

Handout:  
Treatment Settings, Services, and Locations

Setting	Services Provided	Locations	Notes
Outpatient treatment	1-8 hours per week Pharmacotherapy, health and psychosocial individual and group therapy; case management; drug testing	Freestanding facility Hospital Community based health or social service agency	Levels of intensity and frequency vary, depending on treatment needs
Intensive outpatient treatment	9-70 hours of treatment per week (8-10 hours/day) to patients who do not live onsite Group therapy, medical and psychosocial therapy, pharmacotherapy, relapse prevention training, individual counseling, family involvement, withdrawal management; case management; drug testing	Community based agency Homeless shelter Jail Prison Hospital	Weekend and/or evening programs may be available for working individuals.
Residential treatment	24-hour care and/or support for clients who live on premises Structured individual and group therapy, pharmacotherapy, stringent behavioral norms and expectations, and increasing task responsibility to accomplish with associated privileges; drug testing as needed		
Therapeutic community	Shared sense of responsibility, loose structure, and emphasis on support and rehabilitation	Therapeutic Community: <ul style="list-style-type: none"> <li>• Live-in facility</li> <li>• Freestanding facility</li> <li>• Component of correctional facility</li> </ul>	Therapeutic Community: <ul style="list-style-type: none"> <li>• Professional staff and group leaders (often program graduates)</li> </ul>
Transitional living facility		Transitional Living: <ul style="list-style-type: none"> <li>• Small, home-like settings; may include quarterway and halfway houses and extended care facilities</li> </ul>	Transitional Living: <ul style="list-style-type: none"> <li>• Some have professional staff and offer formal treatment; others provide only peer support</li> </ul>
Inpatient hospitalization	24-hour services for: <ul style="list-style-type: none"> <li>• Short-term detoxification</li> <li>• Medical and psychiatric crisis management</li> <li>• Psychosocial rehabilitation</li> <li>• Combination of above</li> </ul>	General medical hospital Psychiatric hospital Freestanding addiction treatment program facility	Stringent safety measures and monitoring, especially for clients who may harm themselves or others

Adapted from: Landry, 1995