

Sample Fellow Schedule

Veterans Affairs (VA) Advanced Fellowship Program in Mental Illness, Research and Treatment

VISN 19 MIRECC

Tuesdays:

9:30-11:00 Biweekly Mental Health Clinic Outpatient Meeting
1-1:45 VISN 19 MIRECC Primary Investigator (PI) Meeting
1:45-2:30 VISN 19 MIRECC all staff Research Meeting

Wednesdays:

1st & 3rd of each month: Mandatory Hub Site VTEL 11-1 MST
2nd of each month: Hub Site VTEL 11-1 MST
4th of each month: Hub Site Manuscript Writing Group 9-11 MST

Thursdays:

Clinical Meeting: 9-10am
2nd Thursday of each month: VISN 19 MIRECC Post Doctoral Journal Club 2-3 MST

Other Required Activities:

At least one hour clinical supervision for each ten hours of services provided (minimum 1 hour weekly with Clinical supervisor)

At least one hour supervision with Research Mentor

At least one-half hour bi-weekly supervision with Training Director

Approximately two hours Clinical Consult Service (including client contact, consultation with other clinicians, patient chart reviews, etc.)

Approximately 10 - 15 hours direct clinical service delivery: encompassing individual psychotherapy, and psychotherapy groups (such as safety planning, mindfulness-based cognitive therapy, etc), charting and notes.

Approximately 10 – 15 hours clinical research-related activities, including meeting with participants, grant and manuscript writing, and administrative tasks.