HEADQUARTERS, CAMP RED CLOUD, REPUBLIC OF KOREA

SERVING THE 2ND INFANTRY DIVISION COMMUNITY SINCE 1963

SERVING THE 2ND INFANTRY DIVISION COMMUNITY SINCE 1963VOL. 50, ISSUE 1WWW.2ID.KOREA.ARMY.MILJANUARY 18, 2013

US MEDICS WORK KOREAN HOSPITAL

new program brings them together

pages 8-9

SOLDIERS SEE STARS

chief of staff visits the trenches

page 14

TANKER QUALIFICATION boots earned for gunnery completion

pages 4-5

THE INDIANHEAD

COMMANDER'S CORNER: PROFESSIONALISM

appy New Year to all the Soldiers and Families Lacross the Warrior Division! 2012 was a year filled with tremendous progress for the 2nd Infantry Division. We made great strides toward increasing our readiness and strengthening our ability to accomplish our assigned missions. This was only possible due to the hard work and professionalism of our people – Soldiers are the true strength of our Division. In 2013, we must concentrate more time on our profession as an element of readiness. As members of the Profession of Arms, we must remain true to our values and continue to strive to better ourselves, our

teammates and our profession as a whole. As professional Soldiers we should rededicate ourselves to life-long learning this year as we each seek both personal and professional growth in our individual and collective competencies and character. Service as a Soldier in the defense of our nation is a more than a job – it is a calling to serve something larger than ourselves.

As members of this profession we are each charged with the responsibility of sharing the lineage of our organization and preserving the future of our profession, all while we keep faith, trust and confidence with and for whom the people we serve. We do this through education, tough and realistic training, and through the depth of our daily experiences – all of which combine to grow each of us as Soldiers and leaders.

Most importantly, trust underscores the relationship between professionals and the greater population which we serve. Trust between professionals is vital, but it is equally important to be trusted by those we serve. In every situation, we must be trusted to always do what is right, regardless of the circumstance. I also believe the importance

of trust extends to the communities in which we live and serve. For us, this means our gracious Korean hosts must also trust us, and by extension continue to support our presence.

The unique challenge for Soldiers is that we train each day to operate in a domain where the choices are not always clear or simple – where the most junior among us can be faced with life altering decisions at a moment's notice; and where the most senior are asked to make choices where the solution is not clear and the available options often seem equally clouded.

Our profession is exclusive in that our trust relationships must factor in the overwhelming lethality of the domain in which we are expected to operate. The moral implications of being a professional Soldier could not be greater and compel us to be diligent in our examination of what it means to be a member of this storied profession – to ensure we are ready when called upon to make the right decisions.

Ultimately, those for whom we serve will judge our success or failure. The American people, and our partners and allies around the world, will decide on the quality of our performance. With that as a backdrop, we must be mindful that each snapshot in time can and often will produce a media story, a blog or a tweet that may or may not represent us as a body of professionals. A snapshot in time and a snap decision could become the story that characterizes us in the minds of a widely diverse audience.

The bond of trust we create with those for whom we serve is based on our both our individual and our collective ability to make moral and ethical decisions every time – from the most junior Soldier to the most senior leader. The actions of each individual are the basis upon which our entire institu-

So, as we celebrate the New Year, let us



Maj. Gen. Edward C. Cardon 2nd ID Commander

remember our role as professionals. We are the stewards of our service and are answerable both to the American public, the countries in which we serve, and to each other. We must hold ourselves to a higher standard because we are in a position of trust and because of the gravity of our mission.

Again, Linda and I want to wish each of you and your Families a Happy New Year and challenge each of you to take the Profession of Arms to heart in 2013. Make this the year that you redouble your personal efforts to ensure the 2nd Infantry Division is dedicated to building professional Soldiers and leaders who are competent warriors, confident in their abilities, and who are grounded with the values and integrity that underscore our way of life and our institution. I am proud to serve with each and every one of vou.

Photo by Kim Seung-nam, 2ID PAO

Second to None!



As Western folklore has it, individuals who were considered bad throughout the year received lumps of coal during the holidays, particularly for Christmas. While some may find the old myth entertaining, several families in a local Korean village were pleased when the 2nd Infantry Division arrived on a cold winter day to deliver coal.

With icy winds biting through their gloves and nipping their faces, U.S. and Korean Augmentation to the U.S. Army Soldiers from the 1st Armored Brigade Combat Team and 210th Fires Brigade, along with their Family members, unloaded several trucks of coal, more than 10,000 briquettes in all, for Korean families in the Soyosan area during their second annual Charity Charcoal Briquette Distribution Dec. 26.

As the group of volunteers removed the threepound, cylindrical-shaped bricks of coal off the trucks, several villagers stood along the street smiling with joy, anticipating warmer homes during this winter.

"The spirit of Christmas is all around us right now," said 1st Lt. Joaquin Jucaban, a Killeen, Texas-native, and civil affairs officer for 1st ABCT. "It feels real good to have this opportunity to give back to those in need, especially since it's freezing cold right now."

Most Korean families use gas or oil to create heat for their homes, but the more unfortunate families living in older homes will use about three bricks of coal a day to heat their houses.



INDIANHEAD

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tion will be judged.



Spc. Aaron Benson sprays canned snow on Spc. Soo-hyun Kim during their rendition of Let it Snow at the 2nd Infantry Division Korean American Friendship Holiday Concert Dec. 12 in the Uijeongbu Arts Center and included performances by the 2nd Inf. Div. Band, the Songrang Preschool children's choir and BARD, an Irish band.

<u>JANUARY 18, 2013</u>

A HELPING HAND DIVISION FAMILIES MAKE WARM GESTURE

More than 40 families chosen by the Dongduch eon Volunteer Center will benefit from the coal distribution.

During last year's distribution, volunteers donated close to 4 million won to purchase coal for needy Koreans. Jucaban said during this year's event, both brigades donated more than 5 million won to help purchase coal.

"It's very reassuring to me to know that we got about 60 Soldiers to come out on a cold morning to volunteer their time to deliver coal," said Command Sgt. Maj. Carl Ashmead, a Fairfield, Idaho-native, and the 1st ABCT command sergeant major. "No matter where they're assigned, Soldiers are connected to their communities. It's only natural that they want to give back. Sometimes people forget that Soldiers are humans too, and it's human nature to want to give back."

As the holiday spirit is still strong and the steaming hot chocolate is flowing through the Soldiers veins, everyone donated money or volunteered their time for various reasons.

"Despite the fact that my face, fingers and toes are frozen, I'm truly happy to be here," said Pvt. Anisa Rice, a chemical specialist with the 23rd Chemical Battalion, 1st ABCT. "Even in the cold this is fun, I know as long as I'm with my company and my battles, we can do anything. And I know, if my mom were to see me today, she would be proud of me."

While the final coal briquette is placed in the homes and the Soldiers walk away with coalsmeared faces, the Korean locals will not frown tonight from their gifts of coal. They will enjoy the heat that it produces and appreciate the cold that it keeps away.



Stacks of charcoal are lined up on a flat-bed truck just before U.S. and Korean Ar tation to the U.S. Army Soldiers and Family members deliver the charcoal to fam in Soyosan during the second annual Charity Charcoal Briquette Distribution Dr Each charcoal briquette thoroughly heats a Korean home for eight hours.

Oh Se-chang, the mayor of Dong-ducheon, joins the assembly line with the U.S. and Korean Augmen tation to the U.S. Army Soldi ers with the 1st Armored Brigade Com bat Team and 210th Fires Brigade to pass out coal during the second annual Charity Charcoal Briquette annual Charity Charcoal Briquette Distribution Dec. 26. More than 40 Korean families in Soyosan will al briquettes from



TANKER BOOTS: NOT AN EASY WALK, BUT WORTH THE JOURNEY

STORY AND PHOTOS BY STAFF SGT KYLE J. RICHARDSON 1ST ABCT PUBLIC AFFAIRS

Light snow blankets the ground while mortar fire resonates through the canyon. The whirl and creek of several tracks add to the medley of sounds. Thunderous booms follow, penetrating nature's chorus and shaking the mountains ahead. Multiple eruptions then come, boom after boom, unsettling the ground beneath. After several minutes, the bombardments cease. In the wake of heat and exhaust, the earth lays still once again.

As the temperature continued to drop at the Rodriguez Live Fire Range in Paju, the chill in the air did not slow the "Manchu" tank crews of the 2nd Battalion, 9th Infantry Regiment, 1st Armored Brigade Combat Team, from dropping mortar and tank rounds into the mountain range during their Table VI tank crew gunnery certification exercise in December.

The Manchu crews conduct their certification training twice a year to ensure that they are combat ready.

"Our Table VI certifications are very important," said 1st Sgt. Philip Pitlick, a Seattle native and first sergeant for Company C. "This is where the tank crews will test their gunnery skills. They will use the coaxial machine gun, 120mm main gun, M240 machine gun and the .50 cal."

Besides testing the skills of tank crews on a variety of weapons systems, the Table VI crew certifications are one unique part of the Manchu tradition where tank crews solidify a position in the unit's history.

"Most importantly, the overall goal of the gunnery range is to safely

qualify our tank crews," said 1st Lt. Benjamin Nygaard, a Fort Collins, Colo.-native, and a tank platoon leader for Company C. "But as tradition goes, the Soldiers who qualify on the first time around will receive their first pair of tanker boots. Tankers are not allowed to wear the boots until they get certified."

Earning that first pair of boots becomes a proud moment in most tankers career.

"There's nothing like receiving that first pair of boots," said Sgt. Richard Kvinge, a Portland native, and gunner with Company C. "Tanks are important to any battle, you can't win a war without us, so when you step into a pair of tanker boots for the first time, you know you stand apart from other Soldiers in the Army."

Some Soldiers anticipate the moment when they earn their boots and can finally feel like an official tanker and a member of their team.

"I remember looking up to my drill sergeants thinking that one day I wanted to be good enough to earn a pair of tanker boots like them," said Pvt. Alec Gugzwiller, a native of Fairfield, Ohio, and tanker with Company C. "It's not to take away from the quality of the other Soldiers, but it's nice to have my tanker boots. I've got one up on some of the other Soldiers and I'm glad I've earned my bragging rights.

To earn the coveted tanker boots, tank crews have to go through the gunnery range and successfully engage eight out of 10 targets.

"I've learned a lot during this training exercise," said Gugzwiller. "I Several tank crews with the 2nd Battalion, 9th Infantry Regiment, 1st Armored Brigade Combat Team, prepare their tanks before they participate in the Table VI gun nery qualification exercise at the Rodriguez Live Fire

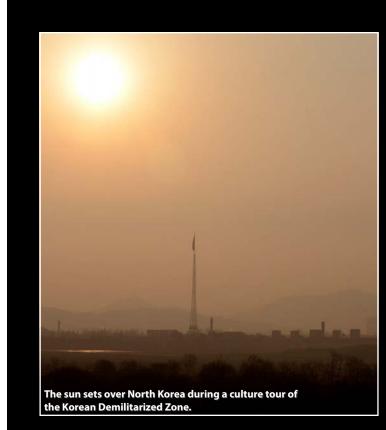


was in the unit two days before we went to the field. I had to learn a lot in a short time. As a loader, learned kind of pace I need to have and how to keep up. Other than deploying, this is the closest to real world experience I will receive."

After qualifying and receiving their boots, most tankers found out and agree that their new boots were not meant to walk around in.

"Tanker boots are very uncomfortable," said Nygaard. "But that's why we're tankers, it takes a particular kind of Soldier that wants to strap these boots on. Then again, why walk, when you can use your boots to drive a tank."





STANDING TALL BETWEEN THE KOREAS

STORY AND PHOTO BY STAFF SGT KYLE J. RIC 1ST ABCT PUBLIC AFFAIRS

For more than 60 years, the Republic of Korea and the United States have maintained a strong alliance. Even before that fateful day of June 25, 1950, Korea flourished with a rich history and culture that stretched across the entire peninsula.

Service members, Families and people of all walks of life will visit and experience the Korean culture. However, one Soldier's trip to the Korean Demilitarized Zone changed his perspective on

Pvt. Dillon Parido, a tanker with Company C, 1st Battalion, 72nd Armor Regiment, 1st Armored Brigade Combat Team, participated in his unit's culture tour of the DMZ and museum. Parido found himself standing on a side of the world that he thought he would only read about in history books.

"Walking into that blue NATO building was the best part of my trip," said Parido, an Avon Park, Fla.,-native. "I knew as soon as I walked passed that center table, I was standing in North Korea. I feel like I just lived history. Everything that I learned about North Korea in high school, I just became a part of."

"I think learning about the Korean culture is a very important aspect of our tour," said Capt. Blaine Decker, a College Station, Texas,-native. "Since my command, I've seen a steady decline in discipline issues from my Soldiers. We educate our Soldiers on sexual assaults, which is very important, but why not educate our Soldiers on Korea, so they can understand why they're here."

"I was surprised when I got my assignment," said Parido. "I've never expect-The Company C commander believes it is important to arrange cultural ed to serve in Korea. I signed up to protect my country not someone else's," said tours for his unit because it will help his Soldiers understand their role as part Parido. "But when you get here and you see all the names of those Soldiers that of the historic ROK-U.S. Alliance. we lost during the Korean War, you realize, we have just as much invested in Decker also mentioned that the tours provide an opportunity for Soldiers to protecting South Korea. So, it's just more than their fight - it's our fight.

"I encourage Soldiers like Private Parido to go out and explore;

prettier."

Parido said he was ready to get away from the barracks and do some of the exploring that he's heard about.

As he listened to some music on his phone and looked out the window during the bus ride, he sat amazed by all the military fortifications leading up to the DMZ.

As Parido found his seat on the bus again for the ride home, he resumed looking out the window. However, this time, he was ready for what was to come "This was my first time out to the DMZ," said Parido. "I think it's great that and ready to accept his mission. Like a chapter in his history book, Parido was my unit wants me to learn about the culture and the Korean peninsula. This trip done for the day, but tomorrow will start the next chapter.

JANUARY 18, 2013

explore beyond their local community and help with team building.

'Ville," said Decker." Wherever you go, every military community has its 'ville.' But once you get past those surrounding communities, the sunsets look a lot

helped me to put things into perspective of why we're here and what we're defending. Some Soldiers only get a chance to read about or see this part of Korea on TV. We are fortunate, because we get first-hand experience that the enemy is real."

At almost eight months in the Army, Parido did not expect to serve his first assignment overseas. However, he quickly learned that he could play a significant role while stationed here.

"I'm proud to serve here for my country because I feel that I'm defending my ndfather and uncle who served over here before me," he said.

During the tour, the Soldiers were also able to see the third tunnel, DMZ museum, Dorsan Train Station, seventh tower and the Bridge of No Return.

"This trip has actually helped me see that there is a real threat out there," said Parido. "And being able to visualize that threat helps me to appreciate the training we receive. I fully believe that there is a reason we have to be ready to fight tonight."

THE GIFT OF VOLUNTEERING 2CAB SOLDIERS VISIT



STAFF SGT AARON DUNCAN **2ND CAB PUBLIC AFFAIRS**

Volunteering is an easy way to show a community that you care. That's exactly what the Soldiers from the 4th Attack Reconnaissance Battalion, 2nd Aviation Regiment, 2nd Combat Aviation Brigade, do.

As part of the brigade's Good Neighbor Program, the unit reaches out to their Korean neighbors to show that "Katchi Kapshida," Korean for "we go together," is not just a motto for the battalion Soldiers. As part of the outreach, the battalion conducts many events throughout the year to better their off-post communities. But there are three organizations the battalion works with frequently - An Nil Middle School, Pyeongtaek University and the Jacob's House orphanage.

"The intent is to get the Soldiers out there so they can really see how they can make a difference for the community as well as Pyeongtaek city. We do around 60 events a year ranging from English classes at the university and middle school to playtime at the orphanage," said Chief Warrant Officer Ivory J. Dugar, the battalion Good Neighbor Program coordinator.

The most recent volunteer trip was to the Jacob's Orphanage. To celebrate the spirit of the holidays, battalion volunteers dropped off gifts, large and small, to the children and spent time playing with them.

"Every time my children visit their grandparents, there is a certain look that appears on their faces. The children at the orphanage have that same happy look every time we visit," said Dugar.

The children eagerly ripped into the colorfully decorated packages to find new toys and memories. The children not only made memories for themselves but also

LOCAL ORPHANAGE

brought back memories for at least one volunteer of her own children.

"When I look at the kids I think of my son because he happens to be about the same age that most of them were. It was nice to get that nurturing feeling back," said Spc. Hannah Lee.

themselves as children excitedly opening presents under loving eyes on Christmas day.

"When I was a child I was always thrilled to see presents for me, it never mattered what it was," said Dugar. "I saw the same innocent excitement for Christmas in the children at the orphanage as they opened the presents we brought."

The children, in return, put on a festive presentation for the Soldiers in special holiday shirts with hearts to show their appreciation for the presents.

"It was great to get to hang out with all the kids and the presentation was awesome, especially considering how young they were. It made me feel really humbled," said Lee.

The Soldiers said when they visit the orphanage, it is always a special event because the extra attention and love shared highlights their day and is visibly noticeable on the children's faces.

"Every time my children visit their grandparents, there is a certain look that appears on their faces," said Dugar. "The children at the orphanage have that same happy look every time we visit."

With another visit finished, the Soldiers leave confident they left a lasting impression on the children at Jacob's Home orphanage. The Soldiers' faces change when they move to different duty stations but the battalion's commitment to these young children will last a lifetime.

MANCHU WARRIORS DELIVER HOLIDAY CHEER CHILDREN AT AE SHIN ORPHANAGE GET TO MEET THE MAN IN RED

AFF SGT KYLE RICHARDSON ST ABCT PUBLIC AFFAIR:

As Santa Claus prepared for the busiest time of his year, he made a slight detour in his delivery route and gave his reindeer the day off while delivering presents to special children in Korea.

This year, Santa traded in his black leather boots for a pair of tan combat boots, enlisted into the U.S. Army as Pvt. Clause, attached a 2nd Infantry Division patch to his sleeve, and hitched a ride to Korea in a High Mobility Multi-Wheeled Vehicle to deliver a few gifts to several lucky children.

Santa teamed up with the "Manchu" Soldiers the 2nd Battalion, 9th Infantry Regiment, 1st Armored Brigade Combat Team, to deliver presents to the children of the Ae Shin Orphanage at a holiday party in their honor on Camp Casey Dec. 22.

The Manchu Soldiers, leaders and Family members donated more than \$5,000 worth of Christmas gifts for the 50 Ae Shin orphans.

"It's nice to be able to get the entire battalion together and have something of this caliber," said Capt. Scott Kennis, a Roanoke, Ala.-native,

and the battalion chaplain. "This was a great esprit de corps event. Many Soldiers are without their own Families here, so it's great to be able to bring those Soldiers in as well as do something good for the local community."

Ae Shin Orphanage was adopted by the Manchus in 1997. During the annual holiday party, each child received three gifts.

Pvt. Clause took his place on a Santa-size chair on the stage and played his part throught the big event.

"This is my first time doing something like this in the Army and it's a great feeling," said Pfc. Auston Duggins, a Yuba City, Calif.-native, a chaplain's assistant for the Manchus. "It's a great feeling and a blessing to be able to give back to people. I love the Christmas time. I love everything about Christmas, the whole setting, the trees, the lights, the decorations – it's just a great time of year."

Although Duggins is not the biggest or oldest Soldier in the unit, this jolly Soldier volunteered for the ultimate North Pole makeover.

For the party, Duggins was transformed into the revered present toting, candy cane slinging, sleigh guiding character in the famous red and white that most people know as Santa Claus.

During the party the children showed their appreciation with a few musical selections and dance routines. However, no party in Korea is complete without a version of the song "Gangnam Style." As the familiar beat filled the room, the older children performed their rendition of the song and Santa got his groove on and joined in on the dance.

"Being Santa is a hot job," said Duggins. "But if I made at least one child smile, it was more than worth the extra heat for a few hours of my time."

The mingled laughter of Soldiers, Families and orphans was heard throughout the event at dinner, opening presents and playtime. "A lot of time and effort went into putting this event together," said 2nd Lt. Debbie Smith, senior mentor for the Lady Manchus. "But it was well worth it, for the 10 minutes it took those kids to rip through their presents. It was amazing to see them just rubbing their noses in their teddy bears, just as happy and joyful as any other kids.

"It makes my heart full knowing that I'm in a unit that cares," said Smith. "Words alone cannot describe how I feel. I was moved to tears so many times, this was beautiful. This just says a lot about my command."



JANUARY 18, 2013

No Smoking within 50ft

by order of the garrison CSM,

For others, the visit brought back memories of



Soldiers wait to for the intra-post bus on Camp Humphreys. Junior unaccompanied Soldiers in the division are not allowed to have a privately owned vehicle which can be a large adjustment for service members coming to Korea as their first duty station.

BUS STOP

NEW KIDS ON THE BLOCK ADJUSTING TO MILITARY LIFE ON THE KOREAN PENINSULA

STORY AND PHOTO BY STAFF SGT AARON DUNCAN 2ND CAB PUBLIC AFFAIRS

Although the American movie audience continues to be captivated by the military culture portrayed in films, seldom portrayed is the cultural struggle many new privates endure when joining the Army. During basic training, new Soldiers are taught core skills and immersed in military culture. Even basic English words are exchanged for military jargon, words that meant nothing months before are now part of their everyday lexicon.

In addition to the cultural challenges these Soldiers encounter, they are also faced with changes to their normal lifestyles. Some new Soldiers go from living by themselves in the civilian world to living in a barracks room, constantly surrounded by troops.

"One thing that is tough is that I'm constantly seeing the same people every single day and living with those same people," said Pvt. Nicholas R. Clark, an AH-64 Apache attack helicopter repairer from Riverside, Calif., with Company D, 4th Attack Reconnaissance Battalion, 2nd Aviation Regiment, 2nd Combat Aviation Brigade. "You can go out and do your own thing but it is a lot harder. You are constantly with people whether you like them or not."

Privates new to Korea have the challenge of not only adjusting to life in the Army but also to living in a country very different from the one they left.

One major obstacle Soldiers face as they arrive in country is the language barrier off post. Unlike the other two common overseas assignments a Soldier is assigned to — Germany and Italy — the English language does not share a common alphabet with Korean, so it poses a challenge for Americans.

"Communication is a really big issue and struggle for me, it can be hard to get directions and when shopping sometimes the person selling the product has trouble understanding. Having a

KATUSA with me would be beneficial," said Pfc. Echoe M. Appleby, a Soldier with Headquarters and Headquarters Company, 4th ARB, 2nd Avn. Regt., originally from Fresno, Calif.

Also, many Korean customs can be very different. For instance, the Korean way of formulating their age can be confusing if you are not familiar with their culture. In Korean culture, a baby is 1-year-old upon its birth and turns 2 on their lunar birthday.

"Since Koreans calculate their age different, it is possible for me to up to two years older by Korean standards than American. Americans are sometimes confused when I tell them about my age until I explain the difference," said Pvt. Park Chanhy-un, a Korean Augmentation to the U.S. Army soldier assigned to HHC, 2nd CAB.

One cultural obstacle many Soldiers enjoy experiencing is the difference in food.

"I enjoy the food; I'm not a big fan of Kimchi, but I enjoy everything else. There is some really good fish and I enjoy the octopus. I like to go out and try something new when I eat in local restaurants. My friends sometimes think some of the strange stuff I eat is funny but they just don't understand how good it is," said Pvt. Matthew O. Jarman, a UH-60 Black Hawk helicopter repairer with Company D, 3rd General Support Aviation Battalion, 2nd Avn. Regt., 2nd CAB.

Although the challenges faced by Soldiers arriving in Korea can be daunting, some Soldiers say the benefits easily outweigh the difficulties. The opportunity to travel and learn a new culture is not something most Americans experience. Only about a third of Americans even have passports, according to a Forbes.com article.

"What 20-year-old can say they have been to Korea and have visited all these different places? If I wasn't in the Army I would not have had the opportunity to come here because not only is traveling internationally expensive but it would hard to get the time off work in a civilian job," said Clark.

210TH FIRES BRIGADE WRAPS UP ANOTHER ROUND SOLDIERS BECOME CLS CERTIFIED



STORY AND PHOTO BY STAFF SGT CARLOS R. DAVIS 210TH FIB PUBLIC AFFAIRS

More than 40 Soldiers with 210th Fires Brigade attended Combat Lifesaver training at the Camp Hovey Education Center Jan. 2.

The training is an intensive one-week course designed to provide nonmedical personnel with advanced combat lifesaving skills, including hemorrhage control, prevention and treatment of shock, treating burns and evacuation of casualties, said Staff Sgt. Gregory White, from Wimberley, Texas, assigned to Headquarters and Headquarters Battery. White is the brigade's senior combat lifesaver instructor.

Many Soldiers remember CLS training for one infamous reason - administering an IV to a fellow Soldier. However, White said, intravenous training was removed in 2009 in order to emphasize other skills like tactical casualty movement.

According to the brigade medics, the program works.

"With the way the Army has revamped the training and focused on these lifesaving skills, we can save 70 to 90 percent of casualties on the battlefield," said combat medic Pfc. Tristan Alexander, from Colorado Springs, Colo., assigned to HHB, 6th Battalion, 37th Field Artillery Regiment.

The Army requires 20 percent of personnel in each unit to be combat lifesaver certified, said White. However, the brigade's plan is to certify everyone.

The training provides Soldiers or civilians who aren't trained medics the common knowledge to treat casualties in peacetime or combat situations, according to Alexander.

Instructors train their students through a combination of classroom and practical application exercises.

"CLS training opens their eyes to realworld situations," said Spc. Christopher Laboy, from Cleveland, Ohio, currently serving as a combat medic assigned to 1st Battalion, 38th Field Artillery Regiment.

According to Laboy, Soldiers who have received the training prior to being deployed in combat environments have more confidence in themselves to perform medical care.

Soldiers certified as lifesavers also fill various peacetime needs when medical personnel cannot.

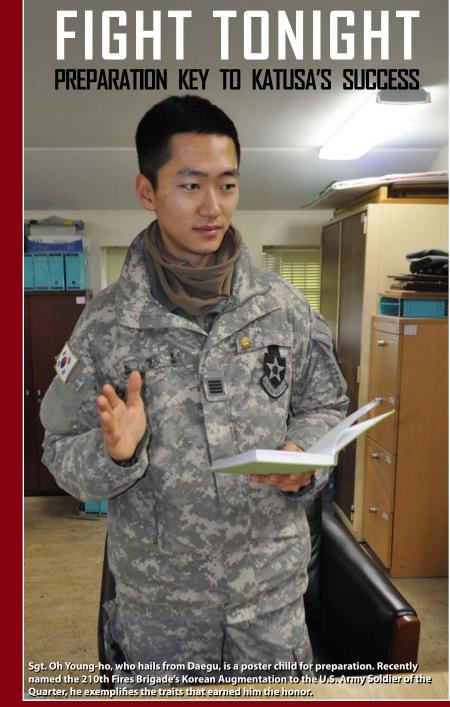
"Today, I had an officer come up to me and request a medic to go out to a range with his unit – and we medics aren't available since we have training going on," said Spc. John Munnelly, from Elk River, Minn., and a combat medic assigned to HHB, 6th Bn., 37th FA Regt. "So I asked him, 'Do you have any CLS certified guys? They can be out there and you can still perform your training as scheduled.""

Although combat lifesavers do not replace medics, they fill a very important niche.

"It's nice to know if something were to happen to me [the medic] on the field of battle, there is someone there to perform my job on me if I cannot," said Laboy.



assigned to 1st Battalion, 38th Field Artillery Regiment, 210th Fires Brigade, teaches students how to insert a nasopharyngeal airway on Pvt. Marcus Aubourg, 19, from Jersey City, N.J., serving with Battery A, 6th Battalion, 37th Field Artillery Regiment, during Combat Lifesaver training at the Camp Hovey Education Center Jan. 2.





STORY COURTESY OF ARMY NEWS

President Barack Obama said that former Army Staff Sgt. Clinton L. Romesha will receive the Medal of Honor Feb. 11 for his actions in Afghanistan.

Romesha will be the fourth living recipient to be awarded the Medal of Honor for actions in Iraq or Afghanistan. He and his family will join the president at the White House for the award.

The staff sergeant helped repel an enemy attack of some 300 fighters who outnumbered the defenders of Combat Outpost Keating in Nuristan Province, Afghanistan. The Soldiers awoke Oct. 3, 2009, to find the enemy occupying the high ground surrounding their combat outpost.

Romesha braved intense enemy fire to mobilize a five-man team, according

A SIT-DOWN WITH 210TH FIRES BRIGADE'S KATUSA OF THE QUARTER: SGT OH YOUNG-HO



STORY AND PHOTO BY PFC KIM HAN-BYEAL 210TH FIB PUBLIC AFFAIRS

Sgt. Oh Young-ho, who hails from Daegu, is a poster child for preparation. Recently named the 210th Fires Brigade Korean Augmentation to the U.S. Army Soldier of the Quarter, he exemplifies the traits that earned him the honor.

For one thing, he spent three months preparing for this competition

"I rehearsed the board [competition] with other NCOs in the company. We studied together," said Oh, assigned to 580th Forward Support Company, 1st Battalion, 38th Field Artillery Regiment.

He added that the board was a valuable experience for a KATUSA.

"During preparation and the board itself, I was proud of being a KA-TUSA," said Oh, the senior KATUSA supervisor in his company. "I hope other KATUSAs participate in this board, have good results and feel the same pride that I'm feeling right now."

Oh, doesn't slow down while off-duty, either. He likes music, so he enjoys his free time playing piano, guitar and the jembe - a goblet drum played with bare hands.

"Jembe is not a popular musical instrument, but when I saw street musicians playing [it], I thought it was interesting," said Oh. "After that, I played jembe in my spare time."

He didn't exempt himself from studying. When he was young, he started to study diligently after meeting a mentor.

"My father was a teacher, and I met one of his students," said Oh. "He became my mentor, and we visited Seoul together, and visited some universities. From then, I became motivated and started to study hard."

Oh's effort paid off when he was admitted to the prestigious Seoul National University, where he chose to study agricultural economics and rural development. Not letting music fall by the wayside, he also began playing the keyboard in a band composed of friends and fellow students; and he organized the acoustic band at Seoul National University.

Joining the Republic of Korea Army in May 2011, Oh said a big change was his improved health.

"I created an athletic club called 'Spark' in my company," he said. "I work out steadily with other Soldiers and that helps my health improve."

After his military service, Oh plans to return to Seoul National University, begin classes in business administration to broaden his career options and perform in his band. After he graduates, he wants to work at an investment bank on Wall Street – and he expects his experience in the U.S. Army will aid him.

"In the Army, I have met a variety of people," said Oh. "I learned how to communicate and hang out with different people. This will help when I go back to the university and when I get my job, because I learned how to get along with many people."

FORMER WARRIOR TO RECIEVE **MEDAL OF HONOR** NATIONS HIGHEST AWARD

to sources who were there. He reportedly took out an enemy machine-gun team and while engaging a second, the generator he was using for cover was struck by a rocket-propelled grenade, inflicting him with shrapnel wounds. Yet he continued to fight.

He directed air support that destroyed more than 30 Taliban fighters and personally took out several other enemy positions, according to reports. He provided covering fire and helped three of his wounded comrades to reach the aid station. He also braved fire to recover several fallen comrades. Romesha's efforts enabled Bravo Troop, 3d Squadron, 61st Cavalry Regiment, to regroup and fight off a force that greatly outnumbered them, according to reports. At the time he was a section leader with Bravo Troop, which was part of the 4th Brigade Combat Team, 4th Infantry Division, in Afghanistan.

Romesha separated from the Army April 4, 2011. He and his family currently live in Minot, N.D. He is married to Tamara Romesha and they have three children; Dessi, Gwen, and Colin.

Romesha enlisted in the Army in September 1999 as an M1 armor crewman. After completion of training at Fort Knox, Ky., he was assigned as a tank gunner with B Company, 1-63rd Armor, Camp Vilseck, Germany. His tour there included an operational deployment to Kosovo.

After Germany, he was assigned as a gunner/assistant tank commander with A Company, 2-72nd Armor, Camp Casey, Korea. Following Korea, which included a combat tour to Iraq, he was assigned as a section leader with 3-61st Cavalry, Fort Carson, Colo. There he completed the Long Range Reconnaissance Course, Advanced Leader Course, and Air Assault Training.





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13 January 2013

Dr. Martin Luther King Jr., Holiday Safety Message

On 21 January, we honor Dr. Martin Luther King's life, sacrifices and accomplishments with a Holiday. Dr. King dedicated his life to freedom and justice and worked tirelessly to ensure equality for all Americans. This Holiday is a time for our Nation to pause and remember Dr. King's life and work, and commit ourselves to living our values described in our founding documents. We honor his legacy by reflecting on our service and contribution to our local communities and the people around us.

As we enjoy this holiday, it is important that we stay safe and manage risk.

Risk management is a Leader responsibility. This is how we take care of our team. Leaders must take a deliberate approach to ensure the safety of our Soldiers, families, civilians and host-nation partners.

Sound judgment should extend to everything we do as Soldiers. We have a duty to represent the self-discipline and professionalism of an American Soldier all the time, not just when wearing our uniform. Be responsible and accountable in the use of alcohol. We can prevent acts of inappropriate behavior by looking out for one another - leader to led, peer to peer, friend to friend, Soldier to Soldier and family to family.

Prevent cold weather injuries. The Division has done a great job preventing cold weather injuries. In this weather, "routine" activities like driving, hiking and other outdoor activities take on additional risk. We must remain vigilant and ensure our risk management practices are in place.

We have an opportunity unlike any other in the United States Army. The US-ROK Alliance starts with those directly in our formation! The Korean Augmentation to the United States Army (KATUSA) program is critical to the readiness of the 2nd Infantry Division. Let us take pride in this fact and continue to build upon this incredible partnership. I have received numerous reports of great unit level activities sponsored by the KATUSAs - what an incredible way to explore Korea and get a first-hand experience of the culture. I encourage you to take advantage of these opportunities.

Enjoy the weekend - be safe!

Second to None!

Eliver C. Carbon

EDWARD C. CARDON Major General, USA Commanding

Fight Tonight!



STORY BY 2ND CAB PUBLIC AFFAIRS

Volunteers hurry backstage making last minute adjustments to costumes and props just before the curtain is about to go up. The auditorium lights go dim; the roar of the anxious spectators calms to a whisper in sincere anticipation. Then, the curtains rise and another Camp Humphreys Community Theater production is on its way to entertain a packed house of community members.

One year ago the community theater was a mere idea existing between two 2nd Combat Aviation Brigade spouses. Christi Mancha, the theater's production director, and Lesa Craig, the artistic director, became motivated to inspire the community through performing arts. It was a way for them to involve their home-schooled children in different activities while strengthening bonds in their local community.

"We are inspired by the fact that being able to express yourself creatively through performing arts is a way that helps people feel better about themselves and feel like want to make Camp Humphreys a wonderful place to work and live," said Mancha.

Sgt. Peter B. Adams of Kenai, Alaska, and member of Headquarters Support Company, 602nd Aviation Support Battalion, 2nd CAB, was inspired and now volunteers with his wife and children.

"I've always loved theater and my wife has always loved dance," said Adams. "We owned a dance studio for a few years in Monroe, Washington. Arts have just been a huge part of our Family and this is a great Family activity. It really brings you together and there is a sense of accomplish-

SOLDIERS, FAMILIES STEAL THE SHOW

ment at the end of each show, where you're **STAFF SGT VINCENT ABRIL** high-fiving your kids and everyone is so excited."

While most of the cast and crew consist of 2nd CAB Soldiers and Family members, the theater has volunteers from across Camp Humphreys and the peninsula. As a team, they have already performed three shows since the theater's opening.

The first show featured a musical called "Honk," followed by "The Legend of Robin Hood" and the most recent production, "A Christmas Carol." The performances have garnered the cast and crew Army-wide accolades at the 2012 U.S. Army Festival of the Arts award ceremony

Adams is confident that all who come to see their productions will not be let down.

"It just keeps getting better and better with every show," he said. "We continue to hear it out there – how great the shows are. Go ask anyone who went to see them and they will tell you how awesome the shows are. The next one is going to be even better."

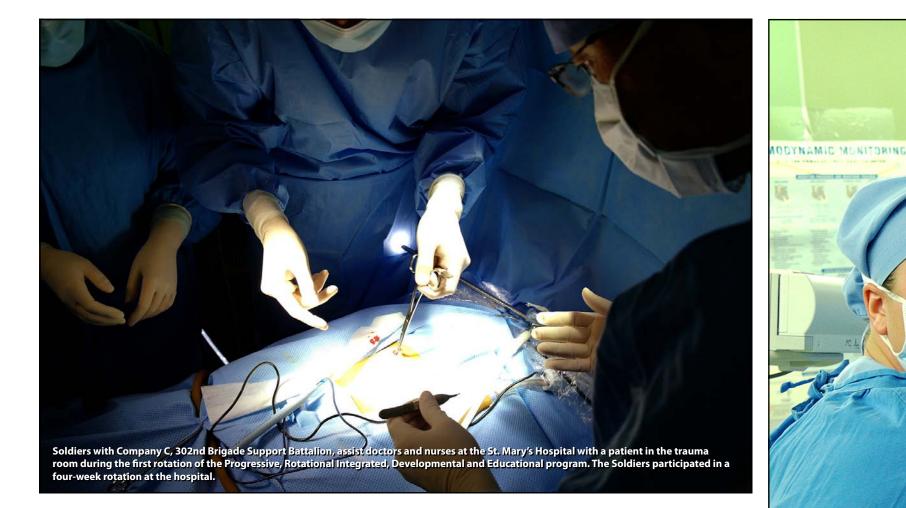
Volunteers of the theater are currently in they're participating in their community. We discussion on what the next big show will be. In the meantime community members are encouraged to start thinking about volunteering. There are many positions to be filled.

> "We absolutely invite and encourage anyone that has an interest in theater to come out. We are always looking for newcomers who would even be willing to step in leadership roles such as the role of director," said Mancha.

For more information on the theater, visit them on Facebook at Camp Humphreys Community Theatre, or call Mancha at 010-6818-1223.



THE INDIANHEAD







STAFF SGT KYLE J. RICHARDSON 1ST ABCT PUBLIC AFFAIRS



PHOTOS COURTESY OF

At any time of the day, peace within the sterile, white room may be interrupted by the double doors crashing open and an injured person on a squeaky gurney rushed, being into a curtained-off section of the emergency room.

Here at St. Mary's Hospital Korean doctors give quick orders and point to emergency tools and equipment they need in a flash. Nurses bustle to the aid of the doctors. In the midst of potential

chaos, several U.S. and Korean Augmentation to the U.S. Army medical specialists stand alongside the Korean doctors receiving some real-world training.

In December these "Cougars" medical specialists with Company C, 302nd Brigade Support Battalion, 1st Armored Brigade Combat Team, 2nd Infantry Division, participated in a trial partnership program with the medical staff at St. Mary's Hospital located in Uijeongbu.

The Cougars leadership initiated the Progressive, Rotational Integrated, Developmental and Educational program to allow their medical specialists the opportunity to receive real-world training outside of a classroom. After speaking with the head doctor at St. Mary's, the PRIDE program was

ready for the emergency room.

"I never dreamed when I first approached the hospital about this program that it would be this good from the start and that they would be so receptive," said Lt. Col. Adam Gamez, the 302d BSB battalion commander. "It's important that Soldiers know we can't take care of every medical issue on post. Our commitment to assist the hospital that supports us in the event of our more serious medical needs bridges the gap between our Camp Casey and Hovey communities and the hospital that supports us all."

Many medical specialists who are assigned to units throughout Korea will not have a chance to work in an actual hospital or treatment facility. The partnership with St. Mary's provides these Soldiers the chance to experience trauma as it happens.

"Before this program started, we would train at the TMC or through sergeant's time training," said Cpl. Jong-ho Lee, a Los Angles-native, and a medical specialist for Co. C. "But none of our training reached the level of experience we gained from working at St. Mary's Hospital. I was shocked when they let us assist with an appendectomy. I may never get another chance to do another surgery."

Still in its early stages, the PRIDE program began the last week of November with four Soldiers working at the hospital for four weeks - two weeks in the trauma center and two weeks in the emergency room. Gamez hopes to incorporate more medical specialists from other 2nd Infantry Division units over time.

Along with real-world training, PRIDE provides an opportunity for Soldiers to gain experiences in the sometimes forgotten, but very significant areas of the medical field – emotions and grieving.

"This was my first real-world medical experience," said Pfc. Jessica Hoffman, a Spencerville, Ohio,-native, and a medical specialist with Co. C. "This is the first time that I've seen blood, trauma and deformity. This has opened up my eyes and it's helped me to get past those mental barriers.

"A patient had died from his wounds while we were here, but we got to help the doctors try to save his life," she said. "I cried when he passed away. That was hard to deal with and something you can't learn from a power point."

The four-man team quickly learned to adapt to the real-world situations and leaned on each other for support when needed.

At the end of the four weeks, the Soldiers learned multiple lessons in medical procedures. As the first cycle of the PRIDE program comes to an end, the curtains are drawn back, the blood is washed away, and the gloves are thrown out, they can return back to their unit with valuable lessons to pass on to other medical specialists.

JANUARY 18, 2013



ZID SOLDIERS SEE STARS

ARMY CHIEF OF STAFF VISITS THE TRENCHES



MASTER SGT REEBA CRITSER **2ID PUBLIC AFFAIRS**

The 2nd Infantry Division Soldiers often see stars, but few have seen the bright stars of the Army's top general in person.

A towering figure, all eyes were on locked on Gen. Raymond T. Odierno, the 38th Army chief of staff, as he moved his way through the different displays showcasing the division's newly acquired equipment during his visit to Camps Casey and Hovey Jan. 11.

"I thought his visit boosted the morale for the Soldiers and it gave everybody an excellent opportunity to showcase their technical and tactical skills," said 1st Lt. Joshua Sumpter, the Battery B executive officer, 6th Battalion, 37th Field Artillery, 210th Fires Brigade.

Odierno made an effort to spend one-on-one time with the Soldiers he met in the division. He listened as the 2nd Inf. Div. Soldiers talked about their jobs and their training on the peninsula.

"He seemed genuinely interested in everything I had to say and was very attentive," said Sumpter, a native of Fort Leonard Wood, Mo.

Odierno told Soldiers that a Korea assignment is not only a cultural experience, but gives the Soldier a stronger military experience as well.

"You have the opportunity to work with one of our closest allies on a daily basis," he said. "You have the opportunity to operationally work through missions that I think is a greater opportunity than anywhere else we have in our Army. So really, in my mind, this is a great opportunity for Soldiers to improve their own capabilities with their own technical and tactical mission that they have."

Odierno addressed the future of the Army is taking and provided his reassurances to the Soldiers.

"We're looking into what the characteristic and capabilities of our Army need to be for the future," he said. "As we do this we keep in mind the impact it has on Soldiers and Families. That's very important on both myself and the secretary of the Army [John McHugh] to insure we put the policies in place so our Soldiers and Families can continue to perform admirably as they continue to serve. And if they choose not to serve, we'll provide them that great opportunity as they leave the Army to be successful."

Splitting their movements to make the most use of their time, Odierno's wife, Linda, met with the spouses of the 2nd Inf. Div. Soldiers and listened to their brief on the command sponsorship program and ideas on how to improve life for Families in Korea.

"It was nice that someone that high up would take time out of her busy schedule and see what our opinion is," said Melissa Jacobs, wife of Command Sgt. Maj. Joseph Jacobs, 1st Battalion, 15th Field Artillery Regiment, 1st Armored Brigade Combat Team, and a Creston, Ohio,-native. "She really seemed to be concerned on how we felt."

After almost five years in the Army, Spc. Leah Weiss, a CBRN specialist with 4th Chemical Company, 1st Brigade Special Troops Battalion, 1st ABCT, had never met anyone with that many stars on his chest, until now. Originally from Bethlehem, Pa., Weiss said of her five-minute conversation with Odierno that he made her feel at ease with small talk about being stationed in Korea.

Odierno's amiable personality left a strong mark on those he met in the 2nd Inf. Div. And even hours after Odierno's flight left the Korean peninsula, Weiss said "We're still talking about him."

Odierno's two-day visit to the Korean peninsula control of future exercises and operations. allowed the Army's top general to strategize on President Barack Obama's policy to rebalance the U.S. focus to the Asia-Pacific region.

"The [Republic of Korea-U.S.] Alliance has been going on now for <u>over 60 years and the strong</u> relationship with Republic of Korea continues to be and will always be a very important relationship for us," said Odierno at a press conference. "As we shift our strategy in the Pacific, Korea clearly is an important part of that shift."

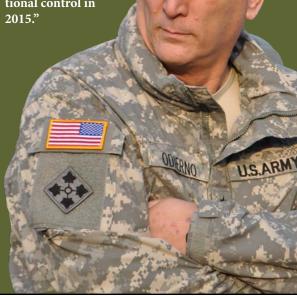
Odierno said requests for expanding U.S. military presence on the peninsula with additional Apache and infantry battalions is still being discussed in Washington, D.C.

"We discussed the requirement, potentially, for additional support here in Korea," Odierno said at a briefing at Camp Casey in South Korea. "We expect a decision on whether we will provide additional capabilities here very shortly."

In addition to visiting the division Soldiers, Odierno also met with his counterpart in the ROK Army, Gen. Cho Jung Hwan and Gen. James Thurman, commander of U.S. Forces Korea. They discussed how to further build on their military relationship through a continued commit ment to multi-lateral training exercises. Odierno hopes through the continued combined exercises, the ROK Army will be able to hold command and

"I am very confident the Republic of Korea and their army is more than capable of taking over responsibility for their security," said Odierno. "And with them being in the lead will help us to enable

them to continue to help them to establish the appropriate command and control structures for them to be able to execute the operational control in









ROCKIN' THE ROK TALES FROM LEISURE'S FRONT LINES **ON THE KOREAN PENINSULA**



How do you spend your weekends? Sitting in your room and playing computer games? If you're looking for something a little more exciting, but don't know how to take that first step, read on. Seoul is closer than you think - and there's plenty to do. These opportunities are all within the

greater Seoul metropolitan area. Yeouido Hangang Park. Making it here

is easy if you take a train. Many festivals, like the cherry blossom and international fireworks festivals, take place here. Nature is preserved well, so it's a great place for an outing. You can ride on a bike lane, swim

SPECIAL TO THE INDIANHEAD: SPOUSES' COLUMN Setting Goals small rewards help push us on to major successes. accomplish your goal. This is not a call to fantasize exces-**JESSAI CANADAY** sively about your goal. Instead, keep a realistic twist on WARRIOR COUNTRY SPOUSE

Do you remember the last time someone told you a goal they were pursuing? When someone does this it is pronounced and attention drawing. They are verbally taking a step. It can be an unplanned moment in the middle of a thought that begins the goal setting. It is a declaration about a change they want to make to their personal behavior. Telling other people about your goals increases your motivation and accountability toward it. Also it will help you determine the type of support network you have. After expressing a desire to quit smoking publicly, allies emerge. Attend a smoking cessation class and you will be encouraged to express and find support. Think about the positive things that will happen if you

JANUARY 18, 2013

and go inline skating. And, on weekend evenings, there are often film screenings and live music.

The park is near Yeouinaru station or Yeouido station, both on line number 5 (purple line).

The cost is \$3 for a one-hour bike rental, then 25 cents for each additional 15-minute segment. You'll need an identification card to secure the bicycle, but don't use your military ID! Keep it on you at all times. A driver's license will work.

There is no website in English. For Hangul, check http://hangang.seoul.go.kr/ park_yoido/index.html.

Hours are 8 a.m. – 9 p.m.; the park often closes early at 8 p.m. during winter.

Bukchon Hanok Village. Bukchon means North Village, and a Hanok is a traditional Korean-style house. Bukchon is a traditional residential area where aristocrats lived during Chosun dynasty. There are a lot of historical sites and cultural assets. Also, there are many galleries, interesting food for sale, and characteristic cafes. If you want to look deeper, you can stop by the Bukchon Culture Center during your trip. The culture center provides traditional culture courses on subjects like folk painting, traditional crafts and Korean classical music. You can also find various events and programs, including film screenings, concerts, and exhibitions.

The cultural center is near exit 3, Anguk

station, on train line 3 (orange line).

The website is http://bukchon.seoul. go.kr/index.jsp (select the "ENG" button at top right for English).

Programs run from 9:30 a.m. - 9:30 p.m. at varying times.

Insa-dong. This market is easy to find, and it is a great place to experience Korean food and culture because the roads are full of shops selling drawings, pottery, rice cakes and refreshments.

Insa-dong is near Jongno 3(sam)-ga station, exit 1; or Jonggak station, exit 3; both stations are on train line 1 (dark blue line).

Hours vary by vendor and establishment. Namsan. This is in the city center. You

can see historical places like Seoul castle, beacon mounds, bronze statues and monuments. If you want to see the whole of Seoul, you can visit the N Seoul Tower and enjoy the panoramic view from the top. Namsan is where you can enjoy the modernized benefits of the city - like the great restaurants.

The best stop for Namsan is Chungmuro station, a transfer station on both lines 3 (orange line) and 4 (sky blue line).

For the observatory, \$8 for adults, \$6.50 for the elderly and teenagers, and \$4.50 for children.

The website is www.nseoultower.com/ index.asp (select the English button at top right).

For the observatory, 10 a.m. – 11 p.m. Monday-Thursday and Sundays; 10 a.m. midnight on Fridays and Saturdays.

Coex Mall. This is the largest underground shopping mall in Asia. There are many exhibitions, conventions and performances going on here. You can enjoy a movie at the 16-screen multiplex and see the aquatic life at the Coex Aquarium. There are a lot of stores, so you can buy everything from clothes to electronics to gifts. Also, visit the Kimchi Field Museum to get to know more about that ubiquitous Korean dish.

Coex is at exit number 5 or 6, Samseong station, line number 2 (green line).

The website is www.coex.co.kr/ (select the English button at top right).

Hours vary by shop, but most are open 10:30 a.m. – 10 p.m.

And, it's all a short train ride away.

the benefits. If you get a good grades this year it will help your GPA, but good grades alone will not get you into the college of your choice this fall.

Maintaining excellent grades will shape the discipline needed to survive in a college atmosphere. Once you arrive, you will need to commit, refine, adapt and further your skills to flourish.

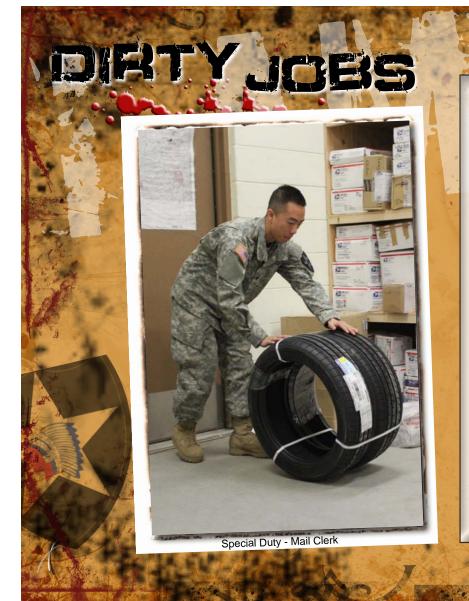
Reward yourself for making progress in your goal. Keep in mind that the rewards should be geared toward further progress. If the big goal is to save more money this year and at the end of the month you accomplish your mini-goal a reward is in order. Reward yourself, however, in a way that is not spending focused. Set special time aside to engage in your favorite free amusement. These

Finally don't forget to record your progress. Large

long-term goals can take five or more years to accomplish. Keeping a journal, graphing or developing a drawing

that plots your progress during the accomplishment of short-term goals and mid-term goals displays progress over an extended period of time. Envision career progression, not the outcome. Conceptualize the tasks that need to be mastered at each step, the time taken to navigate them, the personal development that challenges our complacent comfortable character. Then log them, add them to your testimony, further build your resume as they are achieved.

Tracking and visualizing these growths and accomplishments is good for self-esteem, realization and advocating.



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STORY AND PHOTO BY STAFF SGT VINCENT ABRIL **2ND CAB PUBLIC AFFAIRS**

While most Soldiers are getting their morning workout, there is another group of Soldiers who begin their work day at the garrison post office. It is a well known fact that mail is a key ingredient to unit morale and welfare and this small group of Soldiers make that possible.

Spc. Lee Wong Thao, a native of Sacramento, Calif., and a member of Headquarters and Headquarters Company, 2nd Combat Aviation Brigade, is a member of the mailroom team and knows the work is hard, yet satisfying.

"We work from 6 a.m. to 6 p.m., six days a week, and during the holidays we hit it hard," said Thao. "This job is very important because it makes people happy and keeps people sane by staying in contact with loved ones. I enjoy seeing the smile on people's faces when they receive mail."

A regular work day for these Soldiers consists of sorting the mail twice a day,

accounting for it, and processing and distributing it.

"It's harder than you think. You have a lot of responsibility with people's mail and there is a lot of accountability to it. There are a lot of federal offences and you could go to jail just for mishandling, taking mail or even giving mail to the wrong person," Thao explained.

The team works diligently ensuring mail reaches every Solider and Family member but the mail room does kindly ask for your assistance so they may serve you better.

"Please pick your mail up on time," said Thao. "We want everybody to get their mail and we don't want to send anybody's mail back so it is important. If mail is not claimed within 30 days, we are required to return it to the original sender."

Thao also suggests that everybody ensure their box numbers are on every piece of correspondence they receive. This will save his team the trouble of tracking you down or possibly sending your mail back to the sender.

My Korea, My Life A brief insight into Soldiers, Civilians and Family members in Warrior Country

My name: Spc. Michael D. Brown of Cheyenne, Wyo., with Headquarters and Headquarters Company, 1st Armored Brigade Combat Team.

My job: I work at the brigade S1 office as a human resource specialist.

Why I joined the army: A promise to my grandfather before he passed away. He wanted me to do something constructive with my life.

What I like about Korea: What I like best about Korea is the NCO leadership. We have strong NCO leadership in my section.

Who inspires me most: My children inspire me. I want to be the best role model for them.

Where I see myself in five years: I see myself as a staff sergeant, being a good leader and mentor I would like to send a shout out to Sergeant First for young Soldiers.

It's the zombie apocalypse and you must lead a five-man team. Survival is your only mission but you must pick the other four members of your squad from your current unit: I would pick Private Troilette and Private First Class Combs. They are great battle buddies who I know will be there for me. Staff Sergeant Martinez, he is a great leader. Specialist Hacket, he is a fun person to have around and knows how to lighten the mood.

In a fight between Batman and Superman, I'm putting my money on: I think Batman would win because he has better morals, and is a stronger and smarter guy.

If a skilled photographer's pictures are worth 1,000 words, mine are worth: If the picture represented a moment in my life then I would say maybe a million words.

The worst band in history is: I would have to say Skrillex, because he ruins most of the music he tries to remake.

The world is ending in one week: I would pray for forgiveness and spend every last minute with my wife and kids and try to have fun.

Would you like to say hello to anyone? Class Dixon in brigade S1.

Do you have a story to tell?

If you would like to share your experiences in Korea with the division, please contact your public affairs office.



Suicide hotlines

Anyone in Warrior Country considering suicide or trying to help someone who may be suicidal can call any of these numbers, 24 hours a day, seven days a week.

Area I: 010-3762-0457 Area II: 737-4673 or 737-0508 Area III: 753-7657 or 753-8111

Hangul Facebook page

As we strive to embody the Katchi Kapshida mindset, the 2nd Infantry Division wants to share those stories with our Korean allies. We are proud to announce our new Hangul Facebook page. Please visit and share with friends and family at www.facebook. com/pages/주한미군-제2-보병사 단-2nd-Infantry-Division-Koreanver/318145054942383?fref=pb.

Thrift Savings Plan changes

Thrift Saving Plan now offers ROTH TSP after-tax contributions.

For more information, visit www. dfas.mil/militarymembers/rothtspformilitary.html.

2013 Pyeongchang World Winter Games

The Republic of Korea Korean Games Operating Committee and the U.S. Special

Olympic International are sponsoring the Special Olympics World Winter Games in the cities of Gangeung and Pyeongchang from Jan. 21 to Feb. 8.

Volunteers are needed to improve ROK-U.S. alliance through positive engagement with ROK citizens during the Winter Games.

The volunteers will primarily sup-



WARRIOR NEWS BRIEFS 🐼

port the Law Enforcement Torch Run event and provide Game Cheer Teams at each event. Volunteers will also provide support for the athletes participating in the games. Family members are also encouraged to support this event.

The uniform is civilian clothes. Volunteers must provide their own transportation and meals. Commanders are encouraged to be liberal in authorizing passes for Soldiers who wish to support this event.

For more information, read 2ID OPORD 13 053 Task 161 published Jan 3. To volunteer, e-mail kyong.t.kim. mil@mail.mil.

Ration limit

To check your ration limit, visit https://pimskapp.korea.army.mil/.

Tax centers

The standard deadline for filing your 2012 federal tax return is April 15, 2013. Most 2nd Infantry Division Soldiers, however, are eligible for a filing extension. To use this extension, you must attach a statement to your return showing you meet the requirements and file a Form 4868. The Tax Center staff will be able to help you through this process.

The Area I tax center opens Feb. 4 at Maude Hall on Camp Casey. Hours are 9 a.m. to 5 p.m., Mondays, Wednesdays and Fridays. On Tuesdays and Thursdays, the center is open from 9 a.m. to 6 p.m. On Saturdays, the center's hours are 10 a.m. to 1 p.m. For more information call 730-4888.

The Area III tax center opens Jan. 24 in Building S751 on Camp Humphreys. Hours are 9 a.m. to 6 p.m., Mondays,

Wednesdays and Fridays. On Tuesdays, the center is open from 9 a.m. to 4:30 p.m. On Thursday, the center's hours are 1 p.m. to 4:30 p.m. For more information call 753-5680 or 753-6545.

Lunar New Year road conditions

Off-post road conditions in Areas I, II and III will be RED from noon, Feb. 8, to 11:59 p.m., Feb. 11. Off-post road conditions in these areas will be downgraded to AMBER from midnight to noon, Feb. 12. On-post road conditions will be GREEN.

This precaution is due to the high concentration of vehicular and pedestrian traffic throughout the country for the Korean Lunar New Year holiday.

AMBER: Military vehicles, other than those required for essential business, will not be driven on highways. An O-3 or above may authorize usage for business that cannot be postponed.

RED: Military vehicles, other than emergency/essential business, will not be driven. An O-5 or above may authorize usage for business that cannot be postponed without jeopardizing military requirements. Snow chains or similar devices will be used.

POV owners need to use extreme caution and are encouraged to observe the rules established for military vehicles.

Chapel service times

The Camp Red Cloud Chapel hosts a Catholic service Sundays at 9 a.m. A Protestant service follows at 11 a.m. A COGIC service starts at 12:30 p.m., and a KATUSA service begins at 7 p.m. For more information call 732-6073 / 6706.

The Camp Casey Stone Chapel hosts a Protestant service Sundays at 10 a.m. and a KATUSA service at 6 p.m.

The Camp Casey Memorial Chapel hosts a Gospel service at 11 a.m. and their KATUSA service begins at 6:30 p.m.

The West Casey Chapel hosts a Protestant service Sundays at 9:30 a.m. The West Casey Chapel also hosts a Catholic service that starts at 11:30 a.m., an LDS Worship service that starts at 4 p.m., and an LDS Bible study Thursdays at 7:30 a.m. and a Korean Protestant service at 10:30 a.m. For more information contact the Memorial chapel at 730-2594 or the West Casey Chapel at 730-3014.

The Camp Hovey Chapel hosts a Catholic service Sundays at 9:30 a.m., and is followed by the Protestant service at 4 p.m. The KATUSA service is held Tuesday at 6:30 p.m.

The Old Hovey Chapel hosts an Orthodox service every first and third Sundays of the month at 10 a.m., and the Crusader Chapel hosts their Protestant service Sunday at 11 a.m. For more information call 730-5119.

The Camp Stanley Chapel hosts a Protestant service each Sunday at 10 a.m., and a Gospel service every Sunday at 12:30 p.m. For more information call 732-5238.

The Camp Humphreys Freedom Chapel hosts a Catholic service Sundays at 9 a.m., followed by a Protestant service at 11 a.m., then a Gospel service at 1 p.m., and will have a Church of Christ service at 5 p.m. KATUSA service is held on Tuesdays at 7 p.m. For more information call 753-7952.

THIS MONTH IN BASE THEATERS

Prices range from \$3.50 to \$5.50 for adults and \$1.75 to \$2.75 for children under age 12. Find the full list of movies online at: http://www.shopmyexchange.com/reeltimetheatres/reeltime-landing.htm

ACK REACHER

JACK REACHER

CAMP HOVEY Show times: Mon. - Thu. 7 p.m. FRI. - SUN. 6:30 P.M.

DSN : 730-5196



SINISTER

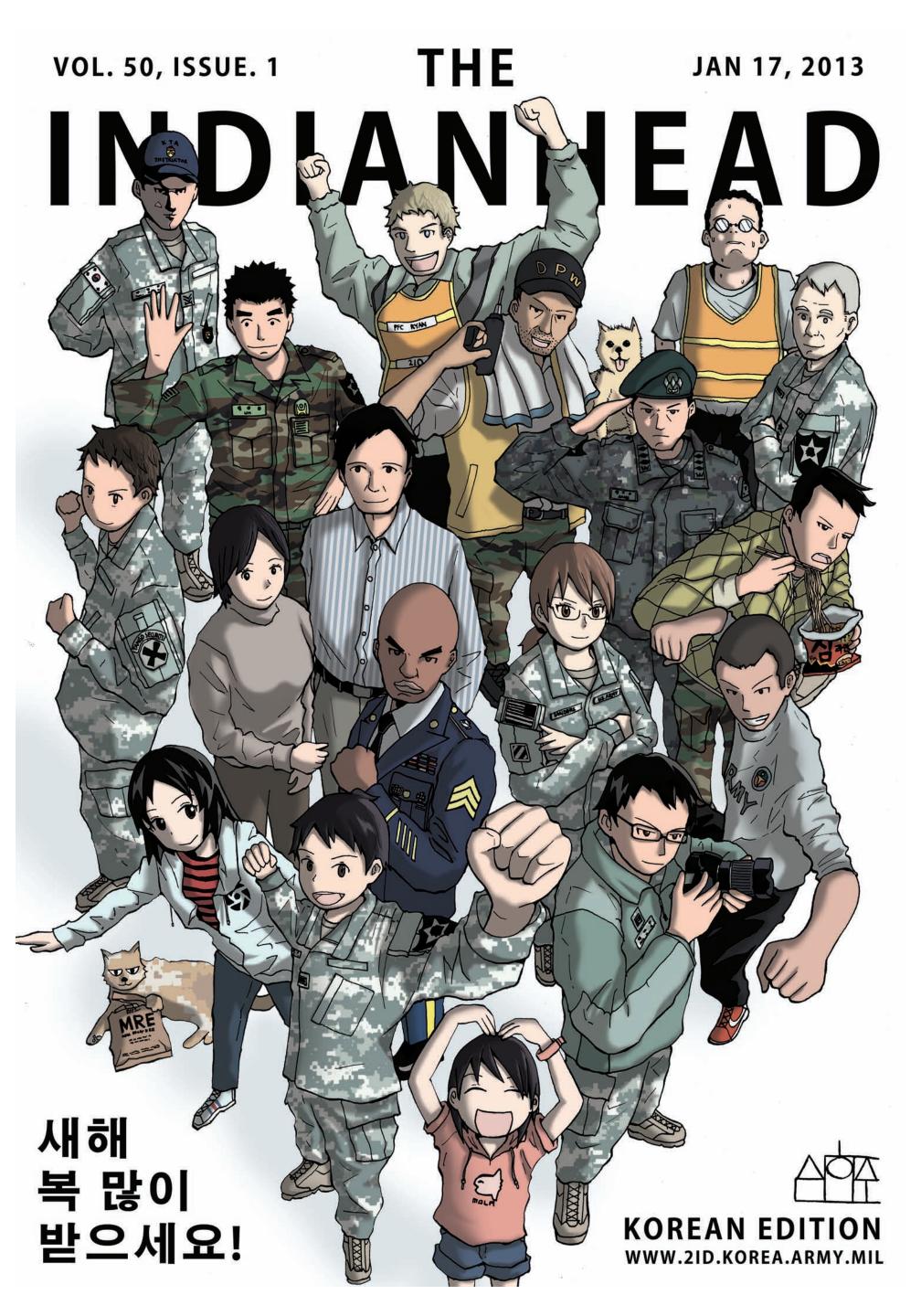
CAMP RED CLOUD SHOW TIMES: MON. - TUE. 7 P.M. THU. - SUN. 7 P.M.

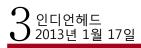


CAMP HUMPHREYS Show times: Mon.-Fri. 6:30 & 9 P.M. SAT. & SUN. 3:30, 6:30 & 9 P.M.

DSN : 732-7214

DSN : 753-7716





신상 부츠? 탱커 부츠!

얇은 눈발이 대지를 덮었다. 계곡에는 포성과 무한궤도의 소음이 울려퍼졌다. 연속되는 포 격은 지축을 울리며 앞산에 꽂혔다. 몇분 후 포격이 멈췄고 화염이 지나간 뒤 대지에는 다시 고요가 찾아왔다.

> 지난 12월, 포천 로드리게즈 (Rodriguez) 실사격 훈련장의 기온은 계속 낮아졌지만 테이블 6 (Table VI) 전차승무원 사격 인증훈련에 참가한 1 전투여단 2-9 보병대대 만 추 (Manchu) 전차승무원들의 움직임은 민첩했다. 만추 전차승무원들은 전투준비태세를 갖추기 위해 매년 2회 인증훈련을 실시한다.

> 2-9 보병대대 C중대 일등상사인 필립 핏릭(1SG Philip Pitlick) 일등상사는 "테이 블 6 인증시험은 매우 중요하다"고 말하고 "전차승무원들은 동축기관총, 120mm 포, M240 기관총과 칼리버 50 (Caliber 50) 기관총에 대한 사격술을 평가받는다"고 덧붙였 다.

> 테이블 6 인증시험은 전차승무원들이 다양한 무기에 대해서 평가받는것 뿐만 아니라 전차승무원들이 부대의 역사 속에 자리를 잡는 만추 전통의 중요한 부분이다.

> C 중대 전차소대장 벤자민 니가드(1LT Benjamin Nygaard) 중위는 "이 사격훈련의 궁극적인 목표는 우리 전차승무원들을 안전하게 평가하는 것이다"고 말하고 "하지만 전 통적으로, 첫 시험에 통과한 장병들은 첫번째 탱커 부츠 (Tanker boot)를 받는다. 전차 승무원들은 시험을 통과 할 때까지 부츠를 신을 수 없다"고 덧붙였다.

첫 탱커 부츠를 얻는 것은 대부분의 전차승무원에게 자랑스러운 순간으로 남는다.

C 중대 전차 포수 리차드 크빈지(SGT Richard Kvinge) 병장은 "첫 부츠를 받는 순 간은 다른 어떤 순간과도 비교할 수 없다"고 말하고 "전차는 어떠한 전투에서도 중요하 며 전차 없이는 전쟁을 승리할 수 없다. 그렇기 때문에 처음으로 탱커 부츠를 신을 때 다 른 육군 장병들과 차별감을 느낀다"고 덧붙였다.

몇몇 장병들은 그들이 부츠를 받고 공식적 전차승무원이자 팀의 일원으로 인정받게 되는 순간을 기대한다.

C중대 전차승무원 알렉 거즈윌러(PVT Alec Gugzwiller) 이병은 "교관들을 우러러 보면서 언젠가 그들같이 탱커 부츠를 가지겠다고 생각했던 것이 기억난다"고 말하고 " 다른 장병들의 가치를 폄하하는 것은 아니지만 내 탱커 부츠를 갖는 것은 멋진 일이다. 나는 다른 장병들보다 뛰어난 자리를 얻을 것이며 이로 인해 얻어지는 권리를 기쁘게 생 각한다"고 덧붙였다.

전차승무원들이 탱커 부츠를 얻기 위해서는 전차사격장을 통과해서 10개중 8개 이상 의 과녁을 명중시켜야 한다.

거즈윌러 이병은 "이번 훈련에서 많이 배웠다"고 말하고 "훈련을 나가기 이틀 전에 부대에 합류했기 때문에 짧은 시간동안 많은 것을 배워야 했다. 장전병으로써 내가 가져 야 하는 페이스와 그 페이스를 유지하는 법 등을 배웠다. 이것이 내가 받을 훈련중 가장 실전에 근접한 훈련일 것이다"고 덧붙였다.

탱커 부츠를 받은 대부분의 전차 승무원들은 새로운 부츠가 일상생활용이 아니라는 것을 깨닫게 된다.

니가드 중위는 "탱커 부츠는 정말 불편하다"고 말하고 "그것이 우리가 전차 승무원인 이유이다. 탱커 부츠는 그 부츠를 신기 원하는 특별한 장병들을 요구한다. 그리고 전차를



사단소식



기획













미 2사단 1 전투여단 2-9 보병대대의 전차승무원들은 로드리게즈 (Rodriguez) 실 사격 훈련장에서 열린 테이블 6 (Table VI) 사격인증훈련에 참가했다. 전차가 산의 표적을 향해 120mm 포를 발사하고 있다.

4 PANEL COMIC & INDIANHEAD KOREAN EDITION COVER BY SGT SIM, HAN JUN COMIC SERIES INSPIRED BY YOTSUBA&! and AZUMANGA DAIOH By AZUMA KIYOHIKO ; COVER INSPIRED BY VOL. 20 COVER OF BAKUMAN BY TAKESHI OBATA This Issue features parodies of and references to TSURITAMA by A-1 Pictures, DAE-TUL by SUNG MO KIM, YOU & I by IU, and other popular online images

APA

보실>



매달 영문판에는 들어가지만 한글판에는 들어가지 않는 기사들을 보면서 아깝다 는 생각을 했습니다. 그래서 만들었습니다! 간추린 뉴스! 한글판에는 넣지 않았지 만, 영문판에 실린 기사들을 사진으로 정리하는 지면입니다.

<u>종합</u>



지난 12월 18일, 2 항공여단 4-2 항공대대 장병들이 평택의 야곱의 집 복지시설을 방문했다. 장병들은 어린이들에게 선물을 주고 같이 즐거운 시간을 가졌다. 4-2 항 공대대 아이보리 더거(CW2 Ivory J. Dugar) 준위가 장난감을 보여주고 있다. 〈사진 _ 아론 던컨(SSG Aaron P. Duncan) 하사 / 2 항공여단 공보실〉



지난 12월 22일, 1 전투여단 2-9 보병대대는 애신 아동복지센터의 아이들을 게이 트웨이 클럽 (Gateway club)에 초청했다. 2-9 보병대대는 아이들의 선물을 사기 위 해 약 5,000 달러의 기부금을 모았다. 산타옷을 입은 2-9 보병대대 어스톤 더긴스 (PFC Auston Duggins) 일병이 캔디를 나눠주고 있다.

〈사진 _ 카일 리처드슨(SSG Kyle J. Richardson) 하사 / 1 전투여단 공보실〉





2013년 1월의

간추린 뉴스

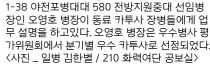
지난 1월 2일, 1-72 전차대대 C중대 장병들이 비무장지대 여행을 갔다. 이 여행에서는 공동경비구역, 제 3땅굴, 비무장지대 박물관 등을 방문했 다. 한국군 장병들이 공동경비구역 경비를 서고 있다. 〈사진 _ 카일 리처드슨(SSG Kyle J. Richardson) 하사 / 1 전투여단 공 보실〉

지난 12월 23일, 캠프 험프리 극장에서 "크리스마스 캐롤"공연이 끝난

후 배우들이 포즈를 취하고 있다. 배우들은 이미 세번의 공연을 성공적

으로 마쳤으며 모두 미군 장병과 그 가족으로 구성된 자원봉사자이다.

〈사진 _ 다니엘 캐롤(SGT Daniel Carrol) 병장 / 602 항공지원대대 공





지난 1월 2일, 캠프 호비 (Camp Hovey) 교육센 터에서 210 화력여단 장병들이 전투 인명구조 훈련을 받았다. 1-38 야전포병대대 야전의무병 크리스토퍼 라보이(SPC Christopher Laboy) 상 병이 비인두기도 삽입 시범을 보이고 있다. 〈사진_카를로스 데이비스(SSG Carlos R. Davis) 하사 / 210 화력여단 공보실>

장병 건강

°0.0°

62

인디언헤드 한글판에서는 8회에 걸쳐 카 투사 장병들의 건강에 영향을 끼칠 수 있는 요소들에 대한 기사를 연재합니다. 두번째 기사는 술에 관한 기사입니다.

서 술은 빠질 수 없는 요소이다. 이렇게 잦은 술자리를 가지지만, 과연 우리는 술 에 대해 얼마나 알고 마시고 있을까?

술은 동맥경화를 방지하는 콜레스테 롤인 고비중리포단백질을 증가시켜 심근 경색을 예방해 주며, 혈액의 응고를 방지 하고 혈류를 부드럽게 만들어 준다. 또한 식사 전의 적당한 음주는 각종 소화액 분 비를 촉진하여 위장의 소화능력을 향상 시키며 사람을 유쾌하게 하고, 우울증과 긴장감을 완화시켜 안정감을 가져다 준 다. 세계보건기구의 통계에 의하면 술을 적당히 마시는 사람들은 술을 마시지 않 는 사람들보다 심혈관 질환의 발생률이 낮으며 평균 수명이 길다고 한다.

어떠한 술이든 적당히 마시면 약이되 지만 과도하게 마시면 치명적인 독이 된 다. 과음을 하게 되면 집중력 저하, 지능 감퇴를 불러일으키며 순간적으로 감정 조절 능력이나 판단력이 상실된다. 또한 연의 자세를 지키며 자신의 행동에 책임 각종 암, 고혈압, 동맥경화, 심비대증, 심 을 질 수 있을 정도만 마셔야 하겠다. 부전증, 각기병, 뇌졸중 등 치명적인 병

연말과 연초의 많은 송년회, 신년회에 의 원인이 된다. 이 외에도 알콜 중독, 성 기능 및 생식능력 감소, 불임, 자연유산, 태아 알코올 증후군 처럼 사회적인 문제 를 일으키기도 한다.

인간관계에서 술은 적당량을 마시면 자리의 분위기를 띄워주며 서로 쉽게 친 해지게 한다. 하지만 과도한 술은 절제력 을 잃게 해서 문제를 일으킨다. 군 내에 서도 음주로 인한 문제가 발생하는 경우 가 있다. 특히 휴가나 외박을 나가서 과 음을 한 후 군인 본연의 자세를 지키지 못하는 경우가 많다.

군인은 부대 밖에서 술을 마시더라도 자신을 절제할 수 있을 정도로 마시고 시 민들과 시비가 붙어서는 안되며 군복을 입고 술을 마시는 것, 새벽까지 마셔서 통금 시간을 어기는 것, 술을 마시고 이 성을 추행이나 희롱하는 것은 절대로 해 서는 안될 일이다. 술을 마실 때에는 규 정을 지키는 선에서 마시고, 항상 군 본

<기사 _ 일병 이지환 / 미 2사단 공보실>



<u> 한미교류</u>



하기 위해 자원했다.



청결한 방 내에 감돌던 평화로운 분위기는 문이 쾅 열리고 침대 위에 누운 부상자가 들어 오면서 깨졌다.

지시하고 필요한 응급 도구와 장비를 요청했 다. 간호사들은 의사를 도와 바삐 움직였다. 이러한 북새통 속에서, 몇몇 미군과 카투사 의 무병들이 한국 의사들과 함께 실제상황 훈련 을 받았다.

지난 달, 미 2사단 1전투여단 302 여단 지 원대대 C중대 소속 "쿠거 (Couger)" 의무병 들은 의정부 성모병원 의료진과 함께 시험적 인 협동 프로그램에 참가했다. C 중대 지휘부는 소속 의무병들이 교실 밖 에서 실제상황 훈련을 받을 수 있는 프로그램 을 시작했다. 성모병원 원장과의 상의 후, 응

급실에 프라이드 프로그램 (PRIDE: Progressive, Rotational Integrated, Developmental and Educational program) 이 마련 되었다

302 여단지원대대 대대장 아담 가메즈 (LTC Adam Gamez) 중령은 "병원에 처음 방 문했을 때, 이 프로그램이 원활히 진행되고 성 모병원 측이 선뜻 받아들일 줄은 꿈에도 몰랐 다"고 말하고 "병사들이 부대 안에서 발생하 는 모든 의료상황에 대처 할 수 없음을 아는 것이 매우 중요하다. 우리는 심각한 의료상황 시 우리를 지원해주는 병원과 캠프 케이시 (Casey) 및 호비 (Hovey) 사이의 가교역할을 하는 것이다"고 덧붙였다. 한국 내 부대의 의무병중 대부분은 실제 병원이나 치료시설에서

일할 기회가 없다. 성모병원과의 협약으로 의무병들은 심각한 외상환 자를 경험할 수 있게 되었다. C중대 의무병 이종호 상병은 "이 프로그램이 시작되기 전에는 주

호프만 일병은 계속해서 "병원에 있을 때, 최선을 다했음에도 환자 간 교육시간이나 부대 의료시설에서 교육을 받았었다"고 말하고 "하 한 명이 부상으로 사망했다"고 말하고 "그가 죽고나서 울었다. 상당 지만 어떠한 경험도 성모병원에서 한 것만큼 유익하지는 않았다. 의 히 힘들었고 강의실에서는 배울 수 없는 경험이었다"고 덧붙였다. 사들이 맹장 수술에서 보조를 하게 해 준 것에 매우 놀랐다. 내가 다 프로그램에 참가한 네 명은 실제 상황에 신속히 적응했고 필요시 시 수술에 참가할 기회를 얻기는 어려울 것이다"고 덧붙였다. 에 서로의 도움을 받았다. 아직 초창기인 프라이드 프로그램은 11월 마지막 주부터 시작되

었으며 병사 4명이 외상치료전문센터와 응급실에서 각각 2주씩 일하 는 것이다. 가메즈 중령은 앞으로 미 2사단 소속 의무병들이 더 많이 참가하기를 바라고 있다.

실제 상황 훈련과 함께, 프라이드 프로그램에 참가한 병사들은 의 료의 매우 중요한 부분임에도 종종 잊혀지는 감정과 비통함을 경험

지난 12월 26일 있었던 제 2회 미 2사단 연탄 나눔 행사에서 1 전투여단과 210 화력여단 소속 장병들이 손에서 손으로 연탄을 넘겨주고 있다. 60명 이상 의 미군, 카투사 장병들과 그 가족들이 소요산 지역의 주민들에게 연탄을 전달

연탄재 함부로 발로 차지 마라

서양에는 한 해 동안 착한일을 제대로 하지 못 한 사람에게 크리스마스에 숯덩어리를 선물했다 는 옛이야기가 있다. 하지만 한국의 몇몇 가족들 은 추운 겨울날 연탄 배달을 위해 마을에 온 장병 들을 반갑게 맞이 했다.

장갑을 뚫고 얼굴을 베는 서릿발 같은 바람이 불었던 지난 12월 26일, 제 2회 미 2사단 연탄 나 눔 행사가 열렸다. 1 전투여단의 미군과 카투사 장병들, 그들의 가족들은 약 10,000 장의 연탄과 함께 소요산 지역의 가족들을 방문했다.

자원봉사자들이 한 장에 3파운드 (pound) 정 도의 연탄을 트럭에서 내릴 때, 마을 주민들은 따 뜻한 겨울을 생각하며 거리에서 미소로 병사들을 반겼다.

1 전투여단 민사처의 호아킨 주카반(1LT Joaquin Jucaban) 중위는 "크리스마스 분위기가 물씬 납니다"고 말하고 "이렇게 추운 겨울날 도움 이 필요한 이웃들을 도울 수 있는 기회가 주어져 서 정말 좋습니다"고 덧붙였다.

대부분의 한국 가정들은 난방을 위해 가스나 기름을 사용하지만 오래된 집에서 생활하는 저소 득층 가정은 하루 3장 정도의 연탄을 사용한다. 이번 행사에서는 동두천 자원봉사 센터가 선정한 40 가족 이상이 연탄을 받았다.

작년의 행사에서 자원봉사자들은 약 400만원 어치의 연탄을 지역 주민들에게 나누어 주었다. 주카반 중위에 따르면, 올해의 행사에는 2개 여

단이 연탄을 구매하기 위해 500만원 이상을 기부 했다

1전투여단 주임원사인 칼 애쉬미드(CSM Carl Ashmead) 원사는 "약 60 명의 장병들이 이렇게 추운 아침에 연탄을 배달하기 위해 자원했다는 것 에 안심이 된다"고 말하고 "어디로 배치되든 장병 들은 주변 지역과 관계를 맺는다. 가끔 민간인들 이 군인도 사람이란 것을 잊기는 하지만 장병들도 사람이며, 보답하는 것은 인간의 자연스러운 행동 이다"고 덧붙였다.

따뜻한 코코아를 돌리는 연말 분위기 속에서, 장병들은 각자 기부와 자원봉사에 참가한 이유를 말했다.

1전투여단 23 화학대대 화학병 아니사 라이스 이병(PVT Anisa Rice)은 "얼굴, 손가락, 발가락 이 시리지만 여기 있어서 정말 행복하다"고 말하 고 "추위 속에서도 다른 중대원들과 전우들이 함 께 있어서 괜찮다. 만약 어머니가 지금의 나를 보 실 수 있다면 무척 자랑스러워 하실 것이다"고 덧 붙였다.

마지막 연탄이 배달되었고 병사들은 검댕 문 은 얼굴로 돌아갔다. 연말에 연탄 선물을 받은 시 민들은 추운 겨울날 따뜻한 온기를 즐기며 미소지 을 것이다.

> <기사 및 사진 _ 카일 리처드슨(SSG Kyle J. Richardson) 하사 / 1 전투여단 공보실 번역 _ 병장 임형섭 / 미 2사단 공보실>



성모병원의 의사들은 재빨리 응급 처치를



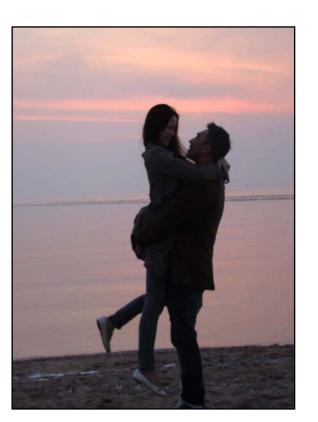
할 수 있다

C 중대 의무병 제시카 호프만(PFC Jessica Hoffman) 일병은 "이 번이 내가 처음 겪은 실제 의료 상황이었다"고 말하고 "피와 외상 그 리고 (외상으로 인한) 신체 기형을 처음 경험했다. 이 프로그램은 새 로운 경험을 쌓고 정신적 어려움을 극복하는데 도움이 되었다"고 덧 붙였다.

교육이 끝날 즈음, 의무병들은 의료 과정에 대해 많은 배움을 얻었 다. 첫 번째 프라이드 프로그램이 끝난 뒤, 많은 상황을 경험한 병사 들은 다른 의무병들에게 전파할 소중한 배움을 갖고 소속 부대로 복 귀했다.

> <기사 및 사진 _ 카일 리처드슨(SSG Kyle J. Richardson) 하사 / 1 전투여단 공보실 번역 _ 김현석 공보관 / 미 2사단 공보실>

프라이드 프로그램 (PRIDE program)의 첫 번째 기수인 302 여단지원대대 C중대 소속 병사 들이 교육 중 성모병원에서 수술 중인 의사와 간호사를 지원하고 있다. 병사들은 실제상황 경험을 얻고 사례 분석에 참가하는 등의 4주 순환 교육에 참가했다.



인디언헤드는 사랑을 싣고

이번 호의 주인공은 4-7 기갑대대 본부중대 선임병장 김훈기 병장과 여자친구 이샘 양입니다. <인디언헤드는 사랑을 싣고>는 여러분의 참여로 이루 어집니다. 게재를 바라시는 분은

미 2사단 공보실 한철환 상병 chol.h.han.fm@mail.mil 또는 732-9518로 연락주시기 바랍니다.

오빠님에게♡

우리가 처음 만났을 때 오빠가 상병 중반이었는데 어느덧 병 장님이 되어 말년휴가를 나와있네요.

단 한번도 내가 군인을 사귈 거라고는, 그것도 나의 첫 남자친 구가 될거라고는 생각을 못 했었는데 오빠가 너무 멋있었어요ㅎㅎ ㅎ♡ 내 인생에서 처음으로 그렇게 행복해보이는 미소를 봤고 그 런 사람이 나만 바라봐 주었어요. 그리고 전 이젠 똑소리나는 군 인 여자친구가 되어있죠:)

헷. 우리 ... 데이트 후 떨어질 때마다 너무 너무아쉬웠고, 먼저 연락을 할수도 없고...이 세상 그 어떤 커플보다 더 행복했던 우리 에게 요즘 크고 작은 시련들이 조금 있었죠? 서로서로에게 생기는 섭섭함때문에, 또 우리를 둘러싼 상황들이 만든 부스러기들이 말 썽을 부렸잖아요. 난 근데 그게 참 속상해요. 오빠와 내가 서로를 아름답게 바라보지 않고 있고, 입에서 정제되지 않는 말들이 나간 다는게 난 너무 분해..

물론 사귀어가면서 문제가 안 생길 수는 없겠지만 서로 사랑하 니까 우리 더 아끼고 노력해요. 사랑하는사이가 지속되려면 아주 많은 노력이 필요한 것 같아요. 오빠는 요즘 많이 노력하는거 알고 있어요~그래서 마니마니 고마워요♥ 나두 많이 노력할께.

부족한 저와 부족한오빠가 노력해서 서로의 단점을 보완해주 어 우리 완벽한 커플이 되도록해요:) 우리에겐 하나님이 계시니까. 오빠와 제가 처음 만날 때 주님의 인도하심을 강하게 느꼈듯이 우 리가 지금보다 더 주님을 사랑한다면 더욱 든든히 우릴 붙들어 주 실꺼야. 앞으로 더 힘들고 어려운 일들이 우리를 가로 막겠지만 우 리의 관계도 온전히 주님께 다 맡겨요.

저번에 내가 이런 말 했었죠? 우리가 정해진 짝이라면 주님께 서 이어주실꺼고, 아니면 떨어뜨리실 꺼라고. 맞는말이긴 하겠지 만 가슴아픈 말이기도해요. 난 전자이길 간절히 소망해요. 여보도 그렇게 믿고 있다고 생각해요.

나처럼 애기 같구 제멋대로인 철부지랑 사귀느라 얼마나 고생 이얌ㅠ. 그런 나한테 늘 웃어줘서 고마워요. 나한테 웃어주는것 처 럼 주위사람들한테 웃어주세요:) 난 내 남자친구가 어딜가나 환 영받고 사랑받았으면 좋겠어요~ 이렇게나 멋진사람인걸 아니까 요...☆ 사랑해요. 아무것도 아닌 날 아껴주고 분에 넘치는 사랑을 받게해줘서 고마워요.

축복해요 오빠님♥

<u>종합</u>

샘아 안녕 ㅋㅋ

내가 널 처음 만났을때가 갓 상병을 달 았을 때인데 벌써 전역이 다가오고 있다니 믿기지가 않는구나 ㅋㅋ

처음에 내가 고백했을때부터 군인을 남자친구로 받아주기가 쉽지 않았을 텐더 그때부터 지금까지 언제나 변함없이 한결 같은 내 여자친구로 있어줘서 정말 고마워

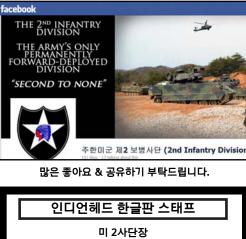
내가 군인 신분이어서 늘 부대에 복귀 하고 나면 언제 무슨 일이 생길지 모르는 상황에서 나한테 연락을 할수도 없고 내 가 연락하기 힘든 때도 많아서 정말 답답 했을텐데 항상 샘이는 그런 나를 다 이해 해주고 배려해주는 천사같은 모습으로 내 곁에 있어줬어. 또 언제나 내가 힘들고 지 칠때면 샘이도 학교 공부하느라 정말 힘들 텐데 나한테 격려를 아끼지 않았어.

늘 편지도 써주며 따뜻한 마음으로 내 게 힘을 주어서 정말 고마워~ 반면에 나 는... 내가 많이 바쁘고 힘들다고 별것도 아 닌것 가지고 짜증내고 화도 내고 안좋은 모습도 많이 보여줬던것 같아서 정말 미안 한게 많다. 하지만 언제나 잘 하려고 노력 하고 샘이를 정말 행복하게 해 주는 좋은 남자친구로 남도록 계속해서 노력할게!

정말 내 평생에 샘이같은 사람을 또 민 날수 있을까 싶어 ㅋㅋ 이제 3월에 전역히 고나면 한달 있다가 나는 다시 미국으로 공부를 하러 떠나야 하지만 우리 남은 시 간에 많은 추억 만들고 내가 미국가서도 서로 아껴주고 배려하는 변함없는 커플이 되자 ㅋㅋ무엇보다 우리는 하나님이 서로 를 서로에게 보여주셨으니까! 할수 있어! ㅋㅋ 마니마니 사랑해<3

못난오빠가





한국군지원단 지역대장 공보참모 중럲 크로카 공보행정관 공보관 편집장 는 상병 _인 기자 병장 임형섭 일병 이지횐 사진 전문가 삽화가 상병 심한준 일병 서성우 글꼴 배포처 아리따체 : AMOREPACIFIC 함초롱체 : 한글과컴퓨터 인디언헤드 한글판은 미 2사단 카투사들을 위해 공보실에서 발행하는 미 국방성 공인신문입니다. 신문 내용은 미 육군의 의견과 다를 수 있습니다. 인디언헤드지는 일성 인쇄소에서 월간지로 발행됩니다. 취재 요청은 732-9518으로 전화 바랍니다.

<u>종합</u>



4-7 기갑대대 A중대 수색 1소대 정찰병 병장 정환수

저는 어릴적부터 지성과 미모를 갖춘 여성을 꿈 꿔왔습니다. 그러한 측면에서 저의 이상형인 김태 희와 사귀고 싶습니다. 서울대 출신으로 이미 연예 계 최고 브레인인 것은 증명되었고, 미모는 모두 다 알듯이 대한민국 최고입니다. 또한, 키는 작지만 들어갈 데는 들어가고 나올 데는 나온 볼륨감 있는 몸매입니다. 비록 최근 정지훈 상병과의 열애설이 나왔지만 그렇다고 제가 사귀지 못할 이유는 없다 고 봅니다. 왜냐하면 저는 전역이 얼마 남지 않은 병장이고 2월에는 민간인이 되기 때문입니다. 명 실상부한 대한민국 최고 미녀배우 김태희는 저의 로망이자 고단한 군생활을 견딜수 있게 해준 원동 력이었습니다. 곧 드라마로 복귀한다고 하는데 무 척 기대되고 설레어 견딜수가 없습니다.



상병 장민석 4-7 기갑대대 D중대 선임병장

인디언헤드가 만난 사람들 "가장 사귀고 싶은 여배우는?"



4-7 기갑대대 C중대 수색 2소대 정찰병 이병 이수민

저는 2달 전 종영한 '세상 어디에도 없는 착한 남자'에서 서은기 역할을 맡았었던 배우 문채원과 연애를 해보고 싶습니다. 우선 얼굴이 제가 선호하 는 강아지상에 가깝기 때문입니다. 섹시하다기보 다는 귀엽고 청순한 느낌이 마음에 듭니다. 또, 그 냥 있을때보다 울거나 웃을 때 더 예뻐서 좋습니 다. 특히 애교 부릴 때 목소리도 정말 매력적입니 다. 약간 낮은 듯한 목소리를 듣고 있으면, 저도 모 르게 푹 빠질 것 같습니다. 마지막으로, 연기 하나 하나에 충실한 모습이 정말 멋집니다. 감정표현에 도 능숙할 것 같아 연애하면서 굉장히 활발하고 증 겁게 지낼 수 잇을 것으로 생각합니다. 이러한 이유 들로, 저는 배우 문채원과 연애하고 싶습니다.



4-7 기갑대대 D중대 본부소대 중대 인 사과 일병 김다윗

대한민국 여배우라고 한다면 두말없이 태희 누 나입니다. 누나의 이상형이 자상하고 편안하며 유 머가 많은 남자라는데 그건 저의 주특기입니다. 그 리고 저와는 같은 원숭이 띠로서 공감대를 형성하 기 쉬울 것입니다. 게다가 같은 경상도 출신이고, 학교 선후배 사이이기 때문에 무엇보다 깊은 유대 감을 쌓아갈 수 있습니다. 심지어 좋아하는 음식이 회와 각종 해산물이라는 점에서 저와 너무나도 똑 같아 데이트 도중 다툴 일이 전혀 없습니다. 다만 최근 또 다른 군인인 비(정지훈)와의 열애설로 통 탄의 눈물을 흘렸지만, 사랑은 변하는 것이기에 기 다려보려고 합니다.



4-7 기갑대대 본부중대 군종소대 군종행정병 상병 박훈

제 여자친구가 이 글을 보면 저는 혼나겠지만.. 습니다 ^^

만약 사귀고 싶은 여배우가 있다면 박보영입니다. 제가 원래부터 귀염상을 좋아해서, 참하고 절대 바람 필 것 같지 않은 그런 귀엽고 순수한 매력이 있는 박보영이 딱 제 스타일입니다. 영화 '과속 스 캔들'때부터 쭉 좋아했었는데 기타칠때도 귀엽고, 노래할때도 귀엽고, 그리고 무엇보다 눈웃음이 가 장 마음에 드는 부분입니다. 박보영이 웃을때 눈 이 아래로 처지는데, 그게 약간 아기팬더 같기도 하고 너무 순수하고 귀엽다고 생각합니다. 예전엔 아기같은 매력이 있었다고 하면, 요즘은 약간의 성 숙미도 더해가면서 미의 완성도가 높아져가고 있

인- 자기소개를 부탁합니다.

박- 늦었지만 새해복 많이 받으십시오! 안녕하십니까. 저는 4-7 기갑대대 디이중대 선임병장을 맡고 있는 11-07기 상병 장민석입니다. 벌써 전역의 해가 밝았다는게 신기할 뿐 입니다. 저는 선임병장이 되기전 작년 10월달까지 공구 🐖 보급병으로서 PLL소대에서 근무하였습니다.

인- 부대소개를 부탁합니다.

장- 4-7 기갑대대는 우리나라의 유일무이한 정찰수색대 대입니다. 그 중 디이중대는 302 지원대대에서 4-7 기갑대대로 지원나온 중대로 차량과 발전기의 정 비 및 관리를 주된 업무로 맡고 있습니다. 그 밖 에 식량조달, 기름보충 등을 맡고 있습니다.

인- 가장 기억에 남는 일은?

장- 거너리 훈련동안 매일 같은 백업파일을 만들기가 귀찮았습니다. 하루는 빨리 퇴근하 기 위해 전날 백업한 파일을 그대로 파일이름 만 바꿔 오늘 한 것처럼 만들었는데, 소대담당자 에게 걸려 그날 새벽내내 정각 때마다 백업파일 만들기 위해 사무실에서 밤을 지새웠던 날이 가장 기억에 남습니다.

인- 가장 기억에 남는 미군은? 장- 아프가니스탄에 파병되었다가 4-7 기갑대대로 전입한 미군이 있습니다. 그 시절, 탈레반 300명과 미군 40명이 교전이 붙었다고하는데 재보급없이 3 박 4일 동안 먹지도, 쉬지도 못하고, 지속된 교전속 에서 미군 8명이 사망했지만, 탈레반 200명을 사살 했다고 합니다.

인- 입대한 뒤 지금까지 가장 허무했던 하루는? 장- PLL 소대는 매달 16일마다 상급부대에 AMSS라 는 자료를 전송합니다. 16일이 휴일일 경우에도 저희 는 잠시 복귀해야 합니다. 어떤 날에는 16일이 휴일 정 소대에서 일하는 동료들이 부대에 왔다 돌아갑니다. 아 쉬운 점은 AMSS를 전송하는데 불과 몇분이 걸리, 지 않고 또 한사람만 있어도 되는데 모든 사람들 을 불러들여서, 다시 외박나갈때 허무함을 느낍 니다.

장- 부대 밖으로 나가서 먹기보단 외부음식점에 배달을 시키는 편입니다. 그중에서도 호식이두마리치킨을 많이 시켜먹는 편입 니다. 본래 닭을 좋아하기도 하며, 지행역근처에 있는지라 배달 도 빠르고, 닭 한마리 가격에 두마리를 먹을수 있어서 많이 애용 하는 편입니다.

인- 하루동안 대대 주임원사가 될 수 있다면 무엇을 할것인가? 장- 평소에 카투사와 의견충돌이 있던 미군 장병들에게 다양한 방법으로 집중 순화 교육을 시켜 보다 바람직한 카투사-미군 관 계를 만들도록 노력할 것입니다. 역시 군대는 계급 사회이 기 때문에 카투사 선임병장이 하는 말보다는 대대 주 임원사의 말이 잘 먹힐것 같습니다.

🄊 인- 만약 전역한 뒤 재입대 해야한다면?

장- 재입대 해야한다면, 일단 국가에 소송을 걸 어 제가 재입대 해야하는 합당한 사유부터 묻 겠습니다. 그래도 만약 가야 한다면 그냥 어쩔 수 없이 조용히 갔다오겠습니다. 다만 새로운 대대에서 새로운 보직으로 새로운 군생활의 경험 을 해보고 싶습니다. 갑자기 가수 박재상씨가 진정 영웅으로 생각됩니다.

'인- 전역 후 계획은?

장- 원래 군 생활동안 일과시간 후에 공부를 하여 대학편입 을 하려고 했으나, 일과시간 이후에 혼자 공부하는 것만으로 는 한계가 있다고 느껴서 전역 후 학원을 다니면서 다시 한번 준비해보고 싶습니다. 또한 군 생활동안 동기부여받은 영어 회화를 꾸준히 해서 실력을 많이 늘리고 싶습니다.

인- 전역 후 꼭 한번 보고싶은 부대원은?

항- 부대로 같이 온 동기들을 다시 만나고 싶습니다. 사실 자 대전입 후 아무 것도 모르는 신병시절에는 동기끼리 뭉쳐야 힘이 된다는데, 전입 후 불과 몇 안되는 동기들끼리 외식도 못했기 때문에 11-07기 4-7 기갑 동기들에게 미안합니다.

인- 부대원들에게 하고싶은 말은?

장- 이 인디언헤드를 볼 때 쯤에는 우리가 같이 지낼 시간이 2달 남짓 남게 될텐데. 지금까지 모두들 잘해오셨기에 큰 걱정 없습니다. 남은기간까지 서로의 위치에서 별탈없이 잘 지냈으면 좋겠습니다. 전역후엔 종종 연락하며 지내고 모두 무사 전역했 으면 좋겠습니다.

GARRY OWEN!

