Additional Resource: The Drug Abuse Treatment Outcome Studies (DATOS)

The Drug Abuse Treatment Outcome Studies (DATOS), a large-scale study funded by NIDA, studied the effectiveness of different treatment modalities. These included (1) Outpatient Methadone Treatment; (2) Long-Term Residential Treatment; (3) Outpatient Drug-Free Treatment, and (4) Short-Term Inpatient Treatment. To learn more, review details about the DATOS study at http://www.datos.org/aboutdatos.html

Key findings from the 1-year follow-up are shown in the following graphs:

Cocaine

Heroin

(Weekly)* (Weekly)*

Changes from Before to After Treatment 100 89 Pre 📃 Post ⁸⁵ 82 80 60 42 40 29 28 22 17 13 15 16 14 20 Û

Outpatient Methadone Treatment (OMT)

% of DATOS Sample (N=727) Hubbard, Craddock, Flynn, Anderson, & Etheridge, 1997, <u>Psych Addict Behav</u>

lliegal

Activity*

H eavy

Alcohol

NOFT

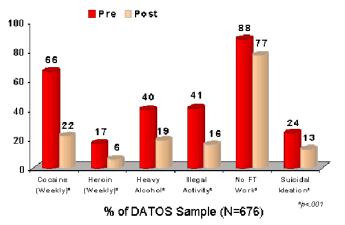
Work

Suicid al

ld eation *p<.001

Long-Term Residential (LTR)Treatment

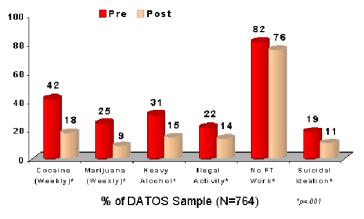
Changes from Before to After Treatment



Hubbard, Craddock, Flynn, Anderson, & Etheridge, 1997, Psych Addict Behav

Outpatient Drug-Free (ODF) Treatment

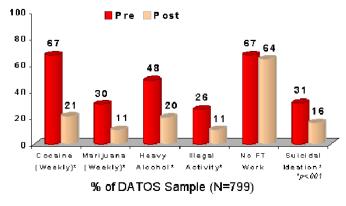
Changes from Before to After Treatment



Hubbard, Craddock, Flynn, Anderson, & Etheridge, 1997, Psych Addict Behav

Short-Term Inpatient (STI) Treatment

Changes from Before to After Treatment



Hubbard, Craddock, Flynn, Anderson, & Etheridge, 1997, Psych Addict Behav