

## Services

### AIRMAN AND FAMILY READINESS CENTER (A&FRC)

At Travis, the Airman and Family Readiness Center offers many programs and workshops to choose from which focus on taking care of Airmen as well as their families. Located at 351 Travis Ave. (Building 660), the A&FRC is open Monday through Friday, 7 a.m. to 4:30 p.m. with extended hours on Wednesday until 8 p.m. Every Thursday there are minimum services, 1 p.m. to 3 p.m. for staff development and closes at 3 p.m. for a staff meeting. It is closed on federal holidays and wing family down days. Call (707) 424-2486 for more information.

### AIR FORCE AID SOCIETY

The "official Air Force charity" provides assistance to Air Force families in three different ways. First, AFAS provides emergency financial assistance to active and retired Air Force personnel and their families. Secondly, the society provides funds to pay for several community enhancement programs. Finally, AFAS provides assistance with education costs for Air Force family members.

### Bike Loans

This Air Force Aid program, exclusive to Travis Air Force Base, can provide airmen (A1C and below) with a \$400 loan towards the purchase of a bicycle, helmet, and lock for transportation means. To find out if you are eligible, please contact the Airman and Family Readiness Center at (707) 424-2486.

### Bundles and Books for Babies

The Air Force Aid Society and the Airman and Family Readiness Center sponsor this informative program for active-duty families in all service branches who are in their second or third trimester. The Air Force Aid Society provides a Gerber layette, valued at \$70, which includes two crib sheet sets, a 3 pack sleep-and-play set, 5-pack of onesies, bibs, burp cloths, a thermal receiving blanket, mittens, a hooded towel and washcloth set, which is gifted in a reusable tote bag. Books on parenting, health and development are provided by California First 5 and the Airman and Family Readiness Center. Attendees will learn about fitness before and after pregnancy, tips for stress management, how to calm a crying baby, car seat safety, budgeting for baby and New Parent Support resources available through Military One Source. Both parents are encouraged to attend this class.

### Car Care Because We Care

The Air Force Aid Society pays for a visual safety inspection and oil and lube change for the family's primary vehicle for the following: (1) spouses of active duty AF members deployed for more than 30 days, (2) spouses of active duty AF members assigned to a remote tour and (3) first-term airmen at their first duty station (one time only). If the safety inspection identifies needed repairs, the spouse or first-term airman may apply for a loan from the Air Force Aid Society to pay for the repairs. The Auto Hobby Shop or Firestone Car Care on Travis complete the inspection, oil/filter change and lube when the spouse or first-term airman presents a voucher from the Airman and Family Readiness Center. The front desk receptionist will give certificates to spouses of deployed; a copy of orders is required. The Personal Financial Management Program Manager issues vouchers to first-term airmen at their first duty station financial course. The program is not retroactive.

### Child Care for PCS Program

Air Force Aid Society pays for up to 20 hours of free child care (per child) for families of all ranks

with PCS orders to Travis within 60 days of arrival or departure. Family Child Care homes are the authorized providers of this care. The front desk receptionist in the Airman and Family Readiness Center issues certificates.

#### Child Care for Volunteers

The Air Force Aid Society pays for childcare expenses in licensed Family Child Care homes for volunteers in programs supporting the AF community. Volunteers at the Airman's Attic, Airman and Family Readiness Center, David Grant Medical Center, Dental Clinic, Chapel and American Red Cross may be considered for this program. Volunteers in fundraising activities, resale (Thrift Shop) and social activities are not eligible.

#### Education Grants

The Air Force Aid Society awards competitive grants of up to \$2,000 for sons and daughters of the following: AF active duty, retired or deceased while on active duty or in retired status. Title 10 AGR/Reservists on extended active duty and Title 32 AGR on full-time active duty may also be eligible. Stateside spouses of active duty Air Force and Title 10 AGR/ Reservists on extended active duty may compete, as well as surviving spouses of Air Force members who died while on active duty or in retired status. Applications are available at the Airman and Family Readiness Center from November to mid-March each year and on the Internet at <http://www.afas.org>. Call (707) 424-2486 for more information.

#### Emergency Financial Assistance

Most assistance is by loan or, less often, by a grant or a loan/grant combination. Assistance may be given for food and rent, emergency leave travel expenses, bridge loans to assist with funerals for active duty dependent death, repair of only means of transportation, fire or other disasters and limited amounts for medical/dental expenses not covered by TRICARE. For information, contact the AFAS office, (707) 424-2486. For after duty hours and emergencies only, which cannot wait until the next duty day, call the American Red Cross at (877) 272-7337.

#### Give Parents a Break

The Air Force Aid Society provides limited childcare sessions at the Child Development Center and Youth Center to care for children 6 months to 12 years old when families are experiencing high volumes of unusual stress. These sessions are held on the first and third Saturday of the month, 1 p.m. to 5 p.m. Families that may qualify are those that are experiencing extended TDY, deployment, remote tour, etc. Members or families may contact their first sergeant, Family Advocacy, Base Chaplain, or Airman and Family Readiness Center for a referral certificate. Medical personnel may also make referrals. Call (707) 424-2486 for more information.

#### Nursing Moms Program

Air Force Aid Society provides loans of up to \$200 for assisting with breast pump purchases or rental and is available for active duty Air Force families.

#### Respite Care

"The Gift of Time." The Air Force Aid Society provides grants for eligible Exceptional Family Member Program families to hire a respite care provider for a few hours each week. Eligibility includes a financial need and the availability of the respite care provider. The program aims to relieve stress in families with a special needs member or where there is high risk for maltreatment. For more information, call (707) 423-5168.

#### AIRMEN'S ATTIC

At the Airman's Attic, you will find a supply of donated clothes, small furniture and household

goods available at no cost to Travis Airman. Please call (707) 424-8740 or visit Building 247 on Hickam Avenue. Hours of operation are Tuesday, Thursday and Saturday, 10 a.m. to 1 p.m. and Thursday, 5 p.m. to 8 p.m.

## DEPLOYMENT READINESS PROGRAMS

Our Family Readiness NCO can assist you and your family in preparing for deployment, unaccompanied remote tours or TDYs more than 30 days. Information applies to single members, as well as, those with dependents. For assistance, call (707) 424-2486, or you can schedule an appointment online at <http://www.travisafrc.com>.

### Deployed Spouses Wednesday Nights

Each Wednesday Night in Suisun City, join the Airman and Family Readiness Center on the waterfront for exciting board games, BBQ, relaxing massages and fun in the pool.

### Heart Link

Clear up the myths, understand the system, and receive a better understanding of Air Force benefits and services. Held once a quarter, this is Air Force 101 from A to Z—perfect for those new to the Air Force or those who want to learn more about what benefits are out there. Lunch is provided.

### Hearts Apart

Hearts Apart events are held monthly through the Airman & Family Readiness Center to support the families of deployed, TDY and remote members. Events include quarterly dinners and specialty fun trips to amusement parks with special rates for spouses and families of deployed members.

### Key Spouse Program

This person works as a liaison between leadership and squadron families to ensure needs are being met especially during times of family separation (deployments and TDYs). The training provides guidance and resources to those who have been appointed by the squadron Commander.

### Letter Writing Kits

The Airman and Family Readiness Center has a letter writing kit for military members to use when they are deployed or serving a remote tour. Kits include stationary, stickers, envelopes, writing tips, games and activities for adults and children. This kit is neatly bundled for easy packing or sending.

### Morale Call Program

Military member or DAF civilians must be serving on an unaccompanied status overseas, in a remote geographic location, or performing extended temporary duty for more than 14 days. Callers must be immediate family and will need to provide the following information: name, organization and DSN telephone number of military or DAF member. Morale calls should be placed Monday through Friday, 5 p.m. to 7 a.m. Holidays and weekends are optimal for connections and service. Callers must limit their calls to 15 minutes once a week. Emergencies are the only exception. Incoming DSN morale calls can only be connected within the Travis dialing area (i.e., Fairfield, Suisun City, Vacaville and Cordelia). If calls being requested are outside the Travis dialing area, callers may be connected to AT&T, MCI or SPRINT commercial telephone operators and must use their commercial telephone calling cards. Long distance costs to customers will be from Travis to respective destinations only. Call (707) 424-1110 to

place a morale call.

#### Post Deployment Reintegration Briefing

Mandatory for those deployed for 30 days or more. Identifies adjustment issues associated with reintegration back into the family, friends and work and is offered Monday, Wednesday and Friday at 7 a.m. at the DGMC Auditorium.

#### Pre-Deployment Briefing

This is mandatory for those deploying for 30 days or more. The briefing covers OPSEC and provides refresher training (Personal Preparedness Briefing).

#### Professional Growth and Development Course

Offered every other month for all E-3s and below at the Airman and Family Readiness Center. Senior Leadership guides airmen on how to earn credibility, gain influence and succeed in the Air Force. Space is limited to 20 participants.

#### Readiness Classes

Personal Preparedness Briefing (Family Readiness Briefing) One time requirement for all AMC personnel assigned to Travis AFB, briefed at Newcomers orientation and First Term Airmen Center. The class prepares individuals and their families for TDYs, deployments or any event that might cause separation from family and friends.

#### Readiness Expo

This seminar discusses how to prepare yourself and your family for deployment and separation as well as discussing homecoming tips, what to expect, reconnecting with your loved ones, accepting change, communication skills and much more. Legal office, Readiness NCO, Finance, Chapel, Mental Health and American Red Cross are all participants in the Readiness Expo.

#### Welcome Home Warrior

A quarterly event held in a festive atmosphere, Welcome Home Warrior celebrates our Airmen and their families as they come home from deployments.

### DINING FACILITIES

#### AAFES Food Court at the Base Exchange

Take a break from a fun day shopping at the Base Exchange to enjoy a meal at the Food Court. Located just inside the Base Exchange, the Food Court offers a variety of food services in a relaxing mall atmosphere. Among the choices are Anthony's Pizza, Baskin Robbins, Captain D's, Charlie's Steakery, Cinnabon, Manchu Wok, Popeye's, Taco Bell and Subway. For more information and hours of operation, call (707) 437-4490.

#### The Airmen's Pit

The Airmen's Pit, located directly outside the dorms, is a place for young servicemembers to socialize and have fun in an environment specifically designed for them. The Pit offers a variety of food, games, music entertainment and a patio for all Airmen to enjoy. The hours are Monday through Thursday, 11 a.m. to 10 p.m., Friday and Saturday, 11 a.m. to 2 a.m. and Sunday, noon to 2 a.m. For more information on events and nightly specials call (707) 437-4141.

#### Building 381 Coffee Shop

Located on the first floor of Building 381, the coffee shop serves breakfast, coffee, espresso, pastries, salads and sandwiches. Other menu items include rice bowls, smoothies, hot dogs and

varying specials of the day. The coffee shop is open Monday through Thursday, 6:30 a.m. to 3 p.m. and Friday, 6:30 a.m. to 2 p.m. For more information, call (707) 534-0537.

#### Delta Breeze Club (DBC)

At the Delta Breeze Club, located in Building 400 on Windward Drive, guests can enjoy everything from fine dining to karaoke under one roof. Diners looking for a great venue for a business luncheon or a chance to spend a bit more time with friends will enjoy our table service menu available in the Gold Rush Room Tuesday through Friday, 11 a.m. to 1:30 p.m. For a more casual atmosphere, the casual dining menu is available in the lounges Tuesday through Saturday evenings. Sunday Brunch is offered every Sunday, 10 a.m. to 1:30 p.m. This popular buffet includes fresh carved roast and made to order omelets and much more! The DBC also offers a variety of entertainment options and special events including a Hawaiian Luau, Monte Carlo Night, music festivals, karaoke, dancing, comedy and more. Check out Monday Night Football Frenzy during football season for free food and prize drawings while watching your favorite team on the Gold Rush Lounge's giant 15-foot TV. While the DBC is open to members and non-members alike, members receive dining discounts and other privileges. Full catering and party services are available for squadron parties, retirement and promotion celebrations, weddings, birthdays and more. For more information on the DBC, call (707) 437-3711. For more information on catering services, call (707) 424-2745.

#### DGMC Dining Facility

In addition to Services-run dining facilities, hospital staff, outpatients and visitors will want to sample the nutritious entrees available at the David Grant Medical Center Dining Facility, operated by DGMC's Nutritional Medicine Flight on the first floor of the hospital.

#### Flightline POD

Located inside Hangar 810 and open to all Team Travis members, the Provisions on Demand concept was designed to meet the demands of Airmen looking for fresh, healthy and convenient grab 'n go dining options. The POD combines the corner store with the style of a modern market, featuring grab 'n go dining options for breakfast, lunch or any time of day, including: freshly-prepared breakfast sandwiches, burritos, wraps and salads, as well as fresh produce, bakery and coffee selections and traditional essentials found in a convenience store.

#### Gatsby's Grill at Cypress Lakes Golf Course

After a round of golf on the beautiful and challenging Cypress Lakes Golf Course, stop by the clubhouse and enjoy some food and beverages with a menu guaranteed to satisfy your appetite. Gatsby's Grill offers an array of healthy menu items to include sandwiches, salads, and fresh fruit along with chicken wings, fries and burgers. Breakfast is also available for the early birds who like to start their day with the sunrise. Call (707) 451-7646 and we can have your lunch order ready when you arrive. This service comes in handy if you are on the course and want to pick up something quick to go as you make the turn to the back nine! With five televisions and a full bar, guests can enjoy their favorite programs while enjoying a beverage and an order of our famous chicken wings. Gatsby's Grill is also available to cater unit functions, golf tournaments and other special events. For more information, and to book an event, call (707) 424-5797.

#### Godfather's Pizza

The Italian restaurant specializes in famous pizza pies and offers sandwiches and salads for pick-up, eat-in or base-wide delivery. Godfather's Pizza is conveniently located inside The Zone and is available for private parties and special events. For more information or to place an order, call (707) 437-FOOD.

### Golden Bear Flight Kitchen

A large part of Air Force Food Service is the Flight Feeding Program, which provides nutritious, appetizing meals to passengers, aircrew and aircraft maintainers. The Golden Bear Flight Kitchen is located on Baker Street, Building 1201, and is open 24 hours a day. The dedicated staff of the flight kitchen provides nutritious meals of the highest quality to flight crews and passengers transiting Travis while flying space available. The flight kitchen also serves meals to Security Forces and flightline personnel who cannot visit the dining facilities due to duty commitments. The menu features a wide variety of sandwiches and salads. Meals include beverages, fresh fruit, chips and desserts.

### Mike's Place at the Travis Marina

To complete an unforgettable day of sailing on the San Francisco Bay, enjoy a waterfront meal at Mike's Place before heading back to Travis. Call (415) 332-2319 for more information.

### Passenger Terminal Grill

Located just inside the Travis passenger terminal, the grill serves breakfast and lunch. Featured menu items include breakfast burritos, teriyaki chicken and ribs. A variety of food and beverage vending machines can be found in close proximity to the front counter. The passenger terminal grill is open Monday through Friday, 7:30 a.m. to 3:30 p.m.

### The Peak Internet Café

The Peak Internet Café provides full-service Internet access for Airmen on base. The facility has 10 computers Airmen can access during business hours for work as well as personal use. The café also offers a full-service, free coffee bar worked by volunteers, which includes coffees, frappuccinos, Italian sodas and an assortment of hors d'oeuvres. The café is located at Building 1348; business hours for the Peak are Monday through Saturday, 6 p.m. to 9:30 p.m. and Sunday, 1 p.m. to 5 p.m. For more information or volunteer opportunities, call 712-8573.

### Popeye's at the Shoppette

Attached to the Shoppette, this full-service Popeye's offers a variety of menu items including chicken, biscuits, jambalaya and side dishes. Popeye's has a drive through option for those on the go. Open Monday through Thursday, 10:30 a.m. to 9 p.m., Friday and Saturday, 10:30 a.m. to 10 p.m. and Sunday, 11 a.m. to 8 p.m.

### Rickenbacker's

Located in the main lobby of the Westwind Inn, Rickenbacker's is a contemporary espresso, coffee and quick-service restaurant. The menu offers espresso-based beverages, in addition to various flavored coffees, teas, juices and fruit smoothies. The menu also offers food items such as breakfast sandwiches and burritos, salads, sandwiches, bagels, pastries, and desserts. Hours are seven days a week, 6 a.m. to 1 p.m., breakfast is served until 11 a.m.

### Sierra Inn

As a pilot for the Food Transformation Initiative, Aramark now manages the Sierra Inn's daily food production, and as a result increased hours of operation from eight hours per day to 15.5. In addition the menu was completely revamped with a variety, quality and friendly customer service that are unmatched. Air Mobility Command attested to that fact by awarding the Sierra Inn and the rest of Food Services the AMC Hennessy Trophy from 2007 to 2010. The staff is very proud of its tremendous variety in its rotational menu. The Sierra Inn dining facility serves about 36,000 meals each month, but they don't just serve meals—they serve customers. Sierra Inn is located in the heart of the dormitory campus with a bevy of menu choices for all its meals.

In addition to its normal complement of dining choices, the Sierra Inn offers a Grab-n-Go menu that features fast food choices such as burgers, salads, sub sandwiches and side items. The Sierra Inn is also now open to all Team Travis servicemembers, veterans, contractors and civilians.

#### The Strike Zone at the Travis Bowling Center

After knocking down a few pins, knock back some refreshments at the Bowling Center's Snack Bar. The menu features specialty burgers, breakfast sandwich selections as well as healthy options & picks for the kids. Call the Bowling Center at (707) 437-4737 for more information.

#### DISCOVERY CENTER

This is a self-help program with professionals to help you get started with resources and services that you may need. Hours are Monday through Friday, 7:30 a.m. to 4:30 p.m. with extended hours on Wednesday to 8 p.m.

#### Computer Lab

Nine computers with Internet access and wireless station for laptop use provide access to relocation and transition websites, a resume writer program and certified typing test. Job postings are located on the desktops of each computer along with volunteer opportunities and car-fax reports, printing and faxing are available for free.

#### Literature Racks

Racks include business and military periodicals, resume samples from various company brochures, application process for federal and state jobs, upcoming job fairs, and brochures from colleges, universities and technical schools. Information for scholarship and financial aid websites, job search websites, temporary staffing agencies, Travis AFB employers, small business assistance, military recruiting companies, personal financial readiness brochures and major local employers can also be found.

#### Program Information

There are community resources at the A&FRC that include information on relocation, financial assistance, college readiness, family life, veterans programs, employment, schools, grants, scholarships and transition services.

#### EMPLOYMENT ASSISTANCE PROGRAMS

A&FRC employment services assist active duty military, retirees, DoD civilians and family members in all job search activities. The primary goal for these services is to network applicants with prospective employers in the local community. Vacancy listings are posted in the A&FRC Discovery Center for employment in the greater Bay Area, as well as, local and national listings. Additional information is also provided for people seeking job skills training or volunteer experience. Assistance is available for military spouses for job search skills training with opportunities for vocational and educational development. Personal resume review and referral is also available by appointment. One-on-one career consulting with skills assessment, education and career planning is also offered.

#### Career/Life Change

##### Management Appointments

Learn great coping skills for life changes. Any life change...Career change, lifestyle change, relocating to a new base or job change.

##### Spouse Employment Orientation

Newly arriving spouses or spouses wishing to return to the job market in the greater Travis AFB

geographic area are introduced to A&FRC Employment and Career Development Services. Tour the Discovery Center and view current job openings. Get tips for local job search, resume writing and interviewing skills. Individual career consultant appointments are available with A&FRC Community Readiness Consultants after the orientation has been completed. Held every Monday, 9 a.m. to 11 a.m. [http:// www.travisAFRC.com](http://www.travisAFRC.com) to sign-up

#### Ultimate Job Search

A two-session workshop will assist job seekers in learning research skills for making career decisions, job search strategies and how to write resumes that get you interviews. Fundamentals include effective formats, resume language, cover letters, targeting and marketing plans. Learn how to answer difficult questions in the interview and negotiate a salary that matches your skill level and offers the most potential. Resume reviews and interview coaching is available upon appointment after job seekers have completed both sessions of the Ultimate Job Search workshop or the four day TAP workshop.

#### FINANCIAL PLANNING AND WELLNESS

For more information on the following classes and seminars contact the Airman and Family Readiness Center for times and dates at (707) 424-2486.

#### Budget/Credit

Learn the basics of budgeting and credit. This class will show you how to manage your money by getting a grip on spending, setting financial goals, how to pay down debt and finding money to save/invest. You will learn about cash flow and net worth statements and how to begin to build your wealth. Also, you will learn about credit reports and credit scoring as well as specific guidance on disputing inaccuracies, improving your credit score and dealing with identity theft and fraud. Free pizza is available during the workshop.

#### Financial Management Training

Normally held each Monday from 9 a.m. to 2 p.m. of the First Term Airman Center (FTAC) schedule, this presentation is for all military personnel arriving at their first permanent duty station and assigned to FTAC. Learn about Personal Financial Readiness (PFR), Affinity Marketing, Budgeting, Car Buying, Checkbook Management, Credit, Debt Management, and ID Theft, Investing/TSP, and Predatory Lending, state or country usury laws and local fraudulent business practices. Attendees are scheduled by the FTAC Flight Chief.

#### Financial Management Training for Officers

This is a mandatory requirement for all officers upon arrival to their First Permanent Duty Station. The training provides financial education on personal financial readiness, affinity marketing, budgeting, car buying and selling, checkbook management, credit and debt management, investing and Thrift Savings Plan, predatory lending and local fraudulent business practices. This class is held on the third Thursday of each month from 9 a.m. to 11 a.m.

#### Home Buying and Foreclosure Avoidance

This class is for anyone considering the purchase of their first home. Learn about the special concerns for the first time home buyer, the various costs associated with purchasing a home, what to look for in shopping for real estate, working with a realtor, the home inspection, financing, closing costs and much more.

#### Investing 101

If you are looking for a workshop that will explain the basics of how to start building a secure future, this is it. Learn about risk tolerance, compound interest, bonds, stocks, mutual funds and

certificate of deposits. This workshop covers all aspects of the basics of investing and how to make informed or knowledgeable choices.

#### One-on-One Financial

##### Counseling Appointments

Available for: Budgeting, Credit Report Inquiry, Car Buying, Checkbook Management, Consumer Fraud/Scams, Credit, Debt Management, Foreclosures, Home Buying/Selling, ID Theft, Insurance and Investing/Thrift Savings Plan. Call 424-2486 to schedule an appointment.

#### Uniformed Services Thrift Savings Plan (TSP)

An overview of the retirement savings and investment plan that is available to the military. Learn how and when you can join TSP; how much you can contribute, investment choices, how it reduces taxable income and may provide a tax credit and how you can take it with you when separating or retiring.

#### PERSONAL AND WORK LIFE

##### Assessment/Crisis Counseling, Information, Referral and Follow-up

Assessment/crisis counseling is accomplished through short-term sessions to determine the specific needs of an individual, couple or family. As appropriate, clients are referred to an on-base or community agency for continued assistance. Base resource guides are available with telephone numbers, addresses and specific information on services. Resource handouts are available on a variety of topics such as pre-marital information, dealing with grief and loss, divorce, etc. Contact the Airman and Family Readiness Center for times and dates at (707) 424-2486.

#### EFMP Family Support program

This program provides support to our special needs families including connection to community and military resources, weekly support groups, bi-weekly playgroups in a playroom designed for special needs children, monthly educational trainings on special needs topics, special events, networking luncheons, pool parties, holiday parties, soccer league, music classes, art show, special needs books and videos through our lending library, services from a special needs trust lawyer, and contact with all available agencies on and off base.

#### Immigration and Naturalization

The United States Citizenship and Immigration Services (USCIS) conducts monthly visits to assist the active duty and their family members with the immigration/citizenship process. USCIS personnel do everything from answering questions to giving the oath for citizenship.

#### Marriage Planning Guide

The guide is a marriage packet that contains valuable tips for couples including a pre-marital checklist and a comprehensive introduction to the Air Force lifestyle for civilian spouses.

#### Personal and Work Life Education

Personal and Work Life Education is designed to help singles, couples and families adapt to current and future changes in their lives. Work and family life activities are offered to enhance quality of life. Resource handouts and referrals for ongoing assistance are made on a case-by-case basis to on-base and local community agencies.

#### Seven Habits of Highly Effective People

This is a three-day, Stephen Covey video-based workshop that focuses on personal and interpersonal effectiveness. The material addresses the four adaptive issues identified by the Air

Force: social, mental, physical and spiritual. The workshop content is directly applicable to making a substantial impact upon your personal and professional life.

#### Volunteer Resource Program

Expand your work knowledge, skills and abilities. Explore new career opportunities and make a difference in the local community by volunteering in the local community. Volunteering can be a great way to add experience to your resume, EPR bullets and recognition opportunities. Register at the A&FRC and receive a monthly newsletter highlighting all volunteer opportunities. For more information contact the Volunteer Resource Program Coordinator at (707) 424-2486.

#### RELOCATION ASSISTANCE

If you are a newcomer to Travis and in need of a sponsor, please call the Airman and Family Readiness Center at (707) 424-2486 for assistance. For more information on the following classes and seminars, log onto the Airman and Family Readiness Center website for times and dates at <http://www.travisafrc.com> or call (707) 424-2486.

#### Family Separation Program

(Remote/Unaccompanied PCS)

Contact is made by the A&FRC with spouses of active duty Air Force members who are on a remote or unaccompanied PCS tours. Contact is made approximately 30 days after the start of the member's tour.

#### Loan Closet

The Permanent Change of Station solution for all inbound and outbound military members is the Loan Closet. We have many available household items you will need while awaiting delivery/shipment of your household goods. We carry several items that you may need such as: Microwaves, chairs, tables, air mattresses, futon mats, cookware, baby car seats, pack n'plays, kitchen kits, vacuums and fans. We also provide bikes with helmets and locks, DVD Players foreign language CDs and GPS devices for house hunting. Loans are available for guests for 15 days at a time, extensions are granted if needed. We are located in the A&FRC at Building 660.

#### Newcomers Orientation

The Military Personnel Section Customer Service in Building 381 signs up all newcomers for this course. Incoming personnel will go through a series of briefings that will answer and inform them of life and work at Travis AFB. The briefing begins at 7:20 a.m. and concludes at 3:30 p.m. each Friday, excluding down days and Federal holidays.

#### One-on-One Relocation appointments

Consultation is performed for all personnel undergoing a permanent change of station movement. Each client will be provided with a relocation countdown calendar, a pre-financial budget worksheet and materials on tips for saving money and preparing for the move. Vital information on the inbound base will be given such as school information, housing, community demographics and childcare information. Additional resources will be provided upon request for the children such as coloring books, self help books and changes to expect during their PCS.

#### Smooth Move

The A&FRC sponsors "Smooth Moves," which is a program that helps military families plan their move to new duty locations. This course will provide you with materials, resources and information on your gaining installation. Finances, legal, TRICARE, TMO, housing office are all included in the briefing as well as moving tips and other useful information on your gaining base. This course is held on the second Thursday of each month.

### Sponsorship Training

This class is offered the third Thursday of each month to all sponsors. It covers the Travis Sponsorship Program and provides tools and support for those sponsoring an inbound member into Team Travis, and discussions on how to sponsor an entire family. The course will give you all the tools and resources to be an outstanding sponsor. Welcome packages for inbound personnel can be picked up after the training.

### Spouse Newcomers Tour

Held the first and third Friday of each month from 8:45 a.m. to 2 p.m., spouses can take a tour of the base and receive an informative briefing at several different stops. Spouses will learn about the local community, employment services, disaster preparedness, on and off base resources, housing, schools in the area and child care options. Stops include DGMC, Military Personnel Squadron, Outdoor Recreation Center, Community Center, Health and Wellness Center, Fitness Center and lunch at the Sierra Inn Dining Facility.

### TRANSITION ASSISTANCE PROGRAM (TAP)

For more information on the following classes and seminars, contact the Airman and Family Readiness Center website at <http://www.travisafrc.com>, or please call (707) 424-2486.

### Mandatory Pre-separation Briefing

Required and mandated by Congress to be accomplished not later than 90 days before your actual discharge date. The four-day TAP class does not complete this requirement. This briefing is conducted at the Airman and Family Readiness Center. Briefings for retirees are held on the first and third Wednesday of each month at 8 a.m. Briefings for separating members are held on each Wednesday at 1 p.m. and the second, fourth and fifth Wednesday at 8:30 a.m. To see the times and dates of the workshops, log onto <http://www.travisAFRC.com> and sign up for the class times that work for you.

### Transition Assistance Program (TAP)

The Airman and Family Readiness Center and Department of Labor, four-day workshop covers all aspects of job hunting. Information on career assessment, resume writing, interviewing, networking, etc., is provided. This is our most popular workshop, so sign up as soon as you are eligible! A VA representative briefs separating/retiring members on their VA benefits and the Disabled Transition Assistance Program on the second day. This workshop is designed for military members within 12-months of separation and 24-months for those contemplating retirement. Spouses are highly encouraged to attend.