

## Awareness Months Calendar

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### January

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Birth Defects Prevention Month  
Cervical Cancer Awareness Month  
Family Fit Lifestyle Month  
Financial Wellness Month  
Glaucoma Awareness Month  
Healthy Weight Awareness Month  
Mental Wellness Month  
Mentoring Month  
Personal Self-Defense Awareness Month  
Poverty In America Awareness Month  
Thyroid Disease Awareness Month  
Volunteer Blood Donor Month

### February

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African-American History Month  
American Heart Month  
Children's Dental Health Month  
Eating Disorders Screening Program Month  
Ethnic Equality Month  
Wise Mental Health Consumer Month  
Women's Heart Health Day

### March

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Brain Injury Awareness Month  
Colorectal Cancer Awareness Month  
Endometriosis Awareness Month  
Gender Equality Month  
Greek-American Heritage Month  
Irish-American Heritage Month  
Juvenile Arthritis Awareness Month  
Mental Retardation Awareness Month  
Multiple Sclerosis Awareness Month  
Nutrition Month  
Red Cross Month  
Self Harm Awareness Month  
Social Worker's Month  
Women's History Month

## **April**

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Alcohol Awareness Month  
Arab-American Heritage Month  
Autism Awareness Month  
Cancer Control Month  
Child Abuse Prevention Month  
Donate Life Month- Organ and Tissue Donation  
Jazz Appreciation Month  
Keep America Beautiful Month  
Mathematics Awareness Month  
Mathematics Education Month  
Poetry Month  
School Library Media Month  
Sexual Assault Awareness Month  
Spring Ahead For Life Month  
Sports Eye Safety Month  
STDs Education and Awareness Month  
Stress Awareness Month  
Tartan (Scottish-American) Heritage Month  
Volunteer Month  
Work Life Enrichment Month  
World Habitat Awareness Month  
Youth Sports Safety Month

## **May**

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Asian Pacific American Heritage Month  
Asthma and Allergy Awareness Month  
Better Hearing And Speech Month  
Better Sleep Month  
Brain Tumor Awareness Month  
Celiac Awareness Month  
Correct Posture Month  
Cystic fibrosis Awareness Month  
Family Support Month  
Haitian Heritage Month  
Helping American Youth Month  
Hepatitis Awareness Month  
High Blood Pressure Awareness Month  
Jewish American Heritage Month  
Law Enforcement Appreciation Month  
Lupus Awareness Month  
Mental Health Month  
Older Americans Month  
Osteoporosis Prevention Month  
Personal History Awareness Month  
Pet Month  
Physical Fitness and Sports Month  
Recommitment Month  
Revise Your Work Schedule Month  
Scholarship Month  
Science Month  
Self-Discovery Month  
Senior Citizens Month  
Senior Travel Month  
Sight Saving Month  
Skin Cancer Awareness Month  
Social Media Month  
South Asian Heritage Month  
Stroke Awareness Month  
Teaching and Joy Month  
Teen Pregnancy Prevention Month  
Tuberous Sclerosis Awareness Month

## **June**

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AIDS Awareness Month  
ALS Lou Gehrig's Disease Awareness Month  
Aphasia Awareness Month  
Children's Awareness Month  
Father's Day Month  
Fireworks Safety Month  
Gay and Lesbian Pride Month  
Myasthenia Gravis Awareness Month  
Scleroderma Awareness Month  
Student Safety Month  
Vision Research Month

## **July**

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Eye Injury Prevention Month  
French-American Heritage Month  
Group B Strep Awareness Month  
Purposeful Parenting Month  
Recreation and Parks Month  
Tickling Month

## **August**

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Amblyopia Awareness Month  
Cataract Awareness Month  
Immunization Awareness Month  
Psoriasis Awareness Month  
Spinal Muscular Atrophy Awareness Month

## **September**

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Childhood Cancer Awareness month  
Children's Eye Health and Safety Month  
Children's Good Manners Month  
Cholesterol Education Month  
German-American Heritage Month (September 15-October 15)  
Guide Dog Month  
Gynecological Cancer Awareness Month  
Hispanic Heritage Month (September 15 to October 15)  
Leukemia and Lymphoma Awareness Month  
Library Card Sign-Up Month  
Menopause Awareness Month  
Ovarian Cancer Awareness Month  
Pediculosis Prevention Month  
Polycystic Ovarian Syndrome Awareness Month  
Preparedness Month  
Project AWARE Month (Marine Conservation)  
Prostate Cancer Awareness Month  
Self-Awareness Month  
Self-Improvement Month  
Sickle Cell Awareness Month  
Yoga Month

## **October**

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AIDS Awareness Month  
Adopt a Shelter Dog Month  
Breast Cancer Awareness Month  
Bullying Prevention Month  
Book Month  
Campaign for Healthier Babies Month  
CyberSecurity Awareness Month  
Dental Hygiene Awareness Month  
Domestic Violence Awareness Month  
Down Syndrome Awareness Month  
Filipino American History Month  
Fire Prevention Month  
Italian-American Heritage Month  
Lupus Awareness Month  
Pregnancy and Infant Loss Awareness Month  
Rett Syndrome Awareness Month  
Selective Mutism Awareness Month  
Vegetarian Awareness Month

## **November**

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Adoption Awareness Month  
Alzheimer's Awareness Month  
American Indian and Alaska Native Heritage Month  
Arts and Health Month  
Diabetes Awareness Month  
Epilepsy Awareness Month  
Family Caregivers Month  
Healthy Skin Awareness Month  
Impotency Awareness Month  
Lung Cancer Awareness Month  
Nonprofit Awareness Month  
Pancreatic Cancer Awareness Month  
Prematurity Awareness Month  
Runaway Prevention Month

## **December**

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Political Correctness Awareness Month  
Safe Toys and Gifts Awareness Month