

## When Reporting a Sexual Assault

As a victim you decide how you would like to report and receive services. This decision has to be made prior to receiving services at a base medical treatment facility.

**Restricted Reporting** — ensures medical care, treatment and counseling without notifying command or law enforcement officials. You keep the control, over the release of information regarding your case.

### **The Process**

Contact SARC @ 764-7272

**Command not notified**

SARC or Victim Advocate attends to victim needs—provides supportive services  
Victim can make unrestricted reporting decision at a later date

**Unrestricted Reporting** — ensures medical care, treatment and counseling.

### **The Process**

Contact SARC @ 764-7272

**Command is notified**

SARC or Victim Advocate attends to victim needs—provides supportive services  
Investigation initiated

## If You Have Been Assaulted

If you have been sexually assaulted or think you have been:

- Go to a safe location away from the attacker.
- Contact your local Sexual Assault Response Coordinator (SARC) Victim Advocate (VA) at (757) 764- 7272, or healthcare provider.
- Seek medical care as soon as possible. Even if you do not have any visible physical injuries, you may be at risk of becoming pregnant or acquiring a sexually transmitted disease.
  - Ask the healthcare provider to conduct a sexual assault forensic examination (SAFE) to preserve forensic evidence.
  - If you suspect you had been drugged, request that a urine sample be collected.
- Preserve all evidence of the assault. Do not bathe, wash your hands or brush your teeth. Do not clean or straighten up the crime scene.
- Write down, tape or record by any other means all the details you can recall about the assault and your assailant.