OMB Control No. 2900-0776 Respondent Burden: 30 minutes

Department of Veterans Affairs	DIABETIC SENSORY-MOTOR PERIPHERAL NEUROPATHY DISABILITY BENEFITS QUESTIONNAIRE								
IMPORTANT - THE DEPARTMENT OF VETERANS AFFAIRS (VA) WILL NOT PAY OR REIMBURSE ANY EXPENSES OR COST INCURRED IN THE PROCESS OF COMPLETING AND/OR SUBMITTING THIS FORM. PLEASE READ THE PRIVACY ACT AND RESPONDENT BURDEN INFORMATION BEFORE COMPLETING FORM.									
NAME OF PATIENT/VETERAN		PATIENT/VETERAN'S SOCIAL SECURITY NUMBER							
NOTE TO PHYSICIAN - Your patient is applying to the U provide on this questionnaire as part of their evaluation in proc		lisability benefits. VA will consider the information you							
	SECTION I - DIAGNOSIS								
1A. DOES THE VETERAN NOW HAVE OR HAS HE/SHE EVER	RY BEEN DIAGNOSED WITH DIABETIC PERIPH	ERAL NEUROPATHY?							
1B. PROVIDE DIAGNOSES THAT PERTAIN TO DIABETIC PERIPHERAL NEUROPATHY:									
DIAGNOSIS # 1 -	ICD CODE -	DATE OF DIAGNOSIS -							
DIAGNOSIS # 2 -	ICD CODE -	DATE OF DIAGNOSIS -							
DIAGNOSIS # 3 -	ICD CODE -	DATE OF DIAGNOSIS -							
1C. IF THERE ARE ADDITIONAL DIAGNOSES THAT PERTAIN	I TO DIABETIC PERIPHERAL NEUROPATHY, LIS	ST USING ABOVE FORMAT:							
SECTION II - MEDICAL HISTORY 2A. DOES THE VETERAN HAVE DIABETES MELLITUS TYPE I OR TYPE II? YES NO 2B. DESCRIBE THE HISTORY (including cause, onset and course) OF THE VETERAN'S DIABETIC PERIPHERAL NEUROPATHY									
2C. DOMINANT HAND									
	SECTION III - SYMPTOMS								
3. DOES THE VETERAN HAVE ANY SYMPTOMS ATTRIBUTAR		?							
YES NO (If "Yes," indicate symptoms' location of	and severity) (Check all that apply):								
CONSTANT PAIN (may be excruciating at times)									
RIGHT UPPER EXTREMITY: None Mild	Moderate Severe								
LEFT UPPER EXTREMITY: None Mild	Moderate Severe								
RIGHT LOWER EXTREMITY: None Mild Moderate Severe									
LEFT LOWER EXTREMITY: None Mild	Moderate Severe								
INTERMITTENT PAIN (usually dull)									
RIGHT UPPER EXTREMITY: None Mild	Moderate Severe								
	Moderate Severe								
	Moderate Severe								
LEFT LOWER EXTREMITY: None Mild Moderate Severe									

SECTION III - SYMPTOMS (Continued)									
3. DOES THE VETERAN HAVE ANY SYMPTOMS ATTRIBUTABLE TO DIABETIC PERIPHERAL NEUROPATHY? (Continued)									
PARESTHESIAS AND/OR DYSESTHESIAS									
RIGHT UPPER EXTR	REMITY: 🗌 N	lone	Mild	Moderat	e 🗌 Sev	ere			
LEFT UPPER EXTRE	MITY: 🗌 N	lone [Mild	Moderat	e 🗌 Sev	ere			
RIGHT LOWER EXTR		lone [Mild	Moderat	e Sev	ere			
LEFT LOWER EXTR		Ione	Mild [Moderat					
NUMBNESS									
RIGHT UPPER EXTREMITY: None Mild Moderate Severe									
LEFT UPPER EXTRE	MITY: N	one [Mild	Moderate	e 🗌 Seve	ere			
RIGHT LOWER EXTR		one [Mild	Moderate	e 🗌 Seve	ere			
LEFT LOWER EXTRE	EMITY: N	one	Mild	Moderate	e 🗌 Seve	ere			
	(D								
OTHER SYMPTOMS	(Describe symp	otoms, l	ocation an	d severity):					
				SECTI	ON IV - N	EUROLOG	IC EXAM		
4A. STRENGTH - RATE S	TRENGTH ACC	ORDIN	G TO THE	FOLLOWIN	G SCALE:				
0/5 No muscle movemer	nt			2/5 No	movement	against grav	/ity	4/5 Less than normal strength	
1/5 Visible muscle move	ment, but no join	nt move	ment	3/5 No	movement	against resi	stance	5/5 Normal strength	
All normal									
Elbow Flexion	RIGHT:	5/5	4/5	3/5	2/5	1/5	0/5		
	LEFT:	5/5	4/5	3/5	2/5	1/5	0/5		
Elbow Extension	RIGHT:	5/5	4/5	3/5	2/5	1/5	0/5		
		5/5	4/5	3/5	2/5	1/5	0/5		
Wrist Flexion	RIGHT:	5/5	4/5	3/5	2/5	1/5	0/5		
		5/5	4/5	3/5	2/5	1/5	0/5		
Wrist Extension		5/5	4/5	3/5	2/5	1/5	0/5		
Crip	LEFT:	5/5 5/5	4/5	3/5	2/5	1/5	0/5		
Grip		5/5	4/5	3/5	2/5	1/5	0/5		
Pinch		5/5	4/5	3/5	2/5	1/5	0/5		
(thumb to index finger)		5/5	4/5	3/5	2/5	1/5	0/5		
Knee Extension	RIGHT:	5/5	4/5	3/5	2/5	1/5	0/5		
		5/5	4/5	3/5	2/5	1/5	0/5		
Knee Flexion	RIGHT:	5/5	4/5	3/5	2/5	1/5	0/5		
	LEFT:	5/5	4/5	3/5	2/5	1/5	0/5		
Ankle Plantar Flexion	RIGHT:	5/5	4/5	3/5	2/5	1/5	0/5		
	LEFT:	5/5	4/5	3/5	2/5	1/5	0/5		
Ankle Dorsiflexion	RIGHT:	5/5	4/5	3/5	2/5	1/5	0/5		
	LEFT:	5/5	4/5	3/5	2/5	1/5	0/5		
4B. DEEP TENDON REFLE	EXES (DTRs) - R	RATE RI	EFLEXES	ACCORDIN	G TO THE	FOLLOWIN	G SCALE:		
0 - Absent	2+ Norm	nal			4+ In	creased with	clonus		
1+ Decreased 3+ Increased without clonus									
All normal									
Biceps	RIGHT:	0	1+	2+	3+	4+			
	LEFT:	0	1+	2+	3+	4+			
Triceps	RIGHT:	0	1+	2+	3+	4+			
	LEFT:	0	1+	2+	3+	4+			
Brachioradialis	RIGHT:	0	1+	2+	3+	4+			
		0	1+	2+	3+	4+			
Knee	RIGHT:	0	1+	2+	3+	4+			
A		0		2+	3+	4+			
Ankle		0 0	☐ 1+ □ 1+	2+	3+	4+			

SECTION IV - NEUROLOGIC EXAM (Continued)								
4C. LIGHT TOUCH/MONO	FILAMENT	TEST	TING RES	ULTS	\$			
All Normal								
Shoulder area	RIGHT:		Normal		Decreased	Г	Absent	
	LEFT:	Н	Normal	Н	Decreased		Absent	
Inner/outer forearm	RIGHT:	Н	Normal		Decreased	F	Absent	
	LEFT:	П	Normal		Decreased	F	Absent	
Hand/fingers	RIGHT:	П	Normal	П	Decreased		Absent	
, in the second second	LEFT:	П	Normal	П	Decreased		Absent	
Knee/thigh	RIGHT:	Π	Normal	Π	Decreased		Absent	
5	LEFT:		Normal		Decreased		Absent	
Ankle/lower leg	RIGHT:		Normal		Decreased		Absent	
	LEFT:		Normal		Decreased		Absent	
Foot/toes	RIGHT:		Normal		Decreased		Absent	
	LEFT:		Normal		Decreased		Absent	
4D. POSITION SENSE (gr	asp index f	inger	great toe	on si	ides and ask p	oatier	nt to identi	fy up and down movement)
Not tested		0	0					
RIGHT UPPER EXTREMI	ΓY		Normal		Decreased		Absent	
LEFT UPPER EXTREMITY	ſ		Normal		Decreased		Absent	
RIGHT LOWER EXTREMI	TY		Normal		Decreased		Absent	
LEFT LOWER EXTREMIT	Y		Normal		Decreased		Absent	
4E. VIBRATION SENSATIO	ON (place le	ow-pi	itched tun	ing fa	ork over DIP	joint	of index fi	nger/IP joint of great toe)
Not tested	L.	1		07	5		5 5	
RIGHT UPPER EXTREMIT	ΓY		Normal		Decreased		Absent	
LEFT UPPER EXTREMITY	(Normal		Decreased		Absent	
RIGHT LOWER EXTREMI	TY		Normal		Decreased		Absent	
LEFT LOWER EXTREMIT	Y		Normal		Decreased		Absent	
4F. COLD SENSATION (tes	st distal ext	remit	ties for co	ld ser	isation with s	ide o	f tuning fo	rk)
Not tested			,				, 0,	
RIGHT UPPER EXTREMIT	Y		Normal		Decreased		Absent	
LEFT UPPER EXTREMITY	,		Normal		Decreased		Absent	
RIGHT LOWER EXTREMI	ΤY		Normal		Decreased		Absent	
LEFT LOWER EXTREMITY	Y		Normal		Decreased		Absent	
4G. DOES THE VETERAN	HAVE MUS	SCLE	ATROPH	Y?				
YES NO								
(If muscle atrophy is pres	ent, indica	te loc	ation):					
			· _					
- · · · · · · · · · · · · · · · · · · ·		-						and atrophied side, measured at maximum muscle bulk: cm.)
	HAVE TRC	PHIC	CHANGE	ES (c.	haracterized i	by lo	ss of extre	nity hair, smooth, shiny skin, etc.) ATTRIBUTABLE TO DIABETIC PERIPHERAL
YES NO (If "Yes," describe):								
SECTION V - SEVERITY								
NOTE: Based on symptoms and findings from Sections 3 and 4, complete Items 5a and 5b below to provide an evaluation of the severity of the veteran's diabetic peripheral neuropathy.								
NOTE: For VA purposes, the term "incomplete paralysis" indicates a degree of lost or impaired function substantially less than the description of complete paralysis that is given with each nerve. If the nerve is completely paralyzed, check the box for "complete paralysis". If the nerve is not completely paralyzed, check the box for "incomplete paralysis" and indicate severity.								
For VA purposes, when nerve impairment is wholly sensory, the evaluation should be mild, or at most, moderate.								
5A. DOES THE VETERAN HAVE AN UPPER EXTREMITY DIABETIC PERIPHERAL NEUROPATHY?								
YES NO (If "Yes," indicate nerve affected, severity and side affected)								
RADIAL NERVE (musculospiral nerve)								
(NOTE: Complete paralysis (hand and fingers drop, wrist and fingers flexed; cannot extend hand at wrist, extend proximal phalanges of fingers, extend thumb or								
make lateral movement of wrist; supination of hand, elbow extension and flexion weak, hand grip impaired.)								
RIGHT: Normal Incomplete paralysis Complete paralysis								
(If incomplete paralysis is checked, indicate severity):								
Mild Moderate Severe								

SECTION V - SEVERITY (Continued)							
5A. DOES THE VETERAN HAVE AN UPPER EXTREMITY DIABETIC PERIPHERAL NEUROPATHY? (Continued)							
LEFT: Normal Incomplete paralysis Complete paralysis							
(If incomplete paralysis is checked, indicate severity):							
Mild Moderate Severe							
MEDIAN NERVE							
(NOTE: Complete paralysis (hand inclined to the ulnar side, index and middle fingers extended, atrophy of thenar eminence, cannot make fist, defective							
opposition of thumb, cannot flex distal phalanx of thumb; wrist flexion weak.) RIGHT: Normal Incomplete paralysis Complete paralysis							
(If incomplete paralysis is checked, indicate severity):							
Mild Moderate Severe							
LEFT: Normal Incomplete paralysis Complete paralysis							
(If incomplete paralysis is checked, indicate severity):							
Mild Moderate Severe							
ULNAR NERVE							
(NOTE: Complete paralysis ("griffin claw" deformity, atrophy in dorsal interspaces, thenar and hypothenar eminences; cannot extend ring and little finger, cannot spread fingers, cannot adduct the thumb; wrist flexion weakened.)							
(If incomplete paralysis is checked, indicate severity):							
Mild Moderate Severe							
LEFT: Normal Incomplete paralysis Complete paralysis							
(If incomplete paralysis is checked, indicate severity):							
Mild Moderate Severe							
5B. DOES THE VETERAN HAVE A LOWER EXTREMITY DIABETIC PERIPHERAL NEUROPATHY?							
YES NO (If "Yes," indicate nerve affected, severity and side affected)							
SCIATIC NERVE							
(NOTE: Complete paralysis (foot dangles and drops, no active movement of muscles below the knee, flexion of knee weakened or lost.)							
RIGHT: Normal Incomplete paralysis Complete paralysis							
(If incomplete paralysis is checked, indicate severity):							
Mild Moderate Moderately Severe Severe, with marked muscular atrophy							
LEFT: Normal Incomplete paralysis Complete paralysis							
(If incomplete paralysis is checked, indicate severity):							
Mild Moderate Moderately Severe Severe, with marked muscular atrophy							
FEMORAL NERVE (anterior crural)							
(NOTE: Complete paralysis (paralysis of quadriceps extensor muscles.)							
RIGHT: Normal Incomplete paralysis Complete paralysis							
(If incomplete paralysis is checked, indicate severity):							
LEFT: Normal Incomplete paralysis Complete paralysis							
(If incomplete paralysis is checked, indicate severity):							
Mild Moderate Moderately Severe							
SECTION VI - OTHER PERTINENT PHYSICAL FINDINGS, COMPLICATIONS, CONDITIONS, SIGNS AND/OR SYMPTOMS							
6A. DOES THE VETERAN HAVE ANY SCARS (surgical or otherwise) RELATED TO ANY CONDITIONS OR TO THE TREATMENT OF ANY CONDITIONS LISTED IN SECTION I, DIAGNOSIS?							
YES NO (If "Yes," are any of the scars painful and/or unstable, or is the total area of all related scars greater than 39 square cm (6 square inches?))							
YES NO (If "Yes," ALSO complete VA Form 21-0960F-1, Scars/Disfigurement Disability Benefits Questionnaire)							
6B. DOES THE VETERAN HAVE ANY OTHER PERTINENT PHYSICAL FINDINGS, COMPLICATIONS, CONDITIONS, SIGNS AND/OR SYMPTOMS RELATED TO							
ANY CONDITIONS LISTED IN SECTION I, DIAGNOSIS? YES NO (If "Yes," describe) (Brief summary):							

SECTION VII - DIAGNOSTIC TESTING								
NOTE: For purposes of this examination, electromyography (EMG) studies are rarely required to diagnose diabetic peripheral neuropathy. The diagnosis of diabetic peripheral neuropathy can be made in the appropriate clinical setting by a history of characteristic pain and/or sensory changes in a stocking/glove distribution and objective clinical findings, which may include symmetrical lost/decreased reflexes, decreased strength, lost/decreased sensation for cold, vibration and/or position sense, and/or lost/decreased sensation to monofilament testing								
7A. HAVE EMG STUDIES BEEN PERFORMED?								
YES NO								
(Extremities tested):								
RIGHT UPPER EXTREMITY Results: Norm	al 🗌 Abnormal Date:							
LEFT UPPER EXTREMITY Results: Norm								
RIGHT LOWER EXTREMITY Results: Norm								
LEFT LOWER EXTREMITY Results: Norm								
	al Abnormal Date:							
(If abnormal, describe):								
7B. IF THERE ARE OTHER SIGNIFICANT FINDINGS OR DIA	AGNOSTIC TEST RESULTS, PROVIDE DATES	S AND DESCRIBE						
	SECTION VIII - FUNCTIONAL IMPAC	Т						
8. DOES THE VETERAN'S DIABETIC PERIPHERAL NEURO	PATHY IMPACT HIS OR HER ABILITY TO WO	DRK?						
YES NO If "Yes," describe impact of the	veteran's diabetic peripheral neuropathy, pro	oviding one or more examples:						
	SECTION IX - REMARKS							
9. REMARKS, if any:								
SECTION X - PHYSICIAN'S CERTIFICATION	ON AND SIGNATURESECTION IX - PH	SICIAN'S CERTIFICATION	AND SIGNATURE					
CERTIFICATION - To the best of my knowle	edge, the information contained here	in is accurate, complete an	id current.					
10A. PHYSICIAN'S SIGNATURE	10B. PHYSICIAN'S PRINTED NAME		10C. DATE SIGNED					
10D. PHYSICIAN'S PHONE AND FAX NUMBER 10E. PHYSI	CIAN'S MEDICAL LICENSE NUMBER	10F. PHYSICIAN'S ADDRES	35					
NO. THIS CAN STHOKE AND FACTOMIDEN TO	CIAN S MEDICAE LICENSE NOMBER							
NOTE VA move request additional modical information in	abuding additional anominations if passage	to complete VA's review of the	votoronia annication					
NOTE - VA may request additional medical information, in	citating additional examinations, if necessary	to complete vAs review of the	veteran's application.					
IMPORTANT - Physician please fax the comp	leted form to							
(VA Regional Office FAX No.)								
NOTE - A list of VA Regional Office FAX Numbers can be found at <u>www.vba.va.gov/disabilityexams</u> or obtained by calling 1-800-827-1000.								
TOTE - A list of VA Regional Office FAA Munices can be found at <u>www.voa.va.gov/disaointyvaanis</u> of obtained by caning 1-000-027-1000.								
PRIVACY ACT NOTICE: VA will not disclose information coll	ected on this form to any source other than what h	as been authorized under the Privac	y Act of 1974 or Title 38, Code of					
Federal Regulations 1.576 for routine uses (i.e., civil or criminal			2					
United States, litigation in which the United States is a party or has an interest, the administration of VA programs and delivery of VA benefits, verification of identity and status, and personnel administration) as identified in the VA system of records, 58VA21/22/28, Compensation, Pension, Education and Vocational Rehabilitation and Employment Records - VA, published in the								
Federal Register. Your obligation to respond is voluntary. VA uses your SSN to identify your claim file. Providing your SSN will help ensure that your records are properly associated with your								
claim file. Giving us your SSN account information is voluntary. Refusal to provide your SSN by itself will not result in the denial of benefits. VA will not deny an individual benefits for								
refusing to provide his or her SSN unless the disclosure of the SSN is required by a Federal Statute of law in effect prior to January 1, 1975, and still in effect. The requested information is considered relevant and necessary to determine maximum benefits under the law. The responses you submit are considered confidential (38 U.S.C. 5701). Information submitted is subject to								
considered relevant and necessary to determine maximum benefits under the law. The responses you submit are considered confidential (38 U.S.C. 5701). Information submitted is subject to verification through computer matching programs with other agencies.								
RESPONDENT BURDEN: We need this information to determine entitlement to benefits (38 U.S.C. 501). Title 38, United States Code, allows us to ask for this information. We estimate that you will need an average of 30 minutes to review the instructions, find the information, and complete a form. VA cannot conduct or sponsor a collection of information unless a valid OMB								
control number is displayed. You are not required to respond to a collection of information if this number is not displayed. Valid OMB control numbers can be located on the OMB Internet								
Page at www.reginfo.gov/public/do/PRAMain. If desired, you can call 1-800-827-1000 to get information on where to send comments or suggestions about this form.								