

# NDNG CHILD AND YOUTH PROGRAM



FEBRUARY 2012 NEWSLETTER

## 2012 STATE YOUTH SYMPOSIUM

You won't want to miss this year's State Youth Symposium scheduled for March 9-11, 2012 at the Holiday Inn in Fargo. This action packed weekend for National Guard Youth ages 8-17 begins Friday at 7:30 and continues until 11:30 on Sunday.

Participants will benefit from a variety of leadership-focused activities while bonding with other Military youth.

Dee Lamay, a national team-building facilitator will engage the youth in physical and intellectual challenges, promoting effective communication, conflict resolution, and tactics and

tools essential to leadership.

Dr. Sameer Hinduja, a co-founder of Cyberbullying Research Center, will lead the youth in a thought provoking discussion on social media and the responsibilities we have towards its use.

The weekend will also include a Saturday night dance and an award ceremony on Sunday.

A schedule of the weekend events and a registration form can be found on [ndguard.com](http://ndguard.com).

Register Today!!!

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## SEND A VALENTINE...



WHETHER IT IS FROM YOUR CHILD OR TO YOUR CHILD, TAKE THE TIME TO CREATE A VALENTINE. MAKE IT A LETTER OF APPRECIATION FOR THE MILITARY MEMBER IN YOUR LIFE. MAKE IT PERSONAL WITH

PHOTOS OR POEMS WRITTEN BY YOUR CHILD. TAKE THE TIME TO DECORATE IT AND GIVE IT THAT PERSONAL TOUCH. EACH PERSON WHO RECEIVES SUCH A VALENTINE WILL TRULY FEEL LOVED.



## 112th Yellow Ribbon During Event

Text of the event

**Insert Pictures**

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# Devil's Lake Youth Council

Insert Text/Pictures

## Fargo Youth Council

In January, the Fargo Youth Council supported an Air Guard family event by providing childcare for their family support meeting. The Youth Council members spent the evening playing games and making Valentine cards with six children. One Youth Council member even brought cupcakes for the children to share during snack break.

*“This was fun and I love knowing that I’m taking care of kids that are the same as me—a military kid.”* Caitlyn Sandeen, a youth council member.

## February Youth Council Meetings

Fargo Youth Council

Bismarck Youth Council

Devil's Lake Youth Council

When: February 15th, 2012

Time: 7:00 pm-8:30 pm

Where: Fargo MSC

2219 12th Street North

**Manners Matter!!** Improve your etiquette knowledge so you can put your best foot forward in school, at home, or as you enter the working environment.

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**2012 Region 8  
Youth  
Leadership  
Summit**

**April 13-14, 2012  
Colorado Springs, CO**

The ND National Guard Child and Youth Program is accepting applications for the Region 8 Youth Leadership Summit from members of the ND National Guard Youth Councils. Five Army and Air National Guard teens (ages 13-17) will be selected to attend with other youth from Montana, Colorado, South Dakota, Wyoming and Utah.

Youth will have the opportunity to:

- ◆ Enhance their leadership and teamwork skills
- ◆ Explore ways to contribute to their community
- ◆ Learn about positive decision making
- ◆ Develop friendships with other military youth

Complete your online application today at:

[www.ndguard.ngb.army.mil/family/support/youth](http://www.ndguard.ngb.army.mil/family/support/youth)

# FARGO YOUTH LOCKDOWN

WHEN: MARCH 31ST TO APRIL 1

WHERE: FARGO YMCA—400 1ST AVE S

TIME: 8:30 PM TO 8:30 AM

WHO: MILITARY YOUTH (AGES 12 AND UP)

YOUTH WON'T WANT TO MISS THIS ALL NIGHTER!! THEY WILL PARTICIPATE IN TEAM BUILDING ACTIVITIES, SWIMMING, GYM ACTIVITIES, AND MUCH MORE. MOST IMPORTANTLY THEY WILL BE MEETING OTHER TEENS WHOSE PARENTS ARE ALSO IN THE MILITARY.

REGISTER TODAY BY SENDING YOUR NAME, AGE, AND CONTACT INFORMATION TO BETH SANDEEN AT [BETH.SANDEEN1@US.ARMY.MIL](mailto:BETH.SANDEEN1@US.ARMY.MIL)

OR CALL BETH AT 701-388-0375

## North Dakota National Guard Spring Event

Egg Hunt,  
Cookie Decorating  
Crafts, Games,  
Facepainting, and  
MORE



Sunday, April 1st

1:30-3:30 pm

RJB Armory

4200 E Divide Ave, Bismarck

Or FAFRC

3920 31st Street North, Fargo

April is "Month of the Military Child". To honor those military children, the True Patriot Award will be presented at 2:30 to each child at the event. This certificate is signed by NDNG Adjutant General, MG David Sprynczynatyk.

To be recognized during the awards ceremony, RSVP to either Jessi or Beth with the names of the children that will be in attendance.



## **Military Child Education Coalition Trainings**

Supporting Children of the National Guard and Reserve Institute

February 23-24 8:00 am-4:00pm

Canada Inns Destination Center, Grand Forks, ND

Cost: FREE

The purpose of this course is to help educators and professionals to each out in a support network to the children and families of the National Guard and Reserve. This free training is open to guidance professionals, school administration, and other caring adults interesting in learning more about the military child.

Participants will have the opportunity to earn educational credits in the form of 1.2 CEU's.

Log on to [www.MilitaryChild.org](http://www.MilitaryChild.org) to register.

Living in the New Normal Institute: Helping Children Thrive in Good and Challenging Times

April 19-20 8:00 am-4:00pm

Baymont Inn and Suites, Wahpeton, ND

Cost: FREE

Sparked by concerns about military children dealing with illness, injury, or death of a parent, the Living in the New Normal: Supporting Children through Trauma and Loss, or LINN, initiative was developed through collaboration with experts in the fields of trauma and grief, resiliency, health care, and child development. LINN encourages families to ensure their children have the tools to weather life's storms, fosters homefront efforts to support military children, and provides educators and other concerned adults with information to help them support children during times of uncertainty, trauma and grief.

Participants will have the opportunity to earn educational credits in the form of 1.2 CEU's.

Log on to [www.MilitaryChild.org](http://www.MilitaryChild.org) to register.



## Zero to Three Training

Zero to Three's Coming Together Around Military Families

Duty to Care II: Honoring the Healer

Friday March 9 8:00 am - 4:00 pm

Holiday Inn, Fargo, ND

Cost: Free

Duty to Care: Honoring the Healer addresses the impact of professional working with families who have young children. Participants will take away a variety of disciplines and roles including early child care, mental health, health providers and social services. This training is intended to increase professional resilience through self care and reflective practice, while minimizing risk for compassion fatigue and burn-out.

Participants will have the opportunity to earn free continuing education credit hours. Space is limited so register early at [www.zerotothree.org](http://www.zerotothree.org)

## Gearing up for Kindergarten

Gearing up for Kindergarten

Mondays in March, April and May 5:30-7:00 pm

Osgood Kindergarten Center, West Fargo, ND

Cost: Free

This program is for parents who have a child entering kindergarten in the fall of 2012. Learn what you can do as a parent to prepare your child for kindergarten success and make it a smooth year of "firsts"!

Join other families in a fun, hands-on learning experience.

Call to register today! 701-356-2190 Space is limited.



**Check us out on facebook:  
North Dakota National Guard Youth**

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## **C&YP MISSION**

**PROMOTE AND SUSTAIN THE QUALITY OF LIFE AND RESILIENCE OF NATIONAL GUARD CHILDREN AND YOUTH BY PROVIDING SECURE, TIMELY, FLEXIBLE, HIGH-QUALITY SUPPORT SERVICES AND ENRICHMENT PROGRAMS.**

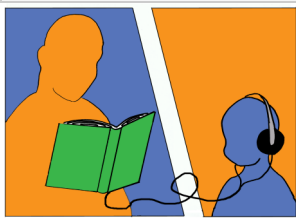
# NEW IDEAS FOR MILITARY YOUTH

MilitaryKids Connect (MKC) is an online community of military children (ages 6-17 yr old) that provides access to age-appropriate resources to support children from pre-deployment, through a parent's or caregiver's return. Check out the website today [www.MilitaryKidsConnect.org](http://www.MilitaryKidsConnect.org).



**Kids Deploy Too!**  
[MilitaryKidsConnect.org](http://MilitaryKidsConnect.org)

## The VoiceBook Project



The VoiceBook Project makes it possible for children to hear and read along to a bedtime story recorded by an absent loved one. Any child that is or will be experiencing the absence of a loved one in their life due to

- ◆ Military deployment
- ◆ Incarceration
- ◆ Divorce
- ◆ Long-term illness
- ◆ Job-related travel

are eligible. If you know of a child that could benefit from Voice Book, please contact us!



United Through Reading provides an opportunity for deployed family members to record a book for their child. It allows the deployed family member to make powerful connections and helps reassure the child that their family member is safe and thinking of them.

For more information visit their website at [www.unitedthroughreading.org](http://www.unitedthroughreading.org)



February 19-26 is Military Saves Week. Spend time this month teaching your child the importance of saving and the risks of debt. For ideas and suggestions visit the Military Saves website at

Visit us at  
[ndguard.ngb.army.mil](http://ndguard.ngb.army.mil)