

**Resources for DCoE's 2012 February Webinar:  
Treating Sleep Problems in PTSD and TBI**

**General Resources**

1. [afterdeployment.org](http://afterdeployment.org): Sleep
2. [American Academy of Sleep Medicine](#)
3. [National Institutes of Health National Center on Sleep Disorders Research](#)
4. [National Sleep Foundation](#)

**PTSD and TBI Specific Resources**

5. [Co-occurring Conditions Toolkit: Mild Traumatic Brain Injury and Psychological Health – Sleep Module](#)
6. [Department of Veterans Affairs National Center For PTSD: Sleep and PTSD](#)
7. [American Academy of Family Physicians: Nightmares and Disorders of Dreaming](#)
8. [U.S. National Library of Medicine: PubMed Health – AHFS Consumer Medication Information: Prazosin](#)
9. [American Journal of Psychiatry: Reduction of Nightmares and Other PTSD Symptoms in Combat Veterans by Prazosin: A Placebo-Controlled Study \(Raskind et al., 2003\)](#)
10. [Model Systems Knowledge Translation Center: Sleep and Traumatic Brain Injury](#)
11. [University of Washington Traumatic Brain Injury Model System Department of Rehabilitation Medicine: Sleep and Traumatic Brain Injury](#)
12. [Traumatic Brain Injury and Sleep Disturbance: A Review of Current Research \(Orff et al., 2009\)](#)
13. [Sleep Disorders Plague Vets with Head Trauma or PTSD \(Goodier, R., 2011\)](#)

**For more information related to the presenter's organization, see websites below:**

14. [Defense Centers of Excellence for Psychological Health & Traumatic Brain Injury](#)
15. [National Intrepid Center of Excellence Brochure](#)
16. [Department of Veterans Affairs](#)