



**U.S. AIR FORCE**

## ***Domain: Mental***

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**Title: Front-Line Supervisor Training**

**Time: minimum 120 min**

**Purpose:**

- Empowers supervisors & Co-workers with tools to combat suicide
- Improve social connectedness and group cohesion
- Improve teamwork among unit members
- Improve communication & ownership

**Instruction:**

Unit leaders commence by discussing the importance of the community approach to suicide prevention. Team will then be given communication tools and practicing communication skills. Team will also work on suicide prevention scenarios ending with group discussion.