



# Infection:

Don't Pass It On

A VA Campaign for Public Health

**HEALTH ALERT:**  
Coughing spreads germs. Protect yourself and others.

- Cover your coughs
- Ask about a face mask
- Clean hands often

**ALERTA DE SALUD:**  
Al toser se transmiten microbios. Protéjase Ud. y a los demás.

- Tápese la boca al toser
- Pídale a otros que usen mascarilla
- Lávese las manos con frecuencia

**Vaccination Time**

Influenza season is here

Get your influenza vaccination  
Vaccinate your patients  
Protect your community

www.publichealth.va.gov/infectioncontrol/

**BREAK THE GERM CYCLE**

Stop the spread of germs from patients, staff, family, and others...Clean your hands!

**Pandemic Flu**

**Guía sobre el Cuidado de la Gripe en el Hogar**



# Infection: Don't Pass It On

## A VA Campaign for Public Health

OCTOBER 2008

**Infection: Don't Pass It On (IDPIO)** is an ongoing public health campaign to involve VA staff, veterans, their families and visitors in preventing the transmission of infection. The campaign develops and distributes education and communication resources for the VA community that promote:

- hand hygiene and respiratory etiquette,
- annual seasonal influenza vaccination,
- correct and appropriate use of personal protective equipment,
- pandemic influenza preparedness and response, and
- basic public health measures to prevent transmission of infection.

The resources in this catalog are targeted toward several types of audiences and are designed to be utilized throughout the VA health care system. Hang posters in staff areas, clinic waiting areas or restrooms. Staff can wear buttons to communicate messages about hand hygiene or seasonal influenza vaccination. Use stickers to support those who got their flu shot. Use and share these resources to help prevent the spread of infection.

### How to order IDPIO resource materials

1. Go to the VA Learning Management System (LMS) at [www.lms.va.gov](http://www.lms.va.gov).
2. Log into LMS.
3. Search CATALOG by typing in "IDPIO" in the search catalog field at the top of page.
4. Select IDPIO: Infection Don't Pass It On from the search results. Order form document.
5. Scroll down to RELATED DOCUMENTS and click to expand.
6. Select IDPIO: Infection Don't Pass It On & Flu Resources Documents. This document displays all printed posters, brochures and other IDPIO educational resources available for order. Note the product titles and EES order numbers for each. You may wish to print this document as you'll need all this information to complete your order.
7. Return to RELATED DOCUMENTS by minimizing the resources list.
8. Select the ORDER THIS PRODUCT button to place an order.
9. Fill in all of the required IDPIO Order Form information found in the body of the Outlook e-mail message. This information will be transmitted directly to the EES Distribution team via Outlook email for processing. List all product titles, order numbers and quantities separately for each product you order.
10. After the form has been completely filled, complete your product order by clicking on the SEND BUTTON

**Note:** The EES Distribution team will not deliver to home addresses. The request must come from a VA e-mail address to be received and processed. Orders are shipped within 3-5 business days unless otherwise specified in the special instructions.

#### Intranet sites

[vaww.vhaco.va.gov/phshcg/InfectionDontPassItOn/](http://vaww.vhaco.va.gov/phshcg/InfectionDontPassItOn/)  
[vaww.vhaco.va.gov/phshcg/Flu/](http://vaww.vhaco.va.gov/phshcg/Flu/)

#### Internet sites

[www.publichealth.va.gov/InfectionDontPassItOn/](http://www.publichealth.va.gov/InfectionDontPassItOn/)  
[www.publichealth.va.gov/Flu/](http://www.publichealth.va.gov/Flu/)



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RESOURCES IN SPANISH

To order FREE print copies of these resources, follow the instructions on this page and visit [www.lms.va.gov](http://www.lms.va.gov). For questions, email [publichealth@va.gov](mailto:publichealth@va.gov).

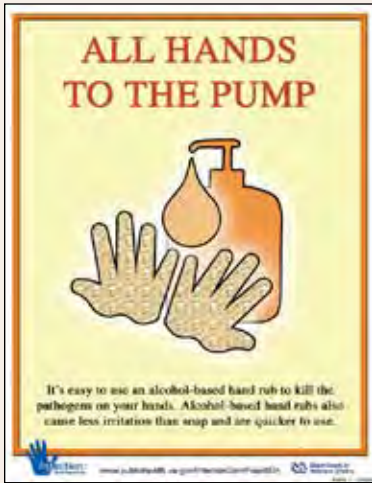




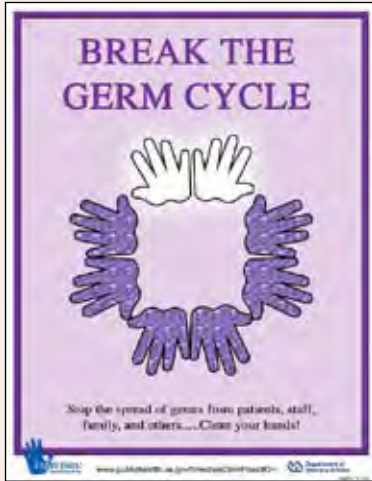
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F60627



**HANDS 8**  
F60626



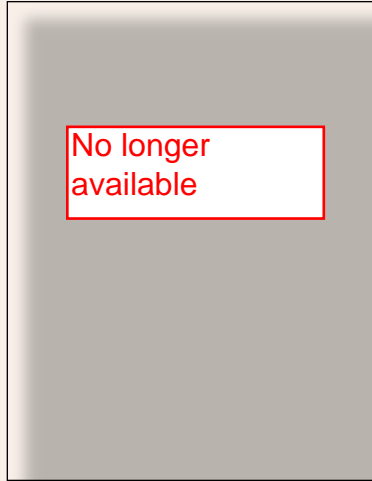
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F60625



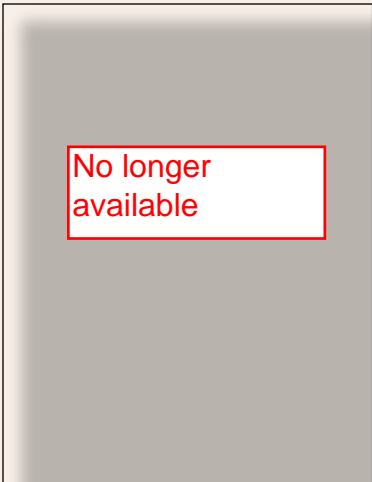
**HANDS 12**  
F60624



**HANDS 13**  
F60623



**HANDS 19**  
F60622



**HANDS 21**  
F60621



**HANDS 27**  
F60620



**HANDS 29**  
F60619





**HANDS 30**  
F60618



**HANDS 32**  
F60617



**RESTROOM 1**  
F60604



**RESTROOM 2**  
F60603



**RESTROOM 4**  
F60602



**HANDS 37**  
F60616  
F60687 (24 x 31 inch size)

**BROCHURE**



**GEN AUD 7**  
F60754



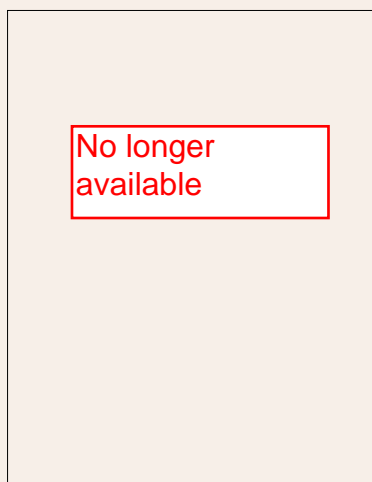
WASH 1  
F60608



WASH 6  
F60607



WASH 9  
F60606



WASH 10  
F60605

PREVENT 14  
F60609



PREVENT 16  
F60689

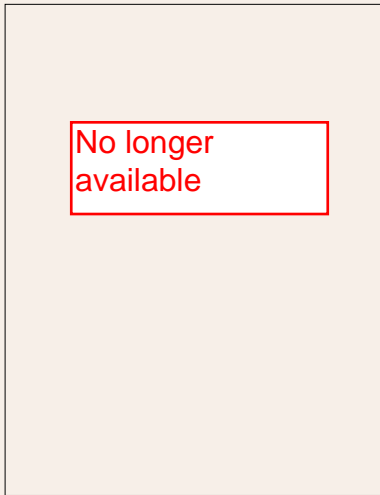


RESIDENT 2  
F60601



RESIDENT 3  
F60600





**PREVENT 7**  
F60546



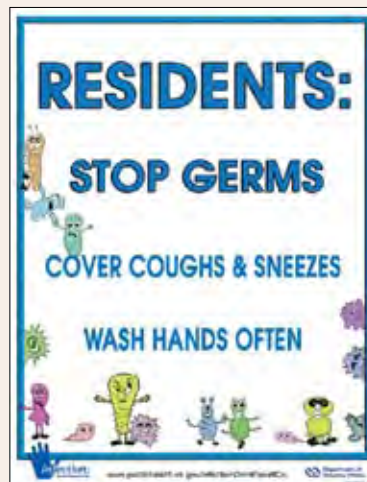
**PREVENT 8**  
F60611



**PREVENT 14**  
F60609



**PREVENT 16**  
F60689



**RESIDENT 3**  
F60600



**RESPIRATORY 1**  
F60612



**PREVENT 13**  
F60610



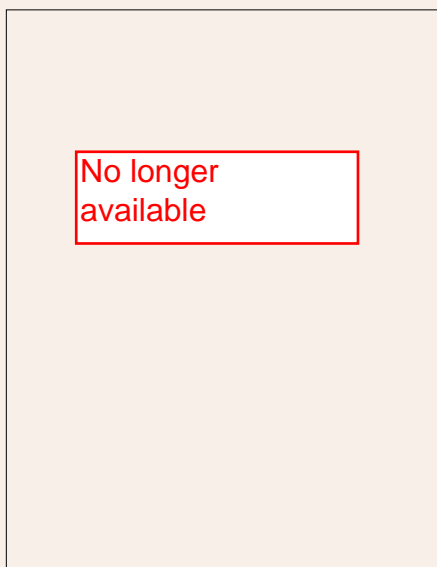
FLU 1  
F60535



FLU 2  
F60536



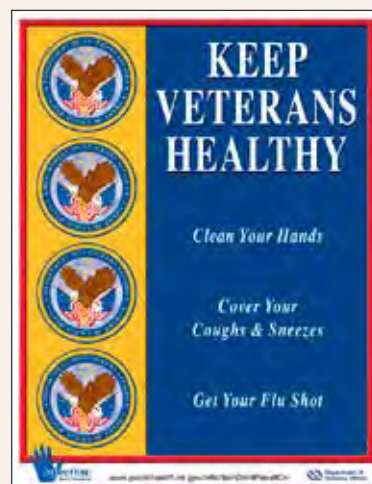
FLU 3  
F60537



FLU 4  
F60538  
F60547 (24 x 31 inch size)



FLU 5  
F60539



FLU 6  
F60540



FLU 7  
F60541



FLU 8  
F60542



FLU 9  
F60615





FLU 10  
F60614



FLU 11  
F60613



FLU 12  
F60544



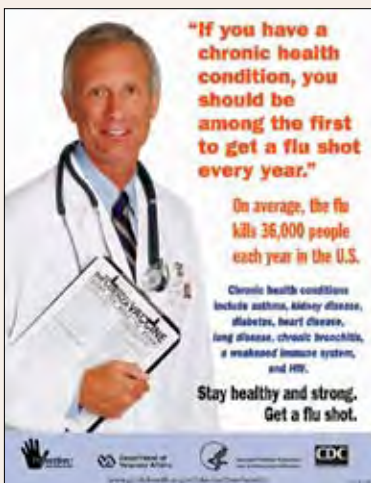
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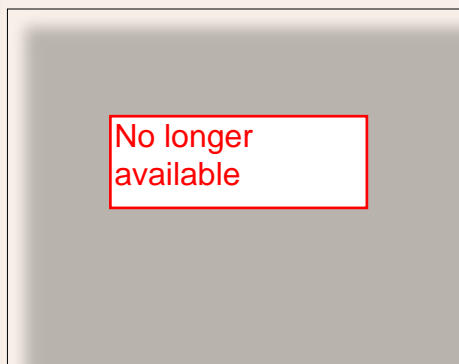
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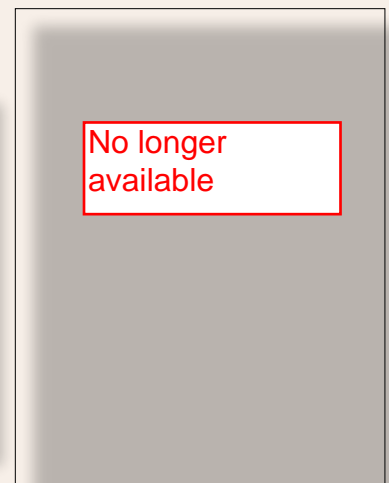
FLU 15  
F60725



FLU 16  
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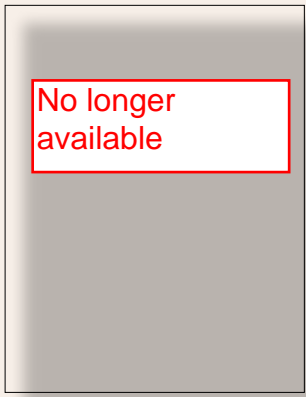


FLU 17  
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FLU 19  
F60723





FLU 21  
F60726



FLU 22  
F60724

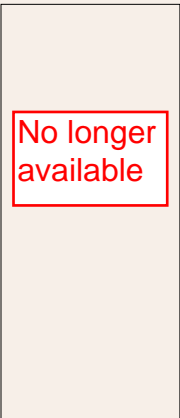


PREVENT 17  
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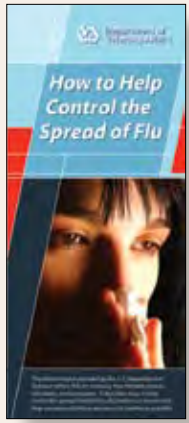


PREVENT 18  
F60694

**INFLUENZA BROCHURES (10 PER PACK)**



F60814



GEN AUD 3  
F60640



GEN AUD 4  
F60642



GEN AUD 5  
F60679



GEN AUD 6  
F60678



GEN AUD 2  
F60641

**BUTTONS & STICKERS**



BUTTON 1  
(10 PER PACK)  
F60681



STICKER 1  
(100 PER ROLL)  
F60550



BUTTON 2  
(10 PER PACK)  
F60682



STICKER 2  
(100 PER ROLL)  
F60680

### AIRBORNE INFECTION ISOLATION & CONTACT PRECAUTIONS

Visitors **MUST** report to nursing station before entering

TO ENTER YOU MUST WEAR PERSONAL PROTECTIVE EQUIPMENT (PPE)

- Gloves
- Approved respirator (N-95 or higher)
- Face shield or goggles

Goggles required for aerosol-generating procedures such as:

- Intubation
- Extubation
- Arthrocentesis
- Central venous catheter administration
- Tracheostomy care
- High-frequency oscillatory ventilation
- Tracheotomy care

Mask (use if recommended or required)

Gowns

**CLEAN YOUR HANDS:**

- Before putting on PPE
- After removing PPE
- After leaving the room

PPE 1  
F60599

### PERSONAL PROTECTIVE EQUIPMENT (PPE)

For Infectious Diseases Requiring Airborne Infection Isolation & Contact Precautions

**PROCEDURE FOR DONNING PPE:**

- Decontaminate hands with an alcohol-based hand rub or wash with antimicrobial soap/water
- Put on gown
- Put on approved respirator (N-95 or higher)
- Put on a face shield or goggles (wear goggles for aerosol-generating procedures)
- Put on hair cover (if recommended or required)
- Put on gloves

**PROCEDURE FOR REMOVING PPE:**

Avoid contaminating your hands while removing PPE. If hands do become contaminated during the procedure at any time, DECONTAMINATE immediately with alcohol-based hand rub or antimicrobial soap. Never touch face gear without first decontaminating hands or re-gloving with a clean pair of gloves. Use biohazardous trash container for used PPE.

- Remove gloves:** Peel off one glove by turning inside out. Place fingers inside cuff of other glove and pull off, inside out.
- Remove gown:** Be careful not to touch the front, contaminated area. Grasp all strings at back of gown, slide hands under inside back edges at the neck and pull off turning inside out and rolling gown as it is removed. Discard in appropriate receptacle.
- Decontaminate hands:** Use an alcohol based hand rub or antimicrobial soap.
- Put on clean pair of gloves:**
- Remove face shield and/or goggles:** Avoid touching front and contact with eyes.
- Remove head cover:** Remove by holding fingers under elastic to lift off head.
- Remove respirator:** Remove by straps, avoid touching face and contact with eyes.
- Remove gloves and decontaminate hands:**

Facility Contact: \_\_\_\_\_

PPE 2  
F60598

### AIRBORNE INFECTION ISOLATION & CONTACT PRECAUTIONS

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- Central venous catheter administration
- Tracheostomy care
- High-frequency oscillatory ventilation
- Tracheotomy care

Mask (use if recommended or required)

Gowns

**CLEAN YOUR HANDS:**

- Before putting on PPE
- After removing PPE
- Before leaving the room

PPE 3  
F60597

### When you care for a patient with suspected or confirmed INFLUENZA, remember to:

- Place patient in a private room. If a private room is not available, contact your facility's Infection Control Professional.
- Wear a mask upon entering a patient's room. Remove your mask when leaving the patient's room and dispose of your mask in a regular waste container.
- Have the patient wear a mask when being transported.

Decontaminate hands before and after contact with patients, and wear eye/face protection if performing cough-sneezing procedures.

FLU 9  
F60615

### Infection Control Management of Patients with Suspected or Confirmed Influenza

**Suspected influenza:** Patient has signs and symptoms suggestive of influenza, such as fever (≥ 100°F) and cough, muscle aches, headache, or sore throat.

**Confirmed influenza:** When either a rapid influenza test or viral culture is positive for influenza A or B.

**Outpatients:**

- Post signs reminding everyone to practice hand hygiene and respiratory etiquette.
- Provide alcohol-based hand rub in all outpatient waiting rooms.
- Offer a mask and tissue to patients with coughs.
- Separate patients with coughs and/or fever in an area of the waiting room away from other patients.

**Inpatients:**

- Place patient in a private room. If a private room is not available, contact room facility's Infection Control Professional.
- Post a Respiratory Precaution sign outside the door.
- Follow Respiratory Precautions (in addition to Standard Precautions):
  - Wear a mask upon entering the room.
  - Remove your mask when leaving the patient's room and dispose of your mask in a regular waste container.
  - Have the patient wear a mask when being transported.

Decontaminate hands before and after contact with patients, and wear eye/face protection if performing cough-sneezing procedures.

FLU 10  
F60614

### INFECCIÓN AMBIENTAL PRECAUCIONES DE AISLAMIENTO Y CONTACTO

Los visitantes **DEBEN** reportarse a la estación de enfermería antes de entrar

PARA ENTRAR DEBE USAR EQUIPO PROTECTIVO PERSONAL (EPP)

- Guantes
- Mascarilla aprobada (N-95 o superior)
- Antorcha

Goggles required for aerosol-generating procedures such as:

- Intubation
- Extubation
- Arthrocentesis
- Central venous catheter administration
- Tracheostomy care
- High-frequency oscillatory ventilation
- Tracheotomy care

Mask (use if recommended or required)

Gowns

**LAVE SUS MANOS:**

- Antes de ponerse el EPP
- Tras quitarse el EPP
- Antes de salir de la habitación

PPE 1SP  
F60591

### INFECCIÓN AMBIENTAL PRECAUCIONES DE AISLAMIENTO Y CONTACTO

Los visitantes **DEBEN** reportarse a la estación de enfermería antes de entrar

PARA ENTRAR DEBE USAR EQUIPO PROTECTIVO PERSONAL (EPP):

- Guantes
- Mascarilla aprobada (N-95 o superior)
- Antorcha

Goggles required for aerosol-generating procedures such as:

- Intubation
- Extubation
- Arthrocentesis
- Central venous catheter administration
- Tracheostomy care
- High-frequency oscillatory ventilation
- Tracheotomy care

Mask (use if recommended or required)

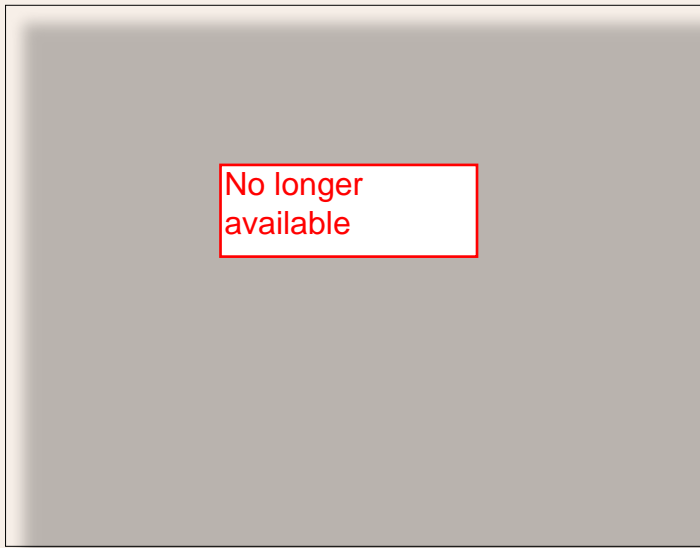
Gowns

**LAVE SUS MANOS:**

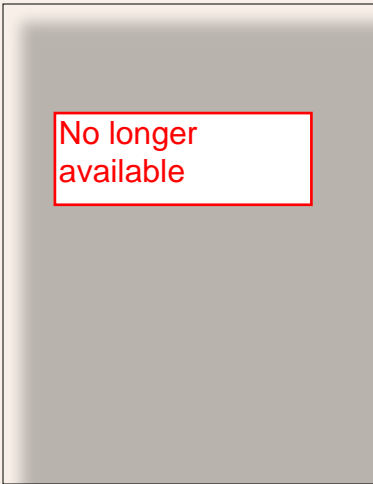
- Antes de ponerse el EPP
- Tras quitarse el EPP
- Antes de salir de la habitación

PPE 3SP  
F60590

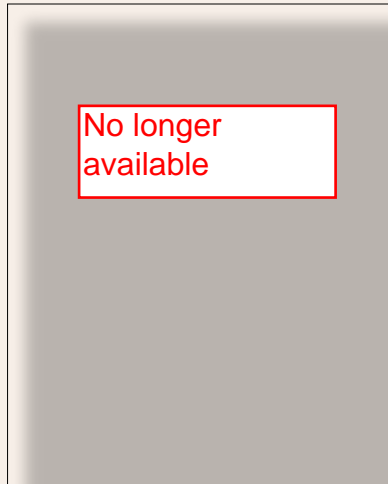




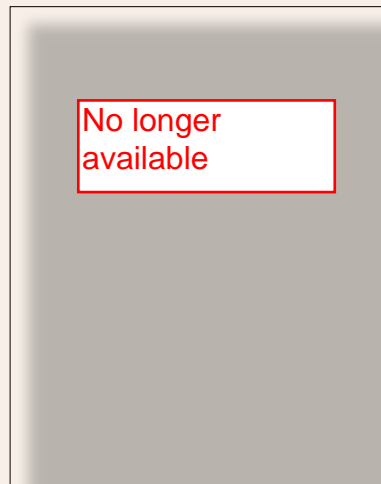
**FLU 16SP**  
F60732



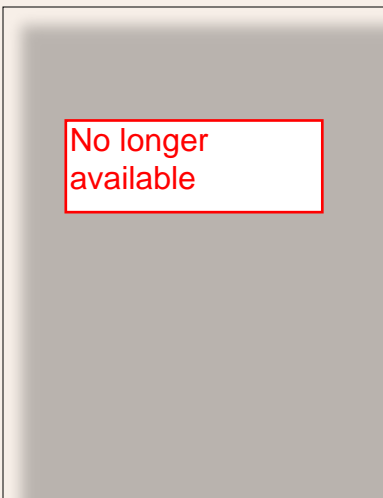
**FLU 18SP**  
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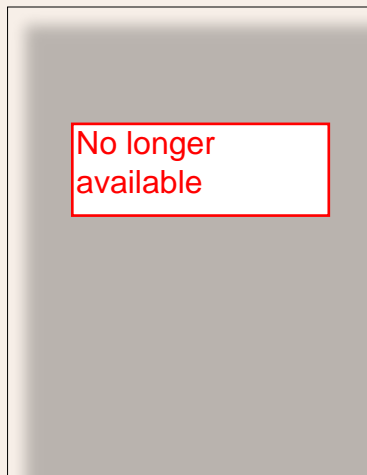
**FLU 19SP**  
F60731



**FLU 20SP**  
F60730



**HANDS 8SP**  
F60593



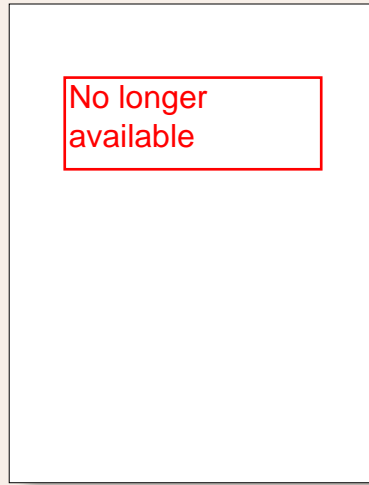
**HANDS 34SP**  
F60592



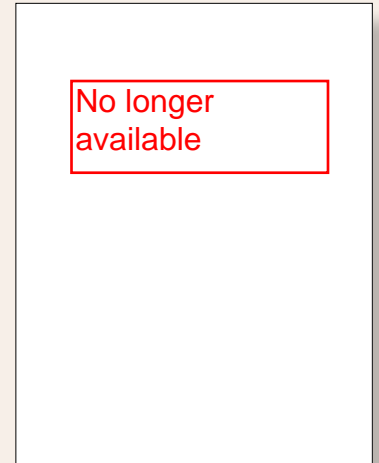
**PPE 1SP**  
F60591



**PPE 3SP**  
F60590



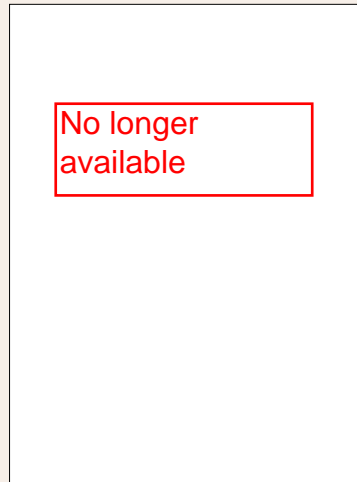
**PREVENT 6SP**  
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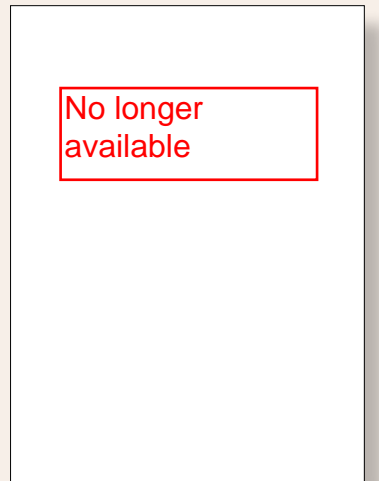
**PREVENT 8SP**  
F60595



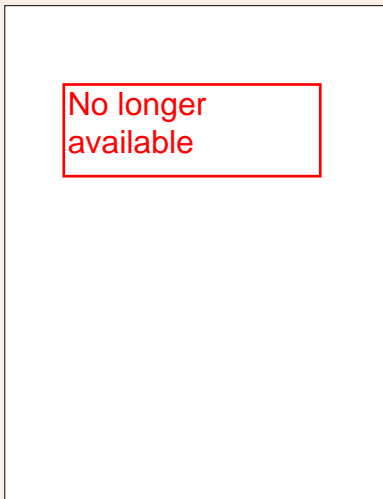
**PREVENT 11SP**  
F60594



**FLU 13SP**  
F60706



**FLU 14SP**  
F60698



**PREVENT 16SP**  
F60709



**GEN AUD 2SP**  
F60707



No longer available

**2004 SPANISH POSTERS**

10 different posters in one set  
F60405

**BROCHURES (10 PER PACK)**



**GEN AUD 1SP**  
F60683



**GEN AUD 3SP**  
F60684



**GEN AUD 4SP**  
F60685



**GEN AUD 5SP**  
F60686



**GEN AUD 6SP**  
F60703



***Infection: Don't Pass It On*** (IDPIO)

The IDPIO campaign is coordinated by the Public Health Strategic Health Care Group in collaboration with the programs and offices listed below.

**Office of Public Health & Environmental Hazards**

- Public Health Strategic Health Care Group
- Occupational Health, Safety, and Prevention Strategic Health Care Group

**Employee Education System**

**Office of Patient Care Services**

- VA Infection Control Professionals
- National Center for Health Promotion and Disease Prevention
- Infectious Diseases Program Office

**National Center for Patient Safety**



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