



photo illustration by Staff Sgt. Timm Huffman

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**ON THE COVER >>** The new year brings with it many changes -- including those highlighted in the *Patriot* beginning on page 6, which cover new Air Force physical fitness requirements.



**FIREFIGHTER FRIENDS >>** Westover firefighters take a break for a photo Dec. 9 with children at the Shriners Children's Burn Center in Springfield. The firefighters donated more than \$2,000 worth of toys to more than 10 children at the center. They raised the money through their annual Tunnel to Towers Run, held in New York City, and through a breakfast held at the fire station Dec. 3. (Courtesy photo)



Colonel Kountz

First of all, I'm very excited about being a member of the Westover team. I truly appreciate the warm welcome in June that we received from the people of this wing. You've made us feel like members of the Westover family.

I want to recognize the outstanding team of maintenance professionals we have here and give the wing an idea of the impact we have on Air Force Reserve Command and the total Air Force. I'll briefly touch on the results of the Logistics Compliance Assessment Program (LCAP), our contingency airlift mission and the AFRC Regional Isochronal Inspection program (RISO).

Walking into a unit that is two months from a major inspection like the LCAP can be an uneasy feeling, but the professionalism I found across the maintenance group soon put me at ease. It was evident that the group had a solid plan to guarantee success for the inspection.

The LCAP not only looks at our compliance-related programs, it evaluates the type of maintenance our Airmen are performing by inspecting completed maintenance tasks and performing individual evaluations of work in progress. The LCAP checklists resulted in 2,145

evaluations and inspections across the maintenance complex resulting in a 98 percent pass rate. The team also accomplished an additional 100 evaluations of work in progress with a 97 percent pass rate. Although we didn't receive an "official" grade due to the LCAP being a new process, in accordance with the published guidance my earlier comment about recognizing our outstanding maintenance professionals is very appropriate.

The maintenance group has two primary mission areas, the first being the aircraft we provide to the combatant commanders for worldwide airlift tasking. As I addressed above, our Airmen have solid maintenance programs and perform at the highest levels of competency. Over the past year or so we have raised our daily aircraft mission capable rate about 20 percent to the highest C-5 rate in Air Force Reserve Command. Our fiscal 2009 mission capable rate exceeded the AFRC standard by nearly 15 percent. Our maintenance professionals held these standards while they managed upgrades and modifications making our aircraft some of the most capable C-5s in the Air Force. This all translates into our aircraft having one of the highest home station and enroute launch reliability rates in the C-5 fleet; meaning when we put an aircraft in the system, the mission will be successful.

Our other major mission is the Regional Isochronal Inspection (RISO) program. This is a Total Force Integration mission done as an

active associate unit. Under this program, we are one of three C-5 locations selected Air Force-wide to perform this major aircraft overhaul function on the entire fleet; Air National Guard, regular Air Force and AFRC aircraft. The accomplishments of this group of maintainers are nothing short of miraculous. In just two years they have taken a program that produced an aircraft in 45 days for a total of eight aircraft per year to producing an aircraft in 23 days for an annual output of 18 aircraft.

Through the dedication, expertise and innovation of our Airmen, our production is still improving with an ultimate goal of 26 aircraft per year. This mission is providing a direct impact on the entire C-5 fleet with greatly improved aircraft availability.

Of course, we don't do all this on our own. Without the support of the entire wing we could never maintain this level of production. The men and women in supply, transportation, personnel and many others consistently support us to make sure we can meet the Air Force requirements. I thank all of you for your continued support and look forward to working with the Westover team. I'm proud to be a member of the Westover family.

I wish you all a very Happy New Year!

**Lt. Col. William Kountz**  
**439th Maintenance Group**  
**commander**

**BRIEFS |**

**Returning bonus**

Massachusetts servicemembers returning home from their second and third tours of duty overseas will receive an added \$500 bonus under a new law that House lawmakers approved last fall. It extends new benefits to veterans.

For more information, click on: [www.military.com/news/article/mass-oks-bonus-for-returning-war-vets.html](http://www.military.com/news/article/mass-oks-bonus-for-returning-war-vets.html)

**Speak with PA**

Anyone from Westover who plans to speak on behalf of the base, needs to first contact public affairs.

Talking points, security guidelines, and general information are available to assist speakers.

For more information, e-mail [439aw.pa@westover.af.mil](mailto:439aw.pa@westover.af.mil)

**Fleece wear with ABUs**

The Air Force and the Army sage green fleece garments are both authorized for wear by Air Force members.

Wearing the sage green fleece as an outer garment without the accoutrements is authorized until Oct. 1.

The only fleece authorized for wear are those issued through supply or purchased through the supply chain or military clothing sales. The policy for accoutrement wear is all or none; name tape, rank, and US AIR FORCE tape must all be worn or no accoutrements are worn. For more information, call Staff Sgt. Shannon Gratton at 557-2037.

**Photo lab staff shoots A and B UTAs**

The 439th Airlift Wing Public Affairs photo lab primarily operates on the A and B UTAs.

In addition to *Patriot* photography, the official photographers provides official photography support to include military and civilian Commander's Calls, retirements, and changes of command. The official photographers no longer provide passport photos.

The lab staff handles all photos by appointment. All appointments should be made 24 hours prior to the A UTA. For more information, call Tech. Sgt. Brian Boynton at Ext. 2390. Photography requests must be made with an Air Force Form 833 to the photo lab (in Bldg. 2426) or e-mailing to: [439aw.photo@westover.af.mil](mailto:439aw.photo@westover.af.mil)

**Bi-monthly *Patriot***

Westover's newsletter prints bi-monthly. The March-April edition production will wrap up at the end of the February A UTA.

People interested in submitting articles and/or photos need to provide them to the public affairs office no later than Sunday, Feb. 7, by e-mailing [439aw.pa@westover.af.mil](mailto:439aw.pa@westover.af.mil).

The *Patriot* is also available for viewing on-line on Westover's web site:

[www.westover.afrc.af.mil](http://www.westover.afrc.af.mil)

**Snowline number**

The 439th Airlift Wing snowline provides updated information on reporting to the base during inclement weather.

The snowline number is (413) 557-3444.



**GENERAL MEETING >>** Gen. Raymond E. Johns Jr., commander of Air Mobility Command, shakes hands with Senior Master Sgt. Todd Ramsey, 439th Maintenance Squadron, left, and Maj. Luis Nunez, 439th MXS commander, during the general's tour of the isochronal inspection area at Westover Dec. 2. The general's first stateside trip included visits to Guard, Reserve and active duty bases in Ohio, New York, Massachusetts, New Hampshire and New Jersey. (photo by Tech. Sgt. Andrew Biscoe)

## AMC commander tours Westover ISO

by Bekah Clark  
Air Mobility Command  
Public Affairs

SCOTT AIR FORCE BASE, Ill. -- Only 10 days after taking the seat as the commander of Air Mobility Command (AMC), Gen. Raymond E. Johns, Jr., visited Westover as part of his visits to East Coast Air National Guard and Air Force Reserve wings from Nov. 30 through Dec. 2.

While here, wing senior leadership explained the Patriot Wing's flying mission and current base operations and how it is contributing to the worldwide AMC airlift operation.

"I can't say how much I appreciate what you do, and how you do it," the general said, following the wing mission briefing Dec. 2.

"I didn't know much about you at all, and in the little time I'm up here, you ooze your mission with pride, you ooze how you take care of each other, and it's wonderful, it really is. You're very proud. You're there when the nation calls. So it's really been a great discovery for me, and thank you for letting me see it through your eyes."

"My first priority is to get out and see the mission through the eyes of our Airmen" said General Johns, who leads a team of more than 130,000 personnel including more than 76,000 Air Force Reserve and Guard professionals.

He spent the second day of the trip learning about the mission and contributions of the Airmen assigned to the 914th and 107th Airlift Wings in Niagara Falls, N.Y., one of the earliest tactical

airlift associations between Guard and Reserve. While the 439th AW is assigned to Air Force Reserve Command, AMC is the gaining command under mobilization orders. General Johns began the third day of his trip at Stewart Air National Guard Base, N.Y., and then a visit to the 157th Air Refueling Wing at Pease AFB, N.H.

"We're leveraging ARC personnel and aircraft wherever possible," said General Johns. "ARC aircrews fly 29 percent of the missions to meet AMC's mobility requirements. Additionally, the ARC fills about one-third of deployments and backfills nearly 6,000 positions at home for our deployed active duty members."

Following his visit to the East Coast, General Johns is planning a trip to Southwest Asia. "I have a lot to relearn," General Johns said. (Additional information provided by the 439th AW Public Affairs office)

## Wing gets good UCI marks

*EDITOR'S NOTE: An Air Force Reserve Unit Compliance Inspection (UCI) team evaluated the 439th Airlift Wing in early November.*

*Col. Robert Swain Jr., 439th AW commander, sent this note to the wing, following the inspection.*

You have taken a great Wing and made it better with your hard work, professionalism and dedication. The UCI at Westover was the largest inspection performed by Air Force Reserve Command, covering 81 total areas.

You have made incredible improvements from what was the AFRC benchmark to a new benchmark, one that will be difficult to better.

The wing received "no critical findings" and improved in both major and minor findings on average of 25 percent.

Brig. Gen. Mark Kyle, AFRC's Inspector General, stated that Westover is a "great unit, great attitudes."

You have been outstanding throughout the process and the wing's excellence is a reflection of each of you. Day-in and day-out, it is this same work ethic and pride that continues to raise the bar again in each and every endeavor.

Westover has always risen to each challenge and will continue to, because we have great people doing great things. You are truly "Leaders in Excellence."

**ON THE WEB:** Click on the Westover web site to see more photos of Gen. Raymond Johns' visit to the base: [www.westover.afrc.af.mil](http://www.westover.afrc.af.mil)

## Wing tallies busy 2009 ops

Patriot Wing C-5s from Westover fly worldwide strategic airlift missions that primarily originate from Dover Air Force Base, Del., and Charleston AFB, S.C. Most of these missions support American and coalition warfighters in Operations Enduring and Iraqi Freedom.

Other common missions in 2009 included Avionics Modernization Program (AMP) training, counter-drug support missions for the Air Force's Southern Command, and channel missions to the areas of responsibility (AOR) at overseas bases including Joint Base Balad, Iraq, and Ramstein AB, Germany.

By mid-December 2009:

>> Aircrews with the 337th Airlift Squadron flew more than 4,600 hours and hauled more than 16,200 tons of cargo.

>> Patriot Wing aerial port reservists processed more than 2,100 passengers and moved more than 1,240,000 pounds of cargo through Westover.

>> Air Force commitments to the Global War on Terror kept more than 20 reservists deployed worldwide.

>> The base supported more than 30 base tours from April through December. Some of the groups that visited C-5s, the fire station, and the control tower included Cub Scouts, Rotary International, Junior ROTC and ROTC cadets from local high schools and colleges, an NCAA basketball team, and local schoolchildren.

*(Statistics compiled by Tech. Sgt. Andrew Biscoe, 439th AW Public Affairs)*



**RAMP RANT >>** These 42nd Aerial Port Squadron reservists chat on the Westover aircraft ramp before they deployed to Southwest Asia in late November. They are, from left, Staff Sgt. Jeffrey Szymanski, Master Sgt. Edward Brown, Senior Airman Enid Santos, Tech. Sgt. Ron Knight, Master Sgt. Patrick Burke, and Senior Airman Anthony Boido. (photo by Tech. Sgt. Andrew Biscoe)

## Deployment blends NCOs from 85<sup>th</sup>, 42<sup>nd</sup>

by Tech. Sgt. Andrew Biscoe

His wingmen called Senior Airman Anthony Boido the "rookie" as the group of Airmen packed up for a deployment to Southwest Asia in late November.

The deployment was also the first of a blended group of 42nd reservists and three noncommissioned officers from the former 85th APS, which deactivated in September at Hanscom AFB, Mass. Many of its reservists joined the 42<sup>nd</sup> or 58<sup>th</sup> APS.

"I have definitely been ready to go. I'll be missing the sports games and hanging out on the weekends," said Airman Boido, who volunteered for the deployment. In civilian life, the 42<sup>nd</sup> Aerial Port Squadron reservist is a full-time truck driver.

Airman Boido's fellow deployers form a cadre of experienced senior noncommissioned officers who know all of the particulars with

the responsibilities of deploying thousands of miles from home.

Staff Sgt. Jeffrey Szymanski is deployed to the same base assignment that he had in Southwest Asia in 2006.

"We are very busy, and it is very crowded," he said. "We lived in B-huts (in 2006). We each had our own small individual space with our bed and a wall locker, eight people per B-hut. Now, we are packing 16 people per hut with bunk beds, same small spaces, and we have to share one wall locker with a roommate .... with the focus shifting over to Afghanistan we are definitely one of the busiest aerial ports in the world."

"This is another example of how the 85<sup>th</sup> and 42<sup>nd</sup> have integrated," said Lt. Col. Edward Miller, 42<sup>nd</sup> APS commander, who was on hand to see the Airmen head out in late November. The aerial porters are on a six-month deployment.



"The new PT program is a good way to keep the Air force fit and motivated. It is something that needed to happen a long time ago."

-- Airman 1st Class Elias Aponte, 439th Security Forces Squadron



"I think the new PT program is awesome. Instead of only working out the months before the test it requires you to work out all year-round."

-- Airman 1st Class Robert Major, SFS



"It is excellent. It will help to promote a healthy lifestyle, instead of 'cramming' for a test."

-- Senior Airman Janai Lee, 439th Mission Support Squadron

**TROOP TALK** | What do you think of the new physical fitness requirements?

# Shaping Up

# New PT standards apply to all Airmen

by Staff Sgt. Timm Huffman

The New Year always brings change and with the arrival of the Air Force's new fitness instruction, 2010 is no different.

In addition to the twice-a-year fitness testing that went into effect Jan. 1, Westover Airmen can look forward to new physical training standards that begin July 1.

The most significant change is the arrival of biannual fitness testing.

"This decision promotes a lifestyle of fitness and aligns the Air Force Reserve with the Army, Navy, Marine Corps, and their reserve components, who already test twice a year," said Lt. Gen. Charles E. Stenner Jr., Air Force Reserve Command commander.

Biannual testing goes into effect six months before the new fitness standards in order to give Airmen the chance to as-

sess their fitness level. During the first test under the new system, Airmen are evaluated under the old standards and given a copy of their scores under the new system. This will allow Airmen to make necessary changes to their fitness level for when the new program begins in July.

The PT tests will be conducted and monitored by a fitness assessment cell, staffed with trained civilian personnel. The FACs are intended to help reduce the administrative burdens placed on squadrons and to maximize objectivity in testing.

Fitness tests the FACs will monitor will look the same as the current test, with push-ups, sit-ups and a one and a half-mile run, but there will be different numbers to crunch.

The new program utilizes a component scoring system, similar to the old one, the only difference is the weight of each compo-

nent. The run will be more highly valued under the new system, worth 60 percent of the test. Body composition is 20 percent, down from 30, and push-ups and crunches are still worth 10 points each.

Members must achieve a minimum composite score of 75 points to pass and must meet a minimum score for each component. That minimum is age and gender graded. Also, Airmen on medical waivers for one or more areas of the test will have a composite score on the assessed components and will receive either a pass or fail rating.

The new regulations also provide a recognition system for Airmen who achieve and maintain excellent fitness assessment scores. Patches will be awarded for four levels of excellent fitness: Excellent, Sustained Excellence, Maximum Performer and Sustained Maximum.

continued on page 8





photo illustration by Staff Sgt. Timm Huffman



**TRACK RECORD >>** Patriot Wing Airmen run around the Base Ellipse track during physical training on an A UTA. The one and one-half mile run will count for 60 percent of the the total fitness test score in 2010. (File photo by Tech. Sgt. Troy Thibeault)

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For more information on changes to the fitness test, visit the Air Force fitness program website at <http://www.afpc.randolph.af.mil/affitnessprogram/index.asp>

*EDITOR'S NOTE: The arrival of biannual fitness testing means Airmen will need to stay in shape year-round. Rick Heller, a personal trainer at the Westover Fitness Center, offers some advice on some things Airmen can do to get fit and stay fit.*

**Q: How often should Airmen exercise to be ready for the fitness test?**

**A:** The minimum to just maintain a healthy lifestyle is three times per week. To do well at the fitness test, they should be performing 25-30 minutes of continuous aerobic exercise, as well as strength training, three or more times per week.

**Q: Why 25-30 minutes?**

**A:** People think that if they run a mile and a half a few times a week, they will be good. They may see some improvements in the short

## Wear issues worked out of work out gear

Airmen at Westover who are dissatisfied with their current physical training uniform can expect to see some new options at the base exchange in 2010.

Interested Airmen will need to pay particular attention because the Improved Physical Training Uniform (IPTU) closely resembles the current PT uniform.

A major change to the uniform is the use of higher quality fabrics that wick moisture more effectively and reduce both

bulkiness and the swishing noises associated with the older version.

Other changes include the removal of the hood from the jacket, PT shorts with softer, more flexible fabric, side pockets, increased inseam length, and a redesigned inner liner. The T-shirt has also been redesigned to be lighter and will be made with higher quality moisture wicking, odor reducing fabric.

Optional gear has also been introduced into the lineup of approved PT wear.

A long sleeve T-shirt and sweatshirt have been approved for wear and are available for purchase through the Army Air Force Exchange System. Running shorts will also be available this summer.

Visit the Air Force Portal under the Portal Quick Link "Uniform Information" for additional information and updates. The link is: <https://www.my.af.mil/gcss-af/USAF/>

The Westover base exchange phone number is 413-593-0232.

term, but in order to really improve, they need to increase their VO<sub>2</sub> max, (a measurement of how efficiently a body uses its oxygen). To do that, they need to perform 25-30 minutes of aerobic activity.

**Q: What types of activities should Airmen participate in?**

**A:** That's something that depends on the Airman. They can come into the fitness center, see a personal trainer, and get set up on

a personal training schedule that's tailored to his or her needs. It's also important that routines are changed up every eight weeks or so, because after that amount of time the exercise becomes routine and the benefits are few and far between.

**Q: How important is exercise versus diet?**

**A:** Exercise should make up about 80 percent of what you do

to stay healthy. The common perception is that diet is more important than exercise, but it's the other way around.

**Q: What's something people can do to get into a fitness mindset?**

**A:** We offer personal trainers, a cardio class, and the Athlete of the Year program. To set up an appointment, call 557-3958, or go online: [westoverservices.com](http://westoverservices.com)



# Colonel brings varied background to wing leadership

*EDITOR'S NOTE: The Patriot staff recently interviewed Col. Patrick Cloutier, 439th AW vice commander, about his outlook as a new leader. Colonel Cloutier has been a reservist at Westover since 1994.*

**Q. What experiences have prepared you for your role as vice commander?**

A. I have been fortunate to have held many positions outside of the 337th Airlift Squadron. Being wing chief of safety was critical -- it exposed me to all of the squadrons and their functions. The combination of my command experiences and mentoring from Colonel Swain and (now retired) Colonel Mike Marten, has prepared me well for my role as the vice commander.

**Q. What are your favorites tasks as vice commander?**

A. First, helping our Airmen both get the mission done, but more importantly -- taking care of them. I like having the ability to take an issue Colonel Swain recognizes is important to mission accomplishment, and handling it.

**Q. What do you want to accomplish while you are vice commander?**

A. I'd like to make sure I make a difference in the lives of our Airmen. How I do that, in which specific manner, I think, will lend itself to situations as they unfold. On a broad front, I'd like to get the Human Resource Development Council functioning at its highest level, empowering Airmen to take care of Airmen. Westover has always gotten the mission done and I'd like to continue that, but also return to our tradition of doing the mission and having fun doing it.

**Q. What will you miss most about your commanding the 337th?**

A. The people. The 337th is the finest airlift squadron in the Air Force and its people are what makes that a fact. Every day I see the challenges associated with the incredible ops tempo we have and every

A. When I think of future, I think of change. So if the question "Is Westover ready for the future, and all the possible outcomes and changes it holds," my answer is YES! The 439th is ready for the future because we have the best Airmen in the Air Force. And it is our people that are our most valuable asset. They have always been the key to our success, and will continue to be.

**Q. What do you want to help improve on the base and within the wing's operation?**

A. Improving the quality-of-life elements for our Airmen. I'd also like to increase the visibility of the policies and requirements which drive most of the things we are required to do, so that our Airmen understand not only what they have to do, but why.

**Q. What do you believe the Patriot Wing and Westover bring to the warfighting capability of the Air Force?**

A. We bring the finest Airmen in the Air Force, prepared, motivated, and trained -- to the fight.

We bring a heritage of excellence; an unmatched history and tradition of meeting every challenge and responding to every call.

Whether it's standing up a 24/7 maintenance hub or deploying our people overseas, Westover has provided that capability.

We expect to mobilize more than 200 people this spring; we continue to provide warfighting capability.

And even more importantly, we continue to get ready for the next requirement, by properly training and equipping our people for the next fight.

No longer just Wingmen, we are...Leaders in Excellence.



**SECOND IN COMMAND >>** Col. Patrick Cloutier is the 439th Airlift Wing vice commander. A command pilot and former 337th Airlift Squadron commander and chief of wing safety, he has been at Westover since 1994. (photo by Staff Sgt. Timm Huffman)

day I see them rising up to not only accomplish the mission, but to minimize its impact and take proactive steps to ensure that we are not only meeting the mission, but preparing and getting ready for the next mission.

**Q. How do you think the 439th is positioned for the future?**

"The 439th is ready for the future because we have the best Airmen in the Air Force. And it is our people that are our most valuable asset. They have always been the key to our success, and will continue to be."



**AWARD WINNERS >>** These Airmen are among the 2009 439th Airlift Wing annual award winners and fourth quarter winners. They are, from left to right: Staff Sgt. Angel Romero, Airman 1st Class Danielle Bartlett, Master Sgt. Marylynn Scherlin, Capt. Allyson Correia, Capt. Robert Sinclair, and Staff Sgt. William Gelinias. (photo by Tech. Sgt. Brian Boynton)

## Community web site, family activities highlight YOAFF

*EDITOR'S NOTE: Senior leaders have designated July 2009 through July 2010 as the Year of the Air Force Family, maintaining their commitment and attention to Airmen and their families as a top priority. Look for periodic information in the Patriot throughout this year that will highlight Westover family activities, as well as important news.*

### Community web site

Air Force officials launched a new Web site to meet the social and informational needs of Airmen, civilians, retirees and their families.

The entire Air Force family: all Airmen, married and single; spouses; children; Air Force civilians; and retirees are invited to log on to <http://www.usafservices.com>, the official community Web site of the Air Force.

The Web site enables users to add friends, send messages and update their personal

profiles to notify family and friends about themselves.

Active duty, retirees, reservists, Guardsmen, Department of Defense employees and others who are enrolled in the Defense Enrollment Eligibility Reporting System may register as users on the site.

### Yellow Ribbon program

In a year's time, Westover hosted eight pre-deployment Yellow Ribbon events.

The congressionally-legislated program is designed to make sure deploying service-members and their families are aware of what is available to them. Most of the help is free and confidential, said Maj. Kelly E.

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**ON THE WEB:** Click on the Westover web site for more information on the Airmen and Family Readiness Center. The link is: [www.westoverafrc.org/index](http://www.westoverafrc.org/index).

Hosey, 439th Mission Support Squadron commander.

A service member and their family typically attend one pre-deployment event 30 days before deployment. Three post-deployment events follow. The first event takes place 30 days after returning, another at three months and a final at six months. Each event is geared to highlight different topics than the event they attended previously making the event more of an opportunity for the service member to develop an understanding of the assistance that is available.

For more information on the Yellow Ribbon program, call Tech. Sgt. Christine Hatfield at 557-3862.

The Airmen and Family Readiness Center is located at 100 Walker Avenue, near the Base Ellipse. The center's phone number is 413-557-3024.

**PATRIOT PEOPLE |**



**Helen Solomon**

**NAME:** Helen Solomon  
**RANK:** Civilian  
**HOMETOWN:** Springfield, Mass.  
**POSITION:** Military Clothing Sales Manager  
**FAVORITE FOOD:** Most foods  
**YEARS OF SERVICE:** Twenty-one  
**FAVORITE SPORT:** Football  
**FAVORITE HOBBY:** Read  
**IDEAL VACATION:** Newport  
**BEST WAY TO RELAX:** Reading  
**PREFERRED ENTERTAINMENT:** Movies  
**FAVORITE HERO:** Any other clothing sales manager whose goal is to provide the best possible service to our men and women in uniform  
**FAVORITE MUSIC:** Rock  
**FAVORITE MOVIE:** Sabrina  
**FAVORITE AIRCRAFT:** C-5  
**PET PEEVE:** People who do not signal when changing lanes  
**WHAT WOULD YOU DO WITH \$1 MILLION?** Share with family members

**AT THE CLUB >>** The Mojos perform Jan. 9 from 8-11 p.m., covering party music from the '50s, '60s, '70s and '80's and new music. BEDROCK performs Feb. 6, from 8-11 p.m. Information: 413-593-5531

**LUNCH BOWL >>** Lunch & Bowling is offered Monday-Friday, 11 am-1:30 p.m. There will be a Valentine's Day Bowl in February. For more information, call 557-3990.

**HOOPS BEGINS >>** Basketball season begins in January. Games are scheduled at 5:30 and 6:45 p.m. Monday, Tuesday, Wednesday & Thursday Information: 557-3958.

**SKI DISCOUNT >>** Reservists can receive 10 percent off all ski seasonal rental packages rented after January. Information: 557-2192.

**SPACE PLACE >>** Space available is offered on a daily basis, excluding UTA weekends. Space Available reservations are accepted up to 120 days in advance. Call 557-2700 to make reservations.

**SERVICES CALENDER |** [www.westoverservices.com](http://www.westoverservices.com)

**Retirements**

**Colonel**  
**Michael J. Marten**  
**Charles R. Tupper**

**Lieutenant colonel**  
**Jennifer W. Farrelly**  
**Mary Hurnovich**  
**Richard C. Tilburg**  
**Dana C. Packer**

**Maj. Denise A. Claffey**

**Master sergeant**  
**Robert. G. Champagne**  
**Daniel E. Kibe**  
**Kevin M. Kociuba**  
**Joseph S. Murphy**



**PATRIOT PRAISES | Promotions, reenlistments**

**Promotions**

**Senior Master Sgt. Nancy Clegg**

**Master sergeant**

Samuel A. Baral  
 David Berkebile  
 Christopher Davis  
 Theresa B. Dionne  
 Lloyd Elliott  
 Edward Francoeur  
 Christopher Malooly  
 Donald Morin  
 Daniel Prescott  
 Shawn Quinn  
 Dana M. Seddon

Thomas Siegel  
**Technical sergeant**

Juan Ayala  
 Steven L. Canady  
 Christy L. Diller  
 Katie Grenon  
 Christopher A. Houde  
 Tarynn Loranger  
 Anthony D. Marlak  
 Shannon L. Paradis  
 Jason Pelletier  
 James Preston  
 Brett Reed  
 Nicholas Roberto  
 Christina Rundstrom  
 Brian C. Sheldon

**Staff sergeant**

Arthur W. Britton  
 James D. Hamer  
 Stephen Hayes  
 Ryan Hockertlotz  
 Alicia J. Leydic  
 Myles J. Mueller  
 Jeffrey Nazlian  
 Julie A. Novak

**Senior airman**

Alexander Carmel  
 Nathan F. Davis  
 Manuel N. Francis  
 Matthew D. Kadish  
 Melissa McGinley

Daniel J. Musella  
 Gordon W. Richards III  
 Jesse E. Snyder  
 Jared Surprenant  
 Victor M. Wilson

**Reenlistments**

**Chief master sergeant**  
 Daniel P. Duffy  
 Earl E. Duncan

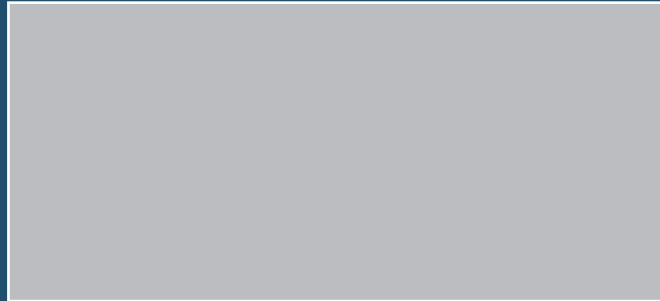
**Senior master sergeant**  
 Michael K. Barna  
 Steven H. Holloway  
 Andrew J. Martindell



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**OPEN WIDE >>** A Westover C-5 shows off its outside cargo capability as a massive piece of Navy ship equipment is loaded through its front cargo entrance in November. Engineers designed the ship's part specifically so it would fit inside the C-5. Senior Airman Dimitri Celestin, 439th Operations Support Squadron, submitted this photo to the *Patriot* staff. Photographers are invited to submit their photos to PA by e-mailing them to: 439aw.pa@westover.af.mil. High resolution digital photos are preferred. For more information e-mail PA or call 413-557-2020.

## Photo selection of the month

# Wing annual winners photo

by Staff Sgt. Timm Huffman

**“It built confidence that whatever position we are placed in, we are trained and capable.” -- Major Ryan**

## New year heralds

*EDITOR'S NOTE:*

ON THE WEB: Click on the Westover web site to see more photos of Gen. Raymond Johns' visit to the base. The link is: [www.westover.afrc.af.mil](http://www.westover.afrc.af.mil)



Sergeant Wittmsn

**PT CHANGES >>** Push-ups, crunches, and the 1 and 1/2 mile run are among the hallmarks of the physical fitness test. One of the changes this year is the percentage increase in the run, which now counts for 60 percent of the PT score.

(photos by Staff Sgt. Timm Huffman)

(photo by Tech. Sgt. Brian Boynton)

(photo by Tech. Sgt. Andrew Biscoe)

(photo by Staff Sgt. Timm Huffman)

(photo by Maj. Wilson Camelo)  
photo by Tech. Sgt. Troy Thibeault

photo illustration by Staff Sgt. Timm Huffman

Sergeant XXXXXXXX

