

**Success: No Limitations**



**REALifelines**  
*Recovery & Employment Assistance Lifelines*

*Overview*

## REALifelines Program Overview

### What is REALifelines?

**REALifelines** is a new program sponsored by the U.S. Department of Labor, military medical transition centers, and career workforce agencies located in hometowns across the country. The program, in its pilot phase, seeks to support the economic recovery and reemployment of transitioning wounded and injured service members and their families by identifying barriers to employment or reemployment and addressing those needs. The program will link service members with local professionals in their hometown communities to support their economic recovery and reemployment through a range of services. As part of the program, wounded and injured service members, and their spouses, will be eligible for services offered at more than 3,500 One-Stop career centers the Department of Labor has set up nationwide.

### Get in touch with a REALifelines representative near you!

Whether you are prepared to return to school, planning to take some time for yourself and your family, returning to a job you previously held, or are just uncertain of what the future may hold, there are professionals in your hometown community ready to ensure your long term success. Many of our federal and state representatives are veterans and combat injured who've been where you are and made the return to success and opportunity.

### By supplying some basic information, a REALifelines consultant can help you:

- Determine what steps you need to take to embark upon a career of your choice.
- Give you real-time information on the job outlook of the city or community where you plan to live.
- Determine how to overcome limitations in the workplace or at home that could hamper your effectiveness and employment.
- Find the inside track to federal employment.
- Shape, write and broadcast your resume to great effect.
- Assist your spouse in retraining or in job search assistance during your recovery.
- Find creative methods of utilizing your benefits to enter new and rewarding careers.

For an appointment at the National Naval Medical Center, contact your REALifelines Coordinator:

**Rickmen Parker** at (301)295-2645 or by email at [Rickmen.Parker@med.navy.mil](mailto:Rickmen.Parker@med.navy.mil).

**NO THRESHOLDS - NO HASSLES - NO LIMITS - JUST HOPE.**