

## MODULE 4 – ENGAGEMENT AND INTERVENTION WITH PARENTS AFFECTED BY SUBSTANCE USE DISORDERS, MENTAL DISORDERS, AND CO-OCCURRING DISORDERS

### AGENDA

- 0-15 minutes      Introductions; Purpose; Ground rules
- 15-35 minutes    Presentation 12: Readiness to change; stages of change; relapse; enhancing parents motivation
- 35-55 minutes    Facilitated Discussion: When you begin something new, what factors assist or support you, and what factors make that new “thing” difficult? If you are beginning something new and it is really important to you, how does that affect the ease or difficulty of beginning?
- 55-75 minutes    Presentation 13: Motivational interviewing techniques; Models/strategies for engagement in family services and support; culturally appropriate methods for building rapport; resources for family-to-family linkages and supports
- 75-95 minutes    Facilitated Discussion: The change process is unique for each person affected by substance abuse and/or mental disorders. What amount of variation is acceptable to you as a person? What variation is acceptable to you as a child welfare professional? What is your experience, personal or professional, with relapses? How are you affected by your experiences?
- 95-110 minutes    Break
- 110-135 minutes   Presentation 14: Screening and assessment of substance use and mental disorders, and co-occurring disorders, and using this information in case planning and monitoring
- 135-155 minutes   Vignette Discussion: Discuss 1) levels of seriousness indicated in the vignette; 2) the type of screening that needs to take place; and 3) what is expected from the screening process? Focus especially on discussion of tools that might assist the screening process.
- 155-160 minutes   Closing