



Indianhead



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Vol. 45, No. 23

www.2id.korea.army.mil

December 5, 2008

Army Secretary visits 2ID

Story & photos by
Sgt. Scott Kim

1st HBCT Public Affairs

Soldiers were given a little something extra for the holidays as the Honorable Pete Geren, the Secretary of the Army, visited and talked with Soldiers of the 2nd Infantry Division Nov. 24 at Camps Red Cloud, Casey and Hovey.

Prior to visiting the Soldiers of the Iron Brigade, Geren met with Maj. Gen. John W. Morgan III, 2ID commanding general, where he was briefed about the expanding Command Sponsorship Program for the Camp Red Cloud Enclave.

Morgan and his staff emphasized the benefits for the division and the Army in bringing tour normalization for Soldiers and their Family members assigned to 2ID.

Along with a tour through 1st Battalion, 38th Field Artillery's motor pool, Geren had lunch with Soldiers at the 4th Squadron 7th Cavalry's Sports Cafe dining facility, where he was able to talk one on one with Soldiers about their concerns and issues.



The Honorable Pete Geren, the Secretary of the Army, visits Soldiers at the 1st Battalion 38th Field Artillery's motor pool Nov. 24 at Camp Casey.

See **SECRETARY**, page 4

SMA visits Warrior Country for Thanksgiving

Story & photo by
Master Sgt. Donald Sparks

Public Affairs Chief

Sergeant Major of the Army Kenneth Preston personally thanked Soldiers of the Warrior Division during a tour to Camps Casey and Hovey on Thanksgiving.

During stops at the Fires Brigade Thunder Inn Dining Facility, World Cafe and Iron Horse Cafe, Preston shook hands, took photos and gave coins to 2nd Infantry Division Soldiers for their service and sacrifices they make on behalf of the Nation.

Preston particularly praised and gave coins to all of the cooks at each of the dining facilities for preparing the Thanksgiving meals to help Soldiers spending their first

holiday away from Family and friends back in the States.

"I know the effort behind the scenes that comes from all of the cooks," Preston said. "This is your Super Bowl and I want to thank all of you for your dedication in putting together the meals that our Soldiers are enjoying."

For Pvt. Antionette Ford, cook, 302nd Brigade Support Battalion, receiving a coin from Preston was humbling and caught her by surprise.

"It shows he cares about the cooks," said the 20-year-old Cleveland, Ohio native. "I was nervous to meet him, but I'm very appreciative that he knows how hard we work."

The trip to the Warrior Division was the last stop for Preston as part of a week-long trip to the Republic of Korea.



SMA Kenneth Preston shakes hands with Pvt. Jesse Picard, Co. A, 1st Bn., 38th FA Regt., during his trip to Camps Casey and Hovey Thanksgiving Day as part of his week-long tour of Korea.



VOICE OF THE WARRIOR:

Are you done with your Christmas shopping yet ?

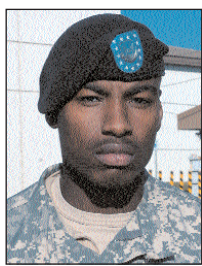


" Yes, I sent all my money back and my Family did it for me."

Sgt. Ryan Mogensen
Co. B, 1-72 AR

" No, but I will only do it for my friends in Korea."

2nd Lt. William Johnson
Btry. A, 1-15FA



"Not yet, but I am planning on shopping for a bunch of toys."

Sgt. Avery Robinson
Co. E, 4th Bn.,
2nd Regt.

" Not yet, but I will do online shopping."

Sgt. Brittany Brim
HHC, BSTB



"No, I plan to spend the next two weeks doing online shopping."

Capt. Laushanda Jackson
532nd Bn., 501st MI Bde.

"No, I'm saving for my wedding in June."

Pfc. Angel Rizzo
B Co. 6-37 FA



COMMANDER'S CORNER: Division Warfighter Exercise

By Maj. Gen. John W. Morgan III
Second Infantry Division Commander

The Division's Warfighter Exercise starts soon, running from 12-17 December. It will be a demanding exercise, but one that we are fully prepared to execute to the Warrior standard. It is essential that we take full advantage of this important training event in order to receive the maximum training benefits. This Warfighter represents our culminating training event in validating our Division's capability to conduct battle command.

The expectations and standards for performance and conduct during the upcoming Warfighter Exercise will be high. I expect each of you to come prepared for a challenging training experience overseen by the Army's Battle Command Training Program (BCTP) cadre from Fort Leavenworth. They are premier world class trainers and evaluators; with a mandate to show us where we are strong in execution and areas where we need to continue to improve. Therefore, it's important that each leader and Soldier, in the division and each warfighting function, understands that to be successful; it takes rigorous study and preparations to excel. I have every confidence that each of you understands this and will continue to put in the requisite work to meet this challenge.

Of course, as with all training, risks come with this exercise. I need all of us to do everything we can to mitigate those risks. Using composite risk management, Commanders and leaders at all levels must take the necessary actions to minimize the hazards. Even as the leaders plan and prepare for safe operations; we must never forget that every Soldier, regardless of rank, is a safety officer. If you see something unsafe or being done wrong, do an on-the-spot correction. Do not just walk on by. If you do you've just set a new standard.

- Fatigue tends to set in after the weeks of intense preparation for training and during the actual execution of the tough training. This tends to lead to personnel taking shortcuts. This can result in disaster as Soldiers convoy

from home station to the field site and while at the field site. Leaders must be cognizant of the mental and physical condition of their personnel to guard against the very real risks that may result from fatigue.

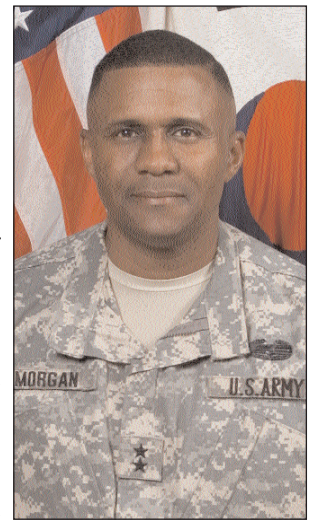
- Complacency is another hazard that leaders must be keenly aware

of. Most of our leaders and Soldiers participated in Warpaths I and II; some may feel that the Warfighter exercise is the same. The stress, work and environmental conditions in the earlier exercises are dramatically different than a Warfighter in the middle of December. Each exercise must be planned and executed differently. A complacent attitude sets the stage for loss of focus and preventable accidents. Everyone must remain sharply focused throughout the exercise.

- Though winter hasn't officially arrived it will still be much colder for this exercise than it was for Warpath II. This will pose greater risks for cold weather injuries. Leaders and first-line supervisors must understand the effects of the winter season and ensure their personnel dress appropriately and take the necessary actions to prepare for adverse winter driving conditions.

The 2nd Infantry Division's ability to conduct intelligence-driven, full spectrum deliberate combat operations and our training methodology will be put to the test during this Warfighter Exercise. However, don't look at the exercise as a test or the end game per se, but as another tool to help us prepare to execute our wartime mission. I have full confidence that we will excel at this opportunity and will meet our training objectives safely.

Katchi Kapshida!
Second to None!



Indianhead

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The Indianhead is an authorized publication for members of the Department of Defense. Editorial Content is the responsibility of the 2nd Infantry Division Public Affairs Office. Contents of the newspaper are not necessarily the official views of, or endorsed by, the U.S. Government, or the Department of the Army. This newspaper is printed bi-weekly by the Il-Sung Yang Hang Co., Ltd., Seoul, Republic of Korea. Circulation is 6,000.

Individuals can submit articles by the following means: email leith.edgar@korea.army.mil; EAID-PA, APO, AP 96258-5041 Attn: Indianhead; or drop by the office located in Building T-507 on Camp Red Cloud. To arrange for possible coverage of an event, call 732-8856.

Bring your family to work day at exercise

Story & photo by
Sgt. Scott Kim

1st HBCT Public Affairs

The sounds of children's laughter mingled with the roar of artillery fire as Soldiers from 1st Battalion, 15th Field Artillery Regiment and 302nd Brigade Support Battalion conducted live-fire exercises along with a Family Day Nov. 17 at Fire Point 65.

Wives and children of Soldiers from both battalions experienced what their loved ones go through when they leave for the field by touring of the equipment being used as well as the Tactical Operations Center, and witness a live-fire exercise with the M109A6 Paladins.

This is the first time Family members have been able to see their Soldiers in action out in the field, and for many it turned out to be a great experience.

"I was actually quite excited about it," said Erica Porter-Brown, outreach specialist for the Pear Blossom Cottage and wife of Sgt. Kappel Brown, a motor transport operator for Co. G, 302nd BSB. "I heard one spouse say she's been a military wife for more than 15 years and she's never heard of a Family day like this."

Watching a training exercise visually shows spouses and their children exactly what it takes for these Soldiers to do their jobs.

"A lot of the Family members don't see what their husbands do in the field, so we thought of a way for them to actually see what goes on and therefore give them a greater appreciation of their husbands' job and how we train," said Lt. Col. Gordon Richardson, commander 1st Bn., 15th FA Regt.



Pfc. Jeffery Wright, a forward observer for Headquarter and Headquarters Battery, 1st Battalion 15th Field Artillery, helps his son, Kyle, 3 years old, off a M109A6 Paladin during a live fire exercise/family day Nov. 17 at fire point 65.

Family members weren't the only ones having fun on the Fire Point, as Soldiers were thrilled to have those they care most about alongside them while they worked.

"I feel great; my Family's here supporting me while I'm out in the field and they're learning about what we do," said Spc. John Rodriguez, motor transport operator, Co. G. "It's a great morale booster."

The best part of the training was after the exercise when Family members were taken on a special tour of the M109A6 Paladins and other equipment.

"I had the most fun on the Paladins; I was able to go in and see how they operate," said Porter-

Brown. "I enjoyed that a lot."

Family members also expressed gratitude for being invited out to see their Soldiers in action, and commended the leadership for thinking up new ways to help them understand more about the Army.

"I'm glad we got a chance to come out here," said Porter-Brown. "We got to see what our Soldiers are doing and know that they're being taken care of."

"I don't know who came up with the idea or suggested this, but I really appreciate it. I was able to have a great bonding experience with my husband," she added.

Recipes sought for 2ID commemorative cookbook

By Sgt. 1st Class
Rhonda M. Lawson
2ID PAO Operations NCO

As the Warrior Division's 92nd anniversary approaches, ideas are being tossed around as to how to commemorate the event.

One idea currently in the oven is the 2ID Family Readiness Group's Seconds to None Cookbook.

"Warrior Country has a long, proud history that we would like to incorporate into the cookbook, along with some new and current 'Fight Tonight' recipes that reflect our special way of life around the Indianhead Camps of South Korea," said Jo Ann Golden, cookbook committee chairperson.

The idea for the cookbook, according to Golden, came from 2ID Senior Spouse Debbie Morgan. She and other FRG members had done similar cookbooks for their former units, and felt the book would work well here.

"We really hope people enjoy it," Golden said. "It will be based on 92 years of history."

She explained that the book will be

divided into various sections, each with different types of recipes. Various bits of 2ID history and photos will also be featured throughout the book.

One special section, the CG's Section, will include Division Commander Maj. Gen. John W. Morgan III and Debbie Morgan's favorite meals in a menu, followed by recipes for each dish.

"We hope to get enough recipes to include a Korean section, as well," Golden said.

Recipes can be submitted by Civilians, Servicemembers or Family members. The only requirements are to list the ingredients separately from the directions, and to include the submitter's name, rank and unit.

Also, recipe names must be personal. For example, one recipe, submitted by a Soldier's daughter, was named Indianhead Banana Bread.

"We encourage the single Soldiers to send home for their moms' and Families' best recipes, which can be e-mailed back to the cookbook committee," Golden said.

All submitters' names will be included in the final book. All recipes

can be submitted to the Pear Blossom Cottages, or Soldiers' local FRG leader.

So far, approximately 100 recipes have been collected for the book, including 25 from the Camp Red Cloud Pear Blossom Cottage. Golden said the committee's goal is to collect at least 400 by Jan. 15. One way they plan to reach this goal is to raffle off a cooking basket, including restaurant coupons, dish towels and cooking gadgets, at the next 2ID Forum meeting, which will take place at 6:30 p.m., Dec. 11 at the 1st Replacement Company building at Yongsan-Garrison.

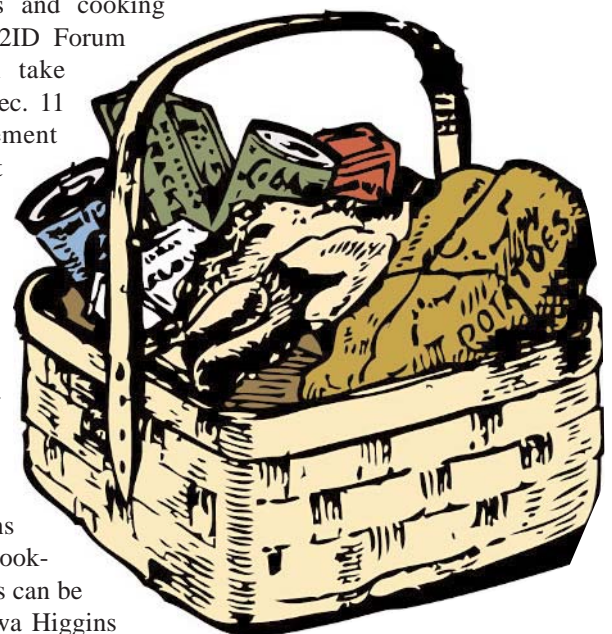
The forum is open to all 2ID Soldiers and their Family members.

"Each recipe brought (to the meeting) will receive a raffle ticket," Golden said.

The committee plans to begin selling the cookbooks in April. Orders can be placed through Mi Hwa Higgins

at mihwa.higgins@korea.army.mil. Profits from sales will go back to the area Pear Blossom Cottages, according to Golden.

For more information on cookbook submissions, contact Jo Ann Golden at joann.golden@gmail.com. Entry forms can be found on the 2ID Web site at www.2id.korea.army.mil.



'Warrior' put into focus with observance

Story & photo by
Pvt. Brian Glass

Staff Writer

The 2nd Infantry Division is referred to as the Warrior Division, and its land as Warrior Country. For Native American Soldiers, the term warrior has another meaning.

A National Native American Indian Heritage Month Observance was held Nov. 19 at the Commanding General's Mess.

Ethnic observances bring their own special backgrounds to the where the United States is as a nation today. That was a strong point made by the guest speaker Lt. Col. Kevin Colyer, battalion commander, Special Troops Battalion-Korea, Yongsan.

Colyer, a native of Sheridan, Wyoming, got his Native-American roots from his great grandfather, who married a half-Cherokee woman from the Qualla Tribe. As a child growing up in Wyoming, he spent time with friends from the Crow and Sioux reservations in Montana and South Dakota.

Colyer mentioned that while other ethnicities came to this great nation, the Native Americans were already here with their rich heritage.

Much like today, Native American ways to prepare for the fight are similar to how the Army prepares today.

"War parties were formed; tribes came together to decide who went on the Warpath," said Colyer.



Lt. Col. Kevin Colyer, Bn. Cmdr. STB-K, Yongsan, speaks during at the National Native American Indian Heritage Month Observance held Nov. 19 at CG's Mess.

Colyer mentioned that the volunteering for warpath rest on the individual, much like in today's Army.

There are 22,000 Native Americans serving in the Army today, around 1.6 percent. Also, the over-

all U.S. population for Native Americans is 8 percent, which speaks to how willing they are to serve and protect, Colyer said.

Much of the focus of Colyer's speech was placed on Cpl. Mitchell Red Cloud, from whom Camp Red Cloud gets its name. On Nov. 21, 1950, Red Cloud lost his life from enemy fire. He served in Co. E., 19th Infantry Regiment, 24th Infantry Division. Red Cloud was awarded the Medal of Honor, which was given to his mother by Gen. Omar Bradley April 3, 1951.

Even as the past was reflected on with honor and respect, progress and a continuation of the Native American Heritage is seen in today's Army.

Pfc. Constance D. Hammonds, Co. A., Division Support Troops Battalion, who read Red Cloud's Medal of Honor citation and a Native American poem, shared her thoughts about what the observance means to her.

"I'm very proud to represent my tribe everywhere I go," said Hammonds. Hammonds comes from the Lumbee tribe in Pembroke, NC.

Hammonds mentioned that her tribe taught her to be very respectful and very disciplined, which has helped her in her Army career.

The National Native American Indian Heritage Month Observance gave everyone the chance to learn about another culture and learn something about themselves.

"Know who you are, where you come from," said Colyer. "(It) makes it easier to travel the road ahead and face obstacles in your path."

1st BSTB fires up for some training

Story & photo by
Sgt. Scott Kim

1st HBCT Public Affairs

Having vehicles ambushed in a war zone is something every Servicemember fears. That's why Soldiers from 1st Brigade Special Troops Battalion passed through the "Gates of Fire" at Ingman Range, Camp Casey Nov. 19.

The participants learned how to safely and effectively respond to such a threat. During the training exercise, Soldiers were taught how to safely dismount the vehicle, cover each other and engage enemy targets while under attack.

"The purpose of today was to train our Soldiers on how to react to near and far ambushes while mounted in a vehicle, and ensure our Soldiers are confident in their proficiency as riflemen," said Lt. Col. Richard Creed, 1st BSTB commander.

Practicing vital skills such as these are important to Soldiers because what they learn could help save their lives should they deploy to Iraq or Afghanistan.

"I want to make sure Soldiers are getting into good habits during this training because me



Soldier's 1st BSTB participated in Gates of Fire, where Soldiers are tested in how to react to an ambush while mounted in a vehicle Nov. 19 at Ingman Range, Camp Casey.

directing them now might help them or one of their buddies in the future," said Sgt. Brandon Cimorelli, a military intelligence systems maintainer for Co. A, 1st BSTB.

Some of the newer Soldiers found the exercise a good blend between learning new skills and reviewing old ones.

"I think it helps out a lot going over how to cover each other, moving from one vehicle to the next and then do live fire scenarios," said Pfc. David Pena, signal support system specialist, Co. B, 1st BSTB. "It was all very well planned out and I learned a lot."

While the scenarios were

rough at times, leaders were impressed at how Soldiers were able to keep their cool and perform under pressure.

"It went pretty well," Cimorelli said. "We got out here, started training and everybody seemed to work well with their group."

While real ambushes in hostile areas may not play out like the ones practiced during "Gates of Fire," they are still great examples for Soldiers to build upon.

"You never know when you'll be in a combat situation," said Cimorelli. "It may not go the same way as today's training, but it'll definitely prepare you for ones like it."

SECRETARY

from Page 1

"I thought it was great for him to come out here," said Spc. Jihrleah Showman, an intel analyst for Headquarters and Headquarters Company, 1st Heavy Brigade Combat Team. "He was very down to earth and was really interested in what the Soldiers had to say."

Other Soldiers agreed that visits from Army leadership can help answer questions that Soldiers may have, as they often feel left out or ignored on small installations, as opposed to some of the bigger posts in the Army.

"When you're stuck in Hovey, South Korea you feel like you're in a very small world and the big Army doesn't know anything about what we go through," Showman said. "So to have the Secretary of the Army take the time to visit makes me feel like we can see what's going on and we have a say in some things."

One of the main issues the Soldiers expressed was being able to bring Families to Korea on command sponsorship.

"I want to say command sponsorship is a prominent issue," said Cpl. Dorran Nickerson, a light wheel mechanic for Company G, 302nd Brigade Support Battalion. "I'm glad that it can be discussed and revamped in the years to come."

After having lunch with the Soldiers, Geren complimented the dedication and sacrifices Soldiers and their Family members make on a daily basis in order to protect the country.

"You're a special group of people in our country," Geren said. "God bless every one of you and I want you to know how much we appreciate you."

WARRIOR NEWS BRIEFS

2ID 92nd Commerative Cookbook

A 2ID cookbook is now in the works to commemorate the Division's 92nd anniversary.

The cookbook committee will collect the recipes, create a cover, and choose photos.

Submissions must be made through your unit Family Readiness Support Group by Jan. 15, by filling out a recipe form that includes the recipe, as well as the Servicemember's name and unit.

All recipes must have personal, original names, and be clearly understood.

For more information on submission requirements, contact Jo Ann Golden at 736-5469 or joann.golden@us.army.mil. (Story Page 3)

Christmas Tree Lighting

Camp Casey will hold a Christmas tree lighting ceremony Dec. 5 starting at 6 p.m. next to Casey Lodge.

USAG-Casey Commander Lt. Col. Donald Meisler and area children will light the tree.

Santa Claus will also arrive by fire truck to give candy and toys to the children.

Pictures with Santa will be taken at the Community Activity Center after the ceremony.

Guests can take the train with Santa Claus over to the Community Activity Center once the ceremony

is complete. Music for the ceremony will be provided by the 2ID band.

For more information, contact Steven F. Toepper, Family Morale, Welfare and Recreation coordinator-Casey Enclave at 730-3285.

Christmas Party For Local Orphans at Hovey

Want to make a difference in the lives of orphans in the local area?

The Camp Hovey Community Activity Center is giving Soldiers and civilians alike the opportunity Dec. 13.

Kids from the orphanage will come by and play games with Soldiers like a pool tournament, playing XBOX and much more.

A Santa Claus will be there for picture taking.

The event starts at 11 a.m., for more information call the Camp Hovey CAC at 730-5125.

Hoop It Up At Camp Stanley

The Camp Stanley Fitness Center and CRC BOSS Councils will conduct a "Hoop it Up" basketball skills and a 3 on 3 basketball tournament beginning at 12 p.m. Dec. 6.

Other events included in the event are: free throw contest, half court shots, 3 point shootout, slam dunk competition and so much more.

To register see any of your local

Community Activity Center by Dec. 6.

Registrations will be taken on the day of the event starting at 10 a.m.

Kimchi-making Tour

Ever wanted to know how to make Korean kimchi and didn't know where to start?

The Family, Morale, Welfare and Recreation is sponsoring a Kimchi making tour on Sat. Dec. 13.

During the tour you'll be provided with the proper utensils and a recipe. Follow the steps of the recipe while learning from a Korean kimchi master.

The tour will take people to Cho Seong Kimchi Taema Park.

Registration is limited to the first 40 participants. To sign up, go to your nearest FMWR CAC. For more information, call 732-6248.

Christmas Funniest Card Contest

Come and show your artistic abilities while celebrating the holidays by joining the X-mas Funny Card contest Dec. 7 at the Camp Stanley Community Activity Center.

Enjoy laughter and good spirits while competing at the same time.

1st, 2nd and 3rd place winners will be awarded at the Christmas bash on Dec. 24.

For more information, call the Camp Stanley CAC at: 732-5366.

Movies

Camp Casey

Show times: Fri.-Sat. 6:30 & 8:30 p.m., Sun. 3, 6:30 & 8:30 p.m., Mon.-Thur. 7:30 p.m.

December 5...Ghost Town
Righteous Kills
December 6...Beverly Hills Chihuahua
Flash of Genius
December 7...Eagle Eye
Ghost Town
December 8...Flash of Genius
December 9...No Showing
December 10...Eagle Eye
December 11...No Showing
December 12...Beverly Hills Chihuahua
Australia
December 13...Quarantine
Australia

Camp Red Cloud

Show times: Fri.-Sat. 7 & 9 p.m., Sun. 6 & 8 p.m., Mon., Tue. & Thur. 7 p.m.

December 5...Quantum of Solace
December 6...Beverly Hills Chihuahua
December 7...Eagle Eye
December 8...Flash of Genius
December 9...Beverly Hills Chihuahua
December 10...No Showing
December 11...Eagle Eye
December 12...Quarantine
Body of Lies
December 13...Lakeview Terrace
December 14...Body of Lies
December 15...Quarantine
December 16...Lakeview Terrace
December 17...No Showing
December 18...Australia

Camp Hovey

Show times: Sat.- Sun. 3:30 & 7 p.m., Mon.-Fri. 7 p.m.

December 5...Flash of Genius
December 6...Eagle Eye
December 7...Righteous Kills
December 8...No Showing
December 9...Ghost Town
December 10...No Showing
December 11...Australia
December 12...Quarantine
December 13...Max Payne
December 14...Australia
December 15...No Showing
December 16...Body of Lies

Camp Stanley

Show times: Sun- Mon. & Thu. 7 p.m., Fri. 6 p.m. & 8 p.m., Wed. & Sat. 7 p.m. & 9 p.m.

December 5...Traitor
My Best Friend's Girl
December 6...Burn After Reading
Miracle at St. Anna
December 7...Righteous Kills
December 8...Miracle at St. Anna
December 9...No Showing
December 10...Australia
December 11...Miracle at St. Anna
December 12...Burn After Reading
December 13...Nights in Rodanthe
Igor
December 14...Miracle at St. Anna
December 15...Igor
December 16...No Showing

Camp Humphreys

Show times: Sat.- Sun. 3:30, 6:30 & 9 p.m., Mon.-Tues., Thur.-Fri. 6:30 p.m. & 9 p.m.

December 5...Bolt
December 6...Bolt
Nights in Rodanthe
December 7...Bolt
Nights in Rodanthe
December 8...Eagle Eye
December 9...Eagle Eye
December 10...Flash of Genius
December 11...Flash of Genius
Australia
December 12...Australia
December 13...Igor
Australia
December 14...Igor
Australia
December 15...Body of Lies

CHAPEL SERVICE TIMES

Camp Red Cloud

Protestant:
11 a.m. Sunday
Catholic:
11:30 a.m. M-F
9 a.m. Sunday
KATUSA
7 p.m. Sunday
COGIC
12:30 p.m. Sunday

Camp Casey

Stone Chapel
Protestant:
10 a.m. Sunday
KATUSA:
6:30 p.m. Tuesday

Memorial Chapel
Gospel:
11 a.m. Sunday
KATUSA:
6:30 p.m. Tuesday

West Casey Chapel

Protestant:
10:30 a.m. Sunday
Catholic:
12 p.m. Sunday
KATUSA:
6:30 p.m. Thursday
LDS:
2 p.m. Sunday
Jewish:
6:30 p.m. Friday

Camp Hovey

Hovey Chapel
Catholic:
9:30 a.m. Sunday
Protestant:
11 a.m. Sunday

Old Hovey Chapel
Bldg. 3592
Orthodox:
10 a.m. 1st and 2nd
Sunday

KATUSA:

6 p.m. Tuesday
Crusader Chapel
Protestant:
11 a.m. Sunday

Camp Stanley

Protestant:
10 a.m. Sunday
Gospel:
12:30 a.m. Sunday
Catholic:
11:30 a.m. Sunday
KATUSA:
7 p.m. Tuesday

Camp Castle

Protestant:
10 a.m. Sunday
KATUSA:
6 p.m. Tuesday

Camp Jackson Auditorium

KATUSA:
9 a.m. Sunday

Points of Contact: USAG-Red Cloud:

732-6073/6706
CRC Catholic:
732-6016
Hovey Chapel:
730-5119

Memorial Chapel:

730-2594
West Casey:
730-3014
Stanley:
732-5238

Humphreys:
753-7952
Castle: 730-6889
LDS: 730-5682

KATUSA's prepare Korean snacks for Soldiers

Story & photos by
Cpl. Lee, Sang Duk
2nd CAB Public Affairs

More than 10 Soldiers and KATUSAs from Headquarters and Headquarters Company, 2nd Combat Aviation Brigade gathered in the dayroom of their barracks to share a late-night snack of authentic Korean dishes Nov. 16.

Pfc. Kang, Dae Wan and Pfc. Kim, Hyun Ki, played the role of chefs as they prepared ddokbokgi, one of the most popular snacks among Koreans. It literally means "fried rice cake," but it's not a rice cake. This snack is prepared with sausage, ramen noodles, liquid sugar and spicy pepper paste. The rice cakes are then shaped and compressed into "finger snacks," similar to Vienna sausages.

Cpl. Ko, Sung Hun brought a paper bag full of Korean style fries, yaki mandu, deep-fried squid and seaweed rolls. Some Soldiers cringed after hearing what ingredients made up these snacks.

"It is my first time trying ddokbokgi. It was very nice of the KATUSAs to cook us some of their traditional foods. Despite some snacks being a little bit too spicy, I thought it was delicious," said Pfc. Aleshia Hubbard, a military intelligence analyst with the company.

The KATUSA "chefs" also enjoyed the camaraderie.

"It is my first time cooking for this many people. It was somewhat difficult, but I definitely enjoyed seeing them devour my food." Soldiers in my unit treat us (KATUSAs) very well and it is nice to give something back to them," said Kang.

Baked sweet potatoes were served as dessert, and it seemed clear that the special bond between Soldiers and KATUSAs in HHC was more than just work related - they were family. Both the Soldiers and KATUSAs plan to gather again for more food and fellowship.



Top: Pfc. Aleshia Hubbard, a Soldier from HHC, 2nd CAB, and Pfc. Kang, Dae Wan, and Pfc. Hwang, Gyu Jin, also from HHC, 2nd CAB, sit together and talk about the recipe for ddokbokgi, a popular Korean food, in the dayroom of Building 574, USAG Humphreys, Nov. 16. Left: Other traditional Korean dishes were also offered to all the KATUSAs and Soldiers living in the barracks.



HOLIDAY PERIOD DEADLINE MAILING DATES



Destination	1st Class/ Letters/Cards	Priority	PAL	SAM	SAM (Over 15lbs/60 Combined length and grith)	EMMS
CONUS	8 DEC	8 DEC	Passed	Passed	N/A	19 DEC
APO/FPO AP	8 DEC	8 DEC	8 DEC	8 DEC	N/A	
APO/FPO AE (Exceptions see below)	8 DEC	8 DEC	8 DEC	8 DEC	N/A	
APO/FPO AE 09502, 09508, 09568, 09587, 09588, 09593, 09596, 09704, 09709, 09725, 09727, 09728, 09729, 09730, 09731	8 DEC	8 DEC	Passed	Passed	Passed	
APO/FPO AA ZIPS 340	8 DEC	8 DEC	Passed	Passed	Passed	





Soldiers from 6th Bn., 37th FA Regt. and 1st Bn., 38th FA Regt. participated in all aspects of the exercise. This one shown above is the Soldiers strapping down pods on the M-98 Hemet to prepare for transport during the "Thunder Ready" exercise Nov. 17-21.

'Thunder Ready' focuses on Support



The pods also known as a "six-pack" are the main piece to what makes up a weapons cache, which was built during the Thunder Ready exercise Nov. 17-21.



Soldiers from 6th Bn., 37th FA transport pods from one place to another at the training site nicknamed "Rooster 8" during the "Thunder Ready" exercise held Nov. 17-21.

**Story & photos by
Pvt. Brian Glass**

Staff Writer

When it comes to the threat of war, the Soldiers of the 2nd Infantry Division must be prepared to stand tall and (Fight Tonight). When it comes to firing missiles and rockets, more goes into it than pushing a button.

The 210th Fires Brigade held "Thunder Ready" Nov. 17-21 in the Dongucheon Area. Soldiers from 6th Battalion, 37th Field Artillery Regiment, 1st Battalion, 38th Field Artillery Regiment, and 70th Brigade Support Battalion participated in the training.

One of the things they worked on was building a weapons cache.

"We store our ammunition in Ammunition Holding Areas," said 2nd Lt. Riley Redus, Unit Public Affairs Representative, 1st Bn., 38th FA Regt. "Once those fill up, we would go to Ammunition Supply Points. If (an enemy) decided to attack, we could take the supplies from the AHA and ASP and build a weapons cache."

Another reason to store ammunition elsewhere is the impact on the local community.

"The Department of Defense and Army have regulations on how much ammunition you can store in one area," said Redus. "It helps to cut down on potential collateral damage to local civilians."

The Soldiers from 6th Bn., 37th FA Regt. did their training at a secured location known as "Rooster 8" and focused on supplies and making them ready for transport.

"Our work here was geared toward supporting the Multiple Launch Rocket System," said Spc. David Osisek, section chief, Co. A., 6th Bn., 37th FA Regt. "We

train to make sure we know our jobs.

With everything ready, the training commenced and the Soldiers began moving empty pods around to simulate real-time situations.

"We store missiles and rockets in pods, or (six-pack)," said Osisek. "The pods are taken and loaded onto the M-98 Hemet and M-989 Hemet trailers."

The pods are strapped down and secured to make sure they are safely transported and so the civilian populace is not alarmed, said Osisek.

Once the vehicles are on the road, the M-98 goes to supply points, where the MLRS picks up their supplies.

The Soldiers from 1st Bn., 38th FA Regt. and 6th Bn., 37th FA Regt. practiced the next part. They came out with the MLRS, shot dummy rockets, picked up new pods and dropped the old pods off at the cache sites, said Osisek.

Soldiers in the field doing exercises need supplies to help them out from time to time; this is where FSC A and FSC B, 70th BSB came into play.

"We provided the food, water, fuel and equipment maintenance for 1-38 and 6-37," said Capt. Nathe Martin, FSC A commander. "We provided the logistical support."

FSC A supported the Soldiers of 6th Bn., 37th FA Regt. at "Rooster 8," while FSC B supported the Soldiers of 1st Bn., 38th FA Regt. at "Twin Bridges."

The training proved to be successful in showing Soldiers everything it takes to (Fight Tonight). The importance of this training was well received by everyone involved.

"It is important that we build these weapons caches," said Lt.Col. Eric G. Kail, commander of 1st Bn., 38th FA Regt. "In case we are attacked, we would have supplies ready to bring the attack back to (the enemy)."

Manchu Mile tests resolve of young, old Warriors

Story & photos by
Master Sgt. Donald Sparks
Public Affairs Chief

I knew about the Manchu Mile long before I arrived to Korea. In a conversation with one of my co-workers, he showed off his belt buckle he earned for completing the 25-mile ruck march several years ago.

I had on my coveted 3rd Armored Cavalry Regiment belt buckle, which put him near convulsions. "Hey sergeant, you're not authorized to wear that! *This* is the only belt buckle in the Army that is authorized for wear—you're violating."

I could still hear those words from Master Sgt. Michael Lavigne echoing in my head as I began the Manchu Mile on a frigid Korean morning at Camp Casey. Nearly eight hours later, I forever put those words to rest as I completed the Manchu Mile and became a part of a unit legacy that I will never forget.

Before the event even began, Lt. Col. Milford Beagle, 2nd Battalion, 9th Infantry Regiment commander, huddled all of the Manchus together and gave a motivational pep speech to inspire us for the journey ahead.

Beagle reminded us that this march commemorates the heroic efforts of the Soldiers of the 9th Infantry Regiment, who made an 85-mile march from Taku Bar for their assault on Tientsin in 1900 during the Boxer Rebellion in China.

He told the story of Col. Emerson H. Liscum, who was mortally wounded while in possession of the regiment's colors when attacking Tientsin. While falling, Col. Liscum passed the colors to another Soldier and directed his regiment to "Keep up the fire!" on the seemingly impregnable walls.

"This morning, unlike those Manchus, you are not marching 85 miles; you are not going into battle and you do not have a determined enemy waiting for you," Beagle said.

In a twist of irony, I was teamed up with the Soldiers of Delta "Demon" Company, 2-9, a bunch of tankers, who like me, dreaded walking the 25 miles. Having been assigned to a cavalry unit, I knew very well the tankers' motto of "death before dismount."

One mile into the march I was feeling pretty good – then the hill. I don't know if this monstrous geographical terrain feature had any nicknames, but this hill would challenge my 40-year-old legs, heart, lungs and spirit.

As I huffed and puffed loudly step by step, I began to get looks of concern from the Soldiers as they passed me by. Several of these young Warriors, who have not nearly walked as many miles I've marched in combat boots in my 20 years, would ask, "Are you good, master sergeant?"

Part of me was offended because I was still making my way up that hill, and part of me wondered if I look so pitiful to these young Warriors' eyes.

"Hell yeah, I'm good," I sniped back. In my mind I told myself, "This hill is kicking my fourth point of contact."

Mile 4 was a lot more manageable as the terrain changed to dirt and rocks. As I noticed the sun shining its rays on the beautiful Korean landscape, I couldn't help but think, "This is God's country."

I asked myself again, "Why in the hell am I doing this?" I figure if I'm going to wear the 'Big Black Patch' on my left



Above: The taped and mole-skinned feet of Pfc. Ruben Garza at the 18-mile exemplified the scores of marchers participating in the Manchu Mile. Below: Pfc. Michael Trotter, Company D, showcases his coveted Manchu Mile belt buckle he earned at the completion of the Manchu Mile. The belt buckle is worn by Manchus who complete the historic event.

shoulder, I might as well take in all of the legacy and tradition of being assigned to the Warrior division.

I marched with Pvt. Steven Planck who, like me, had fallen back of the pack, but we could still see the guidon, which prompted me to motivate the 18-year-old trooper.

As we picked up the pace I looked at Planck and said, "Watch your step." The next thing I knew, I was airborne without a chute and making a crash landing face

first. Trying to brace my fall, I managed to not break any bones, but my camera lens filter cracked and the flash shoe was damaged completely. Only my pride was broken, but at least the camera is still operable.

I noticed Planck trying to conceal his laughter. Years from now when he talks about his first Manchu Mile experience, he'll tell the story of a master sergeant busting his butt – this wasn't my intention of leaving a legacy.

I overheard someone say that the course gets easier after Mile 6, but my calculations told me there is nothing easy about 19 more miles. I'm not too good at math, but I do know 19 is more than three times of six, so how is that easy?

Midway through the march we stopped at a rest break. Inspecting my feet I saw there were no blisters. Second Lt. David Owen, who was attending high school in Daegu during my first tour in Korea back in 1999 made sure that my feet were fine.

Again we march. I had conversations with Staff Sgt. Cortez Jackson from Des Moines, Iowa about how these young Soldiers can't keep up with him, Pfc. Michael Trotter, who shares the same hometown with LeBron James of Akron, Ohio, and Cpl. Park, Sung Won, who was completing this third Manchu Mile.

Again we marched. At Mile 18 snow flurries began falling upon us as part of a cruel joke by Mother Nature. Unfazed, we continued our march. Trotter told me that his grandfather used to tell him, "Pain isn't permanent." What felt like a bee sting on the bottom of my left big toe; told me otherwise.

Of all the clichés I've said aloud to motivate myself – the one that best comes



to mind is, "It's a thin line between hardcore and stupidity, and I've crossed that line." So to keep myself going, I sang the *Warrior March* – the song still sounds like a broken record in my mind.

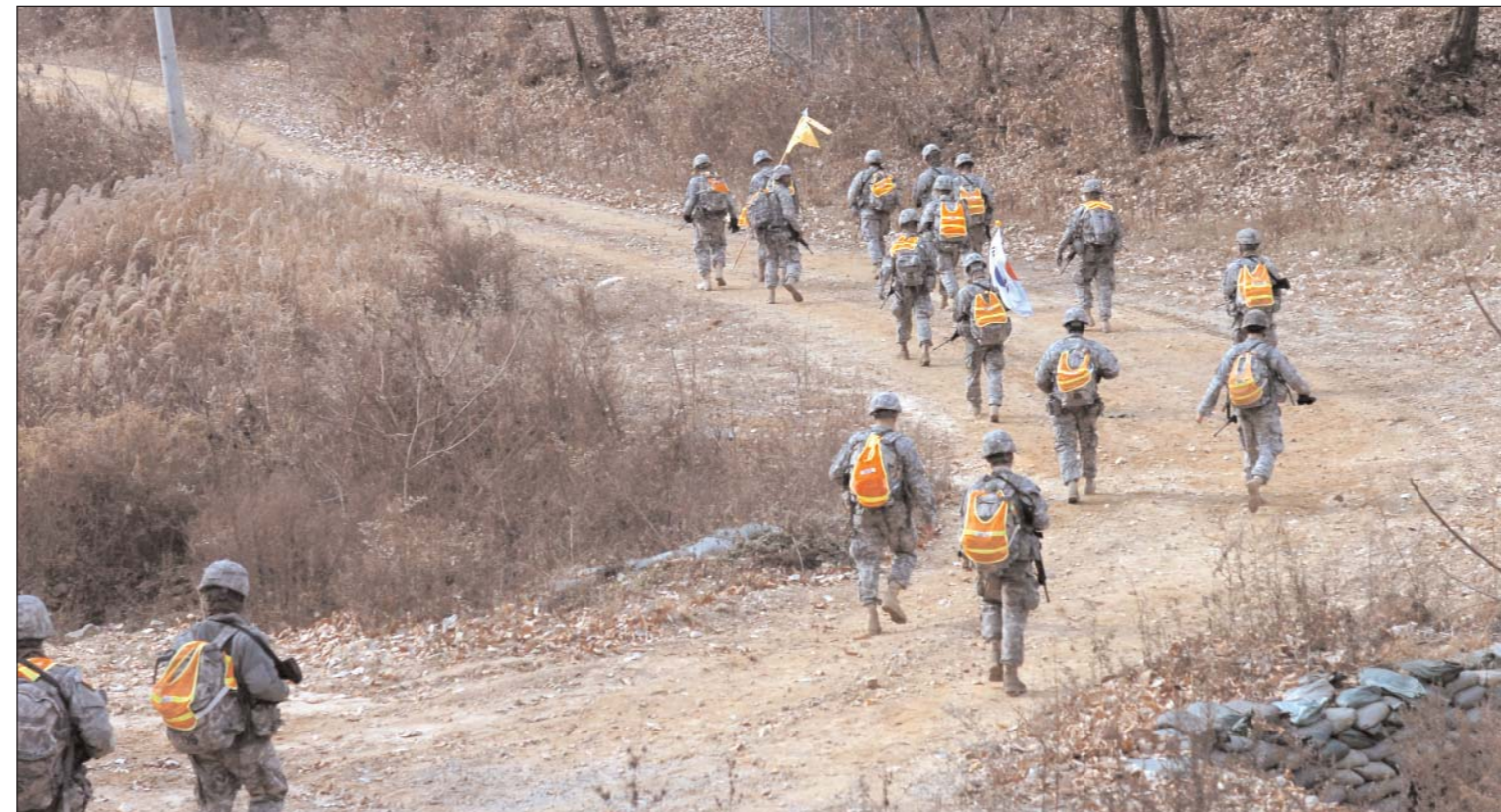
Mile 22, I started thinking about the belt buckle. This march is more than earning the right to wear the Manchu buckle; it is about the fortitude of those brave Soldiers who marched to battle. It is about the Soldiers today who live up to the Warrior Ethos forged by the legacy of the Manchus before them.

At Mile 25, I was weary and worn. Yet as I saw the faces of the tankers I've bonded with during this march; I felt a sense of enthusiasm. Planck, who watched me eat dirt at Mile 4, smiled uncontrollably as his name was called to receive his buckle from Beagle. So did Trotter and Jackson.

When "Combat Camera" was called before my name, I am forever honored to earn the right of being called a Manchu.



Left: Pfc. Lee, Yoon Bok, Company D, 2nd Battalion, 9th Infantry Regiment, rests his legs on a tree at the 18-mile mark of the Manchu Mile. The event commemorates the heroic efforts of the Soldiers of the 9th Infantry Regiment, who made an 85-mile march from Taku Bar for their assault on Tientsin in 1900 during the Boxer Rebellion in China. Above: Troopers of Company D, march down a hill at Camp Casey during the Manchu Mile.



2nd CAB Soldiers train on ECP operations

Story & photos by
Sgt. 1st Class
Krishna M. Gamble
2nd CAB Public Affairs

Everyone is required to show proper identification, and is subject to being searched when requesting access to military installations worldwide.

Soldiers deployed to hostile areas will staff guard towers and entry control points. The practice of confirming the identification of all those entering ensures the safety of Servicemembers, Families and employees. It is especially important for Servicemembers deployed to hostile environments to confirm that those who enter do not have ill intentions.

This was the basis of the training that more than 25 newly assigned Soldiers from Company D, 3rd General Support Aviation Battalion, 2nd Combat Aviation Brigade received Nov. 20 at the Eighth US Army Training site less than three miles from the Camp Humphreys main entrance.

"This is basic knowledge for these Soldiers as they are straight out of (Advanced Individual Training). This is to prepare them for what we might get detailed to do other than aviation missions," said Sgt. 1st Class Romel Ramirez, platoon sergeant for Co. D.

"There will be military-friendly civil-

ians, including women and children, in the area, and those seeking medical care that approach the gate, so the decision to shoot or not becomes even more critical, and Soldiers must be trained to distinguish between the two," said Master Sgt. Saul A. Castillo, an observer controller with Co. A operations group, 2nd Battalion, 5th Cavalry Regiment, 1st Brigade Combat Team, 1st Cavalry Division, stationed out of Fort Irwin, Calif., in an Oct. 14 interview with 1st Cav. Div. Public Affairs.

The Chinook mechanics received classroom instructions, followed by hands-on applications for positive identification, vehicle and personnel searches.

"It's very hands-on and not just a bunch of slides," said Pfc. Jeremy Rudi, from San Antonio. "They are throwing in more curve balls, more variety and making your think about what you actually do in a given situation."

"It's pretty much the same search procedures we do for people and vehicles, but I have learned a couple of things I did not know," said former Dallas, Texas Narcotics Officer Pfc. Jeremiah Chesworth.

"Soldiers (must understand) how important their individual actions can be during deployment," Castillo said.

Editor's note: Information used in this article came from a 1st Cavalry Division Public Affairs article dated Oct. 14, 2008.



2nd CAB Soldiers learn how to check vehicles that are entering a secured perimeter during the entry control point training.



Soldiers from 3rd GSAB, 2nd CAB, search a civilian during entry control point training at the Eighth US Army Training site Nov. 20.

1-38 Soldiers provide 'warmth' to local kids

Indianhead Special Report

Soldiers from Fires Platoon, Troop B, 1st Battalion, 38th Field Artillery Regiment, 210th Fires Brigade gave a group of local children another reason to give thanks.

The Soldiers hosted "Operation Heavenly Warmth," in which they bagged groceries and items at the Camp Casey Commissary and Exchange to purchase coats for children at the Aeshin Orphanage.

"After hours of volunteer work from Bravo 1/38 FA Fires Platoon, we were able to blow past our goal of \$1,800," said Pvt. Mathew McDougall, Troop B, 1st Bn. 38th FA. "With the money we raised, we bought coats, gloves, and hats for the orphans. The leftover money was given to the orphanage as a donation."

For many of the Soldiers, who participated in the event on their own time, the fundraiser was just as much a gift for them as it was for the kids.

"I thought it was a good thing to enable little kids to have nice things that they otherwise would not have had," said Pvt. David Ezzio, Troop B. "It also allowed us to interact with the



Pvt. Charles Lester

1st Lt. James Peralta, Co. B, 1st Bn., 38th FA Regt., helps a child get his coat during Operation Heavenly Warmth at the Aeshin Orphanage.

local community. We purchased the coats from a local store. It was a good cause, and wouldn't have been successful without all the people who donated."

"Thanks to the kind-hearted people

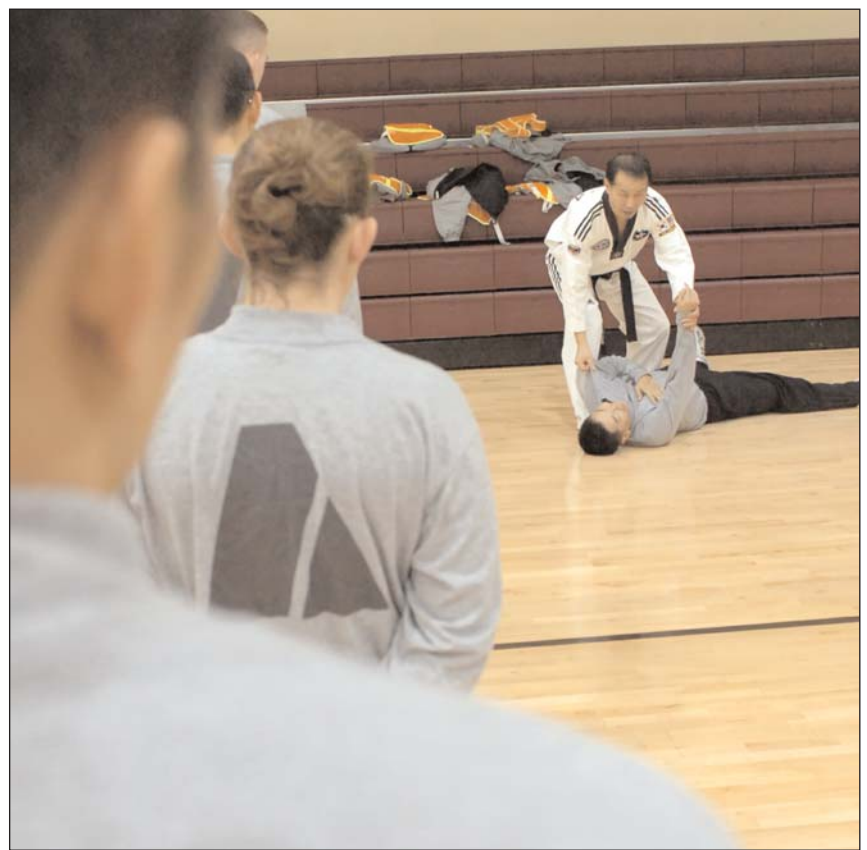
on Camp Casey, we raised enough money to get every child coats and gloves," added Spc. Clemente Aguirre, also with Troop B. "Seeing their little faces light up was truly a heavenly warmth to my heart."

Editor's note: Information for this story was provided by 1st Lt. James Peralta and Staff Sgt. Stephen Presley, both of Troop B, 1st Battalion, 38th Field Artillery Regiment, 210th Fires Brigade.

Don't let your hormones get in the way of good judgment



No means No



Sgt. M. Benjamin Gable

Tae Kwon Do Knock down

Grandmaster Kim, Chong Ho, the 2nd Infantry Division Tae Kwan Do instructor, performs a sweep kick to take down Cpl. Lee, Sang Duk, a public affairs specialist with Headquarters and Headquarters Co., 2nd Combat Aviation Brigade, during bi-monthly training at the super gym, December 1, at Camp Humphries. Kim has been a Tae Kwan Do instructor for more than 25 years and has worked with 2ID Soldiers for more than seven years. The sweep kick used is the fourth basic kick in 2ID combative Tae Kwon Do.

Lady Dawgs defeat arch rivals Casey

Story & photo by
Sgt. 1st Class Krishna M. Gamble
2nd CAB Public Affairs

Robin Mitchell and Nicole Brown led the Lady Dawgs to victory over arch rival Camp Casey Nov. 22-23 during the teams' first meeting in the women's basketball season.

"They are the all-stars of the team number, one (Mitchell) and number two (Brown). They are good press shooters and control the ball pretty good," said Sgt. 1st Class Roger Taylor, Lady Dawgs fan assigned to 3rd General Support Aviation Battalion, 2nd Combat Aviation Brigade. Taylor, who hails from Chicago, plays basketball as a power forward and center.

The Lady Dawgs lost to Casey in the pre-season tournament Nov. 8-9 at Casey, but came back strong to win 60-55 in Game 1 played here, and 68-56 in Game 2 at Casey.

"We need to talk to each other more on defense," said Stephanie N. Dorsey, Lady Dawgs team captain.

"I'm satisfied with the win because we lost to them in pre-season; we are coming together more as a team," said Tanisha Cook, Lady Dawgs point guard.

The game began with both teams trading points, but the Lady Dawgs began to pull ahead and led 35-21 at the half, due to Coach Donny Elvoid's screams for them to stay in their lanes and play in their positions.

"I don't know what play (you are) running," he said. "Everybody has to play their area and force Casey to shoot outside. Protect the back side and protect your area on zone."

"They need more practice on running plays and boxing out," said Sgt. 1st Class Jermaine Gee, Lady Dawgs fan with the 194th Command Sustainment Support Battalion.

During the half-time break, Casey Coach Cornelius Richards encouraged his team to play good, aggressive defense and cut the lead by half within the first 10 minutes of play. And that's just what Casey did as they powered their way back into the game with forced turnovers and fouls by the Lady Dawgs.

"We were down by 14 and we came back," said Randy Behr, Casey assistant coach. "We're going to play hard, smart basketball."

But it wasn't enough to overtake the Lady Dawgs as missed layups and rebounds by Casey, coupled with the speed and fast breaks by Mitchell and Brown secured the victory.

"Casey is a pretty tough team and it's always a rivalry," Elvoid said. "Even though we were up at the half, I knew it was going to be a tough fight."

"We played a great game and we did what we said we were going to do, so we just need to regroup and do it again," Richards said.



Sgt. Victoria Harper, center, from the 70th BSB, attempts a shot while a Lady Dawg defends during the first game in the women's basketball season at Camp Humphreys Nov. 22.

Register, protect, watch your bicycle this winter

LEGAL ADVICE CAPT. CARLETON J. FREDERICI

Most bicycle riders, whether recreational or commuter, are well aware of the change of season that is approaching. And although some brave souls and diehard two wheelers will maintain hearty plans for a full winter bicycling season, many of us will forego the donning of heavy gloves and clothes and curtail our riding to the occasional nice day and await the coming of spring.

But with our prized road racers, boulder-hopping mountain bikes, or daily commuter cruisers spending more time unattended and unused, they can become a greater target for thieves.

Therefore it is wise to be extra vigilant in protecting your property, and be aware of the claims procedures required by the Army to receive compensation in case you do become a victim of bicycle theft.

To begin, it is best to understand that the Army claims service is a gratuitous service. Claims offices do not provide total insurance and can

often only provide partial compensation. This means that if you want to be sure to get back most or all of the money you may have sunk into your ride, it would be best to purchase renters' or personal property insurance.

The compensation for bicycles that the Army does provide comes under the Personnel Claims Act. This act allows for compensation for your bicycle if it is stolen on post or from assigned off-post quarters, and you have made a reasonable effort to safeguard it.

So what is a "reasonable effort?" Bicycles must be secured at the time of the theft: either kept in a locked indoor area or chained to a fixed outdoor object, such as a rack, pole, post, or tree. A bike left unsecured in a hallway or on a patio would not meet the standard of "reasonable effort" and would prevent a successful claim for theft.

In addition, to specifically qualify for protection under the Personnel Claims Act a claimant must comply with local regulations and requirements. Here under the 2nd Infantry Division that means that your bicycle must be registered on-post.

To register your bicycle with 2ID, you must give the following information to the Pass and ID section: (1) Serial Number; (2) Manufacturer; (3) Color, and (4) Brand. You must then place the colored sticker you receive from the Pass and ID Section on your bike.

After your bike is registered, if it is stolen you must report the theft as soon as possible to the military police if the theft occurred on-post, or the Korean National Police if the theft occurred off-post. Do not delay in reporting the theft as most thefts that are not promptly reported are considered unsubstantiated, meaning your claim will not be paid.

The Claims Service will not provide full replacement value in the event of loss. The payment the Army makes on the claim will be based on the depreciated value of the bicycle. Depreciated value takes into account the age of the bike and the associated wear and tear it has received over the years. This means that depreciated value is an estimate that is closer to what the bike was actually worth when it was stolen, rather than the amount of money it would take to replace it with a new

or similar type of bike.

Under Army regulation, the depreciated value is the original price paid for the bike depreciated ten percent for every year since its purchase date if the bicycle was purchased brand new, or from its manufacture date if the bicycle was purchased used.

Lastly, the maximum payout under the Personnel Claims Act for a single item or bicycle is \$1,000 and the maximum payout for a total claim including many items and accessories is \$4,000.

So, if you have an expensive, older, or highly modified bicycle and you want to be repaid after a theft for the bike's full value, you will need to get a private insurance policy. A private insurance policy can be tailored to provide the full replacement value of the stolen bike even if it is older, modified, or worth far above the \$1,000 single item limit or the \$4,000 multi-item maximum limit.

For more information call an Area I Claims Office: Camp Casey, 730-3687 or Camp Red Cloud, 732-6017/6099. Be safe and happy cycling.