

# CROSSWINDS DINING FACILITY MENU

## December-11

Menus are subject to change. Call 652-3287 for daily menus.

Heritage Ethnic Meals offered every Wednesday

Entrées in red are new menu items as part of "Operation Refresh"

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1 LUNCH</b> Yankee Pot Roast Chicken Vega Tilapia  <b>DINNER</b> Herb Baked Chicken Pepper Steak Southern Fried Catfish	<b>2 LUNCH</b> Shrimp Scampi Beef Stew Chicken Enchiladas  <b>DINNER</b> BBQ Chicken Cajun Baked Fish Strip Loin Steak	<b>3 BRUNCH</b> Baked Ham & Macaroni Szechwan Chicken  <b>DINNER</b> BBQ Ham Steaks Crispy Baked Chicken Fried Shrimp
<b>4 BRUNCH</b> Chicken ala King Sauerbraten  <b>DINNER</b> Ginger BBQ Chicken Beef Enchiladas	<b>5 LUNCH</b> Tempura Fried Fish Strip Loin Steak Chili Macaroni  <b>DINNER</b> Beef Pot Pie Lemon Herb Chicken Sweet Italian Sausage w/Peppers & Onions	<b>6 LUNCH</b> Pork Schnitzel Beef & Broccoli Fish w/Lemon & Garlic Butter  <b>DINNER</b> Yankee Pot Roast Spaghetti w/Meat sauce Roast Turkey	<b>7 LUNCH Southern</b> Southern Fried Chicken BBQ Spareribs Southern Fried Catfish <b>Snack Line Special Roast Pork Cubano Sandwich</b>  <b>DINNER</b> Grilled Mustard Chicken Tuna & Noodles Salmon	<b>8 LUNCH</b> Mr. Zs Baked Chicken Beef & Noodles <b>Pork chops w/ warm pineapple glaze</b>  <b>DINNER</b> Pasta Primavera BMT Szechwan Chicken Salisbury Steak	<b>9 LUNCH</b> Lasagna Spaghetti w/Meat Sauce Chicken Cordon Bleu  <b>DINNER</b> Mexican Baked Chicken Country Style Steak Stuffed Green Peppers	<b>10 BRUNCH</b> Chinese 5-Spice Chicken Yakisoba  <b>DINNER</b> Simmered Bratwurst Lemon Baked Fish Chinese 5-Spice Chicken
<b>11 BRUNCH</b> Stir Fry Beef w/Broccoli Chicken Breast Parmesan  <b>DINNER</b> Oven Fried Fish BBQ Spareribs Turkey Nuggets	<b>12 LUNCH</b> Baked Stuffed Fish Pot Roast <b>Snack Line Special Grilled Cheddar, Bacon &amp; Tomato Sandwich</b>  <b>DINNER</b> Ribeye Steak Spaghetti w/Meat sauce Lemon Baked Fish	<b>13 LUNCH</b> Cornish Hen Meat Loaf Turkey A la King  <b>DINNER</b> Teriyaki Chicken Chili Macaroni Alaska Cheddar Fish	<b>14 LUNCH Asian</b> Beef Yakisoba Sweet & Sour Pork Stir Fry Chicken w/Broccoli  <b>DINNER</b> Beef Ball Stroganoff <b>Pork chops w/ warm pineapple glaze</b> Salmon	<b>15 LUNCH</b> Roast Pork Loin Chicken Vega Liver w/Onions  <b>DINNER</b> Herb Baked Chicken Pepper Steak Fish & Chips	<b>16 LUNCH</b> Shrimp Scampi Beef Stew Roast Turkey  <b>DINNER</b> Tuna & Noodles BBQ Chicken Southern Fried Catfish	<b>17 BRUNCH</b> Alaska Cheddar Fish Szechwan Chicken  <b>DINNER</b> Baked Ham & Macaroni Crispy Baked Chicken Fried Shrimp
<b>18 BRUNCH</b> Tempura Fried Fish Beef Enchiladas  <b>DINNER</b> Chicken ala King Sauerbraten Lemon Baked Fish	<b>19 LUNCH</b> Beef Pot Pie Mexican Baked Chicken Fish & Chips  <b>DINNER</b> Roast Turkey Ribeye Steak Jambalaya	<b>20 LUNCH</b> Pork Schnitzel w/Mushroom Gravy Beef & Broccoli Tilapia  <b>DINNER</b> Roast Pork Loin BBQ Beef Cubes Chicken Fajitas	<b>21 LUNCH (Italian)</b> Spinach Lasagna Sweet Italian Sausage w/Peppers & Onions Spaghetti w/Meat Sauce  <b>DINNER</b> Savory Baked Chicken Swiss Steak w/Brown Gravy BBQ Spareribs	<b>22 LUNCH</b> Pasta Primavera BMT Teriyaki Chicken Salisbury Steak  <b>DINNER</b> Mr. Zs Baked Chicken Beef & Noodles Spicy Baked Fish	<b>23 Brunch</b> Mexican Baked Chicken Country Style Steak  <b>DINNER</b> Salmon Patty Chili Macaroni Chicken Cordon Bleu	<b>24 BRUNCH</b> Swedish Meatballs Chicken Cordon Bleu  <b>DINNER</b> Simmered Bratwurst Lemon Baked Fish Chinese 5-Spice Chicken
<b>25 Christmas</b> Happy Holidays from the Crosswinds Dining Facility Staff. Holiday meal will be served from 1100 - 1400 hrs at the Mountain View Dining Facility	<b>26 Brunch</b> Yankee Pot Roast Salmon  <b>DINNER</b> Spaghetti w/Meat sauce Strip Loin Steak Roast Turkey	<b>27 LUNCH</b> Teriyaki Chicken Veal Parmesan Alaska Baked Fish <b>Snack Line Special Grilled Cheddar, Bacon</b>  <b>DINNER</b> Cornish Hen Meat Loaf Turkey A la King	<b>28 LUNCH (Cajun)</b> Creole Macaroni Jambalaya Cajun Baked Fish  <b>DINNER</b> Lemon Herb Chicken Tilapia Beef Ball Stroganoff	<b>29 LUNCH</b> Herb Baked Chicken Pepper Steak Fish & Chips  <b>DINNER</b> Roast Pork Loin Chicken Vega Liver w/Onions	<b>30 LUNCH</b> Tuna & Noodles BBQ Chicken Southern Fried Catfish <b>Snack Line Special Roast Pork Cubano</b>  <b>DINNER</b> Shrimp Scampi Beef Stew Herbed Baked Chicken	<b>31 BRUNCH</b> Baked Ham & Macaroni Fried Shrimp  <b>DINNER</b> Alaska Cheddar Fish Szechwan Chicken BBQ Ham Steaks