




January 2013	WEST POINT SCHOOLS LUNCH MENU			January 2013
MONDAY	TUESDAY		THURSDAY	FRIDAY
January 7	January 8	January 9	FYI - FUN TIMES	January 4
	<p>HAPPY NEW YEAR!</p> <p>WISHES FOR A HAPPY HEALTHY 2013</p>	<p>Nutrition Game</p> <p>Students Have Named Their Fruits & Veggies. Tell The Cashier The Veggie or Fruit Name of The Week and Win A Sticker. Read Your Menu</p>	<p>EACH MONTH WE WILL FEATURE A HEALTHY RECIPE SUBMITTED BY A STUDENT IN OUR ELEMENTARY SCHOOL THIS MONTH - 1ST GRADER A.N. (1V)</p>	<p>WINTER BREAK</p> <p>NO SCHOOL</p>
<p>OVEN BAKED CHICKEN NUGGETS or TUNA ON WHEAT</p> <p>Seasoned Brown Rice Gorgeous Green Beans Chilled or Fresh Fruit</p>	<p>TOASTED CHEESE ON WHEAT or HOT DOG ON BUN</p> <p>Chicken Noodle Soup Mixed Vegetables Pudding & Fruit</p>	<p>SPAGHETTI w/wo MEATBALLS or PIZZA HOT POCKET</p> <p>Warm Bread Stick Tossed Salad Cup Chilled or Fresh Fruit</p>	<p>OVEN BAKED BBQ CHICKEN or PONCHO PUP</p> <p>Mashed Potatoes Corn Niblets Icy Juicy Treat</p>	<p>IN SERVICE DAY</p> <p>NO SCHOOL</p> 
<p>OVEN BAKED CHICKEN TENDERS or TURKEY & CHEESE WRAP</p> <p>Chef's Special Noodles Green Beans Chilled or Fresh Fruit</p>	<p>NACHO'S w/wo MEAT OR CHEESE or CHICKEN FAJITA</p> <p>Mexican Corn Orange See-Saws Chilled Fruit Cup</p>	<p>A. N.'S RECIPE</p> <p>MOUNTAIN MAC & CHEESE or HOT DOG ON BUN</p> <p>Italian Bread Slice Tossed Salad Cup Fruited Jello w/ Topping</p>	<p>CHEESEBURG DELUXE ON BUN or SLOPPY JOE ON BUN</p> <p>Crispy French Fries Lettuce & Pickle Cup Chilled or Fresh Fruit</p>	<p>PIZZA PLAIN OR VEGGIE or TUNA SALAD WRAP</p> <p>Mac. & Tuna Salad Precious Sweet Peas Fresh or Chilled Fruit</p>
 <p>MARTIN LUTHER KING'S BIRTHDAY</p> <p>NO SCHOOL</p>	<p>FUN SHAPED CHICKEN NUGGETS or GOLDEN FISH STICKS</p> <p>Tator Tots Curious Carrot Coins Chilled or Fresh Fruit</p>	<p>FRENCH TOAST STICKS w/ Syrup or CHEF SALAD BOWL</p> <p>Sausage Patty Orange Juice Cup Chilled or Fresh Fruit</p>	<p>CRISPY CHICKEN PATTY ON BUN or HOT DOG ON BUN</p> <p>French Fries Lettuce & Tomato Cup Dessert Cookie & Fruit</p>	<p>PIZZA PLAIN OR SAUSAGE or HAM & CHEESE WRAP</p> <p>Vegetable Pasta Salad Corn Niblets Chilled or Fresh Fruit</p>
<p>SPAGHETTI w/wo MEATBALLS or HOT DOG ON BUN</p> <p>Slippery Salad Cup Warm Bread Stick Chilled or Fresh Fruit</p>	<p>CHESEBURG DELUXE ON BUN or CHICKEN FAJITA</p> <p>Lettuce & Pickle Cup Tator Tots Pudding Cup & Fruit</p>	<p>SOFT SHELL TWIN TACOS or BEEF/BEAN BURRITO</p> <p>Fluffy Brown Rice Lettuce & Cheese Cup Chilled or Fresh Fruit</p>	<p>PIZZA PLAIN OR PEPPERONI or SUBMARINE HERO</p> <p>Seasoned Noodles Green Beans Chilled or Fresh Fruit</p>	<p>IN SERVICE DAY</p> <p>NO SCHOOL</p>