

Take care of the people and the people will take care of west 22nd annual conference of the mission conference of the miss

Westover hosts 22nd Air Force's annual HRDC conference page 4

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COMMANDER'S CUP >> Softball competition was intense on the October A UTA as the Commander's Cup continued into its second UTA weekend For more on the Commander's Cup, see page 6. (photo by Senior Airman Timm Huffman)

EDITORIAL | Shooting for a hundred



Ninety percent.

Pretty good rating

– especially when it
relates to the wing's
ability to deploy. That
means approximately
2,200 Westover Reservists are trained, fit,
medically clear, and
have no military debt.
Ninety percent.

Not bad, but can I ask

a few questions?

Do you want to go to war with a gas mask with a go percent seal?

How about a weapon with a 10 percent fail rate?

Do you want to fly missions on an airframe in which the crew has completed only 90 percent of its takeoff checklist?

How about if you only get 90 percent of your pay?
There are many situations where achieving 100

There are many situations where achieving 100 percent is vital, and war is one of them.

Our nation is at war in a very volatile world – so you need to be ready to go – now. You must be ready physically, medically, and financially to leave your home, family and civilian job to fight for your coun-

try. You may be sent to very inhospitable places with difficult working and living conditions. If you are not prepared, you may fail, and your failure may lead to mission failure. You may let your buddies down, and it may be a matter of life and death.

We're in this fight together. I commend the 90 percent who make readiness a priority. Reservists are talented, busy people and it takes discipline and sacrifice to continue professional development and remain worldwide qualified. I see others that are making an honest effort to improve, and I commend you.

It's been said that a chain is only as strong as its weakest link. Each member of the 439th Airlift Wing is a vital link in the success of our mission. I ask those of you in the 10 percent to look inward and ask yourself the tough questions.

Do you care?

Your health is important. Can you make your medical needs a priority?

Can you carve out time to exercise, and carve calories from your eating habits?

Do you have integrity with your finances? If not, why not?

We're in this fight together. The Airman's Creed says, "I will never leave an Airman behind." We have many resources at Westover to help you make positive changes, including a great fitness center and an excellent family readiness organization. We want you to succeed and we want the wing to succeed -- to maximize our role in our national defense.

Our core values aren't pithy slogans. Integrity, service before self, and excellence in all we do are critical to combat readiness. It builds trust and courage to know your buddy has your back because he or she is fit to fight.

Ninety percent. It's good, but to get the mission done with Westover pride, we need the whole team. I challenge you to do what it takes to keep Westover as the "Team of Choice" and to reach your personal potential.

I'm 100 percent sure we can get there.

Wed F

Brig. Gen. Wade Farris 439th Airlift Wing Commander

BRIEFS |

Wing names fourth quarter winners

Westover's Quarterly Awards Board has selected the following fourth quarter award winners for their outstanding contributions to the wing mission:

Senior Airman Arjel Falcon and Tech. Sgt. Ronnie Briere, 439th Security Forces Squadron; Chief Master Sgt. Donald Martel, 42nd Aerial Port Squadron; Capt. Kelly Provencher, 439th Aeromedical Staging Squadron; and Mylyn Advey, 439th Mission Support Squadron.

Mailing deadline

The deadline for mailing packages and letters to service men and women overseas is Nov.13, according to the U.S. Postal Service. For more information, go to http://www.defenselink.mil/news/newsarticle.aspx?id=24758.

Bundles for Babies workshop on Nov. 8

The Family Support Center's Bundles for Babies Workshop for expecting parents will be held from 11 a.m. to 1 p.m. Nov. 8. We stover firefighter Joseph Kara will demonstrate proper car seat positioning for parents during the workshop at 12:15 p.m.

For more information call the center staff at Ext. 3024 or 866-690-2161.

No trespassing on small arms range

The Westover small arms range, located off Training Avenue, is off limits to unauthorized people. Trespassing on the range is not only illegal, it is also dangerous because of frequent live weapons firing, said Master Sgt. Quinn D. Moriarty, noncommissioned officer in charge of combat arms. People with a need for valid entry to the range should contact the combat arms section at Ext. 2061 or the law enforcement desk at Ext. 3557.

"Angel Tree" helps wing help its own

The Christmas Angel Tree Program begins Nov. 3 for all Westover-assigned personnel (reserve, Department of Defense civilians and host tenants) and their dependent children (1-17), who are financially needy during the holidays.

Members and families need to contact their first sergeants for recommendation. Sponsors interested in adopting an "Angel" for Christmas will be provided the Angel's gender, age, and a request for a special gift. The Family Support Center staff will coordinate sign-ups and sponsors to ensure program anonymity.

For more information, call the Family Support Center at Ext. 3024 or toll-free at 866-690-2161.

Career Enlisted Workshop in June

The Career Enlisted Workshop will be held June 8, 2008 starting at 1 p.m. and will continue June 9 and 10 at the conference center.

"It promises to be bigger and better than last year's — and that was a great success," said Chief Master Sgt. Kathy Wood.

For more information, please call Chief Wood at Ext. 2876.

Vet's Day ceremony

The annual 439th Airlift Wing Veteran's Day retreat ceremony will take place at 3 p.m. Nov. 3 at the Base Ellipse. Reservists will form up by 2:45 p.m. The ceremony will include a wreath-laying, the playing of Taps and a two-person flag fold done by the Patriot Wing Honor Guard.



MAKING A POINT >> Col. Doug Carpenter, 413th Flight Test Group, Robins Air Force Base, Ga., listens as Maj. Gen. Martin M. Mazick, 22th Air Force commander, talks with more than 100 attendees, during the 22nd Air Force HRDC workshop held here Oct. 16-17. (photo by Master Sgt. Anne Ward)

Airmen first theme for 22nd AF HRDC workshop in Oct.

by Senior Master Sgt. Sandi Michon

"Take care of the people and the people will take care of the mission."

Those were the words of Maj. Gen. Martin M. Mazick, 22nd Air Force commander, highlighting the theme for the Human Resources Development Council workshop hosted here Oct. 16, 17 for over 100-participants from 14-wings in 22nd Air Force.

Col. Michael J. Marten, 439th Airlift Wing vice commander and chairperson for Westover's HRDC program said the workshop, a first for Westover, was a platform for the wings in 22nd AF to inspire and motivate each other with success stories.

Sample topics included enlisted workshops, mentoring, surveys, Communities of Practice, Base Realignment and Closure-related unit moves, Rising Six councils and other

innovations that communicate and implement good ideas.

The public affairs office here conducted a random, informal survey in October and found that over 75 percent of the people polled at Westover do not know what the HRDC acronym stands for, much less its purpose.

"HRDC is a people-oriented organization, charged with making Westover a better and more desirable place to work," said Colonel Marten. "It is a place where we identify weaknesses in our organization and find a way to fix them."

The HRDC, a 1992 command initiative, critically looks at retention, recruiting, and demographic trends within the wing to initiate change where needed.

"Our HRDC program used to be MEO [Military Equal Opportunity] on steroids, then it became a complaint organization, but we have turned it into an effective team that takes action," said Colonel Marten. "What we want most, is to empower individuals to make a difference. Bring your ideas to the table," he said.

"While our organization may initiate and promote programs aimed at enhancing retention, recruitment, mentoring and diversity, we would be kidding ourselves to think we had all the answers or that we could be effective in a vacuum," Colonel Marten said.

Professional organizations like the Company Grade Officers Council, Chiefs council, Top 3 and Rising 6 councils offer Airmen an opportunity to communicate and get involved in improving things for everyone assigned here.

Other opportunities, like the one that inspired Master Sgt. Luisa V. Cabana, noncommissioned officer in charge, 439th Maintenance Operations Squadron, come from within.

Sergeant Cabana, a 22-year veteran, created a plan to host a one-day Hispanic youth leadership symposium here for families from three local towns that demographically have the highest Hispanic population: Springfield, Holyoke and Chicopee.

"As a Latino, I understand the challenges our culture faces" she said. "By providing a greatly needed service to the local Hispanic population, it can only benefit both the community and Westover."

After receiving Westover's award for Best HRDC program in 22nd AF, Colonel Marten said he appreciated the nod but felt the credit belonged to Westover Airmen.

"We are busy – our Airmen do a lot," he said. "The [award] write-up says it all." Colonel Marren closed by summa-

Colonel Marten closed by summarizing HRDC's role here.

"If our Airmen enjoy working at Westover because they are taken care of, then HRDC has done its job," he said.

MAINTENANCE MIND >> Tech. Sgt. Byron Labreche explains his electrical knowledge to visiting command officials in October. (photo by Senior Master Sgt. Sandi Michon)

Maintenance innovation draws attention

by Senior Master Sgt. Sandi Michon

epresentatives from four major defense contractors teamed with Air Force Reserve planes, people and videographers at Westover from Oct. 15-19 to test new systems and film training tools capturing innovative techniques.

Engineers from Robins Air Force Base, Ga., and Westover maintainers worked through tight spaces and the C-5's cavernous cargo bay to install new tubing as part of a C-5 latrine improvement. Reserve videographers Winifred E. Johnson and Joseph Mather filmed the installation as a visual aid to the Time Compliant Technical Order to assist maintainers as they install updates throughout the C-5 fleet.

Experts traded information as they evaluated a fuel quantity tester used on Navy aircraft. Because fueling is not typically a depot-level issue, the Westover visit allowed face-to-face contact with Automatic Flight Controls and Instrumentation people in the field.

Two electrical devices tested have direct contact with Westover talent. Tech. Sgt. Byron Labreche

was part of a team working on defective bus-tie contactors and their new information was filmed to help other bases fix the part at home station.

Sergeant Labreche also worked with Tech. Sgt. Todd Panico, and retired Master Sgt. Mike Conboy to design a battery data recorder. The device captures cell voltage through a computer to streamline the process and creates e-mailable data for review.

"Westover has an outstanding can-do attitude. They've always been very proactive finding problems," said Clay Elliot, chief of structures with Systems Program Office (SPO) at Robins.

Electrical Avionics Engineer Nick Tolomeo commended Westover's willingness to help SPO solve problems. His team holds monthly teleconferences to troubleshoot and brainstorm problems. "Westover is always there," he said.

"You guys are spot-on here," said Cheryl Brotherton, SPO engineer with the reliability section. She appreciated the willingness to work, the synergy and the feedback they received on other products. At week end, she said, "We're 150 percent smiling."

Problem-solving power at Westover

Instead of tossing a defective, \$5,000 power part, Tech. Sgt. Byron Labreche was determined to find a fix. His efforts, combined with others, were so innovative that Robins AFB engineers traveled from Georgia to film the results as a training tool for the entire C-5 fleet.

The problematic part is a bus-tie contactor (BTC) which works with the generator control unit to control power when the aircraft shifts from external to internal power. Failure of any of the four units on each C-5 not only costs lots of money but also delays the mission. According to Air Force records, "between January 2005 and August 2007, failures of these two components directly resulted in 25 C-5 mission aborts with an estimated cost to the Air Force of \$1,386,000 due to aircraft unavailability."

Sergeant Labreche tackled the part puzzle by designing a safer power tester to diagnose each unit. He helped improve the method used to calibrate the unit which made their reliability rate five times better. By making sure the unit is standardized, it helps determine where the problem is within the power system.

"He's the best. His dedication, reliability, and attention to detail has been instrumental in increasing reliability of the power distribution system to the whole C-5 fleet," said Jose Segarra, SPO engineer.

"I love problem solving – to be given the freedom to see a need and try to meet it," said the 439th MXS technician.

According to Segarra, Sergeant Labreche's creativity will save the Air Force thousands of dollars by keeping parts working longer and allowing fixes at the base level rather than at depot level.



"To see the transformation from where it was to where it is, is amazing. It's nice to see how people are more involved in fitness." Senior Airman Davielle Rodgers, Services



"It was worth the wait, but it could have been better such as the lockerroom and the heating system in the winter. It's too hot." Tech. Sgt. Celio Hernandez, Maintenance



"One of the most important things we do is to stay physically fit—anything that helps accommodate that goalis worth the wait."
Staff Sgt. Lesley
Williams, Aerospace
Medicine

TROOP TALK | Was the fitness center worth the wait?

DODGING DAREDEVILS

Staff Sgt. Michael Dupell, 439th
Security Forces Squadron, throws a
dodgeball during the Commander's
Cup competition in the fitness
center on the October A UTA.
(photo by Senior Airman Timm
Huffman)

Commander's Cup kicks off

Services launches dodgeball, softball competitions on A, B UTAs base-wide

story by Tech Sgt. Andrew Biscoe

he Commander's Cup
has joined the busy regimen
for Patriot Wing UTAs.
Dodgeball and softball
competitions — among
four squadrons, began in
September and wentinto October.

The year-long Commander's Cup will feature volleyball and basketball on the November and December UTAs.

While the Base Ellipse and fitness center are common backdrops for squadrons to perform their physical fitness training, this competition challenges squadrons against each other.

"Everyone — from airman basic to chief to squadron commanders -- plays," said Senior Master Sgt. John MacIntyre, 439th Security Forces Squadron. "It's a really good event — it gives you bragging rights."

Besides security forces, other participating squadrons so far are aerospace medicine, airlift wing staff, and aeromedical evacuation. The Commander's Cup is open to all units on the base. Teams earn points for participation and for placing in the event. The unit with the most points will receive the Commander's Cup trophy on the December 2008 A UTA.

"The Commander's Cup is an ongoing program that has been around

in the uniformed



PATRIOT | NOVEMBER



TOSS FROM THE BOSS >> Brig. Gen. Wade Farris, 439th Airlift Wing commander, tosses a softball while waiting to throw out the first pitch during the October A UTA's Commander's Cup. The competition continues in November with volleyball and basketball. (photo by Capt. Justin Manna)

services for a long time," said Marc Grothues, intramural sports director.

"The events are not just limited to Air Force Reservists and thei units. Competition for the events is also open to tenant units on the base."

Talk had begun earlier this year about starting a Commander's Cup at Westover, Mr. Grothues said. Discussion turned into action when formal planning began in August.

The fitness center staff helped the services squadron to get the program started on the September B UTA.

People wanting more information on the Commander's Cup can visit the services web site at www.westoverservices.com.

All scheduled Commander's Cup events must be registered at the fitness center front desk no later than two days before the event date, said Master Sgt. James Barnes of the services squadron.

Sergeant Barnes said prompt attendance is required. If a team is late for any reason, the team contact must inform the fitness center staff before start time at Ext. 3958.

The last Commander's Cup was last held at Westover about 20 years ago.

Richard Heller, acting fitness center director, coordinated with Air Force Reserve Command services officials earlier this year to get the competition revived at the base.

"Over a year ago when we were still in Bldg. 5102, I talked to the services command and they said it was something they wanted to get into. I told them that they should bring back programs like the Commander's Cup ... and I worked with them to get it off the ground."

Call Mr. Heller at Ext. 3516 or e-mail him at richard.heller@westover.af.mil to register your unit's teams or to get information about the Commander's Cup.

Reservists need 80 percent score for PME

Westover Reservists need to score 80 percent on their physical fitness tests before reporting for professional military education assignments.

"I want our people to be ready for what the Air Force expects out of all Airmen in today's age of physical fitness standards," said Brig. Gen. Wade Farris, 439th Airlift Wing commander. "The last thing I want to see is someone reporting for PME who can't pass, and is sent back home."

While the passing grade for fitness tests is 75, a five percent buffer is in place so reservists who report for PME are fully prepared for the test.

Reservists should contact their unit fitness monitors for more information.



Reflections on final mission

by Master Sgt. Tom Allocco

At the end of his final mission downrange, downrange, Master Sgt. Daniel Kibe took a long walk around Ramstein Air Base, Germany and reflected on two months of aeromedical evacuation flights. He knew before coming home how hard it would be to put it all behind.

Between August and mid-October Sergeant Kibe escorted wounded and ill troops from Balad, Iraq and Bagram, Afghanistan to Landstuhl Medical Center, Germany. He had seen and treated men and women of all ages and conditions. He had done everything he could to help.

He wished he could have done more, he said.

Sergeant Kibe was going home to Northampton, Mass., but he expected that he would bring the war home with him. He anticipated the ripple effect of doing an aeromedical evacuation flight on average of every three days for two months.

"I won't really unwind until I get home," he said in a telephone conversation a few days before leaving Ramstein.

"It'll take a number of weeks at home. The last

time I felt guilty and sad....because I was no longer there to help after seeing so many people in various stages of hurt," Sergeant Kibe said.

Sergeant Kibe is a medical technician of the 439th Aeromedical Evacuation Squadron who returned home in October from his third deployment at Ramstein where Capt. Susan Hodges, 439th AES flight nurse, was also deployed.

His recent experiences are typical of Patriot Wing aeromedical specialists who deploy overseas.

His mission day started with a 6 or 7 a.m. wakeup call and a trip to the armory to pick up his M-9 pistol, followed by a secret briefing on threats and a ride to the C-17 or KC-135 to set up litters and support systems. From take-off to combat landing meant four to eight hours depending on winds and destination.

Approach was done wearing helmet and flak vest in the red glow of interior lights, feeling the big aircraft "yanking and banking" as a precaution against attack. Sergeant Kibe would be on the ground from one to six hours, depending on the wait for patients to be brought by helicopter and bus ambulance. The flight to Germany was fol-

lowed by loading patients onto ambulances, then breaking down the equipment.

On his time off, Sergeant Kibe would walk around Ramstein to relax. Others would go to the gym or gather in groups and talk. "Everybody is different," he said.

His last mission had brought back Soldiers with amputations, fragmentation wounds and burns following a rocket or mortar attack at the Army's Camp Victory, near Baghdad, Iraq.

"They were just at work and all of a sudden 'boom, boom, boom'. More than 30 were wounded and there were a number dead. We took out the first wave.

"That's one of the things that gets you – how quickly things can go terrible," Sergeant Kibe said.

On an earlier mission Sergeant Kibe escorted the Polish ambassador to Iraq who was burned when car bombs struck a convoy in Baghdad.

Sergeant Kibe was drafted into the Army in 1971 and served as an infantryman in Korea. From his perspective, he said, some patients looked distressingly young.

"I feel sorry for the young kids. Some kids don't look old enough to be in the military, never mind to be shot up. When I see older people I think 'that could be you'. I feel lucky," he said.

WESTOVER PATRIOTS

Patriot Wing bikers rev up for a good cause

Nineteen Westover people recently rolled out of the parking lot of American Legion Post 266 on motorcycles in Granby, Mass., to raise money for the Westover Friends of Family Support.

They turned over the \$425 donation to the Friends of Family Support in September.

"The ride was originally just an idea for riders to get together to have a good day," said Master Sgt. Timothy Day, 439th Maintenance Squadron. Sergeant Day and others came up with an idea to raise money to help a Westover organization. "As luck would have it, we learned Family Support was able to accept donations," he said, adding that ideal summer weather made the event more enjoyable. "We couldn't have ordered a better day for riding," he said. "The sun was out. The humidity was low." Sergeant Day said. "We're thinking of making this an annual event."

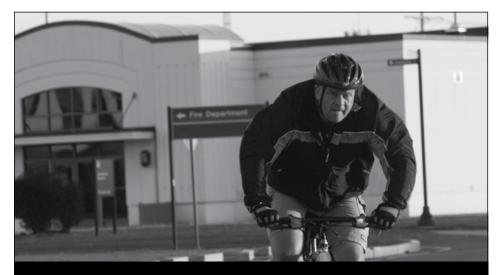
Four Patriots earn government awards

Four Westover workers earned awards in September for federal service.

Members of the Federal Executive Association of Western Massachusetts (FEAWM) honored the employees during the annual awards luncheon held Sept. 27 at the Log Cabin Restaurant in Holyoke, Mass.

More than 130 government employees from the Pioneer Valley of western Massachusetts attended.

The award winners were — Administrative Assistant of the Year, Juanita M. Arigno; Springfield Military Entrance Processing Station Professional Employee of the Year, Dr. Robert Olney; Springfield MEPS, Outstanding Service or Trade Employee of the Year, Myron Popowski, chief of resources, 439th Mission Support Group; Outstanding Community Service, Theresa B. Dionne, 337th Airlift Squadron.



RIDE FOR CFC >> Lt. Col. Richard Cockley, 58th Aerial Port Squadron commander, helped raise \$100 during the A UTA Combined Federal Compaign duathlon fund-raiser. (photo by Senior Airman Timm Huffman)

Combined Federal Campaign begins

hree weeks into the annual tradition,
Patriot Wing members had donated
\$1,500 to the Combined Federal
Campaign.

In the next few weeks, keyworkers will raise thousands more. This year's CFC goal is \$42,000, said CFC project officer, Tech. Sgt. Ronald Case.

Westover people annually donate thousands of dollars to help such international charities as the United Way and the Jimmy Fund.

CFC organizers sponsored a traditional ice cream scoop-a-thon, while the base Company Grade Officer Council held a duathlon. The October A UTA events raised \$260. More fundraisers are planned. Sergeant Case said a 5K run

will take place on the November A UTA, while a 3K will take place on the B. Sign-ups will take place at the fitness center, where both runs begin.

Sergeant Case knows first-hand about the effectiveness of the CFC. Two years ago, doctors diagnosed his daughter Kayla with infant leukemia. Campaign contributions from the Jimmy Fund helped the family pay for the treatments.

The base campaign wraps up Dec. 15. Last year, wing members raised \$43,163. Keyworkers or reservists with questions about the campaign may call Sergeant Case at Ext. 2856 or by cellular phone, at (413) 265-3258. For more information on the CFC, click on www.opm.gov.

Retired Patriot Wing chief dies

A retired Patriot Wing member who served for nearly 30 years at Westover died at his home in Granby, Mass., Oct. 12.

Chief Master Sgt. Ronald Ploof was 59. He was an aerial port superintendent, and a C-123 and C-130 loadmaster. He retired in 2003. Chief Ploof was born in Holyoke, Mass., on July 14, 1948, and was raised in the Aldenville section of Chicopee. He graduated from Chicopee Comprehensive High School in 1966. He enlisted in the United States Army and served his country during the Vietnam War, attaining the rank of Specialist 5th Class. He received the National Defense Service Medal, the Vietnam Service Medal and the Vietnam Commendation Medal with two Silver Bars. Following his service in the Army, he returned to Chicopee and later joined the Patriot Wing in 1974.

PATRIOT PEOPLE |



NAME: Stephanie Ellis RANK: Staff sergeant

AGE: 25

HOMETOWN: Springfield, Mass.

UNIT: 439th Logistics Readiness Squadron

POSITION: Logistics planner

CIVILIAN POSITION: TSA -- airport security

FAVORITE FOOD: I love all food YEARS OF SERVICE: Five FAVORITE SPORT: Football FAVORITE HOBBY: Hiking IDEAL VACATION: Cruise BEST WAY TO RELAX: Read

Preferred entertainment: Movies
Favorite hero: People that work hard

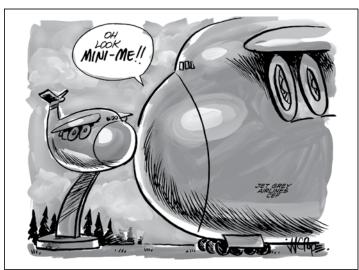
FAVORITE MUSIC STYLES: "Old school" rock -- Styx, The Doors

FAVORITE MOVIE: I have too many
FAVORITE AIRCRAFT: KC-135
PET PEEVE: Stupid prople

WHAT WOULD I DO IF I WON \$1 MILLION: Invest all of it



PATRIOT PUNS |



PATRIOT PRAISES |

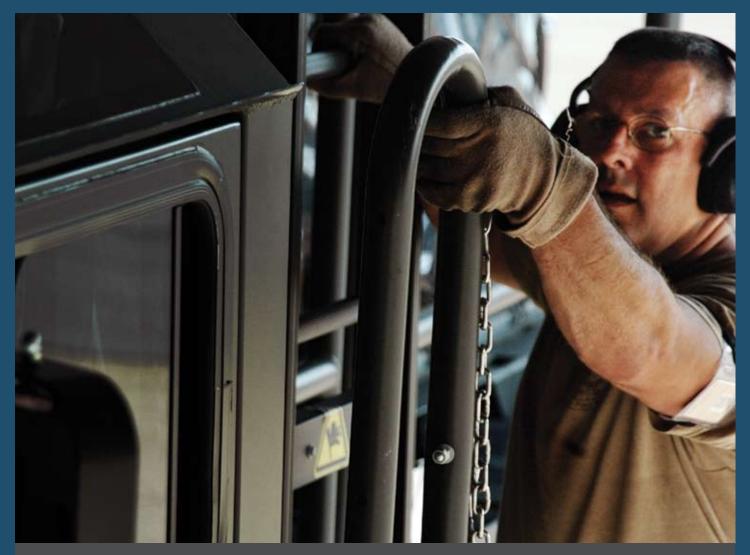
Reenlistments

Master sergeant Charles S. Anderson Jr. Roger A. Dager Kenneth J. Evans Daniel R. Jalbert Timothy B. Maguire Vanessa U. Simmons

Technical sergeant Grace G. Barnes Larry J. Couch Christopher T. Meeseman Donald R. Morin Shane W. Mortimer Steven L. Porteus Joseph F. Sarno Daniel E. Szafranowicz Eric S. Tupaj Thomas W. Zahm

Staff sergeant Johnathan R. Ash Francis M. Donadio Jr. Matthew L. Smith Robert F. Walsh Senior Airman James R. Keeler Gerald L. Lamour Cassandra L. Pietryk Daniel K. Saliba Christopher W. Webb

Airman 1st Class Sarah J. Slyter



LOADING UP >> Master Sgt. Daniel Witt, 42ndAerial Port Squadron, secures U.S. Navy cargo aboard a C-5 on Oct. 5. The Navy unit deployed to Southwest Asia from here Oct. 18. There were nearly 300 sailors from the Naval Coastal Warfare Squadron 21, based in Newport, R.I., here for the deployment. (photo by Maj. Jennifer Christovich)



Published monthly for Patriots like Master Sgt. Timothy Day, Chicopee, Mass., and 3,053 reservists and civilians of the 439th AW and the wing's geographically separated unit at Hanscom AFB, Mass.

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