

# COMBAT AIRLIFTER

440th Airlift Wing

"Vincit qui primum gerit"

July 2010 Vol. 4, No. 4

**Happy Birthday America!**





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**COMMANDER'S COMMENTS**

**Happy Birthday America and Happy Birthday Army!**

Two hundred and thirty-five years ago the Army was established to defend our nation. Just one year later, on July 4, 1776, fifty-six men signed the Declaration of Independence from England. They established a democratic nation with certain rights guaranteed to its people: life, liberty and the pursuit of happiness.

Thank you all for standing with me today as a member of the Armed Services to uphold this declaration and protect these rights. It is an honor to serve alongside you, and I will not let you serve alone. The 440th Airlift Wing was established in 1943 at Baer Field near Ft. Wayne, Ind., and since its inception we have been an unrivaled wingman to the Army, Air Force and to our nation's defense. This summer we continue our efforts to obtain full operational capability in functions, facilities and personnel, and together we can set the DOD standard for joint and total-force partnerships.

May was a busy month for our Combat Airlifters. During the primary unit training assembly our Airmen completed routine training and flying, and our chaplains did an outstanding job hosting their third annual Pig-Pickin barbeque. On our alternate UTA, our leadership exercised their combat communication capabilities, and our Installation Control Center, Emergency Operations Center, and Unit Control Centers were staffed and required to respond to inputs from the Exercise Evaluation Team. This exercise enabled us to practice our command and control capabilities in preparation for our upcoming Operational Readiness Inspection in January 2011.

More than 35 people from our 440th Medical Squadron deployed to Korea for two weeks of annual training with Charlotte's 145th Air National Guard Medical Group. Both units trained on the Expeditionary Medical Support System, an interlocking-tent system that provides emergency-medical support to troops during war-time operations and medical relief for disaster-stricken areas.

Our operations and maintenance squadrons returned from a 120-day deployment in support of U.S. Africa Command, and our 53rd Aerial Port Squadron and 36th Aeromedical Evacuation Squadron departed for missions in Iraq and Afghanistan.

At the end of May, we had two successful recruiting

weekends at Charlotte Motor Speedway where recruiters and Reservists were on-site to hand out information, answer questions and promote the Air Force Reserve mission.

In June, we deployed more than 390 Airmen and 30 short-tons of cargo from Pope for an Operational Training Readiness Period in Wisconsin. This week-long joint exercise tested our command and control procedures and our ability to survive and operate in a war-time environment. More than 700 Airmen from different Air Force units participated in the hands-on training.

Our mission continues throughout July and August, and I want to remind everyone to have fun, but be safe. Supervisors should ensure they are aware of their personnel who are participating in high-risk activities. Please remember to don the appropriate safety equipment; good risk management is the key to mishap prevention.

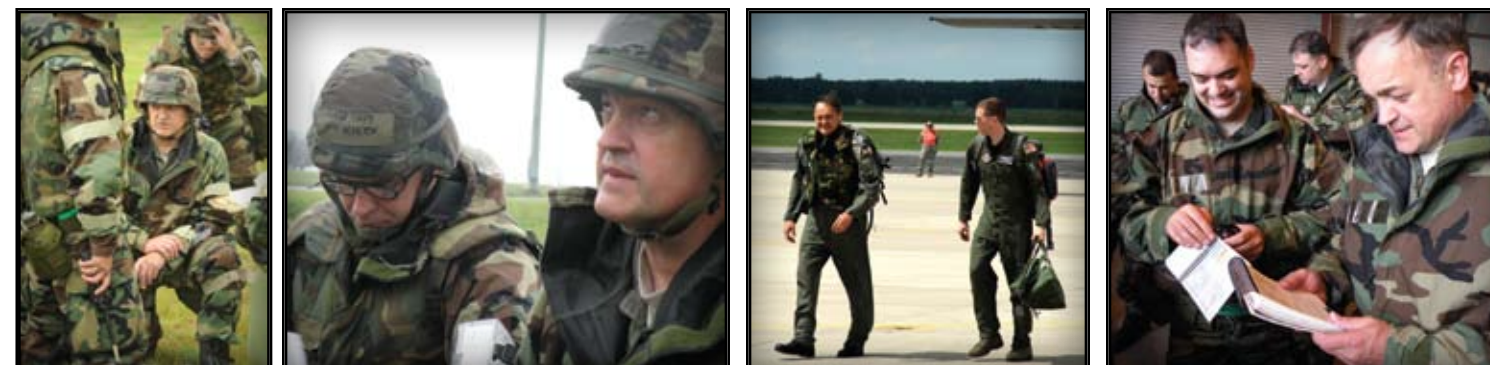
Thank you for helping us create a team of professionals and working alongside me to carry out this mission.

Just as the Minutemen of the Revolutionary War were ready at a moment's notice, today our Reservists and active-duty counterparts stand side-by-side ready to serve and protect our democratic nation, and way of life. This summer, as we celebrate the freedoms we have enjoyed for 236 years, let us be thankful for our wingmen around the world, and for the sacrifices they all make so we can enjoy this day and everyday of independence.

The 440th Airlift Wing will honor them and stand beside them... all the way... to the fight!



Col. Merle D. Hart  
Wing Commander





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By Master Sgt. Stephen Staedler

A report of a rogue dog running wild on the flightline interrupted a relatively peaceful morning at a forward operating location in Japan. The report got the attention of a security forces representative, who began the process of tracking the canine down. Her attention was soon diverted after an IED in a vehicle exploded at the base's main gate. A few minutes later word arrived that more than 50 missiles were inbound, elevating the threat level, and prompting everyone to quickly put on their mopp gear and take cover.

Fortunately the missiles weren't flying, the vehicle didn't explode and the dog wasn't real. Rather, these scenarios were part of Operational Readiness Training Period, a training exercise for more than 50 Airmen from the 440th Airlift Wing at Pope Air Force Base, N.C. The wing is gearing up for its Operational Readiness Inspection early next year, and ORTP III is part of the preparation.



## Emergency Operation Center

The goal of the May 15-16 exercise was for Reservists to not only practice their ability to survive and operate using skills of self-aid and buddy care, wearing their

chemical suits, gas masks and performing other sustainability tasks, but to establish command and control procedures operating out of the emergency operations center and apply them to various war-time scenarios.

The wing began preparing for the upcoming ORI with a series of smaller exercises last year. It was set to deploy in January to Mississippi for an ATSO-centric exercise, but those plans were cancelled due to real-world commitments in support of the Haitian earthquake relief efforts.

Despite missing out on the Mississippi training, wing Reservists have made great strides in the past several months on their preparation for the ORI.

"Everyone did real well this weekend," said Lt. Col. Rich Alexandersen, who oversees the ORTP program for 22nd Air Force at Dobbins Air Reserve Base, Ga.

"I've seen great attitudes by everyone, and the learning curve is going straight up."

Colonel Alexandersen said training like this in an invaluable experience for people because they can hone their command and control skills in dealing with various scenarios, then step back and discuss their actions with other Airmen in the EOC.

"We hit people really fast and hard (with scenarios), but then we throttle back and have discussions to see how they reacted, determined what worked, what didn't work, so they can make corrections and learn from each other," he said.

Part of the wing deployed in early June to Volk Field in Wisconsin to continue their training for the ORI. Colonel Alexandersen said the training Reservists received this past weekend will help them hit the ground running and maximize their learning when they head to the Wisconsin training site next month.

Colonel Alexandersen said at this point in the process with about seven months to go before the ORI, the wing is right where they need to be in their training. He said the biggest factor in not only passing the ORI, but receiving

a high score, is to come with a good attitude.

"Everyone I've seen here has their game face on - and that's great," Colonel

## Installation Control Center



**Attitude is key to ORI success**

Alexandersen said.

"Attitude is one of the most important things to bring with you. A negative attitude will quickly take the shine off a unit. If you come to the ORI with a positive attitude, you'll do fine."

Senior Master Sgt. Andy Nadzan is one with a positive attitude. The Reservist from the 440th Aircraft Maintenance Squadron said although he's been through several exercises in his 23-year Air Force career, he's always learning something new.

"There's a lot of knowledge to be gained here," said Sergeant Nadzan, who represented the squadron in the EOC along with Capt. Christine Angel. "I think collectively we learned a lot. I've seen some areas where we need to improve, and this is the time and place to make those improvements. All in all I think we're not far off to where we need to be. I'm pretty confident heading into Volk Field next month" said Capt. Angel.





## From Pope Air Force Base to Suwon Air Base, Korea

*440th Medical Squadron and 145th Air National Guard Medical Group, Charlotte, install Expeditionary Medical Facility - EMEDS*

**By Master Sgt. Kevin Brody**

It's 6:15 a.m. as the Airmen muster around the designated rally point. "Listen up everyone we have a lot to do this morning and very little time to do it," said Lt. Col. Therese Kern, 440th Medical Squadron Chief Nurse and acting-mission commander for this training mission to Osan, Korea. Anyone that has spent time in the military knows this means hurry up and wait.

For the next hour Airmen marked their bags, completed their orders, made last minute checks on their equipment and gear, and loaded the cargo trucks. After one more head count, they boarded the bus and headed to the passenger and cargo loading area. As the loading platform was weighed, so were Airmen and their carry-on items to get the most accurate measure of weight for the KC-135.

Next was their security briefing. "You need to be smart. For many of you this is the first time you will visit another country, and you will want to take full advantage of this experience and the locals know this. They can pick out someone who is green in an instant," said Col. Rocky Lane (retired), director of security forces and anti-terrorism for Air Mobility Command, and husband of Lt. Col. Mary Abernethy who is a nurse

with the 440th Medical Squadron. "You have to be very careful and make sure you look out for your wingman."

Having also served as the Commander of security forces at Kunsan Air Base, Korea, for one year, Colonel Lane could not stress the importance of being diligent about situational awareness.

The aircraft first landed at Hickam Air Force Base, Hawaii and the aircraft commander informed Colonel Kern that the windshield on the aircraft had developed a crack, and the scheduled departure for the next day would be delayed. Three days later, Lt. Col. Kern informed the group they needed to report at 4:00a.m. for their much delayed and anticipated departure to Osan, Korea. Once in Korea Airmen in-processed through customs, and then traveled an hour to Suwon Air Base. Upon their arrival, personnel only had 15 minutes to get their baggage to their dorm room and form up outside. It was time to help complete the tent build up the 145th ANG had started a few days prior.

### *Expeditionary Medical Support System Training*

Consisting of interlocking Alaskan-style tents, an EMEDS facility provides emergency-medical support to troops during war-time operations, and medical relief for disaster-stricken areas. The system is designed to be deployable to field locations throughout the world. Once

assembled the facility is divided up into various sections such as triage, an operating room, post-operating room, X-ray, dental and multiple ward sections.

Throughout the deployment, groups worked through stations designed to familiarize members with different aspects of patient care. Seven stations in all, personnel were given demonstrations on how to use the portable X-ray technology, blood work equipment, nutrition, setting up and organizing the triage area, electrical and HVAC, and techniques to properly load litters onto and off of a field ambulance and buses specially designed to hold litter patients.

The final stage of the deployment consisted of a mass casualty exercise that required personnel to utilize the EMEDS facility and apply the various techniques they had practiced.

"The main concept behind EMEDS is to provide interim-medical support to wounded personnel before transporting them to a higher-level care facility such as a Contingency Aeromedical Staging Facility," said Colonel Kern.

The EMEDS facility is process driven, treating the most critical personnel to the least critical. As patients arrive at the facility, they are processed through the triage section where aeromedical evacuation technicians,

also referred to as 4Ns, assess the patient's physical needs and work side-by-side with the triage doctor to determine the next level of care.

"Based on the severity of the patient's injuries, the doctor will determine which section of the EMEDS facility to send them to," said Colonel Kern. "At the same time the command post tracks the status of each patient, in order to expedite transportation to a CASF or local medical facility. The goal is to move patients through the EMEDS facility in less than 72 hours."

### *Combat Life Saver Course*

As the EMEDS facility is the focal point for triaging and treating patients before being transported to a more formal medical facility, the first line of care is administered in the field by aeromedical evacuation technicians. The job of 4Ns is to stabilize the wounded so they can be transported to the EMEDS facility. This is where

the Combat Life Saver course comes into play. Similar to self aid and buddy care, this course goes one step further to emphasize real world field conditions in hostile territory.

"Working directly with the Army we added hemorrhaging and the use of tourniquets to our

***The 440th Medical Squadron, Pope Air Force Base, N.C., along with the 145th Air National Guard Medical Group, Charlotte Air National Guard Base, Charlotte N.C. deployed to Suwon Air Base, Korea to fulfilled their two-week annual tour of duty. While deployed, both units trained together on the Expeditionary Medical Support system known as EMEDS. They also organized and complete inventory of all equipment and resources required to run a fully functional EMEDS facility.***

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## Welcome Home 440th Operations and Maintenance

### AFRICOM Support

By Jerry Green

Minutes after the first wing C-130 landed, another C-130 made the traditional overhead landing pattern approach signifying the end of a 120-day deployment for more than 60 maintenance and aircrew members of the 2nd and 95th Airlift Squadrons based at Pope Air Force Base, North Carolina.

As crews and passengers exited the aircraft, family members waited anxiously at a nearby hangar to greet the wing members who started their deployment to Ramstein Air Base, Germany just days after Christmas, 2009.

For some wing members it was a family affair. Major Deanna Franks, pilot for the 95th Airlift Squadron and her three year old daughter Haylee, scanned the tarmac looking for Major Tony Franks.

Major Deanna Franks said, "Haylee has been carrying that flag for hours since I told her Dad was

coming home today." For several minutes Haylee hugged her father saying it was time to go home now.

Greeting the returning Airmen was 440th Airlift Wing Commander, Col. Merle Hart and Maintenance Group Commander Col. Willie Cooper III.

One of the returning Airmen was Lt. Col. James Murtha who shook hands with the maintenance troops who he said, "did a great job keeping the aircraft fixed and flying." Lt. Col. Murtha was the maintenance officer at Ramstein AB and is commander of the 440th Maintenance Squadron at Pope AFB.

The wing members were participating in the new Africom mission supporting the war on terrorism in the African theater.

The returning Airmen will perform post deployment leave and return to their civilian duties within two weeks after release from this latest tour of duty.



## Flight Engineer's Band Entertains Airmen

By Master Sgt. Kevin Brody

At the third annual Pig-Pickin barbecue held at Pope Air Park, Pope Air Force Base, N.C., members of the 440th Airlift Wing enjoyed home-grown country and blue-grass music played by one of their Reservist and his band called The Lonesome Few.

After leaving the Navy some 21 years ago, Master Sgt. Frank Mason, currently a flight engineer with the 95th Airlift Squadron at Pope AFB, teamed up with steel-guitar player Jim Sargent. For the next four years, they played their classical country sound throughout the towns and country sides of North Carolina.

After moving to Nashville, Tenn., Sergeant Mason toured the state playing music at various venues, while Jim Sargent played with musicians up and down the east coast.

Although playing music always brought a great deal of pleasure to Sergeant Mason, his desire to be involved with aviation led him to his military career.

"I always wanted to fly and work in aviation," said Sergeant Mason. "After Nashville, I got a job with U.S. Airways in their transportation department, and I also joined the Charlotte Air National Guard."

In 2007, Sergeant Mason landed his current flying position with the 440th Operations Group, and he relocated back to North Carolina where his music career began.

"My uncle Cameron Thomas has always played music in this area, and he was the one who taught me and my cousin Jimmy Cameron to play guitar when we were little boys," said Mason. "My uncle who has a place in Vass, N.C., plays every Saturday night. Since I moved back, I began to play there too."

It was at these "Open Mic" venues that Sergeant Mason met his new band members, lead guitarist Adrian Smith and bass player Ed Hammer. To complete the band, Sergeant Mason convinced his old friend Jim Sargent to join them. Jim had not played the steel guitar for 13 years but agreed to join the band.

At the wing event The Lonesome Few band entertained Airmen with songs by artists like Merle Haggard, Willie Nelson and Johnny Cash.

"Everyone I spoke with enjoyed the combination of country music and blue-grass," said Chaplain David Fink, coordinator of the Pig-Pickin outing. "It was a great way to kick off the summer season, boost Airmen morale and showcase the amazing talent we have right here in our own wing."



Right: Frank Mason, 95th Airlift Squadron Flight Engineer, to his left Cameron Thomas Frank's uncle, Jim Sargent on steel guitar, Andre Smith on acoustical guitar and behind Master Sgt. Mason is Ed Hammer on bass guitar.





## AFRC UNITS TEAM UP AND TRAIN FOR UPCOMING INSPECTION

By Mr. Jerry Green

In June, more than 700 Reserve and active-duty Airmen came together to train and complete Operational Readiness Training Period IV at Volk Field's Combat Readiness Training Center located in northern Wisconsin. The 916th Air Refueling Wing, Seymour Johnson Air Force Base, N.C. and the 440th Airlift Wing, Pope Air Base, N.C. teamed up in order to prepare and train for their

upcoming Operational Readiness Inspection in 2011.

In addition to the two associate wings, three other units participated in the training: Langley Air Force Base's 71st Aerial Port Squadron, McChord Air Force Base's 446th Civil Engineer Squadron, and Robins Air Force Base's 622 Aeromedical Staging Squadron. The training conducted at the CRTC was the first realistic training the Airmen performed together as a team at a deployed location.

Operational Readiness Inspections are conducted to identify training deficiencies and recommend improvements for accomplishing peacetime and wartime missions. The aforementioned units are scheduled to undergo an ORI in January. In preparation for the inspection, unit commanders chose to take advantage of the ORTP program.

"The greatest value we gain by deploying is practicing and evaluating our war fighting abilities. Although we want to impress the Inspector General, the real reason we conduct these exercises is to sharpen our ability to defend our country," said Colonel Randall Ogden, 916th Wing Commander.

For the first two days, the instructors at Volk Field demonstrated and taught the necessary skills needed to survive and operate in a combat environment including weapons, pre-attack and post-attack procedures, proper wear of the protective equipment, bunker buildup and other war skills. After completing two days of situational training, Airmen were then required to react to wartime scenarios. Bomb threats, missile attacks and chemical explosions required structured responses in and out of the Installation Control Center, Emergency Operation Center and Unit Control Centers.

One scheduled event triggered Airmen to "bug out" of their building, and prompted them to practice evacuating and relocating operations to a bunker in response to a smoke filled building. Volk Field instructors used a variety of smoke generating equipment and cannons to simulate a real war-time environment. Cadre members also played injured personnel during and after the attacks, complete with horror movie make-up, simulated broken bones and open gushing wounds. This enabled the Airmen to access injuries



and perform Self-Aid and Buddy Care actions taught to help save lives.

Ambulances transported the wounded to the medical center where members of the 622nd ASTS team assessed and treated the wounded. Lt. Col. Florin Georgescu, team leader for the 622nd ASTS, directed his team members to perform critical care assessments to the injured Airmen while continuing life-saving procedures to critically wounded soldiers.

After the attack, Lt. Col. Florin Georgescu head of the medical staff from the 622nd ASTS, said, "This is going great. We are learning new things every minute. We are gaining valuable experience that will help us in the future."

The security-forces squadron was tested and exercised their base defense techniques. They practiced procedures and reacted to sign-carrying protestors throwing rocks at the guards, abandoned cars with simulated improvised explosive devices and enemy combatants trying to breach the perimeter.

The units began their redeployment process on day six and all cargo and personnel were once again loaded on C-130s and KC-135s.

"This was a realistic training event; probably the best I have ever seen. All sections of our wing and associate units were tested, and I am sure we have gained the valuable insight to pass the ORI," said Col. Merle Hart, 440th Airlift Wing commander, "now all we have to do is take what we've learned to the fight in January."







**Continued from page 7**

trauma assessment of airway, breathing and circulation,” said Senior Airman Carla Maurice, a 440th Aeromedical Evacuation Technician. “With the introduction of the Combat Application Tourniquet, we are taught to apply this tourniquet as the first line of defense when a person is hemorrhaging.”

Airman Maurice explained that the Combat Life Saver course emphasized a three-step approach when dealing with trauma assessment in hostile conditions.

“The first step is called care under fire. You have to first suppress enemy attacks in order to have time to stabilize the wounded. That is why the use of a tourniquet is taught,” said Airman Maurice. “Second step is tactical field care: HABC – hemorrhaging, airway, breathing and circulation. This is your trauma assessment. The third step is learning tactical evacuation in order to get the wounded out of the area,” Maurice added.

*Transporting the Patient*

Another crucial aspect of care for the wounded is communicating with command post to request adequate transportation, equipment and replenish supplies.

“We learned what is known as a nine line. This is a list of nine specific pieces of information you should have when communicating back to command,” said Senior Airman Denean McMillan,

frequency, patient number, equipment for care of the patient and resupply needs, type of injury the patient is suffering from - urgency, surgical urgent, priority

providing the best care to the wounded in the overall EMEDS process,” said Colonel Kern. “Getting the patient stabilized as quickly as possible helps minimize trauma, which minimizes the level of treatment required at the EMEDS facility and this can expedite the transport to a higher-level care facility,” she added.

The overall EMEDS process consists of front-line care from field technicians who stabilize the wounded and arrange transport to the EMEDS facility. Once processed through triage, the triage doctor determines the level of care the patient requires in order to keep them stable and processed through the EMEDS facility, then transported to a medical hospital. In order to successfully process a patient through the EMEDS facility, a carefully orchestrated team effort between doctors, nurses, 4Ns and command post is essential.

“Having the chance to participate in a deployment helps me to understand how my career field fits into the 440th Medical Squadron’s mission,” said Airman McMillan.

“The EMEDS process makes more sense and the deployment process is much clearer to me now. It takes everyone working together to save lives”



a 440th Aeromedical Evacuation Technician. “We were taught to remember the first five by saying low flying pilots eat tacos: location, radio

and convenient.” Airman McMillan added.

“As the first line of care, the job of the 4N is the most important step in





## Airmen Stand Up For Wingman Stand-Down Day 2010

By Senior Airman Peter R. Miller

For a few hours today, the 440th Airlift Wing's hectic schedule took a brief pause while its Airmen renewed themselves in the wingman concept. Airmen gathered together in small groups to watch movies, discuss the stressful issues that face today's Airmen and strengthen wingman relationships. The Air Force wide stand down focused on three ideas: suicide prevention, motor vehicle safety and knowing your wingman.

"Sadly, 18 Airmen, eight guardsmen and Reservists, and three civilians, of all ranks and specialties, have taken their own lives so far this year," Air Force Chief of Staff Gen. Norton Schwartz and Chief Master Sgt. of the Air Force James A. Roy said in a recent press release. "Additionally, approximately 50 Air Force members annually are killed in motor vehicle accidents."

The Air Force has endured more suicide-related deaths in the first five months of 2010 than all of 2009.

"A suicide affects the entire unit, not just the individual," said Col. John Stokes, the 440th Airlift Wing vice wing commander. "Today, we want to emphasize the wingman concept and make sure Airmen know that it's okay to ask for help."

Airman First Class Jessica Curl said the briefings are a reminder of the value her fellow wingmen provide.

"I am stubborn, so I don't like to ask for help," said Airman Curl, "but the more times I hear these briefs the more I look to my fellow wingmen and ask for help. Life is too short to let one mistake end it all."

An 18-year-old Airman may have to deal with stress that their civilian friends will never understand, said Col. Stokes. It is important that Airmen build their wingman relationships now and know they have people to talk to, because Airmen -who keep these stresses inside often feel isolated or become depressed. Our Airmen need to know that they are surrounded by individuals who share many of the same experiences and that they are not alone.

"If this touches one person, it has made all the difference," said Tech. Sgt. Angela Harris, the wing's unit training manager and Airman Curl's newly designated wingman. "We may have saved someone here today, and that is what's important."

The wingman concept dates back to the earliest days of aerial combat and has since become firmly entrenched in Air Force culture. From dangerous flying environments to daily life, the Airmen of the 440th Airlift Wing will continue to watch each other's backs and focus on the mission ahead.

## 101 Days of Summer - be safe, not sorry

By Jerry Green

During the staged accident demonstration at Pope Air Force Base, a drunk driver crossed into the path of another vehicle. One passenger was not wearing a seat belt and was thrown free of the vehicle while another was trapped inside. The driver's passengers had severe injuries requiring hospitalization. The somber realization was despite



the frantic and realistic demonstration of life-saving techniques by emergency medical technicians, one accident victim was declared dead at the scene.

The period between Memorial Day and Labor Day has been called the "101 Critical Days of Summer" by the Air Force. The annual safety campaign started at Pope Air Force Base just days before Airmen began the Memorial Day holiday.

Statistics show that driving while drinking is the main cause of off-duty injuries for Air Force personnel.

## Summer Safety: Play to Live - Live to Play

The kids are out of school and the days are getting longer, two sure signs summer is here. The Air Forces' Summer Safety Campaign has started in an effort to prevent a summertime tragedy from occurring. Looking back at last summer, 21 Air Force members lost their lives needlessly in mishaps.

Eighteen of these were vehicle mishaps, either motorcycle or four-wheel vehicles. Poor judgment and exceeding limitations of the vehicle or operator's skill resulted in several of these mishaps. All of these fatalities were preventable.

As the Fourth of July weekend approaches, everyone should stop and take a hard look at their planned activities, do a quick risk assessment, and mitigate the hazards. All levels of supervisors should ensure they are aware of their personnel who are participating in high-risk activities such as planning long road trips, water sports, ATVs, dirt bikes, or other



perilous sports. Good risk management is the key to mishap prevention. This can mean planning a trip to make sure you arrive on time without rushing or marathon driving. Using seatbelts, helmets or other protective equipment, won't prevent mishaps but can prevent or reduce injuries. Making sure you are trained properly for the activity will greatly increase your odds of not being hurt or killed.

As the dog days of summer approach, we cannot let our guard down. Last year, the Air Force lost two members in vehicle mishaps and another member in a water sport mishap during the 4th of July weekend. We do not want to lose anyone in a mishap this year. Have fun, but do it safely. Life is precious, be safe this summer and use good judgment as you enjoy your summer break. Don't let the "It won't happen to me" syndrome happen to you! Remember personal risk management - it works.

## Hurricane Season: Beat the Fury!

Hurricane Season is here! Are you ready for the big one? Here are a few reminders to help you QC your survival plan. Hopefully you have plans both for work and for home.

### Before a Hurricane:

To prepare for a hurricane, you should take the following measures:

- Make a survival kit.
- The best time to assemble a three to seven-day emergency supply kit is well before you will ever need it. Most people already have these items around the house.
- Take a look at the NC Emergency Preparedness Kit listing: <http://www.nccrimecontrol.org/Index2.cfm?a=000003,000010,000019,000060>
- Stocking up now on emergency supplies can add to your family's safety and comfort during and after a disaster. Store enough supplies for at least three days, preferably seven days.

### During a Hurricane:

If a hurricane is likely in your area, you should:

- Listen to the radio or TV for information.
- Turn off utilities if instructed to do so. Otherwise, turn the refrigerator thermostat to its coldest setting and keep its doors closed.
- Turn off propane tanks.
- Avoid using the phone except for serious emergencies.
- Moor your boat if time permits.
- Ensure a supply of water for sanitary purposes such as cleaning and flushing toilets. Fill the bathtub and other large containers with water.

### After a Hurricane:

- Keep listening to NOAA weather radio, local radio or

TV stations for instructions.

- If you evacuated, return home when local officials tell you it is safe to do so.
- Use caution and inspect your home for damage by checking for electric hazards, gas leaks, animals, broken glass and electrical blackout.
- Only use a flashlight for emergency lighting. Never use candles!
- Turn off electrical equipment you were using when the power went out.
- Avoid opening the refrigerator and freezer.
- Do not run a generator inside a home or garage.
- If you use a generator, connect the equipment you want to power directly to the outlets on the generator. Do not connect a generator to a home's electrical system.
- Let your generator cool before refueling.

### Water Treatment

- Filter the water using a piece of cloth or coffee filter to remove solid particles.
- Bring it to a rolling boil for about one full minute.
- Let it cool at least 30 minutes.
- Add 16 drops of liquid chlorine bleach per gallon of water, or 8 drops per 2-liter bottle of water. Stir to mix. Let stand 30 minutes.
- If it smells of chlorine. You can use it. If it doesn't, repeat chlorination step.

### Food Safety

- Do not open the refrigerator or freezer.
- If it looks like the power outage will be for more than 2-4 hours, pack refrigerated milk, dairy products, meats, fish, poultry, eggs, gravy, stuffing and left-overs into your cooler surrounded by ice.
- If it looks like the power outage will be prolonged, prepare a cooler with ice for your freezer items.



# Airman receives Non-Article 5 NATO medal

By Master Sgt. Kevin Brody

On May 1, 2010, at a promotion ceremony at the 36th Aeromedical Evacuation Squadron, Capt. Leisa Hough was presented with the Non-Article 5 NATO medal for personnel participating in NATO support operation International Security Assistance Force in Afghanistan.

"I finally understood what I was training for the past decade," said Capt. Leisa Hough, Officer-in-charge of medical logistics for the 36th Aeromedical Evacuation Squadron, Pope AFB, N.C. "For years I have sent hundreds of people to locations around the world and realized I needed to go to understand the experience.

Capt. Hough deployed to Bagram Airfield, Afghanistan, with the 455th Air Expeditionary Wing assigned to the Logistics Readiness Squadron. As the Installation Redeployment Officer Capt. Hough trained unit managers how to prepare members for redeployment back to their home station.

"We tracked rotator schedules and flights to ensure wing personnel were assigned seats and ensure they were in the appropriate location to connect with their rotator," said Capt. Hough. "We coordinated with the Traffic Management Office to ensure commercial tickets were booked, sent mobility items back to processing centers and tracked the reception/redeployment of over 4,000 wing members."

To accomplish these tasks it is necessary to coordinate with bases across the AOR for proper personnel turnover and accountability. Although it is a very demanding job to ensure personnel arrive safely and on time, it has its rewards.



Lt. Col. Anthony Trezza, 36th AES commander, presents Capt. Leisa Hough with the Non-Article 5 NATO award.

"Often people are stressed when trying to reach their destination. Members would tell their story how they have to get back to their loved ones for a certain occasion, or just because they have been away so long," said Capt. Hough. "When an Air Force member is stranded the passenger terminal would send them to our office. We would check the schedule and submit an airlift request that could take days to show up."

To help alleviate some of the stress that the member was experiencing Capt. Hough would bring the individual back to the passenger terminal to have the aerial porter explain their options.

"This simple act of taking time out for the member showed the individual that you care and this would have a large impact." Captain Hough explained.

Having had the opportunity to deploy to Bagram, Captain Hough stressed the need to check and double check with your home station the types of items you will require for the deployment. While deployed Captain Hough was tasked to create a reception program, which included a checklist of items to bring.

"At first I thought it unnecessary since many of the items are in the AOR checklist that is supposed to be completed for worldwide deployment; apparently many home stations don't," Said Captain Hough. "If you're in Afghanistan in the winter and it's about 20 degrees or less, you are not pleased to find out that cold weather items are not available because supply doesn't have the room in the warehouse."

Captain Hough added, "Sometimes it's the little things that you remember to bring that make the biggest difference."



I am Maj. Judith Walker the new active-duty judge advocate assigned to the 440th Airlift Wing. Although I first reported to the wing in Sept. 2009, this is my first opportunity to share with the entire wing my background and my role as the 440th active-duty JAG.

I have had two base assignments as an assistant Staff Judge Advocate at Kadena AB, Okinawa, Japan and as the Deputy Staff Judge Advocate for the 78th Air Base Wing, Robins AFB, Ga. I have clerked for the Air Force Court of Criminal Appeals and have been the Air Force Legal Assistance Attorney at the Joint Pentagon Legal Assistance Office, Arlington, Va.

Prior to my arrival at the 440th Airlift Wing, I was the Deputy Regional Counsel for the Western Region Environmental Office in San Francisco, Calif. During that assignment, I deployed to Afghanistan in support of Operation Enduring Freedom.

The genesis of the active-duty JAG position at the 440th and the six other active-duty JAG positions at Dobbins, March, Grissom, Youngstown, Westover and Homestead Air Reserve Bases is a result of an agreement in 1988 between the Chief Air Force



Maj. Judith Walker Active-Duty JAG

Reserve and the Judge Advocate General of the Air Force. The positions were premised on the Air Force Reserve's pressing need for legal support in labor, environmental and contract law at stand-alone reserve bases with no active duty legal office. Because the reserve Staff Judge Advocate availability was oftentimes insufficient to meet the needs of the wing or installation commander to address these important legal issues, it was agreed that full-time legal support was necessary. The seven active-duty JAG positions were created to augment their respective Category-A legal offices.

Consequently, my core responsibilities for the 440th Airlift Wing are labor law and civilian personnel issues, environmental law and real property issues, contracts, JAG recruiting and supporting the AFRC Inspector General in Unit Compliance Inspections, and other IG matters. However, I am also available to assist the traditional Reserve legal team with legal assistance, ethics issues and any other matter. I look forward to serving the 440th Airlift Wing and working with you all!

## 440th Active-Duty Judge Advocate

### Social Media Guidance

Department of Defense Directive-Type Memorandum, 09-026 states the new DoD policy on social media. As a result, effective Feb. 25, 2010, all users of DoD Non-Classified Internet Protocol Router Network were to be given access to social networking sites such as Facebook, Twitter, and YouTube. In accordance with the DoD policy, on May 2, 2010, AFRC users were permitted access to social networking sites.

While the policy requires that official presence on social-media networks, such as Combatant Commands on Facebook, are in compliance with DoD directives, regulations and are registered with the Assistant Secretary of Defense for Public Affairs, the policy also permits official use of these networks unrelated to public affairs and limited personal access to social networking sites on government computers.

If you elect to access these sites for personal use on official time please remember that sound OPSEC must be used and the requirements of DOD 5700.7-R, para. 2-301 applies. DoD 5700.7-R, para. 2-301 permits limited personal use of

Federal Government resources when authorized by the appropriate designee, such as a supervisor on a non-interference basis. Specifically, under certain conditions limited personal access to social networking sites are permitted. These conditions include, but are not limited to the following:

- When communications
- do not adversely affect the performance of official duties;
  - do not overburden the communication system;
  - do not reflect adversely on the Air Force;
  - are of reasonable duration and frequency; and
  - whenever possible, is during the employee's/member's personal time such as after duty hours or lunch periods.

To get additional information on the DoD social media policy, please visit the Department of Defense Social Media Hub at <http://socialmedia.defense.gov/index.php/20210/02/26/dod-offical-policy-on-newsocial-media/>





# Pope's C-130 Makes Country Music Debut

By Mr. Jerry Green

The 440th Airlift Wing's C-130, Tail #: 60410 made its musical video debut in May at Pope Air Force Base, N.C. Country and western singer Jamie Tate's "I'll Give My All" music video was filmed inside of the Reserve unit's massive ISO dock hangar, and the aircraft was used as a backdrop, stage and a prop for the country western phenomenon.

Jamie Tate, a Cary, N.C. singing sensation, teamed up with the 82nd Airborne Division chorus to record her newest single written by a Ft. Bragg native. In March, Tate recorded "I'll Give My All" with the world-renowned 82nd Airborne All-American Chorus in Nashville during a recording session at Black River Music Group studios.

The special track is part of an online campaign that aims to deliver the song via digital download to more than

one million military servicemen and women around the world. Tate's song resonates with those that have served, are serving, or are willing to serve our nation – in peace and at war.



Tate was recently named honorary ambassador by the United Service Organization of North Carolina for her ongoing support and contributions to the military. Tate is also donating a portion of the sales from "I'll Give My All" to the Wounded Warrior Project for the 82nd Airborne Division, the USO of NC and the Military Family Lifestyle Charitable Foundation.

The cleanliness and condition of Pope's Hangar six and C-130 Tail #: 60410 were showcased in the video and are a result of the 440th Maintenance Group's continuous commitment to their work and the mission. The music video highlights are available on the 440th Airlift Wing's Facebook page, search for Combat Airlifter.

# Reservists Complete 24-Hour Relay for AFAF

By Capt. Torri White

Pope Air Force Base held its fourth annual endurance relay, April 28-29 at the fitness center track to raise money for the Air Force Assistance Fund. More than 350 people signed up to compete as a team or as an individual. This year, five Reservists assigned to the 440th Airlift Wing joined family and friends to successfully complete the 24-hour team relay.

The eight person team was led by Senior Master Sgt. Shannon Kubatka from the 440th Operations Group Intel Squadron and included four other wing members: Lt. Col. Marvin Ruth, 440th Maintenance Squadron Commander; Capt. Damasi Bell, Yellow Ribbon Program Coordinator; Capt. Christine Angel, 440th Maintenance Squadron Officer; and Capt. Torri White, wing public affairs officer.

Sergeant Kubatka's husband, Tech. Sgt. Aaron Kubatka; Mrs. Roxanne Purvis, wife of Lt. Col. Dan Purvis, 440th Operations Support Squadron; and Mrs. Tina Hagemike, a hospital administrator at Womack Army Medical Center also ran on the relay team

The 440th Airlift Wing's team completed the 24-hour competitive relay. They were required to maintain the same rotation throughout the 24-hour period and have one person on the track at all times from 9:00 a.m., Thursday, April 28 to 9:00 a.m. Friday, April 29.

"We decided we would run in 3-mile increments; then people would have a break in between and could go back to work, sleep or eat," said Sergeant Kubatka.

"As a team, we did 590 laps around the track which equals 147.50 miles!" says Sgt. Kubatka. "I'm happy with our success."

Sergeant Kubatka and Mrs. Purvis finished the race with 21 miles each, while everyone else on the team ran 18 miles over the 24-hour period.

The Reserve relay team alone raised over \$400 for the Air Force Assistance Fund.

"I had a great time and look forward to the next one," said Sergeant Kubatka, "I hope we have more runners next year and everyone will come out and show their support."



Left: Lt. Col. Marvin Ruth, Roxanne Purvis, Capt. Christine Angel, Tech. Sgt. Aaron Kubatka Senior Master Sgt. Shannon Kubatka, Capt. Damasi Bell and Tina Hagemike.

## Welcome Newcomers

SMSGT Willie W. Bowen	440 OSF	SRA Steve L. Green	95 AS
TSGT Chanell C. Alemany	440 MDS	A1C Xavier R. Cofield	36 AES
SSGT Jesse R. Rheault	36 AES	A1C Julia Lopez	36 AES
SSGT Brian K Porter	440 AMXS	A1C Shakira D. Reid	440 MDS
SSGT Aaron L Smart	440 AMXS	A1C Corey A. Lyles	440 MXG
SSGT William P. Rose	440 AW/CP	A1C Timothy J. Gill	440 MXS
SSGT Antonio B. Acevedo	440 LRS	A1C Sheliah F. Jelks	440 MXS
SSGT Karanda K. Johnson	440 OSF	A1C Alana J. Leiner	440 SFS
SRA Glenn A. Givens	440 LRS	A1C Derrick A. Goodman	53 APS
SRA Mitchell J. Hennick	440 LRS	A1C Oyekola Mustapha	53 APS
SRA Joshua F. Clark	440 MXS	A1C Kharee D. Alston	53 APS
SRA Herschel L. Miller	440 SFS		

## Congratulations - Promotions

CMSgt Beth S. Joiner	AW	SSgt Brandon L Morgan	AES
SMSGt Anthony J Staut	AES	SSgt Frank L Aanenson	AS
SMSGt John M. Manion	LRS	SRA Quentin M Griffin	APS
SMSGt Tilwanja L. Lucas	SVS	SRA Roderick Ferrell	MXS
MSgt Louis M Schelp	MXS	SRA Carlton A Anderson	AS
TSgt Kristine L Sheets	AES	SRA James T Boggs	AES
TSgt Albert K Smith	AES	A1C Jazmine T Mitchell	MSF
TSgt Lisa M Taylor	OG		
SMSGt James I. Grigsby	OSS	TSgt Alexis V. Wallace	OSF
SMSGt Janet L. McKnight	MDS	SRA Derek J. Booker	SFS
SMSGt Gregory C. Garcia	LRS	SRA Trisha A. Robertson	MXS
MSgt Mark K. Hample	AMXS	SRA Jeremy R. Shaw	APS
MSgt Michael T. Maver	APS	A1C Derry Jr Brown	MSF
MSgt Michael E. Roberson	APS	A1C Jessica L. Ingham	OSF
MSgt Shalena A. Sarver	APS	A1C Christian S. Izzard	MSF
MSgt Stephen M. Simkonis	AMXS	A1C Sarah A. Mayernik	MSF
TSgt Maria I. Silao-Johnson	SFS		

## 440th Airlift Wing Alumni Association Family Picnic

When: August 21, 2010  
 Where: South Milwaukee Yacht Club, 101 Marshall Ave, South Milwaukee, Wis.  
 Time: 1 p.m. - 5 p.m.  
 Food: Hamburgers, Hot dogs, Brats, beef & pork.  
 Cost: 440th Alumni Association members- Free  
 All others - \$5/person.  
 Former and current 440th Airlift Wing members, families and friends are invited.



The Language Enabled Airmen Program is the first career-long program designed to offer language-sustainment training for Airmen in diverse career fields. The idea behind LEAP is to find Airmen who speak a foreign language and ensure they maintain their abilities through individual customized sustainment plans. To find out more about LEAP or to download an application, visit the AFCLC Web site



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