



**FIRST**

Sailor fills new position | p. 4



**LOTS of LEATHER**

HOGS TAKE TO THE ROAD | p. 6,7



**PUMP IT**

Athletes muscle their way to top | p. 11



# THE IWAKUNI APPROACH

Issue No. 15, Vol. 3 | Marine Corps Air Station Iwakuni, Japan

## MASS CASUALTY DRILL

PFC. MARCEL BROWN  
IWAKUNI APPROACH STAFF

The station Fire Department, Branch Health Clinic, Provost Marshal's Office and Aircraft Rescue Firefighting Marines participated in a mass casualty drill here April 7.

The mass casualty drill was conducted to prepare the station's first responders for any events that could occur during the upcoming Friendship Day here May 5.

"This helps us for when we actually have a real emergency, so when Friendship Day comes along, if anything were to happen, we'd be ready to go," said Petty Officer 3rd Class Nathan Harper, urgent care clinic assistant leading petty officer here.

The exercise was a simulated scenario in which a propane tank exploded, leaving several casualties in critical condition and others with minor injuries.

"They're not just preparing for Friendship Day; they're preparing for any day where one of our Navy or Marine brothers may need help," said Staff Sgt. Dexter C. Williford, ARFF truck master.

The casualties were dispersed along the flight line with tags attached to their clothes describing their injury and condition.

The station firefighters were first to arrive on scene. They immediately set up cones and prepared an area to triage the casu-



PFC. MARCEL BROWN

The station fire department, along with members of Aircraft Rescue Firefighting, carry a simulated casualty to an ambulance during the mass casualty drill here April 7. The exercise was conducted to prepare the station's first responders for emergency situations.

SEE CASUALTY ON PAGE 3

### Wi-Fi considered to be huge success

LANCE CPL. CLAUDIO A. MARTINEZ  
IWAKUNI APPROACH STAFF

Marine Corps Community Services facilities are now providing free wired and wireless Internet at various locations around the station.

Locations offering the service include the Crossroads Mall, Crossroads Café, Single Marine Lounge, Strike Zone, temporary lodging facility Buildings 444 and 1188, Marine and Family Services Building 411, and the Club Iwakuni dining rooms, ballrooms and bar areas.

Future sites slated to offer the

SEE WIFI ON PAGE 3

### YouTube, Facebook, Twitter, others now available at work

CPL. SALVADOR MORENO  
IWAKUNI APPROACH STAFF

According to Marine Administrative Message 181/10, the ban on Internet social networking sites on the Marine Corps enterprise network has been cancelled.

The MARADMIN establishes the authoritative policy for access to Internet-based capabilities from the MCEN and cancels MARADMIN 458/09, the original ban on usage.

It effectively combines all orders

and directives related to the subject and provides the basic guidance and expectations of all service members using the MCEN.

"We are relying on supervisors to set policies within their sections for appropriate use," said Staff Sgt. Ryan Chilson, information assurance manager for Marine Corps Air Station Iwakuni.

As of right now, there are no set rules or regulations for the use of the Internet-based capabilities, but every service member should exercise appropriate use of the systems.

One of the benefits of this new MARADMIN is the ease of obtaining certain information for certain jobs.

At the same time, the station only has a certain amount of Internet bandwidth to work with. With more users using social net-

SEE SOCIAL ON PAGE 3

### AFN Iwakuni proves to be top notch

LANCE CPL. MIRANDA BLACKBURN  
IWAKUNI APPROACH STAFF

Nine Marines from American Forces Network Iwakuni showed they were top notch during the 2009 United States Marine Corps Combat Correspondents Association and Division of Public Affairs Merit Awards Program.

AFN Marines placed in seven different categories, but dominated in the radio portion of the competition, taking first place, second place and honorable mention in multiple categories.

The Iwakuni Approach also received an honorable mention for

SEE AFN ON PAGE 3





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The Iwakuni Approach welcomes Letter to the Editor submissions. Letters must include a full name and unit, if applicable. Anonymous letters and comments will not be published. Letters are the opinion of the writer only. Submissions may be edited for clarity and space. Letters can be dropped off at the Public Affairs Office or sent via e-mail to iwakuni.pao@usmc.mil. Please submit all content at least two weeks in advance of projected publication date for review.

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# CHAPLAIN'S CORNER

## 'Which Way to Go?'

LT. ROBERT E. MILLS  
STATION CHAPLAIN

Any time you operate something that moves, whether it is the family car, a tactical vehicle, a C-12 or F/A-18, you have to pay attention to where you are going. Navigating from one point to another is a key component of operating machinery. Sometimes that navigation task is easier because the machine you are operating moves fairly slowly — like a warship in the middle of the Pacific Ocean. Other situations demand a far more intense concentration on navigation — for example, in a tactical low-level flight in a Hornet raging around in the dark at 500 knots just 200 feet above the ground. Whether fast or slow, high or low, it is important to know where you are at all times.

When I started learning how to fly, I was taught to navigate with a map, compass and a timer. I could tell where I was flying by looking out the windows of the airplane and comparing what I

saw to visual checkpoints that I had preselected on my chart during my flight planning. I could time the interval between checkpoints and use some simple math to find out what the wind was doing to my airplane. Was I being pushed along by a tailwind? If so, that was a great bonus. Was I being slowed down by a headwind? If so, I would do some extra calculations to ensure I had enough fuel to get where I was going. In all cases, I needed to know where I was at all times.

A few years after I started flying, GPS (Global Positioning System) became commercially available to private pilots. This was a wonderful thing because a very reliable constellation of satellites provided instant, accurate navigation information to me for a reasonable cost. Suddenly there was no more guesswork about my position. I could immediately tell when I would arrive at my destination (if the wind aloft didn't change or Air Traffic Control didn't send me off my original course). GPS has revolutionized aviation, making it much safer and more secure. Shortly after GPS began showing

up in the cockpits of airplanes, consumers asked for a GPS unit for the car. Now for a couple of hundred bucks, you can get a GPS unit that will not only tell you where you are now, but will tell you how to get where you are going and the best way to get to your favorite Indian restaurant.

What about your own personal navigation in life? Do you know where you are? Do you know where you are going? Did you know that you can use a GPS every day? No, I'm not talking about a GPS navigator in your car or airplane. I'm talking about God's positioning system. He's the one with the best view of everything. He can help you figure out the major questions in your life. He is the one that can see past the clouds and also help you know what is over the next ridge. He even tells us that when we walk through the valley of the shadow of death, he will be with us. You can't buy this kind of navigation unit, but your chaplain, pastor, or spiritually mature friend can help you connect. Start navigating with GPS today.

## IWAKUNI 2010 SUMMER HIRE PROGRAM

The 2010 Summer Hire Program will run from June 21 to Aug. 14 for students at the Matthew C. Perry High School. The program is open to SOFA dependents (age 14 to 18) of DOD military and U.S. civilian personnel assigned to MCAS Iwakuni. The Civilian Human Resources Office will start accepting applications April 26. Students may pick up applications at their schools' counseling center starting April 19. Applications will also be available at CHRO, located in Building 1, room 104. For more information, contact the Summer hire coordinator Bertha Clay at 253-6828.

## M.C. Perry High School student receives scholarship



LANCE CPL. CLAUDIO A. MARTINEZ

The station's Navy Chief Petty Officers award Kelsey Peterson, daughter of Richard and Gwen Peterson and a Matthew C. Perry High School senior, with a \$500 scholarship at the M.C. Perry School gym here April 1. Peterson was awarded the scholarship as a result of an essay she submitted to the Iwakuni Chief Petty Officers Committee, describing what patriotism means to her. Peterson plans to use the scholarship to help her attend the University of Texas in Austin. Iwakuni chief petty officers offered the scholarship as a way to commemorate the 117 years the grade of chief petty officer has existed.



## Social networks on government computers

**SOCIAL** FROM PAGE 1

working sites, the increased demand can slow down the speed of the entire system.

"Now that we have all this additional traffic, expect to see it take a lot longer to pull large e-mails and large documents from the share drive," said Chilson.

Sucking up the bandwidth is not the biggest problem that can arise from this new MARADMIN. "Social networking sites are one of the biggest attack vectors for hackers out there," said Chilson. "It's extremely simple to hack into someone's MySpace or Facebook account."

A possible scenario that could happen is opening a video from a friend and discovering it is really

something a hacker placed.

Once opened, the malicious software could give the attacker a back door into the network.

Social networking sites are a luxury for service members to use, not abuse.

Government hardware and software is for official use and limited personal use per MARADMIN 541/99.

Personal use of any hardware and software should be approved by supervisors and not affect the performance of official duties, overburden systems or reflect adversely on the Marine Corps.

For additional information on MARADMIN 181/10 or any related MARADMINS, go to www.marines.mil and search MARADMINS.

## Free Wi-Fi improves quality of life, heightens connectivity

**WIFI** FROM PAGE 1

service, once renovations and construction are complete, include the Hornet's Nest and the new air passenger terminal.

"It is my opinion that (the Wi-Fi service) is being used pretty frequently and most patrons are satisfied with its service," said Mark Shoebrook, MCCS management information systems officer. "(Because of the high demand) the system is being monitored to determine if more bandwidth is needed."

The free Wi-Fi service is an open network requiring no sign-up process and is accessible by various Wi-Fi enabled devices.

Community members wishing to use the service need only comply with the terms of service, which are outlined upon logging onto the network.

"(Wi-Fi users) should be mindful of where they are and who may be watching over their shoulder, for example small children," said Shoebrook.

"Also, the Wi-Fi is an unsecured network and sensitive information should not be passed across the network."

There is no limit to the number of people who can use the service, but as the available bandwidth is limited, areas with high traffic can experience a slower network connection.

The Crossroads Mall is one of the places identified as a high traffic area with many users.

"More people than anticipated are using (the Wi-Fi) in the food court, and we ask that customers be mindful of occupying a table for a long time," said Shoebrook.

Additional sites are being considered to install the free Wi-Fi service in the hopes that traffic in the food court may come down, Shoebrook said.

Some of the community members agree offering the service at other areas could help lower the high demand in places like the Crossroads Mall.

Anthony Nardoizzi, a Crossroads Mall patron and Wi-Fi user, said the Wi-Fi connection at the Crossroads Mall seems slow at times, and offering the service at other places could definitely help out.

Although the Wi-Fi connection might be affected at times due to high usage, the benefits of the service remain obvious to patrons.

"I think (the free Wi-Fi connection) is an outstanding alternative than going and spending \$25 a month for, from what I've heard, is a slow Wi-Fi," said Nardoizzi.

"I'm able to improve my quality of life by being able to read what I want to read on the Internet, stay in contact with family and friends and have a little bit of convenience."

"It's nice to have (this service), being far away from home, to be able to get on the Internet and Skype or use Yahoo Messenger and not have to wait in line or be on a 30 minute time limit at the Marine Lounge," he added.

## Marines, station firefighters train for friendship day

**CASUALTY** FROM PAGE 1

alties.

"All of these are really good learning experiences on how to triage, how to work with the (station) fire department and the rest of ARFF, so it's a really good training experience for all of us," said Harper.

Everyone worked together and played his part during the exercise.

Although the units ran into minor setbacks, the mission was accomplished.

"I think the hardest part of today was communication. The language barrier is going to be one of those (challenges)," said Williford. Along with overcoming the lan-

guage barrier, there were things each unit found it could improve on to respond to situations in the future.

When conducting exercises, there's always room for improvement; however, Keith G. Johnson, air station emergency manager, said the units showed a huge improvement from last year's exercise, and he's confident everyone is prepared to handle any situation.

"I think it went really well this year. Everyone knew where to go and what they were supposed to do in response," said Johnson.

"I think there's always room for improvement, but I think this time just minor improvements," he added.

## AFN Iwakuni racks up merit awards

**AFN** FROM PAGE 1

tabloid format newspaper, and Sgt. Joshua Cox won second place for his art and graphics in support of a publication.

The program and competition recognizes Marines whose print and broadcast journalism products promote the Marine Corps and demonstrate outstanding achievement in furthering objectives of the Department of Defense internal information program.

Cpl. Jacqueline White, a news broadcaster at AFN Iwakuni who took second place in radio spot production and honorable mention for her radio news report, said the reason they stood out above everyone else is because they take all of their work very seriously.

"We are constantly pushing the envelope," White said.

"We are always looking for ways to improve. We have training every Thursday and meetings every Wednesday."

Cpl. Justin Wiemers, the AFN productions non-commissioned officer in charge, also attributed

their success to their superior leadership.

"Our senior leaders hold us to a higher standard than the Defense Media Activity and the Department of Defense, and we take on that challenge. So when it comes time to put our product up for those awards, we have the best quality product possible."

"Because they did so well in the radio portion of the competition, the bar has been set."

"We know that we've got radio down," she said. "Now we can really try to excel in our news section. We're competing with civilian news. When people wake up in the morning they decide whether they're going to turn on AFN or CNN, so we use them as our training guide."

AFN Iwakuni has set the standard for next years' merit awards, but they don't plan on slowing down now.

White said they plan on continuing to pump out quality work to submit for next years awards.

"I am very proud of AFN Iwakuni, and I'm proud to be part of such a hard-working office," she said.

## "Eat your 80s"

A live 1-hour radio show that features the best 80s music. Noon to 1 p.m. Tuesdays and Thursdays, except

holidays, on Power 1575.







LANCE CPL. JENNIFER PIRANTE

Petty Officer First Class Dwayne T. Jones, the first master in arms sailor to be permanently assigned to a Marine Corps Provost Marshal's Office specifically for port and harbor security, looks out over the harbor toward the Pacific Ocean. As an expert in port and harbor security, Jones stands ready and prepared to take on the tasks ahead as joint security operations expand.

## New MA looks to improve port security

LANCE CPL. JENNIFER PIRANTE  
IWAKUNI APPROACH STAFF

After years of coordination between the Japanese Coast Guard and Marine security forces, the Provost Marshal's Office called upon a specialist to one day lead an operation of naval security expansion to enhance anti-terrorism efforts and joint operations.

Between the year 2012 and 2014, the air station is expected to see an influx of military personnel as the base expands, creating a demand for additional personnel to provide security. Among the new personnel will be Navy force protection experts working under one man. One man will take charge. One man has been called upon to lead the way.

Petty Officer First Class Dwayne T. Jones, the first master at arms sailor to be permanently assigned to a Marine Corps PMO specifically for port and harbor security, has come to Iwakuni to apply the knowledge and skills needed to set up the foundation for naval seaward security operations. "He is going to be the seed," said Maj. Giuseppe A. Stavale, station provost marshal. "He is the start of our first port and harbor security division of PMO." Navy masters at arms

specialize in conducting waterborne security patrols, operations, law enforcement and training others to take on the tasks needed to enforce regulation.

"It's one of our specialty rates," said Jones. "When assets come in, there are certain procedures we have to do to ensure the safety of the base as well as the vessels."

**"He is going to be the seed. He is the start of our first port and harbor security division."**

*Maj. Giuseppe A. Stavale  
Station provost marshal*

Stavale is confident Jones is the man for the job.

"He's able to get those young guys and say, look, this is what I need you to do," said Stavale. "And I have somebody who is an expert at doing that. We're just getting that much better with him here to provide port and harbor security for this installation."

Jones is also a specialist in conducting security operations in support of joint service

operations.

"I've learned to work hand in hand with the Japanese Coast Guard," said Jones. "We're pretty much like a team. Any ideas I have as far as security for the harbor, I have to coordinate through them and we have meetings to agree upon procedures."

"He will maintain liaison with the Japanese Coast Guard and

challenge to adapt to the Marine Corps way of life and how they operate. For the most part, it's similar but different at the same time."

Masters at arms are trained to be professionals to adapt and lead in any work environment. What Jones brings to the table is 17 years of naval experience.

"I have Navy-wide guidance on how the security of the harbor should be run," said Jones. "My plan is to dig deep into those publications very hard and adapt the Navy's perspective on harbor operation and detail it to Iwakuni. We're working together as a unit to put all our resources together to see which ones will best fit the situation."

Even with the challenges Jones will face, he shows optimism and dedication to carry out the mission.

"I would hope that once everything is implemented and everything is in place, there would be more Navy and Marine Corps personnel working together and getting the job done," said Jones. "Showing the world Marines, Navy and all other services can work together in a unified way to make things happen. To outsiders looking in, it's a greater show of force."



PFC. MARCEL BROWN

Lance Cpl. Jesus E. Hernandez, northside mess hall food service specialist and 2010 Marine Corps Bases Japan Chef of the Quarter Board winner, prepares a chili dish at the northside mess hall here March 29. Hernandez became the first Marine stationed here to win the MCBJ Chef of the Quarter Board.

## Food service specialist spices up MCBJ Chef of the Quarter Board

PFC. MARCEL BROWN  
IWAKUNI APPROACH STAFF

Competing in the Chef of the Quarter Board is a great opportunity for food service specialists to better their careers. In the past, Marine Corps Air Station Iwakuni, Japan, has never had a Marine selected as Marine Corps Bases Japan's Chef of the Quarter.

For one Marine, being the first Marine stationed here to win the MCBJ Chef of the Quarter Board was a goal he strived to achieve.

Lance Cpl. Jesus E. Hernandez became the first food service specialist here to win the MCBJ Chef of the Quarter Board March 25.

Hernandez's senior Marines describe him as a quiet, hardworking and serious individual who's strictly here for business, but after talking to Hernandez for a few minutes, one would realize he is one of the most friendly, easy-going Marines to associate with.

Hernandez was born and raised in Juarez, Mexico. At the age of 10, Hernandez's mother taught Hernandez how to cook, and he has been cooking ever since. Hernandez came to the U.S. in 2007.

Growing up in Mexico, Hernandez admired the Marine commercials he saw on TV. Hernandez said he always wanted to be a Marine. Once he arrived in the U.S., Hernandez took advantage of

his opportunity to become one. Hernandez enlisted into the Marine Corps Sept. 6, 2008 as a food service specialist.

"I like cooking. It's the only thing I like doing, so I figured if I'm going to be in the military, I might as well do something I like," said Hernandez.

Knowing very little English in boot camp, fellow Spanish-speaking recruits had to translate to Hernandez the things he needed to know.

It wasn't until arriving to the station Hernandez became conversationally sufficient in the English language.

"Boot camp was hard. I didn't understand anything," said Hernandez. "I would just watch what everyone else was doing and follow them because I couldn't understand the drill instructors."

After arriving here March 9, 2009, Hernandez's hardworking ethic was quickly noticed by his supervisors.

Hernandez gained the reputation of a hardworking, well-rounded Marine within five months of being at the station. "I knew there was something special about him. I just couldn't put my finger on what it was," said Master Sgt. John B. Bass, food technician here.

"Between both mess halls he's way past his peers. He's a well rounded Marine," said Gunnery Sgt. Robert Downing, mess hall manager.

After being here for only a

year, Downing said Hernandez excelled beyond his peers and was constantly improving himself in all aspects of food service.

"He's self engaged. You don't really have to tell him how to do anything," said Downing. "He already knows how to do it. Not only does he know how to do it, he's always improving, and it shows in everything he does."

Hernandez's hard work eventually led him to the MCAS Iwakuni Chef of the Quarter Board here, where he represented the northside mess hall Feb. 2.

"He approached me last December and told me he would be the next Chef of the Quarter Board winner for MCAS Iwakuni, and in February, he accomplished that goal," said Bass.

Hernandez won first place in the Chef of the Quarter Board here, which meant he was to compete in the MCBJ Chef of the Quarter Board at Camp Kinser, Okinawa, Japan, March 25.

"He went down there to be the first. He told me he wanted to be the first to win from here, and he did it," said Bass.

Hernandez studied for hours, prepared his uniforms and went down to Okinawa confident he would become the first Iwakuni Marine to win the MCBJ Chef of the Quarter Board.

"I was a little nervous, but I knew that I could win. I knew I would take it," said Hernandez.

The board consisted of a reading exam, a uniform inspection, and a kitchen equipment and spice recognition evaluation. Bass said Hernandez was nervous going into the board, but he still was very confident.

Hernandez came in first place, becoming the first Iwakuni Marine to win MCBJ Chef of the Quarter. Bass said Hernandez didn't realize what he had accomplished until the day after the board.

"I asked him, 'Do you realize what you've done?' and he told me the hairs on the back of his neck stood up, and his arms got goose bumps because he realized that he'd just made history."

Although Hernandez has a passion for cooking, he also has a passion for being a Marine.

After his four-year contract, Hernandez plans on going to college in El Paso, Texas. After finishing college, Hernandez wants to become a Marine commissioned officer.

"Hernandez, no matter what rank he is, is going to take the ball with whatever he does and run with it, said Downing. "You give him a task, and he'll do it."

Whether Hernandez stays in the Marine Corps as a food service specialist, gets commissioned as an officer or decides to take a job in the civilian world, Hernandez's peers and leaders believe his positive attitude will guide him in the right direction to a successful future.



# BORN TO BE WILD



LANCE CPL. MIRANDA BLACKBURN

Bikers line up before entering the campsite during the 2010 Oshima Camp Meeting in Katazoe Saturday and Sunday. The Oshima Camp Meeting is an annual motorcycle rally put together by the Iwakuni Motorcycle Club to raise money for Oshima Island. Over the past four years, the club has raised more than \$9,000 for the island.

## Motorcyclists take over Oshima Island

LANCE CPL. MIRANDA BLACKBURN  
IWAKUNI APPROACH STAFF

Hundreds of Japanese and American men, women, and children decked out in leather jackets and vests, studs and spikes, chaps, distressed denim, bandanas and riding boots attended the 2010 Oshima Camp Meeting in Katazoe Saturday and Sunday.

The Oshima Camp Meeting is an annual motorcycle rally put together by the Iwakuni Motorcycle Club to raise money for Oshima Island.

At around 9 a.m. bikers started rolling in, transforming the peaceful serene campground into a rock 'n' roll, bike-enthusiast festival.

The campground filled with tattooed motorcyclists, bikes dating back to 1910, tents, charcoal grills, clothing vendors and food stands.

Gary Knable, a vendor at the rally, said he has been coming to events like these for about 17 years.

"I come out for the bikers, to have fun, meet people and just enjoy the bikes,"

he said. "Once you come out your first time, you'll always come out again."

Inside his airbrushed truck serving as a clothing store, motorcyclists could find leather clothing, animal skins, wallets, hair accessories, belt buckles and even snake heads.

While some people cruised from one vendor to the next, some sat at their tents to cook a meal and others socialized while sitting next to the stage where an array of musicians from the local area played rock music.

Master Sgt. Sherri Stevenson of Marine Aviation Logistics 12 said the best part about the bike rally is the friendships she has made with the

Japanese.

"The first time I came out, I fell in love with the Japanese-American relationship," Stevenson said. "I saw

all the proceeds that go to the island, and that really keeps our relationship going."

Over the past four years, the club has raised more than \$9,000 for the island.

"The proceeds usually go to an elderly home, but last year they went to schoolbooks for the kids," said Michael Gingles, the Iwakuni Motorcycle Club president. "This year the money will be given

to the mayor, and he will decide where the money needs to be used the most."

While the rally carried on throughout the night and into the next morning, there were events catering to both children and adults.



LANCE CPL. MIRANDA BLACKBURN

Motorcycles dating back to 1910 are lined up next to the campsite during the 2010 Oshima Camp Meeting in Katazoe Saturday and Sunday.



LANCE CPL. MIRANDA BLACKBURN

Children rush to pick up as much candy as they can during a treasure hunt at the 2010 Oshima Camp Meeting in Katazoe Saturday and Sunday. Later that evening, adults had their share of fun during the arm wrestling contest.



LANCE CPL. MIRANDA BLACKBURN

Gary Knable, a vendor at the rally, places a chain accessory onto a customer's leather jacket during the 2010 Oshima Camp Meeting in Katazoe Saturday and Sunday. Inside his airbrushed truck serving as a clothing store, motorcyclists could find leather clothing, animal skins, wallets, hair accessories, belt buckles, and even snake heads.



LANCE CPL. MIRANDA BLACKBURN

Japanese campers set up their own private cooking station during the 2010 Oshima Camp Meeting in Katazoe Saturday and Sunday. During the rally, the campground filled with tattooed motorcyclists, bikes dating back to 1910, tents, charcoal grills, clothing vendors and food stands.



## CORPS NEWS

HIGHLIGHTING MARINES AND SAILORS AROUND THE GLOBE



LANCIE CPL. DANIEL BOOTHE

MARINE CORPS BASE CAMP PENDELTON, Calif. — Marines with Weapons Company, 1st Battalion, 1st Marine Regiment, 1st Marine Division, conduct security techniques inside Camp Pendleton's Infantry Immersion Trainer, April 7. The 32,000-square-foot military urban training facility was recently changed from a simulated Iraqi village, to resemble the Afghan village of Now Zad, after the Headquarters Marine Corps officials made the decision March 15, to modify the training environment.

## Afghan conflict prompts change to combat simulator

LANCIE CPL. DANIEL BOOTHE  
MARINE CORPS BASE  
CAMP PENDELTON

**MARINE CORPS BASE CAMP PENDELTON, Calif.** — The most advanced combat simulator within the Department of Defense no longer resembles the streets of Iraq.

Camp Pendleton's 32,000-square-foot Infantry Immersion Trainer was recently redesigned to resemble the Afghan village of Now Zad.

Headquarters Marine Corps officials made the decision March 15, to change the training environment to better suit the Corps' focus on Operation Enduring Freedom.

"The IIT is designed to inoculate deploying Marines with the sights, sounds, and smells of a gun battle, so that their first real fire fight is no worse than his last simulation," said Retired Marine Maj. Tom Buscemi Jr., director, Battle Simulation Systems Center, I Marine Expeditionary Force. "This is the only facility of its kind within the DoD."

The \$2.4 million training complex uses live role-players, Hollywood-like sets and special effects, including holograms and pyrotechnics, to prepare Marines for combat. The training facility, opened in November 2007, is based on more than 10 years of naval

research and can be modified to reflect almost any area of operation.

"The Marine Corps is concentrating on Afghanistan, so we wanted to present



LANCIE CPL. DANIEL BOOTHE

MARINE CORPS BASE CAMP PENDELTON, Calif. — Marines with Weapons Company, 1st Battalion, 1st Marine Regiment, 1st Marine Division, conduct medical evacuation techniques inside the Camp Pendleton Infantry Immersion Trainer, April 7. The 32,000-square-foot military urban training facility was recently changed from a simulated Iraqi village to a replica of the Afghan village, Now Zad, after the Headquarters Marine Corps officials made the decision March 15, to modify the training environment.

scenarios that best resemble the AO Marines are currently going to," said Buscemi.

The facility not only offers state-of-the-art technology, it also help unit leaders to create

realistic battle scenarios.

Fire teams or squads move throughout the pseudo urban-battlefield on missions to maintain security and assess medical needs and are assigned a translator, who interacts with Afghan nationals to simulate the language barrier often encountered in combat.

During one scenario, a rocket-propelled pyrotechnic, exploded just feet behind a squad of Marines. Moments later, insurgent role-players began to fire on the team. One Marine fell, while the others attempt to assess his condition and evacuate him to medical care.

"The idea is for them to make critical decisions in the most chaotic situations possible," said Buscemi.

Service members conducting training inside the IIT use real weapons, but fire Special Effects Small Arms Marking System rounds that are similar to paint ball rounds.

More than 620 troops have completed simulated scenarios inside the former tomato packaging plant since the cultural transition.

"This is truly a great training facility and opportunity," said Royal Marine Lt. Col. Matthew R. Jones, G-3 plans officer, Marine Air Ground Task Force Training Command Twenty-nine Palms, Calif., who has deployed three times with British Forces to Afghanistan.

## COMMUNITY BRIEFS

### CREDO Marriage Enrichment Retreat

Couples can learn to communicate even more effectively at the Aki Grand Hotel, Hiroshima May 21-23. Couples cannot have attended a CREDO marriage retreat within the last five years. Capacity is for 14 couples. Sign up from May 5-12. To sign up, call the Marine Memorial Chapel at 253-3371.

### Mammography Van

Mammo-Van is scheduled for its next visit here from April 26-30. Beneficiaries wishing to make use of this service must obtain a referral from their Primary Care Provider and take a brief survey at radiology. These steps are mandatory before a Mammo-Van appointment may be booked. The Mammo-Van is not scheduled to return to Iwakuni until sometime during the

next quarter. Please plan accordingly.

### Infertility Seminar

Dr. Atsushi Tanaka will be speaking about fertility options at the Branch Health Clinic Lobby April 29 at 5 p.m. All base personnel are invited. For additional information, call Lt. Gentry at 253-3485.

### The Biggest Saver Coupon Contest

The contest will run until April 30. Come by Marine and Family Services, Building 411, room 201 and pick up your coupon packets. Save your receipts, put your name and phone number on the back of your receipts and turn them into the Personal Financial Management Office. The person who saves the most money will win a much deserved one hour long massage. If you have any

questions about the biggest saver coupon contest, call 253-6250.

### Hornet's Nest Renovations

The Hornet's Nest is currently undergoing renovations scheduled to be completed June 2010. The gym area will be closed until June 1. The Cyber Café, located in Building 1345 next to the Wood Hobby Shop, will remain open 24 hours a day, seven days a week during the renovations. Single Marine Program trips will continue. For more information, contact Jay Stovall at 253-3585.

### Japanese language course

The Yamaguchi International Exchange Association is sponsoring a Japanese language course being held at six locations in Yamaguchi Prefecture beginning Tuesday. Enrollment is on a first-come, first-serve basis at the Public Affairs Office in Building 1. For more information, contact PAO at 253-5551.

### Women's bowling league

The Strike zone is looking to form a women's bowling league. It will take place Thursday nights 7-10 p.m. The teams will consist of three members.

For more information, call 253-3495.

### Emergency Phone Numbers Reminder

- Anti-terrorism force protection hotline: 253-ATFP(2837)
- Life limb or loss of vision threatening emergencies while on the air station: 119 or 911. From a cell phone or for bilingual capability: 082-721-7700.
- For security issues, contact the Provost Marshal's Office: 253-3303.
- To report without talking to a person, Crime Stoppers: 253-3333.

### NMCRS Quick Assist Loans

The Iwakuni Navy Marine Corps Relief Society is providing Quick Assist Loans to prevent active duty service members from falling prey to predatory lenders. These loans are designed to assist with short-term living expenses up to \$300, interest free and must be repaid within 10 months. For more information call the Iwakuni NMCRS at 253-5311 or stop by the station chapel, room 148.

### Birthday Break

The birthday break is an ongoing promotion held every Friday at 9:15 a.m. on Power 1575 radio. Just visit [www.mccsiwakuni.com/birthdaycake](http://www.mccsiwakuni.com/birthdaycake), fill out the form and let Power 1575 and MCCS take care of the rest. Every Friday, birthdays from the

previous week will be announced and on the last Friday of every month there will be a random birthday cake giveaway for one birthday in the upcoming month.

### Iwakuni Teens

Join Club Beyond every Tuesday night. Enjoy music, food and fun plus a short Bible lesson. Club Beyond is held in Yujo Hall, between the chapel and Thrift Store, 6:30 - 8 p.m. every Tuesday. For more information, call the chapel at 253-3371.

### Road Tax

Pay your road taxes at the Provost Marshal's Office April 21, 22 and 23 from 9 a.m. to 3 p.m. Bring your title and payment in the form of yen. Heavy vehicles must pay at the Symphonia building from 8:30 a.m. to 5:15 p.m. Light vehicles/motorcycles pay at City Hall from 8:30 a.m. to 5:15 p.m. To receive your new decal from PMO, bring your Japanese title, second year insurance, 2010 road tax receipt, SOFA license and AFID card and your vehicle. Failure to pay road tax can result in impoundment.

### Commissary Closure

The Commissary will be closed 19-20 due to a formal inventory. It will reopen for normal operating hours April 21 from 10 a.m. to 7 p.m.

## Chapel Services

### Roman Catholic

Saturday 4:30-5:15 p.m. Confession  
5:30 p.m. Mass  
Sunday 8:30 a.m. Mass  
9:45 a.m. Religious Education  
11:30 a.m. Weekday Mass  
Wednesday 6 p.m. Inquiry Class for adults

### Protestant

Saturday 9:30 a.m. Seventh-Day Adventist Sabbath School  
11 a.m. Seventh-Day Adventist Divine Worship  
Sunday 9:30 a.m. Sunday School, Adult Bible Fellowship  
10:30 a.m. Protestant Service  
11 a.m. Children's Church  
6 p.m. Awana (Bldg. 1104)  
6:15 p.m. Adult Bible Study (Capodanno Hall Chapel)

### Church of Christ

Sunday 9:30 a.m. Bible Study (small chapel)  
10:30 a.m. Worship Service

### Latter Day Saints

Weekdays 6:30 a.m. Youth 12-17 Activities

### Teen Programs

- High School Meetings (Club - grades 9-12)
- Junior High Meetings (Club JV - grades 7-8)
- HS&JR Bible Studies
- Retreats
- Service Projects
- Missions Trip
- Special Events Volunteer Training & Mentoring
- Parent Support Group

Contact 080-4177-2060 or [jletaw@ClubBeyond.org](mailto:jletaw@ClubBeyond.org)

For information regarding divine services, religious education or any other command religious program or chapel activity, call the Marine Memorial Chapel at 253-3371.

# SAKURA THEATER

### Friday, April 16, 2010

7 p.m. Clash of the Titans (PG-13)  
Premiere  
10 p.m. Shutter Island (R)

### Saturday, April 17, 2010

1 p.m. The Last Song (PG)  
Premiere  
4 p.m. How to Train Your Dragon (PG)  
7 p.m. Percy Jackson & the Olympians: The Lightning T (PG)

### Sunday, April 18, 2010

1 p.m. The Last Song (PG)  
4 p.m. Clash of the Titans (PG-13)  
7 p.m. Shutter Island (R)

### Monday, April 19, 2010

7 p.m. Dear John (PG-13)  
Last Showing

### Tuesday, April 20, 2010

7 p.m. From Paris with Love (R)  
Last Showing

### Wednesday, April 21, 2010

7 p.m. The Last Song (PG)

### Thursday, April 22, 2010

7 p.m. The Craziest (R)

The movie schedule is subject to change. Please check [www.mccsiwakuni.com/sakura](http://www.mccsiwakuni.com/sakura) often for updates, or call the Sakura Theater at 253-5291 for the latest schedule.

General Admission: Ages 12+ are \$2.50/ Ages 6-11 are \$1/ Children ages 5 and under admitted free. For more information, visit [www.mccsiwakuni.com](http://www.mccsiwakuni.com) or call 253-5291.

253-5291



# CLASSIFIEDS

## Automobiles

**Mitsubishi Chariot**  
Seats 7, heat and air conditioning, CD player, tinted windows, power everything. Asking \$1750 OBO. For more information, call 253-2108 or 090-8504-8796

**1995 Black Honda Accord**  
Automatic transmission, power doors, locks and windows, heat and air conditioning, well maintained. Asking \$2,000 OBO. For more information, please call 080-3874-8056 or

080-3874-8055.

**1995 Black BMW**  
Left hand drive, 5 speed manual transmission, sound system, sub-woofer, amp, CD/DVD player, TV, tilt-touch screen system with remote, power doors, locks and windows, leather seats, alarm system, sun roof/moon roof, well maintained, only 116,000 km or approximately 72,000 miles. Asking \$4,500 OBO. For more information, please call 080-3874-8056 or 080-3874-8055.

**2001 CBR 929**  
Asking for \$3800 OBO. JCI is good until June 2011. Please call Jimmy at 080-3059-0626.

## Miscellaneous

**Two Bunnies for Sale**  
Only 5 months old. One black male and one gray female. Very friendly, love to be held,

and great with kids. Asking \$150, paid \$300 for both with accessories. For more information, please call 080-3417-6913.

**Girls Bedroom Furniture**  
Twin sleigh bed. Matching dresser with mirror and matching desk. Asking \$300 OBO. For more information, please call 253-2519.

**Couch and Coffee Table for Sale**  
Off-white dual declining couch and light wood coffee table for sale. Asking \$100 for both or will sell separately. Must sell as soon as possible. For more information, please call 080-3705-2974 or 253-3469.

## Jobs

**NMCRS Volunteer Opportunities**  
Be that friendly person who lets those in need know they've come to the right place. Client Services Assistants volunteers greet clients and guide them through the initial intake process. For more information or to apply, call 253-5311.

**Youth Sports Basketball Season Needs Coaches**  
Looking for 10 coaches to teach children ages 3 - 10. For more information, contact Naomi Higashi at 253-5777.

## Mess Hall Menu

### Monday

Cream of mushroom soup, steak ranchero, sweet and sour pork, mashed potatoes, steamed rice, succotash, carrots, dinner rolls, brown gravy, potato salad, mixed fruit salad, standard salad bar, congo bars, marble cake double layer, butter cream frosting, blueberry crunch.  
Specialty Bar: Pasta

### Tuesday

Cream of potato soup, chicken noodle soup, Cajun meatloaf, baked salmon fillet, potatoes au gratin, steamed rice, french fried cauliflower, mixed vegetables, dinner rolls, macaroni salad, deviled potato salad, standard salad bar, chocolate chip cookies, spice cake, butter cream frosting, lemon meringue pie.  
Specialty Bar: Taco

### Wednesday

Cream of broccoli osup, vegetable soup, turkey pot pie, oven roast, noodles jefferson, steamed rice, brussels sprouts, broccoli combo, biscuit, brown gravy, potato salad, country style tomato salad, standard salad bar, peanut butter cookies, double layer devil's food cake, butter cream frosting, cheese cake.  
Specialty Bar: Barbeque

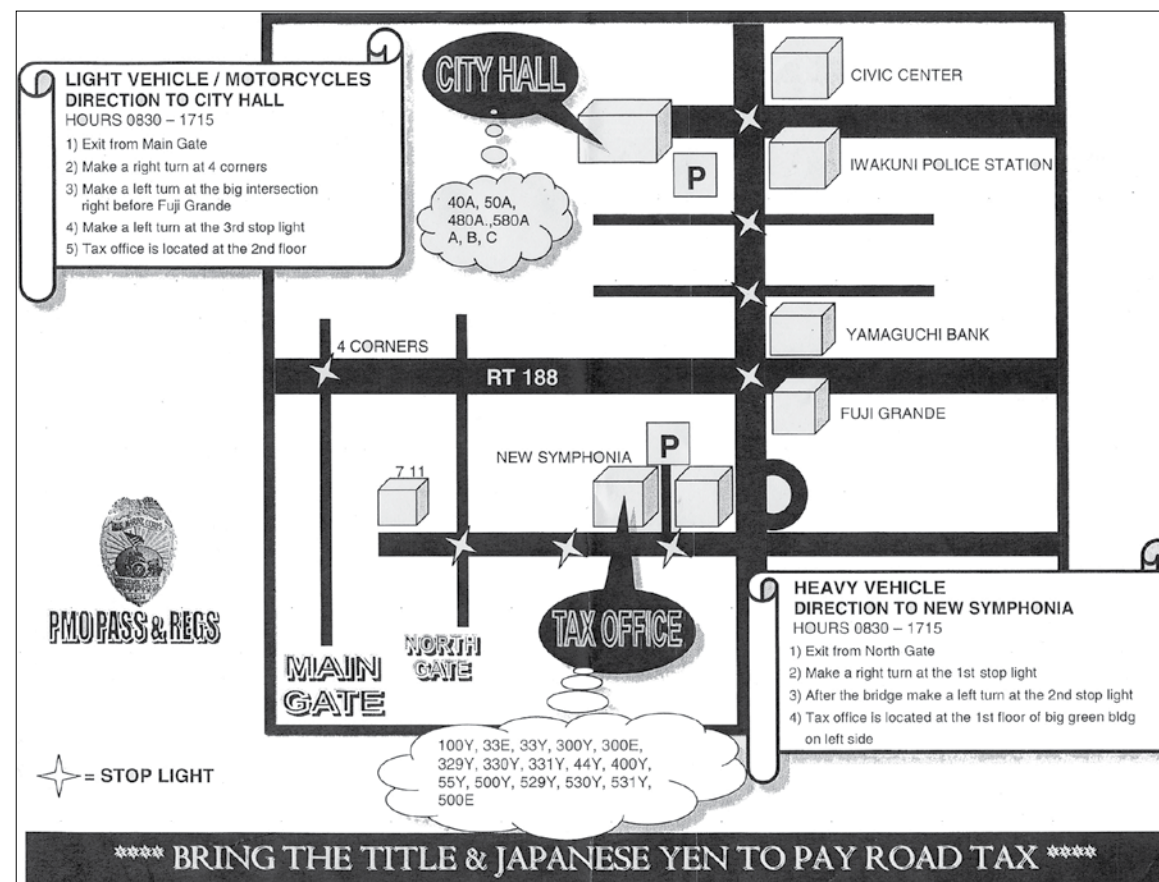
### Thursday

Cream of chicken soup, minestrone soup, Swiss steak with mushroom gravy, honey glazed rock cornish hen, parsley buttered potatoes, buttered pasta, green beans southern style, vegetable stir fry, mushroom gravy, dinner rolls, macaroni salad, German tomato salad, standard salad bar, sugar cookies, strawberry shortcake, whipped topping, vanilla creamed pie.  
Specialty Bar: Deli sandwich

### Friday

Tortilla soup, minestrone soup, beef fajitas, chicken fajitas, chili con carne, fish tacos, refried beans, beef burritos, mexican corn, salsa, jalapeno corn bread, potato salad, spinach salad, standard salad bar, banana bread, shortbread cookies, Dutch apple pie.  
Specialty Bar: Mongolian

# Pay road taxes by April 30



# BOOT SCOOTIN' ROUNDUP

A live 1-hour radio show featuring the best country music.  
Kick up your boots from 9 - 10 a.m. Mondays-Thursdays  
on Power 1575.



O.J. Weiss, first-place winner of the 190-pound and up weight class, pulls a more than 5,000-pound Humvee during the 4th annual Strongman Competition held at Penny Lake fields here Saturday. Weiss boasted the best time across all competitors involved with a time of 26 seconds to pull the Humvee approximately 75 yards. Weiss managed to take first in four of the five events for the 191-pound and up weight class.

# Iwakuni's strongest gather to soak up pain

CPL. JOSEPH MARIANELLI  
IWAKUNI APPROACH STAFF

Once again, barrel-chested and sculpted athletes took to the field of battle to prove who was the mightiest of them all in the 4th annual Strongman Competition at the Penny Lake fields here Saturday.

After huffing, puffing and bellowing war cries through a gauntlet of pain, five athletes emerged as the strongest of the strong in their respective weight classes.

For the females, Yolanda Olivas took top honors in the 130-pound and under weight class while Vickie Feyedelem captured the 131-pound and up weight class.

In the male division, Adrian Figueroa swept the 160-pound and under weight class taking first in every event. Robert Jones edged out his competition in the 161-190-pound weight class. O.J. Weiss easily took first in the 191-pound and up weight class.

"Feels pretty good," Jones said of his victory. "I worked hard, probably a good 4 or 5 years trying to get this way without having to bulk up or anything."

Despite forebodingly named events such as crucifix and steel log clean and press, 20 athletes took up the challenge.

The trial seemed simple enough, compete in five events and earn the lowest number of points.

Points earned were equivalent to placement position in each event. First place received one point, second place two points and so forth.

What may have sounded simple was more like a trial by fire with every warrior raising the performance bar.

In the farmer's walk, the females toted 136-pounds in the 130-pound and under weight class while the 131-pound and up hefted 156-pounds. Olivas stomped the competition walking 256 yards.

The males traversed the distance with 248 pounds for the 160-pound and under and 161-190-pound weight classes. The 191-pound and up class athletes trudged with 268 pounds. Richard Eenigen managed 151 yards to barely edge out.

Jones said the farmer's walk was the easiest event because the arms didn't do much work; just keeping the legs moving was the key.

Next was the tire flip, in which the females tossed a 200-pound tire end-over-end as many times as they could in two minutes.

Feyedelem took the event with 42 flips.

The males had to flip a 7-ton vehicle truck tire, or approximately 550 pounds.

O.J. Weiss came out on top with 38 flips.

Because of the rain the prior evening, this event proved even more challenging.

Jerome Taylor, third place finisher in the 161-190-pound weight class, said gripping the wet tire was difficult because his fingers kept slipping.

Following the tire flip was the appropriately named crucifix. Those vying had to hold

17-pound weights, for the females, or 22-pound weights, for the males, in both hands palms up with their arms extended with only a slight bend in the elbow permitted.

Olivas managed 33.2 seconds for the females while Keith Paley suffered for 1 minute 43 seconds. The steel log clean and press had the females pumping out repetitions with a 62-pound log while the males pressed 82-pounds, 102 pounds and 153 pounds respectively.

Jones found this event to be the most challenging. "It was awkward because of the way the handles were on it; they're not like a standard bar."

Feyedelem easily trounced her female competition with 20 presses while Adrian Figueroa topped out at 23 pumps.

Of course, waiting for all the competitors after the grueling feats of upper-body strength was the truck pull.

For approximately 75-feet, the females had to drag a 2-ton, or 4,000 pounds, truck while the males lugged a Humvee weighing more than 5,000 pounds.

Olivas easily took the female division with a time of 38 seconds while O.J. Weiss dominated with 26 seconds.

"Thank God, thank God this is over," said Feyedelem of her thoughts upon completing the final event.

For others, crossing the finish line was not assured victory as the male 161-190-pound weight class had been very contentious. Jones said he wondered where

the scoreboard was as soon as he completed the Humvee pull.

While the Strongman Competition is over for this year and a new set of titans reside in the annals of history, new and old athletes around the air station have a year to prepare for next year's battle.

For those ready to take up the gauntlet, some of this year's winners mentioned their recipes for success.

Ironically their methods involved no special training for this competition.

Jones, who narrowly took the 161-199-pound weight class, said he had been doing CrossFit for two years three times a week for four hours.

Feyedelem jammed to her own beat as well.

"I didn't really prepare; obviously you can't just go pull a truck," she said. "I just do my regular routine and then come out here and push myself and see what I can do."

The bottom-line is clear, "You can't not work out at all and just decide to come," said Feyedelem.

This year's event had some minor modifications from last year's for the female weights.

"Last year we had them competing, we received some feedback where some of the events were a little bit too easy, so of course we went ahead and made the adjustments by adding more weight this year," said Jeramie Johnson, IronWorks Gym complex manager.

For those seeking glory and title, a baptism of fire awaits. Begin preparing now.



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# IWAKUNI

米海兵隊  岩国基地



## FRIENDSHIP DAY



Not all planes displayed will be featured at the air show.  
 この飛行機の画像は、イメージです。実際の飛行機と異なる場合があります。

# MAY 5, 2010

# 8 AM - 4 PM

Gates will be closed at 1:30 p.m. for inbound traffic.

Air Show, Static Displays, Kids Land, Car Show, Live Entertainments,  
 Food, Rolling Thunder and More!

[www.friendship-day.net](http://www.friendship-day.net)