COTBATABLEER 440th Airlift Wing "Vincit qui primum gerit" November 2009 Vol. 3, No. 5 440th Airlift Wing U.S. AIR FORCE WILL Airborne Corns - 4 AIRBORNE 440TH AIRLIFT WING

DEDICATES AIRCRAFT TO THE XVIII AIRBORNE CORPS

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On the cover:
440th AW dedicates
aircraft #86-0418
complete with nose art
to the XVIII Airborne
Corps.
Illustration created by
Senior Airmen
Jacqueline Pender

Command Perspective

Fellow Combat Airlifters and friends,

Thanks to all of you who made 2009 a great year for the 440th Airlift Wing!
We thank our Active Associate brothers in arms, the 2nd Airlift Squadron and the 43rd Aeromedical Evacuation Squadron, our true team members. We thank all of the Pope war

Aeromedical Evacuation Squadron, our true team members. We thank all of the Pope war fighting partners who contributed to our success. We give thanks to our Army warriors who give us the opportunity to put the "Air in Airborne."

This year we placed many new mile markers along our road which we continue to build. Our journey continues as we look forward to another very productive new year. Our wing will always strive hard to improve and modernize. The current task of establishing the first ever AFRC-AMC Active Association will continue to be challenging and rewarding. I thank each of you who gave and continue to give in our quest.

This past year we have met all tasking as we prepared and send active duty and volunteer forces to the far corners of the world. Our numbers have increased and our training remains in high gear. There are challenges that remain as we continue to establish ground. The culture of our wing is steadily being created. Ten years from now the current challenges will be long forgotten; those of us who established the wings framework will be forever grateful for today's opportunities.

This year marked the 65th anniversary of both D-Day and the creation of the XVIII Airborne Corps. Each event gave our unit an exceptional opportunity to honor our past as well as strengthen our bonds with our Airborne troopers. On Aug. 25, we dedicated Aircraft No. 418 to the "Sky Dragons" of the XVIII Airborne Corps. The pride of serving along side of "Americas Contingency Corps" and "Americas Guard of Honor," our 82nd Airborne Division, is beyond words. Aircraft No. 282, which was dedicated to the 82nd Airborne Division, is currently deployed to the AOR and is serving our brothers in arms. Both aircraft Nos. 418 and 282 display the respect and admiration we have for our Airborne troopers.

Our outreach into the great state of North Carolina increased as we continued to hire many of our neighbors — Citizen Airmen from the state now make up the majority of our wing. We will continue to grow this year as the wing takes on more duties and responsibilities for running the airfield and tower operations. Other growth opportunities are in the works as well. Our recruiters are phenomenal and continue to fill our ranks. Each of us needs to become an avid recruiter with the "Get One" program; 2010 will be the 440ths "Get One" year. We are pleased and grateful for the support of our local civilian organizations that-



take care of our Airman. Their support helps our families deal with difficulties encountered during deployments and family separation.

We are knee-deep in ORI preparation. The ORTP exercises will prepare us for an "excellent" grade while updating required wartime skills. The efforts of those who prepare the ORTP's are noteworthy and most appreciated. The ORTP training is for everyone in the wing and not for the few who will participate in the inspection. Many hours of planning and hard work go into each exercise, and I urge you to take full advantage of the training so you will be prepared if ever called into action. Train hard and we will prevail.

From a safety standpoint we were blessed with a fairly uneventful year. The holiday season is in full gear and we need to remain vigilant as safety is an individual responsibility. Take the time to do things right, as very few times does haste not make waste. Maintaining a clean and safe work environment is vital to unit morale and personal pride. During your holiday travels, take plenty of time getting to your destinations. We need everyone back safe and sound so we can welcome another grand year.

Where the wing has come in two years is impressive. The development in the next three, five and 10 years will be even more so. Set personal and professional goals before the New Year. Always strive for excellence in all we do. Our efforts are noted by many, your work is required and you are part of an exceptional team that grows stronger every day. Thank you for all you do for our wing and our nation.

It is an extreme honor to be your wing commander.

Welcome to "COMM 101" for the ORI

The first in a series of "info-mercials" aimed at dispelling rumors, enlightening the un-enlightened and highlighting the "hot-spots" as we identify them. We are here to fine tune skill sets and focus our team on the objective. So if you have questions, ASK – and we will find the answer!

Please take the time to review this information carefully – it is absolutely essential that everyone have a thorough understanding of the following topics for one simple reason...

Communication will determine our success

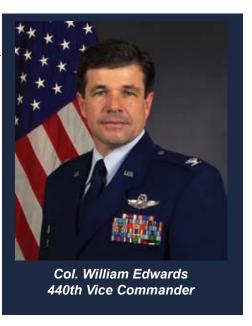
During the exercises--and most importantly during our ORI--we need to have the ability to pass accurate information in a timely manner. This involves coordination, common terminology, clarity, and an understanding of the overall communication flow.

Everything we discuss in these messages can be found in your airman's manual, but we will include some of the "basics" in our articles as simple examples. Here is the basic deployed structure from the wing commander to the personnel in the field. In the deployed environment you will report to your applicable squadron or workplace. At your workplace, identify your facility manager and your unit control center (UCC) rep. They will be an important focal point, and you should channel important information through them to leadership (refer to next page).

ICC (Wing Commander and Group Commanders)
1. EOC (Emergency Operations Center)
2. UCC (Unit Control Center)
3. Facility Manager
4. Entry Control
PAR Team
SABC Team
Litter Team
5. Individual in the field

In a "perfect world", the wing commander will disseminate the majority of the information you receive (i.e. Alarm Conditions, MOPP Levels, Force Protection Conditions...) via giant voice, the base-wide public address system. There are other processes for communication (such as base siren, bugle call, land mobile radios - LMRs, phones, flags or lights).

Every individual in the field must think of themself as a "sensor" and recognize the importance of passing on good information. The more accurate the information, the shorter the time required to make decisions that may shorten the time in MOPP gear or even save lives. The format is listed in AFMAN 10-100 according to the SALUTE acronym (refer to page eight).



Each of you must be intimately familiar with how to reach a contact at every level in the chain to pass on the info. It is appropriate to skip levels if there is a communication breakdown and the information is important. Go until you've passed it on and don't sit on critical info! Work centers must have the most accurate/relevant information if they are to make the best possible decisions for you – the personnel in the field (...counting the minutes in MOPP 4!) and time is critical!

A few of the more common "critical communication items" are a DIMC (dead, injured, missing, contaminated) count, number of vehicles "slimed", buildings evacuated, incursions into the play area, etc. Now is the time to get with your work centers and personnel for coordination. Plan your plan, review terminology and begin the process of anticipating the needs of other functional areas. We are all intertwined in this operation and we have to function as a single unit—despite the fact that we perform hundreds of uniquely essential, individual tasks.

Congratulations, you have survived COMM 101! Be sure to look for the soon-to-be-released sequel, "ATSO 101 - Ability to Survive and Operate" where we will reveal the deeply coveted secrets of how to easily and painlessly go from MOPP 0 to MOPP 4 in six minutes — or less! Look for it in the next edition of Combat Airlifter.

Everyone has a leadership role. Take the initiative to seek out and clarify information.



ATSO COMMUNICATION LINES

by Lt. Col. John Gorse Exercise and Evaluation Team Chief

The next 15 months of Operational Readiness Inspection Infograms will be dedicated to training in an ATSO environment. Our trained military members are our best asset, and our goal is to ensure our members are ready to deploy in 24 to 72 hours with the proper skills and training.

Even though we continue to deploy, we are still required to prove that we are combat ready Citizen Airmen to the Inspector General. Our ORI in January 2011 will validate our readiness and allow us to complete all the training necessary to be a present day war fighter!

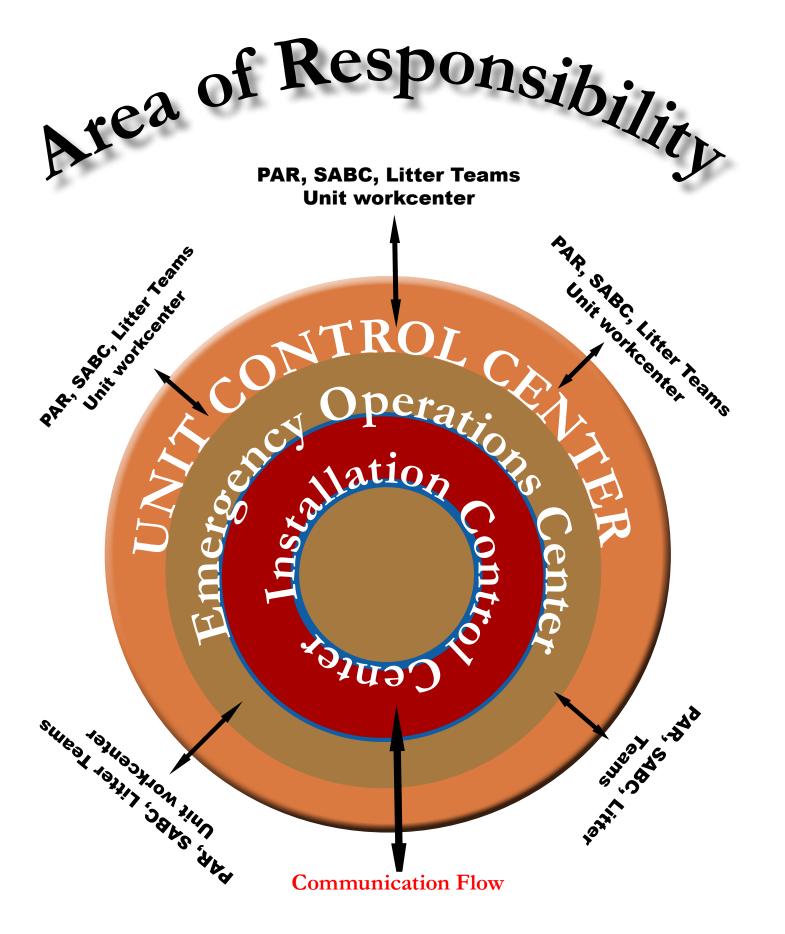
The Operational Readiness Training Programs (ORTP) and Operational Readiness Exercises (ORE) are a way to refine everyone's skills. They prepare us for mobilization and deployment. The ORI is a year away, and throughout the next year people will retire, move and cross-train into other sections. It is extremely important that everyone

learns the basics, because we do not know exactly who will be tasked to deploy in January 2011.

This last UTA, wing leadership participated in ORTP 1, two days of academics and discussions on command and control principles. November's ORTP2 will introduce all ORI UTC personnel to basic war skills. ORTP 2 will teach Post Attack Reconnaissance (PAR) Teams, Shelter Management, Self Aid Buddy Care, and basic Ability to Survive Operate (ATSO) skills. Everyone needs an Airman's Manual, AFMAN 10-100, March 2009. If you do not have one, please contact your Unit Deployment Manager.

I appreciate all of your efforts so far in meeting our deadlines. During the next year, ask questions and ask for help. The Exercise and Evaluation Team (EET) is here to teach and train, as well as evaluate. With every milestone, we are that much closer to the completion and our inspection. We only have 53 training days before our inspection... make everyday count!

Command and Control	Effective command and control is essential to mission accomplishment and base survivability. You may notice some command and control differences at your deployed location compared to your home station, especially in joint operations.					
Unit Workcenters	Respond directly to their Unit Control Center POC when responding to an attack or emergency. They provide vital information about UXOs, troop movement, and overall base conditions.					
Unit Control Centers (UCC)	 Directs and monitors unit contamination control and dispersal actions Rapidly provides alarm condition and MOPP Level changes to unitpersonnel Directs and monitors unit pre-, trans-, and post-attack actions Directs unit personnel movement through base Split-MOPP sectors or zones Monitors unit shelter operations and works closely with shelter managers Collects vehicles and equipment contamination status reports, logs and upchannels information Remains in contact with alternate control center (if assigned). Tracks locations of all known contamination and unexploded ordnance that may affect unit's mission. Warns unit personnel of hazards and directs their movements accordingly 					
Emergency Operations Center (EOC)	C2 support elements that direct, monitor, and support the installation's actions before, during, and after and incident. The EOC is activated and recalled as necessary by the Installation Commander					
Installation Control Center (ICC) - (top echelon of airbase operations led by the senior Air Force Commander.)	 Primary focus is flight operations, airbase security, and airbase support Focal point for resource allocation, mission tasking, status reporting, and decision making The commander's senior staff includes senior officers from the medical, mission support, operations, and maintenance groups Senior officers representing major tenants or host-nation forces may be present Directs FPCON, MOPP, and alarm signal changes 					



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Reporting an Attack

Use the S-A-L-U-T-E report as a quick and effective way to communicate ground enemy attack information up the chain of command.



Ref: AFH 31-302

Report Area	Information to Report			
Size	The number of persons and vehicles seen or the size of an object			
Activity	Description of enemy activity (assaulting, fleeing, observing)			
Location	Where the enemy was sighted (grid coordinate or reference point)			
U nit	Distinctive signs, symbols, or identification on people, vehicles, aircraft, or weapons (numbers, patches, or clothing type)			
T ime	Time the activity is observed			
E quipment	Equipment and vehicles associated with the activity			

Example of a S-A-L-U-T-E Report: "Six enemy soldiers, running away from the command post, heading towards the flightline. Uniforms solid green fatigues-possibly Republic Guards. Time was 0230 hours. Equipment – AK-47 rifles, backpacks and gas mask being carried."



Use the most expedient means necessary/ possible for the urgency you place on the information you have to up channel. If your report needs to get to the commander NOW, use **any means** available!

- Messenger-most secure-most time consuming
- Wire/telephone-more secure than radionot mobile and may be monitored
- Radio

 –fast and mobile-least secure. However, a secure radio lessens the possibility of being monitored

Attack Warning Signals for Chemical, Biological, Radiological, Nuclear, and High-Yield Explosives in **High Threat Areas**

tandardized attack warning signals are used to posture airbases for attacks, warn of attacks in progress, initiate post-attack recovery actions, and return the airbases to a wartime state of readiness.

Although warning signals are primarily designed to provide air, missile, artillery, and ground attack warning, they may also be used to warn you if a covert attack with a chemical,

biological, or radiological weapon is discovered. Alarm warning signal variations might be used in some geographic regions. If they are, you'll be notified what those variations are before you depart your home station or when you arrive in that region.

For example, Alarm Blue is used instead of Alarm Red in South Korea. Alarm Blue will be announced and blue flags will be displayed.

Ref: AFI 10-2501: AFMAN 10-2602: CONUS AFVA 10-2510: AFVA 10-2511

ALARM CONDITION	IF YOU	THIS INDICATES	GENERAL ACTIONS		
GREEN	HEAR: ALARM GREEN SEE: GREEN FLAG	ATTACK IS NOT PROBABLE	MOPP 0 OR AS DIRECTED 1,3 NORMAL WARTIME CONDITION RESUME OPERATIONS CONTINUE RECOVERY ACTION		
YELLOW	HEAR: ALARM YELLOW SEE: YELLOW FLAG	ATTACK IS PROBABLE IN LESS THAN 30 MINUTES	• MOPP 2 OR AS DIRECTED ¹ • PROTECT AND COVER ASSETS • GO TO PROTECTIVE SHELTER OR SEEK BEST • PROTECTION WITH OVERHEAD COVER ²		
RED	HEAR: ALARM RED, SIREN - WAVERING TONE SEE: RED FLAG	ATTACK BY AIR OR MISSILE IS IMMINENT OR IN PROGRESS	SEEK IMMEDIATE PROTECTION WITH OVERHEAD COVER MOPP 4 OR AS DIRECTED REPORT OBSERVED ATTACKS		
	HEAR: GROUND ATTACK, BUGLE - CALL-TO-ARMS SEE: RED FLAG	ATTACK BY GROUND FORCES IS IMMINENT OR IN PROGRESS	• TAKE IMMEDIATE COVER 2,3 • MOPP 4 OR AS DIRECTED 1 • DEFEND SELF AND POSITION • REPORT ACTIVITY		
BLACK	HEAR: ALARM BLACK, SIREN - STEADY TONE SEE: BLACK FLAG	ATTACK IS OVER AND NBC CONTAMINATION AND/OR UXO HAZARDS ARE SUSPECTED OR PRESENT	MOPP 4 OR AS DIRECTED 1, 3 PERFORM SELF-AID/BUDDY CARE REMAIN UNDER OVERHEAD COVER OR WITHIN SHELTER UNTIL DIRECTED OTHERWISE		

Prescribed by AFI 10-2501 Supersedes AFVA 32-4011, 1 December 1997

AFVA 10-2511 24 December 2002



440th Airlift Wing Dedicates Aircraft #86-0418 to the XVIII Airborne Corps





by Chief Master Sgt. Jerry Green (ret)

photos and layout by Senior Airman Jacqueline Pender

n August 25, 1944, the XVIII Airborne Corps was organized, forming the nucleus of the airborne forces destined to fight in Europe during WWII. The formation of the Corps consisted of the 82nd and 101st Airborne Brigades. Just

one month later, soldiers from the XVIII Corps would be sent into action in support of Operation Market Garden and Operation Varsity. They were carried into battle by the crews and aircraft of the 440th Troop Carrier Group.

Exactly 65 years later, the XVIII Airborne Corps and what is now the 440th Airlift Wing came together on August 25, 2009 at Pope Air Force Base, N.C., to

honor the birth date of the XVIII Corps and the lasting relationship they have with the 440th Airlift Wing that began in 1944. To mark this historic event, the 440th AW hosted a unique aircraft nose art dedication to the XVIII Airborne Corps. The ceremony was held in Hangar 4, one of the oldest buildings on Pope. More than 300 members of the Army and Air Force, along with state and local dignitaries, attended the ceremony and witnessed the unveiling of the aircraft nose art.

The ceremony started as members

of the 82nd Airborne Chorus exited from the back of a C-130 performing their unique entrance cadence. This spirited opening was followed by the chorus singing a stirring rendition of the National Anthem.

With the military spirit alive for those in the audience, the emcee for the ceremony, Tech. Sgt. Frank Mason, a flight engineer with the 95th Airlift Squadron, introduced the guest speaker, Maj. Gen. James Rubeor, 22nd Air Force Commander. Gen. Rubeor began his speech acknowledging that this was indeed a historical event. He said, "With this nose art dedication we are celebrating the relationship that ties the

> bonds of these two great units and their continuing relationship today as it was in 1944. Col. Merle Hart, 440 AW commander, spoke of the commitment he and the members of the 440 AW have to the continuing support of the Corps. "Supporting the XVIII Airborne Corps is an integral part of the 440th mission today and in the future, said Col. Hart. The strength of the wing and the Corps is a vital link in the war against forces that want to harm the United States."

> > over to the Deputy Commander of the XVIII Airborne Corps, Maj. Gen. Daniel Allyn. Gen. Allyn commented on the historic value attached to this nose-art dedication, he said, "The relationship of the Corps and the 440th has indeed come full circle." Maj. Gen. Allyn and Col. Hart then

proceeded to unveil a mock-up of a C-130 tail flash. Gen. Allyn and members of the audience were visibly awed. The panel resembled a smaller version of the C-130 tail section branded with the XVIII Corps insignia and the signature BraggPope tail design of the 440 AW. The audience's attention was directed to the C-130 aircraft, where Staff Sgt. Dale Etter, a 440th crew chief, assisted by Army Specialist Nelson Montalvo, pulled the protective covering from the nose of the aircraft revealing the unique nose art that now adorned the fuselage. Aircraft tail # 60418 numerically identifies with the C-130

Hercules aircraft and the 18th Airborne Corps.

After the unveiling, the 440th Airlift Wing's Chaplain, Maj. Montgomery Kirk, offered the invocation asking that the aircraft be protected throughout its service to the country. He asked that the men and women who fly the aircraft remain under his watchful eye and guidance, and to keep safe all who travel on 418 now and forever.

The 82nd Airborne Chorus ended the dedication ceremony with one of their most requested songs, "The Armed Forces Medley." The emcee then invited airmen, soldiers, and guests to stay for refreshments and enjoy the nose art and displays. As the audience moved about the hangar, Col. Hart showed his gratitude to the civilian guests, as well as the 82nd AB

Chorus by coining each soldier with a specially designed commemorative challenge coin.

One of the dignitaries attending the ceremony was Mayor Ethel Clark, mayor of the Town of Spring Lake. When asked her thoughts about the dedication, she graciously said, "This has been a wonderful uplifting event and I am proud to have

Mr. Tommy Bolton, civilian aide to the Secretary of the Army and a member of the Military Affairs Council was elated with the efforts of Col. "Mad Dog" Hart, and the men and women of the 440th who put the event together. He said, "It was a

> very important day in the continuing integration of the Army here at Fort Bragg and the members of the 440 AW."

Affixing names and painting decorative nose art to aircraft dates back for decades. Pilots would name their aircraft after a mother, girlfriend, wife or favorite pinup icon assuming their aircraft was female in nature.

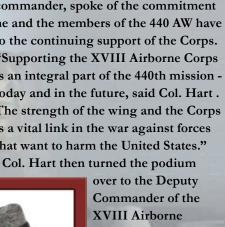
As the tables and chairs were loaded and

hauled away, 60418 sat alone waiting for the tow tractor to take her back to the flight line where she would be readied for the next mission displaying the XVIII Airborne Corps insignia affixed to her nose. Col. "Mad Dog" Hart commented, "where ever this aircraft goes and who ever this aircraft carries, they will see this aircraft and know where she came from and what the nose art signifies. The tail flash says Bragg-Pope and nose

art says, 18th Corps."

Today the XVIII Airborne Corps — the Army's largest war fighting organization — is the only airborne corps in the defense establishment of the United States and exercises control over approximately 88,000 Soldiers.





WHAT IS YOUR LEGAL READINESS STATUS?

by Lt. Col. Karen L. Hecker 440 AW/Reserve Staff Judge Advocate

Legal readiness is a critical aspect of your operational readiness. Legal readiness is defined as "the degree to which Air Force members are ready to deploy in both personal and mission capacities." On a personal level, this involves awareness of personal legal issues that may arise during a deployment and the remedies available to mitigate any adverse effects of those issues. Regarding the mission, legal readiness involves the ability of individuals and their organizations to deal with the military-legal aspects of the operational environment, including the law of armed conflict, rules of engagement and status of forces agreements. This article is the first in a series designed to provide information on these issues.

Having your legal affairs in order is vital to your personal and professional well-being. Military members, who find themselves with their legal affairs in disarray, especially while close to or on a deployment, are often unable to effectively tackle those problems and instead become overwhelmed and unable to focus on mission-critical aspects of their jobs. Because these problems can create a distraction even when the military member is not deployed, it is important that military members ensure a constant state of legal readiness.

A key part of your legal readiness is having a last will and testament. If you die without a will, your property will be distributed according to state law, which may not be what you intended causing unnecessary complications and stress for those you left behind. In addition to providing for the disposition of your personal property, a will is also a way for you to name a guardian for your children, should both you and your spouse pass away or if you are a single parent. You can also set up a trust and name a trustee to take care of any assets left to your minor children. Keep in

of any assets left to your minor children. mind that a will does not change your life insurance elections, including SGLI, as the proceeds from those policies will be paid according to the election decision you made on the insurance paperwork. Also, you should periodically review and update your will, especially following changes in the composition of your family (including divorce), changes in assets and other factors.

If you are scheduled to deploy, you should consider executing a power of attorney, which authorizes a designated representative to conduct specific transactions in your name. A "general power of attorney" is very powerful and could authorize the holder to do whatever he or she wants

with your assets. In contrast, a "special power of attorney" can be limited to specific actions and/or periods.

Some military members also sign health care proxies and advanced medical directives. A health care proxy gives someone you name the ability to make health care decisions for you should you become incapacitated. An advanced medical directive (also known as a living will) states what types of med-



Lt. Col. Karen Hecker Reserve Staff Judge Advocate

ical treatments you desire — or do not desire — should you become incapacitated. This is extremely important; it gives the person you designate as your health care proxy some guidance as to what your preferences for treatment would be.

Single parents, dual military couples with family members and members with civilian spouses who have unique family situations, are required by AFI 36-2908 to develop a written family care plan (AF Form 357) to be maintained by the commander or first sergeant. It will detail and provide a smooth, rapid transfer of responsibilities for your family's care during your absence and is a mandatory part of your legal readiness.

As reservists, we juggle multiple aspects of our personal and professional lives. Given how busy we are, it is easy to avoid addressing legal matters, especially those that deal with life and death issues, and to instead focus on operational matters in your work

place. However, you owe it to yourself and your family members to accomplish this paperwork and achieve the peace of mind that will come along with it.

I encourage you to come by our office during the UTA weekends so we can discuss these matters in greater detail. We can generally complete this paperwork for you during a UTA weekend. We are located in building 306, third floor room 308, x1986. No appointment is necessary.

Dot your 'I's and cross your 'T's it's ORE time

by Master Sgt. Steven Staedler

When it comes to processing through a mobility line, Master Sgt. Michael Lock has been there, done that. The air transportation manager for the 53rd Aerial Port Squadron has deployed 18 times in the past eight years: 13

activities for the ORI.

Capt. Shary Acevedo, 440th Mission Support Group, said the processing line serves as a good opportunity, not only for Airmen going through the line, but those who are working the line as a way to evaluate their processes and procedures.

"Our No. 1 priority is to make it a smooth transition from



Photographs by U.S. Air Force Senior Airman Jacqueline Pende

Airmen from the 440th Airlift Wing participate in a mobility deployment line exercise. Left image: Airman Sarak Mayernik (right) and Staff Sgt. Cynthia Flaherty check ID cards and dog tags. (center) Capt. Shary Acevedo, acting MPF commander, and Lt. Col. Anne Low discuss PRF requirements. (left) Master Michael Lock completes the inprocessing paperwork before processing through the individual processing line stations.

to the Area of Responsibility (AOR) and five to stateside locations. Still, Sergeant Lock sat in the bleachers holding his mobility folder with other Airmen from the squadron, waiting to be called upon to walk through the mobility line.

"For me this is old hat, but it's good for the younger guys coming up in the squadron go to through the line and see what it's like," Sergeant Lock said. "It's good for them to get the experience and to make sure they're taking care of."

Sergeant Lock was one of about 100 Airmen processing through the mock mobility line at Pope Air Force Base, N.C. on Saturday of the October UTA. The mobility processing line exercise, which ensures Airmen are eligible to deploy by having all their affairs in order, is one of the first events undertaken by the base as it prepares to gear up for its Operational Readiness Exercise in January 2011.

Although the ORI date seems like a long time away, Airmen only have about 50 UTA and annual tour days to prepare for the exercise. That's why much of the upcoming UTAs and annual tours will be devoted toward practicing events and

the time Airmen walk in the door until the moment they exit the facility," she said. "Our goal is to receive and "excellent" rating in the ORI and we plan to do that by supporting the deploying Airmen and making the transition an easy one for them."

Checking ID cards and dog tags is the first stop for Airmen on the processing line. There, Staff Sgt Cynthia Flaherty and Airman Sarah Mayernik, 440th Mission Personnel Flight, check records and mobility folders to ensure everyone is eligible to deploy.

While the exercise is "old hat" to Sergeant Lock, it's all very new to Airman Mayernik, who just graduated from basic training this summer before joining the unit in August.

"I'm really just taking it all in and learning as much as I can," Airman Mayernik said. "I want to do everything I can to help people as they process through."

Airmen from Pope AFB are expected to participate in the ORI with Reservists from the 916th ARW at Seymour-Johnson Air Force Base, N.C.



2009 H1N1 INFLUENZAVACCINE

What you need to know

What is 2009 H1N1 Influenza

2009 H1N1 influenza (also called Swine Flu) is caused by a new strain of influenza virus. It has spread to many countries. Like other flu viruses, 2009 H1N1 spreads from person to person through coughing, sneezing, and sometimes through touching objects contaminated with the virus

Signs of 2009 H1N1 can include:

- Fatigue Fever Sore Throat Muscle Aches
- Chills Coughing Sneezing

Some people also have diarrhea and vomiting. Most people feel better within a week. But some people get pneumonia or other serious illnesses. Some people have to be hospitalized and some die.

How is 2009 H1N1 different from regular (seasonal) flu?

Seasonal flu viruses change from year to year, but they are closely related to each other. People who have had flu infections in the past usually have some immunity to seasonal flu viruses (their bodies have built up some ability to fight off the viruses). The 2009 H1N1 flu is a new flu virus. It is very different from seasonal fl u viruses. Most people have little or no immunity to 2009 H1N1 flu (their bodies are not prepared to fight off the virus).

2009 H1N1 influenza vaccine.

Vaccines are available to protect against 2009 H1N1 influenza.

- These vaccines are made just like seasonal flu
- They are expected to be as safe and effective as seasonal fl u vaccines.
- They will not prevent "influenza-like" illnesses caused by other viruses.
- They will not prevent seasonal flu. You should also get seasonal influenza vaccine, if you want to be protected against seasonal flu.
- Inactivated vaccine (vaccine that has killed virus in it) is injected into the muscle, like the annual fl u shot. This sheet describes the inactivated vaccine.
- A live, intranasal vaccine (the nasal spray vaccine) is also available. It is described in a separate sheet. Some inactivated 2009 H1N1 vaccine contains a preservative called thimerosal to keep it free from germs. Some people have suggested that thimerosal might be related to autism. In 2004 a group of experts at the Institute of Medicine reviewed many studies looking into this theory, and found no association between thimerosal and autism. Additional studies since then reached the same conclusion.

Who should get 2009 H1N1 influenza vaccine and when?

Groups recommended to receive 2009 H1N1 vaccine first are:

- Pregnant women
- People who live with or care for infants younger than 6 months of age
- Health care and emergency medical personnel
- Anyone from 6 months through 24 years of age
- Anyone from 25 through 64 years of age with certain chronic medical conditions or a weakened immune system. As more vaccine

becomes available, these groups should also be vaccinated:

- Healthy 25 through 64 year olds
- Adults 65 years and older

The Federal government is providing this vaccine for receipt on a voluntary basis. However, state law or employers may require vaccination for certain persons.

- Get vaccinated as soon as the vaccine is available.
- Children through 9 years of age should get two doses of vaccine, about a month apart. Older children and adults need only one dose.

Some people should not get the vaccine or should wait

You should not get 2009 H1N1 flu vaccine if you have a severe (life-threatening) allergy to eggs, or to any other substance in the vaccine. Tell the person giving you the vaccine if you have any severe allergies. Also tell them if you have ever had:

- a life-threatening allergic reaction after a dose of seasonal flu
- Guillain Barré Syndrome (a severe paralytic illness also called GBS). These may not be reasons to avoid the vaccine, but the medical staff can help you decide. If you are moderately or severely ill, you might be advised to wait until you recover before getting the vaccine. If you have a mild cold or other illness, there is usually no need to wait.
- Pregnant or breastfeeding women can get inactivated 2009 H1N1 flu vaccine.
- Inactivated 2009 H1N1 vaccine may be given at the same time as other vaccines, including seasonal influenza vaccine.

What if there is a severe reaction? What should I look for?

Any unusual condition, such as a high fever or behavior changes. Signs of a severe allergic reaction can include difficulty breathing, hoarseness or wheezing, hives, paleness, weakness, a fast heart beat or dizziness.

What should I do?

- Call a doctor, or get the person to a doctor right away.
- Tell the doctor what happened, the date and time it happened, and when the vaccination was given.
- Ask your provider to report the reaction by fi ling a Vaccine Adverse Event Reporting System (VAERS) form. Or you can file this report through the VAERS website at www.vaers.hhs.gov, or by calling 1-800-822-7967.

How can I learn more?

- Ask your provider. They can give you the vaccine package insert or suggest other sources of information.
- Call your local or state health department.
- Contact the Centers for Disease Control and Prevention (CDC):
- -Call 1-800-232-4636 (1-800-CDC-INFO) or -Visit CDC's website at www.cdc.gov/h1n1flu or
- www.cdc.gov/flu • Visit the web at www.flu.gov DEPARTMENT OF HEALTH AND HUMAN SERVICES Centers for Disease Control and Prevention

Pope AFB reaches out to the local community

Honorary Commanders and Civic Leaders

by Chief Master Sgt. Jerry Green (ret)

ast month the 440th and 43rd Public Affairs offices hosted civic leaders from ✓ the local area to a mission brief and facility tour. The quarterly held civic visit was in conjunction with the 43rd Airlift Wing's Honorary Commanders program. The program pairs up civic leaders with commanders from different groups and squadrons within the 43rd AW. This provides civic leaders a more in depth view of the mission here at Pope Air Force Base.

Col. James Johnson, 43rd Wing Commander and Col. Merle Hart, 440th Wing Commander welcomed the 18 honorary commanders at the base lub providing them with an overview of the mornings activities.

The group's first stop was the headquarters building of the 440th Airlift Wing where Col. Hart briefed the civic leaders on the wing's status, mission accomplishments and goals for the future build up of the wing's person-

"I am truly honored to have you visit us and see the men and women working side-byside with active-duty personnel making our mission safe, seamless and productive," said

Col. Hart then introduced members of his wing staff who briefed on their specific areas of importance.

Col. Willie Cooper II, Maintenance Group commander, briefed the status of the aircraft from the maintainer's perspective including the number of aircraft that are available to fly each day and the scheduled modifications being preformed on the aircraft.

Lt. Col. Bill Whittenberger, Operations Group commander, briefed the day-to-day flying operations at the wing. Col. Whittenberger described the increasing operations tempo for the 95th (Reserve) and 2nd (Active) Airlift Squadrons, explaining the requirements of aircrew training, support requirements for the 18th Airborne Corps and real world missions requiring continual rotations for aircraft and crews in the Area Of Responsibility (AOR).

Capt. Jessica Thomasec, speaking on behalf of the Mission Support Group (MSG) discussed the vital roles of the subordinate squadrons in the MSG and how they support the wing's overall mission. For Capt. Thomasec this would be her final briefing as MSG's Executive Officer. Soon she will be transferring to the Executive Officer position at the 440th Operations Group.

After the civic leaders boarded a bus to continue the tour one of the civic leaders, a veteran of many tours at Pope AFB, commented that he was very familiar with the base and these tours. Hearing this the tour coordinator promised the civic leader that this tour had something different to offer.

As the tour arrived at Hangar 4, the 440 ISO dock, they were met by Col. Cooper and Chief Master Sgt. Danny Formanski, Maintenance Supervisor. As the group entered the facility they saw a C-130 elevated on aircraft jacks surrounded by yellow scaffolding with teams of maintainers working on aircraft engines, landing gear and electrical wiring. Senior Master Sgt. Ed Ferch, ISO dock supervisor, explained that the aircraft is literally stripped of many components and a close inspection of the aircraft is performed. As part of this inspection the unit employs X-ray technology to check for hidden cracks or fuselage damage that is invisible to the human eye.

The third stop on the tour was the Life Support section that maintains combat gear for aircrew use during flight duties. Staff Sgt. Fox, NCOIC, for the shop gave a detailed description of the survival gear that is included in the survival vest. Senior Airman Jackson explained the inner working of the aircrew helmet and described how the helmet is assembled. Sgt. Fox then brought the group over to the night vision goggle room (NVG) where he turned out the lights, allowing each member to don the equipment so they could see what aircrews see when using the goggles.

The next stop on the tour was the Command Post, the hub of operations at Pope. Command Post personnel briefed the duties of the controllers, explained how information is coordinated among the various sections at Pope and outlined the responsibilities required to keep the wing operating smoothly in times of emergency and war..

Thoroughly briefed, the tour ended in front of the airpark's C-130 where a group photo was taken. Just before the tour group went to the club for lunch, Col. Johnson thanked the group saying, "What you have seen here today is the way members of the 43rd and the 440th are integrating to keep Pope Air Force Base viable today and in the future. Col. Hart and I want to thank you again for coming out to see us, and look forward to your next visit."

At the end of the tour many in the group commented about the unique things they saw. Even the veteran tour member commented that he had never seen a C-130 up on jacks, and the work being preformed at the ISO dock was very impressive!



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New Promotions



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Free military benefits handbooks available

The Airman and Family Readiness Center sent out a notice to all wing members last month that announced the availability of free military benefits handbooks at this web site http://www.militaryhandbooks.com.

The handbooks cover benefits for retired military members, veterans and dependents, paying for college, what to do after leaving the military, veterans' healthcare, and military children's scholarships.

ARCNet

ReserveNet has a new name and a new mission. After a year of coordination between Air Force Reserve and Air National Guard officials, ARCNet was established Sept. 1 to provide ReserveNet capabilities to Air Guard members.

http://www.af.mil/news/story.asp?id=123167801

Securing Americans Value and Efficiency (SAVE) Award.

On April 25, 2009, President Obama announced in his weekly address his intent to establish "a process through which every government worker can submit their ideas for how their agency can save money and perform better." To fulfill

this commitment, the President's SAVE Award was created in late September to encourage innovative thinking that generates savings and improves how government operates.

This is an opportunity for our Air Force employees to bring their best ideas forward and serve our national and agency goals. The President will select a winner in November and will include the new idea in the FY11 Budget. The winner will also meet with the President to personally present his/her entry. An award will also be given to the agency with the most participation.

Employees can submit their ideas to the Office of Management and Budget at http://www.saveaward.gov

Roles of the IG in Relation to the Commander:

Be the "eyes and ears" of the commander. Keep the commander informed of potential areas of concern. Function as the ombudsman, fact-finder, and honest broker in the resolution of complaints. Educate and train commanders and members of the base population on their rights and responsibilities in regard to the Air Force IG system. Help commanders prevent, detect, and correct fraud, waste and abuse, and mismanagement.440th Airlift Wing/Inspector General:

424-2303/1798 Commercial: 910-394-2303/1798 FAX: 910-394-2308

"People do not decide to become extraordinary. They decide to accomplish extraordinary things."

– Sir Edmund Hillary (1919 – 2008), explorer and humanitarian; in 1953, he and Sherpa mountaineer Tenzing Norgay became the first climbers known to have reached the summit of Mount Everest

Radar system enhances C-130 operations

Col. Merle Hart speaks to the Fayetteville observer concerning aircraft modifications at Pope Air Force Base. http://www.fayobserver.com/Articles/2009/09/16/934124

Executive order bans feds from texting while driving

In an executive order issued Oct. 1, President Barack Obama banned federal employees from text messaging while behind the wheel on government business.

Text messaging, or "texting," encompasses more than simply sending a text message via a handheld communication device. It also includes reading from any handheld or other electronic device, including for the purpose of SMS texting, e-mailing, instant messaging, obtaining navigational information, or "engaging in any other form of electronic data retrieval or electronic data communication," the order said.

The order defines driving as "operating a motor vehicle on an active roadway with the motor running." This includes the time the vehicle is temporarily stationary because of traffic, a traffic light, stop sign or other cause.

While the order applies specifically to federal employees, it also asks contractors to follow suit and encourages civilians to adopt the same measures while operating their own vehicles.

Airmen have the opportunity for education, commission with LEAD

A irmen have the opportunity to compete for admission to the U.S. Air Force Academy through the Leaders encouraging Airman Development program where they can earn a degree and a commission.

LEAD is an ongoing effort for unit and wing commanders to nominate their best and brightest enlisted Airmen to compete for admission to the Academy in Colorado Springs, Colo. Each year, the Academy accepts up to 85 Air Force active-duty Airmen and 85 Air Force Reserve and Air National Guard Airmen.

Enlisted Air Force members also have the option of attending the Air Force Academy Preparatory School, located about five miles from the Academy campus. The duration of the prep school is 10 months, and it provides extensive instruction in English, science, math, as well as military training and athletic development.

For a complete list of eligibility requirements, application evaluation factors and application procedures, visit www.academyadmissions.com, or read the Air Force Print News story at http://www.af.mil/news/story.asp?id=123162235

Joan Orr Spouse Award open for nominations

A ir Force members can now submit nominations for their spouse as the 2010 Joan Orr Air Force Spouse of the Year. The period of the award runs Jan. 1 - Dec. 31, 2009.

The award is sponsored by the Air Force Association and honors the significant contributions made by non-military spouses of Air Force military members. The nominee's husband or wife must currently be serving in the Air Force (active duty, Guard or Reserve).

For more information and application requirements, visit AFPC's "Ask" Web site; call the Total Force Service Center-San Antonio at 800-525-0102; or read the Air Force Print News story at http://www.af.mil/news/story.asp?id=123160408

September 2009 SMSGT Richard Phillips 440 MSG SSGT Sharissa 440 MXS *Jones* MSGT William R. Bell440 MXS SSGT *Iames* E. 440 SFS Sparrow SRAMSGT Harold Stanberry 440 SFS Jonathan Ward 36 AES SRA440 OSF Nelson 440 MXS Ioshua Case TSGTAjagbawa

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Match Up 2009 Grand Prize Winner

n the morning of Sept. 8, soon after arriving at work, Senior Airman Thomas Walton met with his supervisor who informed him he had a meeting with the Maintenance Group Commander at 8 a.m. His supervisor told him the meeting concerned a specific finance issue he was having. Unaware of what was about to unfold Airman Walton entered the commander's office where he was met by Col. Willie Cooper, 440th Maintenance Group commander and Col. James Johnson, 43rd Airlift Wing commander.

Scott

When asked what he was thinking when he entered the room he said, "I really thought it was about a finance issue, but when I said that to Col. Cooper he looked straight at me and said nope, that's not it. Walton went on to explain that he was totally confused and did not know what to think."

After being brought to attention Airman Walton was told he has an important phone call from Lt. Gen. Vern Findley, vice commander

for Air Mobility Command. Walton stood with his eyes fixed straight ahead and a bewildered look on his face as the general informed him that he was the winner of ten thousand dollars for the 2009 Match-Up Game.

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"I was shocked and did not know what to think." said Walton.
"Two weeks afterward, I still did not believe what happened to me."
When I called my wife that day she jumped for joy and then made it clear to come straight home with the check," he added.

Airman Walton plans to take care of a few bills and get something nice for his wife and two children.

The intent of the MatchUP game was to help increase participation and awareness of Air Force programs and services and to further improve the Quality of Life of our military community. To find out more about the contest go to www.amcmatchup.com website.



Left image: Col. James Johnson,43rd AW commander, looks on as Senior Airman Thomas Walton hears the voice of Gen. Findley as he wonders why the general is calling about his finance issue. (right side image) After the general informs Walton that he has won ten thousand dollars in the Match Up game Airman Walton can hardly believe his ears. (center image) Col. Willie Cooper, 440 AW Maintenance commander, is full of laughter as he knowing that Walton had no idea that he won the contest.



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