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Online Resources for FRG Leaders



If you have any additional web sites or suggestions for changes, please contact:

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Hello to Everyone Reading This!

My name is Nicole Campbell and I am an FRG Leader for a company that drills out of Goldsboro, North Carolina. When I began working as an FRG Leader, I felt completely overwhelmed—our FRG did not start until after our soldiers had deployed for Iraq, so I felt like I was continually playing catch-up. Like all other FRG leaders, I was given a huge pile of paper, each one an advertisement for one website or another—after one week, I had a filing box full of resources. But in trying to put together newsletters and making references for Families, I realized that my filing box was not a very efficient way to organize information. Thus, this manual was created.

You might be confused by why some categories are included in this manual (i.e. Navy & Marines, Air Force, etc.) This was done on purpose—I know that in my particular company, several of our Soldiers have served full-time in other branches of the military before joining the National Guard. Just because they are Guard members does not mean that they are not eligible for help from the other branches of the military they served in. Also, there are resources for individual states included. While they might not directly apply to you and your state, they are helpful in looking at what other states are doing to support Soldiers and their Families. In addition, with the way Soldiers are assigned to companies, many states can be represented in one unit. During deployments, you may have Family members in a number of states—in our case, we had Families in 12 states!

There are also small explanations, from the sites themselves, which explain what the organization does. This is definitely a personal preference of mine—I like to know if the link is something useful for me before going to the site and trying to figure out what exactly it is. I also did not include for-profit sites. While there are some great businesses offering quality products for Soldiers and their Families, I cannot personally vouch for any businesses and don't want to be responsible for referring anyone to an unscrupulous site.

Finally, you will notice that not all the states or websites are represented in this manual. This is definitely an ongoing project—every two or three months I go through and edit the sites. Some are no longer online—and I don't know about you, but nothing frustrates me more than clicking on a link, and then finding out that the site does not exist. I also try to include any new sites that have been referred to me by other readers. If you have any suggestions to make this better, please let me know at ncampbell07@gmail.com.

Thank you so much for your patience and attention—and I hope you find this a useful tool in your work! Thanks for all you do to help your Soldiers and Families!

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ADVOCACY

<p>Air Force Sergeants Association http://www.hqafsa.org//AM/Template.cfm?Section=Home&WebsiteKey=8815481d-5ce2-4ac2-936c-900561f28a2b</p>	<p>AFSA is the only Air Force enlisted organization dedicated to the people behind the stripes. We are all enlisted grades of Air Force Active Duty, Air National Guard, and Air Force Reserve Command, retired, veteran and family members. The AFSA mission at headquarters level is to advocate improved quality of life and economic fairness that will support the well-being of Air Force enlisted members and their families.</p>
<p>Army Navy Club http://www.armynavyclub.org/Default.aspx?P=DynamicModule&PageId=222134&ssid=68062&vnf=1</p>	<p>The organization seeks to foster professional development and association of its members, to preserve United States military history, to encourage and stimulate the appreciation of national security, and to perpetuate the values of service to nation and personal self-sacrifice for the United States.</p>
<p>Center for Military Readiness http://www.cmrlink.org/</p>	<p>The Center for Military Readiness is an educational organization formed to take a leadership role in promoting sound military personnel policies in the armed forces. CMR is a unique alliance of civilian, active duty and retired military people in all 50 states, and is the only organization that concentrates on military personnel issues full-time.</p>
<p>Commissioned Officers Association of the U.S. Public Health Service http://www.coausphs.org/</p>	<p>Welcome to the website of the Commissioned Officers Association of the U.S. Public Health Service. COA is dedicated to improving and protecting the public health of the United States by addressing unmet health needs and providing support for more than 7,000 members.</p>
<p>The Military Coalition http://www.themilitarycoalition.org/</p>	<p>The Military Coalition is a group of 34 military, veterans and uniformed services organizations in joint pursuit of the following goals: Maintaining a strong national defense provided by recruiting and retaining skilled and highly capable personnel in the seven uniformed services; Maintaining uniformed services compensation and benefits at levels sufficient to attract and retain professional uniformed service members for careers of service to the Nation; Representing the interests of the entire uniformed services community and responding to assaults upon the compensation and benefits earned by members of that community through years of dedicated service; and Educating the public on the extraordinary demands and sacrifices associated with a career in uniformed service.</p>
<p>Military Officers Association of America http://www.moaa.org/</p>	<p>MOAA is the nation's largest and most influential association of military officers. MOAA has an office on the Pentagon Concourse within the Pentagon Federal Credit Union. Experts are available to counsel officers stationed in the Pentagon - or passing through - on career transition and military benefits issues.</p>

National Association for Uniformed Services http://www.naus.org/	Founded in 1968 to protect and enhance the earned benefits of uniformed servicemembers, retirees, veterans, and their families and survivors, while maintaining a strong defense, and to foster esprit de corps among uniformed services personnel and veterans of the United States, through nonpartisan advocacy on Capitol Hill and with other government officials, NAUS is the Servicemember's Voice in Government.
Naval Reserve Association http://www.ausn.org/	The Naval Reserve Association aspires to be the premier professional organization for Naval Reserve Officers, committed to supporting a strong Navy and National Defense, while providing outstanding service to its members and to be the most effective advocate for all Naval Reservists and the Naval Reserve as vital components of the Navy and the nation's defense.
Non Commissioned Officers Association http://www.ncoausa.org/	NCOA is a vital fraternal, benevolent organization and acts as a conduit between the military and civilian communities in local areas and promotes positive community relations. The Association is proud of its efforts in three primary areas: Legislative Representation; Social and Fraternal Programs; and Member Benefits in the area of specialized services and discount programs.
Reserve Officers Association http://www.roa.org/site/PageServer	The men and women who serve our Nation in the cause of freedom need and deserve a voice in creating government policy. ROA provides that voice. Respected, vigorous, effective—ROA has a long list of policy accomplishments, and an ambitious long-range program for the coming decade and beyond.

AIR FORCE

Air Force Aid Society http://www.afas.org/	The Air Force Aid Society (AFAS) is the official charity of the U.S. Air Force. It promotes the Air Force mission by helping "to relieve distress of Air Force members and their families and assisting them to finance their education".
Air Force Association http://www.afa.org/	The Air Force Association (AFA) is an independent, nonprofit, civilian education organization promoting public understanding of aerospace power and the pivotal role it plays in the security of the nation. AFA publishes Air Force Magazine, conducts national symposia and disseminates information through outreach programs. It sponsors professional development seminars and recognizes excellence in the education and aerospace fields through national awards programs.
Air Force Crossroads http://www.afcrossroads.com/	The official community website of the United States Air Force.
Air Force Medical Service http://www.sg.af.mil/	The Air Force Medical Service (AFMS) works in close coordination with the Assistant Secretary of Defense for

	Health Affairs, the major air command surgeons, the Departments of the Army, Navy and other government agencies to deliver medical service for more than 2.63 million eligible beneficiaries. Beneficiaries include active duty, family members and retirees, during both peacetime and wartime. The AFMS provides seamless health service support to the USAF and combatant commanders.
Air Force Sergeants Association http://www.hqafsa.org//AM/Template.cfm?Section=Home&WebsiteKey=8815481d-5ce2-4ac2-936c-900561f28a2b	AFSA is the only Air Force enlisted organization dedicated to the people behind the stripes. We are all enlisted grades of Air Force Active Duty, Air National Guard, and Air Force Reserve Command, retired, veteran and family members. The AFSA mission at headquarters level is to advocate improved quality of life and economic fairness that will support the well-being of Air Force enlisted members and their families.
Army and Air Force Mutual Aid Association http://www.aafmaa.com/	For over a century, AAFMAA has protected service members and their families. With coverage up to \$800,000 and over \$908 million in assets, we stand ready to protect your financial needs. AAFMAA remains committed to providing the absolute lowest cost life insurance policies to Army and Air Force personnel.
Society of Air Force Nurses http://www.safn.org/	The Society of Air Force Nurses is committed to provide a network for social, informational, and community outreach activities for former and current Air Force Nurses.
United States Air Force http://www.af.mil/	The Official Website of the United States Air Force.

ARMY

Army and Air Force Exchange Services http://www.aafes.com/	It is the dual enduring mission of AAFES to provide quality merchandise and services to its customers at competitively low prices and to generate earnings which provide a dividend to support morale, welfare and recreation programs.
Army and Air Force Mutual Aid Association http://www.aafmaa.com/	For over a century, AAFMAA has protected service members and their families. With coverage up to \$800,000 and over \$908 million in assets, we stand ready to protect your financial needs. AAFMAA remains committed to providing the absolute lowest cost life insurance policies to Army and Air Force personnel
Army Behavioral Health http://www.behavioralhealth.army.mil/	When our Soldiers return home, most will experience a brief readjustment period and a successful home transition. Some will need short or long-term counseling to assist in their transition. Medical assistance from the Army and the VA is available to provide treatment and see them through to a healthy outcome.
Army Career and Alumni Program http://www.acap.army.mil/	This site was created to help eligible Army wounded warriors, their family members and caregivers

	successfully transition from military service.
<p>Army Casualty and Mortuary Affairs Operation Center https://www.hrc.army.mil/site/active/tagd/CMAOC/cmaoc.htm</p>	<p>The Army Casualty and Mortuary Affairs Operation Center (CMAOC) maintains this website and its contents. Simply stated, the CMAOC mission is to assist Army families in an emotionally stressful time of bereavement. The CMAOC website serves as an information and assistance point for casualty-affected Army families and for the many dedicated professionals serving to aid surviving Army family members in their time of greatest need.</p>
<p>Army Emergency Relief http://www.aerhq.org/</p>	<p>AER's sole mission is to help soldiers and their dependents</p>
<p>Army Family Child Care Homes http://www.armyfcc.com/</p>	<p>The U.S. Army Family Child Care (FCC) Program is one child care option provided to military family members, Department of Defense civilians and Department of Defense contractors through the Army Child, Youth & School Services (CYS).</p>
<p>Army Housing One Stop https://onestop.army.mil</p>	<p>Army Housing OneStop is the official Army website for soldiers who need information about Military Family Housing (MFH), Unaccompanied Personnel Housing (UPH) and/or Community (Off-Post) Housing. It includes both comprehensive and quick-reference information for Army installations worldwide.</p>
<p>Army Long Term Family Case Management https://www.hrc.army.mil/site/Active/TAGD/CMAOC/ALTFCM/index.htm</p>	<p>Army Long Term Family Case Management (ALTFCM) provides long-term support to Families of fallen Soldiers by offering assistance with any concerns or issues, and providing information on services and programs, as well as connecting Families to various outreach organizations.</p>
<p>Army Medicine http://www.armymedicine.army.mil/</p>	<p>With the war on terrorism raging, the spotlight justifiably is on the Army's medics, evacuation units, surgical teams and field hospitals in the theater of war. Yet the Army Medical Department is also a seamless chain of care stretching back to fixed hospitals in Europe and the United States, where soldiers receive state-of-the-art care.</p>
<p>Army Nurse Corps Association http://www.e-anca.org/</p>	<p>Welcome to the Army Nurse Corps Association (ANCA) website. Originally established in 1977 as the Retired Army Nurse Corps Association, ANCA is a voluntary organization of, by, and for United States Army Nurse Corps officers. ANCA is dedicated to bringing Army nurses together in a social setting and supporting the goals of the Corps.</p>
<p>Army Reserve Child and Youth Services http://www.arfp.org/skins/cys/cys_home.aspx</p>	<p>A website for children of the Army reserve.</p>
<p>Army Substance Abuse Program http://www.detrick.army.mil/asap/</p>	<p>ASAP is responsible for providing guidance and leadership on all non-clinical alcohol and other drug policy issues; developing, establishing, administering, and evaluating non-clinical alcohol and other drug (AOD) abuse prevention, education, and training</p>

	programs; overseeing the Military, Drug Free Workplace and biochemical testing programs.
Army Times http://www.armytimes.com/	Army Times is the primary newspaper for the U.S. Army.
Army Well-Being http://www.armywell-being.org/skins/WBLO/home.aspx?AllowSSL=true	Sustaining the all-volunteer force.
Army Wife Network http://www.armywifenet.com/	Interactive empowerment for Army wives.
Association of the United States Army http://www.ausa.org/programs/familyprograms/Pages/default.aspx	AUSA's Family Programs Directorate is dedicated to provided army families with information and resources to help them manage the challenges of military life and to address Army family concerns through AUSA's legislative efforts and by being active on a number of Department of Defense and Department of the Army councils and working groups.
Freedom Team Salute http://www.freedomteamsalute.com/	Through a simple process, Freedom Team Salute allows all Soldiers to recognize their Parents, Spouse and Employer (of Guard and Reserve Soldiers) with a Commendation thanking them for the value they bring to the Army family. The program also allows anyone to recognize a U.S. Army Veteran for his or her service to the nation. Additionally, anyone can recognize an Army Supporter who has significantly contributed to supporting U.S. Army Soldiers and the Army's Mission.
Gifts to Army http://giftstoarmy.army.mil	This Web site is not intended to solicit contributions but to provide the American public with information on methods by which citizens, organizations, and corporations can contribute cash or goods and services to benefit Soldiers and their Families.
Guide for Families of Fallen Soldiers https://www.hrc.army.mil/site/Active/TAGD/CMAOC/SurvivorsGuide/intro.html	This Guide is intended for the sole use of the primary next of kin (PNOK) of Soldiers who die while on active duty. It provides an overview of the rights, benefits, privileges, and entitlements that may be available as well as the process involved in exercising them. Not all PNOKs are eligible for all the benefits discussed in this document.
Hooah4Health http://hooah4health.com/	HOOAH! and welcome to the U.S. Army health promotion and wellness web site. Unlike other health-related web sites, this one is specifically targeted for the Reserve Components. Hooah 4 Health is a health promotion partnership that allows individuals to assume the responsibility to explore options and take charge of their health and well being.
Married to the Army http://www.marriedtothearmy.com/	Whether you're an Army wife, Army husband, Army fiancée, Army girlfriend or Army family member, this is the place for you. We welcome your stories or questions. We will do our best to help you navigate the Army lifestyle.

<p>New Parent Support Program http://www.fortbraggmwr.com/npsp.php</p>	<p>The New Parent Support Program (NPSP) is a program offered to Army families to enhance parent and infant attachment, increase knowledge of child development, and provide connections to the support services that allow parents to become nurturing and capable caregivers. The NPSP staff consists of licensed social workers and registered nurses who provide in-home parenting education, support, and resource linkage. Army families that are pregnant or with children through the age of three years are eligible for NPSP services.</p>
<p>Proud Army Moms http://www.proudarmymoms.org</p>	<p>We understand the difficulties faced by families when children are in the military, stateside or overseas, at any point of military service. We have lots of Army moms here and the discussions are lively, caring, and fun.</p>
<p>Strong Bonds http://www.strongbonds.org/skins/strongbond/s/display.aspx</p>	<p>Strong Bonds empowers Soldiers and their loved ones with relationship-building skills, and connects them to community health and support resources. It is a holistic, preventative program committed to the restoration and preservation of Army families, even those near crisis. The program is initiated and led by the Army Chaplains. Strong Bonds has specialized programs for single Soldiers, couples and families. Those Soldiers being deployed or redeployed can also learn special coping tactics.</p>
<p>U.S. Army Center for Health Promotion and Preventive Medicine http://chppm-www.apgea.army.mil/</p>	<p>The USACHPPM team is a linchpin of medical support to combat forces and of the military managed-care system. It provides worldwide scientific expertise and services in clinical and field preventive medicine, environmental and occupational health, health promotion and wellness, epidemiology and disease surveillance, toxicology, and related laboratory sciences. It supports readiness by keeping Soldiers fit to fight, while also promoting wellness among their families and the federal civilian workforce.</p>
<p>U.S. Army Judge Advocate General's Corps Legal Information Portal https://www.jagcnet.army.mil/legal</p>	<p>This website is a resource designed to educate and inform military members on their personal legal affairs. Information contained on this site is not legal advice.</p>
<p>U.S. Army Women's Foundation http://www.armywomensfoundation.org/</p>	<p>The Army Women's Foundation is the premier center for educational excellence, the national network for today's Army women and a dynamic advocate for telling the history of Army women. The mission of the U.S. Army Women's Foundation is to promote public interest in the Army and the women who serve in the Army. Through programs, research and scholarships, the Foundation recognizes and honors the service of Army women and supports the U.S. Army Women's Museum.</p>
<p>Virtual Family Readiness Group http://www.armyfrg.org</p>	<p>ArmyFRG is your direct connection to Command information for your unit. Register today for your unit's Virtual FRG site and get connected to all of the pertinent information and resources you need to stay informed and</p>

	connected.
Women's Army Corps Veterans' Association http://www.armywomen.org/	An organization for those who have honorably served with the Women's Army Auxiliary Corps, The Women's Army Corps, or those who have served or are serving honorably in the United States Army, the United States Army Reserve or the Army National Guard of the United States, are eligible for membership in the Women's Army Corps Veterans' Association.
Your Soldier, Your Army; A Parent's Guide http://www3.ausa.org/pdfdocs/yoursoldier.pdf	A downloadable Army publication about having a child in the military.

CARE PACKAGES/MAIL

Adopt a Soldier Ministries http://www.adoptasoldierministries.org/	Programs include: free King James Bible (upon request) to individual to Operation Wounded Soldier in Iraq; Packages to our troops overseas; Crocheted baby blankets for Widow Support Groups; Books for the troops; Basket of food for the families at home; Backpacks for children.
Adopt a Platoon http://adoptaplatoon.org/site/	AdoptaPlatoon strives to provide a better deployment quality of life by providing cards, letters and care packages to lift the morale of Troops as they serve far from home and assist military families. AdoptaPlatoon provides on-going mail support, creates projects that meet the need of military requests, and establishes special projects for holidays to assist deployed Troops representing all branches of the U.S. military serving our Nation around the world.
America Stand Up http://www.americastandup.com/	America Stand Up provides this web site as a guide and collection of resources to support our troops and our President in the world's fight against terrorism. There are many ways to support our troops and their families -- depending on time and resources, you can send a postcard to a service member, find out where and how to make a public statement of support at a rally, or adopt a military unit as a long-standing support effort.
America Supporting Americans http://www.asa-usa.org/site/PageServer	By coordinating with both civic and community groups, ASA facilitates "adoptions" between towns, cities, or counties and individual military units throughout the country. We work with all branches of the armed forces, including the National Guard, establishing adoptions between communities and units already interested in forming a partnership and between communities and units that have no previous connection with each other.
Angels 'n Camouflage http://www.angelsncamouflage.org/	Since its inception in 2002, Angels 'n Camouflage, Inc. has helped thousands of veterans and troops through 'Mail Call', and emergency assistance for those veterans homeless or injured from combat.
Any Soldier.com http://anysoldier.com/	You select one or more Soldiers from the <u>Where to Send</u> page. You will notice the Soldier's address includes the

	line, "ATTN: Any Soldier®". The Soldiers are volunteers for this effort, they will see the "Attn" line, and will put your letters and packages into the hands of Soldiers who don't get much or any mail.
Boatsie's Boxes http://www.boatsie.com/	Boatsie's Boxes is a charitable organization dedicated to supporting our troops when they are far from home. Our boxes are going to several hospitals, groups of young troops (deployed for the first time) and thanks to our very dedicated United States Airmen, Marines, Soldiers & Sailors, items are now reaching the Forward Lines of operation all over Iraq and Afghanistan.
Cypress Cares http://www.cypress-cares.org/	Cypress Cares is a group of about 100 Houston-area volunteers dedicated to providing community support for the troops who protect our freedoms, through care packages and letters of encouragement from those of us who are proud to be Americans.
The Desert Angel http://thedesertangel.org/	We collect, pack, and mail needed items to our Troops. Always including words of encouragement and hope. Adding extra items to pass out the native people of the countries that our Troops are stationed in. Throwing in some fun stuff or school supplies to give to the children. In other words we show our Troops they are not forgotten in deeds, not just words. Changing our world, one box at a time.... Making a difference!
eCarePackage http://www.ecarepackage.org/	eCarePackage was created as a quick and easy way for you to show our service men, women and their families that you appreciate their efforts.
Email Our Military http://www.emailourmilitary.com/	Our troops deserve our respect, encouragement, support and admiration for their tireless dedication to keeping us safe and secure. As they are separated from their loved ones at home, your participation through email Our Military gives our troops the support they need and deserve
The Freedom Fund http://www.thefreedomfund.org/	Won't you show your love and appreciation, which is especially needed now, by either sending letters which I will forward or giving a Donation to the Freedom Fund? Additionally you may send me names of soldiers that are deployed and in need of help.
Freeport Flag Ladies http://www.freeportflagladies.com/	As the Freeport Flag Ladies we make the long drive to Bangor to join the Maine Troop Greeters at Bangor International Airport and to Pease International in New Hampshire to meet the troop flights whenever possible. Packages are mailed out almost every week and wherever we go we are always on the lookout for a gift that might bring a smile to the face of a soldier. In addition to the packages, cards and letters go out. Special packages are sent out to the Combat Support Hospitals.
Give 2 the Troops http://www.give2thetroops.org/	Since December 2002, we've supported approximately one million deployed U.S. troops with loving care

	packages and letters from all over the nation.
Hearts Across the Miles http://www.heartsacrossthemiles.org/	Hearts Across The Miles' goal is to make sure no Service Member goes to mail call only to feel forgotten. Please help us support our troops, so they never feel lonely and disheartened.
Help Support Our Troops http://www.freewebs.com/helpourtroops/	A website with tips on what and where to send care packages for the troops.
Helping Support Our Troops http://www.helpingourtroops.com/	Our Troops Helping Our Troops, Inc. was founded in March 2005, by Kristen Maddox when she was a 21-year-old college student looking for a way to support the troops in Iraq and Afghanistan and any other country where they were deployed. She decided to establish her own non-profit corporation which would allow individual troops to request the items they need. She would then purchase those items and ship them directly to the soldier who made the request.
Hugs 4 Smiles http://www.hugs4smilesusa.org/index.html	When you volunteer, Hugs4SmilesUSA assigns you a deployed hero's family and/or the hero, or military personnel in need of support. You then send the hero two care packages, Packaged Hugs, each month. If the soldier's family has also been adopted, they receive one package each month. More importantly, between the Packaged Hugs, you correspond with them as well.
Let's Say Thanks http://www.letsaythanks.com/Home1280.html	This Web site gives you an opportunity to send a free printed postcard to US military personnel stationed overseas showing your support and appreciation for their service to our country.
Letters from Home http://www.lettersfromhomeprogram.org/	A program that sends letters and packages to soldiers overseas.
Military Missions http://www.militarymissionsonline.com/	Military Missions is just one of many organizations that sends care packages overseas to our deployed military.
Military Postal Service Agency http://hqdainet.army.mil/mpsa/	Our goal is to achieve postal service excellence throughout the Department of Defense by promoting the efficient, economical transportation of mail; by ensuring the effective operation of military post offices; and by providing sound management of the official mail program.
A Million Thanks http://www.amillionthanks.org/	A Million Thanks is a year-round campaign to show our appreciation to our U.S. Military Men and Women, past and present for their sacrifices, dedication, and service to our country through our letters, emails, cards, and prayers.
Montana Supporting Soldiers http://www.mtsupportingsoldiers.com/	MSS is dedicated to helping make our troops' deployments easier. In addition, we give other Americans the opportunity to show their support. MSS sends cards, letters, and care packages throughout the year to deployed troops.
Move America Forward http://www.troopathon.com/	Move America Forward (MAF) is the largest pro troops grassroots organization in the United States committed to supporting the brave men and women of our military

	and their efforts to defeat terrorism. Orders from our first 'Troopathon' exceeded 12,000 packages. We have shipped over 100 TONS of goods to the troops since our care package program started in 2006.
New England Caring for Our Military http://www.necfom.org/home.html	To boost the morale of our brave men and women serving in our Armed Services by sending care packages, writing letters and otherwise showing support
Operation AC http://www.operationac.com/	As an overview, US Service Members sign up with us, they put the items they would like to have from the Virtual CareBox in a wish list. When a sponsor signs up, they can choose their Service Member by Branch of Service, Home State, Sex, or Area of deployment. You are then immediately taken to the Virtual CareBox where you can see the wish list and choose the items for your service member. Once you finish the process in Virtual CareBox both you and your service member will receive an email which will trade EMAIL address and an itemized list of what was purchased for them by the sponsor. The sponsor will get a full receipt of what was purchased for the service member. You will then have immediate contact with each other via email.
Operation Care and Comfort http://www.operationcareandcomfort.org/	Working within our community and through donations received from all over our country, we assemble and ship care packages to our adopted units every month until they return home.
Operation Care Packages http://www.operationcarepackages.org/	Our goal is to support our Soldiers, Marines, Sailors and Airmen through care packages and letters of encouragement.
Operation Gratitude http://www.opgratitude.com/	Operation Gratitude seeks to lift morale and put smiles on faces by sending care packages addressed to individual Soldiers, Sailors, Airmen and Marines deployed overseas. Operation Gratitude care packages contain food, hygiene products, entertainment items and personal letters of appreciation, all wrapped with good wishes of love and support.
Operation Iraq: The Spirit of Christmas http://www.operationiraq.org/index.htm	Each and every year we have found a location to head quarter Operation Iraq and the excitement has continued. We have had individuals, schools and companies from all over the United States, offering their support of this heartfelt project, over these last three years. Thank you for your continuing support. Blessings to you and your loved ones this upcoming Christmas season.
Operation Shoebox http://www.operationshoebox.com/	Founded in 2003 in an attempt to send support, snacks and much needed personal care items to our troops deployed outside of the USA and we encourage citizens to support their fighting men and women deployed overseas in these dangerous times.
Operation Soldier Assist http://soldierassist.com/index.html	It means that you commit to writing a letter each week (not an email) so that your adopted troop get a physical letter at mail call, and sending a package once a month. I

	started OSA with the hope of getting our deployed personnel adopted out to the public, so that they would be encouraged while in Iraq, Afghanistan or any of the 100 plus countries we have troops stationed.
Operation Stars & Stripes http://www.operationstarsandstripes.com/Default.asp	We seek to accomplish our mission by providing troops with requested letters and/or packages for the duration of their deployment. We also provide support for platoons, companies, and units upon request. Operation Stars & Stripes, Inc. works to support the families of deployed service members through various programs, as well.
Operation Support Our Troops http://www.operation-support-our-troops.org/	The mission of Operation Support Our Troops is to provide a process and forum for Americans of diverse interests, backgrounds and walks of life to come together to demonstrate to members of the Armed Forces and their Commander in Chief that they are supported and deeply appreciated for their service.
Operation Troop Aid http://www.operationtroopaid.org/	The mission of Operation Troop Aid (OTA) is to provide care packages for our deployed U.S. Service Members with revenue generated through professional concert promotions and public financial generosity.
Operation Troop Appreciation http://www.operationtroopappreciation.org/	To build and sustain the morale of deployed troops, enabling them to complete their missions with the assurance that the American public supports and appreciates their selfless service and daily sacrifices.
Packages From Home http://www.packagesfromhome.org/	The mission of Packages From Home is to send care and comfort packages to deployed American military heroes who are stationed in active duty theaters around the world, as well as to facilitate activities that elevate morale of all veterans.
Project Prayer Flag http://www.projectprayerflag.org/	Today, over four hundred volunteers and families; meet in community centers, churches and homes to package —Patriot packs™?. They consist of American pocket Flags, Inspirational bookmarks, gifts and letters from ordinary Americans who care.
Scott Valley Soldiers Memorial Fund http://soldiersmemorialfund.org/purpose:12266	To make annual awards to Armed Forces Members who have distinguished themselves in their service to our country. To commend future members of the Armed Forces with leadership awards to assist their entry into the service. Conduct the annual Christmas/Holiday Gift Drive for members of the Armed Forces serving in combat areas.
Sing for Peace http://www.singforpeace.com/	Sing For Peace is an organization committed to inspiring individuals and organizations to create and distribute Care Packages to United States troops who are overseas.
So Help Me God Project http://www.sohelpmegod.org/	Operation Thank You /So Help Me God Project is an organization that inspires faith, promotes patriotism, and supports our troops by providing inspirational and patriotic resources and programs that honor God, Country, Servicemembers, veterans, and their families.

	Our website was first established as a helpful companion to the popular handbook, <u>So Help Me God: A Reflection on the Military Oath</u> . Our latest project is Operation Thank You, a massive effort to collect and send 1 million military thank you cards and get well cards to our troops!
Soldiers Angels http://www.soldiersangels.com/	As a volunteer-led nonprofit with 200,000 volunteers, we have over 30 different teams supporting all branches of the U.S. Armed Forces. Through special projects, dedicated teams and individuals supporting our troops, we make a visible difference in the lives of our service members and their families.
The Soldier's Family http://www.thesoldiersfamily.com/	I was inspired to create this care package site when I found out that my husband was being deployed overseas for at least a year. This care package site is dedicated to providing ideas to help soldiers while away from home as well as families who are looking for fun care package ideas for their friends and family in the military
A Soldier's Wish List http://www.soldierswishlist.webs.com/	We conduct fundraisers, sell merchandise, and collect donations to finance sending care packages to our troops. We also match troopers to volunteers who would like to send care packages to their own "adopted" trooper.
Tell Them Thanks http://www.tellthemthanks.com/index.php?pr=Home_Page	We are a group whose mission is to support our Military Heroes who are deployed abroad. We want every Soldier, Marine, Airman, Sailor and Guardsman to hear their names called at Mail Call. Our dedicated members —dopt" one or more Service Members and then support them for the length of their deployment. Our members are required to send at least one letter a month, but many of them write more and send care packages as well.
Touch of Home Support 4R Military http://www.touchofhomeformilitary.com	We seek to lift the spirits of our brave young heroes in the Military by sending packages containing requested items and letters, etc. We now serve thousands through their Chaplains, and referrals from one Commander to another. We also ship our "Love" packages to friends and loved ones of our Supporters.
Treat the Troops http://www.treatthetroops.org/	Treat The Troops bake cookies for the military men and women serving our country.
With Love From Home http://withlovefromhome.org/	We started this project in hopes to reach as many of our men and women serving overseas that have little or no support from home. It is very important to us that they know how thankful we are for their service. It is our honor to send letters, care packages and prayers from back home to hopefully put a smile on their face.

CHILDREN

Army Reserve Child and Youth Services http://www.arfp.org/skins/cys/cys_home.aspx	A website for children of the Army reserve.
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Books for Brats http://www.booksforbrats.com/	Books for Brats is the very first series of children's books for military brats. –Daddy, You're My Hero!" and –Mommy, You're My Hero!" are the first two titles in the series and the very first children's picture books to help children coping with deployment of a parent.
Building Resilient Kids http://www.jhsph.edu/mci/training_course/	This course is for school administrators, support staff and teachers to help all students meet life's challenges with resilience, focusing primarily on students from military families.
The Bureau for At-Risk Youth www.militaryfamily.com	A catalog of military family resources.
Child Care Aware http://www.childcareaware.org/	Child Care Aware© is the nation's most respected hub of information for parents and child care providers. Child Care Aware helps families learn more about the elements of high-quality child care and how to locate programs in their communities. Child Care Aware also provides child care providers with access to resources for their child care programs.
Children with Disabilities Resources Especially for Military Families http://www.nichcy.org/familiesandcommunity/pages/militaryfamilies.aspx	Being part of a military family can be filled with many surprises. Part of the military life is moving to new locations every few years or even more frequently. Don't despair! There is help available to make the transition from one location to another a bit more smoothly.
Children's Grief Education Association http://www.childgrief.org/militaryfamilies.htm	When a parent dies in service to others, whether it be serving one's country, a community or an individual, people have a tendency to tell children they should feel proud Encourage others to avoid telling you or your child how you "should" feel. You will find information on this website to help you help your child with grief and loss. Children of military families are faced with the challenges of deployment, media coverage of a parent's job, a parent's long work hours and awareness of the risk of injury or death. The media coverage and nature of the work of military personnel contribute to a "high-death" awareness for their children and families. This creates stress for military families that requires communication and work to ease, especially during deployment to a combat zone.
Department of Veteran Affairs Kids page http://www4.va.gov/kids/	A website with activities for children from Kindergarten to 12 th grade concerning patriotism and veterans and also has helpful teaching hints for teachers in these areas.
Deployment Kids.com http://www.deploymentkids.com/	Kids branch of Surviving Deployment.
Educator's Guide to the Military Child During Deployment Error! Bookmark not defined. http://www.ed.gov/about/offices/list/os/homefront/homefront.pdf	Pamphlet to help teachers deal with children of deployed soldiers.
Free Online Tutoring http://www.myarmyonesource.com/ChildYouthandSchoolServices/CYSServicesOnlineTutor	Students log in (at right) from home or from the CYS Services Youth Technology Lab. They enter the grade level and subject they need help in. They are then

ing/default.aspx	connected to the first available subject expert tutor in an online classroom. Students and tutors work together in an online classroom using controlled chat and an interactive white board. Students can send computer files, such as essays, to the tutor for review and assistance. They can also share educational websites.
How Communities Can Support the Children and Families of Those Serving in the National Guard or Reserve http://www.militarychild.org/files/pdfs/GuardReserveForWeb.pdf	A downloadable document about how communities can support the children and families of those serving in the National Guard or Reserve.
Kids Thank a Vet http://www.kidsthankavet.com/	We have one main purpose - to show the men and women who have served in the United States Military that we care. Children who simply say —“Thank you for serving” to any Veteran will be able to register on this site. On this site you will find information about our Veterans, the United States military, the American Flag, Veteran’s holidays, United States military academies and services, groups that help Veterans, women in the military, Veteran memorials and cemeteries, teacher activities, patriotic songs and crafts, great books to read and photos of our Veterans.
Li'l Heroes Baby Program http://www.commissaries.com/baby/	The Li'l Heroes Baby Program will be featured on a special section of http://www.commissaries.com that will offer articles from the DeCA dietitian, Lt. Col. Karen Hawkins, and the agency's home economist, Kay Blakley, as well as links to other government sources providing tips and advice to new parents. The highlight of this new program will be DeCA's newest e-newsletter: the Li'l Heroes Benefit Bulletin.
Little Patriots Embraced http://www.littlepatriotsembraced.com/	Little Patriots Embraced, Inc. is a non-profit organization whose mission is to reduce the emotional and psychological stress faced by the families of the deployed U.S. military serving throughout the world.
Military 0-3 http://www.zerotothree.org/site/PageServer?pagename=key_military	Military Projects is committed to supporting the youngest of children from military families. Zero to Three is a national nonprofit organization that informs, trains and supports professionals, policymakers and parents in their efforts to improve the lives of infants and toddlers.
Military Brats Online http://www.militarybrats.net/home.php	Think of Military Brats Online as a gathering place just for Military Brats (and spouses, too), and a place where you can share your experiences growing up in a Military family, rekindle friendships, and a place to make new friends.
Military Child Education Coalition http://www.militarychild.org/	The Military Child Education Coalition is a non-profit, world-wide organization that identifies the challenges facing the highly mobile military child, increases awareness of these challenges in military and educational communities, and initiates and implements

	programs to meet the challenges.
Military Community Youth Ministries http://www.mcym.org/	At Military Community Youth Ministries, we believe that there is a great need to be available for these young people, to build meaningful, no-strings-attached relationships with them. We believe that one of the best ways to help military kids is to affirm them and be available to celebrate life with them. Toward this end, MCYM staff and volunteers seek to love teens unconditionally and provide a model of Christian hope in our military communities through weekly Club and fun activities.
Military Guide for Adoption http://www.adoptuskids.org/images/resourceCenter/militaryGuide.pdf	A downloadable brochure about military personnel adopting.
Military Youth on the Move http://apps.mhf.dod.mil/pls/psgprod/f?p=MYOM:HOME:2813274863998336	Military youth on the move elementary, middle and high school with dealing with moving/deployment.
National Association of Child Care http://www.naccrra.org/militaryprograms/	NACCRRRA is working with the U.S. Military Services to help those who serve in the military find and afford child care that suits their unique needs.
NC Supports Military Children http://www.dpi.state.nc.us/militarysupport/	Just as spouses take on additional responsibilities at home when their husband or wife is deployed, teachers can provide stability and a normal routine for children who are dealing with the stress and other problems caused by deployment. To help our educators identify and assist these students, the N.C. Department of Public Instruction and the N.C. National Guard Family Readiness Program has developed this web site. The site provides a variety of resources to help public schools be supportive to military families. Links on the site explain what deployment is and how it affects families, describe stress indicators so teachers can identify students having problems, and direct the user to numerous resources such as the N.C. National Guard Family Programs Resource Guide, North Carolina Supporting Military Children.
Operation Give a Hug http://operationgiveahug.org/	Since its inception, Operation Give a Hug has given out more than 52,000 dolls to children who have parents serving our nation. The dolls are also being used by pediatric psychologists and school counselors to help children cope with deployment.
Operation Hug-a-Hero http://www.operationhugahero.org/	Operation Hug-A-Hero is An organization that reaches out to these children in need. We provide a free Hug-A-Hero™ doll to families who cannot afford one or who have lost a loved one in the line of duty.
Operation: Military Child Care (OMCC) http://www.naccrra.org/MilitaryPrograms/operation-military-child-care.php	We'll provide child care fee assistance for National Guard and Reserve who are activated or deployed and whose children are enrolled in non-DoD licensed child care programs. We'll also provide child care fee assistance for deployed, Active-Duty Military (Army,

	Marine Corps, Navy, and Air Force) whose children are enrolled in non-DoD-licensed child care programs.
Operation: Military Kids http://www.operationmilitarykids.org/public/home.aspx	Operation: Military Kids (OMK) is the U.S. Army's collaborative effort with America's communities to support the children and youth impacted by deployment. Through a network of community partners, OMK provides youth program opportunities for school age, middle school and teenaged youth and connects them to support resources where they live.
Operation Purple Camp http://www.nmfa.org/site/PageServer?pagename=op_default	These free, week-long, overnight camps are open to all military children ages 7-17. The program aims to help military kids experience carefree fun while also learning coping skills to deal with deployment-related stress and fostering relationships with other children who know what they are going through.
Parent Education and Family Support for Young Military Families http://www.parentsateachers.org/site/apps/lk/content2.aspx?c=ekIRLcMZJxE&b=4992805	Military families are increasingly impacted by repeat deployment, demands at home and the stress of being away. This program brings professional parenting support and child development information right to the homes of these young families.
Parent's Guide To The Military Child During Deployment And Reunion http://www.southcom.mil/qol/JS_Parent_Handbook_10_29_03.pdf	Downloadable brochure to for parents to help their children through deployments.
Parenting Education Resources for Military Kids www.parenting.umn.edu/militaryKids/index.htm .	A good source of information is the Parenting Education Resources website of the University of Minnesota Extension. It provides links to resources like Tough Topics tip sheets on Helping Kids Cope with Stress and Supporting Military Kids During Deployment.
Parents Zone http://parentszone.org/	Parents Zone is a support site and blog for parents and other family members of serving military members (active, reserve, guard, veterans).
Purplewagon http://www.ces.purdue.edu/purplewagon/PARENTS/MilitaryResources/TCHgdTalkStudyDeployment.htm	Tips for dealing with children who have a deployed parent.
Recovering Autistic Children http://www.autism.com/families/military/military.htm	A free copy of ARI's book, "Recovering Autistic Children" is available to all active duty and retired military families. There is a limit of one copy per family.
Specialized Training of Military Parents (STOMP) http://www.stompproject.org/	STOMP is the only National Parent Training and Information Center for military families providing support and advice to military parents without regard of the type of medical condition their child has.
Support for Military Children & Adolescents http://www.aap.org/sections/uniformedservices/deployment/index.html	Military Pediatricians and Youth Serving Professionals working to attain optimal physical, mental and social health and well-being for all military dependent infants, children, adolescents and young adults. Emotionally connecting and engaging, youth centered, and preventative psychoeducational support is crucial to

	helping military youth during the stresses of wartime.
Tips for Raising Kids of Deployed Parents http://www.cfs.purdue.edu/MFRI/pages/military/Supporting_Children_of_Deployed_Parents.pdf	A series of brochures to help teachers and people raising children of deployed soldiers according to age ranges (preschool, elementary, middle school and teens).
Wars Impact on Children http://www.aboutourkids.org/articles/war039s_impact_children	The following articles describe how children think about war, how media exposure impacts children, how military families are affected, and how parents can best talk to their children about these issues.
We Serve Too http://www.weservetoo.com/parents.php	Our mission is to honor the service of those who give much more to those of us here at home than we can ever give back. We hope to help children through a difficult time in a family's life by acknowledging that *they* serve too, by honoring their sacrifice, and reminding them that their country is behind them.
Working with Military Children; A Primer for School Personnel http://www.nmfa.org/site/DocServer?docID=642	A downloadable brochure for educators of military children.
Young Life http://www.younglife.org/Military/	Although military kids walk the same school hallways as other teens, they live in a much different world. Most are likely to live with only one parent while patiently enduring a six- to 18-month deployment of their other parent. In their world, uncertainty has become the only constant. Serving in the United States and 10 European and Asian countries, Young Life Military walks the halls with military teens and their families to help them face the unique and challenging aspects of military life.

COAST GUARD

All Navy Women's National Alliance http://www.anwna.com/	The All Navy Women's National Alliance is an organization that is dedicated to the interests of active duty, reserve, retired and veteran Navy, Coast Guard, and Marine women. The organization is devoted to honoring the accomplishments and rich history of the women of the sea services and to Sharing the Legacy.
Coast Guard Mutual Assistance http://cgmahq.org/	Coast Guard Mutual Assistance is an organization providing financial assistance to the Coast Guard community. CGMA strives to promote financial stability and general well being.
U.S. Coast Guard http://www.uscg.mil/	For over two centuries the U.S. Coast Guard has safeguarded our Nation's maritime interests in the heartland, in the ports, at sea, and around the globe. We protect the maritime economy and the environment, we defend our maritime borders, and we save those in peril. This history has forged our character and purpose as America's Maritime Guardian — <i>Always Ready</i> for all hazards and all threats.

COMMUNICATION

<p>Connect and Join http://www.connectandjoin.com/</p>	<p>Connect and Join offers families separated due to deployment or business travel the opportunity to stay in touch 24/7 with their loved ones around the world in a safe, secure and private online community.</p>
<p>Freedom Calls Foundation http://www.freedomcalls.org/index.html</p>	<p>The Foundation's state of the art communications services are free of charge to military families and represent an alternative to commercial exploitation by military contractors. We provide more than 2,000 enterprise class family video conferences and more than 1.5 million minutes of free telephone calls every month saving military families \$4 million a year.</p>
<p>HOOAH!!!! Radio http://www.hooahradio.com/</p>	<p>Welcome to HOOAH!!!! Radio, and it is the "ORIGINAL" veteran owned, FREE internet-based radio station saluting our Troops, Military Families, and Veterans. HOOAH!!!! Radio brings another way for families and soldiers to connect with one another, another way for us to salute our men and women of the US Military and Allied Forces being active duty or a veteran, and to act as a source of entertainment, directed towards their interests and personalities. For them, by them and their families.</p>
<p>Sesame Street Family Connections www.SesameStreetFamilyConnections.org</p>	<p>Sesame Street Family Connections is a child-centered online space where both children and adults can interact and stay connected over long distances when everyday communication can otherwise be difficult.</p>
<p>Skype http://www.skype.com/download/skype/windows/?cm_mmc=affiliate_-_commission_junction_-_text_-_skype_download_pid%3D2203897</p>	<p>Skype is software that enables the world's conversations. Millions of individuals and businesses use Skype to make free video and voice calls send instant messages and share files with other Skype users. Every day, people everywhere also use Skype to make low-cost calls to landlines and mobiles.</p>
<p>Talking with Heroes http://talkingwithheroes.com/</p>	<p>We give our military personnel an opportunity to share their mostly untold stories about the work they are doing worldwide. The American people have a right to hear these positive progress stories and our military personnel have a right to have their stories heard.</p>
<p>To Our Soldiers http://www4.army.mil/ocpa/tooursoldiers/</p>	<p>We are providing this service as an opportunity to send a message of support to Soldiers who are serving in the War on Terrorism. It is not designed to be a letter writing service, instant-messaging service, e-mail service, bulletin board or general chat service. These messages are viewed individually and edited or deleted based on content.</p>
<p>Troop Talk http://www.getonenumber.com/TroopTalk.html</p>	<p>Family and friends simply call a local number to leave a message or send a fax. All messages and faxes are delivered to that service person's email at no charge to them to listen to (or view) over and over again.</p>
<p>VFW Operation Uplink</p>	<p>VFW Operation Uplink™ was launched in 1996 to</p>

http://www.operationuplink.org/	connect active-duty troops and hospitalized veterans with their loved ones. The program uses contributions from supporters to purchase phone time for the men and women who are serving -- or have served -- this great nation, as well as hospitalized veterans.
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COMMUNITY SUPPORT/FUNDRAISING

American Military Family http://www.americanmilitaryfamily.org/default.asp	Hosts differed events to support troops and families.
America Supporting Americans http://www.asa-usa.org/site/PageServer	By coordinating with both civic and community groups, ASA facilitates "adoptions" between towns, cities, or counties and individual military units throughout the country. We work with all branches of the armed forces, including the National Guard, establishing adoptions between communities and units already interested in forming a partnership and between communities and units that have no previous connection with each other.
Amateur Radio Military Appreciation Day http://www.armad.net/	We ask Amateur Radio Operators from around the world to team up during this effort to allow the people from our communities to gather at public locations such as shopping centers, parks, VA hospitals, and sporting events to express verbal positive support "LIVE" over two way radio for members of the Military, Veterans, Reserves, National Guard, Retired, Coalition Forces, First Responders, and Military Support Groups.
Cards For a Good Cause http://www.cardsforagoodcause.com/	Cards For a Good Cause is a collaboration of Mr. Nicholas Ward, TwinB Creative and ISafeImaging. Through an association with Mr. Tom Bock, Past National Commander of the American Legion, we recognized a need to assist in raising awareness and funding for America's underserved military service personnel.
Citizen S.A.M. http://www.citizensam.org/	Citizen S.A.M. is composed of volunteers who desire to support our Armed Forces and help preserve our precious freedom. Please look over our various teams and programs to see where you would best serve.
Eagles Up http://www.eaglesup.us/	We plan, support and lead multiple pro-troop actions, partner with all of the highest profile patriot and pro-troop organizations, sponsor the Patriot Event Network and when necessary, put boots on the ground to face the anti-American groups who work to undermine this great nation.
Freeport Flag Ladies http://www.freeportflagladies.com/	As the Freeport Flag Ladies we make the long drive to Bangor to join the Maine Troop Greeters at Bangor International Airport and to Pease International in New Hampshire to meet the troop flights whenever possible. Packages are mailed out almost every week and wherever we go we are always on the lookout for a gift

	that might bring a smile to the face of a soldier. In addition to the packages, cards and letters go out. Special packages are sent out to the Combat Support Hospitals.
Gathering of Eagles http://www.gatheringofeagles.org/	Veterans group supporting troops.
Gifts to Army http://giftstoarmy.army.mil	This Web site is not intended to solicit contributions but to provide the American public with information on methods by which citizens, organizations, and corporations can contribute cash or goods and services to benefit Soldiers and their Families.
HeroToHero http://www.herotohero.us/Home.html	HeroToHeroUS is emergency first responders giving the shirts off their backs for our desert-deployed troops. This program sends fire, law enforcement, EMS, and all first responder agency shirts (hats & more) bearing hometown department logos to our troops.
Homefront Hearts http://homefrontharts.org/	The mission of Home Front Hearts is to serve the families that serve our country by: providing support and resources to the families of service members, increasing public awareness of the struggles and sacrifices of military families, and engaging both individuals and businesses in building communities that are responsive to the needs of these families.
Homefront Hugs USA http://www.homefronthugs.org/	Different events to support troops.
Maine Troop Greeters http://mainetroopgreeters.com/Site/Home-1.html	MAINETROOPGREETERS.COM assists our troops in areas not being served by the local greeters program. Some members of MAINETROOPGREETERS.COM are troop greeters who wished to offer not only a handshake and snack to those military personnel transiting BIA but to go a step beyond by offering something for the family and friends of these troops. This is mainly accomplished by photographing and publishing their troops' pictures on the picture portal.
Military Support Connection http://www.militarysupportconnection.com/	This site has been put together to continue the grass roots movement of supporting our Military and their families from deep within our own communities.
Military Soul Foundation http://militarysoul.com/	The mission of The Military Soul Foundation is to make a positive difference in the lives of military families, military personnel and patriots by uniting and supporting kindred spirits; to facilitate emotional and financial support to troops and their families; to increase public awareness of the sacrifices made by our Armed Forces and their families; to sponsor or participate in projects that improve the quality of life for troops and their families as deemed appropriate; to document and preserve the esprit de corps of military personnel and families; and to maintain an interactive portal that will enrich lives by providing inspiration, resources and community.

<p>Move America Forward http://www.moveamericaforward.org/index.php</p>	<p>Move America Forward is a non-partisan, not-for-profit charitable organization committed to supporting America's efforts to defeat terrorism and supporting the brave men and women of our Armed Forces.</p>
<p>Operation: Eagle http://www.operationeagle.org/</p>	<p>Operation: Eagle has faithfully supported the U.S. Armed Forces troops and families for more than 20 years as an all volunteer grassroots network. Our mission objective is a simple, yet profound one: to support, encourage, and uplift the morale and spirit of those who serve in uniform to defend freedom & liberty across the globe. We accomplish this through volunteer endeavors and efforts that include, but are not limited to, the following: support posters, internet-based support, special prayer campaigns, and organizing & promoting support rallies on behalf of the troops & their families.</p>
<p>Operation Interdependence http://oidelivers.org/</p>	<p>Operation Interdependence is a civilian-to-military delivery system that serves as a program for Americans to demonstrate their support for our deployed military.</p>
<p>Operation Military Pride http://operationmilitarypride.org/smsignup.html</p>	<p>Group that does rallies, care packages, etc.</p>
<p>Operation Never Forgotten http://www.operationneverforgotten.org/</p>	<p>Our goals are: to separate “politics and war” from the “warrior” through non-partisan creative awareness PSA advertising for our post 9-11 deployed troops, wounded warriors, fallen heroes, veterans and military families; to stimulate volunteerism for all worthy military support organizations; to assist with creative services for other military support organization’s: to produce national outdoor billboards, radio, TV, airport signs and other public signage with messages by and for our devoted military.</p>
<p>Operation Phoenix http://operationphoenix.myshopify.com/</p>	<p>Operation Phoenix is a CrossFit initiative that will raise the necessary funds to equip the entire United States Marine Corps with functional fitness equipment to increase combat preparedness, reduce injury, and strengthen unit cohesion. This will be accomplished through non-profit sales, corporate sponsorships, and individual donations.</p>
<p>Operation We Are Here http://www.operationwearehere.com/</p>	<p>Our goal is to create an awareness of the challenges of families/loved ones of deployed military personnel, to offer practical suggestions to churches, communities and individuals on how to support and encourage the military home front, and to provide a comprehensive list of resources for families/loved ones of deployed military personnel.</p>
<p>Patriot Guard Riders http://www.patriotguard.org</p>	<p>The Patriot Guard Riders is a diverse amalgamation of riders from across the nation. We have an unwavering respect for those who risk their very lives for America’s freedom and security. Our main mission is to attend the funeral services of fallen American heroes as invited</p>

	guests of the family. Each mission we undertake has two basic objectives: Show our sincere respect for our fallen heroes, their families, and their communities; Shield the mourning family and their friends from interruptions created by any protestor or group of protestors.
Patriot Hearts http://www.patriot-hearts.com/	I am eternally grateful to the dedicated men and women in service who preserve the daily freedoms I so often take for granted. By wearing this Patriot Hearts pin, you will help raise awareness for the service and sacrifices of our troops and their loved ones.
Ride Allegheny http://www.rideallegheny.org/	Ride Allegheny is a 4 day, 317.5 mile bike trip through some of the most scenic back country in the Eastern United States. Each day the bikers will ride approximately 82 miles. Over the last 3 years our small group have raised over \$85,000 for the men and women of our armed forces rehabilitating at Walter Reed Hospital and National Naval Medical Center.
Yellow Ribbon America http://www.yellowribbonamerica.org/index.htm	Yellow Ribbon America unites Americans, motivating and assisting America's communities to give direct support to their local military members and their families. To that end, Yellow Ribbon America provides the national framework to organize America's cities and towns, delivering immediate and direct support to America's deployed and returning military personnel, and their families. Yellow Ribbon America Campaign helps Communities to support their Local Military Members and their Families through community fundraising efforts.

DEPLOYMENT

AmeriForce Publishing's Deployment Guide http://www.deploymentguide.com/	Military Deployment can be a very trying time for military personnel and their families. Children also face difficult times during a military deployment. AmeriForce Publishing offers a print and online Deployment Guide to alleviate the hardships of a military deployment.
Camp Doha http://www.campdoha.org/	This website's mission is to provide information about deployment to the Middle East to Soldiers and their Families, and to provide friends, family and supporters with information and ways to support deployed American soldiers.
The Center for Deployment Psychology. http://www.deploymentpsych.org/	To train military and civilian psychologists and other mental health professionals to provide high quality deployment-related behavioral health services to military personnel and their families.
Deployment Health and Family Readiness Library http://deploymenthealthlibrary.fhp.osd.mil/home.jsp	This library provides Service members, families, leaders, Health Care providers, and veterans an easy way to find deployment health and family readiness information.

Deployment Kids.com http://www.deploymentkids.com/	Kids branch of Surviving Deployment.
Educator's Guide to the Military Child During Deployment Error! Bookmark not defined. http://www.ed.gov/about/offices/list/os/homefront/homefront.pdf	Pamphlet to help teachers deal with children of deployed soldiers.
Operation Give a Hug http://operationgiveahug.org/	Since its inception, Operation Give a Hug has given out more than 52,000 dolls to children who have parents serving our nation. The dolls are also being used by pediatric psychologists and school counselors to help children cope with deployment.
Parent's Guide To The Military Child During Deployment And Reunion http://www.uswestaap.org/Parent_Guide_Deployment.pdf	Downloadable brochure to for parents to help their children through deployments.
Purplewagon http://www.ces.purdue.edu/purplewagon/PARENTS/MilitaryResources/TCHgdTalkStudDeployment.htm	Tips for dealing with children who have a deployed parent.
Surviving Deployment http://www.survivingdeployment.com/	Information and Resources for military families.
Tips for Raising Kids of Deployed Parents http://www.cfs.purdue.edu/MFRI/pages/military/Supporting_Children_of_Deployed_Parents.pdf	A series of brochures to help teachers and people raising children of deployed soldiers according to age ranges (preschool, elementary, middle school and teens).
Yellow Ribbon Program http://www.dodyrrp.mil/index.asp	Our goal is to provide National Guard and Reserve members and their families with information, services, referrals, and proactive outreach opportunities throughout the deployment cycle.

DISCOUNTS/FREEBIES

4 Military Families http://www.4militaryfamilies.com/militarydiscounts.htm	Discounts for Family Members of the Air Force, Army, Coast Guard, Marine Corps, National Guard, Navy, and Reserves.
AC Lens http://www.aclens.com/military-discounts.asp	Military personnel save 10% off contact lenses and accessories. AC Lens now offers 10% off any size transaction to all active, retired, or reserve US military personnel. Any eligible person and family member can receive the military discount with a valid US military ID.
Alfred Angelo http://www.nj.com/wedding-stories/index.ssf/2009/06/alfred_angelo_introduces_a_mil.html	Alfred Angelo is offering a military discount starting June 2009. Military brides can receive a 15 percent discount on any Alfred Angelo bridal gown in any Alfred Angelo-owned bridal store. As an extra bonus, military brides can also take advantage of \$25 off bridesmaid gowns at the time of their bridal gown purchase.
Army Times http://www.armytimes.com/marketplace/disco	Army Times is the primary newspaper for the U.S. Army and keeps a current list of military discounts.

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Bad Boys Custom http://www.badboyscustom.com/specials.htm	In an effort to do what we can to help and thank our service men and women, we have decided to make the following offer. To any member or retired member of any branch of military service or first responder service who sustained an injury while in the service of our country; If you own or purchase a motorcycle and need or would benefit from a conversion to a trike, we will complete the conversion on any trike kit we offer at no charge
Base Ops.Net http://www.baseops.net/marketplace/	Baseops.Net is your virtual online version of the Base Operations. We provide pilots the best flight preparation tools, mission planning information, and data available on the Internet, including discounts.
Bed & Breakfasts http://usmilitary.about.com/library/weekly/aa101600a.htm	Bed & Breakfasts Offer Military Discounts
Budweiser Theme Parks www.herosalute.com	Budweiser is honored to salute the men and women of our armed forces and their families. Throughout 2009, members of the military and as many as three direct dependents may enter any one of Anheuser-Busch's SeaWorld, Busch Gardens or Sesame Place parks with a single-day complimentary admission. Offer valid through 12/31/2009.
Build-a-Sign http://www.buildasign.com/Troops	In honor of Veteran's Day, BuildASign.com ™ is re-launching its banner giveaway to help 20,000 more Americans show their support for the US armed forces. BuildASign.com ™ is also giving away jumbo holiday cards to families whose service members won't be home in time for the holidays. These families can send personalized jumbo holiday cards to loved ones overseas for less than the cost of shipping a banner. Both free banners and free jumbo cards are available to everyone at www.BuildASign.com/Troops .
CA Freebies http://www.californiafreebies.com/military.htm	You will find large selection of free stuff for military, free stuff for veterans, free stuff for military families, military discounts, military freebies.
Disney's Armed Forces Salute http://disneymilitarysales.com/	Active and retired U.S. military personnel, including active and retired members of the United States Coast Guard and activated members of the National Guard or Reservists, can enjoy one complimentary (5) five-day —Disney's Armed Forces Salute" ticket with Park Hopper and Water Park Fun & More options. This ticket is valid for five days of admission into the four Walt Disney World theme parks, plus a total of five visits to a choice of a Disney water park. During this offer period, active or retired U.S. military personnel may also make a one-time purchase (up to a maximum of five) of five-Day "Disney's Armed Forces Salute Companion" tickets for \$99.00 per ticket, plus tax, for family members or

	friends. Although this ticket for family members and friends does not include either the Park Hopper or Water Park Fun & More options, this ticket can be upgraded to add either such option, or both, for an additional \$25, plus tax, per option.
Military.com Benefits http://benefits.military.com/DC/DealAllCategories.jsp	Military.com's free membership connects servicemembers, military families and veterans to all the benefits of service — government benefits, scholarships, discounts, lifelong friends, mentors, great stories of military life or missions, and much more.
Military Coupons http://www.militarycoupons.com/	MilitaryCoupons.com is a partnership dedicated to bringing military friendly stores and merchants to U.S. military personnel. We search the internet for merchants that have a reputation for being "military friendly," and for those merchants offering military discounts.
Military Spot.com http://www.militaryspot.com/resources/item/military_discounts/	The Mission of MilitarySpot.com is to help Military People find Military news and information and discounts.
Old Navy http://www.militaryavenue.com/Articles/Old+Navy+Military+Discount-30044.aspx	Old Navy is offering 10% off on the 1st day of every month to Active Duty, NG, Reserve and Retired Military Personnel and Family Members who present a Valid ID Card. Discount is not valid at OldNavy.com and cannot be combined with other offers or discounts.
Outward Bound http://www.outwardbound.org/index.cfm/do/cp.veterans	We are offering fully underwritten Outward Bound programs to Veterans. This is a tremendous opportunity for adventure and self-discovery to our veterans of combat operations in Afghanistan (Operation Enduring Freedom) and Iraq (Operation Iraqi Freedom). Our newest programs offer numerous wilderness adventures exclusively for war veterans, and are fully funded for all participants, to include their roundtrip stateside travel costs between home and the excursion site.
New York & Company http://www.armytimes.com/marketplace/discounts/products_and_services/new_york_company/1090/	New York & Comp. offers 15% off to all Active Duty, National Guard, Reserve and Retired Military Personnel and Family Members who present a Valid ID Card.
Nike http://www.nikebiz.com/customer_service/discounts.html	All Nike US Retail brick and mortar locations (except Employee Stores) offer a 10% transaction discount to all active/retired/reservist US military personnel and their families.
Rack Room Shoes http://www.militarytimes.com/marketplace/discounts/products_and_services/rack_room_shoes/1008/	Rack Room Shoes offers a 10-15% discount every Tuesday to Active Duty, NG, Reserve and Retired Military Personnel and Family Members who present a Valid ID Card.
Sierra Club Outings http://www.sierraclub.org/outings/military-discount.asp	We are currently offering a 10% discount on Sierra Club Outings trips as well as stays at our lodges and huts. The discount is open to active duty military personnel and their families, as well as national guard/reservists and retirees.
StemCyte	In recognition of the sacrifices that military families

<p>http://www.militarycordbloodbank.com/</p>	<p>make protecting our country and the freedoms that we all enjoy, we have created a cord blood banking program and website designed especially for you and your families.</p>
<p>United States Post Office http://www.snopes.com/inboxer/nothing/militarykit.asp</p>	<p>The USPS offers free mailing supplies for military care kits. The kit contains: Three (3) each of flat rate boxes O-FRB1 and O-FRB2; Two each of Cube boxes OBOX4 and OBOX7; Address labels - Label # 228 10 each; One roll of Priority Mail tape; 15 customs forms with envelopes. The kit may be requested by calling 1-800-610-8734 (Packing Supply) and: Choose your language (1 is English, 2 is Spanish). Choose option 1 (it states it is for Express Mail®, Priority Mail or Global Express Guaranteed® products). When you reach a live agent, request CAREKIT04.</p>
<p>Universal Theme Park Orlando http://media.universalorlando.com/newsreleases/detail.aspx?id=209</p>	<p>One (1) free 2-park unlimited admission ticket offer – Valid for Active Duty (includes Army, Navy, Air Force, Marines, Coast Guard, National Guard or Reservists) or Retired military service members with valid military photo ID. To receive this offer, please: Visit your nearest participating military base ticket office (ITT / ITR) to receive your free ticket. You will be asked to complete an Acknowledgment Form and sign the signature line on the free ticket. 2. Specially-discounted 2-park unlimited admission ticket offer – Valid for family and friends. Tickets can be purchased by U.S. Active Duty and Retired military service members and/or familial dependents with the presentation of a valid military or dependent Photo ID. To receive this offer, please: Visit your nearest participating military base ticket office to purchase these specially priced tickets. Offer available through December 18, 2009.</p>
<p>Veterans Advantage http://www.veteransadvantage.com/</p>	<p>Veterans Advantage is a national program that partners with corporations that want to do their part to honor and thank all who serve our country. Our partner companies show their appreciation and thanks by providing preferred pricing on their goods or services every day.</p>
<p>YMCA http://www.defenselink.mil/releases/release.aspx?releaseid=12259</p>	<p>Families of deployed members of the National Guard and Reserve, active duty service members on independent duty and their families, and active duty service members and their families assigned to selected bases would be eligible for free family memberships at participating YMCAs in their local community. The free YMCA memberships for Guard and Reserve families will be available while the service member is deployed for a minimum of six months. The deploying service member will also be eligible for three months pre- and post-deployment membership to help promote family participation. Additionally, 32 hours a month of free respite child care will be available for families of</p>

	<p>deployed National Guard and Reserve and geographically dispersed active duty service members. Respite Child Care is currently available at participating YMCAs in the following ten states: Indiana, Maryland, Montana, North Carolina, New York, Ohio, Pennsylvania, Tennessee, Virginia and Washington.</p>
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EDUCATION

<p>Defense Activity for Non-Traditional Educational Support www.dantes.doded.mil</p>	<p>We provide high-quality, valuable educational opportunities to Service members and their families, as well as DoD personnel, help military personnel achieve their professional and personal education goals, and provide consolidated management of programs to prevent duplication of efforts among the Services.</p>
<p>DoD Education Activity's Educational Partnership Branch http://militaryk12partners.dodea.edu/</p>	<p>The Educational Partnership promotes quality education, seamless transitions and deployment support for military students through outreach and partnership development. The Educational Partnership joins with and builds on the efforts of the military services, other DoD offices and agencies, and non-governmental organizations to promote policy enhancements/understandings at both the state and national levels.</p>
<p>Educator's Guide to the Military Child During Deployment Error! Bookmark not defined. http://www.ed.gov/about/offices/list/os/homefront/homefront.pdf</p>	<p>Pamphlet to help teachers deal with children of deployed soldiers.</p>
<p>Free Online Tutoring http://www.myarmyonesource.com/ChildYouthSchoolServices/CYSServicesOnlineTutoring/default.aspx</p>	<p>Students log in (at right) from home or from the CYS Services Youth Technology Lab. They enter the grade level and subject they need help in. They are then connected to the first available subject expert tutor in an online classroom. Students and tutors work together in an online classroom using controlled chat and an interactive white board. Students can send computer files, such as essays, to the tutor for review and assistance. They can also share educational websites.</p>
<p>Military Child Education Coalition http://www.militarychild.org/</p>	<p>The Military Child Education Coalition is a non-profit, world-wide organization that identifies the challenges facing the highly mobile military child, increases awareness of these challenges in military and educational communities, and initiates and implements programs to meet the challenges.</p>

<p>Military Child Initiative from Johns Hopkins University http://www.jhsph.edu/mci/</p>	<p>The Military Child Initiative will assist public schools to improve the quality of education for highly mobile and vulnerable young people with a special focus on military children and their families by providing national, state and local education agencies, as well as schools, parents and health, child welfare, juvenile justice and educational professionals with information, tools and services that enhance school success.</p>
<p>Military Impacted Schools Association http://www.militaryimpactedschoolsassociation.org/misa/index.cfm?CFID=10573602&CFTOKEN=d49e5e85cc6f6311-595B5F6A-D558-BF83-20318D7AE214057A</p>	<p>Military Impacted Schools Association (MISA) is a national organization of school superintendents. Our mission is to serve school districts with a high concentration of military children. MISA conducts workshops for educators and provides resources on connectedness, building resilience, military life, transition, and deployment.</p>
<p>Military Mobilization Fact Sheet for Family Education Loan http://www.neguard.com/familyassistance/PDFdocuments/militarymobil.pdf</p>	<p>A fact sheet to help explain what to do with student loans when deployed and when a soldier returns.</p>
<p>Montgomery GI Bill www.gibill.va.gov</p>	<p>Veterans' educational benefits homepage.</p>
<p>My Military Education http://www.mymilitaryeducation.org/</p>	<p>Search MyMilitaryEducation.org for education benefits.</p>
<p>Scholarships for Military Children http://www.militaryscholar.org/</p>	<p>The Scholarships for Military Children Program was created in recognition of the contributions of military families to the readiness of the fighting force and to celebrate the role of the commissary in the military family community. It is the intent of the program that a scholarship funded through contributions be awarded annually for each commissary operated by the Defense Commissary Agency worldwide.</p>
<p>School Transition Services http://www.blissmwr.com/sts/</p>	<p>Our goal is to coordinate and assist school-age and youth of military parents with educational opportunities and information necessary to achieve academic success and to work in partnership with local schools to provide caring adults to enhance the education experience.</p>
<p>Servicemembers Opportunity Colleges www.soc.aascu.org</p>	<p>Servicemembers Opportunity Colleges (SOC) was created to provide educational opportunities to servicemembers who, because they frequently moved from place to place, had trouble completing college degrees.</p>
<p>ThanksUSA http://www.thanksusa.org/main/index.html</p>	<p>ThanksUSA provides post-secondary, need-based educational scholarships to the children and spouses of active-duty US military personnel. ThanksUSA is a non-partisan, charitable effort to mobilize Americans of all ages to "thank" the men and women of the United States armed forces. We're doing that by providing college, technical and vocational school scholarships for their children and spouses.</p>

Tutoring.com http://www.myarmyonesource.com/childyouthandschoolservices/cysservicesonlinetutoring/default.aspx	Live homework help and tutoring. This is a free, live, online tutoring service available in English and Spanish 24 hours a day no matter where you live. Available to active duty, guard and reserve.
Working with Military Children; A Primer for School Personnel http://www.nmfa.org/site/DocServer?docID=642	A downloadable brochure for educators of military children.

EMERGENCY CONTACTS

Hotlines http://www.cfs.purdue.edu/MFRI/pages/military/Family_Support_Hotlines.pdf	A list of hotline numbers for all branches of the military.
Next of Kin Emergency Contact Registry http://www.nokr.org/	The Next Of Kin Registry (NOKR) was established as a FREE tool for daily emergencies and national disasters. NOKR is your emergency contact system to help if you or your family member is missing, injured or deceased.

EMPLOYMENT

Careers in National Defense http://www.go-defense.com/	The Department of Defense employs more than 700,000 civilians in an array of critical positions worldwide, with opportunities for people from all walks of life. If a competitive salary, great benefits, unsurpassed training, and the pride of defending our nation interests you, then find your future with us.
Civilian Personnel Online Hiring http://www.cpol.army.mil/	Civilian Personnel Online hiring for the Army.
USAjobs http://www.usajobs.gov/	This site lists open federal government jobs all over the country and has a section for veterans to find multiple tools and valuable resources such a sjob opportunities, forms, benefits, and program information as well as training assistance for private sector employment.

FAMILIES OF CASUALTIES

American Gold Star Mothers http://www.goldstarmoms.com/	We're an organization of mothers who have lost a son or daughter in the service of our country.
American Widow Project http://www.americanwidowproject.org/	The American Widow Project is a non-profit organization dedicated to the new generation of those who have lost the heroes of yesterday, today and tomorrow, with an emphasis on healing through sharing stories, tears and laughter...Military Widow to Military Widow.

<p>Angels of Love http://angelslove.org/</p>	<p>We make stained-glass Angels that are freely given to bring encouragement, love, hope, peace, and comfort to people during difficult circumstances—whether grieving the loss of a family member or suffering from a serious illness, disability, or tragedy. We have decided that right now our priority will be getting angels to the families of the military personnel who have lost their lives in the line of duty.</p>
<p>Armed Forces Services Corporation (AFSC) http://www.afsc-usa.com/</p>	<p>Today, AFSC provides world-class strategic consulting and direct support services to programs throughout government and the nonprofit community. For example, AFSC provides case management for the wounded, and for surviving families for all military services. AFSC maintains the only computer system that provides integrated benefits calculations based on individual family data.</p>
<p>Army Casualty and Mortuary Affairs Operation Center https://www.hrc.army.mil/site/active/tagd/CMAOC/cmaoc.htm</p>	<p>The Army Casualty and Mortuary Affairs Operation Center (CMAOC) maintains this website and its contents. Simply stated, the CMAOC mission is to assist Army families in an emotionally stressful time of bereavement. The CMAOC website serves as an information and assistance point for casualty-affected Army families and for the many dedicated professionals serving to aid surviving Army family members in their time of greatest need.</p>
<p>Army Long Term Family Case Management https://www.hrc.army.mil/site/Active/TAGD/CMAOC/ALTFCM/index.htm</p>	<p>Army Long Term Family Case Management (ALTFCM) provides long-term support to Families of fallen Soldiers by offering assistance with any concerns or issues, and providing information on services and programs, as well as connecting Families to various outreach organizations.</p>
<p>Children of Fallen Heroes www.cfsrf.org</p>	<p>Welcome to the children of fallen soldiers fund, an organization that was founded as a means of providing college grants and financial assistance to the surviving children and spouses of our us service members who have lost their lives in the Iraq and Afghanistan wars.</p>
<p>Comfort Zone Camp http://www.comfortzonecamp.org/</p>	<p>Comfort Zone Camp is the nation’s largest bereavement camp. Comfort Zone Camps are offered free of charge to children ages 7-17 who have experienced the death of a parent, sibling or primary caregiver. The camps are held year-round in California, Massachusetts, New Jersey, Texas, and Virginia. Comfort Zone Camps create an environment where grieving children can have fun and break the isolation death often brings, while learning valuable coping skills for their daily lives.</p>
<p>Fallen Patriot Fund http://www.fallenpatriotfund.org/</p>	<p>The Fallen Patriot Fund was established to help families of U.S. military personnel who were killed or seriously injured during Operation Iraqi Freedom. Financial resources are vital to enhancing the sustainability of the family unit who has suffered a loss because their loved</p>

	one sacrificed him/herself for freedom.
GI-Bracelet.org http://www.gi-bracelet.org/index.html	Many families fall into financial hardship when the bread winner is injured or killed. We would like to focus on raising money, and give 100% of the money to these great organizations.
Gold Star Family Support Group http://goldstarfamilysupportgroup.com/	The death of a service person just doesn't affect the parents but also the entire family and extended family. Each person has a different way that they grieve and each one has the same goal and that's to come together and learn how to adjust to that "new" normal that life has for each one.
Gold Star Wives http://www.goldstarwives.org/	Gold Star Wives of America, Incorporated is an organization of widows and widowers whose spouses died while on active duty in the military services or as the result of a military service connected cause.
Got Your Back Network http://www.gotyourbacknetwork.org/	Our goal is to provide the children of our country's fallen soldiers the opportunity to intimately interact with our country's most talented leaders. Through diverse coordinated events along with one on one interactions with corporate executives, politicians, professional athletes, and entertainers, The Got Your Back Network provides the avenue for the children of the fallen to learn and be inspired by the most successful leaders of our generation.
Guide for Families of Fallen Soldiers https://www.hrc.army.mil/site/Active/TAGD/CMAOC/SurvivorsGuide/intro.html	This Guide is intended for the sole use of the primary next of kin (PNOK) of Soldiers who die while on active duty. It provides an overview of the rights, benefits, privileges, and entitlements that may be available as well as the process involved in exercising them. Not all PNOKs are eligible for all the benefits discussed in this document.
Guide On http://www.guideon.org/	Guide On is an organization where children who have been affected by the loss of a parent will be provided with leadership and skills training and an outdoor experience along with peers who have shared similar experiences.
Handbook for Families of Deceased Service Members http://www.fallenheroesfund.org/getdoc/5c0f261f-30e1-433f-b3ca-5c4ef7d42182/kiahandbook.aspx	Downloadable handbook to help families of deceased Servicemembers.
Killed in Action Fund http://www.killedinactionfund.org/	Emergency financial assistance will be provided to widows and widowers of United States military personnel killed in an action performed under the umbrella of Operation Enduring Freedom in a foreign country. The assistance will be in the form of a cash grant to those who qualify to the criteria in our policy.
Last Wish Foundation http://www.lastwishfoundation.org/	The objective of this foundation is to grant the last wish of the U.S. servicemembers who have been lost in Operation Iraqi Freedom to provide for their children.

<p>Military Funeral Honors http://www.militaryfuneralhonors.osd.mil/intro.html</p>	<p>The law now mandates the rendering of Military Funeral Honors for an eligible veteran if requested by the family. As provided by law, an honor guard detail for the burial of an eligible veteran shall consist of not less than two members of the Armed Forces. One member of the detail shall be a representative of the parent Service of the deceased veteran. The honor detail will, at a minimum, perform a ceremony that includes the folding and presenting of the American flag to the next of kin and the playing of Taps. Taps will be played by a bugler, if available, or by electronic recording.</p>
<p>No Greater Love http://www.ngl.org/</p>	<p>NGL is the only humanitarian, educational, non-profit organization in the United States solely dedicated to providing annual programs of friendship and care for those who lost a loved one in the service to our country or by an act of terrorism.</p>
<p>Operation Ensuring Christmas http://www.opchristmas.org/</p>	<p>Operation Ensuring Christmas provides financial, moral and rehabilitative support to the Children of Fallen American Troops by providing them Christmas Gift Cards at Christmas and a ‘Christmas in July’, VIP theme park trip to Orlando Florida. This support is to help them recover from the grief and trauma caused by the ultimate sacrifice a child can make for their country...the loss of a parent in war.</p>
<p>Snowball Express http://www.snowballexpress.org/</p>	<p>Snowball Express is the charity for the children of our fallen military heroes. We started in 2006 with a simple idea: Provide hope and new memories to the children of our fallen military heroes who died while on active duty since September 11, 2001.</p>
<p>The Society of Military Widows http://www.militarywidows.org/</p>	<p>The society serves the interests of women whose husbands died while on active military duty, of a service-connected illness, or during disability or regular retirement from the armed forces.</p>
<p>Survivors’ and Dependents’ Educational Assistance Program www.gibill.va.gov/pamphlets/CH35/CH35_Pamphlet_General.htm</p>	<p>Dependents’ Educational Assistance provides education and training opportunities to eligible dependents of certain veterans. The program offers up to 45 months of education benefits. These benefits may be used for degree and certificate programs, apprenticeship, and on-the-job training. If you are a spouse, you may take a correspondence course. Remedial, deficiency, and refresher courses may be approved under certain circumstances.</p>
<p>Survivor Benefit Plan www.defenselink.mil/militarypay/survivor/sbp/index.html</p>	<p>You have entered the Military Pay and Benefits Website sponsored by the Office of the Under Secretary of Defense for Personnel and Readiness. Currently, the major elements of your compensation are discussed.</p>
<p>Tragedy Assistance Program for Survivors http://www.taps.org/</p>	<p>Founded out of tragedy in 1994, TAPS has grown and established itself as the front line resource to families and loved ones of our military men and women. TAPS has provided comfort and care, 24 hours a day, 7 days a</p>

	week through comprehensive services and programs including peer based emotional support, case work assistance, crisis intervention, and grief and trauma resources. Tragedy assistance program for survivors
Wounded Warrior Families Support http://www.woundedwarriorsfamilysupport.org/	Our mission is to provide support to the families of those who have been wounded, injured or killed during combat operations. This group mitigates their trauma by allowing them to find peace and solace as a family once more in family-friendly resorts that we provide free of charge. The resort condominiums that we own in Orlando, Florida and Galveston, Texas are quiet havens where war torn families can reunite and become stronger.

FAMILY HELP

Redistribution Center http://www.redistributioncenter.org/	The Redistribution Center gathers and distributes millions of dollars worth of food, clothing, building supplies, toys, furniture, household goods and other items. These donations serve a wide variety of groups, including members of the armed forces and their families, battered women, disadvantaged individuals families, Native Americans, victims of disasters, terminally ill patients, the aged, homeless and anyone else in genuine need.
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GENERAL SOURCES

4 Military Families http://www.4militaryfamilies.com/	For Family Members of the Air Force, Army, Coast Guard, Marine Corps, National Guard, Navy, and Reserves.
All Military.com http://www.allmilitary.com/	AllMilitary.com offers benefits information written in plain English, daily updates of the military news you need, fun features so you can kick back and relax, and a forum where members can share information and opinions about issues affecting today's military.
The American Legion http://www.legion.org/	The American Legion is a nationwide organization of veterans of the armed forces of the US who served during designated war-time periods.
American Red Cross www.redcross.org	Today, in addition to domestic disaster relief, the American Red Cross offers compassionate services in five other areas: community services that help the needy; support and comfort for military members and their families; the collection, processing and distribution of lifesaving blood and blood products; educational programs that promote health and safety; and international relief and development programs.
Armed Forces Foundation http://www.armedforcesfoundation.org/index1	The Armed Forces Foundation is dedicated to providing comfort and solace to members of the military

.html	community through financial support, career counseling, housing assistance and recreational therapy programs. We offer these vital programs to active-duty and retired personnel, National Guard, Reserve component and their loved ones.
Armed Services YMCA http://www.asymca.org/	The mission of the Armed Services YMCA of the USA is to put Christian principles into practice through educational, recreational, social and religious programs and services for military personnel, both single and married and their family members. The mission is carried out in cooperation with the military. ASYMCA offers essential programs such as childcare, hospital assistance, spouse support services, food services, computer training classes, health and wellness services, and holiday meals, etc.
Army.com http://www.army.com/	A general resource listing jobs, benefits, forums, etc.
The Army Link http://www.thearmylink.iwarp.com/	My entire site is structured to minimize your time searching, by grouping links together by subject and providing quick links to each subject.
Army Mom 101 http://armymom101.blogspot.com/	The primary purpose of Army Mom 101 is to provide a listing of clickable links and detailed descriptions at the 2009 level for support from legitimate organizations which offer support, care packages and assistance to U.S. Military Personnel and/or their families.
Army Times http://www.armytimes.com/	Army Times is the primary newspaper for the U.S. Army.
Army Wife Network http://www.armywifenet.com/	Interactive empowerment for army wives.
The Band of Mothers http://thebandofmothers.com/	The Band of Mothers are devoted to the Band of Brothers and dedicated in our mission to garner support and respect for these Noble Heroes. We believe our Soldiers and Veterans are America's Noble Warriors and Heroes and it is our duty to protect and defend them.
Base Ops.Net http://www.baseops.net/	Baseops.Net is your virtual online version of the Base Operations. We provide pilots the best flight preparation tools, mission planning information, and data available on the Internet.
CinC House.com http://www.cinchouse.com/	Pronounced 'sink- house', we represent the "Commanders in Chief of the House", including girlfriends, fiancées, moms, sisters and all other women who live the military lifestyle. CinCHouse's mission is to provide information, resources, and a community of friends to help you survive the toughest times and enjoy the adventures of military life.
Department of Defense (DOD) http://www.defenselink.mil/	DefenseLINK is the official web site for the Department of Defense and the starting point for finding U.S. military information online.
DOD Office of Community Relations	The Office of the Assistant Secretary of Defense for

http://www.ourmilitary.mil/index.aspx	Public Affairs, Community Relations, fosters public awareness and understanding of Department of Defense (DOD) missions, personnel, programs and requirements.
GovBenefits.gov http://www.govbenefits.gov/govbenefits_en.portal?nfpb=true&pageLabel=gbcc_page_home&nfls=false	GovBenefits.gov is the official benefits website of the U.S. government, with information on over 1,000 benefit and assistance programs. GovBenefits.gov is a partnership of Federal agencies with a shared vision - to provide improved, personalized access to government assistance programs.
Government Web www.usa.gov	As the U.S. government's official web portal, USA.gov makes it easy for the public to get U.S. government information and services on the web.
The Heart of a Marine Foundation http://www.heartofamarine.org/home.aspx	The Heart Of A Marine Foundation provides comfort, support, financial assistance, and educational resources to improve the quality of life of military personnel and veterans from all branches of the United States Armed Forces, veterans, and their families.
MilitaryAvenue.com http://www.militaryavenue.com/	At MilitaryAvenue.com, we know from personal experience that military moves, military travel, and frequent change are a part of our culture. Finding military-friendly businesses in new communities and resources that aid our mobile lifestyle can become an overwhelming task. MilitaryAvenue exists to attempt to ease these burdens!
Military Community and Family Policy http://apps.mhf.dod.mil/pls/psgprod/f?p=eMag.Home:20264122321881	The Office of the Deputy Under Secretary of Defense for Military Community and Family Policy (MC&FP) is directly responsible for programs and policies that establish and support community quality of life programs on military installations for service members and their families worldwide.
Military Family Network http://www.emilitary.org/	To support military families and increase their readiness and well-being by connecting them with their communities and the organizations that provide the best service and value.
Military Family Program http://www.carlisle.army.mil/usawc/dclm/milfam.htm#dep	The U.S. Army War College Military Family Program contributes to this ongoing commitment with three major objectives; Develop the physical, emotional, social, spiritual, and intellectual well being of the individual as a member of the Family; Reinforce relationships between military Family issues and readiness; Prepare students and spouses for roles as senior leaders in developing and implementing personal, unit, and community Family programs.
Military Family Research Institute http://www.cfs.purdue.edu/MFRI/pages/military/	Research concerning the performance, retention and satisfaction of military members and their families is the sole focus of our organization. Although our intention is for this research to be used to affect military policy, we do want military families to feel welcome to visit our site and learn more about our projects.
Military Front for Families	Military Front for Families MFF is a place for all who

http://mff.4mg.com/index.html	have loved ones serving in today's military. Our goal is to help military families help themselves.
Military Homefront www.militaryhomefront.dod.mil	MilitaryHOMEFRONT is the Department of Defense website for official Military Community and Family Policy (MC&FP) program information, policy and guidance designed to help troops and their families, leaders, and service providers.
Military Life.com http://www.militarylife.com/	Militarylife.com is updated daily with articles about the people and events that affect the military community. The resources section offers links to military-affiliated websites, the latest statistics on pay and benefits, health care, base guides, and much more. militarylife.com has been named a partner of the Veterans History Project, a Library of Congress initiative to collect and preserve veterans' wartime memories. We also offer a question-and-answer service called The Company Clerk, the opportunity for you to get answers from your exchange and commissary officials in our Savvy Shopper column, and a place to post messages to long-lost friends in our In Search Of section.
Military Limited http://www.militaryltd.com/	Military Limited is a military website that features information, resources, events, groups, and organizations of the Armed Forces.
Military One Source www.militaryonesource.com	Military OneSource is a valuable tool for military members and their families.
Military Partners http://www.militarypartners.com/default.asp	Military Partners provides a one stop military web site. This site belongs to all of our service members, past and present.
Military Spot.com http://www.militaryspot.com/	The Mission of MilitarySpot.com is to help Military People find Military news and information.
MilSpouse.com www.milspouse.com	General website with multiple resources.
Military Spouse.org http://www.milspouse.org/	MilSpouse.org is your resource library for military spouse employment, education, and relocation information. Here you will find links to employment related information and other resources for military spouses and military families.
Military Wives http://www.militarywives.com/	As a retired Marine couple, we know just how new and puzzling, and sometimes how lonely or difficult it can be to find what you need. That is why we created this network and filled it with all kinds of resources to help you find whatever you may need... and to find one another.
Morale Wellness and Recreation (MWR) http://www.armymwr.com/	Soldiers are entitled to the same quality of life as is afforded the society they are pledged to defend. Keeping an Army ready to fight and win takes more than hard work and training. Soldiers need a balance of work and play. The FMWRC mission is to create and maintain "First Choice" MWR products and services for America's Army, essential to a ready, self-reliant force.

<p>Mothers of Military Support http://www.mothersofmilitarysupport.com/</p>	<p>Mothers Of Military Support is a tax-exempt, 501(c)(3) organization founded by Mrs. Elizabeth Johnston in 2003. Our mission is to provide positive support of our service members, family and community, by providing services that are consistently available, accessible, and responsive to the needs of individual service members, families, and groups seeking assistance. To work with the community to contribute, facilitate, and promote awareness of the needs of our men and women in the armed service to the enrichment of all.</p>
<p>My Armed Forces Hero http://www.myarmedforceshero.com/</p>	<p>MyArmedForcesHero.com will be the premiere military family website worldwide, offering soldiers and their families unparalleled connections at no cost, as well as meeting and exceeding their expectations for useful, accurate information in a quick, attractive, secure and easy-to-use format. We connect soldiers and families with the people and information they value most.</p>
<p>National Guard http://www.nationalguard.com/index.php</p>	<p>Home site of the US National Guard.</p>
<p>National Guard Association of the US http://www.ngaus.org/index.asp</p>	<p>NGAUS provides states and our members unified representation before Congress. The NGAUS legislative department is the lobbying branch of the association. NGAUS also provides military scholarships.</p>
<p>National Guard Family Program http://www.jointservicesupport.org/fp/</p>	<p>To establish and facilitate ongoing communication, involvement, support, and recognition between National Guard families and the National Guard in a partnership that promotes the best in both.</p>
<p>National Guard Virtual Armory http://www.virtualarmory.com/</p>	<p>Online hub of resources for the National Guard.</p>
<p>National Military Family Association http://www.nmfa.org/site/PageServer</p>	<p>To educate military families concerning their rights, benefits and services available to them and to inform them regarding the issues that affect their lives and to promote and protect the interests of military families by influencing the development and implementation of legislation and policies affecting them.</p>
<p>Network of Care for Veterans & Service Members http://networkofcare.org/index2.cfm?productid=17</p>	<p>The Network of Care for Veterans & Service Members is a one-stop shop for virtually all services, information, support, advocacy, and much more. Right now, CA and MD sites are linked to this site.</p>
<p>Olive-Drab http://www.olive-drab.com/index.php</p>	<p>Welcome to Olive-Drab.com, where you will find over a thousand pages of military photos and information resources. Military jeeps, HMMWVs, trucks, tanks, weapons and ammunition, rations, web gear and field equipment, electronics, history, books & videos, and much more. From World War II through Korea, Vietnam, the Gulf War and the wars of the 21st Century you will find reading and photos on all the things that equip the soldier and keep the military moving.</p>
<p>RAPIDS Military ID Cards Sites Locator http://www.dmdc.osd.mil/rsl/owa/home</p>	<p>Search for your nearest RAPIDS location to receive your military ID card.</p>

Salute Our Services http://www.saluteourservices.org/skins/sos/display.aspx?mode=user	Salute Our Services was created in 2001 to augment existing family support programs of the United States Military and to encourage and facilitate the use of the Internet as a tool to enhance communication between deployed Soldiers and the families they leave behind while serving our Country.
Sloan Work and Family Research Network http://wfnetwork.bc.edu/topic.php?id=38	The Alfred P. Sloan Work and Family Research Network is the premier online destination for information about work and family. The Network serves a global community interested in work and family research by providing resources and building knowledge. The Network has a whole section devoted to military families and the issues they face.
Surviving Deployment http://www.survivingdeployment.com/	Information and Resources for military families.
Troops Support http://troopssupport.com/	An Index of US Military Support Web Sites
USA4 Military Families http://www.usa4militaryfamilies.dod.mil/	Department of Defense and states, partnering to support military families. The Under Secretary of Defense for Personnel and Readiness, Dr. David S. C. Chu is responsible for overseeing the quality of life for all guard, reserve, and active duty Service members and their families. He has delegated quality of life responsibilities to the Under Secretary of Defense (Military Community and Family Policy) and the Assistant Secretary of Defense (Reserve Affairs) to take action to support military families.
USO http://www.uso.org/banners/lp/601/supportourtroops.html?id=601&attr=defext1&afsrc=1	The USO is perhaps most famous for bringing top flight performers from Bob Hope to Robin Williams to Kid Rock directly to the Front to entertain the troops. But we also provide essential services that support not only our GIs around the world, but also their families left behind at home.
Veterans Administration http://www.va.gov/	Our goal is to provide excellence in patient care, veterans' benefits and customer satisfaction. Our department's employees continue to offer their dedication and commitment to help veterans get the services they have earned.
Virtual Family Readiness Group http://www.armyfrg.org	ArmyFRG is your direct connection to Command information for your unit. Register today for your unit's Virtual FRG site and get connected to all of the pertinent information and resources you need to stay informed and connected.

HEALTH/MENTAL HEALTH

African American Post Traumatic Stress Disorder Association http://www.aaptsdassn.org/	We are dedicated to the service of all veterans and the family members of veterans in the achievement and education of Veterans Benefits. We assist ALL veterans, of all colors/race/creed/gender with ALL
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	claims to the VA for compensation and pension.
Armed Services Blood Program http://www.militaryblood.dod.mil/	The ASBP plays a key role in providing quality blood products for Service members and their families in both peace and war. As a joint operation among the military services (Army, Navy, Air Force), the ASBP has many components working together to collect, process, store, distribute, and transfuse blood worldwide.
Army Behavioral Health http://www.behavioralhealth.army.mil/	When our Soldiers return home, most will experience a brief readjustment period and a successful home transition. Some will need short or long-term counseling to assist in their transition. Medical assistance from the Army and the VA is available to provide treatment and see them through to a healthy outcome.
Army Medicine http://www.armymedicine.army.mil/	With the war on terrorism raging, the spotlight justifiably is on the Army's medics, evacuation units, surgical teams and field hospitals in the theater of war. Yet the Army Medical Department is also a seamless chain of care stretching back to fixed hospitals in Europe and the United States, where soldiers receive state-of-the-art care.
Battlemind Training https://www.battlemind.army.mil/	Reflects a strength-based, positive psychology approach to Warrior behavioral health. It is designed for Warriors, Leaders, Spouses, Families and behavioral health providers. Training and information is targeted to all phases of the Warrior deployment cycle, Warrior life cycle and Warrior support system.
The Center for Deployment Psychology. http://www.deploymentpsych.org/	To train military and civilian psychologists and other mental health professionals to provide high quality deployment-related behavioral health services to military personnel and their families.
Citizen Soldier Support Program http://www.citizensoldiersupport.org/	Communities want to support our Reserve and National Guard members and their families but need guidance on how to demonstrate their caring. The CSSP has as its mission to engage and connect military and community service systems to increase the readiness and resiliency of the Reserve members and their families. CSSP as unified its approach under a single Reserve Component Behavioral Health Initiative to addressing the issues confronting our Reserve Component members and their families through a variety of methods.
Courage to Care http://www.usuhs.mil/psy/RFSMC.pdf	Courage to Care is a health promotion campaign from the Uniformed Services University of Health Sciences.
Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury (DCoE) http://www.dcoe.health.mil/default.aspx	DCoE assesses, validates, oversees and facilitates prevention, resilience, identification, treatment, outreach, rehabilitation, and reintegration programs for psychological health (PH) and traumatic brain injury (TBI) to ensure the DoD meets the needs of the nation's military communities, warriors and families.
Deployment Health Clinic Center http://www.pdhealth.mil/	PDHealth.mil was designed to assist clinicians in the delivery of post-deployment healthcare by fostering a

	trusting partnership between military men and women, veterans, their families, and their healthcare providers to ensure the highest quality care for those who make sacrifices in the world's most hazardous workplace.
Give an Hour http://www.giveanhour.org/skins/gah/home.aspx	Currently, GAH is dedicated to meeting the mental health needs of the troops and families affected by the ongoing conflicts in Iraq and Afghanistan. We provide counseling to individuals, couples and families, and children and adolescents. We offer treatment for anxiety, depression, substance abuse, post-traumatic stress disorder, traumatic brain injuries, sexual health and intimacy concerns, and loss and grieving
Health Net Federal Services www.healthnetfederalservices.com	We are committed to providing our government partners quality health care services. As the first company in the United States to develop comprehensive managed care programs for military families, we have a long history of providing cost-effective, quality managed health care programs for government agencies, including the Department of Defense and Veterans Affairs.
Hooah4Health http://hooah4health.com/	HOOAH! and welcome to the U.S. Army health promotion and wellness web site. Unlike other health-related web sites, this one is specifically targeted for the Reserve Components. Hooah 4 Health is a health promotion partnership that allows individuals to assume the responsibility to explore options and take charge of their health and well being.
Hope for the Warriors http://www.hopeforthewarriors.org/	The mission of Hope for the Warriors™ is to enhance quality of life for US Service Members and their families nationwide who have been adversely affected by injuries or death in the line of duty. To accomplish our mission, we have designed special programs that allow and encourage community involvement.
Institute of Medicine Health of Veterans and Deployed Forces http://veterans.iom.edu/	For many years, the Institute of Medicine has produced reports on the health and protection of deployed military forces and veterans. This site provides information about the Institute's work in this area.
Invisible Wounds of War http://www.rand.org/multi/military/veterans/	Early evidence suggests that many returning service members may be suffering from post-traumatic stress disorder and depression. Traumatic brain injury is also a major concern. But there is limited evidence about the scope of the problem or the most effective treatments. RAND assessed the post-deployment health-related needs associated with post-traumatic stress disorder, major depression, and traumatic brain injury; examined the treatment capacity of the current health care system, and estimated the costs of providing quality health care to all military members who need it. Details of RAND's study are described in <i>Invisible Wounds of War: Psychological and Cognitive Injuries, Their Consequences, and Services to Assist Recovery</i> . A

	companion volume, <i>Invisible Wounds of War: Summary and Recommendations for Addressing Psychological and Cognitive Injuries</i> , offers specific recommendations for addressing PTSD, major depression, and TBI among veterans of Afghanistan and Iraq.
Leaders Guide for Managing Marines in Distress http://www.usmc-mccs.org/leadersguide/	The Leaders Guide for Managing Marines in Distress is designed to provide guidance and tools to leaders on what to look for, what to do and specific resources for helping Marines who are in distress. It covers approximately 40 different problems Marines may face.
Lehner Foundation http://www.lehnerfoundation.org/index.html	Our mission is to help veterans returning from Iraq and Afghanistan heal the wounds within by providing the most up to date psychiatric help combined with a holistic approach in a controlled, loving, civilian environment.
Mental Health Self-Assessment Program https://www.militarymentalhealth.org/welcome.asp	The Mental Health Self-Assessment Program® (MHSAP) offers service personnel and their families the opportunity to take anonymous, mental health and alcohol use self-assessments online, via the phone, and through special events held at installations. After completing a self-assessment, individuals receive referral information including services provided by TRICARE, Military OneSource and Vet Centers.
MHN Government Services https://www.mhngs.com/app/home.content	We provide Active Service members, Guard and Reserve components, their families and veterans with the coping skills, proven behavioral techniques and psycho-education necessary to thrive in the face of the challenges presented by the military lifestyle.
Military and Family Life Consultant Program https://www.mhngs.com/app/programsandservices/mflc_program.content	Through the MFLC Program, licensed clinical providers assist Service Members and their families with issues they may face through the cycle of deployment.
Military Health System http://health.mil/	America’s Military Health System (MHS) is a unique partnership of medical educators, medical researchers, and healthcare providers and their support personnel worldwide. The MHS is prepared to respond anytime, anywhere with comprehensive medical capability to military operations, natural disasters and humanitarian crises around the globe, and to ensure delivery of world-class healthcare to all DOD service members, retirees, and their families. The MHS promotes a fit, healthy and protected force by reducing non-combat losses, optimizing healthy behavior and physical performance, and providing casualty care.
Military Health System Partnership for Health http://deploymentlink.osd.mil/	The site provides information to: safeguard the health and well-being of Service members and their families, promote and sustain a healthy and fit force, prevent injuries and illness and protect the force from health hazards, and sustain world-class medical and rehabilitative care to the sick and injured anywhere in the world.

<p>Military Pathways http://www.militarymentalhealth.org/Welcome.aspx</p>	<p>To help those who may be struggling, the Department of Defense teamed up with Screening for Mental Health[®], to launch Military Pathways. The program is available online, over the phone, and at special events held at installations worldwide. It provides free, anonymous mental health and alcohol self-assessments for family members and service personnel in all branches including the National Guard and Reserve. The primary goals of the program are to reduce stigma, raise awareness about mental health, and connect those in need to available resources. The self-assessments address depression, posttraumatic stress disorder (PTSD), generalized anxiety disorder, alcohol use and bipolar disorder. After an individual completes a self-assessment, s/he is provided with referral information including services provided through the Department of Defense and Veterans Affairs.</p>
<p>National Alliance on Mental Illness Veterans Resources http://www.nami.org/template.cfm?section=Veterans_Resources</p>	<p>Recent studies tell us that nearly a third of veterans who seek care through Veterans Administration (VA) health centers receive mental health diagnoses. With more and more soldiers returning from Iraq and Afghanistan with mental health concerns, NAMI recognizes the need for increased services for veterans and their families.</p>
<p>National Center for PTSD http://www.ptsd.va.gov/</p>	<p>The Center aims to help U.S. Veterans and others through research, education, and training on trauma and PTSD.</p>
<p>National Suicide Prevention Lifeline http://www.suicidepreventionlifeline.org/Veterans/Default.aspx</p>	<p>The Department of Veterans Affairs' (VA) has founded a national suicide prevention hotline to ensure veterans in emotional crisis have free, 24/7 access to trained counselors. Veterans can call the Lifeline number, 1-800-273-TALK (8255), and press "1" to be routed to the Veterans Suicide Prevention Hotline.</p>
<p>Navy Leader's Guide for Managing Personnel in Distress http://www-nehc.med.navy.mil/LGuide/index.htm</p>	<p>The purpose of the Navy Leader's Guide for Managing Personnel in Distress is to help Leaders at all levels recognize distress related behaviors, provide support to Sailors within the unit, and collaborate with helping agencies to meet the needs of individuals in distress. The guide aims to assist leaders in the decision-making process by describing a broad range of supportive interventions, resources, and strategies for supporting Sailors in distress. It also provides guidance on effective communications with Navy helping personnel.</p>
<p>Navy Medicine http://navymedicine.med.navy.mil/</p>	<p>With the war on terrorism raging, the spotlight justifiably is on the Army's medics, evacuation units, surgical teams and field hospitals in the theater of war. Yet the Army Medical Department is also a seamless chain of care stretching back to fixed hospitals in Europe and the United States, where soldiers receive state-of-the-art care.</p>

<p>Operation Healthy Reunions http://www.nmha.org/reunions/index.cfm</p>	<p>Mental Health America is proud to champion Operation Healthy Reunions, a program that provides education and helps to bust the stigma of mental health issues among soldiers, their families, and medical staff to ensure that a greater number of military families receive the prompt and high-quality care they deserve. Mental Health America distributes educational materials on such topics as reuniting with your spouse and children, adjusting after war, depression, and post-traumatic stress disorder (PTSD).</p>
<p>Post Deployment Health Reassessment Program http://www.ncnga.org/links/PDHRA.pdf</p>	<p>A program to assess the health of soldiers after return from a deployment.</p>
<p>PTSD Anonymous http://www.ptsdanonymous.org/</p>	<p>A network of non-clinical, community based self-help groups where veterans talk to other veterans.</p>
<p>Quit Tobacco—Make Everyone Proud http://www.ucanquit2.org/</p>	<p>Quit Tobacco—Make Everyone Proud is an educational campaign for the U.S. military, sponsored by the U.S. Department of Defense. The mission of the campaign Web site is to help U.S. service members quit tobacco—for themselves and for the people they love. The Web site provides the opportunity to learn more about tobacco cessation, develop a personalized plan for quitting, create a personal or public blog, and communicate privately with a live help feature. This feature is unique in that trained cessation counselors are available for confidential online conversations from 8:30 a.m. to 10 p.m. EST.</p>
<p>Raven Drum Foundation's Resiliency Program http://www.ravendrumfoundation.org/</p>	<p>Raven Drum Foundation's Resiliency Program is an innovative healing program for veterans, active duty military, and their families. We use self-care modalities to aid in healing combat-related trauma, and the everyday stress, anxiety, and depression experienced by service men and women and their families.</p>
<p>Real Warriors Campaign http://www.realwarriors.net/</p>	<p>The Real Warriors Campaign combats the stigma associated with seeking psychological health care and treatment and encourages service members to increase their awareness and use of these resources. To reach the broadest audience possible, the campaign features a variety of strategies including outreach and partnerships, print materials, media outreach, an interactive Web site and social media. We want to promote the processes of building resilience, facilitating recovery and supporting reintegration of returning service members, veterans and their families.</p>
<p>The Soldiers Project http://www.thesoldiersproject.org/</p>	<p>The Soldiers Project is a private, non-profit, independent group of volunteer licensed mental health professionals including psychiatrists, psychologists, social workers, and marriage and family therapists. We provide free counseling and support to military service members who have served or who expect to serve in the Iraq and/or</p>

	Afghanistan conflicts and to veterans of those conflicts. We see active duty as well as members of activated Reserve or Guard units. In addition, our services are available to the families and other loved ones of service members. We provide help to service members and families struggling with issues related to the overwhelming trauma of war including the cycle from pre-deployment to deployment to homecoming and re-entry to civilian life. Our services are entirely free of charge. We do not report to any government agency.
SOFAR: Strategic Outreach to Families of All Reservists http://www.sofarusa.org/	The goal of SOFAR is to provide a flexible and diverse range of psychological services to military families to: foster stabilization, help prevent crises, and help manage acute problems.
TRICARE www.tricare.osd.mil	Medical insurance for military families.
TRICARE Dental Program www.tricare dental program.com	Dental insurance for military families.
Uniformed Services University www.usuhs.mil	USU has a worldwide reputation as a center of excellence for military and public health professions education and research.
United States Military Cancer Institute http://www.usmci.org/	The United States Military Cancer Institute (USMCI) is a tri-service program whose goal is to initiate, develop, coordinate and enhance multi-institutional cancer research, education and care within the military system.
U.S. Army Center for Health Promotion and Preventive Medicine http://chppm-www.apgea.army.mil/	The USACHPPM team is a linchpin of medical support to combat forces and of the military managed-care system. It provides worldwide scientific expertise and services in clinical and field preventive medicine, environmental and occupational health, health promotion and wellness, epidemiology and disease surveillance, toxicology, and related laboratory sciences. It supports readiness by keeping Soldiers fit to fight, while also promoting wellness among their families and the federal civilian workforce.
Warrior Care http://www.warriorcare.mil/	These resources range from specific programs to sources of information. All play a role in ensuring you get the assistance to which you are entitled. WarriorCare.mil serves as a portal to these various resources. Whether you are currently active-duty military, veteran, a family member or a concerned neighbor, the links on this site will provide answers to your questions or ideas for where to turn next.

HOUSING

HUD Veteran Resource Center http://www.hud.gov/offices/cpd/about/hudvet/index.cfm	The HUD Veteran Resource Center (HUDVET) was created for you as a result of a unique partnership between National Veteran Service Organizations and HUD. This directory is designed to increase your
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	knowledge of and participation in the wide variety of HUD homeless assistance programs and services for veterans and other individuals who are homeless or at risk of becoming homeless. CPD's goal is to provide veterans and their family members with information on HUD's community-based programs and services. It is our hope that, equipped with this knowledge, armed forces personnel and veterans can become more involved in the community-based planning and decision-making process as well as utilization of services and local resources.
Military Housing Assistance Fund http://www.usmhaf.org/	MHAF assists military families by providing them with grants to assist them with purchasing a home. The grants are true gifts and never need be repaid.
MilitaryByOwner http://www.militarybyowner.com/	MilitaryByOwner.com will provide a comprehensive low cost means for military members and their families to advertise on the world wide web. The service will be provided throughout the year and will encompass all locations where military members may be stationed to include overseas assignments.

INJURED SOLDIERS

Aid for Wounded Soldiers http://www.aidforwoundedsoldiers.org/	Aid for Wounded Soldiers provides comfort and relief items for soldiers, sailors, airmen and marines sick, injured or wounded from service in Iraq and Afghanistan. We purchase specific items requested by Military Medical Centers, VA Medical Centers and Fisher House rehabilitation facilities each week. We also provide financial support to <i>CrisisLink</i> , a Hotline for wounded soldiers and their families, and <i>Hope for the Warriors</i> , special projects for wounded soldiers. The purpose of our mission is to lift their spirits and enhance their morale as well as affect a lifetime support program.
Air Compassion for Veterans http://www.aircompassionforveterans.org/	The mission and purpose of Air Compassion For Veterans is to ensure that no financially-stressed wounded warrior / veteran / active duty military person or their family member(s) is denied access to distant specialized medical evaluation, diagnosis, treatment, or rehabilitation for lack of a means of long-distance medical air transportation.
Aleethia Foundation http://www.aleethia.org/	We are a small nonprofit dedicated to helping the newly injured troops. We are just a few people, all volunteers, trying to aid in the initial phase of recovery. We do this by providing dinners and short term recreation outings and small grants.
American Patriot Program http://www.americanpatriotprogram.org/	The American Patriot Program is a group of organizations from around America that have united to honor the American veteran that has been wounded serving our country in armed conflict.

<p>America's Heroes at Work http://www.americasheroesatwork.gov/</p>	<p>Welcome to America's Heroes at Work - a U.S. Department of Labor (DOL) project that addresses the employment challenges of returning service members living with Traumatic Brain Injury (TBI) and/or Post-Traumatic Stress Disorder (PTSD).</p>
<p>America's Mighty Warriors http://www.americasmightywarriors.org/</p>	<p>I am starting America's Mighty Warriors in memory of my son Marc Alan Lee the first Navy SEAL killed in Iraq. I want to encourage the troops and their families through random acts of kindness and to inspire and motivate the wounded warriors and their families and help them in their rehabilitation.</p>
<p>Angels of Mercy Program www.supportourwounded.org</p>	<p>We serve our wounded military and their families at Walter Reed Army Medical Center & National Naval Medical Center while providing assistance to combat support hospitals in zone and clothing and school supplies for Afghan and Iraqi children.</p>
<p>Armed Forces Services Corporation (AFSC) http://www.afsc-usa.com/</p>	<p>Today, AFSC provides world-class strategic consulting and direct support services to programs throughout government and the nonprofit community. For example, AFSC provides case management for the wounded, and for surviving families for all military services. AFSC maintains the only computer system that provides integrated benefits calculations based on individual family data.</p>
<p>Army Career and Alumni Program http://www.acap.army.mil/</p>	<p>This site was created to help eligible Army wounded warriors, their family members and caregivers successfully transition from military service.</p>
<p>Back in the Saddle http://www.bitsbybit.org/</p>	<p>B.I.T.S. (Back In The Saddle) is dedicated to improving the quality of life for combat injured men and women serving or having served in the Armed Services, their immediate families and families of deceased servicemen and women by providing physical, and psychological health and overall well-being by utilizing equine facilitated therapy.</p>
<p>Bold Brave Courageous http://www.boldbravecourageous.com/frameset.htm</p>	<p>The purpose of Bold Brave Courageous is to offer comfort items to injured Military Personnel who have returned from Afghanistan and Iraq. These items include supplemental clothing, toiletries, and entertainment devices such as CDs, CD players, DVDs, books, and games. We package these "comfort items" up in rolling suitcases, then deliver these suitcases to the injured personnel who are recovering in our Nation's military hospitals.</p>
<p>Bowlers to Veterans Link http://www.bowlforveterans.org/</p>	<p>The Bowlers to Veterans Link is a national charity which supports America's veteran and active duty service men and women. BVL grants provide arts and crafts programs, music and sports activities, reading materials, board games and much more to help boost their spirits, speed recuperation, and improve morale.</p>

Camp Patriot http://www.camppatriot.org/	Camp Patriot exists to take Disabled U.S. Veterans on outdoor adventures.
Caring Bridge http://www.caringbridge.org/	CaringBridge is a web service that connects family and friends during a critical illness, treatment or recovery. A CaringBridge website is personal, private and available 24/7. It helps ease the burden of keeping family and friends informed. Patients and caregivers draw strength from loved ones' messages of support.
Cause http://www.cause-usa.org/	Cause recreation and entertainment programs reach thousands of injured service men and women facing months of medical care and rehabilitation far from home and family. These programs are designed to bring a bit of relaxation and fun into what are, for many, very challenging circumstances. But they also serve a much more serious purpose: that of helping wounded warriors begin the normalization process and the re-entry to home and community as they take their long journey back to health.
Coalition to Salute America's Heroes http://www.saluteheroes.org/	The Coalition to Salute America's Heroes was created to provide a way for individuals, corporations and others to support our troops by helping severely wounded and disabled Operation Enduring Freedom and Operation Iraqi Freedom veterans and their families rebuild their lives with emergency financial relief.
Defense and Veterans Brain Injury Center http://www.dvbic.org/	The mission of the Defense and Veterans Brain Injury Center (DVBIC) is to serve active duty military, their beneficiaries, and veterans with traumatic brain injuries (TBIs) through state-of-the-art clinical care, innovative clinical research initiatives and educational programs.
Disabled DoD Vets http://www.dodvets.com/	The Department of Defense (DoD) provides employment opportunities for disabled men and women who honorably served on behalf of our Nation. As the largest Federal employer of veterans, we are committed to providing every disabled veteran who wants to serve our country as a DoD civil servant the opportunity to do so.
Disabled Veterans Rest Camp http://www.vetscampmn.org/	The Disabled Veterans Rest camp provides facilities and opportunities for recreation, rest and well being for all women and men who have served or are serving in the Armed Forces of the United States.
Easter Seals http://www.easterseals.com/site/PageServer?pagename=ntl_military_veterans	In communities nationwide, Easter Seals is being asked to help meet the needs of America's military service members and veterans with disabilities and their families. Our goal is to promote their successes by helping them attain their personal and family goals while becoming full participants within their own communities. Easter Seals has programs to help military families in regards to camping and recreation, public policy and transportation.
Entrepreneurship Bootcamp for Veterans with	The 'Entrepreneurship Bootcamp for Veterans with

Disabilities http://whitman.syr.edu/ebv/	Disabilities' (EBV) offers cutting edge, experiential training in entrepreneurship and small business management to soldiers, sailors, airmen, and marines disabled as a result of their service supporting operations Enduring Freedom and Iraqi Freedom.
The Fisher House http://www.fisherhouse.org/	Fisher House™ Foundation donates "comfort homes," built on the grounds of major military and VA medical centers. These homes enable family members to be close to a loved one at the most stressful times - during the hospitalization for an unexpected illness, disease, or injury.
Freedom is Not Free http://www.freedomisnotfree.com/	We are proud to aid wounded troops, their families and families of the fatally wounded. Since its establishment we have raised funds to serve, support and increase awareness with the aim of easing our heroes' and their families' burdens.
Gold Star Dads of America http://www.goldstardads.org	The mission of Gold Star Dads of America is to provide the much needed funding to purchase and distribute high quality wheelchairs for our Wounded Warriors and to assist and encourage these fine young men and women and their families.
Golf Supports Our Troops http://www.golfsupportsourtroops.org/	Golf Supports Our Troops (GSOT) aims to improve the lives of wounded and disabled veterans through the game of golf. We donate golf exercise and training equipment to rehabilitation departments at U.S. military medical facilities and VA hospitals to be used in their physical therapy programs. Our Mission Statement also states that we will 'honor America's Heroes who have given their lives in Operations Iraqi and Enduring Freedom'. To that end, we have created A Golf Memorial which honors all U.S. troops who have died in Iraq and Afghanistan.
Guitars for Vets http://www.guitarsforvets.org/	Guitars for Vets is a non-profit organization designed to enhance the lives of ailing and injured veterans by providing them with guitars and music instruction.
A Handbook for Injured Service Members and Their Families http://www.fallenheroesfund.org/getdoc/bd6de713-53b3-4060-81b6-7190393f27dc/injuredhandbook.aspx	A downloadable booklet entitled A Handbook for Injured Service Members and Their Families.
Hearing Loss of America http://www.hearingloss.org/veterans/index.asp	Do you have a hearing loss due to military service? A report from the Department of Veterans Affairs estimated that more than 59,000 military members are on disability for hearing loss from OIF and OEF. Hearing Loss Association of America (HLAA) is here to help. We have some offers and information for you.
Help Hospitalized Veterans http://www.hhv.org/	Help Hospitalized Veterans (HHV) is an organization established for the purpose of distributing therapeutic arts & crafts kits, free of charge, to patients receiving care at Department of Veterans Affairs medical centers,

	state nursing homes for veterans and military hospitals. HHV also encourages volunteerism and pen-pal relationships with hospitalized veterans.
Hero Miles http://www.fisherhouse.org/programs/heroMiles	This program gives family members of wounded servicemen and women free plane tickets to visit their loved ones recovering at military hospitals across the country. Operation Hero Miles gives ordinary citizens an opportunity to help our troops in a very direct way that makes a real difference in their lives. Travelers donate their unused frequent flyer miles to the Fisher House Foundation.
Hire Heroes USA http://www.hireheroesusa.org/	HHUSA's mission is to provide career placement assistance to all of our returning service men and women. The HHUSA program focuses on the career placement of Operation Iraqi Freedom and Operation Enduring Freedom veterans, specializing in the placement of those injured or with any level of disability.
Homes for Our Troops http://www.homesforourtroops.org/site/PageServer	This organization is strongly committed to helping those who have selflessly given to their country and have returned home with serious disabilities and injuries. We assist severely injured Servicemen and Women and their immediate families by raising donations of money, building materials and professional labor and then coordinating the process of building a new home or adapting an existing home for handicapped accessibility. The finished home is then given to the veteran.
Hope for the Warriors http://www.hopeforthewarriors.org/	The mission of Hope for the Warriors™ is to enhance quality of life for US Service Members and their families nationwide who have been adversely affected by injuries or death in the line of duty.
Impact A Hero http://www.impactplayer.org/index.php	Imagine waking up every day without one or more of your limbs, with severe burns or even being paralyzed. For hundreds of War on Terror wounded veterans these new physical realities will be with them for the rest of their lives. Impact A Hero is an organization created to provide a simple mechanism for individuals and corporations to help provide emotional and financial support for our severely wounded /disabled War on Terror veterans and their families.
The Intrepid Fallen Heroes Fund http://www.fallenheroesfund.org/	The Intrepid Fallen Heroes Fund was established in 2000 to provide financial support for the dependents of United States military personnel lost in performance of their duty. Ground was broken on the Fund's current project, the National Intrepid Center of Excellence (NICoE) in June of 2008. NICoE will be a 72,000 square foot, two-story facility located on the Navy campus at Bethesda, Maryland, adjacent to the new Walter Reed National Military Medical Center, NICoE will provide the most advanced services for advanced

	diagnostics, initial treatment plan and family education, introduction to therapeutic modalities, referral and reintegration support for military personnel and veterans with TBI and post traumatic stress disorder.
Kitchen Table Gang http://www.kitchentablegang.org/	We only want you to remember and honor our hospitalized veterans, troops overseas and homeless veterans who have served our country with great honor and distinction. The Kitchen Table Gang is trying to make life a little more pleasant for our hospitalized veterans and to lessen the bleakness that permeates many VA hospitals and help our soldiers and Marines overseas.
Laptops for the Wounded http://www.laptopsforthewounded.com/	Laptops for the Wounded provides laptops with webcams to wounded troops in military hospitals. The laptops are then used by the troops to remain in contact with wives, husbands, families and loved ones, while recuperating from their combat wounds. The laptops will then remain at the hospitals to be used by other incoming wounded troops to contact, and remain in contact, with loved ones.
Luke's Wings http://www.lukeswings.org/	Luke's Wings provides travel planning services and airplane tickets for the families of wounded warriors currently hospitalized at medical and rehabilitation centers all over the country.
Military In-Step http://www.amputee-coalition.org/military-instep/amputee-rehab.html	Military In-Step is a publication of the Amputee Coalition of America in partnership with the US Army Amputee Patient Care Program. 100 Days of Summer
National Amputation Foundation http://www.nationalamputation.org/	Welcome to the National Amputation Foundation website. Founded in 1919, The National Amputation Foundation (NAF) has for over 80 years been offering valuable assistance to veterans of World War I, II, Korea, the Vietnam Conflict, Desert Storm and Iraqi Freedom. Since then, the Foundation has expanded its facilities to include civilian amputees as well.
National Resource Directory http://www.nationalresourcedirectory.gov/nrd/public/DisplayPage.do?parentFolderId=6006	The National Resource Directory (NRD) is an online tool for wounded, ill and injured Service Members, Veterans, their families, and those who support them. The NRD provides access to more than 11,000 services and resources at the national, state and local levels that support recovery, rehabilitation and community reintegration.
Noanie.com http://www.noanie.com/	Please show your support for our wounded soldiers at Landstuhl Regional Medical Center (LRMC), Germany. Landstuhl Regional Medical Center (LRMC), the largest American hospital outside the United States, is where the majority of our wounded soldiers are directly transferred to from the field while serving in the Middle East, Persian Gulf areas and Europe. Wounded soldiers arrive daily. Only new items are being accepted.
Ombudsmen	Ombudsmen function as independent, impartial and

http://medcomombudsman.amedd.army.mil/	neutral mediators for Warriors in Transition and their Family members, who are in need of assistance in the resolution of problems encountered during their healing process.
Operation First Response http://www.operationfirstresponse.org/	The Mission of Operation First Response, Inc (OFR) is to support our nation's wounded Heroes and their families with personal and financial needs.
Operation Helping Hand http://www.operationhelpinghandtampa.com/	Operation Helping Hand (OpHH) was formed to provide assistance and support for the families of the active duty wounded and injured. The active duty wounded and injured from Iraq and Afghanistan are being treated at the <u>James A. Haley VA Hospital</u> in Tampa. Many of the patients are at the hospital from a few weeks or months to over a year. Op HH also helps active duty patients at the Tampa VA hospital who were injured in accidents worldwide.
Operation Helping HEAL http://www.helpingheal.org/	Operation Helping HEAL Inc., provides financial assistance to wounded service men and women returning from our current overseas military operations.
Operation Military Embrace http://www.operationmilitaryembrace.com/	Besides visiting in-patients, we bring needed donated items to the Warrior and Family Support Center each month (formerly called the Soldier & Family Assistance Center) because it relies 100% on donations, and we set-up and serve breakfast to the injured out-patient Marines and Soldiers on Monday morning during roll call in the Med-Hold Barracks Room. During that breakfast we also give them goodie bags of homemade baked goods, snacks, etc. and set up a free PX to provide our wounded heroes with many items that they need along with holding a drawing for gift cards, backpacks, etc. Additionally, NCO swords and other motivational items have been purchased and presented to many of the seriously wounded to show appreciation for their sacrifices and to encourage them with their difficult recoveries.
Operation: Quiet Comfort http://www.operationquietcomfort.com/	We exist solely for the purpose of honoring and comforting America's military men and women who become sick and injured while serving in harm's way. We also provide support to those who care for them.
Operation Second Chance http://www.operationsecondchance.org/	We aid in the recovery and rehabilitation of wounded service men and women and assist in the modification of housing to accommodate disabled veterans. We also facilitate the transition of wounded service men and women back into civilian society.
Operation Undergarment http://www.operationundergarment.com/	Operation Undergarment is a grass roots clothing drive to provide injured and sick soldiers, sailors, marines and airmen that are deployed in combat zones with clothing items to make their hospital stays more comfortable.
Paralyzed Veterans of America	Paralyzed Veterans of America works to maximize the

http://www.pva.org/site/PageServer	<p>quality of life for its members and all people with SCI/D as a leading advocate for health care, SCI/D research and education, veterans' benefits and rights, accessibility and the removal of architectural barriers, sports programs, and disability rights.</p>
<p>Project Healing Waters http://www.projecthealingwaters.org/</p>	<p>Project Healing Waters Fly Fishing serves military personnel who have been wounded, injured or disabled to aid their physical and emotional recover by introducing or rebuilding the skills of fly fishing and fly tying and by using and enjoying these skills on fishing outings and as lifelong recreation free of charge.</p>
<p>PTSD Support http://www.ptsdsupport.net</p>	<p>This information will be helpful to veterans wishing to be reviewed for the Compensation and Pension (C&P) Hearing for entitlements offered by the VA The topics we cover include the symptoms, diagnosis, and treatment of PTSD; Recognition of Post Traumatic Stress Disorder as an anxiety disorder that produces some of the examples of the following: Anger and Depression; Isolation - "the world of PTSD", and assistance for our spouses or partners to understand what we are going through and force on them to be a part of it too!</p>
<p>Quilts of Valor http://www.qovf.org/</p>	<p>The mission of the QOV Foundation is to cover all war wounded and injured servicemembers and veterans from the War on Terror whether physical and/or psychological wounds with wartime quilts called Quilts of Valor.</p>
<p>REALifelines http://www.dol.gov/vets/REALifelines/index.htm</p>	<p>REALifelines seeks to support the economic recovery and reemployment of transitioning wounded and injured service members and their families by identifying barriers to employment or reemployment and addressing those needs. The program will link service members with local professionals in their hometown communities to support their economic recovery and reemployment through a range of services. As part of the program, wounded and injured service members, and their spouses, will be eligible for services offered at more than 3,500 One-Stop career centers the Department of Labor has set nationwide.</p>
<p>Segs4Vets http://www.segs4vets.org/</p>	<p>We provide advocacy and education services as an advocate for the adoption of Universally Designed Technology Solutions. We believe they are the only sustainable approach for continued improvement in quality of life issues affecting people with disabilities and senior citizens. The Segs4Vets program is an unprecedented grass roots effort administered by volunteers representing grateful Americans who passionately believe that when those serving our Nation are sent into harm's way and suffer serious injury and permanent disability they must have every resource and</p>

	tool available to them which will allow them to fulfill their dreams and live the highest quality of life possible.
Sew Much Comfort http://www.sewmuchcomfort.org/index.asp	Sew Much Comfort provides adaptive clothing at no cost to support the unique needs of our injured service members from all branches of the military and National Guard. The need for our adaptive clothing continues to grow as American military members continue to be injured serving in our current conflicts. Sew Much Comfort is the only organization providing adaptive clothing at no cost to our wounded service members.
Silver Star Families http://www.silverstarfamilies.org/	SSFOA is dedicated to supporting and assisting the wounded, ill and dying and their families of ALL Branches of Service from ALL Wars. Our goal is to recognize the blood sacrifice of wounded servicemembers and injuries or illness that originated in a war zone. We are advocates for the wounded, ill and dying servicemembers and assist in educating the public concerning their plight.
Support Our Wounded http://www.supportourwounded.org/	We serve our wounded military and their families at Walter Reed Army Medical Center & National Naval Medical Center. We also provide assistance to Combat Support Hospitals in Zone and clothing and school supplies for Afghan and Iraqi children.
TRICARE's Toolkit for Wounded, Ill and Injured Service Members http://www.tricare.mil/wii/	Welcome to TRICARE's Toolkit for Wounded, Ill and Injured Service Members. We have provided a variety of communication's vehicles for you to view and utilize whenever suitable in educating audiences regarding their TRICARE benefits.
Veteran Love and Appreciation http://www.veteranlove.com/	Veteran Love and Appreciation Inc., exists to provide direct services to our severely wounded and disabled men and women who served in Operation Iraqi Freedom and Operation Enduring Freedom.
Veterans Airlift Command http://www.veteransairlift.org/	The Veterans Airlift Command provides free air transportation to wounded warriors, veterans and their families for medical and other compassionate purposes through a national network of volunteer aircraft owners and pilots.
Veterans on the Lake Resort http://www.veterans-on-the-lake.com/	Veterans on the Lake Resort, a not-for-profit organization will provide a barrier-free setting for a memorable outdoor recreation experience for disabled veterans, veterans, their families, friends and supporters; designed "With Veterans in Mind" while recognizing what they have contributed to and sacrificed for our nation.
Wall Street Warfighters Foundation http://www.wallstreetwarfighters.org/	Wall Street Warfighters Foundation (WSWF) prepares disabled veterans for careers in the financial services industry. We are committed to identifying, training and placing those with both an interest and aptitude for the industry. The Wall Street Warfighters Foundation will facilitate the necessary training and certification for

	disabled veterans to enter the industry.
Warrior Weekend http://www.warriorweekend.com/	Warrior Weekend provides weekends of rest and relaxation for Soldiers and Marines who have been wounded in combat in both Iraq and Afghanistan. They are undergoing recovery at Walter Reed Army Medical Center in Washington, DC.. Missions focus on small groups of 8-10 and allow participants to enjoy themselves at various destination cities. The mission provides activities, but also allows each participant the freedom to do their own thing.
Wheelchairs for Warriors http://wheelchairsforwarriors.homestead.com/index.html	Through the Wheelchairs for Warriors Program, the goal is to assist severely disabled veterans with the opportunity to participate in the journey of a marathon with the assistance of a willing runner or runners to push them through the event.
Wounded Warrior Project http://www.woundedwarriorproject.org/	The mission of the Wounded Warrior Project is to honor and empower wounded warriors and to raise awareness and enlist the public's aid for the needs of severely injured service men and women.
Wounded Warrior Project's Warriors to Work Program https://wtow.woundedwarriorproject.org/	Wounded Warrior Project's Warriors to Work program helps individuals recovering from severe injuries received in the line of duty connect with the support and resources they need to build a career in the civilian workforce.
Wounded Warrior Resource Center http://www.woundedwarriorresourcecenter.com/	The Wounded Warrior Resource Center Web site (WWRC) is a Department of Defense Web site which provides wounded Service Members, their families, and caregivers with information they need on military facilities, health care services, and benefits.
Yellow Ribbon Fund http://www.yellowribbonfund.com/	Every day, our wounded servicemen and women return from combat, many to long-term rehabilitation at Walter Reed Army Medical Center and Bethesda Naval Hospital. We take them to local sporting events, invite them to join us in hunting, fishing, and other sports. We take them and their families to a variety of other events in our community. When the Government does not cover the cost of a family visit, the Yellow Ribbon Fund arranges free hotel rooms and apartments. If a family is here for an extended period, the Yellow Ribbon Fund arranges taxis and rental cars so that they can enjoy our community.

IRAQI/AFGHANI-AMERICAN RELATIONS

Angels of Mercy Program www.supportourwounded.org	We serve our wounded military and their families at Walter Reed Army Medical Center & National Naval Medical Center while providing assistance to combat support hospitals in zone and clothing and school supplies for Afghan and Iraqi children.
Beanies for Baghdad	Beanies for Baghdad is a bridge between our Soldiers,

http://www.beaniesforbaghdad.com/	Sailors, Airmen, Marines, the children of Iraq, Kosovo and Afghanistan and very generous kind hearted people back home who want to do a small part to make the world a better place.
Operation Dream Seed http://www.operationdreamseed.org/	Stationed at Kandahar Air Base in <u>Kandahar, Afghanistan</u> , Soldiers spend much of their time in direct interaction with the Afghani people in nearby villages. They noticed that the children all love receiving small gifts from the Soldiers, but their favorite giveaways are items they can use in school. Through the Internet, Soldiers have come into contact with Heartland Heroes from all over America who have expressed a desire to support the mission of the Soldiers by providing humanitarian assistance to the Afghan populace.
Operation International Children http://www.operationiraqichildren.org/	Operation Iraqi Children is a program that enables Americans to send school supply kits and other necessities to Iraqi children. Today, we serve not only Iraq's children, but children in other nations served by American troops, such as Afghanistan and Djibouti.
Spirit of America http://www.spiritofamerica.net/	Spirit of America helps American military and civilian personnel serving in Afghanistan, Africa and Iraq. We fulfill requests from American personnel for goods that improve the lives of local people. This improves relations and helps save lives. We have provided school and medical supplies, sewing machines, hand tools, watches, water barrels, farming tools, clothing, sporting goods and toys in response to needs identified by American personnel.
Support Our Wounded http://www.supportourwounded.org/	We serve our wounded military and their families at Walter Reed Army Medical Center & National Naval Medical Center. We also provide assistance to Combat Support Hospitals in Zone and clothing and school supplies for Afghan and Iraqi children.

LEGAL ISSUES/ASSISTANCE

Armed Forces Legal Assistance http://legalassistance.law.af.mil/index.php	The Armed Forces Legal Assistance (AFLA) Web site is a joint initiative of the Armed Forces legal assistance offices that aims to provide general legal information to the military community to enhance its readiness. The information provided through this Web site is for educational and general information purposes only. It is not legal advice.
U.S. Army Judge Advocate General's Corps Legal Information Portal https://www.jagcnet.army.mil/legal	This website is a resource designed to educate and inform military members on their personal legal affairs. Information contained on this site is not legal advice.

MARRIAGES/RELATIONSHIPS

<p>Family Advocacy Program http://www.defenselink.mil/fapmip/</p>	<p>The Family Advocacy Program (FAP) was established to address family violence in military families. The FAP consists of coordinated efforts designed to prevent, identify, report and treat all aspects of child abuse and neglect and domestic abuse.</p>
<p>Long Distance Couples Website http://www.fambooks.com/couples.htm</p>	<p>Long distance relationships are not easy, but neither are any other types of relationships. By putting time and effort into your long distance relationship you can form and sustain a healthy long distance relationship that can bring you a lot of joy and happiness. All relationships have their ups and downs. The following resources can help you experience more of the ups in your long distance relationship and less of the downs.</p>
<p>Marriage Publications and Programs for Military Families http://www.plaintec.net/</p>	<p>The Survival Guide for Marriage in the Military has helped thousands of military couples experience long-lasting and happy marriages despite the challenges of life in the armed services while significantly reducing the chances of divorce that affect both couples and their children. It is also employed by professionals to help reduce high veteran suicide rates as well as abuse rates that increase during deployments.</p>
<p>Operation Honeymoon http://www.operationhoneymoon.org/</p>	<p>Operation Honeymoon is committed to supporting military couples by providing opportunities to reconnect, refresh and strengthen their marriages through vow-renewal ceremonies, honeymoon cruises and marriage enrichment opportunities. We are further dedicated to providing these opportunities at no cost to couples through partnerships with individuals, organizations and corporate partners.</p>
<p>Operation Military Family http://operationmilitaryfamily.org/</p>	<p>Now a division of Stronger Families, Operation Military Family delivers "Oxygen for Your Relationship" workshops and seminars to military service members and family members with the help and expertise of the staff at Stronger Families.</p>
<p>Strong Bonds http://www.strongbonds.org/skins/strongbonds/display.aspx</p>	<p>Strong Bonds empowers Soldiers and their loved ones with relationship-building skills, and connects them to community health and support resources. It is a holistic, preventative program committed to the restoration and preservation of Army families, even those near crisis. The program is initiated and led by the Army Chaplains. Strong Bonds has specialized programs for single Soldiers, couples and families. Those Soldiers being deployed or redeployed can also learn special coping tactics.</p>

MEMORIALS

<p>A Hero's Tribute http://www.aherotribute.org/</p>	<p>To provide an online Memorial for Our Country's Fallen Heroes, giving their families a place to come and remember; to provide a Hero's Tribute to all those currently serving in the military, fire service or law enforcement; and to pay tribute to our country's veterans thanking them for the service they gave while defending our freedoms.</p>
<p>Allies in War http://www.alliesinwar.com/</p>	<p>This will be a continuous project, updating as we acquire more Military History from sources around the World. Please feel free to send us any of your photos or stories which are relative to 'Allies in War' including other sites you either own or may have visited.</p>
<p>American Heroes Tribute http://www.americanheroestribute.org/</p>	<p>It is our goal to celebrate the life of each and every fallen hero from Iraq and Afghanistan by creating a 3 x 9 ft. banner that will display a favorite picture of them as selected by their families as well provide personal information about them.</p>
<p>Bugles Across America http://xeml.buglesacrossamerica.org/index.xeml</p>	<p>Bugles Across America was begun in recognition of the service Veterans provided their country, and we felt that every Veteran deserved a live rendition of taps played by a live Bugler. To this end, we are actively seeking volunteers to provide this valuable service to Veterans and their families.</p>
<p>Fallen Heroes Project http://fallenheroesproject.org/</p>	<p>Using the family's favorite photo, professional custom hand-drawn portraits are available free of charge to the families of all servicemen and women who have been killed in Iraq and Afghanistan in America's War Against Terrorism from portrait artist Michael Reagan.</p>
<p>Flowers for Heroes http://www.flowersforheroes.org/</p>	<p>Our mission is to place over 90,000 red, white, and blue bouquets on the headstones at National Cemeteries, such as Arlington National Cemetery, Antietam National Cemetery, Gettysburg National Cemetery, and Normandy American National Cemetery.</p>
<p>Golf Supports Our Troops http://www.golfsupportsourtroops.org/</p>	<p>Golf Supports Our Troops (GSOT) aims to improve the lives of wounded and disabled veterans through the game of golf. We donate golf exercise and training equipment to rehabilitation departments at U.S. military medical facilities and VA hospitals to be used in their physical therapy programs. Our Mission Statement also states that we will 'honor America's Heroes who have given their lives in Operations Iraqi and Enduring Freedom'. To that end, we have created A Golf Memorial which honors all U.S. troops who have died in Iraq and Afghanistan.</p>
<p>Hero Bracelets http://www.herobracelets.org/</p>	<p>We want to honor those serving, wounded in combat or killed in action. Wearing a HeroBracelet is a profoundly simple way to show your respects to these brave men and women. Second, we want to support the work the</p>

	Intrepid Fallen Heroes Fund has done to build The Center For The Intrepid in San Antonio. Since HeroBracelets.org was launched in December of 2004, we've made tens of thousands of bracelets honoring soldiers, Marines, sailors and airmen, from WWII to the current conflicts in Iraq and Afghanistan.
Home of the Brave Quilt http://homeofthebravequilts.com/index.php	We are a nationwide movement dedicated to honoring the fallen heroes of the conflicts in Afghanistan and Iraq by making and presenting homemade quilts to their families.
Honor and Remember http://www.honorandremember.org/	Mission: To create, establish and promote a nationally recognized flag that would fly continuously as a visible reminder to all Americans of the lives lost in defense of our national freedoms. All Military lives lost not only in action but also in service, from our nation's inception.
Honor the Fallen http://www.honorthefallen.org	Our mission statement is to honor the brave men and women who have given the ultimate sacrifice for our freedom, by creating an "Honor the Fallen" Memorial Quilt Display. Each fallen hero will be honored with a personalized 3' x 6' memorial quilt pattern created by their families, friends, and volunteer quilters. These memorial quilts will be displayed on tour throughout the United States as a tribute to their sacrifice.
Illinois Motorcycle Freedom Run http://www.ilfreedomrun.org/	The Illinois Freedom Run is really about two things: Celebrating this great country through the majesty of remembering those who have served, fought and paid the ultimate price for us to enjoy this freedom. Through the Memorial Wall, we as an organization help by paying tribute to the memory of those fallen from conflicts around the world from 1979, to current conflicts in the Middle East.
Legacy.com http://legacy.com/Soldier/Home.aspx	This site is intended as a place to remember and honor American service members lost in Afghanistan and Iraq. There is a profile for each service member based on available information. Obituaries received from Legacy.com newspaper affiliates are also included. Information is updated daily. In addition, there is a Guest Book for each service member.
Lest They Be Forgotten http://www.lesttheybeforgotten.org/	Our mission: to create, establish and help maintain hometown memorials to our men and women who have lost their lives defending the United States of America in our war against terrorism.
Library of Congress Veterans History Project Home http://www.loc.gov/vets/stories/	For disabled veterans, their wounds of war are daily facts of life. They are obstacles or impediments, but for the men and woman in these stories, they are not roadblocks. All say they don't want special consideration for their disabilities, only fair and humane treatment—from the government they served and from the communities in which they live.
Marine Comfort Quilts	Marine Comfort Quilt Group is a not for profit ministry

http://www.marinecomfortquilts.us/	<p>whose objective is to provide a memorial quilt of comfort to the next of kin of our fallen military. Our quilts are made from thirty quilt squares, each containing an inspirational message from its donor or another serviceman. Our quilts are stitches of love from those who want so badly to bring comfort, but don't know how to help.</p>
<p>National Moment of Remembrance http://www.remember.gov/</p>	<p>The White House Commission on Remembrance is an independent, non-partisan government agency, established by Congress in 2000, that encourages Americans to honor the sacrifices of our fallen and their families. The Commission asks each of us to Live Honoring America's Fallen everyday by giving back to the Nation and to unite in the National Moment of Remembrance at 3 p.m. each Memorial Day.</p>
<p>National Remember Our Troops Campaign http://www.nrotc.org/</p>	<p>The National Remember Our Troops Campaign is dedicated to honoring our military service members, and their families, for the sacrifices they make, and letting them know they are not forgotten. We give the loved ones of our military service members a sincere symbol of America's support, an official United States of America Blue Star or Gold Star Service Banner.</p>
<p>National Veterans Memorial http://www.nationalveteransmemorial.org/</p>	<p>While no longer connected with any government agencies of the United States, we, the Veterans of the Military Services of The United States of America, ask that you join with us in providing the necessary funding for the construction of the National Veterans Memorial and described in the Concept Proposal.</p>
<p>Never Forget Our Fallen http://www.neverforgetourfallen.com/</p>	<p>In the spirit of fostering hope and inspiration to all servicemen and servicewomen and their families, the Never Forget Our Fallen organization hopes to provide assistance to servicemen and servicewomen and their families, participate in community events, and procure land for the construction of a Memorial Wall.</p>
<p>Operation Never Forget http://operationneverforget.org/main/</p>	<p>Welcome to —OPERATION NEVER FORGET” whose mission and dedication is to building portraiture memorial busts of every service member whose been killed in theatre in Iraq and Afghanistan.</p>
<p>Our Armed Forces http://www.ourarmedforcessite.com/</p>	<p>This site is dedicated to all the Men and Women of our Armed Forces, where ever they may be serving their Country, and to the many who have served in the past. This is just our way of saying "Thank You" for doing a thankless job. For the guests who have come to view our site. If you have anything you would like to add, such as photographs, comments or stories, we would be honored to add your information to our site at no charge.</p>
<p>Run for the Fallen http://www.runforthefallen.org/</p>	<p>Beginning Flag Day, June 14, 2008, a dedicated team of runners ran across America from Fort Irwin, CA to Arlington National Cemetery, one mile for every Soldier, Sailor, Airmen, and Marine killed in Operation</p>

	Iraqi Freedom. For ten weeks, team members marked each mile with an American flag and signcard in an apolitical reflection of remembrance of each service member. On August 22/23, 2009 runners from around the world joined Run for the Fallen in remembering our fallen.
United We Serve http://www.unitedweservemil.org/	Commit a Random Act of Kindness, for a Service Member or Family or a member of your own neighborhood or community today. Let us know about it, through a note, email or on our United We Serve facebook discussion page. We'll post it and encourage others through your generosity and service. Share a picture if you'd like. Help us create a wave of service momentum that is unprecedented.
Veterans History Project http://www.loc.gov/vets/	The Veterans History Project of the American Folklife Center collects, preserves, and makes accessible the personal accounts of American war veterans so that future generations may hear directly from veterans and better understand the realities of war.
Wreaths Across America http://www.wreathscrossamerica.org/	Wreaths Across America was formed as an extension of the Arlington Wreath Project. By 2008 over 300 locations held wreath laying ceremonies in every state, Puerto Rico and 24 overseas cemeteries. The wreath laying is now held annually on the second Saturday of December.

MILITARY NEWS

American Forces Press Service http://afps.dodlive.mil/category/family-matters/	Originally a weekly collection of articles distributed by mail to military newspaper editors worldwide, American Forces Press Service has grown into a timely news service available on the World Wide Web.
AmeriForce Publishing http://www.ameriforce.net/default2.asp	As a leading publisher of military magazines, AmeriForce Publishing focuses on four very important aspects of military life: military relocation, military family life, service in the Reserve or National Guard and military deployment issues.
Armed Forces News Service (USAFNS) http://www.usafns.com/	Publishing news About Our Servicemembers since 2003: In the Air, On the Ground, With the Fleet.
Current News Early Bird http://ebird.osd.mil/	The Current News Early Bird is a daily compilation of published items and commentary concerning significant defense and defense-related national security issues. It aims to represent how the public, Congress and the press see military and defense programs and issues. The Early Bird is an internal management tool intended to serve the informational needs of senior DoD officials in the continuing assessment of defense policies, programs and actions.
Defend America http://www.defendamerica.mil/fallen.html	DefendAmerica, an official Defense Department website, was launched just weeks after the Sept. 11

	terrorist attacks to keep the public informed about efforts by the United States and its coalition partners to combat global terrorism. The site offers the latest news, photographs, transcripts and other information about the U.S.-led war on terrorism. It highlights the words and activities of key U.S., Defense Department and coalition officials related to terrorism.
HometownLink http://hq.afnews.af.mil/hometown/	The Joint Hometown News Service is directorate of the Defense Media Activity, providing Hometown News Program support to the Department of Defense and military services. The small staff produces a variety of print and electronic news products highlighting the accomplishments, and worldwide activities of individual members of the Armed Forces.
Military Times http://www.militarytimes.com/	The trusted resource for Military news and information! Every day, Military Times delivers to you stories gathered from our award-winning journalists at: Air Force Times, Army Times, Marine Corps Times, and Navy Times.
Pentagon Channel http://www.pentagonchannel.mil/	The Pentagon Channel broadcasts military news and information for the 2.6 million members of the U.S. Armed Forces. The Pentagon Channel television service is distributed 24/7 and is available to all stateside cable and satellite providers, via American Forces Radio and Television Services, overseas and via the worldwide web.
Stripes.com http://www.stripes.com/news.asp	The Independent News Source for the U.S. Military Community.
Thank You For Your Service http://www.thankyouforyourservice.us/	Online news site for current news from Iraq and Afghanistan and from support and veterans groups and issues across America.
The Veteran Voice http://www.veteranvoice.com/	The Veteran Voice Inc. has been published monthly since 1995 for the thousands of veterans, active duty and retired military across America!

MONEY ISSUES/ASSISTANCE

American Soldier Foundation http://www.soldierfoundation.org/	The American Soldier Foundation was created to assist soldiers on extended active duty and their dependents, and the dependents of those lost in the line of duty. The Foundation can provide grants or interest-free loans for: Food, rent or utilities; Funeral expenses; Family/marriage counseling; Medical expenses; Financial planning; Personal needs when pay is delayed or stolen; Education planning and scholarships; Fines or legal expenses; Business planning; Liquidate or consolidate debt; Home purchase or improvements; Purchase, rent or lease vehicle; Debt or credit card bills; Etc.
Army and Air Force Mutual Aid Association	For over a century, AAFMAA has protected service

http://www.aafmaa.com/	members and their families. With coverage up to \$800,000 and over \$908 million in assets, we stand ready to protect your financial needs. AAFMAA remains committed to providing the absolute lowest cost life insurance policies to Army and Air Force personnel.
Army Emergency Relief http://www.aerhq.org/	AER's sole mission is to help soldiers and their dependents
Armed Forces Relief Trust http://www.afrtrust.org/	With the generous support of the National Association of Broadcasters, the four Military Aid Societies have come together to address these escalating needs by creating The Armed Forces Relief Trust — a single, non-profit fund to better collect and disburse donations in support of the troops and their families in need.
Association of Military Banks of America http://www.ambahq.org/index.htm	The association's membership includes both community banks and large multinational financial institutions, all of which are insured by the Federal Deposit Insurance Corporation.
Cpl Nich Dieruf Memorial Fund http://www.corporalnich.org/#	This fund will help supplement these unforeseen events so that the families of our soldiers aren't suffering financially. This fund works to provide financial and emotional support for military families.
Defend Your Financial Well-Being http://www.ncga.org/links/Defend%20Your%20Financial%20Well-Being%20Too.pdf	A document with tips to protect yourself from financial scams.
Defense Credit Union Council www.dcuc.org	The Defense Credit Union Council is a niche membership association representing the interests of credit unions operating on military installations worldwide. By maintaining a close and constant liaison with the Pentagon, the Council supports its member credit unions and the DoD in coordinating policy, procedures, and legislation impacting morale and welfare, financial readiness, and the delivery of quality financial products and services to DoD personnel and their families.
Military.com http://www.military.com/benefits/military-pay	Whether you are on active duty, in the reserve or Guard, a veteran or a retiree this section will help you understand your pay, allowances, compensation, and pension. In addition you'll learn how to calculate retirement pay, veteran disability compensation, and veterans' pension.
Military Finance Network http://militaryfinancenetwork.com/	This website is designed to help military members, veterans, retirees, and dependants find information about military money matters including pay, benefits, legislation and more.
Military Hub http://www.militaryhub.com/	Military Hub delivers information to help make better money management choices, budget wisely, use military discounts, build wealth and save money on your way to a solid military retirement.
Military Money Matters http://www.military-money-matters.com/	A resource created specifically to address money matters for America's Military Families, because your money

	matters!
Military Money Magazine http://www.militarymoney.com/	InCharge Education Foundation developed Military Money to provide an authoritative financial resource for military families and help ensure the fighting readiness of America's armed forces by enhancing their financial readiness to make informed decisions in their everyday lives.
Military Saves http://www.militarysaves.org/	Military Saves is a social marketing campaign to persuade, motivate, and encourage military families to save money every month, and to convince leaders and organizations to be aggressive in promoting automatic savings.
Military Sentinel http://www.ftc.gov/sentinel/military/index.shtml	The FTC, the nation's consumer protection agency, collects complaints from the military community and makes them available only to law enforcement -- civil, criminal, and military. Whether your complaint concerns identity theft, deceptive lending or mortgage practices, debt collection, phone fraud, or some other scam, your complaints help the FTC and the Department of Defense identify and target problems that affect you in the marketplace.
Operation Family Fund http://www.oefamilyfund.org/	The Operation Family Fund provides financial assistance to eligible recipients in the form of: Financial grants for each eligible member or member's family to meet personal, short and long term living needs.
Peer to Peer Military Loans http://www.p2pmilitaryloans.com/	Increasingly, the families of military personnel are having to turn to non-traditional sources of credit, which are much more costly for them, and which only propel them further into debt, rather than helping them to be responsible. Unlike traditional investments, <u>peer to peer lending</u> allows you to select specific individuals to borrow your money. The rates are set according to the credit score of the particular borrower and payments are collected automatically. And we'll give you \$25 to get started - real money - which you can then lend out to any service member who needs it. We believe in supporting service members by providing fair, open, transparent, and non-predatory financial services.
Personal Finance for Military Families http://www.bbb.org/us/storage/16/documents/Military_Families_Final.pdf	On these pages you will find practical, easy-to-understand information about being financially prepared for deployment, buying a home, minimizing taxes, holding down insurance costs and avoiding financial schemes that too often target military families.
Salute to Smart Investing http://www.ncnga.org/links/SaluteToSmartInvesting.pdf	Pamphlet with helpful tips on smart investing/saving.
SPC Matthew D. Taylor Wounded Warriors Organization http://spcmathewtaylorwwo.com/	It is our sincere desire to help the families of service men and women who have fallen on hard times due to deployments, injuries or death. We are also making it our mission to send care packages to as many of our

	service men and women overseas, as well as here in the United States, as possible.
Support our Military Heroes http://www.supportheroes.org	Especially at the times of conflicts, when their loved ones are deployed overseas, it is a constant, continued everyday stress for their spouse, children and parents, who cannot stop thinking about them. Not surprisingly, the constant tension and stress may cause significant deterioration in the families and may affect their ability to function fully both at home and at workplace. No less important is another side of the question. Many of these families, in addition to insufficient moral support, suffer also financially, which makes it even harder for them to feel secure.
Thrift Savings Plan www.tsp.gov	The TSP is a retirement savings plan for civilians who are employed by the United States Government and members of the uniformed services. The Web site provides information about the FRTIB electronic reading room, procurements, and employment opportunities.
United Services Automobile Association https://www.usaa.com/inet/ent_logon/Logon	The mission of the association is to facilitate the financial security of its members, associates, and their families through provision of a full range of highly competitive financial products and services; in so doing, USAA seeks to be the provider of choice for the military community.
Unmet Needs Program http://www.unmetneeds.com/default.aspx	The Unmet Needs Program, created to provide emergency financial support to families of military personnel, recently recognized a significant milestone by exceeding \$1 million in donations since its launch.
USA Cares http://www.usacares.org/	USA Cares exists to provide military families with financial support and other critical resources in their time of need.

MOVING

Army Housing One Stop https://onestop.army.mil	Army Housing OneStop is the official Army website for soldiers who need information about Military Family Housing (MFH), Unaccompanied Personnel Housing (UPH) and/or Community (Off-Post) Housing. It includes both comprehensive and quick-reference information for Army installations worldwide.
Automated Housing Referral Network https://www.ahrn.com/	The Automated Housing Referral Network is sponsored by the Department of Defense and is designed to improve the process of securing available housing for relocating military members and their families.
Plan My Move http://apps.mhf.dod.mil/pls/psgprod/f?p=107:1:1643827698020276	Plan my move provides you with access to information about your entitlements and benefits, to points of contact, checklists, planning tools, and information on education and employment. Plan my move will put you and your family in charge of a smooth relocation to your

	new duty assignment.
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NATIONAL GUARD/RESERVES

<p>Air Force Reserves http://www.afreserve.com/?d=home3.asp</p>	<p>The Air Force Reserve is an exciting, vibrant part of the nation's defense. It offers similar benefits afforded by those on active duty and one more - the benefit of time... time to be with your family, time to work at your civilian career and time to serve your country. The Reserve is also a great way for those in other branches of the military to continue their benefits, such as educational and retirement programs; start their civilian careers with the comfort of a second paycheck; and continue the camaraderie and adventure only available through the service.</p>
<p>Air National Guard www.ang.af.mil</p>	<p>The official website of the Air National Guard.</p>
<p>Citizen Soldier Support Program http://www.citizensoldiersupport.org/</p>	<p>Communities want to support our Reserve and National Guard members and their families but need guidance on how to demonstrate their caring. The CSSP has as its mission to engage and connect military and community service systems to increase the readiness and resiliency of the Reserve members and their families. CSSP as unified its approach under a single Reserve Component Behavioral Health Initiative to addressing the issues confronting our Reserve Component members and their families through a variety of methods.</p>
<p>Decade of Health http://www.decadeofhealth.com/</p>	<p>The Army National Guard's (ARNG's) Decade of Health Campaign (DOH) will enter year four by launching a Ready and Resilient outreach campaign this year. This campaign will focus on maximizing the resilience of our ARNG Soldiers, Units, and Families by enhancing our abilities to adapt to and to recover from the many stresses of our challenging missions. With key links to Soldier and Family support issues, this campaign will also leverage the lessons learned and momentum gained from the three previous campaigns – dental readiness, blood pressure awareness, and healthy weight management.</p>
<p>Employer Support of the Guard and Reserve www.esgr.com</p>	<p>ESGR was established in 1972 to promote cooperation and understanding between Reserve component members and their civilian employers and to assist in the resolution of conflicts arising from an employee's military commitment.</p>
<p>Marine Forces Reserve http://www.marforres.usmc.mil/</p>	<p>The mission of Marine Forces Reserve (MARFORRES) is to augment and reinforce active Marine forces in time of war, national emergency or contingency operations, provide personnel and operational tempo relief for the active forces in peacetime, and provide service to the community.</p>

National Guard http://www.nationalguard.com/index.php	General website when considering joining the National Guard.
National Guard Association of the US http://www.ngaus.org/index.asp	NGAUS provides states and our members unified representation before Congress. The NGAUS legislative department is the lobbying branch of the association. NGAUS also provides military scholarships.
National Guard Child and Youth Program http://www.guardfamily.org/Youth/	To support the social, emotional, and academic needs of National Guard children and youth.
National Guard Family Program http://www.jointservicesupport.org/fp/	To establish and facilitate ongoing communication, involvement, support, and recognition between National Guard families and the National Guard in a partnership that promotes the best in both.
National Guard Virtual Armory http://www.virtualarmory.com/	Online hub of resources for the National Guard.
Naval Reserve Association http://www.ausn.org/	The Naval Reserve Association aspires to be the premier professional organization for Naval Reserve Officers, committed to supporting a strong Navy and National Defense, while providing outstanding service to its members and to be the most effective advocate for all Naval Reservists and the Naval Reserve as vital components of the Navy and the nation's defense.
Navy Reserve http://www.navyreserve.com/	In the Navy Reserve, highly motivated men and women from all walks of life come together to find unrivaled training, undeniable purpose and uncommon adventure — close to home and across the globe. They discover camaraderie that's rarely experienced in the everyday world. And they benefit on many fronts: personally, professionally and financially.
Our Military Kids http://www.ourmilitarykids.org/	Our Military Kids provides tangible support to children of deployed National Guard and Reserve personnel as well as to children of severely injured service members through grants for enrichment activities and tutoring. Such activities help these children cope with the stress of having a parent in a war zone or recovering from injury at home.
The So Far Guide for Children of Reservists http://www.nmfa.org/site/DocServer/SOFAR_Children_Pamphlet.pdf?docID=6661	Pamphlet for children of a deployed reservist parent.
United States National Guard http://www.ng.mil/default.aspx	Today, tens of thousands of Guardmembers are serving in harm's way in Iraq and Afghanistan, as the National Guard continues its historic dual mission, providing to the states units trained and equipped to protect life and property, while providing to the nation units trained, equipped and ready to defend the United States and its interests, all over the globe.
Yellow Ribbon Program http://www.dodyrrp.mil/index.asp	Our goal is to provide National Guard and Reserve members and their families with information, services, referrals, and proactive outreach opportunities throughout the deployment cycle.

NAVY/MARINE CORPS

<p>All Navy Women’s National Alliance http://www.anwna.com/</p>	<p>The All Navy Women’s National Alliance is an organization that is dedicated to the interests of active duty, reserve, retired and veteran Navy, Coast Guard, and Marine women. The organization is devoted to honoring the accomplishments and rich history of the women of the sea services and to Sharing the Legacy.</p>
<p>Cool Marines http://www.coolmarines.net/</p>	<p>We send care packages to Marines in Iraq and Afghanistan monthly, as well as supporting wounded servicemen and women here at home. We also send —Encouragement Kit,” meant for spiritual and emotional encouragement – to let the servicemen and women know that God loves them and knows the difficulties they face, and that we are praying for them.</p>
<p>Fleet and Family Support Center https://www.cnic.navy.mil/NorfolkSTA/FleetFamilyReadiness/NORFOLKHamptonRoads/index.htm</p>	<p>Fleet and Family Support Centers' professional staff provides programs and services that meet the needs of Sailors and families. Our information and referral, education and training, counseling and advocacy programs are available to all active-duty, reserves, retired military, and their family members.</p>
<p>Fleet Reserve Association http://www.fra.org/</p>	<p>A Congressionally chartered organization that represents the interests of the Sea Service community before the U.S. Congress, the Association’s membership is comprised of current and former enlisted members of the U.S. Navy, Marine Corps, and Coast Guard. In addition to its legislative advocacy efforts, FRA assists its members with career problems by maintaining close liaison with the Departments of Defense, VA, Homeland Security, and other government agencies.</p>
<p>Injured Marine Semper Fi Fund http://www.semperfund.org/</p>	<p>When an OEF/OIF Marine or Sailor, or other OEF/OIF service member assigned to Marine forces is injured, their entire family shares the pain and the burden of recovery. They need help and they need it quick. The Injured Marine Semper Fi Fund was created to meet this need.</p>
<p>Leaders Guide for Managing Marines in Distress http://www.usmc-mccs.org/leadersguide/</p>	<p>The Leaders Guide for Managing Marines in Distress is designed to provide guidance and tools to leaders on what to look for, what to do and specific resources for helping Marines who are in distress. It covers approximately 40 different problems Marines may face.</p>
<p>LIFELine Services Network http://www.lifelines.navy.mil/CNIC_HQ_Site/index.htm</p>	<p>The LIFELines Services Network (LSN) focus' on the delivery of Quality of Life information and services to Active and Reserve Marines, Sailors, and family members. Program Managers, Command Leaders and other content contributors are positioned to utilize an easy to use content management system that enables distributed content submission in a secure environment.</p>
<p>Marine Corps Community Services</p>	<p>MCCS delivers goods and service at over 2,250 facilities and has a staff of more than 12,000 employees</p>

http://www.usmc-mccs.org/	worldwide. This section contains useful information about the day-to-day operations of MCCS. You will find links to the MCCS Board of Directors, Congressional Testimony, Annual Reports, Strategic Plans, Program Policies, Sales Reports, and responses to recent Media Queries that will provide you with an insider's perspective on how these very important benefits are provided for Marines and their families.
Marine Corps League http://www.mcleague.com/mdp/index.php	Members of the Marine Corps League join together in camaraderie and fellowship for the purpose of preserving the traditions and promoting the interests of the USMC.
The Marine Corps Scholarship Foundation http://www.mcsf.com/site/c.ivKVLamTluG/b.1677655/k.BEA8/Home.htm	The Marine Corps Scholarship Foundation (MCSF) is a public non-profit corporation operated by volunteers and professional staff.
Marine For Life http://www.m4l.usmc.mil/	Marine For Life provides assistance to Marines who leave active duty and return to civilian life. Our network—consisting of Marines, Marine veterans, mentors, businesses and civic and veterans' organizations—helps Marines make a smooth and successful transition to the community.
MarineParents.com http://www.marineparents.com/	MarineParents.com, Inc. was founded in January, 2003 in response to parents' needs to find information and to Connect & Share™ with one another during deployments. Our free services, connections and outreach projects have expanded to support Marines, to support and educate Marine moms, dads, spouses, families and friends.
Marine Parents United http://www.marineparentsunited.com/	Marine Parents United, Inc is a nonprofit group that organizes an annual national conference for the USMC family for the purpose of education and support.
National Naval Officers Association http://www.nnoa.org/index.php	The National Naval Officers Association (NNOA) actively supports the Sea Services in recruiting, retaining, and developing the careers of minority officers. The NNOA provides professional development and mentoring for its members and continues to establish and maintain a positive image of the Sea Services in minority communities and educational institutions.
Navy and Marine Corps Public Health Center http://www-nehc.med.navy.mil/	Navy and Marine Corps Public Health Center (NMCPHC) is the Navy and Marine Corps center for public health services. We provide leadership and expertise to ensure mission readiness through disease prevention and health promotion in support of the National Military Strategy.
Navy Chaplain Care http://chaplaincare.navy.mil/index.htm	Navy Chaplain Corps Vision: Mission ready Sailors & Marines, and their families, demonstrating spiritual, moral and ethical maturity supported by the innovative delivery of religious ministry and compassionate pastoral care.

<p>Navy Club http://www.navyclubusa.org/</p>	<p>We are a National Service Organization made up of citizens of the United States who have served, or are now serving in the U.S. Navy, U.S. Marine Corps, Seabees, or the U.S. Coast Guard.</p>
<p>Navy Exchange Service Command https://www.navy-nex.com/</p>	<p>Established in 1946, our mission is to provide our customers quality goods and services at a savings and to support quality of life programs. The retail stores and many services offered by Navy Exchange Service Command makes it an important quality of life benefit to customers, active duty, family members, retirees, national guard, and reservists, around the world, both ashore and at sea.</p>
<p>Navy for Moms http://www.navyformoms.com/</p>	<p>This site is for mothers of kids in the U.S. Navy and for Moms who have questions about Navy life for their kids.</p>
<p>Navy Leader's Guide for Managing Personnel in Distress http://www-nehc.med.navy.mil/LGuide/index.htm</p>	<p>The purpose of the Navy Leader's Guide for Managing Personnel in Distress is to help Leaders at all levels recognize distress related behaviors, provide support to Sailors within the unit, and collaborate with helping agencies to meet the needs of individuals in distress. The guide aims to assist leaders in the decision-making process by describing a broad range of supportive interventions, resources, and strategies for supporting Sailors in distress. It also provides guidance on effective communications with Navy helping personnel.</p>
<p>Navy League of the United States www.navyleague.org</p>	<p>The Navy League of the United States is a non-profit organization dedicated to educating our citizens about the importance of sea power to us national security and supporting the men and women of the sea services and their families.</p>
<p>Navy-Marine Corps Relief Society http://www.nmcrs.org/</p>	<p>The mission of the Navy-Marine Corps Relief Society is to provide, in partnership with the Navy and Marine Corps, financial, educational, and other assistance to members of the Naval Services of the United States, eligible family members, and survivors when in need; and to receive and manage funds to administer these programs.</p>
<p>Navy Mutual http://navymutual.org/</p>	<p>Navy Mutual continues to support that mission today by providing exceptional life insurance and annuity products, assisting sea service members and their survivors in securing the federal benefit to which they are legally entitled, and providing education on matters of financial security which are specifically tailored to the military member and family.</p>
<p>Navy Nurse Corps Association http://nnca.org/</p>	<p>Established in 1987, the Navy Nurse Corps Association is a national organization dedicated to bringing Navy Nurses together. We are an association for caring and sharing, where what matters most is not rank, but being, or having been, a Navy Nurse. Any Navy Nurse Corps</p>

	Officer, whether Active Duty, Reserves, Retired, or Honorably Discharged, may join the NNCA.
Operation Phoenix http://operationphoenix.myshopify.com/	Operation Phoenix is a CrossFit initiative that will raise the necessary funds to equip the entire United States Marine Corps with functional fitness equipment to increase combat preparedness, reduce injury, and strengthen unit cohesion. This will be accomplished through non-profit sales, corporate sponsorships, and individual donations.
Smart Web Move https://www.smartwebmove.navsup.navy.mil/swm/	The user-friendly program developed to help active duty personnel and their families plan and arrange household goods moves online, anytime.
Tampa Area Marine Parents Association http://www.usmcfamilysupport.org/Home.asp	Tampa Area Marine Parents Association was founded in April of 2004 as a support group for families located in the state of Florida who have a family member serving in the United States Marine Corps.
United States Marine Corps www.usmc.mil	Official website of the US Marine Corps.
United States Navy http://www.navy.mil/swf/index.asp	Official website of the US Navy.
Women Marines Association http://www.womenmarines.org/index_main.aspx	The WMA is comprised of women who have served or are serving honorably in the United States Marine Corps regular or reserve components.
Wounded Warrior Regiment http://www.woundedwarriorregiment.org/	The Wounded Warrior Regiment's mission is to provide and facilitate assistance to wounded/injured/ill Marines, Sailors attached to or in support of Marine units, and their family members throughout the phases of recovery.

PARENTS OF SOLDIERS

The American War Mothers http://americanwarmoms.org/awm/	We are a perpetual patriotic, non-profit, non-political, non-sectarian, non-partisan origination whose members are Mothers of children who have served or are serving in the Armed Services during a time of conflict.
A Parent's Guide to Education in the Armed Forces http://www.ourcommunitysalutes.com/events/2010/parents_guide.html	A downloadable brochure entitled "A Parent's guide to education in the armed forces."
The Blue Star Mothers of America http://www.bluestarmothers.org/	We are mothers who now have, or have had, children honorably serving in the military. We are a non-profit service organization supporting each other and our children while promoting patriotism.
Go Army Parents http://www.goarmyparents.com/	This site started as a personal blog about a mother's journey through her Soldiers service, and over time evolved into a site truly for Military parents, family, and friends. We have supportive forums for parents to share their thoughts, experiences and questions about the United States Military. We also have articles by author Arlene R. O'Neil, pay charts, military lingo and weekly chat.

<p>Marine Corps Moms http://marinecorpsmoms.com/</p>	<p>Welcome to our USMC family website. We support our Marines, their families, and those who love them by linking sources of support and information, in collaboration with other public, private, and military groups, and individuals.</p>
<p>MarineParents.com http://www.marineparents.com/</p>	<p>MarineParents.com, Inc. was founded in January, 2003 in response to parents' needs to find information and to Connect & Share™ with one another during deployments. Our free services, connections and outreach projects have expanded to support Marines, to support and educate Marine moms, dads, spouses, families and friends.</p>
<p>Marine Parents United http://www.marineparentsunited.com/</p>	<p>Marine Parents United, Inc is a nonprofit group that organizes an annual national conference for the USMC family for the purpose of education and support.</p>
<p>Moms of Military http://www.momsofmilitary.com/</p>	<p>The Moms of Military Prayer and Support Group (MOMS), is a group of women, open to ALL related to anyone serving in the military, of loved ones currently serving in the United States military. We gather to pray and support our troops and military families around the country. We support each other with hugs and prayers and share our experiences and ideas: traveling to boot camp for graduation ceremonies, or making it through our loved ones deployments. Most importantly, we support our soldiers, marines and sailors with our prayers, love and friendship as they go about the difficult task of protecting this great land.</p>
<p>Navy for Moms http://www.navyformoms.com/</p>	<p>This site is for mothers of kids in the U.S. Navy and for Moms who have questions about Navy life for their kids.</p>
<p>Proud Army Moms http://www.proudarmymoms.org</p>	<p>We understand the difficulties faced by families when children are in the military, stateside or overseas, at any point of military service. We have lots of Army moms here and the discussions are lively, caring, and fun.</p>
<p>Recruit Parents http://www.recruitparents.com/</p>	<p>Congratulations! You're on a new journey to become a Marine Parent. The pride is indescribable, but you may feel you are in a different world with a whirlwind of emotions and never-ending questions. RecruitParents.com is here to help you get through bootcamp. The RecruitParents.com roadmap includes information about recruit training (Bootcamp), schedules, terminology, expectations, and perhaps most importantly, venues to talk with other parents.</p>
<p>Tampa Area Marine Parents Association http://www.usmcfamilysupport.org/Home.asp</p>	<p>Tampa Area Marine Parents Association was founded in April of 2004 as a support group for families located in the state of Florida who have a family member serving in the United States Marine Corps.</p>
<p>Team Marine Parents http://www.teammarineparents.com/</p>	<p>Team Marine Parents™ is comprised of teams of individuals nationwide that participate in walks, runs, marathons, bicycling, triathlons, swimming, motorcycle</p>

	runs, and other events nationwide. The goal of Team Marine Parents™ is to promote an awareness of "Support Our Troops" in communities around the United States through participation in and donations to troop support programs from MarineParents.com.
While Our Children Serve http://www.whileourchildrenserve.com/	Families Supporting Our Troops. Based on the author's book: Mom's Field Guide; What You Need to Know to Make it Through Your Loved One's Military Deployment.
Your Soldier, Your Army; A Parent's Guide http://www3.ausa.org/pdfdocs/yoursoldier.pdf	A downloadable Army publication about having a child in the military.

PARENTS/CHILDREN CONNECTIONS

Angel Kisses http://www.freewebs.com/ndangelkisses/	Angel Kisses is a group of volunteers who support the pregnant wives of U.S. Servicemembers during deployment. We support the spouses and children at home and send Daddy bubblegum cigars announcing the birth wherever he is stationed.
Dads at a Distance http://www.daads.com/	The Dads at a Distance web site has been designed to help fathers who have to be away from their children to maintain and strengthen the relationships they have with their children while they are away.
Dog Tags for Kids http://www.dogtagsforkids.com/	We tried to think of something we could send Dad or Mom that they could easily send back to their kids. This is something easy to ship and something the kids can hang on to until Dad or Mom gets back home.
Fatherhood Initiative http://www.fatherhood.org/Military/	Our military programming is designed to address the specific challenges that military families face. These innovative resources prepare fathers - and their families - for the difficulties of deployment and reunion. By helping fathers be strong and ready, we help families stay healthy and connected while successfully navigating the stresses of military life.
Moms Over Miles http://www.fambooks.com/moms.htm	The Moms Over Miles web site has been designed to help mothers who have to be away from their children to maintain and strengthen the relationships they have with their children while they are away.
New Parent Support Program http://www.fortbraggmwr.com/npsp.php	The New Parent Support Program (NPSP) is a program offered to Army families to enhance parent and infant attachment, increase knowledge of child development, and provide connections to the support services that allow parents to become nurturing and capable caregivers. The NPSP staff consists of licensed social workers and registered nurses who provide in-home parenting education, support, and resource linkage. Army families that are pregnant or with children through the age of three years are eligible for NPSP services.
Sesame Street Family Connections www.SesameStreetFamilyConnections.org	Sesame Street Family Connections is a child-centered online space where both children and adults can interact

	and stay connected over long distances when everyday communication can otherwise be difficult.
Talk, Listen, Connect http://www.sesameworkshop.org	Talk, Listen, Connect is a multiphase, bilingual, multimedia initiative from the Sesame Workshop that guides families through multiple challenges, such as deployments, homecomings, and changes that occur when a parent comes home.
United Through Reading http://www.unitedthroughreading.org/military/	The United Through Reading® Military Program helps ease the stress of separation for military families by having deployed parents read children's books aloud via DVD for their child to watch at home.

PETS

Guardian Angels for Soldiers Pets http://www.guardianangelsforsoldierspet.org/	An all volunteer charity supporting our military service members, veterans, and their beloved pets through our "Foster Home" program aimed at reuniting pet(s) and owner following deployment or an emergency hardship.
Military Pets Foster Project https://www.netpets.org/netp/foster.php	A Nationwide & Global network of Individual Foster Homes that will house, nurture and care for the dogs, cats, birds, horses and all other pets for all the Military personnel Only.
Operation Noble Foster http://www.operationnoblefoster.org/	Many thousands of requests for the fostering of pets have come in from members of our armed for, National Guard and Reservists, that are being called to active duty as a result of the War on Terror, including the deployments in Afghanistan and Iraq. Our foster volunteers are proud to have provided so many caring cat foster homes and for making it possible for there to be many very happy reunions, and many have continued to foster for other military pets.

REUNIFICATION

After Deployment http://www.afterdeployment.org/	Our mission is to help you and your loved ones manage the challenges that are often faced following a deployment.
Army Behavioral Health http://www.behavioralhealth.army.mil/	When our Soldiers return home, most will experience a brief readjustment period and a successful home transition. Some will need short or long-term counseling to assist in their transition. Medical assistance from the Army and the VA is available to provide treatment and see them through to a healthy outcome.
ARNG Yellow Ribbon Program http://www.arfp.org/skins/arfp/display.aspx?mode=user&moduleid=8cde2e88-3052-448c-893d-d0b4b14b31c4&action=display_page&objectid=63471a43-ff2c-45b9-9f84-4160041b15b4	The goal of the Yellow Ribbon Reintegration Program is to prepare Soldiers and Families for mobilization, sustain Families during mobilization, and reintegrate Soldiers with their Families, communities, and employers upon redeployment or REFRAD. The program includes information on current benefits and

	resources available to help overcome the challenges of reintegration. The 30, 60, and 90-day post-deployment or REFRAD requirements are for reintegration purposes only and are performed in Annual Training (AT) status for Soldiers. Family members are authorized to travel on Invitational Travel Orders (ITOs).
Freedom and Honor Programs http://www.returntohonorworkshop.com/	The Freedom of Honor team of combat vets and trainers have been supporting returning veterans and their families to work through combat stress and readjustment issues. Our focus is providing transition support, leadership and education to facilitate healthy and productive lives, whether active duty or civilian.
Grace After Fire http://www.graceafterfire.org/	Grace After Fire provides an online community where women can gather to anonymously address their issues and concerns that have gone unnoticed for so long. The support from each other, along with access to resources and clinical professionals, finally allows our women veterans to receive that well-deserved attention they are just now beginning to receive from the VA and our government.
Hearts Toward Home http://www.heartstowardhome.com/	Hearts Toward Home International, is a non-profit charitable organization, that has been structured for the purpose of providing support, counseling, training, educational classes, materials, and re-integration and re-adjustment workshop/forums for military personnel (both active duty and veterans) and their families after war-time service.
Homecoming Preparedness Guide http://www.veteransandfamilies.citymax.com/f/Homecoming_Preparedness_Guide_V1.5.pdf	A downloadable brochure to assist with reunification.
Project New Hope http://projectnewhope.net/	We provide Veterans and their families the education, training, and skills necessary to manage their lives after wartime service. This camp is free for veterans and their families and all meals are provided in this rural, pristine and private area. Youth activities and programs are available and all sessions are self-paced according to the individual veteran's wants.
Remind.org http://remind.org/	The Bob Woodward foundation provides resources and support to service members, veterans and their families to successfully reintegrate into their communities so they may thrive physically, psychologically, socially and economically.
US Welcome Home http://www.uswelcomehome.org/	We serve military, veterans and their families affected by war and terrorism. We apply traditional and complementary and alternative medicine to the reintegration of the returning warrior to their home, family and community. We also address the physical, emotional social and spiritual wounds of war through integrated holistic treatment in a family and community

	based effort.
Veterans and Families Foundation http://www.veteransandfamilies.org/home.html	The Veterans and Families Foundation goal is to help our Veterans get home both mentally and emotionally so they may reconnect with their families to raise happy, healthy children in a safe and stable environment where both parents are supportive and emotionally available.

SHOPPING/SELLING

Army and Air Force Exchange Services http://www.aafes.com/	It is the dual enduring mission of AAFES to provide quality merchandise and services to its customers at competitively low prices and to generate earnings which provide a dividend to support morale, welfare and recreation programs.
Better Business Bureau Military Line http://www.bbb.org/us/Military/	BBB Military Line brings BBB services to military personnel (including Reservists and National Guard), retirees, DoD civilians, and their families. BBB Military Line offers a variety of free services and consumer education to the military via local BBB outreach as well as on the Web.
Defense Commissary Agency http://www.commissaries.com/	The Defense Commissary Agency operates a worldwide chain of commissaries providing groceries to military personnel, retirees and their families in a safe and secure shopping environment.
Navy Exchange Service Command https://www.navy-nex.com/	Established in 1946, our mission is to provide our customers quality goods and services at a savings and to support quality of life programs. The retail stores and many services offered by Navy Exchange Service Command makes it an important quality of life benefit to customers, active duty, family members, retirees, national guard, and reservists, around the world, both ashore and at sea.
USAA Educational Foundation http://www.usaaedfoundation.org/default.asp	The USAA Educational Foundation is an organization that provides consumer information to the military community and the general public. The USAA Educational Foundation has published information on important personal and financial issues, including educational content, publications and national safety initiatives have been developed for you, the consumer.

SOCIAL NETWORKING

Caring Bridge http://www.caringbridge.org/	CaringBridge is a web service that connects family and friends during a critical illness, treatment or recovery. A CaringBridge website is personal, private and available 24/7. It helps ease the burden of keeping family and friends informed. Patients and caregivers draw strength from loved ones' messages of support.
Combat Leadership	Our mission is to collect and preserve the knowledge,

http://www.combatleadership.com/default.asp	experiences and personal reflections of combat veterans of all eras and serve as a centralized repository for information pertaining to combat leadership and the profession of arms. We also promote camaraderie, knowledge sharing and a "teacher-scholar" relationship that spans the entire spectrum of American warrior, from the experienced veteran to the newest recruit while also promoting combat effectiveness within the U.S. Armed Forces.
Connect and Join http://www.connectandjoin.com/	Connect and Join offers families separated due to deployment or business travel the opportunity to stay in touch 24/7 with their loved ones around the world in a safe, secure and private online community.
EiJoe http://ei-joe.ning.com/	We've gone beyond traditional e-mail by creating a Military Communications Network Center. We now offer an array of new and unique features that allow our members an easier way to connect with other members. You can create your very own personalized EiJoe.com page, upload your pictures and even start your very own blog or forum.
G.I. Search http://www.gisearch.com/	GI Search honors those who serve and served America as members of armed forces and the spouses and children who support them.
Military Brats Online http://www.militarybrats.net/home.php	Think of Military Brats Online as a gathering place just for Military Brats (and spouses, too), and a place where you can share your experiences growing up in a Military family, rekindle friendships, and a place to make new friends.
Military Woman.org http://militarywoman.org/	A meeting place for military women to exchange information unique to their military experience and to offer firsthand information to women thinking about a military career. This is a site where military women can share their views and experiences and enjoy the camaraderie with other military women.
Smart Soldier http://www.smartsoldier.com/	Smart Soldier is an online community run by current military personnel and recent veterans from all branches of the United States Armed Services. Our goal is to provide a supportive online resource to help new recruits, currently enlisted members and military veterans make informed choices throughout their military careers.
Sesame Street Family Connections www.SesameStreetFamilyConnections.org	Sesame Street Family Connections is a child-centered online space where both children and adults can interact and stay connected over long distances when everyday communication can otherwise be difficult.
YouMilitary.com http://www.youmilitary.com/	YouMilitary.com is a new online community for Veterans, Military Personnel, and Future Recruits to hang out.

SPECIAL SERVICES/GIFTS FOR SOLDIERS

<p>A Rose of Thanks http://aroseofthanks.org/</p>	<p>Our goal is to send every US Armed Service member in the Gulf Region a Thank You Card, to show them they are loved, missed, and appreciated for defending the US and us.</p>
<p>Armor 4 Troops http://www.armor4troops.org/</p>	<p>The primary mission of the Armor 4 Troops Foundation is to provide new and replacement "state-of-the-art" anti-ballistic eyewear, Under-Armour, personal gear, and other critical equipment and services directly to United States troops in the field that are currently engaged in war zones or other peacekeeping and humanitarian missions throughout the world where combat violence is a threat.</p>
<p>Bake Me a Wish/Operation Birthday Cake http://www.bakemeawish.com/operation-birthday-cakes.php</p>	<p>5% of your order will be contributed to Bake Me A Wish!'s Operation: Birthday Cake, which, with our partner Soldiers' Angels, donates birthday cakes each month to soldiers overseas.</p>
<p>Blankets for Deployed Daddies http://www.blanketsfordeployeddaddies.com/</p>	<p>Blankets for Deployed Daddies is a volunteer organization that hopes to bring these children a bit of their daddy until that wonderful day when he returns home. The Hugs and Kisses blanket is a wonderful blanket that deployed daddies can use to let their newborns know that they are there for them.</p>
<p>Books for Soldiers http://www.booksforsoldiers.com/forum/index.php</p>	<p>An organization that collects and mails out books to deployed soldiers.</p>
<p>Books for Troops http://www.gotbooks.com/booksfortroops/</p>	<p>Our mission at Got Books is to find new uses for used books people no longer know what to do with or have a use for. We are dedicated to finding good homes for your books, CDs, DVDs and videos so that they can be reused and kept out of the trash.</p>
<p>Brides Across America http://www.bridesacrossamerica.com/</p>	<p>Bringing bridal and military together is a marriage made in heaven! Bridal salons are uniting across America to donate and giving away wedding gowns to qualified military brides. The wedding industry is making a difference and giving brides to be the opportunity to find the wedding gown of their dreams as well as alleviate some of the financial stress of purchasing a wedding gown.</p>
<p>Cards for Heroes http://cardsforheroes.org/</p>	<p>To support our nation's armed forces by sending blank greeting cards to write home on, as well as cards of gratitude to encourage them.</p>
<p>Cell Phones for Soldiers http://www.cellphonesforsoldiers.com/</p>	<p>Cell Phones for Soldiers hopes to turn old cell phones into more than 12 million minutes of prepaid calling cards for U.S. troops stationed overseas. The phones are sent to ReCellular, which pays Cell Phones for Soldiers for each donated phone – enough to provide an hour of talk time to soldiers abroad.</p>
<p>Cup of Joe for a Joe</p>	<p>Your generosity, in any amount of your choosing, will</p>

<p>https://www.greenbeanscoffee.com/coj/index.php</p>	<p>help provide a much-appreciated gift of Green Beans premium coffee to a deployed armed services member. And in keeping with our commitment of service to our troops, Green Beans Coffee will contribute a portion of your purchase to charities that support soldiers and their families.</p>
<p>Defending Freedom http://www.defendingfreedom.net/</p>	<p>With our Nevada Benefits Foundation Defending Freedom wristbands we have found a way to keep our troops always in our hearts and thoughts while showing continued support and honoring their sacrifices.</p>
<p>The Desert Angel http://thedesertangel.org/</p>	<p>A group of kind-hearted Americans mail "Miracle Boxes," to our Troops serving overseas. These are care packages that contain a variety of needed items, as well as words of encouragement, hope and love. We also add extra items to share and pass out the native people of the countries that our Troops are stationed in, and throwing in some "fun stuff" or school supplies to give to the children.</p>
<p>Flak Jacket Books http://flakjacketbooks.com/</p>	<p>All of Jack Honig's self-published writings are distributed at no charge to our undaunted fighting forces, both stateside and across the globe. All proceeds are employed exclusively for the purpose of increasing their availability to as many Soldiers, Sailors, Marines, Airmen and members of the National Guard and Coast Guard as is humanly possible.</p>
<p>Fox Sox http://www.foxsox.com/Catalog/category.aspx?code=SLDIR%20?utm_source=Google&utm_medium=cpc&utm_term=support%20the%20troops&utm_content=None&utm_campaign=Fox%20River%20-%20Main&gclid=CPPuw-yc5ZsCFdVL5QodxwFA_A</p>	<p>You can send socks and a personalized note of support right here via our website. If you have a soldier you want to support, simply place an order via our website. If the shipping address is an APO or FPO, Fox River will cover the cost of shipping. (Choose Free Option). If you would like to send socks to a soldier on our wish list, click here to browse the wish list. You can order the quantity you choose from any wish list. Again, Fox River will cover shipping costs. If you are a deployed soldier and you and/or your unit can get on our wish list.</p>
<p>The Freedom Pens Project http://www.freedompens.org/</p>	<p>We need you to get involved and help us fund, produce and ship custom handwriting pens to our Military Servicemen and Women serving in the Middle East.</p>
<p>From US to You http://www.fromustoyou.us/</p>	<p>From US to You is a non-profit, strictly volunteer organization dedicated to serving US Soldiers in Afghanistan and Iraq. We are based in Charlottesville, VA and support the troops through donations, letters, and care packages.</p>
<p>GreenCare for Troops http://www.projectevergreen.com/gcft/</p>	<p>GreenCare for Troops is a nationwide outreach program coordinated by Project EverGreen that connects local green industry professionals with men and women serving in our country in the armed forces away from home by offering free lawn and landscape services for more than 8,000 military families nationwide.</p>

<p>Healing Field http://www.healingfield.org/</p>	<p>\$20 will sponsor one kit from the National Headquarters. We will select a flag from one of the the fields across the country and we will package them up and send them to our troops currently deployed.</p>
<p>Hero Hugs http://www.herohugs.org/</p>	<p>Our American soldiers are ordinary people who take on extraordinary tasks. They are always willing to serve and protect no matter when or where that may be. Our soldiers deserve to know we appreciate them and the sacrifice they make for our country and our world, even when we don't agree with what they were called to do. Our mission is to make sure as many soldiers as possible know someone back home is thinking of them because...Every hero deserves a hug!</p>
<p>The Hugs Project http://groups.yahoo.com/group/thehugsproject/</p>	<p>Our "mission" is to give a "hug" (handmade items for warmth or cooling depending on season) to every American serving in the Middle East. We want every deployed troop American civilian to know we support their mission to protect our freedoms & to provide freedom to the people of the Middle East. Our main troop emphasis right now is writing LOTS of letters making hugs kisses.</p>
<p>Let's Bring Em Home http://www.lbeh.org/?home</p>	<p>Bringing military families together for the holidays since 2001! That's right, each year we take donations to purchase plane tickets for junior enlisted military personnel, allowing them the opportunity to fly home and spend the holidays with their families. All we want to do is unite a few military families for the Christmas holiday. That's it. No hidden agendas, no political speeches. We just buy plane tickets for troops.</p>
<p>Military Exchange Prepaid Calling Cards https://thor.aafes.com/scs/default.aspx</p>	<p>The Military Exchange is working diligently to ensure we offer the best prices possible to the military members who are serving our country and will do everything we can to give them the best value possible. The American Red Cross will distribute your Prepaid Card(s) to military personnel deployed in support of ongoing military operations (not recognized as tax deductible donations).</p>
<p>Music For Troops http://www.musicfortroops.com/</p>	<p>Music For Troops (MFT) is a nonprofit that sends the gift of music to our Troops at home and away from home. Donated songs are uploaded on our site by MFT and only those in our military who register with MFT can download the music in a safe and legal environment.</p>
<p>Operation Baby Blanket http://www.operationbabyblanket.com/</p>	<p>Operation Baby Blanket was founded as a support system for the new and expecting mothers whose husbands are servicemen that have been or soon will be deployed overseas. We use an adoption program that matches up a sponsor to a mommy for the duration of her husband's deployment and until the baby is born.</p>
<p>Operation Bandanas http://www.operationbandanas.org/</p>	<p>Since Operation Bandanas began, many thousands of soldiers have been covered and blessed with Psalm 91</p>

	bandanas. Through the generosity and gratitude of people from the Ft. Bragg community, the state of North Carolina and, now, from all over the United States, thousands of our courageous troops serving in Iraq and Afghanistan have been provided a bandana with God's words of comfort, strength and protection.
Operation BBQ For Our Troops http://www.operationbbqnw.com/	BBQ For Our Troops is a grass roots effort to show support for those Men and Women who serve in our Armed Forces. All the food is donated the Military doesn't pay a dime for it.
Operation Christmas Tree http://www.operationchristmastree.com/	After deliberating we came up with the idea of shipping two foot tall trees to as many service members in Iraq and Afghanistan.
Operation DVD http://www.operationdvd.net/	Operation DVD is an appeal to Patriotic Americans to donate their new and used DVDs which will then be shipped to our fighting men and women overseas.
Operation Happy Note http://www.operationhappynote.com/	Operation Happy Note is a volunteer effort to send musical instruments to deployed service men and women throughout the world.
Operation Helmet http://www.operation-helmet.org/	Operation Helmet provides helmet upgrade kits free of charge to troops in Iraq and Afghanistan, as well as to those ordered to deploy in the near future.
Operation Hero Miles http://www.fisherhouse.org/programs/heroMiles	"Operation Hero Miles" allows troops stationed in Iraq or Afghanistan to fly home on leave for free. Travelers donate their unused frequent flyer miles to the Pentagon and troops and families use them to get free tickets.
Operation Homelink http://www.operationhomelink.org/	Operation Homelink provides refurbished computers to the spouses or parents of junior enlisted (E1 –E5) U.S. deployed service men and women enabling email communication with their loved one deployed overseas.
Operation Love Reunited http://www.oplove.org/	If you are a member or family member of the United States Military, and are interested in having very special and touching images with a patriotic edge taken of you and/or your family before a deployment or during, and at your reunion, please contact a photographer in your area now. The package will always include a 4x6 album of pre-deployment images. The album will be sent to the deployed soldier by the photographer, at no cost to you. Also with your package, all session fees will be waived. The photographer will want to accompany your family to the welcoming home of your spouse or loved one, and capture that first glimpse, that first embrace, and all the love that surrounds every person who walks off that plane, into their families arms.
Operation Mom http://www.operationmom.org/index.html	Support is what we are and what we do. An outreach of our support system is to also provide 'Little Touch of Home' packages to our troops serving worldwide. We have been actively doing this since 2001, shipping hundreds of thousands of boxes to wherever our troops may be stationed.

<p>Operation Paperback http://www.operationpaperback.org/</p>	<p>Operation Paperback collects gently used books and sends them to American troops deployed overseas. Since 1999, we have shipped over 950,000 books to locations around the globe.</p>
<p>Operation R & R http://operationrestandrelax.org/Default.aspx</p>	<p>Operation R&R is a non-profit organization designed to provide our service men and women an opportunity to reconnect with their spouses and children upon their return from Iraq or Afghanistan. Property owners, represented by many property management companies, are donating their homes and villas on Hilton Head Island, SC for this purpose. All of this is to ensure that our military families have a chance to spend some time away from their everyday lives to strengthen relationships that have been strained due to long separations and extreme circumstances.</p>
<p>Operation Special Delivery http://www.operationsspecialdelivery.com/</p>	<p>Operation Special Delivery (or OSD), provides trained volunteer doulas for pregnant women whose husbands or partners have been severely injured or who have lost their lives due to the current war on terror, or who will be deployed at the time that they are due to give birth.</p>
<p>Patriotic Pillow Project http://patrioticpillowproject.org/</p>	<p>We will stitch our prayers & care into each pillow that will be created for each special Honorable recipient. A Thank You note will be included with each gift of comfort, so each brave, wounded G.I. will know how very much we care about each & everyone of them. The pillow covers are handcrafted creative replicas of our Nation's Flag.</p>
<p>Prayer Central http://prayercentral.net/engage/militaryprayer/daily.php</p>	<p>A site to request prayers for soldiers and also to see prayers for daily solace.</p>
<p>Recycle 4 Soldiers http://www.recycleforsoldiers.com/</p>	<p>Recycle your electronic items, like used cell phones, PDAs, inkjet cartridges, iPods, laptops, video games & consoles and digital cameras to benefit a soldier non-profit of your choice or sponsor one of our pre-approved partners.</p>
<p>Soldier Soaps http://www.soldiersoaps.org/</p>	<p>SoldierSoaps was a blending of two unique ideas, combining the two ideas, using the American Flag as a design base, and SoldierSoaps was born.</p>
<p>Special Kindness in Packages http://www.skipcares.org/</p>	<p>Special Kindness In Packages, Inc. ships personalized care packages and correspondence to deployed members of the U.S. military, and offers individually tailored support and guidance to military members and their families before, during, and after deployment.</p>
<p>Sweethearts for Soldiers http://www.sweetheartsforsoldiers.com/</p>	<p>The Sweethearts for Soldiers provide troop entertainment, care packages and produce an annual charity calendar. We are comprised of former Professional cheerleaders/dancers from around the U.S. who have a strong passion for supporting our military. This mission of the Sweethearts' is to help raise morale and bring a touch of home to the brave men and women</p>

	fighting for our freedoms.
Trees 4 Branches http://www.trees-4-branches.org/Home.html	We were formed with a goal of sending fresh cut, miniature Christmas trees to American Troops deployed abroad. Our efforts have since expanded to helping support our Troops by sending care package items to our brave warriors.
Trees for Troops http://www.treesfortroops.org/	The Christmas SPIRIT Foundation is the non-profit branch of the National Christmas Tree Association. The Trees for Troops program offers Christmas trees to military members and their families.
Veteran Tickets Foundation http://www.vettix.org/	We give without prejudice free tickets to all Veterans, Active Duty Service Members and their families as a way of saying thank you! We team up with major sports teams, leagues, promoters, organizations, venues and everyday ticket holders to provide free and discounted tickets to the more than 26 million Veterans and Active Duty Service Members in the United States.
Wire a Cake http://www.wireacake.com/militarycakes.html	Send a cake for any occasion from the oldest and most established Telecake Cake Delivery Service since 1987! Click on the Soldiers' Angels logo to learn about sponsoring a soldier.

SPECIFIC MILITARY JOBS

Air Force Medical Service http://www.sg.af.mil/	The Air Force Medical Service (AFMS) works in close coordination with the Assistant Secretary of Defense for Health Affairs, the major air command surgeons, the Departments of the Army, Navy and other government agencies to deliver medical service for more than 2.63 million eligible beneficiaries. Beneficiaries include active duty, family members and retirees, during both peacetime and wartime. The AFMS provides seamless health service support to the USAF and combatant commanders.
Army Nurse Corps Association http://www.e-anca.org/	Welcome to the Army Nurse Corps Association (ANCA) website. Originally established in 1977 as the Retired Army Nurse Corps Association, ANCA is a voluntary organization of, by, and for United States Army Nurse Corps officers. ANCA is dedicated to bringing Army nurses together in a social setting and supporting the goals of the Corps.
Association of Military Surgeons http://www.amsus.org/	AMSUS is the premier association supporting and representing military and other federal healthcare professionals. AMSUS is dedicated to all aspects of federal medicine - professional, scientific, educational and administrative. Presently our 12,000 members represent all healthcare disciplines and serve in the Active and Reserve Components of all of the uniformed services as well as the Department of Defense and the Department of Veterans Affairs.

<p>The Corpsman http://www.corpsman.com/</p>	<p>A medical enlisted military web community for all military services open to past, present, and future relatives. The site includes forums and study guides</p>
<p>Military Chaplains Association of the United States of America http://www.mca-usa.org/</p>	<p>The Military Chaplains Association of the United States of America is a professional support and Veterans Service Organization. We are dedicated to the religious freedom and spiritual welfare of our Armed Services members, Veterans, their families, and their survivors. Our Members are serving or have served in the Army, Navy, Air Force, VA, or Air Force Auxiliary Civil Air Patrol chaplaincies. Our Members and Associate Members represent a broad cross-section of religious faith groups in the United States. Together, we speak for chaplains and chaplaincies with a professional, prophetic, and pastoral voice.</p>
<p>Naval Association of Physician Assistants http://www.napasite.net/</p>	<p>The Naval Association of Physician Assistants (NAPA) is a world-wide organization representing Navy Physician Assistants. NAPA represents and promotes the interests of Navy PAs. NAPA is devoted to educating the public about the PA profession, seeking legislative and governmental policy changes regarding PAs, and informing those in the profession about national Navy issues. NAPA works to promote the Physician-Physician Assistant team concept, quality cost-effective health care, and the professional and personal growth of Navy PAs.</p>
<p>Navy Nurse Corps Association http://nnca.org/</p>	<p>Established in 1987, the Navy Nurse Corps Association is a national organization dedicated to bringing Navy Nurses together. We are an association for caring and sharing, where what matters most is not rank, but being, or having been, a Navy Nurse. Any Navy Nurse Corps Officer, whether Active Duty, Reserves, Retired, or Honorably Discharged, may join the NNCA.</p>
<p>Public Health Service Academy of Physician Assistants http://phsapa.com/</p>	<p>The PHSAPA is the national organization for active duty and retired Physician Assistant officers of the United States Public Health Service (USPHS) and the United States Coast Guard (USCG). We also represent civilian Physician Assistants who are employed within the federal government.</p>
<p>Society of Air Force Nurses http://www.safn.org/</p>	<p>The Society of Air Force Nurses is committed to provide a network for social, informational, and community outreach activities for former and current Air Force Nurses.</p>
<p>Society of Air Force Physician Assistants https://www.safpa.org/</p>	<p>The Society of Air Force Physician Assistants (SAFPA) is a professional organization serving the needs of active duty, retired, and reserve Air Force physician assistants. The mission of SAFPA is to promote quality, cost-effective, and accessible health care and to promote the professional and personal development of Air Force physician assistants.</p>

<p>Society of Army Physician Assistant http://www.sapa.org/</p>	<p>S.A.P.A. is a civilian organization to represent and support the U.S. Army Physician Assistant, including, Former, Active, Retired, Reserve and National Guard PA's. The Society's goals are to provide a forum for discussion, representation with the AAPA, and to provide high quality, low cost CME (continuing medical education) to the Society's members and the PA profession.</p>
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SPOUSES

<p>Military Spouse.org http://www.milspouse.org/</p>	<p>MilSpouse.org is your resource library for military spouse employment, education, and relocation information. Here you will find links to employment related information and other resources for military spouses and military families.</p>
<p>Military Spouse Coach http://www.militaryspousecoach.com/</p>	<p>I'm Krista Wells, The Military Spouse Coach® and I have worked with hundreds of spouses like you to achieve a lifestyle they had only dreamed about. Through one-on-one straight talk and a solid personalized plan, you will emerge stronger and more personally fulfilled than you ever thought possible.</p>
<p>Military Spouse Corporate Career Network http://www.msccn.org/</p>	<p>The MSCCN is dedicated to providing career opportunities and job portability for military spouses through a nationwide network of employers.</p>
<p>Military Spouses Career Network http://www.mscn.org/</p>	<p>The Military Spouses' Career Network provides a means for communicating, sharing, and assisting you in managing your career by increasing your access to valuable information on mobile career strategies, location-independent job opportunities, and how to improve your employability worldwide.</p>
<p>Military Spouse Job Search http://www.militaryspousejobsearch.org/msjs/app/</p>	<p>Military Spouse JobSearch is designed to enhance the employment opportunities for spouses of US Military members with employers committed to hiring military spouses and to connect employers with a talented, global, diverse workforce.</p>
<p>Military Wives http://www.militarywives.com/</p>	<p>As a retired Marine couple, we know just how new and puzzling, and sometimes how lonely or difficult it can be to find what you need. That is why we created this network and filled it with all kinds of resources to help you find whatever you may need... and to find one another.</p>
<p>MilSpouse.com www.milspouse.com</p>	<p>General website with multiple resources.</p>
<p>Navy Wives Clubs of America http://www.navywivesclubsofamerica.org/</p>	<p>The purpose of NWCA is to promote a friendly, sympathetic relationship among the spouses of ENLISTED personnel; to extend relief assistance to members in need and other families of the Navy, Marine Corps, and Coast Guard personnel; and to foster a spirit of fellowship among its members and the civilian</p>

	community.
Operation Life Transformed http://www.operationlifetransformed.org/	The mission of Operation Life Transformed (OLT) is to provide education and resources to our military spouses and caregivers, and increase awareness of the long term needs of these families and support the military spouse and caregiver as they re-enter the workforce.
Solo-Ops http://www.soloops.com/	Military wives/spouses survival forums.
VetWives http://www.angelfire.com/ok/VetWives/Homepage.html	VetWives™ welcomes you to our homepage. On these pages you will be able to find links to veterans' sites, PTSD sites, poetry, and stories about veterans.

STATE SPECIFIC

COLORADO

The Home Front Cares http://www.thehomefrontcares.org/	The Home Front Cares (THFC) is an all volunteer, not-for-profit corporation that provides emergency financial assistance, goods and services to families of Active Duty, Activated Reserves and National Guard troops based in Colorado serving in harm's way.
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FLORIDA

Florida Defense Alliance http://www.floridadefense.org/military.asp	Military families transferred into Florida often share common concerns and questions, regarding topics such as education, housing and employment.
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MASSACHUSETTS

Local Heroes http://www.mass-localheroes.org/	Local Heroes, Inc is a non-profit organization working to support our local (MA) servicemen and servicewomen and their families.
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MINNESOTA

Beyond the Yellow Ribbon http://www.btyr.org/For+Families+and+Service+Members	The Minnesota National Guard has pioneered a program in hopes of changing how Soldiers and Airmen are reintegrated back to their communities. Called Beyond the Yellow Ribbon, the program is named as a reminder that the support of Soldiers cannot end when they return from deployment and the yellow ribbons are untied.
Mentoring Resources for Military Families http://mentoringworks.org/Mentoring_Resources	With so many families in Minnesota affected by recent military deployments, thousands of children are experiencing the challenges of having a parent

sources_for_Military_Families.html	away for an extended period of time. To effectively support these children and their families, mentor programs must become better informed about the unique challenges military families face.
Military Family Community Initiative http://www.militaryfamilies.state.mn.us/MFCI/index.asp	This website represents an outpouring of concern for Minnesota's military families. Organizations throughout our great state have turned their concern into action by registering their willingness to help during times of deployment. If you're a military family, please search this site often for community organizations near your home. All of the registered organizations are willing to provide volunteer services in order to lighten your burden, and all are eager to help.
Minnesota Child Care Resource and Referral Network http://www.mnchildcare.org/families/sscc_fam.php	Family members of Minnesota's deployed Army National Guard and Reserve are eligible to receive surge support child care services at no cost.
Minnesota Kinship Caregivers Association (MKCA) http://www.mkca.org/	Minnesota Kinship Caregivers Association (MKCA), a not-for-profit organization, advocates for, supports, and provides information and resources to people raising their grandchildren or children of other kin and friends.
Minnesota Military Family Foundation http://www.minnesotamilitaryfamilyfoundation.org/	Our mission is to seek fund to financially support deployed Minnesota military personnel, their spouses and children with loans or grants during times of extraordinary financial hardship.
Minnesota Veteran Family Support http://www.mnveteranfamilysupport.org/	MVFS was started in 2007 to provide support, programming and resources to Minnesota Military Families before, during and after deployment. We understand the challenges that military families face during all stages of the deployment process. Our board is comprised mostly of military spouses that have been through the deployment process themselves.
Supporting Military Families in Minnesota http://www.extension.umn.edu/parenting/components/militaryfamilies.html	In Minnesota, approximately 11,000 National Guard and Reserve soldiers have been called to active duty since 9-11. We are providing you with some resources to help you learn more about the cycle of deployment and how you can support military families in your community.

NEW YORK

Staten Island Project Homefront http://www.siprojecthomefront.org/Home_Page.html	Staten Island Project Homefront is an organization dedicated to supporting all of our deployed military personnel. The organization acts as a support organization for the families of deployed soldiers,
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	sailors, airmen, coast guardsmen and marines. Care packages are sent to our military that are deployed to Iraq, Afghanistan and Kuwait for Staten Islanders, New Yorkers or those from New York in close support.
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NORTH CAROLINA

Blue Ridge Vacations http://www.merchantcircle.com/blogs/Blue-Ridge-Vacation-Cabins.And.Realty.828-963-2393/2009/4/Blue-Ridge-Vacation-Cabins-Announces-Military-Appreciation-Discount/214169	In respect to those who serve our nation, Blue Ridge Vacation Cabins is proud to introduce their new Military Appreciation Discount that allows active and retired military personnel to enjoy discounted rates for themselves and their friends and family members when visiting the mountains of North Carolina. The mountain towns of Boone, Valle Crucis, Blowing Rock, Seven Devils, Banner Elk and Todd, NC truly offer something for everyone any season.
Burke Manor Inn (Gibsonville, NC) http://www.burkemanor.com/specials.htm	We appreciate what you do and would like to show our appreciation to you by offering a 50% discount off regular rates on your stay when your stay falls within a Sunday - Thursday night.
Citizen Soldier Support Program http://www.citizensoldiersupport.org/	Communities want to support our Reserve and National Guard members and their families but need guidance on how to demonstrate their caring. The CSSP has as its mission to engage and connect military and community service systems to increase the readiness and resiliency of the Reserve members and their families. CSSP as unified its approach under a single Reserve Component Behavioral Health Initiative to addressing the issues confronting our Reserve Component members and their families through a variety of methods.
Down East Coalition for American Veterans http://www.decav.org/	Down East Coalition for American Veterans (DECAV) is a non-profit organization dedicated in supporting needy veteran and non-veteran causes with a focus on veterans and veteran organizations in the "down east" North Carolina area and other areas as appropriate.
Emerald Isle Vacation Homes http://www.emeraldislerealty.com/specials_militaryreunions.asp	Emerald Isle Realty is proud to share the homes on our beautiful island that welcome Military Reunions and offer you a choice of discounts. Choose one discount offer from below and please keep in mind these offers cannot be combined with any other specials or discounts offered by Emerald Isle Realty.(Receive 10% off any weekly rate; or Receive \$50 off rental rate for 3 night stays; or Book 3 properties for a week and receive a free family portrait (a \$260 value)).

Fayetteville Military Discounts http://www.visitfayettevillenc.com/assets/File/MilDiscount.pdf	List of businesses that offer military discounts in Fayetteville.
Ft. Bragg Area Community Foundation http://www.bragg.army.mil/fbacf/	The Fort Bragg Area Community Foundation is a private, non-profit, charitable organization established to provide financial assistance to benefit the Fort Bragg community.
Huck Finn Rafting Adventures (Hot Springs, NC) http://www.huckfinnrafting.com/scoutsmilitary.html	To show our appreciation, each active duty member of the U.S. Armed Forces will receive a \$10 discount with military ID.
Jackson/Onslow County Chamber of Commerce Military Discounts http://waynecountychamber.chambermaster.com/directory/jsp/hotdeals/Search.jsp?cid=240&aname=1	List of military discounts in Jackson and Onslow Counties, NC.
Moore County Chamber of Commerce Military Discounts http://www.moorecountychamber.com/chamber/documents/MilitaryDiscountParticipants.pdf	List of military discounts in Moore County, NC.
More at Four Pre-Kindergarten Program www.osr.nc.gov	The More at Four Pre-Kindergarten Program provides a high quality child care program for children of alerted or activated NC National Guard, Reserves and Active Duty.
National Guard Association http://www.ncnga.org/benefits/	The North Carolina National Guard Association (NCNGA) is a non-profit organization established in 1960 to support the active, separated and retired members of the North Carolina Army and Air National Guard.
The NC American Legion http://www.nclegion.org/	The American Legion is a nationwide organization of veterans of the armed forces of the US who served during designated war-time periods.
NC Heroes Fund http://www.ncheroes.org/	The North Carolina Heroes' Fund was created with the mission of aiding the men and women specifically from North Carolina or those serving at one of North Carolina's many military installations. The support is primarily centered on hardships in which these men and women, or their families, may be enduring as a direct result to their service overseas.
NC National Guard www.nc.ngb.army.mil/	To assist Commanders and Units as they support and prepare their families during peacetime and mobilization.
NC Supports Military Children http://www.dpi.state.nc.us/militarysupport/	Just as spouses take on additional responsibilities at home when their husband or wife is deployed, teachers can provide stability and a normal routine for children who are dealing with the stress and other problems caused by deployment. To help our educators identify and assist these students, the

	N.C. Department of Public Instruction and the N.C. National Guard Family Readiness Program has developed this web site. The site provides a variety of resources to help public schools be supportive to military families. Links on the site explain what deployment is and how it affects families, describe stress indicators so teachers can identify students having problems, and direct the user to numerous resources such as the N.C. National Guard Family Programs Resource Guide, North Carolina Supporting Military Children.
Oak Island Rentals http://www.rentalsatthebeach.com/OakIsland/VacationRentals/Specials/MilitaryDiscounts/	Oak Island Accommodations and below participating owners would like to say "Thank You" to our Active Military and their families by offering military rental discounts. We are offering a variety of specials including 5-25% off rental rates and even some offering free linen rentals. We are located on Oak Island, North Carolina which is within driving distance of over five different bases within North Carolina.
Stanton Homes http://www.stantonhomes.com/Military.aspx	Veterans and Armed Forces service members will receive a three percent discount on any new home from Raleigh custom home builder Stanton Homes.
USO of NC http://www.uso-nc.org/	The USO of North Carolina works continuously to enrich the lives of America's military in the Carolinas, as well as fund vital programs and services for these warriors and their families.

OREGON

Caring for Troops http://www.caringfortroops.com/index.htm	If you are a deployed soldier, or know a deployed soldier, with ties to Central Oregon, please let us know.
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PENNSYLVANIA

Keystone Soldiers http://keystonesoldiers.com/public_html/	Through our organization and website you can show your support by becoming a volunteer, holding a fundraiser, collecting items on our list for packages, writing letters and cards to our troops or sponsoring a care package (or several!).
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UTAH

Sgt. Brandon Thomas Memorial Scholarship Fund http://colonialflagfoundation.org/brandonsride/	The Sgt. Brandon Thomas Memorial Scholarship Fund has been established to provide financial assistance in the form of scholarships to family members of Utah's Fallen Warriors. The
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	scholarship is open to the children and widows or widowers of all Utah National Guard and Utah resident US servicemen & service women who have died while performing duties related to the defense of the United States of America in the War on Terror between 2001 and the present.
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VERMONT

The Vermont Yellow Book http://www.va.state.vt.us/MFCN/MFCN/MFCNYellowBookApril2007.pdf	A downloadable book of resources for service members and their families.
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WASHINGTON

Support America's Armed Forces http://www.supportamericasarmedforces.com/	Support America's Armed Forces'® mission is to support the health, welfare, and morale of our military families in Washington State. We accomplish our mission by raising funds, and issuing grants to best support the family readiness groups. Moreover, we partner with community businesses to promote more efficient use of community resources and networking capabilities.
Veterans Family Fund of America http://www.veteransfamilyfund.org/	The Veterans Family Fund of America (VFFA) is based in Washington State and organized with the immediate goal of helping veterans and their families in the state and with the long-range aim of extending the program across America. A grassroots community organization, the Veterans Family Fund of America is dedicated to meeting critical needs that fall through the cracks of other veterans programs. The guiding principle of the fund is that timely, direct financial assistance to resolve an immediate crisis can make a long-term difference in quality of life for veterans and their families.
Washington State: Operation Military Kids http://www.k12.wa.us/OperationMilitaryKids/	Our mission is to create replicable and sustainable support networks for geographically dispersed military youth in schools and communities before, during, and after the deployment of a parent or loved one.

STRESS MANAGEMENT

Army Well-Being http://www.armywell-being.org/skins/WBLO/home.aspx?AllowSSL=true	Sustaining the all-volunteer force.
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<p>Operation Stephen's Touch http://www.stephentouch.org/</p>	<p>Operation Stephen's Touch is an outreach ministry of the Stephen Ministry Program at Grace Presbyterian Church in Plano, Texas. The caring listening is being offered to spouses, parents, adult children and siblings of those who died or those who are dealing with separation due to military service.</p>
<p>Resilience in a Time of War http://www.apahelpcenter.org/featuredtopics/feature.php?id=43</p>	<p>War affects each of us differently, and we all have an individual and unique way of dealing with stressful situations in a time of war. Building resilience--the ability to adapt well to unexpected changes and events--can help us manage stress and feelings of anxiety and uncertainty related to war. It involves behaviors, thoughts, and actions that can be learned over time.</p>

TRAVEL

<p>Armed Forces Vacation Club http://www.afvclub.com/</p>	<p>The AFVC is a "space available" program offering Department of Defense affiliated personnel affordable condominium vacations at over 3,500 resorts around the world.</p>
<p>Military Living http://www.militaryliving.com/</p>	<p>Military Living Publications is the largest travel publisher of military travel information for all uniformed services members, active and retired and their family members.</p>
<p>Military Ride Share http://www.militaryrideshare.com/</p>	<p>A place for marines, sailor, airmen and soldiers to drive together and save a little green.</p>
<p>Military To Go http://www.militarytogo.com/</p>	<p>Airlines offer military fares, which are set-aside for most flights. These fares can range from 20% - %50 depending on the flight. There are times, in which certain flights will not carry a military discount and/or limit the number of seats available. In this case, MTG will continue to search for the next lowest fare.</p>

VETERANS

ADVOCACY

<p>American Academy of Physician Assistants Veterans Caucus http://www.veteranscaucus.org/</p>	<p>The Veterans Caucus is a constituent caucus of the American Academy of Physician Assistants (AAPA). Our mission is to promote the interests and contributions of the veteran through service, education, and fraternity. Our goals are straight forward: Provide education and inspiration through its annual Memorial Day Service, concurrent with the American Academy of Physician Assistant Annual Conference; Provide medical educational opportunities through annual medical education</p>
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	meeting; Support the educational pursuits of veterans in physician assistant programs through the awarding of scholarships; Represent veterans' interests through collaborations with other veteran organizations and the uniformed services; Provide service through philanthropic activities; Be an advocate for the diverse needs of veterans in regards to health care.
American Military Retirees Association http://www.amra1973.org/	The American Military Retirees Association (AMRA) encourages military retirees to band together to protect earned benefits by educating on benefits available and advocating for the protection of earned benefits through active monitoring of legislation in the U.S. Congress and the policies and proposals of the Department of Defense and the Department of Veterans Affairs.
American Veterans for Equal Rights http://aver.us/aver/	AVER is a non-profit, chapter-based association of active, reserve and veteran servicemembers dedicated to full and equal rights and equitable treatment for all present and former members of the U.S. Armed Forces. The American public deserves to hear and learn from our experiences and perspectives just as loudly as they are exposed to the opinions of journalists, politicians and celebrities who dominate the media outlets.
American Veterans of the War on Terror http://www.avwot.org/	AVWOT is a non-profit, tax exempt corporation that is completely independent -- we are non-partisan and not aligned with any political party, organization, platform or candidate.
Army and Navy Union http://www.armynavy.net/	The Army and Navy Union of the United States of America is the oldest veterans' organization in America. It is the only American veterans' organization in which membership is not limited to any specific form, in branch, nor place or nature of the military service rendered.
Foundation for American Veterans http://www.fav.org/	FAV, a nonprofit organization, was established to provide various benefits for all Veterans regardless of which branch of the military they were with. The Foundations main goal is to step in and assist Veterans, either through the Veterans Hospitals, homeless programs, educational programs, crisis programs, etc., where the local, state, and federal governments leave off.
Had It http://www.hadit.com/	A Veteran based site to guide veterans through the Veterans Affairs process for filing a claim for service connected disability compensation. We combine the knowledge, skills, and abilities of Veterans to provide other Veterans the information and support they need dealing with the VA system.
National Association of American Veterans	The mission of NAAV is to serve all veterans, and their dependents, from World War II, the Korean

http://www.naavets.org/	War, the Vietnam Conflict, Desert Storm, and Enduring Freedom, the severely wounded warriors, and particularly single parent service members and veterans by helping to access their benefits, improving communication and coordination, and collaborating among health agencies, medical professionals, organizations, educational organizations, and the public.
National Organization of Veterans Advocates http://www.vetadvocates.com/	Our mission is to develop and encourage high standards of service and representation for all persons seeking benefits through the federal veterans benefits system.
National Veterans Foundation http://www.nvf.org/	To serve the crisis management, information and referral needs of all U.S. Veterans and their families through: Management and operation of the nation's only toll-free helpline for all veterans and their families; Public awareness programs that shine a consistent spotlight on the needs of America's veterans; Outreach services that provide veterans and families in need with food, clothing, transportation, employment, and other essential resources.
Stand Up 4 Vets http://www.standup4vets.org/	Stand Up For Veterans is an advocacy campaign whose purpose is to generate greater public awareness and support for strengthening federal policies that provide health care assistance to disabled veterans injured in the recent wars in Iraq and Afghanistan, as well as those from prior eras and conflicts.
Veterans and Military Families for Progress http://www.vmfp.org/	Veterans and Military Families for Progress is a national organization dedicated to ensuring that the rights and needs of veterans, active-duty service members and their families are understood by the American public, endorsed by our elected officials, and protected by legislation, regulation, and public policy initiatives.
Veteran Community Initiative http://vciinc.org/	Veteran Community Initiatives, Inc. (VCI) is a non-profit organization established to assist ALL veterans, their immediate family members, and displaced workers in their job searching efforts.
VetsFirst http://www.vetsfirst.org/vetsfirst/	United Spinal's VetsFirst program directly serves the needs of the veteran community. Our network of National Service Officers provides assistance and representation in claims for benefits and services before the U.S. Department of Veterans Affairs, other Federal and state agencies and legal representation before the U. S. Court of Appeals for Veterans Claims.
Vets for Freedom http://vetsforfreedom.org/default.aspx	Vets for Freedom is a nonpartisan organization established by combat veterans of the wars in Iraq and Afghanistan. Our mission is to educate the

	American public about the importance of achieving success in these conflicts by applying our first-hand knowledge to issues of American strategy and tactics in Iraq. Vets for Freedom PAC will work to actively support candidates who champion our mission.
Veterans Rights Advocates http://www.v-r-a.org/	The Veterans Rights Advocates are here to fight for veterans workplace rights. Our objectives are to provide the U.S. Congress with the ammunition to encourage the OFCCP and VETS to support veterans through affirmative action and for Congress to provide legal assistance for all veterans in the workplace whose affirmative action rights have been violated.

COMMUNITY NETWORKING/FUNDRAISING

American Veterans Motorcycle Riders Association http://www.avmra.com/	We donate financial aid and human resources to our communities, Veterans organizations, other non-profit organizations, and individuals ,veterans and their families that are enduring hardships. We also erect monuments and memorials and help the communities that they are in to maintain these memorials and monuments. We hold recreational events, picnics and BBQs at V.A Hospitals, Vet Centers, Recreation Centers, Nursing homes and State and Federal Veterans Hospitals.
Combat Veterans Motorcycle Association http://combatvet.org/	We are an association of combat veterans from all branches of the United States Armed Forces who ride motorcycles as a hobby. Our mission now is to support and defend those who have defended our country and our freedoms. Our focus is to help veteran care facilities, provide a warm meal, clothing, shelter and guidance, or simply to say —“Thank you” and —Welcome Home.”
The Military Order of the Purple Heart http://purpleheartfoundation.org/	To raise funds for service, welfare, and rehabilitation work in connection with the members of the Military Order of the Purple Heart of the U.S.A. (a congressionally chartered veterans organization), those who are eligible for membership therein, or <i>any</i> wounded, disabled and/or handicapped veteran, his widow, orphan or survivors, For the support and maintenance of liaison services in any or all offices of the United States Department of Veterans Affairs, soldier's homes or other administration of veteran's affairs wherever and whenever deemed necessary.

<p>Veterans and Families Foundation http://www.veteransandfamilies.org/home.html</p>	<p>The Veterans and Families Foundation is a non-profit community service and support organization, founded and directed by Veterans, parents, grandparents, family members, employers, mental health professionals, academics, philanthropists and community leaders.</p>
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EMPLOYMENT/TRAINING/BUSINESS OPPORTUNITIES

<p>Helmets to Hardhats http://info.helmetstohardhats.org/content/index.jsp</p>	<p>Helmets to Hardhats places quality men and women from the Armed Forces into promising building and construction careers.</p>
<p>Hire Patriots http://www.hirepatriots.org/</p>	<p>Residents living near US bases, all across America, can hire US military for free from our website whenever they need help around their homes and yards. HirePatriots.com also has over 500,000 full time jobs for veterans and members of military families. We also host Military Marriage Enrichment Weekends, all expenses paid, for combat veterans and their spouses. Currently, we are beginning another outreach: —Heahg Gardens.” – These are plots of fertile land that are set apart for a communities’ local military population. – It is a place where they can garden, grow food to feed themselves, have healthy family fun and possibly raise produce to sell at Farmers markets.</p>
<p>Hire Vets First http://hirevetsfirst.dol.gov/</p>	<p>Welcome to the comprehensive career website for hiring veterans of America's military.</p>
<p>Inova Health System's "Military to Medicine" Program http://www.inova.org/working-at-inova/military-partnerships/index.jsp</p>	<p>Inova Health System's innovative "Military to Medicine" Program is a new career pathway for veterans, military spouses and recovering wounded service members. The special education, training and hiring programs that form the basis of this program will allow Inova to attract qualified healthcare employees from the estimated 1.8 million veterans presently in the workforce, the 300,000 men and women who exit the armed services every year and thousands of military spouses.</p>
<p>Ideal Military Hire http://www.idealmilitaryhire.com/</p>	<p>We are dedicated to providing transitioning veterans and their families with career tools and resources to assist them during the transitioning process to civilian life. Our free tools include: access to a military skills Translator, professional resume builder, and daily civilian job opportunity matches.</p>
<p>National Veterans Business Development Corporation http://www.veteranscorp.org/</p>	<p>The National Veterans Business Development Corporation, doing business as The Veterans Corporation, is charged with creating and enhancing entrepreneurial business opportunities for Veterans, including Service-Disabled Veterans.</p>
<p>Office of Veterans Business</p>	<p>The mission of the Office of Veterans Business</p>

<p>Development http://www.sba.gov/aboutsba/sbaprograms/ovbd/index.html</p>	<p>Development is to maximize the availability, applicability and usability of all administration small business programs for Veterans, Service-Disabled Veterans, Reserve Component Members, and their Dependents or Survivors.</p>
<p>RecruitMilitary http://www.recruitmilitary.com/?referral=destinygroup.com</p>	<p>RecruitMilitary is a veteran-owned firm dedicated to helping you achieve your dreams: education, military jobs and civilian careers, new business and franchise ownership, training, and much more. We offer many different ways for former enlisted personnel, junior military officers, senior officers, military spouses and transitioning military personnel to connect with thousands of organizations.</p>
<p>Spring-Green http://franchise.spring-green.com/map.aspx</p>	<p>Spring-Green offers military veterans up to \$15,000 as a grant towards their lawn care business start-up costs.</p>
<p>Transition Assistance Program (TAP) http://www.dol.gov/vets/programs/tap/main.htm</p>	<p>The Transition Assistance Program (TAP) was established to meet the needs of separating service members during their period of transition into civilian life by offering job-search assistance and related services.</p>
<p>Troops to Teachers http://www.proudtoserveagain.com/</p>	<p>Troops to Teachers is a U.S. Department of Education and Department of Defense program that helps eligible military personnel begin a new career as teachers in public schools where their skills, knowledge and experience are most needed.</p>
<p>USAjobs http://www.usajobs.gov/</p>	<p>This site lists open federal government jobs all over the country and has a section for veterans to find multiple tools and valuable resources such as a job opportunities, forms, benefits, and program information as well as training assistance for private sector employment.</p>
<p>Veterans Affairs Physician Assistants Association http://www.vapaa.org/</p>	<p>The goals of the VAPAA are to provide a forum for continuing education for VA Physician Assistants; to increase the professional recognition of PAs within VHA; to promote appropriate utilization of PAs within VHA; to encourage the VHA to increase academic support, tuition assistance for VA PA educational needs; and to create and maintain an atmosphere for the exchange of professional information and ideas among the PAs within VHA.</p>
<p>Veterans Corporation http://www.veteranscorp.org/</p>	<p>We aim to provide Veterans and service-disabled Veterans with access to the tools required to become successful in business.</p>
<p>Veterans Enterprise Training & Services Group http://www.vetsgroup.org/</p>	<p>Thanks for visiting The Veterans Enterprise Training & Services Group, the complete business source for current and prospective Veteran and Service-Disabled Veteran business owners, and for companies interested in working with Veteran-owned businesses. We offer business development training,</p>

	technical services, and employment assistance for veterans interested in starting or expanding their own small businesses. The VETS Group also assists agencies and prime contractors with recruiting capable and qualified veteran business owners and/or veterans for managed employment.
Veterans Transition Franchise http://www.franchise.org/Veteran-Franchise.aspx	To honor those men and women who have served in the U.S. military, the Veterans Transition Franchise Initiative, (VetFran) was developed to help them transition to civilian life. VetFran is designed to encourage franchise ownership by offering financial incentives to honorably discharged veterans.
VetSuccess http://www.vetsuccess.gov/	The VA’s official job search site for veterans.

GENERAL RESOURCES

AMVETS http://www.amvets.org/	This outreach effort takes many forms, from the professional advice our service officers offer on earned veterans benefits to our legislative efforts on Capitol Hill to the work done by our hospital volunteers. Other AMVETS members involve themselves in a range of initiatives aimed at contributing to the quality of life in their local communities. The pages of this website provide more detailed information on each area, as well as a wealth of information for veterans, their families and other interested citizens.
eVetRecs http://www.archives.gov/veterans/evetrecs/index.html	Welcome to our online military personnel records request system. Use our system to create a customized order form to request information from you, or your relative's, military personnel records.
National Archives http://www.archives.gov/veterans/	On this site you may also: learn how records support veterans’ and their families’ requests for services, find information about America's diplomatic and military records—from the Revolutionary to the Persian Gulf War—which paint a vivid picture of heroism, inspiration and sacrifice.
National Association of County Veterans Services Offices http://nacvso.org/	When you come into the County Veterans Services Office you will be referred to a service officer for assistance. The County Veterans Service Officer has a compassionate understanding of the problems, which confront veterans, widows, widowers, and children. The County Veterans Service Officer knows the extent, the meaning and the application of laws that have been passed by the U.S. Congress in the interests of veterans and their dependents. They also know the rules and regulations adopted by the Department of Veterans Affairs to clarify and implement those laws. The County Veterans Service

	Officer will apply specialized knowledge in the best way suited to the needs of every individual veteran or other beneficiary who comes to the office for assistance.
National Veterans Foundation http://www.nvf.org/	Our goal is to serve the crisis management, information and referral needs of all US veterans and their families through management and operation of the nation's only toll-free helpline for all veterans and their families, public awareness programs about the needs of veterans and outreach services for veterans and their families.
Network of Care for Veterans & Service Members http://networkofcare.org/index2.cfm?productid=17	The Network of Care for Veterans & Service Members is a one-stop shop for virtually all services, information, support, advocacy, and much more. Right now, CA and MD sites are linked to this site.
United States Department of Veterans Affairs http://www.va.gov/	Our goal is to provide excellence in patient care, veterans' benefits and customer satisfaction. Our department's employees continue to offer their dedication and commitment to help veterans get the services they have earned.
Veterans Alliance Service Center http://www.vets.com/	Never again worry about where to find the answers to veteran and military questions. Be it benefits, pay or dealing with the VA it's all here at Vets.Com. From the very basics to the tough ones on VA procedures, the VASC is also the home of the American Veterans Alliance Information Packs.
Veterans Benefits Administration www.vba.va.gov	The home site of the Veterans Benefits Administration.
Veterans Today http://www.veteranstoday.com/	General resource for veterans.
Veterans World http://www.veteransworld.com/	A one-stop center for career and life skills resources.
VetWives http://www.angelfire.com/ok/VetWives/Homepage.html	VetWives welcomes you to our homepage. On these pages you will be able to find links to veterans' sites, PTSD sites, poetry, and stories about veterans.

HEALTH/PSYCHOLOGICAL CARE

Bayside Ft. Howard Senior Housing Community http://www.baysidefthoward.com/index.html	Built on the foundation of a public/private partnership, Fort Howard Senior Housing Associates aspires to create a unique retirement community for both veterans and non-veterans. It is anticipated that the Fort Howard Community will serve as a national model for better serving the needs of America's rapidly aging veteran population.
Community Circles of Support for Veterans' Families http://www.familyhomelessness.org/no	Community Circles of Support for Veterans' Families is an innovative educational and mental health initiative for veterans' families. This program fills a major gap in services by addressing the

de/54	psycho-educational, emotional, and support needs of veterans' families. The key components of this project include Specialized Group Intervention, Peer-to-Peer Support Network, Service Provider Trainings, and a Community Awareness Campaign.
Vet Centers www.vetcenter.va.gov	Vet Centers provide readjustment counseling and outreach services to all veterans who served in any combat zone. Services are also available for their family members for military related issues. Veterans have earned these benefits through their service and all are provided at no cost to the veteran or family.
Veteran News and Information Service http://www.vnis.com/	General site for veterans looking for various resources.
Veterans for America http://www.veteransforamerica.org/	Veterans for America is an advocacy and humanitarian organization. The primary mission of VFA is to ensure that our country meets the needs of servicemembers and veterans who have served in Operation Enduring Freedom (OEF) and Operation Iraqi Freedom (OIF). VFA focuses specifically on the signature wounds these conflicts: psychological traumas and traumatic brain injuries.
Veterans Health http://www.veteranshealth.org/	To improve health care for veterans by creating an ongoing forum for members of the medical and clinical professions, employee representatives, advocacy organizations, and healthcare firms to discuss, develop, and promote effective efforts to: inform veterans and their families about health issues and benefits available to them; educate health care communities about the multiple health issues associated with military service; develop materials on veterans' health issues for medical schools, nursing schools, teaching hospitals, and related educational outlets; and advocate on behalf of veterans' healthcare initiatives.
Veterans Health Council http://www.veteranshealth.org/	The Veterans Health Council's Mission Statement is to improve health care for veterans by creating an ongoing forum for members of the medical and clinical professions, employee representatives, advocacy organizations, and healthcare firms to discuss, develop, and promote effective efforts to: inform veterans and their families about health issues and benefits available to them; educate health care communities about the multiple health issues associated with military service; develop materials on veterans' health issues for medical schools, nursing schools, teaching hospitals, and related educational outlets; and advocate on behalf of veterans' healthcare initiatives.
Veterans Information http://veteransinfo.org/	Site with updates about Agent Orange, PTSD TBI exposures.

<p>Veterans Outreach Center http://www.veteransoutreachcenter.org/</p>	<p>Veterans Outreach Center provides a collaborative approach to treating the "whole" veteran, enabling them to receive the breadth of services needed to restore their mental, physical, emotional and economic well being and to reunite with themselves, their family and community to resume productive lives.</p>
<p>Veterans Village http://www.veteransvillage.org/index.html</p>	<p>The goal of the Veteran's Village is to equip individuals with tools necessary to cope and promote continual healing of the self and a successful reintegration into society. At the core of the healing program are one-on-one therapy sessions as well as group and family sessions to address specifically coping mechanisms for living with PTSD.</p>
<p>Vets 4 Vets http://www.vets4vets.us/</p>	<p>Vets4Vets is a non-partisan veteran organization dedicated to helping Iraq and Afghanistan-era veterans feel good about themselves and heal from any negative aspects of service and war through the use of peer support.</p>
<p>Vietnam Veteran Ministers http://www.vietnamveteranministers.org/</p>	<p>We were founded by veterans of the Vietnam War, but increasingly we include veterans of many wars. Many war veterans -- and their families -- have experienced a spiritual wound left by that conflict. Our site describes the following programs which have veterans and their families directly or indirectly in mind.</p>
<p>Women Veterans Health Center http://www.publichealth.va.gov/women/shealth/index.asp</p>	<p>Did you know that women are the fastest growing group within the veteran population? This web site provides information on health care services available to women veterans, including comprehensive primary care as well as specialty care such as reproductive services, rehabilitation, mental health, and treatment for military sexual trauma.</p>

HOUSING

<p>National Coalition for Homeless Veterans http://www.nchv.org/</p>	<p>The National Coalition for Homeless Veterans (NCHV) is the resource and technical assistance center for a national network of community-based service providers and local, state and federal agencies that provide emergency and supportive housing, food, health services, job training and placement assistance, legal aid and case management support for hundreds of thousands of homeless veterans each year.</p>
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LEGAL SERVICES

<p>National Veterans Legal Services</p>	<p>NVLSP is an independent, nonprofit, veterans'</p>
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Program http://www.nvlsp.org/	service organization dedicated to ensuring that the U.S. government honors its commitment to our veterans by providing them the federal benefits they have earned through their service to our country. NVLSP accomplishes this by providing veterans organizations, service officers and attorneys with training and educational publications to enable them to help veterans and their dependents obtain all of the benefits that they deserve and representing veterans and their dependents who are seeking benefits before the U.S. Department of Veterans Affairs and in court.
Servicemembers Legal Defense Network http://www.sldn.org/	Servicemembers Legal Defense Network is a non-partisan, non-profit, legal services, watchdog and policy organization dedicated to ending discrimination against and harassment of military personnel affected by "Don't Ask, Don't Tell" (DADT).
Veterans Consortium Pro Bono Program http://www.vetsprobono.org/	The Veterans Consortium Pro Bono Program provides: free attorneys to veterans and their qualifying family members who have an appeal pending at the U.S. Court of Appeals for Veterans Claims (Court). If an appellant has filed an appeal with the Court, he or she can request assistance from The Veterans Consortium.

SOCIAL NETWORKING/INFORMATION SHARING

Reunion Friendly Network http://www.reunionfriendly.com/	Creating the marketplace for volunteer Military Reunion Planners and Reunion Vendors.
Together We Served http://togetherweserved.com/	Togetherweserved.com has produced a series of US Military community heritage websites specially created to enable current or former serving US Servicemen and women to reconnect with old friends and share in the camaraderie of others who served.
Veterans Benefits Network http://vets.yuku.com/	A forum site primarily focused on providing a space for veterans to connect with each in regards to VA claims.
Veterans Help Network http://www.veteranshelp.com/	This is a place for veterans, their families and friends to share thoughts and feelings. Victories and defeats. A place to seek and hopefully find help if that is what is needed.
Veterans Network http://veteransnetwork.net/	Welcome to the first online TV Network with shows and programs for veterans. This is exclusive media for the men and women who have served and sacrificed for America's Freedom.
VetFriends http://www.vetfriends.com/	VetFriends.com helps you to reunite with friends and family who are veterans of or are currently serving in the Army, Navy, Air Force, Marines, and Coast Guard! Learn how to obtain your own or your family

	members Military Records from the U.S. Government.
Vets Journey Home http://www.vetsjourneyhome.org/	When veterans get home they bring back important stories to tell, of adventures and pain, of fear and courage, of lessons learned. The Journey offers a safe place where veterans and civilians want to hear you. They offer you empathy for your painful journey and total support for your healing.

SPECIAL INTEREST GROUPS

American GI Forum http://www.agifusa.com/	The American GI Forum is the largest Federally Chartered Hispanic Veterans organization in the United States with Chapters in 40 States and Puerto Rico.
Association for Service Disabled Veterans http://www.asdv.org/index2.cfm	Today, ASDV is a national association that is establishing greater economic participation for service disabled and prisoner of war veterans and all of the 80 million veteran family members in the United States. To pursue its mission, ASDV has established programs and services that address the areas of legislative and legal advocacy, business development, healthcare, and information access.
Blackmilitaryworld.com http://www.blackmilitaryworld.com/	Blackmilitaryworld.com is product of Black Military World LLC. Founded in August, 2007, by retired Black Veterans of the U.S. Military. Blackmilitaryworld.com is the first website of its kind which provides a daily source of news, information, history, and a variety of other information to interested viewers, both employed by the Department of Defense and non-military.
Blinded Veterans Association http://www.bva.org/	Our goal is to promote the welfare of blinded veterans so that, notwithstanding their disabilities, they may take their rightful place in the community and work with their fellow citizens toward the creation of a peaceful world.
Catholic War Veterans http://cwv.org/	Welcome to the preeminent veterans service organization for our nation's Catholic military veterans! Here you will find detailed information about the CWV, and other information of interest to all military veterans and those that support them.
Center for Minority Veterans http://www1.va.gov/centerforminorityveterans/	The Center's goal is to provide and promote the use of VA programs, benefits, and services use by minority veterans; To make benefits and services more accessible to minority veterans; To evaluate current programs and make recommendations on how VA can better serve minority veterans.
Center for Women Veterans http://www1.va.gov/womenvet/	The primary mission of the Center for Women Veterans is to review VA programs and services for

	women veterans, and assure that women veterans receive benefits and services on a par with male veterans, encounter no discrimination in their attempt to access them, and are treated with the respect, dignity, and understanding by VA service providers.
Coalition for Iraq and Afghanistan Veterans http://coalitionforveterans.org/ciav/home/	The Coalition for Iraq and Afghanistan Veterans (CIAV) is a national non-partisan partnership of organizations committed to working with and on behalf of all military, veterans, families, survivors and providers to strengthen the existing system of care and support for all those affected by the wars in Iraq and Afghanistan.
Disabled American Veterans http://www.dav.org/	The Disabled American Veterans (DAV) is a charity dedicated to building better lives for America's disabled veterans and their families.
Flight of the Eagle http://www.flightoftheeagle.us/	Flight of the Eagle, Inc. is dedicated to outreach programs for the Native American Community. A principal focus of Flight of the Eagle is to honor Native American veterans and to raise awareness of their service and sacrifice. Flight of the Eagle also undertakes educational and service missions.
Iraq War Veterans Organization http://www.iraqwarveterans.org/	The "Iraq War Veterans Organization" was created to organize and represent Operation Iraqi Freedom veterans.
Italian American War Veterans http://www.itamvets.org/	The purposes and objectives of this organization are to aid and assist veterans and their families and to assist public and private agencies and institutions endeavoring to promote the public welfare.
Japanese American Veterans' Association http://www.javadc.org/main.htm	The Japanese American Veterans' Association, Inc. (JAVA), is a veterans' organization, providing assistance, as needed, to member veterans and their widows and dependents, perpetuating the memory of deceased Japanese American veterans, and sponsoring financial assistance and scholarships for needy and deserving dependents of deceased Japanese American veterans.
Jewish War Veterans http://www.jwv.org/	We, citizens of the United States of America, of the Jewish faith, who served in the Wars of the United States of America, in order that we may be of greater service to our country and to one another.
Lutheran Military Veterans and Families http://lmvfm.org/	This military veterans/family care ministry caters to all veterans and their families. This ministry addresses the spiritual, mental, emotional and physical needs of veterans and their families.
National American Indian Veterans http://www.naivonline.org/	The National American Indian Veterans Inc. is devoted to the representation, advocacy and support of American Indians, Alaska Natives, Native Hawaiians, and American Samoan Veterans in improving their quality of life and that of their families.

<p>National Association of Black Military Women http://www.nabmw.com/</p>	<p>Our mission is to seek out, record and tell the history and heritage of African-American military women who served and are serving in the United States Armed Forces.</p>
<p>National Association for Black Veterans http://www.nabvets.com/</p>	<p>On an ongoing basis, the National Association for Black Veterans, Inc. will provide strategic advocacy on behalf of its membership with Congress, the Federal Administration, State Administrations and other agencies and organizations. NABVETS will provide personal advocacy on behalf of veterans seeking claims against the United States Department of Veterans Affairs; advocacy for youth in all matters required for successful passage into adulthood; advocacy on behalf of families; with community involvement, provide advocacy in creating positive lifestyles for veterans; and to generate and preserve the historical record.</p>
<p>National Native American Veterans Association http://nnavo.org/</p>	<p>The mission of the National Native American Veterans Association is to educate and assist Native American Veterans and their Families without regard to Tribal Affiliation, degree of Indian Blood, branch of the Armed Forces, or Combat Status with regard to Veteran Rights, Entitlements, and Benefits. We will assist Tribal Entities in the development of Veteran Groups within each Tribe if desired, and provide a resource center for the Tribal Entities for information on Veteran Rights, Entitlements, and Benefits which can be used to augment current Tribal Programs.</p>
<p>Native American Veterans Initiative http://www.nativeamericanvi.org/</p>	<p>Our stated purpose is to establish a national Native American Veteran's facility which provides advocacy for Native American veterans in the areas of Veterans benefits and health care. Additionally, we will also establish a training program through which representatives of all tribes and nations will be trained and certified as Veterans' Service representatives accredited by the Department of Veterans Affairs to represent Native American veterans in their own cultural environment and home locations.</p>
<p>NAVETSUSA http://www.navetsusa.com/port.html</p>	<p>NAVETSUSA is the first Navy Veterans' Organization created on, and for, the World Wide Web.</p>
<p>North American Iroquois Veterans Association http://naiva.club.officelive.com/default.aspx</p>	<p>North American Iroquois Veterans Association (NAIVA) honors all veterans who have served their Nation, the United States of America and Canada. N.A.I.V.A has helped Native American students to further their education with a scholarship. From our first veteran powwow in 1993 to the last powwow/festival in 2006, we are resetting our site in a</p>

	different way. We are now on the path of doing Honor guard duty or grand entries for other organizations powwows and festivals. To carry our eagle staff and the flag of the Haudenosaunee confederacy with honor and dignity to let it be known of the courage and patriotism that the proud Native American warrior has shown for its Nation.
New England Gay, Lesbian, Bisexual & Transgender Veterans http://www.newengland-glbvets.org/	The New England Gay, Lesbian, Bisexual & Transgender Veterans, Inc., is a "grass roots" membership based, support organization for homosexual, lesbian, bisexual, and transgendered and heterosexual, active duty, reserve and veteran members of the United States Armed Forces, their families, friends and supporters.
Polish American Veterans http://www.plav.org/	We are committed to the ideals of patriotism, charity and volunteerism through allegiance to our Country, honor of our Country's standards and aid in the rehabilitation of disabled veterans. Our goal is to dedicate time and effort to insure that no benefits are denied to those who served their country and to support legislation intended for those who earned the right to the benefits being considered.
Student Veterans of America http://www.studentveterans.org/	Student Veterans of America (SVA) is a coalition of student veterans groups from college campuses across the United States. SVA works to develop new student groups, coordinate between existing student groups, and advocate on behalf of student veterans at the local, state, and national level.
The Retired Enlisted Association http://www.trea.org/	We aim to enhance the quality of life for uniformed services enlisted personnel, their families and survivors-including active components, Reserves, and National Guard, and all retirees; to stop the erosion of earned benefits through our legislative efforts, to maintain our esprit de corps, dedication and patriotism, and to continue our devotion and allegiance to God and Country.
Tennessee Native Veterans Society http://home.earthlink.net/~yonausdi/tnvs/index.html	Our site is dedicated to bringing aid & awareness to and about Native American Veterans and their families.
Transgender American Veterans Association http://www.tavausa.org/	The Transgender American Veterans Association (TAVA) is an organization that acts proactively with other concerned gay, lesbian, bisexual and transgender (GLBT) organizations to ensure that transgender veterans will receive appropriate care for their medical conditions. Further, TAVA will help in educating the VA and the DoD on issues regarding fair and equal treatment of transgender and transsexual individuals.
Veterans of Modern Warfare http://www.vmwusa.org/	Veterans of Modern Warfare is the nation's newest national Veterans service organization, focused on

	mutual assistance to Veterans with military service from 1990 - the time of the Persian Gulf War that ushered in a new era of modern warfare - through the present, including the Wars in Iraq and Afghanistan.
Women Organizing Women http://home.comcast.net/~smith715/index.html	Susan Avila-Smith established the "Women Organizing Women" WOW group in 1997, beginning with monthly meetings at the Seattle VAMC, and later adding American Lake. This forum was used to provide advocacy and network vital information regarding services and benefits to women veterans and their providers.
Women Veterans of America http://www.wvanational.org/	A voice for women who have and are serving in the Armed Forces. An advocate for women veteran's rights, issues and benefits.
Women's Army Corps Veterans' Association http://www.armywomen.org/	An organization for those who have honorably served with the Women's Army Auxiliary Corps, The Women's Army Corps, or those who have served or are serving honorably in the United States Army, the United States Army Reserve or the Army National Guard of the United States, are eligible for membership in the Women's Army Corps Veterans' Association.

STATE SPECIFIC

CALIFORNIA

A Guide for Returning Vets http://www.sfgate.com/returningvets/	As a public service, The San Francisco Chronicle has compiled this guide to benefits, entitlements and services available to veterans in the Bay Area.
Norcal Vets http://norcalvets.com/	Welcome to our web site dedicated to all things involving Veterans of the North State California. We support our Veterans by supporting the businesses, groups, clubs and organizations that do. We are also a community resource for Family members of current and past armed forces personnel.
Swords to Plowshares http://swords-to-plowshares.org/	Swords to Plowshares is a community-based, not-for-profit organization that provides counseling and case management, employment and training, housing, and legal assistance to more than 1500 homeless and low-income veterans annually in the San Francisco Bay Area and beyond.
Veterans Village of San Diego http://www.vvsd.net/	Veterans Village of San Diego (VVSD) is dedicated to extending assistance to needy and homeless veterans of all wars and eras and their families by providing housing, food, clothing,

	substance abuse recovery and mental health counseling, job training and job search assistance.
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COLORADO

Operation TBI Freedom http://www.operationtbifreedom.org/	Operation TBI Freedom assists veterans and service members with service related traumatic brain injuries that occurred on or after 9/11/01 to achieve their optimum independence, productivity and successful re-integration into civilian life, effectively develops and coordinates community and veterans resources available to our clients and their families, and is a free, statewide program in Colorado.
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FLORIDA

Florida Veterans Programs and Projects http://anyveteran.org/	The website of the Florida Veterans Programs and Projects, Inc.
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MINNESOTA

Minnesota Assistance Council for Veterans http://www.mac-v.org/	Minnesota Assistance Council for Veterans (MACV) is an organization that has been assisting veterans for over 17 years, helping over 4,000 veterans and their families. Many homeless and veterans' organizations recognize MACV's transitional and permanent housing programs as a model for the nation. We have a passion for serving those in Minnesota who first served us.
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NEW ENGLAND

New England Center for Homeless Veterans http://www.nechv.org/	The Mission of the New England Center for Homeless Veterans is to extend a helping hand to homeless men and women veterans who are addressing the challenges of addiction, trauma, severe and persistent mental illness, and/or unemployment and who will commit themselves to sobriety, non-violence, and working for personal change. We are recognized as one of the most effective private veteran's transition programs in the country.
The Veterans Support Organization http://www.vsoflorida.org/	The Veterans Support Organization helps homeless, needy, and disabled veterans in the areas surrounding our offices. The VSO currently

	operates in Rhode Island, Massachusetts, Connecticut, and Florida.
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NEW JERSEY

Veterans of New Jersey http://www.njveteranshelpline.org/	If you're a New Jersey veteran returning to civilian life and finding the re-entry process challenging, give us a call we can help. When you call, you speak to a veteran peer counselor, veteran volunteer or professional counselor who understands what you're going through and ready to help.
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NEW MEXICO

New Mexico Veterans Integration Centers http://nmvic.org/	To respond to the needs of veterans, with focus on those who are homeless or experiencing a housing crisis, through the provision of quality employment training, housing and supportive services based on a Continuum of Care.
Women Veterans of New Mexico http://www.nmvic.org/wvnm.html	A voice for Women who have served and are currently serving in the United States Armed Forces and an advocate for Women Veteran's rights, issues, and benefits.

PENNSYLVANIA

Philadelphia Veterans Multi-Service & Education Center http://www.pvmsec.org/	Our mission is to provide employment, training, and related educational services to all honorably discharged Veterans. Also, to provide social and human services counseling and referrals to less fortunate Veterans experiencing barriers in finding their way back into the mainstream of society.
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TENNESSEE

Operation Stand Down Nashville http://www.osdnashville.org/	A coalition of over 50 Nashville organizations has used this concept to organize a three day event for veterans who are homeless. The event provides outreach, information, and a variety of social services for this area's homeless veterans. The event has been held annually each fall. Operation Stand Down Nashville, Inc operates programs that train and support veterans as they work themselves off the streets and back into the community as responsible and contributing citizens. OSDN not only works with the
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	homeless veteran population but is a service center for all honorably discharged veterans.
Tennessee Native Veterans Society http://home.earthlink.net/~yonausdi/tnvs/index.html	Our site is dedicated to bringing aid & awareness to and about Native American Veterans and their families.

WASHINGTON

Columbia Basin Veterans Coalition http://www.veterancoalition-cb.org/	The Columbia Basin Veterans Coalition provides services to aid transitional veterans in assimilating back into the civilian environment. Its programs are available and offered to all veterans and their families in the five county areas of Adams, Benton, Franklin, Grant, and Walla Walla counties. CBVC operates to ensure that veterans get their required maximum earned benefits, personal support from other volunteer veterans, mentoring, job readiness training and placement, specific education training and assistance, counseling and spiritual guidance and from veteran supporters who assist the veteran in moving forward as quickly as possible.
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WISCONSIN

Veterans Assistance Foundation http://www.veteransassistance.org/	The Veterans Assistance Foundation was established to operate transitional housing programs for military veterans who are homeless or at risk of becoming homeless. The VAF is comprised of veterans who are nationally recognized as experts on the issues of homelessness among veterans and are dedicated to veterans' advocacy. The VAF currently operates three of these programs throughout the State of Wisconsin. VAF provides supportive services and transitional housing for veterans from all over the United States.
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TRANSITION TO CIVILIAN LIFE

Alabama Returning Veterans http://www.alabamareturningveterans.org/	A downloadable booklet that is a powerful tool that will equip you to navigate through hurdles-give you pride in what you have done-and help you to accomplish a full return home. This tool, the Reintegration Action Plan (RAP), is your plan of action for returning home and to civilian life. The better you understand the readjustment process and
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	develop an action plan to deal with obstacles, the easier will be your return.
Always a Soldier http://www.amc.army.mil/AlwaysASoldier/	The U.S. Army Materiel Command's Always a Soldier Program provides a continuity of support to the warfighters separating from the Armed Forces.
American Corporate Partners http://www.acp-usa.org/#	American Corporate partners is a nationwide mentoring program dedicated to helping veterans transition from the armed service to private enterprise through career counseling and networking with professionals from some of America's finest corporations.
Business and Professional Women's Foundation http://www.bpwfoundation.org/i4a/pages/index.cfm?pageid=5628	As part of the ongoing commitment of Business and Professional Women's Foundation to support women veterans, BPW Foundation has conducted research, centralized resources and developed programs to help our heroes and their families as they transition into civilian professional life. <i>Women Joining Forces – Closing Ranks, Opening Doors (WJF)</i> provides programming and resources to support women veterans and their families as they return to their civilian lives. WJF also includes the <u><i>Women Veterans in Transition Research Project</i></u> , to examine the needs and experiences of women veterans as they enter the civilian workforce.
DoD Transition Assistance Program http://www.turbotap.org	The full transition resources are available to you through this portal.
Military Exits http://www.militaryexits.com/	Helping Employers Hire Qualified Candidates As an employer, Military Exits helps you in your recruiting efforts by placing your full size recruitment ad on line. In addition, our search department seeks out the candidates that fit your job requirements.
Not This Time Vets http://www.notthistimevets.org/	Vietnam and the Gulf War saw our veterans treated poorly or simply ignored upon their return home. Formed in January, 2005, our organization seeks to ensure that this is not the case THIS TIME. We offer support for returning service personnel and their families as well as for families of those currently serving in the Middle East. Our mission is to provide programs for veterans which will assist them in a successful reintegration to civilian life.
Save-A-Vet http://www.saveavet.org/	Save-A-Vet is an organizations dedicated to the caring and well-being of all military and law enforcement working animals. At this time K9's are not considered veterans, but equipment. This is something we will continue to work on changing.
Transition Assistance Online http://www.taonline.com/	Transition Assistance Online, TAOnline.com, is the largest single source of transition assistance information and tools for today's separating military. On this transition assistance web site servicemembers, both prior and current, can find the

	resources needed to transition from their much appreciated military service, to the perfect civilian career.
Welcome Back Veterans http://www.welcomebackveterans.org/	Welcome Back Veterans (WBV) was created to inspire Americans to give back to our returning veterans and their families. These heroes were there when we needed them--they served us all and kept us safe--and it's our turn to be there for them. WBV is committed to transforming the lives of our returning veterans by changing the way people think and talk about Post Traumatic Stress Disorder (PTSD) while providing ongoing treatment for veterans and their families in addition to funding research.

WOMEN IN THE MILITARY

AcademyWomen http://www.academywomen.org/	AcademyWomen is a nonprofit organization which offers programs to support and enable women from the nation's officer development programs to reach their full potential as leaders. AcademyWomen provides supplemental sources of education, leadership development opportunities, and resources to achieve better personal and professional balance for military women and women veterans. We are an organization created by and for women military officers as a ready source of support, mentorship, personal and professional development.
All Navy Women's National Alliance http://www.anwna.com/	The All Navy Women's National Alliance is an organization that is dedicated to the interests of active duty, reserve, retired and veteran Navy, Coast Guard, and Marine women. The organization is devoted to honoring the accomplishments and rich history of the women of the sea services and to Sharing the Legacy.
Captain Barb http://userpages.aug.com/captbarb/	Welcome to the home of the skeptical, irascible, doubting, iconoclastic Captain Critical, aka Captain Barb, who's pontificating will try to amuse, bemuse, irritate and generally annoy anyone bold enough to stay long enough to read the ramblings of a self appointed distaff critic who will continue to remind you that women are veterans too! On these pages you will find the history and accomplishments of those women who have served this country voluntarily since its beginning.
Defense Department Advisory Committee on Women in the Services http://dacowits.defense.gov/	The Defense Department Advisory Committee on Women in the Services (DACOWITS) is composed of civilian women and men who are appointed by the Secretary of Defense to provide advice and recommendations on matters and policies relating to

	<p>the recruitment and retention, treatment, employment, integration, and well-being of highly qualified professional women in the Armed Forces. In addition, the Committee provides advice and recommendations on family issues related to recruitment and retention of a highly qualified professional military. Historically, DACOWITS' recommendations have been very instrumental in effecting changes to laws and policies pertaining to military women.</p>
<p>Lioness the Film http://lionessthefilm.com/</p>	<p><i>Lioness</i> tells the story of a group of female Army support soldiers who were part of the first program in American history to send women into direct ground combat. Without the same training as their male counterparts but with a commitment to serve as needed, these young women fought in some of the bloodiest counterinsurgency battles of the Iraq war and returned home as part of this country's first generation of female combat veterans. <i>Lioness</i> makes public their hidden history. Together the women's candid narratives describing their experiences in Iraq and scenes from their lives back home form a portrait of the emotional and psychological effects of war from a female point of view.</p>
<p>The Minerva Center http://www.minervacenter.com/</p>	<p>The Minerva Center, Inc. is an educational foundation that supports scholars, journalists, filmmakers, public policy activists and others engaged in the study of women and the military and women in war.</p>
<p>U.S. Army Women's Foundation http://www.armywomensfoundation.org/</p>	<p>The U.S. Army Women's Foundation is the premier center for educational excellence, the national network for today's Army women and a dynamic advocate for telling the history of Army women.</p>
<p>Women's Army Corps Veterans' Association http://www.armywomen.org/</p>	<p>An organization for those who have honorably served with the Women's Army Auxiliary Corps, The Women's Army Corps, or those who have served or are serving honorably in the United States Army, the United States Army Reserve or the Army National Guard of the United States, are eligible for membership in the Women's Army Corps Veterans' Association.</p>
<p>Women In Defense http://wid.ndia.org/</p>	<p>Women In Defense (WID), A National Security Organization, an affiliate of the National Defense Industrial Association, cultivates and supports the advancement and recognition of women in all aspects of national security. WID was established to provide women a formal environment for professional growth through networking, education, and career development. This affiliation gives WID members a source for</p>

	defense industry information, increased networking opportunities and professional contacts, and an expanded scope of informative programs.
Women In International Security Http://wiis.georgetown.edu/	Women In International Security (WIIS) is the only global network actively advancing women's leadership, at all stages of their careers, in the international peace and security field.
The Women's Research and Education Institute http://www.wrei.org/	WREI has been the source of reliable data and clear thinking about the status of American women. With significant – if incomplete – advances in women's rights over the past 30 years have come increased responsibilities, especially in the area of national defense. American servicewomen now play a critical role at home and abroad and WREI is especially proud of our long advocacy on their behalf. For a quarter century, WREI's research, conferences and biannual publication, <i>Women in the Military – Where They Stand</i> , have played a defining role for women soldiers, sailors, Marines, airmen and Coast Guardsmen as they serve their country.
Women's Trauma Recovery Program http://www.womenvetsptsd.va.gov/	The WTRP is designed to treat women veterans with post traumatic stress disorder (PTSD). Many of the women who are referred to the program were sexually assaulted during their military service and suffer what is now referred to as Military Sexual Trauma (MST). The WTRP is intensive 60-day residential program with a strong emphasis on interpersonal skills. The initial two weeks of treatment involve psychological and psychosocial assessments in order to develop comprehensive treatment plans. Women come into the program in classes, or cohorts, and work together to problem-solve, learn effective communication, and better manage their PTSD/MST symptoms.
Women Veterans Health Center http://www.publichealth.va.gov/womenshealth/index.asp	Did you know that women are the fastest growing group within the veteran population? This web site provides information on health care services available to women veterans, including comprehensive primary care as well as specialty care such as reproductive services, rehabilitation, mental health, and treatment for military sexual trauma.

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