Airman & Family Readiness Center



MSgt Marsha Madsen 895-1252/1253



Airman & Family Readiness



- MORALE CALLS: A spouse/significant other or a parent can place four 15-minute calls per month from home to the military member's deployed location. This program is available when the member is TDY or deployed for 14 or more days
- FREE VIDEO E-MAIL: This program is for Shaw community families who want to communicate with their loved ones. Video Emails can be sent to anyone with an email address. Stop by anytime during our hours of operation; 0730-1630 hours



Airman & Family Readiness



 GIVE PARENTS A BREAK: This program is offered to help relieve stress associated with military life. The Air Force Aid Society will fund child care for spouses of active duty and civilian who are the primary caregivers during a deployment, remote tour, or extended TDY

 CAR CARE BECAUSE WE CARE: The Air Force Aid Society will pay to have the "primary family vehicle" receive a safety check, oil/filter change and lubrication performed on a grant basis which provides preventive vehicle maintenance



Airman & Family Readiness



- HEARTS APART SUPPORT GROUP: Once a month, A support group especially designed for spouses who have family members assigned at a remote or deployed location
- MOVIE NIGHT COUPONS: A dollar off at the Shaw AFB Movie Theater concession stand, One coupon per family member, per visit. Available at the AFRC
- MILITARY ONE SOURCE: Available 24/7

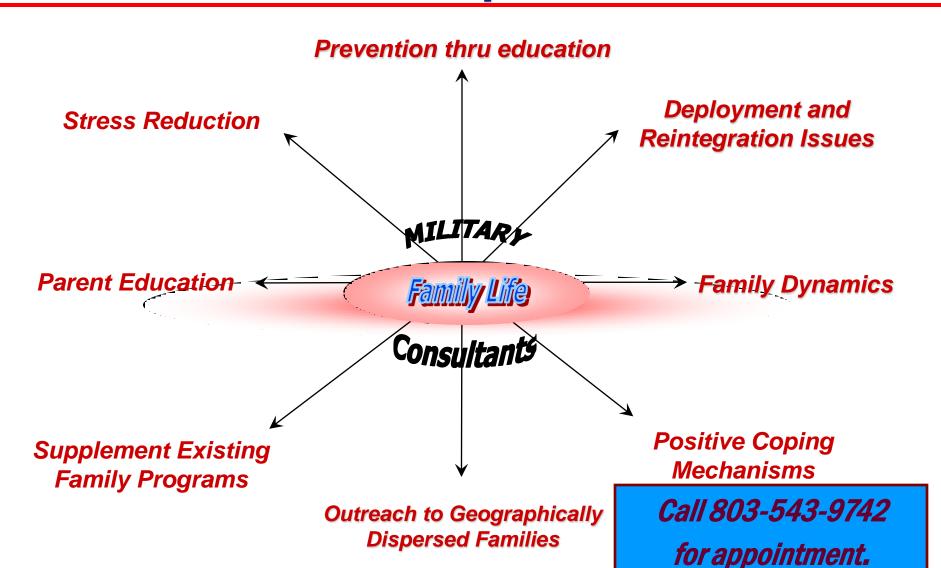
Military Family Life Consultant



Ms. Rosemari Biondo 803-543-9742

Military & Family Life Consultants'







Military & Family Life Consultants



Consultants are Licensed Professional Counselors, Psychologists & Social Workers

SERVICES

- Free, non-medical counseling for Airmen, family members, & civilian government employees
- No records kept, anonymous
- Flexible appointments
 - Location limited

Some issues addressed

- Deployment/Reintegration
- Marital/Relationship issues
- Parenting/Family dynamics
- Communication
- Stress, Anxiety, Daily life
- Depression
- Grief and loss



Call 803-543-9742 for appointment

Finance



20 CPTS DSN 965-1529/4990/4997



OVERVIEW



- Types of Deployment Pay
- Power of Attorney
- MyPay
- Finance Tips



TYPES OF PAY



FSA (Family Separation Allowance) \$250/mo – prorated – 31 or more days

IDP (Imminent Danger Pay) \$225/mo – not prorated

HDP-L (Hardship Duty Pay – Location) \$50 - \$100 - \$150 depending on location – prorated

CZTE (Combat Zone Tax Exclusion)

Not to exceed \$7100.10 annually for Officers

One day in qualifying area, entire month is excluded



Power of Attorney



Finance can only provide finance information to a spouse with a **Special** Power of Attorney (POA) from the Legal Office for items like...

Inquire on pay or entitlements

Pick up LES and/or W-2

Start, stop, increase or decrease allotments (includes Housing Privatization Allotments)

Note: Only the Military member can change their direct deposit



MyPay



Web based access to view and make changes to key military finance records https://mypay.dfas.mil

Features

Print LES (Current + past 11 months)

Print W2s (last 5 years)

Make Direct Deposit changes

Sign up for or change TSP contributions

Change state tax info

Address changes



Finance Tips



- > When you go TDY...
 - Schedule partial payments thru DTS if your TDY is over 45 days
 - > File your final travel voucher within 5 days of return thru DTS
- ➤ The deployed member is authorized to carry 75 leave days into the next fiscal year
- ➤ If you move...
 - ➤ Use "MyPay" to update your address or....
 - File a change of address form
- If you change banks...
 - Use "MyPay" or Complete a new Direct Deposit form
- http://www.dfas.mil/money/
 - > DFAS Money Web site, Pay Charts, How to read an LES, etc.
- EAGLE CASH REQUIRED!!
 - > Issued at deployed location and linked to personal account



TDY Entitlements



- > E-MAIL
 - >20CPTSHELPMILPAYTRAVEL@Shaw.af.mil
- > FAX
 - **≻DSN 965-1653**
- Customer Service Hours
 - >0800 1500 Hours, Monday thru Friday
 - **➤ Closed on Holidays and Family Days**
 - Minimum manned during Wing Exercises and UTE days

Family Advocacy



Mrs. Debbie Wilson 895-6091



Deployment and New Parent Support Program (NPSP) Offers help for parents with toddlers, up to 3 y/o

- The terrible twos!
- Potty training!
- Bed-time Issues!
- Temper-tantrums!
- Blended family issues!
- Sibling conflict!
- Meal time!
- Traveling with a toddler!

For more information call 895-6091

Home Visits, Office Visits, & Classes Available



Parenting and Pregnancy Classes



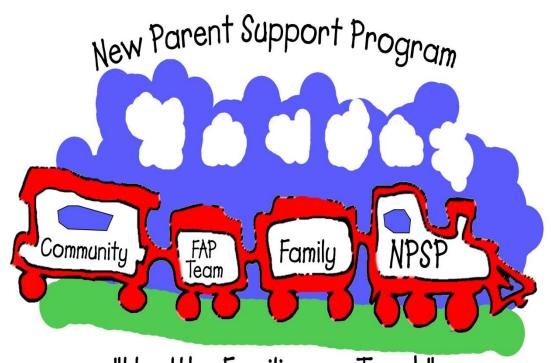
Newborn Care Class

Childbirth Education

Infant/Child CPR

DADS 101

Breastfeeding Support



"Healthy Families on Track"

Gall 895-6091 to Register for all Glasses

Legal Office



TSgt Latonya Franklin 895-1560



Legal



- Legal Assistance
 - Wills
 - Powers of Attorney
- Other Legal Matters to Consider
- Most Common Legal Mistakes



Legal Assistance



- Legal Assistance available to Family members with valid I.D. Card
- Wills by appointment (call 895-1560)
- Powers of Attorney Walk-in 0800-1600



Other Legal Matters



Powers of Attorney for:

- Buy/Sell Property
- Vehicle Registration
- Lease Agreements
- Base Housing Decisions
- Banking Access
- Utilities
- SGLI
- DEERS



Common Mistakes



- General vs Special Powers of Attorney
- Can you find the Will?

Chaplain



Chaplain Kelvin Francis 895-1107



ARE YOU READY?



One thing have in common





NEED TO UNDERSTAND



- Things will change
- Frustrations will happen
- Communication is key
- A happy reunion starts now
- Make a plan before the deployment



CHAPEL SUPPORT



- Family Support 24/7
- Privileged Communication
- Chapel Family is an Extended Family
- Family Dinners
 - 3rd Monday every month 6 PM
 - Palmetto Chapel
- Base Dining Facility Dinners
 - 1st Monday every month 1730 1900 hours
 - Pay normal price for each meal
 - No surcharge for E-4 and below family members