

### SOLDIER RISK ASSESSMENT CHECKLIST

Leaders and commanders should use this tool to identify individual soldiers at risk for developing readjustment problems during post-deployment and reconstitution. Any checked item indicates the need for leader counseling, monitoring, and follow-up referral to the appropriate service provider, as indicated in the parentheses immediately following each question. [For example, (2) means the Army Substance Abuse Program] See the resource key at the end of the questions. Recommend this checklist be distributed down to squad level.

#### HAS THE SOLDIER:

- Been involved in an alcohol incident prior to or during deployment? (2)
- Been participating in counseling services with the Army Substance Abuse Program prior to deployment? (2)
- Had "at-fault" traffic accidents or traffic citations (speeding, running red lights/stop signs) prior to deployment? (3, 7)
- Had a drug positive prior to deployment? (2)
- Had any acts of indiscipline prior to deployment or during deployment? (9)
- Had any AWOL episodes prior to or during deployment? (3, 8, 9)
- Had any serious negative encounters with chain of command prior to or during deployment? (3, 9)
- Had any serious negative encounters with any other military or Department of Army civilian personnel prior to or during deployment? (3,9)
- Expressed anger or seemed sullen and withdrawn prior to or during deployment? (4)

- Seemed to be a "loner"? (3, 4)
- Had any incidents of domestic violence prior to deployment? (5, 9)
- Had a significant change in family or other relationships during deployment—birth of a child, death of a family member, separation/divorce from spouse, loss of a boyfriend or girlfriend? (4)
- Expressed anger or made threats toward family or family situations/events? (4, 5)
- Had spouse or other family member express concern to the Family Readiness Group or Detachment Command about the Soldier's return home? (4, 5)
- Expressed any suicidal thoughts or actions? (4)
- Had serious financial problems before or during deployment? (1)
- Had a serious accident or been seriously ill during deployment? (7, 6)
- Had a family member involved in a serious accident or become seriously ill during deployment? (3)
- Taken shortcuts (not following instructions/procedures or taking unnecessary risks) that could lead to an accident? (7)
- Expressed serious concern (agitation, withdrawal, grief) regarding combat/events while in theater? (4)
- Taken any medication that may affect behavior or mood? (6)
- Had any exceptional family member issues or minor family member/parenting problems? (1, 5)
- Experienced problems with his/her civilian employer prior to or during deployment? (Reserve Component) (9)

### SOLDIER RISK ASSESSMENT CHECKLIST

Leaders and commanders should use this tool to identify individual soldiers at risk for developing readjustment problems during post-deployment and reconstitution. Any checked item indicates the need for leader counseling, monitoring, and follow-up referral to the appropriate service provider, as indicated in the parentheses immediately following each question. [For example, (2) means the Army Substance Abuse Program] See the resource key at the end of the questions. Recommend this checklist be distributed down to squad level.

#### HAS THE SOLDIER:

- Been involved in an alcohol incident prior to or during deployment? (2)
- Been participating in counseling services with the Army Substance Abuse Program prior to deployment? (2)
- Had "at-fault" traffic accidents or traffic citations (speeding, running red lights/stop signs) prior to deployment? (3, 7)
- Had a drug positive prior to deployment? (2)
- Had any acts of indiscipline prior to deployment or during deployment? (9)
- Had any AWOL episodes prior to or during deployment? (3, 8, 9)
- Had any serious negative encounters with chain of command prior to or during deployment? (3, 9)
- Had any serious negative encounters with any other military or Department of Army civilian personnel prior to or during deployment? (3,9)
- Expressed anger or seemed sullen and withdrawn prior to or during deployment? (4)

- Seemed to be a "loner"? (3, 4)
- Had any incidents of domestic violence prior to deployment? (5, 9)
- Had a significant change in family or other relationships during deployment—birth of a child, death of a family member, separation/divorce from spouse, loss of a boyfriend or girlfriend? (4)
- Expressed anger or made threats toward family or family situations/events? (4, 5)
- Had spouse or other family member express concern to the Family Readiness Group or Detachment Command about the Soldier's return home? (4, 5)
- Expressed any suicidal thoughts or actions? (4)
- Had serious financial problems before or during deployment? (1)
- Had a serious accident or been seriously ill during deployment? (7, 6)
- Had a family member involved in a serious accident or become seriously ill during deployment? (3)
- Taken shortcuts (not following instructions/procedures or taking unnecessary risks) that could lead to an accident? (7)
- Expressed serious concern (agitation, withdrawal, grief) regarding combat/events while in theater? (4)
- Taken any medication that may affect behavior or mood? (6)
- Had any exceptional family member issues or minor family member/parenting problems? (1, 5)
- Experienced problems with his/her civilian employer prior to or during deployment? (Reserve Component) (9)