

Serving the men and women of the 434<sup>th</sup> Air Refueling Wing, Grissom ARB, Ind.

## Operation Footprint

### *Training benefits Navajos*

By Tech. Sgt. Doug Hays  
*Public Affairs staff*

It's called Operation Footprint, but the mark left by members of the 434<sup>th</sup> Civil Engineers Squadron will forever change the lives of some Navajo families.

Forty-nine members of the 434<sup>th</sup> CES deployed to Gallup, N.M. for a month of life altering work for the families receiving the homes, and a month of valuable training for themselves.

During unit training assemblies we have so many requirements that it's difficult to get good training done, said Chief Master Sgt. William Border, operations superintendent. "Everyone is going in different directions within their groups or specialties.

"Here we get a period of time where there are no interruptions," he said. "We get actual projects that people can see from a start to a finished point."

These projects also allow for broad area training — people get to work on a bit of everything.

"This is good because in a real world environment people may need to help out in areas other than their own to get the job done."

In addition, with having lots of new troops in the unit it's important to get them the training they need, and for them to get the feeling they are important to the unit.

"This type of project really is a win-win situation," Chief Border said.



Photo by Tech. Sgt. Doug Hays

Please see Gallup, pages 4-5

A1C Daniel Harshman, a utilities systems apprentice with the 434<sup>th</sup> Civil Engineers Squadron, bores a hole to run water lines during construction of home in Gallup, N.M.

# We need a team effort for ORI success

By Col. Kerry Keithcart  
434<sup>th</sup> ARW vice commander

It definitely takes a team effort.

A sharp Airman in the dining facility said that to me and he is right. Our success in the upcoming Operational Readiness Inspection will require just that – a team effort for us to prevail.

We set the foundation for that during our exercise in June.

From the civilians pulling guard duty at night to the commanders meeting the chocks, we pulled together.

From the security and services personnel looking out for our safety and well being, we pulled together.

From the student hires manning the family readiness center to the community council stuffing box lunches, we pulled together. The

aerial porters and engineers, our comrades from Westover, Andrews, and Peoria all pulled together to make this a learning experience that we can carry over for the ORI.

As the commander of the '504<sup>th</sup> Expeditionary Air Refueling Wing,' I was killed off in the exercise.

From my newly acquired 'non-player status' I was impressed with the enthusiasm of our team as they cleared out enthusiastic bad guys, and made way for medical teams and services members to do their duty.



*Air Force photo*

**Colonel Keithcart addresses members of the Wing Operations Center and Survival and Recovery Center during the June exercise.**

Those succeeding me in command took over and made the right and necessary decisions during hectic and trying times.

Bob Dole, in his book *A Soldier's Story*, states "It's said often that my generation is the greatest generation. That's not a title we claimed for ourselves. Truth be told, we were ordinary Americans fated to confront extraordinary tests. Every generation of young men and women who dare to face the realities of war fighting for freedom, defending our country, with a

willingness to lay their lives on the line – is the greatest generation."

My priorities for our ORI are simple and straightforward.

First, we must be safe in everything we do.

Second, we must take care of our troops.

Finally, we must win the 'war.'

As we continue to prepare for the ORI, we will be tested. I am convinced that together, we will meet the challenges as we demonstrate our willingness to defend our country.

Heartland

## Warrior

Vol. 10, No.7  
July 2005

This funded Air Force Reserve Command newspaper is an authorized publication for members of the U.S. military services.

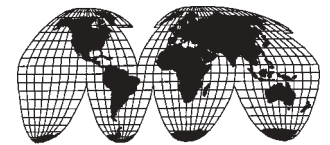
Contents of the Heartland Warrior are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Air Force.

The editorial content is edited, and prepared by the Public Affairs Office of the 434<sup>th</sup> Air Refueling Wing, Grissom ARB, IN, 46971-5000.

Any questions regarding stories or photos should be directed to the editor at (765) 688-3348.

### Staff

Brig. Gen. James Melin.....commander  
Lt. Col. Gary Lockard.....chief, public affairs  
Tech. Sgt. Doug Hays.....editor  
SrA. Chris Bolen.....staff writer  
SrA. Roberto Modelo.....staff writer  
SrA. Mark Orders-Woempner.....staff writer  
Penny Pearson.....administration



World Wide Web

Air Force Reserve Home Page

<http://www.afrc.af.mil>

Grissom Home Page

<http://www.afrc.af.mil/434arw/>

# Buddy care vital part of military training

By SrA. Mark Orders-Woempner  
Public Affairs staff

Agonizing terror, bone-chilling fear, cold-numb shock, or complete disbelief; are these how you would feel lying injured on a battle field or seeing your wounds after a terrorist attack?

It is in times like these that a person with the right knowledge and skill could help save a life, and that is what the self aid-buddy care program is all about.

"Everyone should know self aid-buddy care so if they get called to war, they will know what to do," said Maj. Katherine Whitaker, the self aid-buddy care advisor. "We need self aid-buddy care to help the wounded."

"If you were out in the field and were shot, you would want me to bandage you up," the major added.

SABC has been around for more than 20 years and changes to meet the current requirements or types of care.

"With people being injured overseas, SABC is even more important, she added.

"We are not as relaxed as we were

before," stated the major.

Not only is SABC essential for fighting the war on terrorism, but it is essential for daily life, said Staff Sgt. Damon Spradlin, a bioenvironmental engineering apprentice with the 434<sup>th</sup> Aerospace Medical Squadron. Sergeant Spradlin also served as a combat medic with the army national guard in Logansport for 9 years and is an EMT in the civilian world.

"It is something you can use on the outside," the sergeant stated.

"You never know when or what is going to happen, and you need to know how to take care of your family and friends," he said. "There will not always be a doctor, medic or nurse around."

So what should an Airman know about SABC?

Knowing how to check and maintain the airway, breathing and circulation of an injured person is key in saving a person's life, said Maj. Whitaker.

"Focus on the ABCs, those are the things that every airman should know," she said referencing the acronym for airway, breathing and circulation.

"You should know CPR, splints, and basic signs of shock and heat stroke," stated Sergeant Spradlin. "Most of it is common sense. If it's bleeding, stop the bleeding; if they are not breathing, help them breathe; and if it's broke, splint it," he added.

An Airman trying to administer SABC should be aware of his surroundings because one casualty is easier to fix than two, he added.

There are several resources for Airmen who want to learn about SABC, said the major.

"Everyone has the Airman's manual as a resource, and each unit has instructors as a resource," she said.

Each unit's SABC instructors are key in providing Airmen with the knowledge they may need while in the field, said Major Whitaker.

The instructors use equipment that would be found in a battlefield environment, like blouses, belts, IDs and boots.

Teaching Airmen how to adapt their SABC skills in a combat environment is not only important, but it makes the training fun, she added.

## Your take: What does Self Aid Buddy Care mean to you?



**1st Lt. Matt Day**, 434<sup>th</sup> Operations Support Squadron.

*"It means taking care of your fellow servicemembers in time of medical needs. It is very important in the service; we all have to rely on each other."*



**Master Sgt. Ron Wright**, 434<sup>th</sup> Mission Support Squadron

*"It is two sided. You take care of yourself and your buddy. In the Air Force Reserve, everyone is your buddy."*



**Master Sgt. Mattie Patterson**, 434<sup>th</sup> Operations Support Squadron

*"It's very important. The importance of it is that you will be able to help yourself and others in times of need."*



**Airman 1st Class Andrew Smalley**, 49<sup>th</sup> Aerial Port Flight

*"Self aid buddy care means always knowing that you can help anyone around you in times of need."*

# Gallup, from page 1

“We’re helping people and getting valuable training at the same time.”

“Everyone has been eager to learn,” said Staff Sgt. Mike McCool, a structural journeyman pulling his first deployment with the 434<sup>th</sup> CES since joining the unit four months ago.

“We’ve got a very experienced crew training people on their craft.”

One of those receiving training is Airman 1<sup>st</sup> Class Dan Harshman, a utilities systems apprentice from Mexico, Ind.

“I’ve been learning a lot,” he said, “I’ve gained experience in plumbing and structures with actual hands-on training.”

The poorest of the poor are the ones that benefit the most from the project, said Joe Esparza, director of the Southwest Indian Foundations project office. They are the recipients of the houses.

Under the Innovative Readiness Training Program, military units can work anywhere there is a Native American population.

The SWIF has built nearly 110 houses since the foundation began in 1998.

Grissom’s CE members had hands-on construction of four of those. They started two of the houses and saw them to a point of 80-90 percent completion.

The houses and materials are donated to the families that need them the most, Mr. Esparza said.

The small two or three bedroom houses are built in two pieces, and bolted together on site. All the new owners have to do is to provide power to the house, and run the sewage and



Senior Airman Soyica Hinkle, an electrical systems apprentice, holds a newly erected wall in place until it is secured.



Senior Airman Michal Bednarczyk, an electrical systems apprentice, marks the location where a light switch will be installed.

water lines.

Without the military’s help, we would be forced to hire more people, and we don’t have money to pay for that kind of manpower, Mr. Esparza said.

By coming here, they get the training they need, and we meet the needs of families in the Navajo community.



Senior Airman Rebecca Aldrich, a power production apprentice, drills a hole to run electrical lines during the home construction.



Tech. Sgt. Steven Wolf, a heavy equipment operator, works on the chute as he and other CES members build a house at an Indian Foundation worksite.



on apprentice, bores a  
uction.



Photos by Tech. Sgt. Doug Hays

Lt. Col. Rex Becker, 434th CES commander, puts the finishing touches on the top of a curb.



or, clears concrete out  
curb at the Southwest



Above, Tech. Sgt. Chris Heston, a utilities systems journeyman, maps out the plumbing in the bathroom of the construction project.

Left, Tech. Sgt. Bradley Marcum, medical technician with the 434th Aerospace Medicine Squadron, removes a splinter from the hand of a CES worker.

# June practice preps wing for August ORI



*Photo by SrA. Mark Orders-Woempner*

Staff Sgt. Brad Sommers, 434th SFS, secures the rear of Bldg. 600 during the report of an attack on the facility.



*Photo by Staff Sgt. Whimpy Inventor*

Tech. Sgt. David Rooke, right, catches a sandbag thrown by Senior Airman Charlie Marrillia as the two security forces members build a bunker for the exercise.



*Photo by Tech. Sgt. Tracy DeMarco*

Master Sgt. Nathan Moore, left, and Master Sgt. Tim Wood, right, both SRC members, assist Master Sgt. Rhonda Reemer from the building following an attack. Sergeant Reemer, a legal assistant, was 'injured' in the attack and had to have assistance evacuating.



*Photo by Tech. Sgt. Tracy DeMarco*

Sergeant Rooke uses an ATV to transport sandbags to build a defensive fighting position during the June exercise.

## UTA items

**Lodging** is open 24 hours a day during the primary UTA and from 6 a.m. - 10 p.m. on alternate UTAs.

**The fitness center** is open from 6 a.m. to 8 p.m.

**The dining facility** troop feeding hours on Saturday are 6-7:15 a.m. for breakfast; 11 a.m. - 1 p.m. for lunch (12:30 p.m. on the alternate); and 4:30 -5:30 p.m. for dinner.

On Sunday the hours are 5:45-6:45 a.m. for breakfast, and 11 a.m. - 1 p.m. for lunch (12:30 p.m. on alternate).

Box dinners for the Sunday evening meal must be ordered by the Sunday breakfast, and must be picked up by 4:30 p.m. on Sunday.

**The immunization clinic** is open on Saturday from 8:30 - 11:30 a.m. and 1-3:30 p.m.

**Pass and ID** is open from 9 a.m. to 3 p.m. on Saturday of the primary UTA.

**Upcoming UTAs:** Primary UTAs include June 4-5; and July 9-10.

Alternate UTAs are June 25-26; and July 30-31.

**Worship services** are held in Bldg. 596, Room 116.

During primary unit training assemblies, Protestant services are Sunday at 11 a.m. with Catholic worship services at 12:15 p.m.

## Gospel Fest

The wing's picnic committee in association with the Chaplain's Office is hosting Grissom's very first Gospel Fest Concert at 6 p.m. Sept. 10 in the auditorium of Bldg. 663.

The concert, held in conjunction with the annual wing picnic will feature singers and musicians sharing their musical talents.

Rehearsals for the concert will be at 5:45 Saturdays of the main unit training assembly in Bldg. 663 starting this month.

For further details please contact MSgt Trudy Burnett at [trudy.burnett@grissom.af.mil](mailto:trudy.burnett@grissom.af.mil)

## Command chief

Chief Master Sgt. Randy Van Loton, the 434<sup>th</sup> Air Refueling Wing's Command Chief Master Sergeant is

retiring, and the search is on for his replacement.

The high visibility position is open to current chief master sergeants, and promotable senior master sergeants.

Candidates will appear before an enlisted review panel July 12.

Those interested must assemble a package that includes the last three enlisted performance reports, military and civilian resume, records review listing, a recommendation from current supervisor and commander, letters of recommendation, and a letter from the candidate reflecting why they think they are the person for the job.

Packages are due by July 6.

For more information, call Ext. 4341.

## New program

A new victim and witness assistance program was started here recently in accordance with Air Force policy.

The program ensures all victims and witnesses of crime receive the assistance they need.

The purpose of the VWAP is to provide guidance and protection of individuals who have been victims of a crime committed under the Uniform Code of Military Justice or have witnessed a crime committed under the UCMJ.

Under the VWAP guidelines in AFI 51-201, a victim is anyone who has suffered direct physical, emotional or financial harm as a result of an offense, to include all military members and their families. The program also applies to victims who are under the age of 18 years, incompetent, incapacitated, or legal guardians of a victim.

The VWAP guidelines state that a witness is any person who has information or evidence of a crime and provides it to and Air Force official.

The program is coordinated by five agencies at Grissom. These include the 434<sup>th</sup> Judge advocate General's office, the 434<sup>th</sup> Security Forces Squadron, the 434<sup>th</sup> Medical Squadron, the Family Support Center, and the 434<sup>th</sup> Chaplain's Office.

Anyone that feels they have been a victim or witness to a crime under the UCMJ, should contact their commander, first sergeant, or one of the coordinating agencies.

## FSC activities

The Family Support Center will be having a Bundles for Babies class from 2-4 p.m. July 9 at the center in Bldg. 431.

Any Reservists or spouse who is currently pregnant or just recently had a baby is encouraged to attend.

The game/movie and popcorn night is from 7-9 p.m. July 9, at the center. Reservists and their families are invited to watch a movie, play some games, and eat some popcorn.

The FSC's monthly Spouses Coffee is scheduled for 2-4 p.m. July 10. The event is an opportunity to meet and share experiences with other spouses.

## Tomcat dedication

The Grissom Air Museum will hold a special dedication ceremony at 2 p.m. July 30 at the Grissom Air Museum to mark the addition of an F-14 Tomcat to its outdoor aircraft display.

The day-long activities will include a VIP luncheon from 11:30 a.m. to 12:45 p.m. at the Apollo Club, public dedication ceremony at 2 p.m. with NASA astronaut Scott Altman as the featured guest speaker, photo and autograph session at 3 p.m., and a discussion with former F-14 pilots at 3:30 p.m.

For more information or to make reservations for the VIP luncheon, contact the Grissom Air Museum at 689-8011.

## In the limelight

### Medals

**Meritorious Serve Medal**—Tech Sgt. Noell Nighbert, 434<sup>th</sup> Aircraft Maintenance Squadron; Maj. Fred Landolt, 434<sup>th</sup> Logistics Readiness Squadron; and Tech Sgt. Joseph Rosenfield, 434<sup>th</sup> MXA.

**Air Force Commendation Medal**—Tech Sgt. Frederick Hartig, 434<sup>th</sup> MXS.

**Air Force Achievement Medal**—Tech Sgt. Charles Russell, 49<sup>th</sup> Aerial Port Flight; Master Sgt. John Jones, 434<sup>th</sup> Security Forces Squadron; and Master Sgt. Jackson Barnett, 434<sup>th</sup> SFS.

---

# Outdoor recreation offers variety of rentals



*Photo by Tech. Sgt. Doug Hays*

Carl Wade wipes down a pop-up camper upon its return.

**By SrA. Roberto Modelo**  
*Public Affairs staff*

The temperature is turning up, the parks are opening up, and people are getting out to enjoy it all. Summer has finally arrived in Indiana and with that comes the opportunity to get outdoors.

The 434<sup>th</sup> Service Flight's outdoor recreation center is ready to assist by providing new outdoor rental equipment.

"The service is available to DOD civilians, service members and their families," said Carl Wade, 434<sup>th</sup> SVF, "basically anyone with a current government I.D. card."

"We are providing a service to personnel that is a cheaper alternative to renting off base," he said.

The new equipment

includes three new trailers, five new pop-up campers, two to four-man camping tents, two rowboats, three John boats, a utility trailer, and camping and outdoor gardening tools.

Members can also rent equipment for family outings. Like folding chairs and tables, waterslides, dunk tanks and an inflatable castle kids can jump and bounce in.

The items can be rented on a daily, weekly, or even three-day special rates.

There aren't any restrictions on usage as long as the individual has current proof of insurance.

For more information, interested individuals may stop by the outdoor recreation office, located in Bldg. 471, 2<sup>nd</sup> floor, or call Ext. 2416 or 2417.

---

**434th Air Refueling Wing**  
**Public Affairs Office**  
**Grissom ARB, IN 46971-5000**

**FIRST CLASS PRSRT**  
**POSTAGE & FEES PAID**  
**Permit No. 480**  
**Peru, IN**