

28 August 2012 1ABCT Weekly News Update: please pass along to Soldiers, Family and Friends of 1ABCT. You can always stay up to date with local events by going to 1st Infantry Division page at <http://www.riley.army.mil/default.aspx> or if you are having issues reading this you can click on this link to read the weekly news. <http://www.riley.army.mil/UnitPage.aspx?unit=1bct>. We are always up and posting new information on FaceBook! Join us on the Official 1ABCT FaceBook Page at www.facebook.com/1HBCTDEVILBRIGADE?v=wall&ref=sgm

Fort Riley Current News Updates: This information has recently been updated, and is now available.

<http://www.riley.army.mil/OurPost/CurrentNews.aspx> In addition to the Current News page there are Garrison Commander's Community Corner articles <http://www.riley.army.mil/DocumentList.aspx?lib=GC-Corner>

IACH will hold a small exercise on 30 AUG 12 at Farrelly Health Clinic from approximately 0800-1200. During the time of the exercise patients may see mock patients in the facility. The mock patients will have fake injuries and make up on to enhance the training that is being performed. IACH is performing this training exercise to ensure that we are capable of continuing services during emergency conditions

Late Start for Junction City High School: On Thursday, August 30, 2012, Junction City High School will be having its first of four late start days scheduled during the 2012-13 school year. Dates for future late start days are: September 26th, December 5th, February 14th Important reminders for our students/parents: **Transportation:** Buses will run 2 hours later than normal. For example if your scheduled pick up time was 6:30am, your pick up time for this day will be at 8:30am. **Breakfast:** Breakfast will not be served on late start days. **Late Start Schedule:** 1st hour: 9:10 a.m. - 10:20 a.m. , 2nd hour: 10:25 a.m. ? 11:35 a.m. 3rd hour: 1st floor lunch: 11:40 a.m. - 12:10 p.m. 1st floor class: 12:15 p.m. - 1:25 p.m. 3rd hour: 2nd floor class: 11:40 a.m. - 12:50 p.m. 2nd floor lunch: 12:55 p.m. - 1:25 p.m. 4th hour 1:30 p.m. - 2:40 p.m.

Next Training Holiday: 31 August -3 Sept for Labor Day- enjoy your weekend!

Fort Riley Youth Sports Update - Youth Sports and Fitness Activities with registration due 31 Aug: The following Youth Sports and Fitness activities are available: **Start Smart Soccer** - Register by Aug. 31, ages 3 to 4, \$20, Parents and their children will learn the basic skills and fundamentals of soccer during this six-week program. **Start Smart Flag Football** - Register by Aug. 31, grades K to 1, \$20, Parents and their children will learn the basic skills and fundamentals of football during this six-week program. * Child must have a current sports physical form at

time of registration. ** Child must have a health assessment at time of registration. For more information, call 785-239-9223 or check out their site at http://rileymwr.com/main/?page_id=264

Purple Power Play on Poyntz! Manhattan's community wide celebration of K-State kicking into gear for the Fall Semester, you know that means just one thing! FOOTBALL!!! Join fans, friends, and Family for the two day celebration in Manhattan's downtown. August 30-31st there will be more that 20,000 attendees in Aggieville! There will be light shows, inflatable carnival, and many many more activities. Don't miss it! Follow them on Facebook at Purple Power Play on Poyntz:
<http://www.facebook.com/media/set/?set=a.426607250703825.101284.129814630383090&type=1#!/PurplePowerPlay>

USO NO DOUGH Dinner: 30 August at USO Dining Facility 7856 Drum Street 5pm to 6:30- FREE Sloppy Joes, French fries and fresh veggies!

Ft Riley's SR Commander Labor Day Safety message- see memo:



DEPARTMENT OF THE ARMY
HEADQUARTERS, FORT RILEY
580 1ST DIVISION ROAD
FORT RILEY, KANSAS 66442-7000

2 2 AUG 2012

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Labor Day 2012 Holiday Safety Message

1. Over a century ago, Labor Day was celebrated for the first time to recognize the hard work of individuals within the trade and labor organizations. We have reason to be especially proud of the work we do each and every day. As we celebrate Labor Day this year the 1st Infantry Division and Fort Riley will observe Friday, 31 August and Monday, 3 September as training and federal holidays.
2. As the final long weekend of summer approaches, we must do all we can to make this a safe one. Labor Day falls in the middle of a dangerous couple of months. In 2010 the August/September motorcycle fatality rate was double that of June/July and the privately owned vehicle fatality rate increased as well. This shows that while we focus on summer safety we need to maintain our guard as we transition into the fall.
3. Commanders and first-line leaders must review the plans of every Soldier in their charge and ensure that appropriate safety guidelines are followed. Curbing reckless behavior is everyone's job both on and off duty; indiscipline caused more than 75% of all fatal motorcycle accidents in FY 10. Pay attention to weather hazards, driving too fast or while fatigued, and ensure that your vehicles are properly maintained. Soldiers must exercise discipline in every activity – it is a great risk mitigation technique.
4. Thank you again for all you do every day for our Army, the 1st Infantry Division, and this great nation. Have a safe weekend with Family and friends, and enjoy your Labor Day.

Duty First!

We've had a great summer - let's end it on a safe note!

DISTRIBUTION:

A

Donald M. MacWillie
DONALD M. MACWILLIE
Brigadier General, US Army
Commanding 22 AUG 12

CYSS has a FaceBook page – <http://www.facebook.com/RileyCYSS/>

Looking for something to do with your Family or Friends this Labor Day weekend or just in general?

3rd Annual Fort Riley Dove Hunt



Welcome All!

- Anyone
- FROG member or not
- Active or Retired
- Military or Civilian
- Youth of Deployed Parent (hunt scholarships available; contact Huntmaster or Outdoor Recreation)
- Families



Events – 1000-1600 at Fort Riley Trap+Skeet Range
1000-1600 Pay-as-you-go practice on T+S Range [free instruction available]
1600 Required Showtime
1600-1630 Safety and Convoy Briefings
1630-1645 Convoy to Dove Fields
1645-Sunset The Hunt

What to bring:

- Sunglasses/eye protection
- Sun lotion
- Dark or camo clothes
- Dark or camo hat
- Cooler with cool drinks
- Food and snacks
- Hearing protection
- Something to sit on
- Bug juice

Prerequisites

- Kansas State Hunting License
- HIP Permit
- Fort Riley Hunting Access Permit not required for this hunt on this day
- Gun Registration for non-military available at the range

12 and 20GA target and hunt ammo for sale at range

Points of Contact

Outdoor Recreation 239-2363
Conservation Office 239-6211
Huntmaster 785-775-2760
785-320-6731



Another MWR, Conservation Office, and FROG adventure

V2-16JUL12



Grease, the classic summer movie musical movie we all love to sing too is playing at the CL Opera Hoover in Junction City at 3pm on 1 Sept. \$5 tickets (Senior Citizens \$1) For more information on other events or to purchase tickets please check out their website at <http://jcoperahouse.org/buyoperahousetickets.html>

Discovery Center exhibit to showcase post's role in local history. Story by Pamela Redford, 1st Inf. Div. Post. Fort Riley's role in the formation of the Central Flint Hills Region will share center stage with its community partners at the Flint Hills Discovery Center's newest exhibit opening Sept. 8. Titled, "FORCES: The Shaping of Manhattan, Fort Riley and Kansas State University (Part 1)," the temporary exhibit will explore the forces that created the Central Flint Hills Region. Beginning with Fort Riley in 1853, and then developing the history of the area all the way up to 1917, the Museum Division at Fort Riley has made a "very significant contribution of photos, documents and artifacts" to the exhibit, according to Robert J. Smith, museum director, Museum Division, Directorate of Plans, Training, Mobilization and Security. The project is a collaboration between the Riley County Historical Society, Kansas State University Library's University Archives and Manuscripts and Department of Human Ecology's Historic Costume and Textile Museum, Fort Riley's Directorate of Public Works' Conservation Branch and the Fort Riley Museum Division. "For 150 years, Fort Riley has been a very important part of the Flint Hills community. A lot of our Soldiers and civilians and veterans live in the area. I think that if you're going to tell the story of the (Central) Flint Hills Region, you're going to have to include Fort Riley," Smith said. "It's our way of saying we're part of this great community." Smith and the FORCES committee are putting the finishing touches on their contributions to the exhibit, and artifacts are due to be moved shortly. Although the opening is right around the corner, the exhibit has been two years in the making for the FHDC and the committee, Smith said. "We've had a great working relationship, and I've really enjoyed working with the entire committee. It's been a lot of fun. It's been a lot of work; we've put a lot of time and effort into this. They've been good partners – they really are," he said. "I think it's a great joint venture." For the Army and Fort Riley, having an exhibit at the FHDC means that visitors who may not be familiar with the installation will gain insight into its importance in the formation of the community, Smith said. "I think it's a great educational tool. We're spotlighting a lot of Army and Kansas history here ... The Discovery Center is going to get a lot of people that aren't going to stop at the Fort Riley Museum, or aren't even aware that Fort Riley is that post just off to the West of Manhattan. So now they'll see how important a role we played in the history of the area and continue to play," Smith said. "FORCES: The Shaping of Manhattan, Fort Riley and Kansas State University (Part 1)" is expected to remain open for six months to a year. A second half of the exhibit covering 1917 to the present is in development. To learn more about the exhibit and the Flint Hills Discovery Center, visit www.flinthillsdiscovery.org. The FORCES exhibit will feature pictures, documents and artifacts about: • the cholera outbreak, • The Civil War, • Prohibition in the 1870's, • Building Fort Riley in the 1880's, • Leisure time, • Domestic living, • Historic buildings, • From Kansas to Cuba: America's global expansion, • Development of Kansas State University, • from the frontier fort to school post: training the cavalry

2012 Kansas City Renaissance Festival- Sept 1st - October 14th! Leisure Travel on post has discounted tickets \$14 for Adults and \$9 for Children, for more information on tickets please call 785-239-5614 you can also check out the Fair's website at <http://www.kcrenfest.com/> or 913-721-2110

One day Employment workshop coming up on 7 September 2012: Times are 0930 – 1500. RSVP Date: 31 Aug, Audience: Adult Family members. Childcare: No, Location: Resiliency Learning Center. This is a great packaged deal. Workshops will be facilitated by Ms Cheryl Guice, Dir of HR, KSU and Jeff Reade, ACS ERP Manager. Participants will receive: Resume Writing assistance (one on one), support in computer lab with preparing USA Jobs resume, cover letter assistance, interviewing and networking skills, effective job searches, Dress of Success. Information tailored to the military spouse, spouse Employment Program, Spouse Preference, and competitive cutting edge advice and guidance. Max

attendance is 30. We'll have to cancel if we don't get the additional support and participation. Interested registrants can contact me directly. POC: L'Tanya D. Pugh, Outreach Program Manager Unit Service Coordinator, 1HBCT Army Community Service, Fort Riley, Kansas Commercial: (785) 239-9444 DSN: 856-9444

Changes to the Army OneSource Volunteer Information Management System: DoD Social Security Number Reduction Plan” (DTM 2007-015-USD), which calls for a removal of any variation of Social Security Number usage within DoD Systems. In response to this directive, we will be removing SSN from the Volunteer Management Information System (VMIS) on Army OneSource. We originally anticipated the release date of the changes to be in September, but we have completed the work ahead of schedule. We will be applying the changes to VMIS the evening of 30 August 2012. As a reminder, the following changes to VMIS will occur: The SSN field in the Volunteer's Profile will be removed, when searching for a Volunteer, the SSN field will be removed from the search form, search results will now include Community to differentiate volunteers, all SSN data will be removed from the Army OneSource database, for Non-VMIS User Volunteer Profiles, the Date of Birth (DOB) field will be required to help the system uniquely identify records within VMIS and help you differentiate volunteers. Currently, the field is not mandatory, but we respectfully request your support in adding the information for your Non-VMIS User Volunteers as soon as you can. On 30 August, the field will become mandatory for Non-VMIS User Volunteer profiles. Please note that DOB is already a required field for VMIS-User Volunteers. The VMIS training curriculum will be updated to reflect the changes above. You are welcomed to participate in this training which is delivered via webinar on a regular basis. See the Army OneSource [Training Calendar](http://www.myarmyonesource.com/skins/aos2/display.aspx?moduleid=e136b2ed-c788-489b-a83d-1e2ae804bb95) (<http://www.myarmyonesource.com/skins/aos2/display.aspx?moduleid=e136b2ed-c788-489b-a83d-1e2ae804bb95>) for details. As always, we welcome your feedback through the Army OneSource Support resources like [Live Chat](https://www.myarmyonesource.com/chat) (<https://www.myarmyonesource.com/chat>) or the toll-free support line (1-877-811-ARMY).

Welcome to the Military Community and Family Policy (MC&FP) Weekly eNewsletter providing you with access to the latest Quality of Life news and information from the Department of Defense and dates for upcoming Guard and Reserve onsite sales. The link below will open up the MC&FP Weekly eNewsletter in your browser. If the link below does not work, please copy and paste the entire link into your browser window. <http://apps.mhf.dod.mil/mcftp/weekly> A PDF version of the newsletter is also available for download from the link above. Your MC&FP Team! Military Community and Family Policy Office of the Secretary of Defense. Providing policy, tools, and resources to further enhance the quality of life of service members and their families.

MILITARY SPOUSE FELLOWSHIPS TO CONDUCT FINANCIAL COUNSELING: Fifty military spouses throughout the U.S. and overseas have been awarded the FINRA (Financial Industry Regulatory Authority) Investor Education Foundation's 2012 Military Spouse Fellowship. The fellowship provides spouses with the training they need to earn the Accredited Financial CounselorR (AFCR) designation. This accreditation will give these military spouses marketable job skills and the resources and expertise they need to help military families overcome financial obstacles. The program, which began in 2006, is administered in partnership with the Association for Financial Counseling and Planning EducationR (AFCPER) and the National Military Family Association. The fellowship covers the costs associated with completing the AFCR training and testing. Since its inception in 2006, the program has awarded more than 1,200 fellowships to military spouses across the United States and around the world.

Recipients of the Military Spouse Fellowship commit to completing the courses of study and working in the financial counseling field serving their communities for up to two years. To date, spouse fellows have logged more than 337,000 hours assisting service members and their communities. Current accredited spouses serve as financial counselors at family readiness and support centers, credit counseling and tax centers, financial aid (Source: <http://www.militaryfamily.org/about-us/media/AFCPE-2012.html>)



***** SAVE THE DATE: *** The American Royal Association Pro Rodeo, largest BBQ contest in the world and other events.** This year's theme of the parade is "American Royal, Kansas City, & American Agriculture Pay Tribute to American Military". This event starts Sept 6 – November 17, 2012 has been a Kansas City tradition since 1899, celebrates our region's rich agricultural heritage through competition, education and entertainment. As a not-for-profit community volunteer based organization, the American Royal raises funds to fulfill its vision and mission through endowments, contributions, sponsorships and event revenues. Parade and Rodeo start on 29 Sept. For more information and event dates and ticket prices please check out their Facebook (<http://www.facebook.com/1HBCTDevilBrigade?ref=hl#!/pages/The-American-Royal/89279823538>) and webpage (<http://www.americanroyal.com/>)

Fort Riley's DFMWR Sports Department will conduct the 2012 Fort Riley Splash-N-Dash Sprint Triathlon on 080730SEP12. The race will begin at Custer Hill Pool, 7485 Normandy Drive, and consist of a 500 meter swim, a 15 mile bike leg, and a 4.16 mile run. Individual participants and teams of three (3) are eligible to register in various categories (see coordinating instructions). All participants must be 18 years or older. 1130 Awards Ceremony (approximately). The entry fee is \$25 per individual and \$50 per team. Each team member will receive an event t-shirt. Make checks payable to the Installation Morale, Welfare and Recreation Fund (IMWRF). Mail or bring registration form to the Sports Office, King Field House. Bike and Run Routes: Both routes start and finish at Custer Hill Pool. The participant categories for each race are based upon gender and age. For the team category, three (3) participants will compete per team with one (1) participant completing each leg of the triathlon. The age groups are as follows: **Male & Female Categories:** 18-29, 30-40, 41-50, and 51+. **Team:** Less than 100 combined ages of all three (3) participants. Greater than 100 combined ages of all three (3) participants. Dogs, strollers, baby joggers, skateboards, roller skates, motorized vehicles, bicycles and headsets are **NOT** allowed on the race course. Awards will be given to the top three (3) finishers in each gender and age

category and two (2) team categories. An overall first place award will be given to the top individual and team. POC at DFMWR is Reed Scott, Fort Riley Sports Office, (785) 239-5888 or reed.c.scott.civ@mail.mil.

Canines can take a dip into the pool to cool off after the dog days of summer during the third annual Speedos and Fidos event that will take place from 11 a.m. to 2 p.m. Sept. 9 at the Custer Hill Pool- see flyer.




Leisure Travel- Tickets are available at the Leisure Travel Center for K-State football; against Miami, Texas Tech and Oklahoma State and Texas. They also have Kansas City Chiefs tickets and other great military discounts on area amusement parks and sporting events. For more information call 785-239-5614

Spouse Field Exercise (registration opened 27 August) Thursday, September 20, 2012, 5:00pm – 9:00pm. Spouse Family Members come join us at Riley’s Conference Center, 446 Seitz Drive to empower individuals to make the right choices in their personal lives and offer an encouraging outlet for relief and creativity in today’s hectic, over-stressed military lifestyle. Inform Families on how to capitalize on DA and DOD services

already provided for them. Empower Families, enrich their military life and show deep appreciation. [Army Wife Network /](http://ArmyWifeNetwork.com)

Join Us for FIELD EXERCISE™: Love Military Life

ARMY WIFE NETWORK
INTERACTIVE EMPOWERMENT FOR ARMY WIVES



AN EVENT DESIGNED TO EMPOWER MILITARY FAMILIES

- Military Life Survival Tips
- Practical Military Family Resources
- Networking Opportunity
- Complimentary Taco Bar & Dessert
- Gift Bags & Giveaways

Riley Conference Center
Building 446
Seitz Drive

Thursday
September 20, 2012
5pm – 9pm



or

Friday
September 21, 2012
10am – 2pm

→ **Online registration is required** and opens Aug 27th, 8pm EST during AWN's talk radio show. Visit the website www.ArmyWifeNetwork.com; click EVENTS then "Register for FIELD EXERCISE™."

Childcare costs will be paid by ACS. Children must be registered with CYSS Parent Central at 239-9885/4723. To reserve childcare for this particular event, please contact ACS at 239-9435.

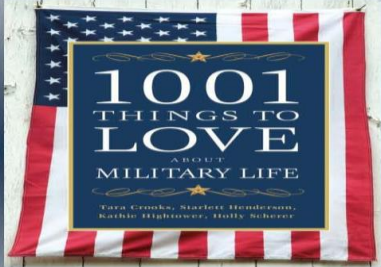
Reservations for childcare must be made by Sep 13th.




PRESENTED BY:
Fort Riley FMWR & ACS

FEATURING:
Authors Tara Crooks & Starlett Henderson

BASED ON THE BEST-SELLING BOOK:



PROUDLY SUPPORTED BY:



*Sponsorship does not imply endorsement

ArmyWifeTalkRadio.com


Fort Riley Religious Ministries Update - Family Life Ministries classes/groups: Family Life Ministries hosts the following classes and groups:
Marriage class: A class for couples preparing to get married or couples in the first few years of marriage. Class is offered the last Friday of the month.
Divorce recovery group: A six-week group program to assist individuals in adjustments to life after divorce. The group meets from 10 to 11:30 a.m. every Thursday.
Childhood sexual assault recovery group: A faith-based six-month program for women seeking to find help and healing from memories of sexual assault during their childhood. The group meets from 11:30 a.m. to 1 p.m. beginning Sept. 11.
Marriage and Family counseling: Offered by appointment, the goal of counseling is to improve the quality of life within the Family unit.
Individual counseling: Offered by appointment, the goal of counseling is positive client growth and development of effective problem-solving, decision-making and coping skills. For more information on any of the programs listed above, call 785-239-3426

Fort Riley Religious Ministries Update: Want to learn about being Catholic? Classes start October 21st. "Walking Toward Eternity" MCCW Book Study. Military Council of Catholic Women, Kick Off September 5th. This information can be found at the link below, top of center column, Chaplain's web page. <http://www.riley.army.mil/UnitPage.aspx?unit=USAG.Chaplain>



Club Beyond Presents
MOMENTUM YOUTH
for students ages 12-18
Every Wednesday @ Normandy Chapel
6 – 7.30 P.M.

For more information contact:
Rick Hernandez
at 785-712-7287

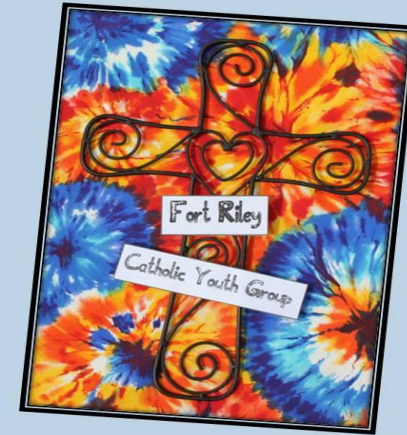


**Fort Riley
Catholic Youth Group**
(Middle school youth 6-8th grade)

Join us for our kick-off event
Saturday, September 15th
St Mary's Chapel
6-7:30 pm

Friends, youth dinner
& spray painting fun!

Bring \$2 for dinner and refreshments
POC is Michele Brookhart, 785-209-5593



Celebrating the life, mission, and work of the Catholic faith and service projects in our community

Fort Riley Catholic Youth Group- Fort Riley Catholic Youth Group Rocks! Middle school youth 6-8th grade, join us for our kick-off event Saturday, September 15th at St. Mary's Chapel from 6-7:30 pm. Join us for a waffle dinner, to celebrate the feast day of St Michael this month, followed by some spray painting fun! Bring \$2 for dinner and refreshments, POC is Michele Brookhart, 785-209-5593 or Roxanne Martinez at 785-240-1443.

Military Council of Catholic Women (MCCW) Fall Kick-off is Sept 5, 2012 0900-1030 am at St Mary's Chapel- open to all Catholic women, not just Military Spouses and Soldiers. There will be music, rosary, fellowship and Bagels. FREE childcare but your child must have closed toe shoes!

Manhattan MRC Luncheon - The Manhattan MRC Luncheon will be held on September 5th from 11:30am – 1:00pm at the Manhattan Country Club ((1531 North 10th Street Manhattan, KS 66502, (785) 539-6221). The guest speaker this month will be Dr. Briana Nelson-Goff, the Director of the Institute for the Health and Security of Military Families. They are re-structuring and refining their committee and would love to have your input and involvement!! Join them on September 5th to learn how!! As always, you may register online: Register here http://events.manhattan.org/sbaweb/events/events.asp?details=true&cale_id=803&month=9/01/2012 or you may also call (785) 776-8829, or email Alison at alison@manhattan.org

Fort Riley Network (formerly FRG Muster) - 9/07/2012 (10:30:00 AM - 12:00:00 PM) Fort Riley Network is a Command and Staff meeting for disseminating Family Readiness Group information; invited attendees share that information with their commands/sections. - Riley's Conference Center, Bldg. 446, Seitz Dr. – **OPEN TO THE ANYONE AND EVERYONE!**

Need a good laugh!?!?! Come out and join us for Comedy Night at Rally Point 2600 Trooper BLVD on Ft Riley! \$10 in advance/ \$12 at the door; See flyer. Questions please contact the manager at 785-784-5434




Resilient Spouse Academy (incl. ASIST suicide prevention, Master resilience, Response to violence, & Financial readiness training) - 9/10/2012 - 9/14/2012 Deployment & Mobilization Family Readiness Program at 239-9435 or e-mail usarmy.riley.imcom-central.mbx.acs@mail.mil], Resiliency Learning Center, Bldg. 7285 Normandy Drive. **SIGN UP TODAY!**

Did you know? Concussion – another word for a mild TBI – is the most common form of TBI in the military. Symptoms of concussion often resolve within days or weeks. Download or order hard copies of the “Signs & Symptoms Fact Sheet” from Defense and Veterans Brain Injury Center at <http://goo.gl/BfESE>. It’s also available in other languages!

The **September Scout Riley event is scheduled for Sept. 22, 2012.** A future Scout Riley is tentatively scheduled for the third weekend in September 2013. How to attend: Complete the [entry form](#) and return it to the Community Relations Section before the **RSVP deadline of Sept. 7, 2012.** Please note that due to the need to provide supporting agencies with accurate numbers of attendees prior to the event, **ABSOLUTELY NO ENTRY FORMS WILL BE ACCEPTED AFTER THE SEPT. 7 DEADLINE.** Before your visit, you will receive a packet with an itinerary, map and contact information. All dates are subject to change. Please consult this website for further information, or contact Fort Riley's Community Relations Section at (785) 239-3033 / eric.p.zenk.civ@mail.mil. <http://www.riley.army.mil/NewsViewer.aspx?id=2872>

1ST INFANTRY DIVISION




**Fall Apple Day Festival/
SCOUT RILEY, Sept 22, 2012**

The 1st Infantry Division and Fort Riley invites Boy Scout troops from across the region to our annual post-wide Fall Apple Days Festival. *Come join us!*

Fort Riley Scouts are invited to participate in or enjoy the following:

BOY SCOUTS OF AMERICA



- **Camping at the Scout area of Moon Lake**
- **Apple Pie Sales**
- **FRG Food Sales**

- **Period Re-enactors**
- **Treasure Hunt**
- **ATV Rodeo**
- **Wellness Tent**

- **Cavalry Demo and Mule Wagon Rides**
- **K9 Demonstrations**
- **Fire and Rescue Vehicle Display**

- **Expo Tent**
- **Motorcycle Rally**
- **POW/MIA remembrance**
- **And much more.**

**Please note that all proposed activities and/or arrangements are subject to change or cancellation depending on the availability of personnel, resources, the Army's needs and mission.*

How to Attend:

Fill out the registration form below and return it to the USAG PAO's Community Relations Section no later than September 7, 2012. Prior to your visit, you will be required to sign the sponsor's agreement; then you will receive a packet with itinerary, map and contact information. **FAX to (785) 239-2592, or use the information below to contact the Fort Riley Garrison Public Affairs, Public Information Section with all entry forms and hold-harmless agreements. All forms must be signed.**

Community Relations Office: Fort Riley USAG Public Affairs, Bldg. 405 Pershing, Fort Riley, KS 66442. Phone (785) 239-3033, Fax (785) 239-2592. Email: eric.p.zenk.civ@mail.mil. Please include "Scout Riley" in the subject line of the email message.

Entry Form Return to Fort Riley Garrison Public Affairs, Public Information Section no later than September 7, 2012.

Pack/Troop number _____ Number of Scouts/adults attending _____

City, State of Scout troop _____ Arrival date/time _____

Contact Person _____ E-mail _____

Address _____

City, State, Zip _____

Home Phone/ Cell Phone _____

NOTE: Due to the large number of Scout Troops anticipated, Public Information Section will strictly adhere to the deadline. Space is limited and all entry forms will be taken on a first-come, first served basis.

**Anthony Bates Foundation
FREE HEART SCREENING EVENT**

Memorial Corner



Each of these kids pictured above lost their lives to Sudden Cardiac Arrest (SCA). Their families are pushing for change in our country to protect all kids from SCA. Prevention is the key to survival and the technologies are available to make a difference.

ABF has organized over 60 screenings events and protected over 7,600 young hearts. Through our efforts we found almost 10% of the people screened have an undetected heart condition – well

over 800 people have received life changing & saving information. We invite you to bring the young students, athletes & young adults of Kansas to our FREE heart screening event sponsored by Kansas State Athletics. Help us promote heart health and prevent the heartache of the loss of a beloved child.

Best Regards,
Sharon Bates, Anthony's Mom
For more information email or call - Sharon@AnthonyBates.org or (602) 482-5606

Pre-register & donate to hold your appt. www.AnthonyBates.org

A CARDIAC SCREENING PROGRAM FOR HYPERTROPHIC CARDIOMYOPATHY

Hypertrophic Cardiomyopathy (HCM) is a genetic heart disease resulting in a thickening of the heart muscle. This condition can often lead to obstruction of blood flow and an erratic heart beat. Undetected, HCM can lead to sudden death.

SYMPTOMS OF HCM

Many people experience no symptoms of this heart disease while others may have:

- Shortness of Breath
- Chest Pain
- Heart Palpitations
- Light-headedness & Blackouts

Using ultrasound imaging under the supervision of cardiologists provides an excellent opportunity to detect life-threatening heart abnormalities. A student's family history of heart conditions and blood pressure is also taken into consideration as part of the screening process. Our goal is to promote heart health with education and awareness of Hypertrophic Cardiomyopathy (HCM).

Preventative cardiac screening offers young people an opportunity for life – help us help others through supporting our mission.

FREE CARDIAC SCREENING DAY in Manhattan, KS

Anthony Bates Foundation, with the help of event sponsors, is bringing to you a **ON-SITE** cardiovascular screening for young students athletes at the K-State Alumni Center. We have an opportunity to screen over 250 + local young students target ages between 12 and 25. Anthony Bates Foundation and Kansas State Athletics welcome you to our FREE echocardiogram screening for Hypertrophic Cardiomyopathy, (HCM). Suggested donations (\$20 per student) will allow us to continue the efforts of our non-profit organization and provide AEDs (automatic external defibrillators) to area schools to save more young lives.

WHERE: Kansas State University Alumni Center, Manhattan, KS 66506
1720 Alumni Center, On Anderson Ave. (between 17th Street & Denison Ave.)

WHEN: Sunday, September 16, 2012, 12:00 pm to 5:00 pm **
** KSU student athlete screening begins at 11:00 am

EVENT SPONSORS



K-State Alumni Association



K-State Alpha Kappa Psi Society



Little Apple Pilot Club



Mercy Regional Health Center



KSU Football & Athletics



Mortara EKG



SIEMENS medical



The Anthony Bates Foundation



MERCY REGIONAL HEALTHCARE

USO- Looking for Volunteers to clean up their Dining Facility!!! The dates are 15-19 October 2 hours a night starting at 1730. POC: CPT ANGELIQUE M BANKS, MEDICAL OPERATION OFFICER 1HBCT,1ID w:(785)239-6495

FREE PERSONAL FINANCE APP FOR MILITARY FAMILIES: The McGraw-Hill Companies and Better Business Bureau (BBB) launched a free mobile app designed to help America's military families make better personal decisions to ensure their financial independence. The Military & Money App is the first financial educational app that provides service members and their spouses easy-to-use and practical money management tips, including tools to reduce debt and maximize savings. The National Military Family Association hears our military service members and their

families are often the targets of consumer fraud and high-interest predatory loans. According to a 2010 survey by the Financial Industry Regulatory Authority (FINRA) Investor Education Foundation, 27 percent of military respondents had \$10,000 or more in credit card debt compared with 16 percent of civilians. The survey also found "as many as one in three of enlisted personnel and junior NCOs reported using at least one method of non-bank borrowing [such as a predatory loan] in the past five years, compared with 24 percent of civilians." Our Association has been actively raising this issue, making sure families are included in the solution. Key features of the app include training videos on budgeting and managing debt, calculators to track cash flow and build savings and debt reduction plans, and a prompt that sends monthly savings reminders. The Military & Money App is available free on iTunes. Please check their website.



Our Community Spouse Club

Newcomers Welcome

Sept 12, 2012
Quarters One
10 am-noon or
5 pm-7 pm
All potential new
members are invited!

*Welcome to Fort Riley!
Come meet members of the OCSC board and join the fun. Membership, activities, reservations and Ways-n-Means will all be available for your convenience. Our club is open to all military spouses regardless of sponsor's rank. The orientation offers two convenient times--stop by during the school day or on your way home from work. We'll provide delicious food and beverage while you mingle. We can't wait to meet YOU!*

Where all are welcome!!

For info, please email president@fortrileyocsc.com or call 785-341-4540. Find us on Facebook for details or visit www.fortrileyocsc.com. No children, please!



AWARDS AND RECOGNITION TRAINING

Sept 26, 2012
1 p.m. – 3 p.m.
7264 Normandy Drive
Fort Riley, KS

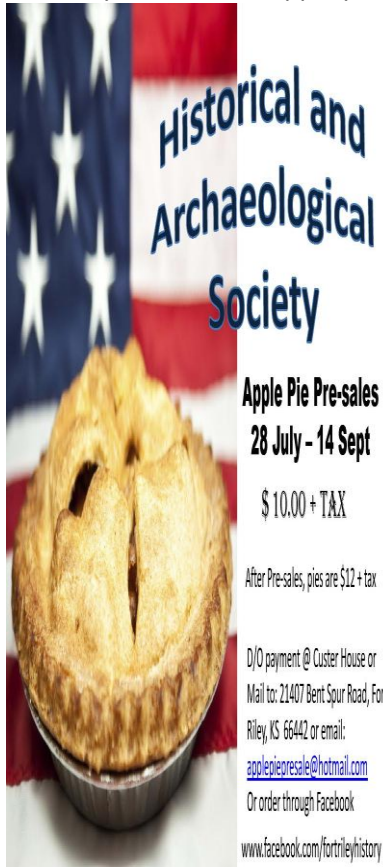
Free childcare available if
reservations made by
9/17/2012. Child must be
preregistered with CYSS.

Call 785-239-9435 to
reserve your seat



Recognizing those who Serve and Support Families

Fort Riley's Fall Apple Day Festival will be from 9 a.m. to 3 p.m. Sept. 22 at Artillery Parade Field. The event is an opportunity to learn about Fort Riley and will include a demonstration by the Commanding General's Mounted Color Guard, a military working dog demonstration, a historic encampment, an ATV course, a paintball course, static displays and many more activities. The Historical and Archaeological Society of Fort Riley also will sell apple pie by the slice or pie at the event. See flyers for ordering your pie today!



Historical and Archaeological Society

Apple Pie Pre-sales
28 July - 14 Sept

\$10.00 + TAX

After Pre-sales, pies are \$12 + tax

D/O payment @ Custer House or
 Mail to: 21407 Bent Spur Road, Fort
 Riley, KS 66442 or email:
applepiesale@hotmail.com
 Or order through Facebook
www.facebook.com/fortrileyhistory

**HASFR APPLE PIE
 PRE-SALE ORDER FORM**

We will be pre-selling a limited number of pies again this year on a first-come, first-served basis. Pre-sales will be accepted during the following dates:
 July 28, 2012 – September 14, 2012

Check or money order made payable to HASFR must accompany the order form at the bottom of this flyer. The form may be mailed to HASFR c/o Michele Ross, 21407 Bent Spur Rd., Fort Riley, KS 66442 or may be dropped off in the locked mailbox on the porch of the Custer House, Side B.

Pies are \$10.00 in advance plus tax, frozen and unbaked (\$12 on Apple Day)

Pies will be available for pick up on September 21 from 11:00am to 1:00pm and also from 4:00pm to 6:00pm. Pick up location is BLDG 7856, Drum St. on Custer Hill. Please try to pick up your pie on this day and avoid longer lines at the Fall Apple Day Festival on September 24.

****ALL PIES NOT PICKED UP BY 2:00PM ON SEPTEMBER 22 (FALL APPLE DAY FESTIVAL) WILL BE RESOLD****

Deadline for ordering is September 14. If ordering by mail, please mail order form and payment before the 14th. For additional information, or forms, email your request to applepiesale@hotmail.com.

Name: _____ Phone Number: _____

Email: _____

Number of Pies: _____ = (please see scale on back of form) \$ _____

Please include check or money order payable to HASFR. Pies will not be considered sold until payment is received.

Would you like your e-mail address kept on file to be sent a pre-order form next year? yes no

2012 HASFR APPLE PIE PRICES
Pre-Sale
\$10.00each + 7.55% Sales Tax

QUANTITY	PRICE
1	10.76
2	21.51
3	32.27
4	43.02
5	53.78
6	64.53
7	75.29
8	86.04
9	96.80
10	107.55

Apple Day 2012

Volunteers are needed to make over 2000 pies for the *Fall Apple Day Festival!*

There are three ways you can help:

1. Pie-making will be **Monday – Thursday, September 17 – 20**. There will be three shifts each day: **9:00 – 11:00am, 11:00am – 1:30pm, and 6:00 – 9:00pm**.
2. Volunteers on **Friday, September 21** will bake pies from **7:00 – 10:00am or 10:00am – 1:00pm**, and hand out pre-sold pies from **11:00am – 1:00pm or 4:00 – 6:00pm**.
3. We will also need volunteers on **Saturday, September 22**, to sell pies, whole and by the slice, at the booth. Shifts on Saturday will run from **8:00 – 11:00am, 11:00 – 2:00pm, and 2:00 – 5:00pm**.

*Volunteer location for Monday – Friday will be at Bldg 7856 on Drum Street. Volunteers for Saturday will work at the HASFR booth on the Artillery Parade Field.

To sign up your group or yourself, please contact:

Sara Swanzy
 (409) 313-4646
hasfrvolunteering@gmail.com

We can't do it without you!

HASFR is a private, non profit organization

MWR is still looking for TEN Vendors for Fall Apple Day Fest on Sept. 22nd from 9:00am-3:00pm. Booth fee is \$75 and includes an 8 foot table under the 60x60. Vendor Tent. Scentsy, Pampered Chef, Premier Designs and Tastefully Simple booths are taken but all others are welcome! Email Caitlin.a.kendrick@us.army.mil for more information.

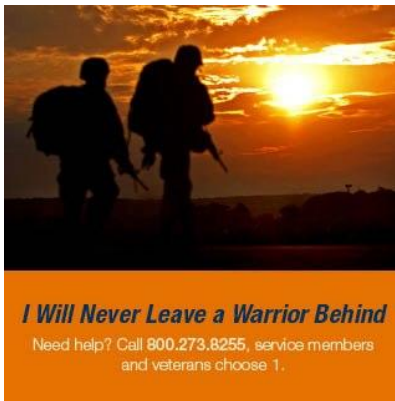
LET'S PLAY BINGO!!! Join us at Rally Point 2600 Trooper BLVD on Ft Riley! See flyer



On 28 September, ASAP will be offering a Prescription Drug Take-Back Day: The event is scheduled for 4:00pm -8:00pm at the entrance of the Main Post Exchange, 2210 Trooper Drive. This is an opportunity to safely and properly dispose of unwanted or expired prescription drugs. For questions about the event, please contact Brandon French, 240-6266.

Don't forget the Devils Den Dining Facility Drive-thru is now reopen!!!! Hours of operation are breakfast 0730-0900 and lunch is 1130-1300- come thru and get yourself a delicious QUICK meal!!! Breakfast is \$2.45 and Lunch is \$4.55

Brigade still has some extra glasses left over from the Brigade Dining- In and looking to recoup some money spent on them. Brigade is selling them for \$2/glass! They would make great gifts, even if that gift is for you!!!! POC: PFC Oudman at Brigade, CMD Sec. We will not mail these, not a fundraiser. Please bring exact change for the # of glasses you would like to purchase.



Take every threat seriously. If you know someone who has threatened suicide or harm to others or even just mentioned suicidal ideation - reach out for help. Every life is worth saving, and we're all in this together. The Military Crisis Line is available 24/7 for the sole purpose to HELP. Call 800-273-8255 (press 1), text 838255 or live chat at <http://goo.gl/mUL7n>

Dip It! Back-to-School Snacks

It is back-to-school time and time to keep plenty of healthy snacks on hand. Kids love dips and the action of dipping foods, so parents might want to include dips along with the snack as a way to get kids to eat good-for-you snacks this school year. According to a study published by the Journal of the Academy of Nutrition and Dietetics, 70% of kids were found to be bitter-sensitive. This means that bitter foods, such as broccoli and cucumber, can produce an unpleasant taste. When these bitter-sensitive kids were offered a dip with their veggies, they ate 80% more vegetables than kids who weren't given a dip. Dips can be a great way to combat taste barriers and encourage kids to keep trying vegetables! When considering dip and dipper after-school snack options, think "whole, real foods." Whole foods tend to be less processed and have less sodium, sugar or fat. Whole fruit and veggies, dairy foods such as milk, yogurt and cheese, and whole grains such as whole grain cereals, crackers and breads are a good starting point. Consider serving the following dip and dipper ideas for a fun, healthy after-school snack.

Mix-and-Match to Create the Perfect After-School Snack

Dips:

- › Applesauce
- › Hummus
- › Low-fat dressings
- › Low-fat pudding
- › Salsa
- › Yogurt (low-fat and Greek)

Dippers:

- › Graham crackers and mini waffles
- › Pita chips
- › Vegetables (carrots, cherry tomatoes, broccoli)
- › Animal crackers and graham sticks
- › Baked tortilla chips and bread sticks
- › Fruit and granola bars

Source: Adapted from Academy of Nutrition and Dietetics

DEPARTMENT OF DEFENSE LAUNCHES MOBILE WEBSITE FOR ABSENTEE VOTERS *Military service members and overseas citizens provided new resource for voting information* August 27, 2012 — Alexandria, Va. — The Department of Defense's Federal Voting Assistance Program (FVAP) recently launched a mobile website for military service members, their voting-age dependents, and overseas citizens. The mobile website provides an interface that quickly leads users to voting information in an easy-to-read, mobile friendly format. Accessible from any smartphone, the site connects voters, wherever they may be, with the latest news alerts, absentee voting information, State election dates, key contact information, and answers to Frequently Asked Questions. Users also can sign up for FVAP's voting alerts. The new mobile website is found at: <http://www.fvap.gov/mobile/>. Users will automatically be directed to the mobile website when they visit FVAP.gov from a mobile browser. If you'd like more information on the Federal Voting Assistance Program or need help with the absentee voting process please visit FVAP.gov for live chat assistance, call FVAP at 1-800-438-VOTE or DSN 425-1584 (CONUS)/312-425-1584 (OCONUS), or email vote@fvap.gov. Remember, you also can contact your unit or installation voting assistance officers. And don't forget to "like" us on Facebook at www.facebook.com/DoDFVAP and follow [@FVAP](https://twitter.com/FVAP) on Twitter for election updates throughout 2012.

*Reference herein to any specific commercial products, process, or service by trade name, trademark, manufacturer, or otherwise, does not necessarily constitute or imply its endorsement, recommendation, or favoring by the United States Government. The views and opinions of authors expressed herein do not necessarily state or reflect those of the United States Government, and shall not be used for advertising or product endorsement purposes.