

Connecticut Department of Mental Health and Addiction Services

# CONNECTICUT VETERANS' JAIL DIVERSION AND TRAUMA RECOVERY INITIATIVE

The 3<sup>rd</sup> Annual Trauma Spectrum Conference Bethesda, MD Jim Tackett Director, Veterans Services

Serving Connecticut's Veterans, Citizen-Soldiers, and Their Families



### Veterans Jail Diversion Program

\$2 million, 5 year grant from SAMHSA Center for Mental Health Services

Divert veterans from incarceration to treatment and supportive services

Target Population: Our newest generation of returning Veterans

#### Symptoms/Behaviors That Contribute to Arrest

- Anxiety
- Depression
- Irritability
- Anger
- Increased Substance Use
- Difficulty Sleeping
- Hypervigilence

Excessive speeding erratic driving

 Bar fights, disorderlies, BOP

Firearms violations

#### **DUI**

Possession of illegal substances

Domestic violence

#### **Building Upon Existing Strengths**

Statewide Mental Health Jail Diversion Program since 2000; JD Clinicians in every GA Court

Trained Crisis Intervention Teams (CIT) located in communities throughout the State

#### **Key Stakeholders**

- Federal VA Regional Office (VBA)
- VA Connecticut Healthcare System (VHA)
- Vet Centers (VR&C)
- Connecticut Military Department/National Guard
- Chief State's Attorneys Office
- Public Defenders Office
- Judicial Division, Court Support Services
- CIT Teams and Local/State Law Enforcement
- CT Alliance Benefiting Law Enforcement (CABLE)
- Federal and State Departments of Labor
- Depts of Social Services, Correction, Veterans' Affairs
- Others (Hospital for Special Care, VSO's, BIAC, CTCADV, NAMI; housing, voc, education programs, etc)

#### **CT's Approach: Systems Integration**

Emphasizes Pre-Booking – focus on identifying, engaging and referring veterans at the earliest opportunity

Integrates Services of Multiple Systems to strengthen access to appropriate and timely treatment/recovery support services

Strong Services Coordination

## Major Objectives

Establish a formal statewide jail diversion structure that will, at the earliest opportunity along the criminal justice continuum, divert veterans with traumarelated symptoms to a seamless system of treatment and recovery support services

# Major Objectives (2)

Build a new services delivery model that combines the strengths of each participating federal, state and community stakeholder, thereby offering diverted veterans an array and wealth of treatment and recovery support options as they develop their Individual Service Plans.

## Major Objectives (3)

Establish a service planning process that values personal choice, contemplates and addresses the biopsychosocial needs of each veteran, and assures that identified needs, including psychosocial needs, are addressed together and at once.

## Major Objectives (4)

Within 5 years, secure sustainability of the work in the pilot region and successfully accomplish statewide implementation of jail diversion services for Veterans.

#### **Responsibilities of a Grateful Nation**

To assure the good health and well-being of every returning soldier

To support the military family throughout the deployment cycle

To develop social structures that may harness and support the involvement of the community in assisting veterans and their families to excellence in their lives following their experience in war.

LTCOL (Chaplain) John Morris

### **DMHAS Veterans Services**



#### Serving Connecticut's Citizen-Soldiers, Veterans and Their Families

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