



299th Brigade Support Battalion

The Heartbeat



June 2012



From The Desk Of The Command Team
LTC Eric Schwartz & CSM Bryon Starks



Lifeline 6 & Lifeline 7



While the Division was busy conducting Victory week, Lieutenant Colonel Schwartz and Command Sergeant Major Starks attended the 2012 Quartermaster Honors Symposium 13 - 15 June in Fort Lee, Virginia. They attended the symposium to accept the Distinguished Unit of the Regiment award for the 299th Brigade Support Battalion. 299th BSB was honored for all their hard work and dedication over the past year.

Created in 1986, the US Army Quartermaster Regiment (Corps) was established with Fort Lee as its home base. Three separate Regimental Honors Programs were created to recognize outstanding individuals and units (both past and present) who have helped fulfill the Corps' mission in very special ways, or who have brought known credit to the Regiment over the course of its long and proud history. The Distinguished Unit of the Regiment (DUOR) award was introduced in 1993 to recognize outstanding units, past and present, who have made significant contributions to the Quartermaster Corps.

Lieutenant Colonel Schwartz and Command Sergeant Major Starks were honored to accept this award on behalf of the leaders and Soldiers of the 299th BSB, both past and present.



Battalion News

Chaplain's



It's summer time! You will probably notice a lot of ACU tans: dark hands and a stripe around the head . Our Soldiers are working hard to improve their skills and get ready for anything that comes our way. We continue to teach family relationship skills and we had our first prayer meal event last month. We hope to have our first prayer lunch potluck on 21June2012 at 1145 in the Battalion classroom. The devotional time will tie into the summer season. It is a time of growth for us all with kids out of school and opportunities to have fun. Take time to do some service as a family. We all may know of someone in need, if not find someone to serve. I pray you all have a safe and fun summer.

Blessings,
CH (CPT) Williams

Soldier of the Month

PFC Cody Spencer (B)



NCO of the Month

SGT Daniel Freeman (B)



Promotions



MAY 24, 2012

To PFC: PFC Thomas Okumu (B)

JUNE 1, 2012

To SGT: SGT Kevin Bedonie (A), SGT Justin Hamby (C), SGT Ethan Motsinger (HHC)

JUNE 6, 2012

To PFC: PFC Clayton Whitman (B)

JUNE 29, 2012

To SPC: SPC Young Kim (B)

Battalion News

Congratulations to the following Soldiers who re-enlisted in the Army over the past 30 days:



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Battalion News

Community Outreach

Enterprise

On May 15, 2012 Enterprise Elementary School's third-grade class visited 299th Brigade Support Battalion for the day. They were greeted by Major Mead before enjoying all the battalion has to offer. Headquarters and Headquarters Company took the students through a darkened obstacle course where they were able to wear night vision goggles to experience the difficulties the Soldiers deal with during night missions. Next Alpha Company helped students put on the advanced combat helmet, elbow pads, knee pads, and the fighting load carrier to get their picture taken behind one of our many weapons. We also let them experience the weight of our gear by taking a 25 meter run across the battalion lawn. Bravo Company brought out the big truck with an M88 to show the kids how we recover vehicles. After letting them crawl through the M88, they were also able to see a Paladin courtesy of 1-7 Field Artillery battalion.

Charlie Company brought loads of fun with their medical demonstrations to include: skid runs, litter carries and spins, and a field-line ambulance tour. The students finished out their day on Fort Riley at the Commanding General's Mounted Color Guard stables where they got to see a short demonstration, tour the stables, and pet the horses as much as they would allow.



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Hails & Farewells

On June 8, 2012 we hailed 2LT William Wright (D) and CPT Kimberly Soer (A), as well as two babies 1LT Treone Frink's baby Joseph and CPT Jeremy Williams' baby Eleanor. We also farewelled some of our team mates when we said goodbye to MAJ Joseph Dzvonik (HHC), MAJ Jonathan Hall (HHC), MAJ Jason Mead (HHC), and CPT Jerry Roberts (HHC).

Family Readiness



FREE MP3 downloads:
http://rileymwr.com/main/?page_id=29778



This time of year we put a lot of time into fun in the sun away from the area. As each of you enjoy your time this summer, please stay safe and put us on your calendar for August 10th! That's right, even though your summer fun has begun, we are already thinking of ways to celebrate the end of the summer, so please add Lifeline Kids Day to your calendar! We are planning a day full of fun for all your kiddos!

FRSA Sabrena Stalnaker

The U.S. Army Instruction Management Committee presents

THE 2012 U.S. ARMY SOLDIER SHOW

ARMY STRONG™
An Army Community Service Program

July 13, 7pm, Free Admission
McCain Auditorium on K-State Campus

For more information, please call 785-238-8880.

Kids Fun Fitness Camp

The Details...

- 4 week camps
- 3 classes each week on Mon, Wed, & Fri
- 5-8 years old → 12-1pm
- 9+ years old → 3-4pm
- Limit 10 children per class
- Start Dates: June 25th, July 2nd, July 9th
- Fun games, drills, & activities to improve overall fitness

\$100

Making Fitness FUN!

Instructors:
 Aaron Akin, Whitney Lukenbill

426A McCall Road
 Manhattan, KS 66502
 Phone: 785-776-0670
www.maximumperformanceonline.net

Family Readiness

Wamego Independence Day Celebration!! 2012 Schedule of Activities



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CARNIVAL: Ottaway Amusements Rides, June 30th – July 4th, west side of Wamego City Park, Wristband Nights Thursday through Monday 6-10pm!

DUNK TANK: Wamego Volunteer Fire Department Auxiliary, June 30th – July 2nd, Wamego City Park during carnival hours. Come dunk your favorite coach, city official, or co-worker! Proceeds to benefit Wamego Volunteer Fire Department and Auxiliary!

38TH ANNUAL WALTER P. CHRYSLER AUTO SHOW: July 4th, 9:00am-3:30pm, Wamego City Park, over 100 classic show cars and trucks! Awards at 3:30pm!

HOT WHEELS RACES: July 4th, 1:30pm, Wamego City Park. Hot Wheels available to buy for the race! Child and adult categories!

27TH ANNUAL KAW VALLEY ANTIQUE ENGINE, TRUCK AND TRACTOR CLUB SHOW: July 4th, 9:00am-3:30pm, Locust and 4th Streets, Antique gasoline engine exhibits welcome!

WAMEGO HISTORICAL SOCIETY ICE CREAM SOCIAL: July 4th, 10:00am – 5:00pm, Wamego Historical Prairie Village in City Park. Ice cream churned in five gallon buckets by antique, John Deere, water-cooled engine!

FIRST UNITED METHODIST CHURCH PORK SANDWICH & HOMEMADE PIE DINNER: July 4th, 11:00am – 8:00pm, Patriotic Concerts at 1:00pm and 7:30pm. First United Methodist Church, 6th and Lincoln Ave!

POTTAWATOMIE COUNTY REPUBLICANS FREE WATERMELON FEED: July 4th, after the parade, south of the parking lot in the Wamego Recreation Complex!

141ST ANNUAL WAMEGO INDEPENDENCE DAY PARADE: July 4th, 6:00pm, Downtown Lincoln Avenue from 8th to 4th streets. One of the longest running Independence Day Parades in Kansas!

1ST Infantry Division Band Concert: July 4th, 8:00pm, come to the Wamego Rec Complex at Hwy 24 & Balderson Blvd to see a pre-fireworks show with jazz, country, rock and big band patriotic music!

FIREWORKS!! July 4th, 10:00pm, Wamego Recreation Complex at HWY 24 & Balderson Blvd, Kansas Best 150 - #1 Ranked Fireworks Display in Kansas!! Over 50,000 shells fired in under 30 minutes!

Family Readiness

Hole in 1, The Fundamentals in Golf

Come enjoy an afternoon of friendly Golf and fun with the Hearts Apart Program. Receive prizes for winning various mini-competitions. Use the skills of a trained PGA Professional to help you capture those prizes!

Cost: **FREE**

When: July 26th, 1- 4pm

Where: Custer Hill Golf Course

Registration is required by July 24th :
ACS 785-239-9435 or
marvin.e.springer4.civ@mail.mil

no children-please

Childcare will be provided.
Please request at time of registration



This program offers support for waiting Families who are left behind due to the sponsor's mission requirements.



Get out and enjoy some of the activities that Fort Riley and the surrounding area have to offer!

5th Annual event
July 26, 2012
5:30-7pm Free Picnic
8pm Opening Ceremony

Blue Ribbon Sponsors:
Dick Edwards FORD
McALISTER'S DELI

Sponsors:

Advance registration available now and ticket distribution begins July 1, 2012.

- Free adult and children's tickets available WHILE SUPPLIES LAST.
- Picnic for first 400 or until the food runs out.

Distribution points: Manhattan Chamber, 501 Poyntz Ave., Manhattan; Dick Edwards Ford, Hwy 24 E, Manhattan; ITR on Fort Riley and the USO (after ITR closes). Tickets are also available through your Battalion level FRSA. Call 785-776-8829 for more information.



July 3rd – 7th

Entertainment on the Main Stage 2012

Sundown Salute Activities

Parade

10 & 5 K Race

1 Mile Fun Run

Carnival

Fireworks

Uncle Cracker Hometown Tour

Landslide – Tribute to Fleetwood Mac

Double Vision – Tribute to Foreigner

Think Floyd – Tribute to Pink Floyd

Hells Bells – Tribute to AC/DC

Houses of the Holy – Tribute to Led Zeppelin

Blackwater – Tribute to The Doobie Brothers

Dead or Alive – Tribute to Bon Jovi

Silver Bullet – Tribute to Bob Seger

Edge of Forever – Tribute to Lynyrd Skynyrd

Mark Schultz

Headquarters & Headquarters Company

By CPT Jacqueline Ralston, Commander Company

It has been a busy month for the Headhunters. In mid-May, the company completed its support of the Expert Field Medical Badge competition which included the set up, daily maintenance, and tear down of the Life Support Area which housed nearly 180 candidates and 100 cadre. The company, augmented by nearly 75 Soldiers from other companies, worked hard to ensure that the candidates had quality living spaces. The company's cooks prepared two meals a day to ensure the candidates received nourishment for their long, demanding days on their newly fielded Containerized Kitchen.

In May, the company also qualified at a M4/M16 range, participated in the battalion's and division's Safety Stand Down Days, and completed a successful Maintenance Week. The Maintenance Week included a convoy of the company's entire fleet of vehicles which was a great opportunity for us to test all the equipment and also to give new Soldiers experience operating the tactical vehicles. HHC also learned to relax and cope with stress after a class from the Army Community Services (ACS) on "Bal-A-Vis-X" which is a series of balance, auditory, and vision exercises of varied complexity that enables the mind-body system to experience the natural symmetrical flow of pendulum. If you are interested in learning more, the ACS holds classes at the Resiliency Campus from 4-6pm on Tuesdays.

We closed out May with a great FRG event – Family PT and breakfast. The Families and Soldiers had a fun time working out together; Family members experienced the new Physical Readiness Program's exercises and some even got to run while calling cadences. It was a wonderful opportunity to share what we do each day with those who support us as we do it. The next FRG event is a picnic at Moon Lake on 5 July. Please join us starting at 10am and bring a side dish or dessert to share.

The summer months show no sign of slowing down for the Soldiers of HHC. We have two Range Weeks at the end of June as well as a brigade Staff Assistance Visit. Both events will require preparation and long hours by the Soldiers in order to be successful. In July, the company will be focused on "cleaning" out our areas by turning in excess equipment and preparing for the division Reset Assistance Visit at the end of the month. Wrapping up the summer, the focus of August and September will be on training and field exercises. The company will be having a training week from 13-17 August and again from 4-7 September. However, even with all the tasks ahead of us, individuals will have the opportunity to take block leave either in July or August depending on their section's mission requirements.

As always, 1SG Giddens and I are proud of our Soldiers' accomplishments. SPC Rouse and SPC Smithers recently graduated from the Warriors Leaders Course while SFC Dewitt and SFC Wernholm completed the Senior Leaders Course; SFC Dewitt earned recognition on the Commandant's List. Additionally we re-enlisted three Soldiers (SPC Flowers, SPC Sakaye, and SPC Yon) and promoted three NCOs (SGT Mosinger, SGT Pace, and MSG Thap). We continue to bid farewell to Soldiers and Officers departing Fort Riley and welcome new members to the Headhunters Family. We thank the Families for their continued support and dedication to their Soldiers and to the unit.

Headhunters – Supporting the Fight

BN Staff & Alpha Company

Happy Birthday XO

He huffed and he puffed and he was finally able to blow out all his candles. On June 11 the battalion staff celebrated Major Mead's birthday with a cake. On June 14, 2012 Major Jason Mead, our Battalion Executive Officer, will be 39 years old. Make sure to wish him a happy birthday before he moves on to his next assignment.



"WELCOME CPT SOER"

By: 2LT Sarah Blake, Assistant S1



Alpha Company underwent a change of command 7 June 12, where they said goodbye to CPT Matthew Einhorn who will be heading over to Foxtrot Company to be an FSC commander. It wasn't all sadness, as they welcomed CPT Kimberly Soer as their new commander. Alpha Company is in capable hands as CPT Soer has been the Foxtrot Company Commander for the past year. We welcome CPT Soer to the core companies, and expect to see great things as the Alpha Company Commander.

Bravo Company

By: CPT David M. Hallbrook, Company Commander



Bravo Company has once again performed with distinction over the past month. We have conducted simulated tactical convoy exercises, celebrated victory week, successfully conducted a road test of all vehicles assigned to the company, and ran a battalion

level M4/M16 range qualifying 76 Soldiers within the battalion. Bravo Company had over 35 Soldiers participate in over 12 events during Victory Week. The events ranged from Basketball to Arm Wrestling and helped maintain a high level of esprit de corps within both the company and battalion. Bandit nation reenlisted four Soldiers over the past month and won the NCO of the Month and Soldier of the Month Boards. Bravo also held a FRG meeting focusing on alcohol and drug prevention education complete with a "dunk tank" in which the commander was dunked 23 times.

The following Soldiers reenlisted in the Army over the past month: 1. SGT Tabor, 2. SGT Field, 3. SPC Chavez, and 4. SPC Capellan. SGT Freeman distinguished himself by winning NCO of the month in the battalion and PFC Spencer distinguished himself by winning the Soldier of the Month board for the battalion.

Never Back Down!



Charlie Company

By CPT Marietta Squire, Company Commander



Charlie Company recently participated in the BDE Change of Command Ceremonies as well as the Victory Week activities.

Some highlighted performances consisted of LT Adams, SPC Lubinski, and SPC Hedlund's display of athletic prowess as they helped lead the way to the brigade/battalion winning the division Water Polo title. Also, SPC Guzman helped lead the way in the 10 Miler competition during Victory Week. LT Shramek and SGT Allen planned, coordinated, and executed the Division Arm Wrestling Competition. A stellar APFT performance consisted of SPC Hedlund running a 11:15 on

his two mile run in his APFT. Great work.

SGT Szpara continues to be an outstanding performer with his incredible hard work and diligence as the Company Master Driver, UPL Manager, and Company Maintenance Manager.

The company has had a number of key leaders transition throughout the summer. Charlie welcomes to the team 1SG Parkhurst, LT Jones, SGT Engel, and a number of outstanding new junior medic and medic specialty Soldiers.

FRG Leaders—On Call to Serve

Battalion FRG Leadership

Position	Name	Phone Number	E-mail
Commander	LTC Eric Schwartz		eric.schwartz@us.army.mil
Battalion CSM	CSM Bryon Starks		bryon.k.starks@us.army.mil
FRG Advisor	Melinda Schwartz	931.494.7304	299bsbfrg@gmail.com
FRSA	Sabrena Stalnaker	785.239.5539	sabrena.stalnaker@us.army.mil

Company FRG Leadership

Company	Name	Phone Number	E-mail
Alpha Company Command Team	CPT Kimberly Soer ISG Sherry Clark		kimberly.soer@us.army.mil sherry.widow@us.army.mil
Alpha Company FRG Leader	Amy Hartung	760.458.1194	alphaavalanche@gmail.com
Bravo Company Command Team	CPT David Holbrook SFC Jason Holley		david.holbrook1@us.army.mil jason.holley@us.army.mil
Bravo Company FRG Leader	Krystal Frink Amber Giddings	919.608.7042 785.784.2666	bcobandits@gmail.com
Charlie Company Command Team	CPT Marietta Squire SFC Jere Parkhurst		marietta.squire@us.army.mil jere.parkhurst@us.army.mil
Charlie Company FRG Leader	Alyssa Clevenger	916.704..5171	299bsbcharliecompanyfrg@gmail.com
HHC Command Team	CPT Jacqueline Ralston ISG David Giddens		jacqueline.ralston@us.army.mil david.giddens@us.army.mil
HHC FRG Leader	Julie Curry Kristin Jackson	785.375.8838 330.284.5673	hhcheadhunters@gmail.com