



# VISN 6 Mid-Atlantic MIRECC Post Deployment Mental Health

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## Clinical Component Update

Harold Kudler, M.D.

### Maryland National Guard Summit for Healthcare Providers June 18, Ellicott City MD

At the meeting, the Maryland National Guard and the Maryland Department of Health and Mental Hygiene provided a unique opportunity for behavioral and primary care professionals to come



together and explore the multifaceted issues unique to returning Service Members, Veterans and their families. Dr. Harold Kudler, (MIRECC Associate Director, Clinical) was the invited key note speaker.

Prior to giving his talk, Dr. Kudler was presented the State of Maryland Meritorious Civilian Service Medal by James A. Adkins, Brigadier General, who serves as Adjutant General of the Maryland Army National Guard and Maryland Lt. Governor, Anthony Brown.



Dr. Kudler accepted this honor on behalf of the Mid-Atlantic MIRECC. The citation reads as follows:

*For exceptionally meritorious service to the Service Members of the Maryland National Guard, their families and Veterans in your multiple roles providing leadership for the treatment of post traumatic stress disorder (PTSD). As the founding chair of the PTSD Practice Guideline Task Force of the International Society for Traumatic Stress Studies, Dr. Kudler was the first author of the Task Force's Treatment Guidelines for the psychodynamic treatment of PTSD. Dr. Kudler is also involved in establishing DoD/VA, State and Community Partnerships throughout the nation. Dr. Kudler's actions reflect great credit on himself, the U.S. Department of Veterans Affairs and the Maryland National Guard.*

## Outreach to Community Providers Issues of Women Returning from Combat

This series of nine full-day face-to-face workshops for community providers across all of North Carolina has just been completed. MIRECC Clinical staff Drs. Harold Kudler and Kristy Straits-Troster

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## Outreach to Community Providers

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served as faculty and planning committee members. The workshop was part of a collaboration with the our MIRECC's Clinical component, Citizen Soldiers Support Program, the Department of Defense (Camp LeJeune) and the Southeast Area Health Education Center. Each session started with a presentation of the Color Guard, to set the tone for the day.



The workshop presented issues of women in the military and transitioning to civilian life, including focus on military culture, issues unique to women, child development and family roles, gender-specific treatment, and the importance of multi-agency partnerships in serving Veterans and their families. The workshop featured video clips from the documentary "Lioness", obtained with permission from producers, the short documentary "Angie's Story", and personal stories from previously deployed women including a Navy Psychologist deployed with Marines (LCDR Erin Simmons) and a Social Worker (Liz Marks) deployed as a commissioned officer to Iraq. Current TRICARE information was presented by a leading TRICARE representative to encourage participants to become providers for military families through education. This is the 3rd topic of the "Painting a Moving Train" workshop series to be made available for free in a reduced 2-hour web-based format with CEUs as a "Treating the Invisible Wounds of War" online course (see below).



Department of  
Veterans Affairs

4th Annual VA  
Mental Health  
Conference

### Implementing a Public Health Model for Meeting the Mental Health Needs of Veterans Baltimore MD, July 27-29, 2010

#### Workshops

Harold Kudler MD, Kristy Straits-Troster PhD

*VA/DoD/State and Community Partnerships:  
Practical Lessons on Implementing a Public  
Health Model to Meet the Needs of OEF/OIF  
Veterans and Their Families*

Keith Meador MD, ThM, Kent Drescher, PhD, Pamela Swales, PhD, Jason Nieuwsma, PhD

*Mental Health And Chaplaincy: Envisioning a  
New Paradigm for Service Integration*

#### Breakout Sessions

Debbie Perlick, PhD, Kristy Straits-Troster, PhD

*Adaption and Implementation of Evidence Based  
Treatments Focused on Veterans Families*

Steven Sayers, PhD, Perry Whitted, MA, Kristy Straits-Troster, PhD, Tanya Hess, PhD, John Fairbank, PhD

*"Families at Ease" - Outreach and Coaching of  
Family Members of Military Veterans*

#### Posters

Brancu M, Green KT, Calhoun PS, Morey RA, Marx CE, Moore SD, Tupler LA, VISN 6 MIRECC Work Group, Beckham JC. *The impact of resiliency, social support, and demographic factors on health outcomes of military veterans with PTSD who have served since 9/11.*

Campbell T, McDonald S, Pickett TC, Yoash-Gantz R, Tupler L. *The Relationship Between Psychological Distress and Performance on the Word Memory Test: Do Psychological Symptoms Impair Performance?*

Mankad M, Whitted P, Kinghorn W, Calhoun P, Hughes G, Wilhoite K, Galkowski J, Markiewicz J, Tise N, Weiner R. *Implementing Integrated Mental Health Care Through an Innovative Learning Collaborative Process.*

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### New Web Course for Providers

[www.aheconnect.com/citizensoldier](http://www.aheconnect.com/citizensoldier)



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AND COMMUNITY  
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#### ***Treating the Invisible Wounds of War: Part 3 - Issues of Women Returning from Combat***

Women military service members returning from deployment to the wars in Iraq and Afghanistan face gender-specific readjustment issues as they transition back to their local communities. This workshop will provide an overview of the health/mental health concerns of women veterans within the context of military culture, gender-specific roles, available support resources and effective treatments.

## Meeting Presentations

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Department of  
Veterans Affairs

4th Annual VA  
Mental Health  
Conference

### Posters

Naylor JC, Payne VM, Youssef N, Strauss JL, Kilts JD, Keefe R, Davidson JRT, Marx CE. *Adjunctive Treatment with Aripiprazole for OEF/OIF-Era Veterans with PTSD.*

Youssef NA, Naylor J, Massing M, Kilts J, Strauss J, Keefe R, Shampine L, Allen T, Marx CE. *Pregnenolone for Cognitive and PTSD Symptoms in Veterans with Mild TBI: A proof-of-concept Randomized Controlled Trial.*



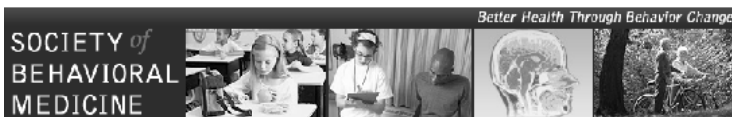
AMERICAN PSYCHOLOGICAL ASSOCIATION



McCormick CL, Bryan BC, Anthony LS, Yoash-Gantz RE. *Visual Memory in OEF/OIF Veterans with PTSD and/or mTBI.* American Psychological Association, 118th Annual Meeting, San Diego CA, August 12-15, 2010

## THE SOCIETY FOR SPIRITUALITY THEOLOGY & HEALTH

Nieuwsma JA, Meador KG. *Mental Health and Chaplaincy: A New Paradigm for Care in the Veterans Health Administration.* 3rd Annual Meeting of the Society of Spirituality, Theology and Health, Durham, NC, June 15-18, 2010.



Straits-Troster K, Calhoun PS, Acheson S, Beckham JC, Gierisch JM, Hamlett-Berry K. *Tobacco Use and Cessation Among Returning Combat Veterans: A Mixed Methods Study.* Society for Behavioral Medicine 31st Annual Meeting, Seattle WA, April 7-10, 2010

**SGIM**

Society of General Internal Medicine

To Promote Improved Patient Care, Research, and Education in Primary Care and General Internal Medicine

Ulmer CS, Edinger JD, Calhoun PS, Almirall DA. *Brief Intervention for Sleep Disturbance in PTSD: Pilot Study Findings.* 33rd Annual Meeting of the Society of General Internal Medicine, Minneapolis MI, April 28-May 1, 2010

## Books

Mankad MV, Beyer JL, Weiner RD, Krystal AD. *Clinical Manual of Electroconvulsive Therapy.* Washington, DC, American Psychiatric Publishing, Inc. 2010, 225pp

## Book Chapters

Calhoun PS, Collie CF, Clancy CP, Braxton LE, Beckham JC. (2010). *The Use of the Personality Assessment Inventory in the Assessment of Posttraumatic Stress Disorder among Help Seeking Veterans.* In: Clinical Applications of the Personality Assessment Inventory (pp. 93-111). Blais MA, Baity MR, Hopwood C, eds., New York, NY: Routledge.

Eggleston AM, Strauss JL, Guerra VS, Calhoun PS. (2010). *Adherence and Substance Use.* In: Improving Patient Treatment Adherence (pp. 289-309). Bosworth H, ed., New York: Springer.

Strauss JL, Guerra VS, Marx CE, Eggleston AM, Calhoun PS. (2010). *Adherence and Psychotherapy.* In: Improving Patient Treatment Adherence (pp. 215-240). Bosworth H, ed., New York: Springer.

## Journal Articles

Broome M, Hurley RA, Taber KH. *Substance Use Disorders: Do Males and Females Have Differential Vulnerability?* Journal of Neuropsychiatry and Clinical Neuroscience 2010 Summer; 22(3): 248-255.

Calhoun PS, McDonald SD, Eggleston AM, Beckham JC, Straits-Troster K, VA Mid-Atlantic MIRECC OEF/OIF Registry Workgroup. *Clinical Utility of the Primary Care-PTSD Screen Among U.S. Veterans who served since September 11, 2001.* Psychiatry Research, 2010; 178: 330-335.

Elbogen EB, Fuller S, Johnson SC, Brooks S, Kinneer P, Calhoun PS, Beckham JC. *Improving Risk Assessment of Violence among Military Veterans: An Empirical Model for Clinical Decision-Making.* Clinical Psychology Review, 2010; 30: 595-607

Green KT, Calhoun PS, Dennis MF, VA Mid-Atlantic MIRECC OEF/OIF Registry Workgroup, Beckham JC. *Exploration of the Resilience Construct in Military Veterans who have served since September 11, 2001 on PTSD Severity and Functional Correlates.* Journal of Clinical Psychiatry, 2010; 71; 823-30.

Visit our web site for more resources

<http://www.mirecc.va.gov/visn6.asp>