



# Commanding Officer's Command and Safety Policy



# T-E-A-M

# M-E

## *Policy Statement*

**Mission.** The mission of the VMU-3 Unit Personnel and Family Readiness Program (UPFRP) is to train and prepare Marines and Sailors and their families to ensure optimum resiliency when faced with life cycle events and the stressors of military life.

Our most sacred resource is the individual Marine or Sailor and his family. Our success as an institution is inextricably linked to the well-being and resiliency of that Marine or Sailor and his family. Operational readiness as well as personal and family readiness directly affects the fundamental mission of the Marine Corps, which is to make Marines and win battles. A high state of operational readiness and personal and family readiness increases commitment, morale, focus and resiliency to life cycle events. There is a relationship between military proficiency and personal and family readiness. Personal and family readiness is the ability of the individual Marine or Sailor and his or her family to successfully balance the challenges of a military lifestyle, family, career, and mission events. Personal and family readiness has been identified as a combat multiplier equally as important as individual, equipment, and combat readiness. With families in a higher state of readiness, individual Marines and Sailors are better able to perform their assigned missions efficiently, effectively, and safely, thereby promoting a higher state of unit readiness.

The **M** in ME of our philosophy is to **M**aintain myself, my family, and my equipment in a deployable status. Being a Marine is being ready. Each of you are responsible and accountable for your personal and family readiness. A by-product of a high state of personal and family readiness is an improved quality of life and feeling of empowerment. While no one program can completely negate the sacrifices inherent and unavoidable in a military lifestyle, your participation in the UPFRP can leverage resources and significantly mitigate the negative aspects.

There are numerous resources available to assist in the pursuit and achievement of a high state of personal and family readiness. I charge all leaders; officers, SNCOs, and NCOs; to assist in the implementation of the four basic tenets of the UPFRP:

- Provide Readiness and Deployment Support.
- Provide information and resource referral through the Family Readiness Officer.
- Provide timely, accurate, and official information to Marines and Sailors and families.
- Provide Volunteer Management.

By focusing on these tenets and participating in our UPFRP, the Marines, Sailors and families of VMU-3 will realize our command priorities of “accomplishing the mission, taking care of each other, and representing our unit, Corps, and country honorably.”

Lieutenant Colonel Timothy G. Burton  
Commanding Officer VMU-3