

April 2011 "IT'S TIMETO GET INVOLVED."



This year's campaign, "It's time ... to get involved," incorporates a bystander approach to sexual violence prevention. A bystander, or witness, is anyone who sees a situation but may or may not know what to do, may think others will act or may be afraid to do something. Research shows that engaging bystanders is a promising way to help prevent the widespread problem of sexual violence in communities.

APRIL IS SEXUAL ASSAULT AWARENESS MONTH

"IT'S TIME TO GET INVOLVEI

"Who Moved My Cheese?" Embracing change when it happens

In Spencer Johnson's book, "Who Moved My Cheese?", he uses four characters to communicate lessons about handling change, managing fears, and achieving goals. In short, the characters, two mice, "Sniff" and "Scurry," and two miniature humans, "Hem" and "Haw," live in a maze and are in a constant search for cheese. Sniff and Scurry quickly learn they must search for new cheese to satisfy their needs. The humans, counting on the supply of cheese to be constant, are less willing to venture from their formerly cheese-filled corridor when the supply is empty. Haw learns he must adapt to this change and proposes to Hem to search for new cheese. However, Hem is uncompromising and will not venture away from what he knows to search for new cheese.

Change is inevitable and seems to happen when we are least prepared. Sometimes it is self-initiated and sometimes it is a result of organizational changes outside your control. If you have been in the 107th for a while, you know change happens often and is something we have learned to accept. We deal with change and have become pretty good at it. So how should 107th members prepare for change? There are some pretty straightforward strategies that can be used by all of us, regardless of rank or assignment, to adapt to changes while still achieving unit and individual goals. Here are some techniques to help prepare for change when it comes:

Recognize that change happens – Change is a fact of (military) life. The 107th has experienced more organizational and personnel changes than most Air National Guard units and has always risen to the challenge. For those who have seen multiple mission changes, there is a strong chance we have grown professionally as a result of these conversions. **Continued Page 3**

Public Affairs Officer Capt. Elaine Nowak Public Affairs Specialist Staff Sgt. Peter Dean Staff Photographers Senior Master Sgt. Ray Lloyd Tech. Sgt. Justin Huett Tech. Sgt. Catherine Perretta

107th Airlift Wing

Commander Col. Jim McCready

Vice Commander Col John J. Higgins (select)

Executive Officer Lt. Col. Deanna Miller



The Thunderbird is a funded Class 1 Air Force Newspaper published monthly at Niagara Falls A.R.S., N.Y. The *Thunderbird* is an authorized publication for members of the United States military services. Contents of the *Thunderbird* are not necessarily the official views of, or endorsed by, the U.S. Government, DOD, the Department of the Air Force, or the Air National Guard. The editorial content is edited, prepared, and provided by the Public Affairs Office of the 107th Airlift Wing. All photographs are Air Force photographs unless otherwise indicated. The *Thunderbird* uses material from Armed Forces Press Service, AFNS, AMC News Service, afmil, NGAUS, Air Force Retiree News and unit members.

Leader Lines continued from page 2

Communicate with others – Change is usually easier to deal with if there is good communication at all levels throughout the Wing. Whether you are senior leadership or new to the military, cross flow of information helps alleviate concerns when changes occur. We at the 107th saw the importance of this after the 2005 Base Realignment and Closure decision when Wing leadership made it a point to keep personnel informed about changes that were happening.

- **Do a self-assessment** Preparing for future assignments or promotions is a responsibility we all have. Make sure you upgrade your knowledge and skills so you are ready for unplanned opportunities if they come. This means completing Professional Military Education, getting a college degree, and taking advantage of other in-service training opportunities. Promotions are competitive so it is important to add as much training and experience to your professional toolkit as you can.
- **Be flexible and positive** Moving outside your comfort zone is never easy. Whether it is a Wing-wide change such as a new mission or personnel moves in an organization, it is important to be flexible and embrace change with a positive attitude. Organizational changes often require reassignment, retraining, and implementation of new processes and procedures. Personnel who adapt quickly often look back and see how they and their organizations are better off after changes occur.
- See the big picture and think ahead This one is sometimes easier said than done. When you are faced with unwanted change, it is difficult to embrace and appreciate the benefits that might come from it. Change can be intimidating and unwelcome. However, with the right attitude and plan (see #3), you can find opportunities and advancement in that change.

There is a positive ending to Johnson's story. After being prodded by messages written by Haw on a wall, Hem parts with his complacency and finds new cheese (i.e. opportunity) by exploring different parts of the maze. There are several lessons to be learned from the story but two are noteworthy. First, anticipate change before it happens. Changes may happen quickly because of reassignments, promotions, or other personnel moves, so those who become "Change Agents" will inspire others and be positive contributors to an organization's strength and growth. Second, be ready for change and enjoy it. The Air Force offers opportunities for professional growth that are rarely seen in other organizations. Take advantage of these opportunities by preparing yourself so you are in a position to be a positive contributor to changes when they happen.

So, Who Moved My (Your) Cheese? Whether it is you or someone else, by handling change proactively and with the right attitude, you can make change work so it benefits you and the 107th.



Chaplain Services

Catholic Mass

Saturday 4 p.m., Base Chapel

Protestant Worship

Saturday 4 p.m., Wing Conference Room, Building 901

The Rosary

Fridays prior to UTA at noon, Wing Conference Room, Building 901 For service schedules of **Buddhist**, Jewish, Muslim, and Orthodox communities, call extension 2395.

If you need to see a chaplain, please call Chaplain Services at extension 2395, or at the numbers listed below. Chaplains are always on call.

Catholic Chaplain

Lt. Col. James P. Jaeger St. Mary's Church 32 E. Morris St. Bath, NY 14810 Phone: (315) 597-4571

Protestant Chaplains

Maj. Jackie Ann Rose Kraft Asbury United Methodist Church 3750 Millesport Highway Getzville NY 14068 Office: (716) 688-8677 Home: (716) 625-6266

Capt. Keith A. Manry Akron First United Methodist 7 Church St. Akron, NY 14001 Office: (716) 542-2060 Home: (716) 542-9567

April showers...

By Chaplain (Maj.) Jackie Ann Rose Kraft 107th Airlift Wing, Chaplains Office

We know and rely on the love God has for us. God is love. Whoever lives in love lives in God, and God in him. In this way, love is made complete among us so that we will have confidence on the Day of Judgment, because in this world we are like him. I John 4:16-17

March is called "the windy month" and April the month "with showers that brings flowers." With this year being an especially cold, long and snowy winter throughout our country, we would like to see "old man winter" blow right away wouldn't we? We look forward with anticipation for the season of spring with the crocus and daffodils shooting up through the soil. As I look over my gardens and all I see are piles of snow, I sometimes wonder if it is possible for spring to come. Yet, I know that under that snow is rich soil, and in that rich soil are the bulbs that I planted. The bulbs that have endured the harsh winter will sprout forth into the new life when the earth around them warms up and the forces of nature beckon change.

April continues, for those of us who are Christian, the Season of Lent which began on March 9th with Ash Wednesday. The 40 days of Lent help connect us deeper in relationship with God as we exam ourselves and are invited to grow and change. Like the bulb that sits alone under the soil, it cannot grow without the warm sunshine and nurturing rains. The bulb under the rich earth is a good representation of the season of Lent and our own lives.

God uses the sun and the season of the year and even you and I to help bulbs grow in his kingdom. God uses seasons of life and the people around us to grow in love in His kingdom as well. Sometimes we are called tochange our ways to grow up and become what God has intended us to be. We have to choose to let go of being "bulbs" and allow change to happen so we can truly love as we have been created. The daffodil bulb was created to be a flower.

Continued Page 5



Chaplains column continued from page 4

Humans, who are created in God's image, were created to love, because that is what God is: love. We in the military are training all the time. The human journey is a training exercise and the true goal in life is to learn how to love. When we have learned those lessons, we will be ready for eternity. And the only way we can be ready is for us to let go and let God shape us.

Our UTAs and exercises are here to help shape us so we can grow through all the layers and become our best self. We exist to truly love our country and to protect our liberties. There are many opportunities and trainings happening, some with others, some guiding you quietly within yourself to grow. Yes, March is a windy month...but April brings forth flowers. May we enrich each other so together we can serve this great country of ours and serve our Creator God....becoming the 107th Airlift Wing we are called to be.

Growing with you in God's Love, Chaplain Jackie Ann <u>Rose</u> Kraft





BUFFALO SABRES ALUMNI VS TEAM NIAGARA



APRIL 10, 2011 @ 3:00 PM NIAGARA UNIVERSITY, DWYER ARENA

\$15 MILITARY INCLUDES GAME, DINNER/MEET&GREET

\$50 FAMILY TICKET PACK

TICKETS AVAILABLE THRU:

PUBLIC AFFAIRS X2394 FAMILY SUPPORT X3411 X2138 X2097

6



7

The NEW flight at Niagara

You might have noticed over the last 18 months or so, new procedures for military travel, new personnel working out on the flight line loading and unloading aircraft, and an increase in airdrops over the runway. It is the New unit assigned to the 107th AW; the Small Air Terminal (also referred to as in active duty, Aerial Port).

We are the new guys on the block and as the new chief of the Small Air Terminal I would like to take some time over a couple Thunder Bird articles and explain some of the main tasks we perform. The first one I would like to cover is the process to travel Space A. Did you know as a military member you can take a hop on military airlift for FREE? If the space is there all you have to do is sign up.

Space-A Travel one stop for Niagara Falls ARS

The 107th Small Aerial Terminal has a list of ALL Space-A flights out of Niagara Falls ARS. As per AMCI 24-101v14, we are restricted as to how much information about these flights we can discuss via phone, email, etc. within certain time restraints. For more detailed information please see an Small Air Terminal representative in building 902 rm. 121.

If you wish to travel on a Space-A flight, all members must fill out an AMC form 140 (Space Available Travel Request). Traditional ANG/Reserve members will also need a DD form 1853 (Verification of Reserve Status for Travel Eligibility) signed by your Squadron Commander. These forms do not sign you up for a specific flight, but will put you on the Space-A roster.

On the date of a flight you wish to take, we will perform a Space-A roll call, two hours prior to the flights departure. At that time passengers will be selected for the flight based on their Priority/ Category and Date & Time of sign-up.

AGR/Active duty members will travel in Category III. They cannot sign-up for Space-A and be put on the roster until they are on leave status. They will only remain on the roster for the duration of their leave. Dependents of AGR/Active duty members can travel when accompanied by their sponsor.

Traditional ANG/Reserve members will travel in Category VI. They can sign-up for Space-A and remain on the roster for 60 days or the duration of their DD Form 1853 (whichever is shorter); or until they are selected for a flight. Dependents of Traditional ANG/Reserve members are not authorized travel.

Retired Military members will travel in Category VI. They can sign-up for Space-A and remain on the roster for 60 days or until they are selected for a flight. Dependents are authorized travel. For Gray area Retirees, (reserve retirees under age 60 and not collecting retirement pay) dependents are NOT authorized travel.

The AMC 140 and DD form 1853 can be found on the 107AW public website, under Questions. <<u>http://www.107aw.ang.af.mil/questions/index.asp</u>> We understand Space-A can be confusing, if you have any questions please contact the Small Air Terminal. 236-2360, <u>107aw.spacea@ang.af.mil</u>

Next time: What's all that stuff falling out the back of the aircraft?



Retirement



Senior Master Sgt. Donald Green is presented a Meritorious Service Medal by Col. Robert Kilgore. Senior Master Sgt. Green retires after 25 years of service. (U.S. Air Force photos)







GOOD @PSEC IS CRITICAL TO SUCCESSFUL OPERATIONS.

GUARDING AMERICA -DEFENDING FREEDOM.

FOR MORE INFORMATION, CONTACT YOUR UNIT OPSEC REPRESENTATIVE.

AIR NATIONAL GUARD ~ INFORMATION OPERATIONS DIVISION NGB/A22

9







Enlistments







Joining the ranks



AIC Jordan Q. Flansburg, LRS, is sworn in by Capt Brian DalPorto





Joining the ranks







April is Sexual Assault Awareness Month

"It's time...to get involved"



SEXUAL ASSAULT RESPONSE COORDINATOR

JFHQ SARC	518-786-4734
JFHQ 24/7 MOBILE	518-339-7586
SAPR 24/7 MOBILE	716-228-7716
RAPE CRISIS HOTLINE	716-285-3518
CHAPLAIN HOTLINE	716-228-771
NIAGARA COUNTY CRISI HOTLINE	S 716-285-3515
ERIE COUNTY CRISIS HOTLINE	716-834-3131

HELPFUL LINKS:

WWW.SAPR.MIL

WWW.MYDUTY.MIL

HTTP://NEWPREVIEW.AFNEWS.AF.MIL/107AW/YOUCOUNT.ASP

SMSgt Ray Lloyd



VICTIM ADVOCATES



SSgt Jennifer Blama 716-236-2468

MSgt Jennifer Reste 716-236-2493





MSgt Vicki Weaver 716-236-2481



MSgt Melissa Shenefiel 716-236-2365

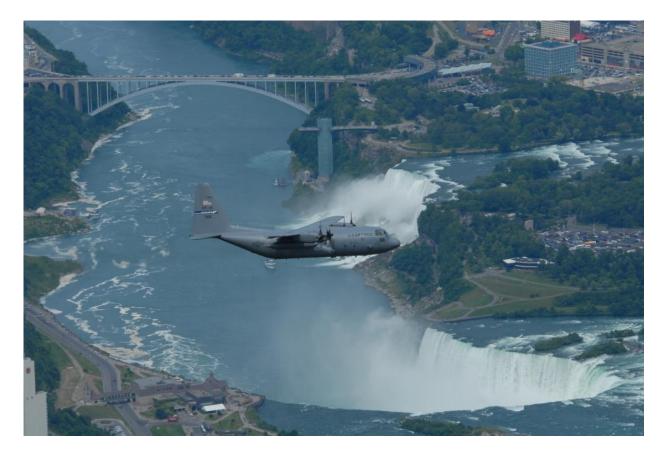


MSgt Sue Clark 716-236-3457









Bosses Day 2011 Save the Date

In appreciation of your employer's support, the 107th Airlift Wing has set aside Sept. 8, 2011.

107th unit members may invite up to two of their civilian bosses to participate in an orientation flight demonstrating the capabilities of the C-130.

Bosses will experience firsthand the vital role that the 107th plays in present day world contingencies.

Full details including application procedures and flight times will follow in the days to come on our website and on Facebook. As a reminder, this is strictly limited to civilian bosses only.

