

MEDICAL SERVICES IN MOSCOW

Western medical care in Moscow can be expensive, difficult to obtain, and not always comprehensive. Some facilities offer quality services, but many restrict services to normal business hours and/or to members or people willing to pay for services in advance. Acceptance of insurance in lieu of prepayment is rare. Most patients pay in cash and receive reimbursement from their insurance companies upon their return to the United States. State medical care is officially free of charge, but the quality of service ranges from unacceptable to merely uncomfortable. However, Russian doctors often demand payment for disposable needles, medications, and some services. There are no foreign-run in-patient clinics in Moscow but rather space rented by them in regular Russian hospitals with improved conditions.

Medical evacuation to another country is an expensive option; the Embassy strongly urges all travelers who visit Russia to purchase traveler's medical insurance that includes coverage in the event that an evacuation is necessary.

In the event of an emergency, the U.S. Embassy will try to assist in arranging medical care for U.S. citizens. For assistance during working hours, please call 728-5577. After 6:00 p.m., please call the Embassy duty officer at 728-5000.

*** * *The U.S. Embassy, Moscow assumes no responsibility for the professional ability or reputation of the persons or medical facilities whose names appear on the following list. This information sheet was revised in April 2012 and is subject to change without notice. If you notice any inaccuracies, please inform the American Citizen Services Unit so that we can update this information.**

ENGLISH-SPEAKING DOCTORS, USER-PAY SERVICES

AMERICAN MEDICAL CENTER / Ambulance (495) 933-7700
www.amcenter.ru
Address: Prospekt Mira 26/6

INTERMEDCENTER/AMERICAN CLINIC / Ambulance (495) 937-5757
www.intac.ru
Address: Prospekt Mira 26, p.5

EUROPEAN MEDICAL CENTER / Ambulance (495) 933-6655
www.emcmos.ru
Address: Spiridon'yevskiy Pereulok 5 and Orlovskiy Pereulok 7

RUSSIAN SPEAKING ONLY DOCTORS, FREE SERVICES

MOSCOW CITY / Ambulance 03

MOSCOW CITY PSYCHIATRIC / Ambulance (495) 625-3101

HOSPITALS and CLINICS

Foreign, and/or with foreign or foreign-trained staff, and/or foreign equipment

INTERMEDCENTER/AMERICAN CLINIC (Metro Prospekt Mira)

Areas of expertise include pain management, pediatrics, gastroenterology, family medicine, obstetrics/gynecology, cardiology, neurology, dentistry.

Prospekt Mira 26, p.5

Tel: (495) 937-5757

Fax: (495) 937-5774

Web: <http://www.intac.ru>

AMERICAN MEDICAL CENTER /AMERICAN HOSPITAL IN MOSCOW

(Metro Sukharevskaya or Prospekt Mira)

AMC is a membership organization, but will treat non-members in emergencies with prepayment. AMC Specialists include: Family Doctors, Pediatricians, GYN, Urologists, Dentists (including Implantologists, Prosthodonts, Orthodontists), Cardiologists, Dermatologists, ENT, Ophthalmologists, Neurologists, Physiotherapists (including Vertebro neurologists, Manual Therapists, Masseurs), Gastroenterologists, etc. The Center has its own Laboratory with modern equipment. Direct Billing services with BUPA International, Allianz WorldWide Care, and CIGNA.

1 Grokholskiy Per. / 26/6 Prospekt Mira

Tel: (495) 933-7700

Fax: (495) 933-7701

Web site: <http://www.amcenter.ru/en/>

EUROPEAN MEDICAL CENTER (Metro Pushkinskaya)

American and European general practitioners, gynecology, ophthalmology, pediatrics, ENT, cardiology, psychiatry, dermatology, physical therapy. Vaccination programs. Emergency assistance 24 hours a day. In-patient and out-patient services, surgery, comprehensive laboratory, diagnostics. Direct billing with major insurance companies.

5 Spiridonievskiy Per., bldg. 1 and Orlovskiy Pereulok 7

Tel. (495) 933-6655

Fax (495) 933-6650

Web site: www.emcmos.ru

E-mail: info@emcmos.ru

OAo MEDICINA (Metro Mayakovskaya)

Russian doctors provide emergency services, clinic consultations, vaccinations

Mon-Fri: 8.00-21.00; Sat: 9.00-15.00

10 2nd Tverskoy-Yamskoy Per.

Tel: (499) 250-9900,

Ambulance (499) 250-99-00, (499) 250-99-03

Family medicine (495) 995-11-33

Fax: (499) 251-9180

Web: E-mail: contact@medicina.ru

UNIMED LABORATORIES (Metro Dobryninskaya)

4 4th Dobryninskiy Per.

Tel: (495) 931-9976, (495)785-1025

Fax: (495) 785-1034

Web: www.unimedlab.ru

E-mail: unimedlab@unimedlab.ru

INVITRO LABORATORY

Nagatinskaya Str. 1 Building 44

Tel.: (495) 363-0363

Web: www.invitro.ru

MAJOR MOSCOW HOSPITALS

BOTKIN HOSPITAL (Metro Dinamo)

For emergencies and after hours. This is the main Moscow hospital where foreigners are treated. Well-equipped by Russian standards

5 2nd Botkinskiy Proezd

Tel: (495) 945-7982 / 7533 (reception), (495)236-3116

FILATOVSKY CHILDREN'S HOSPITAL NO. 13 (Metro Mayakovskaya)

15 Sadovaya-Kudrinskaya

Tel: (495) 254-5292/ 978-1896

Fax: (495) 254-5292

DENTISTS

AMERICAN DENTAL CENTER (Metro Mayakovskaya)

1st Tverskaya-Yamskaya St., 5

Tel: (495) 730-4334

Fax: (495) 730-3471

E-mail: info@americandental.ru

Web: www.americandental.ru

GERMAN DENTAL CARE (Metro Baumanskaya)

Mon-Fri: 9.00-21.00; Sat: 9.00-15.00

2 Volochaevskaya St, Bldg 1

Tel: (495) 737-4466

E-mail: info@gdmc.ru

Web: www.gdmc.ru

EUROPEAN DENTAL CENTER (Metro Smolenskaya)

*Dental care Full range of services, from cleanings and implantology to oral surgery, prosthesis and orthodontics.
Dental laboratory.*

Mon-Fri: 9.00-20.00; Sat: 9.00-16.00

6 1st Nikoloschepovsky Per., bldg. 1.

Tel: (495) 933-0002, night emergency: (495) 933-6655, (495)933-6645, (495)933-644

Fax: (495) 241-81-08

Web: www.emcmos.ru

E-mail emcinfo@emcmos.ru

INTERMED (Metro Prospekt Mira)

Dentists and staff trained in Germany. On-site services include orthodontics, crowns, and repairs.

26 Durova St., Bldg. 1 and 6

Tel: (495) 684-7403

Web: www.intermedzao.ru

U.S. DENTAL CARE (Metro Okhotny Ryad & Teatralnaya)

American Board-certified dentists and hygienists, English and Russian speaking. Direct billing and Corporate Membership available.

Mon-Thu 8.00-20.00; Sat-Sun: 9.00-18.00

7/5 bld 2 Bolshaya Dmitrovka St., 2nd floor

Tel: (495) 933-8686

Fax: (495) 933-8687

Web: www.usdentalcare.com

GERMAN DENTAL CLINIC

Moscow 119526, Pr-t Vernadskogo 103/3

Tel.: +7 495 434 2735

Web: www.berlindent.ru

E-mail: medtek.ok@mail.ru

PSYCHIATRISTS

English speaking specialists

INTERMEDCENTER/AMERICAN CLINIC (Metro Prospekt Mira)

Dr. Ivan Olegovich Kirillov, full time, +7-916-116-5613

31 Grokholskiy Pereulok 1st Floor

Tel: (495) 937-5757

Fax: (495) 937-5774

Web: <http://www.americanclinic.ru/eng/>

PHARMACIES

Medicine Availability site www.medlux.ru

APTEKA.RU

9A Milashenkova Street
Tel: (495) 610-5393, (495) 610-2690
Web www.apteka.ru
E-mail office@apteka.ru / dadmin@apteka.ru

INTERNATIONAL PHARMACY ORGANIZATION

Equipped and licensed to deliver personal medications directly to local doctors' offices and patients' address (including hotels) within three working days.

85 Station Rd., Middlesex HA8 7JH, U.K.
Tel: 44 208 952 2063/44 208 951 4549/208 952 2995
Web: www.theflyingpharmacy.com
E-mail: ipo@aapi.co.uk , pharmacist@theflyingpharmacy.com ,
help@theflyingpharmacy.com

36.6

Numerous locations around Moscow
Tel: (495) 797-6366, (495) 797-8686
Fax: (495) 797-8688
E-mail: reception@366.ru
Web: www.pharmacychain366.ru, <http://www.366.ru/stores/>

RIGLA PHARMACY

Numerous locations in town
Nearest to the U.S. Embassy: Old Arbat 15/45
Tel: (495) 697-8572
Main destination: 2 UL. Chermianskaya, 127282 Moscow, Russia
Tel: (495) 231-1697
Fax: (495) 730-2730
Web: www.rigla.ru

OPTICIANS

OCHKARIK

Numerous locations around Moscow
Tel: (495) 231-1001 (operator – ext. 0)
Fax: (495) 952-5637
Web: www.ochkarik.ru, <http://www.ochkarik.ru/salons/30/>
E-mail: reklama@ochkarik.ru

INTEROPTIKA (Metro Profsoyuznaya)

German/Russian joint venture. Does on-site prescriptions and lens production. Very large selection of imported frames.

Mon-Sat: 10.00-20.00 Sun: 10.00-19.00

63 Nahimovskiy Prosp.

Tel: (499) 128-7984

Fax: (499) 120-5200

Web: www.interoptika.ru

E-mail: info@interoptika.ru

EUROPEAN MEDICAL CENTER (Metro Pushkinskaya)

Eye care ranging from eye exams to surgical treatment, including laser eye surgery (LASIK). 24 hour emergency.

5 Spiridonievskiy Per., bldg. 1

Tel: (495) 933-6655

Fax: (495) 933-6650

Web: www.emcmos.ru

E-mail: info@emcmos.ru

LENSMASTER (Metro Teatralnaya)

Eye exams with same modern equipment as in the United States as well as a large selection of frames with similar prices to those in the states. Also have accessories for contact lenses. Accept credit cards.

Mon-Fri: 10.00-21.00; Sun: 11.00-20.00

19/1 Nikolskaya St. (plus numerous other locations around Moscow)

Tel: (495) 771-7526 ext. 103 (Monday-Friday), Online-store (495) 971-1367, 971-5838

Web: www.lensmaster.ru, <http://www.lensmaster.ru/info/magazin.php>

E-mail: service@lensmaster.ru

PSYCHOLOGISTS, PSYCHIATRISTS AND COUNSELORS**EUROPEAN MEDICAL CENTER (Metro Pushkinskaya)**

Psychiatrist, psychotherapist. Available on house calls.

5 Spiridonievskiy Per., bldg. 1

Tel: (495) 933-6655

Fax: (495) 933-6650

Web: www.emcmos.ru

E-mail: info@emcmos.ru

PRIVATE NURSES**OVIRTON + MED**

English speaking nurses available

Tel: (495) 764-1086, (910) 412-39-21, (985) 969-85-0 (24 hours)

Web: http://www.ovirton-med.ru/index.php?show_aux_page=484

PRESIDENT-SERVICE

English speaking nurses available

Tel: (495) 684-5205, (495) 684-1237, (495)978-3101 (24 hours)

Web: <http://www.president-medical.ru/sestra.htm>

E-mail: president-service@mtu-net.ru

VALENTINA

English speaking nurses not available

13 Mozhayskoye Sh.

Tel: (495) 223-2375, 720-3072, (903) 720-3072, (903) 960-8041

Web: www.medical-service.ru

E-mail: info@medical-service.ru

FANVAL

English speaking nurses not available

Tel: (495) 972-8042

Web: <http://fanwal.ru/>

SPEECH THERAPY

ELLINGSEN AND ASSOCIATES, INC.

Mary Ellingsen, CCC-SLP

Speech therapy services via computer to students in their schools

Tel: USA 302-650-6437, 520-620-3415, 800-370-4910 (No services provided to residents of Delaware)

Web: <http://www.OnlineSpeechTherapy.com>

Email: mellingsen@OnlineSpeechTherapy.com

MEDICAL EVACUATION FROM MOSCOW

EUROPE ASSISTANCE CIS

11/10 bld 3 Letnikovskaya Street

Tel: (495) 787-2179

Fax: (495) 787-2177

E-mail: info@europ-assistance.ru, operations@europ-assistance.ru

Web: www.europ-assistance.ru

GLOBAL VOYAGER ASSISTANCE

10 Bld 26 Mariny Raskovoy Street

Tel: (495) 775-0999

Fax: (495) 775-0998

Web: www.gvassistance.com

E-mail: info@gvassistance.com

AIR AMBULANCE AMERICA

Global Air Response

5919 Approach Rd., Sarasota, FL 34238

Tel: (800) 631-6565, (941) 536-2001, Toll-free: 800-948-1214 (U.S.)

Fax: (888) 631-6565, (941) 926-7690

Web: www.airambulance.com

E-mail: info@airambulance.com

NATIONAL AIR AMBULANCE

P.O. Box 22460 Ft. Lauderdale, Fl 33335

Tel: (1) (954) 359-9900 – 24 hours service

Fax: (1) (954) 359-9500; (800) 327-3710 Toll Free

Web: www.nationaljets.com

E-mail: inquiry@nationalairambulance.com

AIR AMBULANCE SPECIALISTS, INC.

AASI Corporate Office/Centennial Airport

8001 South Interport Blvd., Ste. 250

Englewood, CO 80112

24 Hour Dispatch Center

Tel: (720) 875-9182, 1-800-424-7060

Fax: (720) 875-9183

Web: www.AirAASI.com

E-mail: info@AirAASI.com

AMERICAN CARE AIR AMBULANCE

Member of AAMS (Association of Air Medical Services)

24 Hour Air-Evacuation Emergency Service

ICU, CCU, RN's & Paramedics

ALS Medical Equipment on all flights

8775 Aero Dr., Suite #120

San Diego, CA 92123

Tel: (858) 627-0515, 1 800-941-2582 Toll free (US and Canada); Fax: (858) 627-0534

Web: www.americancareairambulance.com

E-mail: americancareair@aol.com

International SOS 24 Hour Alarm Center (Assist 24)

Medical Evacuation & Ambulance Service. Travel safety advice & vaccinations.

16/1 Dokukina St.

Tel: (495) 937-6477

Fax: (495) 937-6472

Web: www.internationalsos.ru

MOSCOW CITY INFO SERVICES

Location Service for People in Moscow Hospitals (495) 445-0102 / 0213 / 5766

Car Accident Info Service for Moscow City and Moscow Oblast (495) 924 3117

Information Service of the City of Moscow (495) 995-9951

Fire dial: 01

Police dial: 02 (report car accident and find out about victims of car accident// which hospital victim was taken)

Ambulance dial: 03

COMPREHENSIVE LIST OF MEDICAL SERVICES IN RUSSIA

Available on www.yell.ru and similar sites