Case Management of Mild Traumatic Brain Injury

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## Objectives

\*Basic principles case management
\*Compare and Contrast Departments of Defense and Veterans Affairs (DoD/VA)
\*Core case management tasks
\*Identify common challenges and barriers
\*Resources

#### Case Management

Case management is a collaborative process under the population health continuum which assesses, advocates, plans, implements, coordinates, monitors, and evaluates options and services to meet an individual's and family's health needs through communication and available resources to promote quality, cost effective outcomes.

# **Basic Principles**

\*Case Management requires frequent assessment, planning, advocacy, support, coordination of multiple services, and evaluation to meet the

\*It may be short term or long term, based on clinical needs, with interventions occurring at the individual Veteran/Service member, family, or Caregiver and system levels.

# **Basic Principles**

\*Case management is intended to maximize resource utilization, promoting quality and Patient-centered care while producing cost effective outcomes.

\*Case management requires wellcoordinated and collaborative interdisciplinary efforts which are dependent upon effective communication and cooperation.

### Comparison

Veterans Health Administration (VHA) Case Management

**DOD Case Management** 

Confidentiality Fee Basis Care No Shows Co-Managed Care Psych-social Command Authority Tricare / Managed Care Transitions Multiple providers/systems Basic needs

#### Assessment

**Comprehensive Psychosocial** Assumptions **Identify Resources Problem Identification** Family Involvement **Priorities** Tools



DoD photo by Mass Communication Specialist 3rd Class Juan Manuel Pinalez

### Implement

Communicate the plan Advocate for the patient and family Coordinate access to care Provide education to patient and family **Coordinate referrals Facilitate transition** Reassess/regroup

# **Team Communication**

Exceptional Patient Care Meetings Conference Call Secure Email Team Meetings Document Video Teleconference



DoD photo by Petty Officer 3rd Class Trevor Welsh, U.S. Navy/Released

### **Transitions of Care**

**S**-Situation

**B-**Background

**A-**Assessment

**R**-Recommendation



DoD photo by Petty Officer 2nd Class James R. Evans/Released

## **Challenges/Barriers**

Independence vs. Dependence Confusion, Resistance, Reluctance Harm Reduction Imperfect Systems Awareness Military Culture



www.nationalresourceguide.gov

www.va.caregiver.va.gov

www.ncptsd.va.gov

www.militaryonesource.com







### **Photos Reference**

www.defense.gov/photos/

#### **Contact Information**

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