milk	7 Brown Sugar Oatmeal Assorted Fruit or Juice Assorted Milk
10 Assorted WG Cereal WG Pop Tart or Graham Bear Assorted Fruit or Juice Assorted Milk	11 French Toast Sticks w/syrup Assorted Fruit or Juice Assorted Milk	12 Cheesy Grits Assorted Fruit or Juice Assorted Milk	13 Assorted WG Cereal WG Pop Tart or Graham Bear Assorted Fruit or Juice Assorted Milk	14 WG Apple Cinnamon Muffin Assorted Fruit or Juice Assorted Milk
17 WG English Muffin Assorted Jelly Assorted Fruit or Juice Assorted Milk	18 WG Mini Bagels Cream Cheese Assorted Fruit or Juice Assorted Milk	19 Breakfast Burrito Assorted Fruit or Juice Assorted Milk	20 Assorted WG Cereal WG Pop Tart or Graham Bear Assorted Fruit or Juice Assorted Milk	21 Applesauce Oatmeal Assorted Fruit or Juice Assorted Milk
24 WG Honey Bun Assorted Fruit or Juice Assorted Milk	25 Choco Chip Pancakes w/Syrup Assorted Fruit or Juice Assorted Milk	26 Scrambled Eggs W/W Toast Assorted Fruit or Juice Assorted Milk	27 Assorted WG Cereal WG Pop Tart or Graham Bear Assorted Fruit or Juice Assorted Milk	28 Breakfast Pizza Assorted Fruit or Juice Assorted Milk
	BREAKFAST			

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3 Federal Holiday No School	4 WW Pizza carrots/celery w/dip Orange Wedges Chocolate Chip Cookie Assorted Milk	5 Catfish Nuggets Macaroni & Cheese Spinach Fruit Cocktail Assorted Milk	6 Hoagie Sandwich Tator Tots Sliced Peaches or Apples Assorted Milk	7 Oven Fried Chicken Pinto Beans Dinner Roll Apple or Peach Crisp Assorted Milk
10 Chili Cheese Dog Seasoned French Fries Fresh Fruit Assorted Milk	11 Spaghetti w/meat sauce Tossed Salad w/Dressing Bread Stick Juice Bar Assorted Milk	12 Chicken Nuggets Yellow Rice Green Beans Fruit Sherbet Assorted Milk	13 Taco w/Cheese/ Lettuce Refried Beans Juice Bar Assorted Milk	14 Teriyaki Chicken Vegetable Stir Fry WW Dinner Roll Diced Fruit Assorted Milk
17 Chicken Fajita Tossed Roman Salad Sliced Apples Assorted Milk	18 Meatball Subs Grilled Cabbage Orange Wedges Assorted Milk	19 Grilled Cheese Sandwich Carrots/celery dip Diced Pears Assorted Milk	20 BBQ Chicken Baked Beans Dinner Roll Juice Bar Assorted Milk	21 <div style="background-color: yellow; padding: 2px; text-align: center; font-weight: bold;"> Birthday Bash </div> Hamburger/Cheeseburger Lettuce, Tomato, Pickle French Fries Chilled Fruit Birthday Cake Sherbet Assorted Milk 
24 Sloppy Joes Garbanzo Beans Sliced Apples Assorted Milk	25 Country Fried Steak w/gravy Mustard Greens Chilled Applesauce Chocolate Chip Cookie Assorted Milk	26 Chicken & Cheese Quesadilla Glazed Carrots Fruit Cocktail Assorted Milk	27 Pork Stir Fry Chinese Style Vegetables Apple/Peach Crisp Assorted Milk	28 <div style="text-align: center; font-weight: bold;"> Happy Chef Choice </div>
	LUNCH			

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