

UNIT RISK REDUCTION LEADER TIPS

As a leader, one of your responsibilities is to reduce the likelihood of Soldier at-risk behaviors during post-deployment and reconstitution. Please review the following tips for expediting that process:

1. In-Theater Briefing. Your soldiers may not have driven on congested U.S. highways or been involved in social drinking situations for several weeks or months. Therefore, ensure that your briefing to them includes seat belt safety; safe driving factors such as speed limits, rest stops, and focus of attention; alcohol consumption and driving, swimming, boating, and operating other recreational vehicles; alcohol use and domestic violence; Army substance abuse policy (zero tolerance for illicit use); and motorcycle safety.
2. Review the last Risk Reduction quarterly statistics received prior to deployment for indications of at-risk behaviors and the interventions needed to reduce the likelihood of re-occurrence. Plan to incorporate those interventions during reconstitution.
3. Each leader/commander should use the Soldier Risk Assessment Checklist to assess his/her subordinates. Assessment should begin during redeployment and continue through reconstitution.
4. Schedule a Unit Risk Inventory within the 90 days of arriving at your home station.

SOLDIER RISK ASSESSMENT CHECKLIST

Leaders and commanders should use this tool to identify individual soldiers at risk for developing readjustment problems during post-deployment and reconstitution. Any checked item indicates the need for leader counseling, monitoring, and follow-up referral to the appropriate service provider, as indicated in the parentheses immediately following each question. [For example, (2) means the Army Substance Abuse Program] See the resource key at the end of the questions. Recommend this checklist be distributed down to squad level.

HAS THE SOLDIER:

- Been involved in an alcohol incident prior to or during deployment? (2)
- Been participating in counseling services with the Army Substance Abuse Program prior to deployment? (2)
- Had "at-fault" traffic accidents or traffic citations (speeding, running red lights/stop signs) prior to deployment? (3, 7)
- Had a drug positive prior to deployment? (2)
- Had any acts of indiscipline prior to deployment or during deployment? (9)
- Had any AWOL episodes prior to or during deployment? (3, 8, 9)
- Had any serious negative encounters with chain of command prior to or during deployment? (3, 9)
- Had any serious negative encounters with any other military or Department of Army civilian personnel prior to or during deployment? (3,9)
- Expressed anger or seemed sullen and withdrawn prior to or during deployment? (4)
- Seemed to be a "loner"? (3, 4)
- Had any incidents of domestic violence prior to deployment? (5, 9)

Had a significant change in family or other relationships during deployment—birth of a child, death of a family member, separation/divorce from spouse, loss of a boyfriend or girlfriend? (4)

Expressed anger or made threats toward family or family situations/events? (4, 5)

Had spouse or other family member express concern to the Family Readiness Group or Detachment Command about the Soldier's return home? (4, 5)

Expressed any suicidal thoughts or actions? (4)

Had serious financial problems before or during deployment? (1)

Had a serious accident or been seriously ill during deployment? (7, 6)

Had a family member involved in a serious accident or become seriously ill during deployment? (3)

Taken shortcuts (not following instructions/procedures or taking unnecessary risks) that could lead to an accident? (7)

Expressed serious concern (agitation, withdrawal, grief) regarding combat/events while in theater? (4)

Taken any medication that may affect behavior or mood? (6)

Had any exceptional family member issues or minor family member/parenting problems? (1, 5)

Experienced problems with his/her civilian employer prior to or during deployment? (Reserve Component) (9)

If any question is checked, the following installation service agencies should be contacted for assistance in assessing the extent of the problem and recommending solutions:

1. Army Community Service.....Financial Problems
2. Army Substance Abuse ProgramAlcohol and other Drug Related Issues
3. Battalion Chaplain.....AWOLs and Stress Issues
4. Behavioral Health Clinic.....Stress Issues, Suicidal Gestures/
Attempts & Other Mental Health Issues
5. Family Advocacy Program Coordinator.....Domestic Issues
- 6 Medical Treatment Facility.....Medical Issues
7. Post Safety.....Accidents
8. Provost Marshal.....AWOLs
9. Staff Judge Advocate.....AWOLs, Disciplinary Issues